

STRONSAY LIMPET

FUNDED BY STRONSAY DEVELOPMENT TRUST

ISSUE 123 - September 2015

Published on the last Thursday of the month



NEW - STRONSAY LIMPET EMAIL LIST

A new, automated email system has been introduced for the Stronsay Limpet. It replaces the old, rather out-dated email list. Even if you were on the old email list you will have to join the new list.

Joining or leaving this new email list is quite simple. Use the link at the top of the Limpet webpage www.stronsaylimpet.co.uk or go directly to <http://stronsaylimpet.co.uk/MailList.html>. You will receive an email which will contain a link that you must click in order to confirm your request.

Emails sent to this new list will have consecutive serial numbers in the subject line and a full archive of emails is available at <http://www.stronsaylimpet.co.uk/Emails.html>.

GERAMOUNT SURGERY CLOSED MON 28th SEP

Stronsay's surgery will be closed on 28 Sep because of the public holiday. In an emergency please phone either 616321 or 01856 888000.

ORKNEY FERRIES—WINTER TIMETABLE

The winter timetable for Orkney Ferries starts on Tuesday 29 September. The timetable is available online at

http://orkneyferries.co.uk/pdfs/timetables/winterspring/stronsay_winterspring.pdf

FREE PUBLICITY

If you're planning an event on Stronsay and want some free publicity then send details of the event to editor@stronsaylimpet.co.uk and it will be included, free of charge, in the next edition of the Limpet. It will also be broadcast via the Limpet website, the Limpet Facebook page and the new Limpet email list. The Limpet is published on the last Thursday in the month and the online version is usually available a few hours after the deadline which is 7pm on the Sunday before the publication date.

Even if you've missed the Limpet's deadline send your item to the editor and it will be broadcast via the Limpet's website, the Limpet's Facebook page and the new Limpet email list. And it won't cost you a penny!

The next edition of the [Limpet](#) will be published on Thu 29 Oct. Items for inclusion in that edition should be submitted by 7pm on Sun 25 Oct. Contact details on back page

LETTER FROM SCHOOL PLACE

During the councillors' recess I travelled extensively through our United Kingdom and across to the continent seeing how people do things elsewhere. For example: in Lancashire rural communities have clubbed together in the "B4RN" project to bring high-speed broadband to the areas BT won't go to; in Wales and in England I saw village schools and community centres protected by permanent 20 mph speed limits; and I learnt that some small island nations impose a "tourist tax" to help compensate for the negative impact of cruise-liner visits. All ideas I am sure we could apply to the Orkney scenario. Furthermore, ferries — I crossed the English Channel for less than it costs to cross the Pentland Firth, and I discovered how low ferry fares are on the west coast of Scotland compared to ours, thanks to the Road Equivalent Tariff.



Permanent 20 mph speed limit outside an English village school



OIC celebrates Her Majesty's record-breaking reign of 23,226 days, 16 hours, 24 minutes*

In my new role as Vice-Chair of Education, Leisure & Housing (ELH), I was one of the delegates at the Islands Education Summit hosted by OIC, and reported in *The Orcadian*. (Did you spot the Sanday tie being worn by the Leader of Shetland Islands Council?) It was attended by the Cabinet Secretary for Education & Lifelong Learning, Angela Constance MSP, and, as well as my input into the workshops, I managed to spend time in conversation with her about the special situation of teachers in small island schools, GTC registration issues affecting applicants for teaching posts in our schools, and the particular challenges faced by life-long learners in the Isles, especially those who missed out on formal school qualifications. I believe I managed to drive the message home to members of the Scottish Government and Education Scotland that "insularity" needs to be a recognised special characteristic quite distinct from "rurality", and its peculiar problems and costs acknowledged.

The affordability of up-front payment for books of discounted ferry vouchers came up at the Inter-Island Ferry Services Consultative Forum. This is something I would like to get resolved, as the current system financially discriminates against those on low incomes and those with large families.

(continued on next page)

At this year's Orkney College Graduation and Awards Ceremony I was invited to make the closing remarks, in which, starting with a reference to academic dress and the "doffing cap" (my doctoral bonnet was not required this year), I provided a little historical background to demonstrate that academic education and vocational training share common roots in the trade and craft guilds of the middle ages. Regrettably, some Sanday parents missed the ceremony on account of unannounced ferry rescheduling, and other passengers missed their hospital appointments. I shall be taking this up with Orkney Ferries.

Other meetings I have attended this month include: the Innovation Fund member/officer working group, Orkney College Management Council, Licensing (Sub-Committee and Board), two Monitoring & Audit meetings, Orkney & Shetland Valuation Joint Board, World War I Project Board, ELH, High Costs/Extraordinary-Care Arrangements Group, mid-term Council Plan review, and a seminar on the Council budget. As Vice-Chair of ELH, I now have extra meetings with the Director of ELH.

I have been to Shapinsay for their community council meeting (where Rhoda Walker gave a presentation on plans for the new hospital, due to be up and running by the autumn of 2018), to Westray for a meeting of their parent council, and back to Sanday for the AGM of theirs. I am due to visit Stronsay soon for both parent council and community council meetings.

I hope the front-page headline of *The Orcadian* of the 10th September will have reassured folk that we councillors are concerned about the plight of the Syrian refugees. There has been a lot of background discussion among us, and the matter is going to be discussed formally at our Policy & Resources Committee meeting on the 22nd September.

*** Authorities differ on the exact number of minutes**

Stephen

Cllr Dr Stephen Clackson

West Manse, Sanday

stephen.clackson@orkney.gov.uk

BLACKBERRY BLUES

By Ellie from Newfield

You know I deny you nothing
And your wish is my command,
That you only have to whistle
And I'm eating out of your hand.
Your tune is the one I dance to
That's how it's always been.
This roost is ruled by you
Even the garden scene.
Now I'm not a pushy person
But in this I will have my way,
And this hurts me more than you
But I really must have my say.
Now give and take is the key
In any working affair,
And don't you think it's lovely
That sharing means you care?
There's always a feast to be had,
Plenty enough for us all,
And you certainly never go hungry,
Not as I recall.
Those blackberries belong to us all
For no-one owns all rights.
Sharing is the answer,
Puts a stop to those awful fights.
Blackbirds of course are bossy,
That I'm afraid is their way.
But in this my feathered friends
I'll have the final say
For we all need vitamin C,
It's good for those growing feathers,
Keeps out the cold in winter
And I know you're out in all weather.
But wrens have feathers too you know
And they're less than half your weight.
So put aside this bullying,
Just leave it outside the gate.
"Sing a song of sixpence"
You've often heard that said
And in MY pies are blackberries
But then, blackbirds would do instead.

©Helene Harrison

SALES, WANTS, GREETINGS, THANKS

WANTED! **RNLI FUNDRAISERS**

Stronsay RNLI committee is currently looking for new volunteer members to help with fundraising events throughout the year. In recent years our community has done exceptionally well in supporting the RNLI but we need more of you to help to secure the future of the Stronsay branch.

If you think you can help contact Anne-marie at Storehouse or Andy at Hillside.

FOR SALE

FAGERHEIM / STRONSAY POST OFFICE
3 Bedroom House with established business.
Please contact Lisa for more details: 01857 616349

COFFEE AT CLEAT

This year's fund raiser on Saturday 19th September has raised over £800 for Macmillan and Friends of Anchor.

Thanks to all those who supported the event in any way.

Local sales, wants, etc are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES



FISH MART CAFE

FISHMARTSTRONSAY@GMAIL.COM

01857 616401

AUTUMN OPENING HOURS

MONDAYS CLOSED

(FROM 15 OCTOBER, CLOSED MONDAYS AND WEDNESDAYS)

OPEN 10-4.30

LUNCH SERVED FROM 12-2 P.M.

Weekday menus will include toasties, baked tatties, and bacon and mince rolls
(in addition to soup and sandwiches)

Weekend menus will include burgers and chips and two other hot menu items
(such as lasagne, nachos, cottage pie, macaroni cheese, etc.)

Thank you to all who supported the Chinese takeaway event. We'll hope to have some kind of takeaway or sit-in event every month. We'll keep you posted for October...

Local business adverts are free!

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LOCAL BUSINESSES

STRONSAY HOTEL—TAKEAWAY MENU

Phone 01857 616213

Six days a week (Tues - Sun)

16.45 to 20.00

Homemade lasagne + chips	£5.95
Homemade sausagemeat pie + chips	£5.95
Homemade chicken curry + rice or chips	£5.95
Homemade chicken masala curry + rice or chips	£6.50
Homemade chicken & veg pie + chips	£6.50
Breaded haddock + chips	£5.50
Breaded wholetail scampi + chips	£6.50
2 sausages + chips	£3.00
2 fish fingers + chips	£2.80
“Stronsay Beast Burger” + fries	£4.50
“Stronsay Cheese Beast Burger” + fries	£5.00
Portion of chips	£1.30
Half portion of chips	£0.80
Portion of cheesy chips	£2.10
Half portion of cheesy chips	£1.10
Portion of onion rings	£1.20

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LOCAL BUSINESSES



Stronsay's Crafting Chapel and Visitor Centre

Open April to December 10.30 to 16.00
Saturday through to Wednesday (other times by arrangement)



Unleash your creativity and make greeting cards, pictures, party decorations and much more. Come for a few hours, organise a party or a crafting holiday. However long you stay, you will take home an original handmade item.

Visit our shop and buy handmade cards (which can be personalised), craft supplies, wool and gifts.



Relax in our tea room with sea views and enjoy our homemade soups, sandwiches, cakes and traybakes.

Contact Dianne 01857 616249
dianne@craftshipenterprise.co.uk
www.craftshipenterprise.co.uk

Love Stronsay



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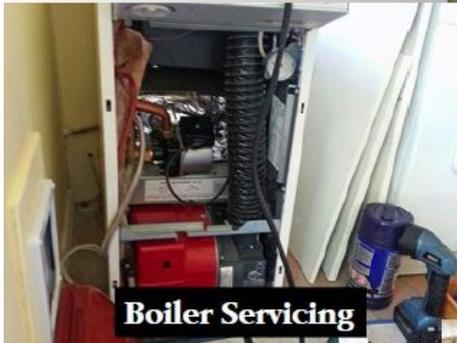
LOCAL BUSINESSES

Ebenezer Oil Heating Services

Oftec trained engineer



Oil Tank Installation



Boiler Servicing

Oil boiler servicing,
repair and replacement



Boiler Installation

A serviced boiler
is an efficient boiler
and will save you money

& Commissioning

Tel 01857 616339
ebenezer@stronsay.org

STRONSAY ARTWORKS

Original paintings of Stronsay Landscape;
Limited edition prints, greetings cards and
postcards which are available for sale at lo-
cal shops, Post Office, Hotel, B&B's and
the Fishmart. Commissions taken.

Phone 01856 870075

<http://www.jennystoneart.com>

Email jennystone001@btinternet.com

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LOCAL BUSINESSES

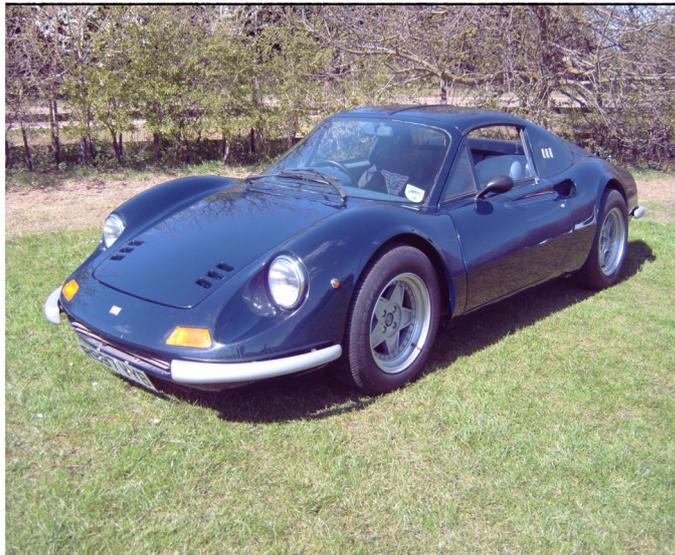
ORKNEY STAR ISLAND SOAP

www.orkneystarsoap.co.uk



Hand-made soaps and balms available online and in Stronsay from Ebenezer Stores,
Post Office & Isles View (by arrangement only please. Tel: 01857 616281).

“NEIL’S ON WHEELS”



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260

HOME: 01857 616454

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GROUPS, CLUBS & ORGANISATIONS

Sponsored by Stronsay Community Association
Thank you for buying handmade and buying local!



STRONSAY'S BIGGEST AUTUMN CRAFT FAYRE

Saturday 26th September – that's THIS Saturday

**Time for a spot of early Christmas shopping – huge selection of crafts
Community Hall - 1pm to 4pm - refreshment & cakes for sale**

Greentoft Farm Produce – jams, pickles, shortbread.

Jean Tulloch Knitwear – North Ronaldsay knitwear.

Owl Granny's' – wax painting, Papay rattles, needle felt, cards.

Kelpie Animal Crafts – needle-felted pictures, commissions taken.

Glenisla Crafts – natural fibre knitwear.

Jim's Glass – stained glass suncatchers.

Sunset Crafts – children's knitwear, hedgehogs, owls.

Meg's Handcrafts – colourful knitwear & crochet work.

Cromarty Crafts – knotwork, creels, shells, jewellery.

Airy Fairy – colourful quilt work, children's clothes.

Driftwood Crafts – driftwood work, watercolour paintings.

Marion Miller Jewellery – silver work & jewellery polishing while-u-wait.

Ruth Bowen Handmade – local interest cards, wallhangings.

The Wyrd Weaver – whimsical characters.

Molly Moo – own design cards.

Millbay Crafts – handcrafted knitwear & accessories.

Orkney Star Island Soap – soaps & balms.

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GROUPS, CLUBS & ORGANISATIONS



STRONSAY STITCHERS

**This month: Thursday 24th September, 7pm – 9.30pm, Church Hall
£2 towards hall costs, refreshments & biscuits**

Bring along anything stichy – mending, unfinished work, new project, something you'd like to do but never got round to starting, something you've got stuck on. We can maybe help. If it's not stichy crafts, but can be done at the hall, then please feel welcome to come join us – we're not just about knitting.

Next month: Thursday 29 October

STRONSAY HEALTHY WALKERS

Stronsay Healthy Walkers meet every Wednesday at 2pm. For more information please see the notices in the shops or contact Nurse Maxine maxinepiper@nhs.net or phone 616480

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GROUPS, CLUBS & ORGANISATIONS

STRONSAY BOOKWORMS



Nine “bookworms” met at Peedie Hoo to discuss “The Secret Garden”. We found that few of us had read the book since we were young children and were surprised by how much the story contained. We enjoyed the story very much.

Discussion turned to our next book choices. **Everyone is welcome to join us** – perhaps for a particular book, or to read each other’s favourites.

- **October 8th**: “Redaction” by Linda Andrews. An apocalyptic tale. Meet at Sarah’s house, Sunny Bank. 7.30pm
- **November 12th**: “We Bought an Island” by Evelyn Atkins. Two sisters leave behind suburban Surrey to buy an island off the Cornish Coast. A true story. Viv’s house. 7.30pm
- **December 10th**: “A Christmas Carol” by Charles Dickens. The classic Christmas story. Mulled wine and mince pies. Barbara’s house. School Brae. 7.30pm.
- **January 14th**: “The Light Between Oceans” by M.L. Stedman. A novel set on a remote Australian island. Ruth’s house. Peedie Hoo. 7.30pm.

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GROUPS, CLUBS & ORGANISATIONS



**Support and friendship
for families**

Home-Start Orkney

Home-Start is the UK's leading family support charity and [Home-Start Orkney](#) has been on the go for over 14 years. The scheme was recently awarded a grant from the Big Lottery Fund to develop the service to the outer isles. To provide the service we will train volunteers who then offer support in the family home to parents of young children who are experiencing difficulties. Perhaps a parent is struggling with isolation, post-natal depression, or would just benefit from a couple of hours of practical or emotional help once a week to assist with parenting skills or improve their well-being.

Volunteers will have parenting experience and will be provided with training, out-of-pocket expenses and on-going support from the co-ordinators.

For more information please contact Elsie Cooper at elsie@homestartorkney.org.uk or go to the Home Start Orkney website <http://www.orkneycommunities.co.uk/homestartorkney>.

STRONSAY DIABETES SUPPORT GROUP

The group met on the 5th August and had some general discussions about various topics and issues to do with diabetes. The next meeting will be held on Wednesday 30th September at 3pm in the carpet room at Stronsay Community Hall (a week earlier than planned due to my work commitments). We would love to see some more members attending if you can spare an hour and a half, it would make for more interesting discussion.

If anyone has any topics for discussion please let me know, or any favourite diabetic friendly recipes for sampling!!

Look forward to seeing you then.

Shirley. (616438).

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GROUPS, CLUBS & ORGANISATIONS

KIRK NEWS

With the new sound equipment in the Church it is now possible to record the services. If you are unable to get along to church each Sunday and would like to get a copy of the service week by week please give Elsie a phone on 616331.

Services at 11am unless otherwise stated. The Sunday Club is taking a break over the summer but a crèche is available for children aged 9 and under

- 27th September - Mike Erdman
- 4th October - David Bowen
- 11th October - Mike Erdman
- 18th October - Stephen Manners (harvest thanksgiving)
- 25th October - Mike Erdman
- 1st November - Viv Erdman

ORKNEY ISLANDS COUNCIL **STRONSAY ISLAND LINK OFFICE**

The Island Link Office, located in the Fish Mart and accessed through the entrance at the gable end of the building, first door on the right, is now open three days a week, every **Tuesday, Thursday and Saturday between 10am and midday.**

The office can be opened at other times, by prior arrangement, to facilitate meetings/contact with OIC officials.

So if you want to:-

- save a trip into town and pick up OIC forms;
- enquire about a service OIC is able to provide;
- collect replacement 'dog poo' or black bin bags;
- have something photocopied (10p a copy);
- report an issue or concern that OIC may be able to address,
- read the latest job vacancies, reports and news from OIC,

then please feel free to call in at the Island Link Office, when I will do my best to help.

Colin McAlpine
Island Link Officer

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GROUPS, CLUBS & ORGANISATIONS

THE STRONSAY JUNIOR HIGH SCHOOL **PARENT COUNCIL NEEDS YOUR HELP!**

The Stronsay Junior High School Parent Council has applied to be a Rag Bag recycling collection point you may have seen the container at the school standing in the north car park. At present we have to site the container but in the near future we hope to start collecting unwanted items of clothing, ties, belts, handbags, bags, pairs of shoes tied together, household linen and towels.

These items are sorted by the Primary pupils, packed into large bags and sent away south where they are baled and shipped to Africa. Local teams of volunteers then dispatch the items to those in need. The Parent Council will receive payment in return for the textiles which will go towards supporting our children within the school.

As islanders we are all aware how the damp and wet can creep in where we least expect it so to ensure all textiles are kept dry we have to request items are placed in plastic bags which can be accessed from the school and placed into the container. This will also make it easier for our pupils to carry the textiles into the school to sort. All bags will of course be recycled!

If you wish to support us please watch out for the notices in our local shops informing you of when we are up and running!

RAG BAG

Items We Collect

- All mens, ladies and childrens clothing
- Paired Shoes (tied together)
- Handbags, bags, ties & belts
- Household linen & towels

We cannot accept the following items:

- Duvets both synthetic and feathered
- Pillows & cushions
- Carpets & Rugs
- Soiled or wet clothing
- Uniforms & work wear
- Shredded or mutilated textile material
- Textile off cuts, yarns or threaded material

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GROUPS, CLUBS & ORGANISATIONS

STRONSAY HEALTHY LIVING CENTRE

supervised sessions

MONDAY	3.45-5.45
TUESDAY	Buddy system
WEDNESDAY	3.45-5.45
THURSDAY	3.45-5.45
FRIDAY	3.45-5.45
SATURDAY & SUNDAY	Buddy system by request

The gym can be accessed throughout the day if you have a 'buddy' to go with.

A code is required, please speak to one of the team if you have any questions

Inductions by appointment only

Andy - 616277, Julie - 616335 or Tracey - 616350

Gym during supervised sessions - 616449

STRONSAY SCHOOL BLOG

We would like to remind everyone about the Stronsay School Blog which has been up and running for a few months now. The Blog shares some of Stronsay School's highlights through pictures and articles as well as other relevant school information. You can access the blog at <http://stronsay-jh.blogspot.co.uk>. We hope you find the site interesting.

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GROUPS, CLUBS & ORGANISATIONS

STRONSAY SWIMMING POOL TIMETABLE

Mondays:

7.00 - 7.40 Public Session
7.40 – 8.20 Ladies' Session

Wednesdays:

3.30 – 4.10 Swimclub Beginners/Developers
7.00 – 7.40 Private Hire
7.40 – 8.20 Men's Session

Thursdays:

3.30 – 4.30 Swimclub A and B

Saturdays:

2.00 – 2.40 Private Hire
2.40 – 3.20 Public Session

To enquire about Private Hires, phone Elsie on 616331.
To enquire about Swim Club, phone Sarah on 616406 or Andy 616277

POOL CHARGES

Public Sessions

Adults (16 and over) £2.40
Children £1.20

Private Hires

40 minute session - £15
60 minute session - £20

Swim Club

Children will be offered 10 week blocks which can be paid up front (non-refundable)
40 minute sessions - £16 block booking; £2 per session
60 minute sessions - £20 block booking; £2.50 per session

Men only and Women only Sessions (16 and over)

Block booking of 10 sessions over a 12 week period (non-refundable)
£24 block booking
£3 per session

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GROUPS, CLUBS & ORGANISATIONS (continued)

MOBILE LIBRARY

Next visit:

Monday 5 October

Council Houses 9 - 10

School 10.15 - 12

Kirk 12.30 - 3

Fish mart 3.15 - 5.30

Mobile library schedule http://www.orkneylibrary.org.uk/assets/Isles_Mobile_2015.pdf

Kirkwall library contacts - 01856 873166 or general.enquiries@orkneylibrary.org.uk

Kirkwall library website - <http://www.orkneylibrary.org.uk>

Kirkwall library online book catalogue - <http://212.219.208.10/TalisPrism>

Library opening times

www.orkneylibrary.org.uk/html/opening.htm#NewHours

STRONSAY COMMUNITY ASSOCIATION

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up? Why not hire the disco equipment with rotating glitter globe and pulsating coloured lights for only £5 plus room and hydro charge? A DJ from the Hall list must be used.

Also available for hire: badminton, table tennis and snooker all at £2 per hour plus hydro. All equipment provided.

Adult supervision (over 18) must be present during hire.

For details and booking contact Colin on 616446.

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USEFUL INFORMATION

POST OFFICE OPENING TIMES

Mon, Wed, Thu	8:30am — 1pm
Tue	2pm—6pm
Sat	9am—1pm
Sun & Fri	Closed
Post collection times	07:30, Monday to Saturday
Bank day	Tuesday
Replacement bin bags.	Contact Island Link Officer in the Fishmart
Sunday service at the Kirk . . .	11 am (see http://tinyurl.com/kvk5gfp)
Our Lady's chapel, pier head	Mass 11.30am (weekdays), 10.30am (Sundays & Holidays)
Next Special Collection	2 Oct 2015, 11 Dec 2015 and 26 Feb 2016
Rubbish collection	Tuesday (bags out ready by 9am)

Doctor	616321	Balfour hospital	01856 888000
Nurses	616480	Hydro	0800 300 999
Medical emergency	01856 888000	All water enquiries	0845 601 8855
Registrar	616239	Kirkwall Library	01856 873166
Hall bookings	616446	Kirkwall Police	101
Post Office	616278	Vets:	
Companions	616261	Flett & Carmichael	01856 872859
Kirk	616311	Northvet	01856 873403
Stronsay Hotel	616213	Dentists:	
Olivebank	616255	Great Western Rd	01856 879683
Ebenezer stores	616339	King Street	01856 875348
Neil's on Wheels	616454	Earls Palace	01856 872958
Taxi	616335	Golgotha monastery.	616210
Castle Bird Reserve	616363	Email contact@the-sons.org	

JIM HOLLAND HAULAGE—DELIVERIES

Catalogue deliveries made on Wednesday and Friday only.
Large items will be delivered on Saturday.

HOW TO CONTACT THE [LIMPET](#)

Send an email to editor@stronsaylimpet.co.uk, phone Bruce Fletcher on 616297 (after 11am & before 9pm, please!) or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page

SUBSCRIPTIONS TO [THE LIMPET](#)

You can send a subscription to a friend or relative for a birthday present?
12 editions for **£20.00** including P&P

Please make cheques—UK banks only—payable to “Stronsay Development Trust”.
UK only. Non-UK subscriptions, please ask for a quote. Contact Bruce, details above

The Stronsay Development Trust, a Scottish Charity SC038888, company number SC271553

Registered Office: Unit 1, Woods Yard, Stronsay, Orkney KW17 2AR

<http://www.orkneycommunities.co.uk/SDT>

Supported in its activities by HIE Orkney, National Lottery (Big Lottery Fund)
and The Scottish Government.