

STRONSAY LIMPET

Funded by the Stronsay Development Trust ISSUE 193 - July 2021



Published on the last Thursday of the month

GP & COMMUNITY NURSE ROSTER

The latest available roster for the Doctor and the Community Nurse can now be found on the Stronsay Limpet's website at <u>https://stronsaylimpet.co.uk/RosterGPandNurse.html</u>

COVID VACCINATIONS

We are nearing the end of vaccinating our over 18's population. If you have previously declined but would now like to have the vaccine, or have been giving the matter further consideration and decided you would now like to be vaccinated, can you please contact the surgery to let us know, so we can order vaccines in as appropriate. We are trying to achieve a high percentage of vaccinated residents so we can have a good level of immunity within our island community.

Stronsay Surgery

"VISIT STRONSAY" WEBSITE

The Visit Stronsay website visitstronsay.com is back in action.

Contact details for groups & clubs listed on the website (<u>https://visitstronsay.com/useful-local-information/groups-clubs</u>) have not been updated since the onset of Covid-19. Please check club/group details and send any changes that need to be made either to <u>info@visitstronsay.com</u> or to <u>editor@stronsaylimpet.co.uk</u>.

The website's calendar <u>https://visitstronsay.com/events</u> is back in action. Check it to see forthcoming events on Stronsay. If you want to add your own event(s) to the calendar just send the information (what, where, when, etc) either to <u>info@visitstronsay.com</u> or to <u>editor@stronsaylimpet.co.uk</u>.

ROYAL BANK OF SCOTLAND

No Royal Bank of Scotland visits until further notice. There are 2 dedicated tel numbers: 0800 051 4177 for anybody in isolation and 0800 046 6734 for all NHS staff Both lines are open 8-8

ADVERTISE YOUR EVENT!

If you are arranging an event on Stronsay then why not use the free publicity available from the Limpet and from the Visit Stronsay website <u>visitstronsay.com</u>? Just contact the Limpet's editor (contact details are on the back page of every edition of the Limpet)

The next edition of the <u>Limpet</u> will be published on <u>Thu 26 August</u>. Items for inclusion in that edition should be submitted by 7pm on <u>Sun 22 August</u>. Contact details are on the back page. The Limpet's website address is <u>http://www.stronsaylimpet.co.uk</u>

ORCADES PRACTICE—STRONSAY BRANCH

In an emergency phone 01856 888000 (NOTE NEW EMAIL ADDRESS <u>ORK.stronsay@nhs.scot</u>)

CORONAVIRUS UPDATE

Please phone as usual if you require an appointment on 616321 or email <u>ORK.stronsay@nhs.scot</u> (NOTE NEW EMAIL ADDRESS)

All appointment requests are being taken by admin who will arrange a phone appointment with the GP. If you need to be seen face to face the GP will arrange this directly with you. These arrangements will continue for the foreseeable future.

If you are travelling abroad and need evidence of your vaccination status, you can now use the link below to obtain it. Please be patient as records are updated, and please don't request your record if you don't need it! Thank you

https://www.nhsinform.scot/covid19status.

We are excited to let you know that a new doctor, Johnathan Cobb, will be joining the team soon. He needs to work out his notice at his current practice, and will start working here in the autumn.

<u>REPEAT PRESCRIPTIONS</u> CORONAVIRUS RISK REDUCTION

Until further notice:

- No more paper requests to be handed in.
- Please phone 616321 or email <u>ORK.stronsay@nhs.scot</u> to order. (NOTE NEW
- EMAIL ADDRESS)
- Check one week later to see if they have arrived.
- Time slots will be given for collection.

Thank you, Dr Rosalind Fisher and Dr Alison Lievesley

ORCADES PRACTICE – STRONSAY BRANCH

Please can we ask you to contact the surgery (phone 616321 or email ORK.stronsay@nhs.scot) if you have any changes to make to the information we hold.

For example

- Name
- Address
- Telephone number (landline)
- Mobile number
- Email

It really helps us if we have your up to date information should we need to contact

you. Thank you

SURVEY BY PUBLIC HEALTH SCOTLAND

https://www.smartsurvey.co.uk/s/ScotlandLGBT2021



STRONSAY SURGERY—USE OF 616321

This is a reminder that the surgery telephone number is only accessed between the hours of 9-12 and 1.30-4.30pm. Out with these hours the calls are automatically transferred through to Balfour Hospital switchboard. We have been advised that the switchboard are receiving an increasing number of calls between 12-1.30pm (Katrina's lunch break) which is adding to their workload. Please can we request that routine surgery calls are only made when our reception staff are here to respond to them. Please only phone out of these hours if your call is urgent and you are needing to page the Doctor or Nurse.

Thank you, Stronsay Surgery

Recognising Coronavirus (COVID-19) Symptoms



Symptoms	Covid-19 Symptoms range from mild to severe	Flu Rapid onset of symptoms	Cold Gradual onset of symptoms
Fever (37.8C or above)	Common	Common	Rare
Fatigue	Sometimes	Common	Sometimes
Cough	Common (usually dry)	Common (usually dry)	Mild
Sneezing	No	No	Common
Aches and pains	Sometimes	Common	Common
Runny or stuffy nose	Rare	Sometimes	Common
Sore throat	Sometimes	Sometimes	Common
Diarrhea	Rare	Sometimes (for children)	No
Headaches	Sometimes	Common	Rare
Shortness of breath	Sometimes	No	No
Loss of taste or smell	Common	No	Sometimes

<u>ST JOHN'S VIEWPOINT</u> <u>NEW INTERPRETATION PANEL</u>

This is the new Interpretation Panel up at St John's viewpoint. It really looks a treat, well worth a look.

Ian Cooper



<u>FUTURE READY FUEL</u> <u>REPLACEMENT FOR HEATING OIL</u>

https://www.futurereadyfuel.info/how-you-can-help-us TAKE THE SURVEY https://www.surveymonkey.co.uk/futurereadyfuel

COMMUNITY HALL—MONDAY 26 JULY

"How've You Been?" by Donald WG Lindsay On Monday 26 July at 7:30pm - 10pm in the Community Hall. Click on the following link for full details of the event and to book tickets.

https://www.eventbrite.co.uk/e/howve-you-been-stronsay-stronsay-community-centre-tickets-158984243151



Orkney Dates

Fri July 23rd : Kirkwall (St Magnus Centre) Sat July 24th : Papa Westray (tickets available locally on Papay only) Sun July 25th : North Ronaldsay Mon July 26th : Stronsay (Stronsay Community Centre) Tue July 27th : Sanday (Sanday Community Centre) Wed July 28th : Westray (Westray Parish Kirk)

Shetland Dates

Fri July 30th : Fetlar (Fetlar Hall) Sat July 31st : Yell (Mid Yell Public Hall) Sun August 1st : Lerwick (Mareel Auditorium - tickets available from venue only)

Except where indicated, tickets can be purchased on Eventbrite.co.uk - search the site by island / venue name, or visit the following link for a full list of all available dates : https://www.eventbrite.co.uk/o/donald-wg-lindsay-33098016587

a 21st century visionary" - piper & composer Matthew Welch

"...Donald has earned our admiration and respect for what he is achieving for piping" - piper, author and professor Hugh Cheape
"...gorgeous, slumbering stuff..." - Jude Rogers for The Guardian

"A possible comparison (for "History of Sleep") would be the recent work by Tashi and Yoshi Wada..." - Daryi Worthington for The Quietus

"How've You Been?" is a series of new compositions on the recently developed "Lindsay System" Scottish smallpipes, exploring the transition from Ascension Island, South Atlantic, to Scotland, following two years of effective isolation from the outside world. Several of the pieces will be accompanied by film. The film itself will include field recordings, limited dialogue, and some in-the-field performances, all of which will be interwoven with a live soundtrack performed at the venue on the new pipes.

The "Lindsay System" for Scottish smallpipes is an open source project, instigated by Donaid WG Lindsay in 2014 to extend the range of the pipes in a way that is sympathetic to and compatible with traditional technique and repertoire. In the years since, it has been embraced by many in the piping and traditional music communities, in what's an unprecedented development for Scottish piping.

During Donald's two years on Ascension, he has been focused on researching and extending the design further, both in terms of its physical form and functional performance, and in terms of its repertoire and technique. During the same period, early prototypes of the new design have been installed in the National Piping Centre's Museum of Piping, while in late 2020 his duet album with Richard Youngs tilled "History of Sleep" was released on Good Energy Records, enjoying widespread airplay across BBC Radio, and critical acclaim in the press.

New compositions will continue to be made, and new film will continue to be gathered throughout the tour, which will include many of the more remote islands around the coasts of Scotland, and it is hoped the whole story will eventually be edited and made available online, and/ or in some other form.

Stephen Clackson's Letter from School Place (still from Sanday's West Manse) Keeping the folk of the North Isles ward informed — with Orkney's only councillor newsletter

Congratulations to the National Health Service on being awarded the George Cross on 5th July. However, I was somewhat perturbed by this news, remembering that on 12th April 2000 the George Cross was awarded to the Royal Ulster Constabulary, yet a year-and-a-half later, on 4th November 2001, the RUC was disbanded. I hope this is not the intended fate of the NHS!



Although many of us are now fully vaccinated, Covid-19 has not gone away. There are cases in Orkney, and some Orkney Ferries sailings have been affected by crew having to self-isolate. So please remain cautious and follow the protocols.

NHS Orkney Covid-19 information: https://www.ohb.scot.nhs.uk/coronavirus-covid -19-latest-information

Covid-19 testing: telephone 01856-888211 British Red Cross Coronavirus Support Line: 0808-196-3651

Scottish Government Covid-19 guidance: https://www.gov.scot/coronavirus-covid-19/

In order to accommodate return sailings on Sundays (as requested by many outer North Isles communities), this year's final Sunday excursion will take place on the $1^{\frac{st}{4}}$ August, and a revised timetable will operate from 2^{nd} August to 26^{th} September.

Orkney Ferries: http://www.orkneyferries.co.uk/ or ring 01856-872044

From next term, Papdale Halls of Residence will no longer be issuing boat tickets to its residents. Instead, Orkney Ferries will keep a note of the number of young people sailing and bill OIC accordingly. Pupils will no longer need to present a ticket but might need to say they are from the Papdale Halls. Any pupils who still have tickets can use these for travel until they run out.

The "Orkney Inter-Island Transport Study Outline Business Case Phase 2" consultation is now available on-line at:

https://www.orkney.gov.uk/Service-Directory/T/orkney-inter-island-transport-study.htm For a paper copy, please contact Fiona Duncan at the consultants Stantec by emailing OIITS@stantec.com or phoning 0131-2977019. The deadline for feedback and comments is the 27th August. Please engage, as the future of our inter-island transport services depends on it.

The formal deadline for the "Location specific community benefit fund" consultation on the proposed Faray windfarm is the 26th July! Details can be found here: https:// www.orkney.gov.uk/Council/C/location-specific-community-benefit-fund.htm or contact Kirsty Groundwater at kirsty.groundwater@orkney.gov.uk or telephone 07818508323. As the deadline is so soon, I have been in touch with Kirsty, and, if you miss the deadline, she will be happy to receive responses up to the 2nd August. *(continued on next page)* At a meeting of the Policy & Resources Committee, we were informed that since the start of the pandemic over £16 million have been disbursed by OIC locally. (OIC's Business Hardship Support Grant and Covid-19 Recovery Development Grant remain open for applications.) OIC is offering 20 places on the Kickstart Scheme to unemployed 16 to 24-year-olds. I highlighted the challenges faced by young people resident in the Isles in taking advantage of these placement opportunities.

Other meetings I have attended (virtually) this month include: confidential members' meetings with the Chief Executive; Special General Meeting (on flag flying); UHI Rector hustings (the newly elected Rector is Dr Fiona Maclean); a North Isles catch-up; Orkney Ferries Board; and the last General Meeting before the recess.

Isles-based virtual meetings: Westray Community Council, Sanday Community Council, and a meeting on Sanday with Police Chief Inspector Ali Garrow. Chief Inspector Garrow is planning to visit and hold surgeries on islands throughout the ward in order to promote police community engagement, which I, as a supporter of the Peelian Principles of Policing, fully approve of.

The councillor recess runs from the 8th July to the 22nd August. If you have complaints about the Council's services (e.g. recycling containers filling up and not being emptied, state of the roads) during this time, please telephone 01856-873535 or e-mail complaints@orkney.gov.uk (and please cc me in). Speaking of recycling, I have been contacted by "Transition North Ronaldsay" who are working on establishing a beach plastic recycling centre. I know this sort of facility is an aspiration on other islands too, so if you wish to get in touch with them e-mail Olly Gibb at transition.northron@gmail.com

On the 9th July, I was pleased to be part of the event in Kirkwall to bestow the Freedom of Orkney on the Royal Navy's Northern Diving Group, which I wholeheartedly supported at our General Meeting on the 5th May (see the 100th issue of my *Letter*).

Ce

Cllr Dr Stephen Clackson, West Manse, Sanday <u>stephen.clackson@orkney.gov.uk</u>



You can download Letter from School Place from Ifsp.pbworks.com

Records of a bygone age The 'Improving Lairds' and the Learmonths of Housebay: Robert, followed by his son Donald Horne Learmonth. Part 2

In 1869, the lease of Housebay was due for renewal and, at that time, Robert Learmonth intimated that he wasn't going to offer on the lease (although this may possibly have been part of a bargaining ploy). Sometime later, he did successfully offer on the lease again for a further 19 years, although this time it was at an increased annual rent of £800.

A few years later, in 1874, Robert wrote in a letter to a friend intimating that he was now very infirm and, as his son John had left the island, he didn't know how he could carry on the farm. In October the following year, Robert died and was laid to rest in the Bay Kirkyard in Stronsay. It appears that the terms of his will, written in 1861 and consisting of 7 pages, must have been strongly influenced by his second wife Catherine, as his first family received £100 each and nothing else while Catherine fell heir to all his personal items, heirlooms, silver plate etc and an annuity of £50 for as long as she lived or until she should remarry. The rest of his estate was left equally between the six children of his second marriage and this was to have repercussions in years to come!

With William, the eldest son of Robert's second marriage, married and pursuing his career as an engineer in Glasgow it fell to the second son, nineteen year old Donald Horne Learmonth, to consider taking over the lease and this he did, going into partnership with his mother Catherine. With limited capital of their own, they had to rely on some of Donald's siblings' willingness to leave some of their inheritance still invested in the farm before this could be a viable option.

Although still a young man, Donald seems to have continued the good work of his father, both on the farm and in the wider community, and was one of the instigators of setting up an Agricultural Society in Stronsay in 1877, one of their first activities being to hold a ploughing match at Cleat, still then part of the Housebay estate. By 1888, the Society had moved on to holding an Agricultural Show and again Donald was one of the instigators of this, helping to organise and run the show and having success in the cattle, sheep and horses sections as well as achieving 1^{st} prize for his salt butter and his duck eggs! Horses seemed to be his passion at that time though, and he went on to win the championship in the horse section with 'a fine Clydesdale mare'. This success showing locally was continued on a wider scale where, at the Orkney Agricultural Society's Fat Stock Show in 1890, his two year old steer was 1^{st} in its class, while Donald also carried off the medal for the 'best animal in the yard' for a 'massive three year old roan ox, measuring 7 ft. 9 in. in girth'. This was the third year in succession that this prize had gone to Donald Learmonth.

(continued on next page)

Again, like his father before him, his personal (although this time also financial) affairs were to cause him problems; on this occasion when one of his siblings took him to court for outstanding debts. As mentioned earlier, Donald and his mother had only been able to take on the lease of Housebay after his father's death because some of his siblings had agreed to leave their inheritance invested in Housebay. Donald had apparently been unable to keep up with the repayment of this money so, with the assistance of her older brother William, Catherine, who was now married to Donald Hume and living in Kansas, USA, applied to the Court of Session in Aberdeen, under the judgment of Lord Wellwood, for repayment of this money. (It is an interesting note of the times that she could only bring this action forward with the consent of her husband!) The sums requested were: 1 - £700; 2 - £174 9s 9d; 3 - £47 16s 8d, these being the amounts with interest that sister Catherine claimed were now due to her after loaning Donald and their mother money to assist them in keeping Housebay stocked after the death of Donald's father. Donald's defence was that, in the agreement, interest was only repayable out of profits and, as there had been no profits under the lease, no interest was due! He also stated that £250 had been paid to her and the remainder didn't fall due for repayment until the termination of the lease in 1896. In a judgement some time later, his Lordship decreed that payment of £902 6s 5¹/₂d should be made to Catherine. Although there is no evidence of this, it is possible that this may have been a 'test case' and similar sums may have been due to other siblings but, regardless, this was to prove to be too much for Donald and his mother. The writing was on the wall and led to Donald's admission that, despite having a large and well run farm producing excellent stock and crops, the estate had been unable to show a profit over the 14 years he had been in charge. This led to the sad but inevitable conclusion that his partnership with his mother should be wound up and all the stock, implements and machinery sold off.

This sale was soon arranged and advertised, to be held on 15th November 1892 'and following days' and was probably one of the biggest farm sales ever to be held in Orkney. The date of the sale had some significance too, as most agricultural tenancies in Scotland began and ended at Martinmas on 11th November, commonly known as 'Term Day'. This would have signified the termination of the Learmonth's lease of Housebay and the commencement of leases for farms all over Orkney, so a sale around this time would have generated much interest from new farm tenants as well as the longer established farmers.

The local steamer 'Orcadia' was billed to leave Kirkwall at 7 a.m. each day as long as the sale lasted, sailing directly to Housebay and returning to Kirkwall each night for a return fare of 3/-, while the 'Fawn' was scheduled to leave Westray, also bound for Housebay via Eday and Sanday, and returning at night for a return fare of 2/6d.

Included in the sale were 60 cows and heifers in milk or in calf, 57 cattle rising 2 or 3 years old, 46 young calves and 2 bulls. Of special note were 14 pedigree shorthorn cows, along with 3 shorthorn bull calves and 3 black poll bull calves all being kept for breeding, There were 29 working horses, 5 foals and 2 stallions, all described as superior and quiet stock and *'one of the finest lots of horses ever exposed for sale in Orkney'*.

(continued on next page)

Also advertised were 5 Shetland ponies, 400 ewes and lambs, 9 tups, 6 breeding sows, 15 young pigs, 100 hens, 100 ducks and a few geese. Then, in a few short lines, was advertised a vast array of farm implements, along with a multitude of smaller articles as would be found on any farm:

Splendid Three-horse thrashing mill (almost new) with Boiler and Engine complete, Corn Bruiser, Self-Binder by R Hornsby & Son, 3 Reapers by Wallace & Son, and 1 by Brigham, 20 Carts, Hay Frames, 18 Ploughs, 4 Grubbers, 4 Scufflers, 9 Sets of Harrows, 4 Metal Rollers, 2 Stone Rollers, Horse Take, Broad-cast Sowing Machine, Scarifier, Scarifier and Turnip Sower, Turnip Topper and Tailer, 3 Turnip Slicers, Chaff Cutter, Hand Fanners, Plough Trees, Barrows, Forks, Spades, Shovels, Scrapers, Hoes, also a Dog Cart and Phaeton and a large variety of other articles, &c., &c., &c. Also 12 full sets of superior Cart and Plough Harness, Gig Harness and a quantity of Miscellaneous Harness. Also a large quantity of Household Furniture and other effects.

The sale did indeed generate much attention, with a great number of folk taking advantage of the special trips by the local steamers and it being noted with interest that, on the first day of the sale, three steamers were tied up at the Stronsay pier at the same time. As expected, the horses all sold well, with prices ranging from £22 up to a top of £58 and averaging almost £40 but other than that it appeared to be very much a 'buyer's market' with milk cows fetching from £7 to £9, two year old cattle from £8 to £11 (compare this with the batch of thirty-one 2 year-old Housebay cattle making £20 a head back in 1867!) and year olds making £6 to £8. Sheep prices were also low, many only making 7/- each, to a top of 18/-, young pigs topped at 11/- and growing pigs went to 75/-. The implements and smaller goods too seemed to mostly go at what was thought to be cheap rates and there was general agreement that the bargain of the sale had to be the Hornsby selfbinder, only 2 years old and in first class order, which was sold for £5.

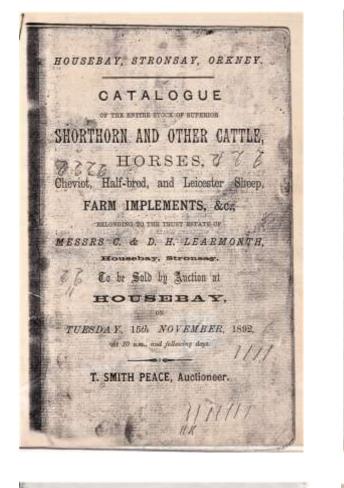
As the hammer fell on the last item that day, so ended the Learmonth involvement with Housebay after nigh on 40 years, a time that had seen the farm brought up from a run-down unit in the throes of bankruptcy to become one of the best farms in Orkney but then to end in insolvency once more.

From Term Day 1892, the lease of Housebay was taken up by William Stevenson of Holland, to add to his farms of Hatston, Holland and Huip, but that is a story for another day!

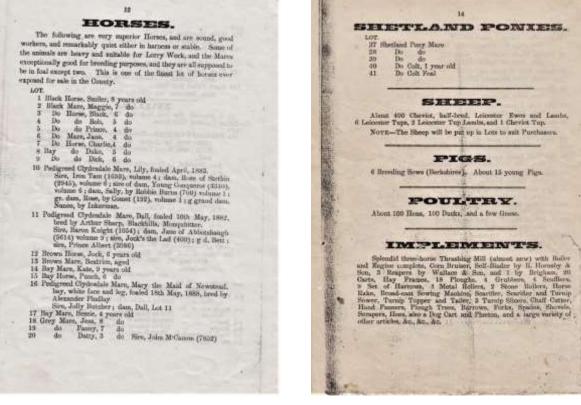
Ian Cooper July 2021

On the next page are some pages copied from the Housebay sale catalogue of 1892

Some pages copied from the Housebay sale catalogue of 1892



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MYSTERIOUS APPARITIONS?

I am only in Whitehall Village a couple of times a week, and occasionally – on bright sunny days - I see two strange 'apparitions' on the steps on the west side of the Eest Pier. They appear to be 'humanoids', dressed in all dark clothing. If the conditions are suitable they appear in mid-late afternoon.

I attach a photo taken recently. Have I discovered another branch of the resident monks? '*Ghost-monks*' perhaps? Maybe it's my eye-sight?

Anon.



ADVERTISE YOUR EVENT!

If you are arranging an event on Stronsay then why not use the free publicity available from the Limpet and from the Visit Stronsay website <u>visitstronsay.com</u>? Just contact the Limpet's editor (contact details are at the foot of page 1)

EMERGENCY NUMBERS

On the back page of every edition of the Limpet there is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

HOW TO CONTACT THE LIMPET

Send an email to <u>editor@stronsaylimpet.co.uk</u> or write to *The Limpet, Claremont, Stronsay, KW17 2AR*.

FOR SALE, WANTED, THANK YOU, etc

COMMUNITY SPIRIT

A few weeks ago my passenger and I were driving into the village, when suddenly, the car began a bit of 'wobbling' and 'juddering' suggesting 'PUNCTURE!'.

I cruised slowly towards the West Pier and parked the car just before the Royal Bank. There were several people and vehicles in what is often a quiet area and I could see by some of the facial expressions that they didn't 'Think' we had a puncture – they 'KNEW' it!

Before we had stepped out of the car we had two offers of help from pedestrians - 'Have you got a spare?', and.....'I've got a jack in the car' – it's just over there', The couple in the car not far behind us had seen the sudden 'wobbling' of our vehicle and stopped alongside to offer help. (I must admit that I was rather uncertain where the spare wheel might be – or whether our car 'sported' a jack - and if it did, where did we put it to raise the appropriate side of the car?).

Another resident dashed across the road towards us offering another jack before we had time to step out into the sunlight. The kind offers of help were almost over-whelming, and I soon brushed away any fleeting thoughts that the public reaction to us suddenly pulling-up rather abruptly at that very spot may have been 'Bank-related'.

Within a few seconds one young man was on his back checking something or other whilst another 'discovered' the spare wheel in the boot.

Within less than ten minutes we were back in the car and heading towards home, sporting one rather narrow tyre on a flashy orange wheel. We suddenly felt rather guilty, realising that we had done virtually nothing ourselves and had not properly thanked those involved.

It is re-assuring to know that the island tradition of 'Helping one's 'fellow man' lives on - long-term residents and recent incomers alike.

Thanks to all who 'took part'. Anon.

WANTED

Shorefront piece of land/barn/small house, must be secluded. For Ross-shire crofting couple looking to relocate. We need 2+ acres as we have livestock but would be very happy with just a field that we would look to get planning permission on. Any help would be greatly appreciated. Cash waiting.

Please contact Malcolm and June Purvis on 01445 731681 or email purvis193@gmail.com

Items on this page are free!

FOR SALE, WANTED, THANK YOU, etc

WANTED

Hi there, I just wondered if rental property with land is available on the island at all? Looking for a place on the islands for myself my five year old daughter and our animals. We are looking at properties to buy too but should we be able to rent that would speed up our progress. I work from home so can live anywhere but a rural place with plenty of space and some land around it is what we are looking for. I am registered with agents but there seems very little available.

Many thanks.

Anna Holland (annacholland@icloud.com, Scottish Borders)

HELLO TO STRONSAY!

I'm looking for the possibility to either buy a traditional stone built bungalow - with or without outbuildings

OR

To rent somewhere to live until a property becomes available. I'm not too picky a caravan, small house, room (with access to kitchen and bathroom) or may even consider a boot! Hey joke, unfortunately wouldn't fit into a boot! Maybe long or short term, would be grateful if someone on the great island of Stronsay could please possibly help!

Look forward to hearing from anyone, who may have any of the above - (or may know someone who might).

Contact Paul on mobile 07802 426992 or email pauwat1@gmail.com.

VAN AVAILABLE FOR CHARITY WORK

The Pomona Prefect logo peedie red van is available for charity work on the island if anyone needs a man and a van and wants to help the island reach the target. Saturdays service and cost for this is suggested as $\pounds 10$ per hour min donation for half hour units. All to the Stronsay Defib fund. No live animals, persons transported or dirty, sloppy stuff carried. Limited load and not a taxi service. This is a temporary thing to raise money and not a challenge to any services on the island. Call Don and Julie for all taxi work and Jim Holland for freight!

Also, If anyone needs their car karcher jet washed and vaccuming and then can do at Ellerslie as you pass for a donation to same Defib Fund. Cost is $\pounds 10$ per basic body wash and wheels rinsed and boot/inside vacced. Limited to cars. No monster trucks, panel vans, lorries or camper vans sorry.

This charity service will be hopefully available until there are enough defib machines in position with the people trained to cover us all 24/7. Availability is limited to Saturdays.

Any questions and to book give me a call. Nicandro J. Porcelli, Ellerslie. Telephone or text to - 07732 276046

Items on this page are free!

FOR SALE, WANTED, THANK YOU, etc

BUILDING PLOTS FOR SALE

2 Building plots, Whitehall Village, Stronsay, Orkney

 ± 35 K each. Planning in principle for 2/3 bed bungalow plus 2 parking spaces. Electricity and water supplies are on site.

The plots are behind the village street making a secluded location but within easy walking distance of the shop, ferry, cafe and hotel.

The tried and tested practice on the Orkney isles for building is to buy a house kit and either have it erected by the supplier or our island contractor Castlehill Construction (who can also do the ground works)

For information about Stronsay, our lifestyle, its good school and other facilities please visit www.visitstronsay.com

For further information about the sites please contact

- Sharon at Orkney Property Centre, Kirkwall on 01856 877866 or
- Dianne & Paul on 07785111126 or
- email <u>drileymoore@hotmail.com</u>

Planning ref: 18/038/PIP on Orkney Islands Council planning web site









<u>Items on this page are free!</u> The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page

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LETTERS TO THE EDITOR

Those exempt under the Regulations should not be forced to wear a face covering and no one should be abused or treated in an unacceptable way.

We ask for people to be aware of the exemptions and to treat each other with kindness, especially when asking why someone is not wearing a face covering.

> Face Covering Exemption Card Scotland <u>http://exempt.scot</u>. Home - Disability Safety Hub <u>https://disabilitysafety.scot</u>.

Nicandro James Porcelli Ellerslie Stronsay KW17 2AE 07732 276 046

<u>Items on this page are free!</u> The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page



Marion Miller Jewellery

Unique Jewellery inspired by the sea and shore. Designed and handmade on the island of Stronsay, Orkney www.marionmillerjewellery.com Tel 07919550943 E-mail marionmillerjewellery@gmail.com

<u>Local</u> business adverts are free! The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page

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Traditionally hand-crafted in Stronsay—soaps, solid shampoo bars, conditioner bars and balms. Hand-spun and hand-dyed yarns from Orkney fleeces, woven throws, wallhangings and more. Orkney Star Island Soap, Isles View, Stronsay, Orkney, KW17 2AG. Tel: (+44) 01857 616 281 Email: info@orkneystarislandsoap.co.uk Web: http://www.orkneystarislandsoap.co.uk Facebook: https://www.facebook.com/orkney.star.island.soap



Local business adverts are free!

Roger at Stronsay Photographic

Available for Portraits - groups and individuals ID photographs - printing on site Tuition Special commissions



Cozy studio with professional lighting Home visits

> Contact via Stronsay Photographic Facebook page and Facebook or tel 616228 Special offers also on Stronsay Facebook page

(Indoor portrait photography is allowed in tier 3 - covid precautions to operate)

Roger at Stronsay Markets



Local seasonal soft fruit and vegetables Grown naturally without artificial fertilisers, pesticides or weed killer Cropped same day (usually) Check out Facebook "Stronsay Markets" Contact me on <u>stronsaymarkets@gmail.com</u> and I can add you to the regular list of available produce

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The Book Nook

Orcadía, Stronsay

It's a library! Borrow a book! It's a book exchange! Swap a book! It's a shop! Buy a book with a donation to the Defib Appeal!



Over 1000

fiction books!

Opening Hours Thursday to Tuesday 9am to 4pm Wednesday 12 noon to 4pm Open other times on request

Vicki 07873 982648 facebook.com/TheBookNookatStronsay

EMERGENCY NUMBERS

On the back page of every edition of the Limpet there is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

Local business adverts are free!



REDHOUSE PLANTS MARKET GARDEN



Seasonal vegetables available daily. Bedding, perennial and vegetable plants. Local honey in season according to availability. Open 09.00-17.00 Mon-Sat. Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377

BUILDING WORK

Building work carried out by time-served tradesman No job too small! Phone Paul Williams on 616443 or email <u>williams778@btinernet.com</u>

ADVERTISE YOUR EVENT!

If you are arranging an event on Stronsay then why not use the free publicity available from the Limpet and from the Visit Stronsay website <u>visitstronsay.com</u>? Just contact the Limpet's editor (contact details are at the foot of page 1)

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Local business adverts are free!



STRONSAY HOTEL

Phone 01857 616213, email cjdbuk@gmail.com

STRONSAY HOTEL AND THE VIRUS

In these challenging times we have changed the hours that we are open. We will still provide a Takeaway service and we can deliver if required. Ordering can be done via phone or email.

- Mon, Bar closed
- Tues, Bar closed
- Wed, Bar closed
- Thurs, Bar closed Takeaway 5pm.to 7pm
- Fri, <u>Bar open 5pm to 11pm (last orders 10:30pm)</u>. Takeaway 5pm to 7pm
- Sat, <u>Bar open 5pm to 11pm (last orders 10:30pm)</u>. Takeaway 5pm to 7pm
- Sun, Bar closed Takeaway 5pm to 7pm

We know this is very drastic but it is a drastic time, hopefully it will not last too long.

TAKE AWAY MENU

Homemade lasagne + chips £	25.95
	25.95
2 1	26.50
1 1	25.50
	26.50
	26.50
2 sausages + chips	
	2.80
"Stronsay beast burger" + fries	
"Stronsay cheese beast burger + fries	
Portion of chips	
	20.80
Portion of cheesey chips	
	E1.10
	21.20
Half cheesey chips $=$ minus 20p	
Cheesey chips = add $80p$	
Half chips = minus 60p	
Half rice = minus $60p$	

Local business adverts are free!

Holmsgarth Crafts



Book Pillows, Table Runners

Napkins, Face Masks,

Scrunchies,

Tote Bags,

Pencil Cases and More

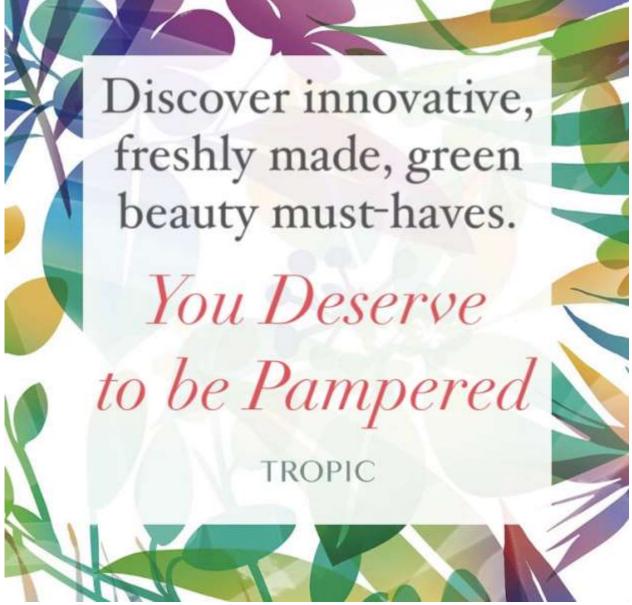
Made To Order



Contact Margaret McAnally - Holmsgarth Crafts | Facebook

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An award-winning skincare company with a purpose; to help create a healthier, greener more empowered world.

FREE Catalogue available for pick-up or drop off.

Please be in touch with Sarah Powers Richings at 01857 616495 or follow me on Instagram: @sarahmarie.tropic or on Facebook: Tropic with Sarah Marie

EMERGENCY NUMBERS

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Handcrafted Textiles and Primitive Folk Art





Come and visit Eunice's studio at... Newbigging, Stronsay, Orkney KW17 2AN

> **Open Daily** Phone - 01857 616230

Find and <u>buy</u> on Facebook @orkneywyrdweaver Email – thewyrdweaver@htinternet.com



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"NEIL'S ON WHEELS"



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service
 - MOBILE: 07723 304 260 HOME: 01857 616454



The Old Manse Bed and Breakfast Logie Easter, Kildary IV18 0NZ



Dating back to the 1780s set in a large woodland garden just off the A9 and six miles from Invergordon, the Old Ensuite Double and twin rooms Tel 01862 842357 Email <u>oldmanse.kildary@btinternet.com</u> Web <u>www.oldmansebandbkildary.co.uk</u>

<u>Local</u> business adverts are free! The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page



We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy. Reasonable prices.

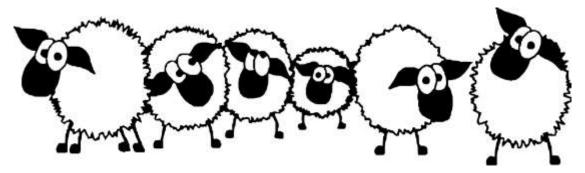
Contact Craig or Christine for more information.

EMERGENCY NUMBERS

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Local business adverts are free!

STRONSAY STITCHERS ARE BACK!



Thursday 29th July, Church Hall, 7.00-9.30pm, £2/person, bring your own refreshments. Social distancing rules to be respected.

We're an informal group meeting once a month and doing our own knitting, sewing etc.

RECYCLING CENTRE

Please could we have your aluminium cans (drink cans) as our can crusher is now working. There is a wheely bin outside the recycling centre in which they can be put.

THE LIMPET'S EMAIL LIST

The Limpet's email list is used to distribute timely information of interest to current residents of Stronsay. This list usually repeats information already available via Facebook and is for folk who do not have a Facebook account. To be added to this list or to have your name removed from this list please contact the editor of the Limpet, contact details are on the back page of this and every edition of the Limpet.

ADVERTISE YOUR EVENT!

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Mobile Library Timetable 2021

	Stronsay	
Dates	Stops and Ti	mes
18 January	Summer/Ref	ït
15 March	Council Hou	ses 9.00-10.00
11 May	School	10.15-12.00
6 July	Kirk	12.30-3.00
31 August	Fish Mart	3.15-5.30
25 October	Winter	
20 December	Council Hou	ses 8.45-9.45
	School	10.00-12.00
	Kirk	12.30-3.00
	Fish Mart	3.15-4.45

From the Stronsay Community Wellbeing Coordinator

Sarah Powers Richings sdtwellbeing@gmail.com or 616410

August Health Walks

Tuesdays- August 3, 10, 17, 24 and 31 – Let's enjoy the last of our summer weather on an hour-long walk, leaving from Wood's Yard. Hills may be involved. Everyone is welcome. Walks start @ Wood's Yard at 10am.

Watch the Stronsay Island Wellbeing Facebook Page for updates/cancellations on all walks.

Outdoor Games for Dementia

Join us for outdoor games at the Village Playpark to support Dementia Friendly Stronsay and Alzheimer Scotland. We will meet Wednesdays from 3.00-4.30 for a variety of outdoor games such as boules, garden Jenga, giant dominos and bean bag toss. All ages and abilities welcome. This is a free event, but donations will be accepted for Alzheimer Scotland and the Dementia Friendly Stronsay Project.



AUGUST DATES: August 4, 11, 18 and 25 **If you need assistance getting to the Play Park, please call the SDT office, 616410. **All relevant Covid-19 Guidelines will be followed.

Office Hours

I will be in the office and available for appointments on Mondays in August from approximately 10:00am- 12:00pm. If you have any questions about the Island Wellbeing Project, ideas about wellbeing on Stronsay or need help filling out a form, or questions about benefits, etc., please be in touch or stop by the office. I am also available via email at <u>sdtwellbeing@gmail.com</u> and messages can be left at 01857 616410.

Facebook

Follow the Stronsay Island Wellbeing Facebook Page for all updates and news regarding the Island Wellbeing Project on Stronsay.

Join the Stronsay Wellbeing Group to share motivation, information, and activities around personal and community wellbeing.

STRONSAY DEFIB APPEAL

IMPORTANT Announcement !!!

A massive thank you to everyone that has and continues to donate to the appeal your efforts have been amazing.

We would like to announce that with a contribution of £4400 from Cooke Aquaculture and the efforts of the community

We have reached and surpassed our first Target with nearly £7000 raised so far.

The online appeal will be updated this week with the new total which means we are well on track to have the defibs installed as soon as possible.

.....

The STRONSAY DEFIB APPEAL is working with the Community Heartbeat Trust to raise funds for public access defibrillators (AED) to be sited in three locations across the Island including Whitehall village, South end of the Island and Rothiesholm. This would increase the number of publicly accessible defibrillators across the island which already includes the Stronsay School and airport and will give us full coverage of the Island, decreasing the amount of time to get to a device, thus increasing the chance for survival.

Our fundraising goal is £6800, to cover purchase, maintenance and installation costs as well as providing AED/defibrillator first aid courses for interested residents.

Fundraising will be need to be ongoing in order to cover continued maintenance and quality of service beyond our initial target so please continue to donate.

You can donate online at <u>The Community Heartbeat Trust: The Stronsay Deflb Appeal</u> (<u>enthuse.com</u>). Or via one of the collection tubs at the Trust offices, Fishmart, Ebenezer and Olivebank.

ADVERTISE YOUR EVENT!

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STRONSAY DEFIB APPEAL

The STRONSAY DEFIB APPEAL is working with the Community Heartbeat Trust to raise funds for public access defibrillators (AED) to be sited in three locations across the Island including Whitehall village and Rothiesholm. This would increase the number of community available defibrillators across the island which includes the Stronsay School and airport and give full coverage, decreasing the amount of time to get to a device, thus increasing the chance for survival.

After a cardiac event for every minute that the heart is stopped the chance of survival decreases by 10%. By having an AED in key locations across the island it shortens the time it takes to get the lifesaving device to the individual and increases the chance for survival.

First Aid training is not necessary to use an AED but helps create confidence, especially when the training is with a particular AED that is available in the community . The more community members trained on island, the more who can help in the critical moments before medical personnel arrive.

Our fundraising goal is £6800, to cover purchase, maintenance and installation costs as well as providing AED/defibrillator first aid courses for interested residents. Fundraising will be ongoing and will include but not limited to, funds raised through the Ebenezer front porch, the Heart Art Exhibits and through a donation website: <u>The Community Heartbeat Trust: The Stronsay Deflb Appeal (enthuse.com)</u>.



POLICE REPORT FOR COMMUNITY COUNCILS JULY 2021

https://stronsaylimpet.co.uk/PoliceReport2021-07.pdf

MOVE ORKNEY DANCE STUDIO

We are interested in the possibility of visiting your island to deliver fun and inclusive dance workshops for all. If you would like to work with us and make a booking for your island please don't hesitate to get in contact. Please contact us for more information

moveorkney@hotmail.co.uk 07712227093







Summer dance program for the islands or Orkney

Dates 6th, 7th, 8th and 9th of august.



Workshops available Acro/gymnastics 6-14 years Adult ballet beginners 15+ Adult Pilates beginners

Commercial 9+ years

baby ballet 2-5 years ballet 6-11 years Contemporary 8+ years Jazz 8+ years



Westernings and determined in a rate framework and the second descent and the second descen

Workshops deliver by Stephanie Baird owner and principal of move Orkney dance studio Kirkwall.

MSc in dance science and Education. Diploma in dance teaching studies. RAD RTS status.

All workshops are options and only the most popular will be delivered.

> To book a workshop/S please contact Stef at moveorkney@hotmail.co.uk 07712227093

HND in professional stage dance. 15 years of teaching experience and 31 years of dance education.

NORTH ISLES

Would you like to see a little more of Stronsay's underwater world?

We are planning a day of exploring and recording marine wildlife in Stronsay this summer

Snorkel Safari (Morning)

Join Kraken Diving to explore Stronsay's coastal waters and learn to snorkel. (Unfortunately this event is only for over 15s and adult participants due to equipment sizes)

Marine wildlife recording

An afternoon recording seaweeds and other shore life with marine biologist Jenni Kakkonen, searching rocky shores and recording the seaweeds and other life we find along the way.

Marine Film evening

A showing of 8 new mini-films showing marine life in Orkney's North Isles created by Aquatera for the North Isles Landscape Partnership Scheme

Proposed date Wednesday 25th August

If you would be interested in attending any of these events, please contact Anne Bignall to register your interest by emailing **anne.bignall@orkney.gov.uk**

NORTH ISLES

Frinst





We are aiming to run a 1-day workshop in mid-late August to learn about seed collection and cultivation of Orkney's wildflowers.

If you would be interested in attending the workshop, please contact Anne Bignall to register your interest by emailing anne.bignall@orkney.gov.uk

The workshop may also lead to an on-going project growing further wildflower plug plants for selected community spaces in Stronsay.

If you're interested in being involved in this element of the project please contact Anna Bliss-Davies by emailing cdostronsay@gmail.com

CROSSROADS ORKNEY

and

Young at Heart Permories Café

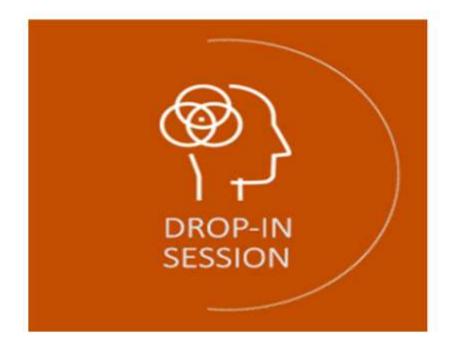
We would like to help ease the loneliness and difficulty of lockdown for Dementia sufferers and their carers at home. We have a variety of puzzles, crafts and activities which we can post or deliver. All free of charge. If you know someone who could benefit from this or wish more information please call Crossroads 870500 or Lorna Reid 781329



Stronsay Dementia Friendly digital drop-in

sessions

Starting December 16th from 11am-2pm



These drop-in sessions will be held every third Wednesday of each month from 11am-2pm

Please do not hesitate to call or email about anything regarding the project.

Email: dementiafriendlystronsay@gmail.com

Tel: 01857 616410

ADVERTISE YOUR EVENT!

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Stronsay Dementia Friendly Project Steering Group



What is a steering group?

The role of this group is to steer work being undertaken by others. Members of steering groups use their experiences, skills and knowledge of specific topics and sectors to help make strategic decisions.

Everyone and anyone is welcome!!

Your contribution and ideas would be greatly appreciated.

Meetings will be held quarterly.

For further questions and information contact Teri at dementiafriendlystronsay@gmail.com or on 01857 616410

GROUPS, CLUBS & ORGANISATIONS HANDY EMAIL ADDRESSES:

Ebenezer Stores <u>stronsaystores@gmail.com</u> Olivebank <u>m.williamson1@btconnect.com</u> Stronsay Hotel <u>cjdbuk@gmail.com</u> Fishmart café <u>fishmartcafehostel@gmail.com</u>

For telephone numbers see the back page of this edition.

OUR LADY'S CHAPEL, PIERHEAD NOW OPEN FOR PUBLIC MASSES

Our Lady's Chapel on the pier is now open for public Masses with the permission of the Bishop of Aberdeen.

Mass times are as follows:-

- Sunday & holidays: 10.30am
- Tuesday: 8.00am
- All other days: 11.20am

GOLGOTHA MONASTERY, PAPA STRONSAY DAILY STREAMING BROADCAST

There is a daily streaming broadcast from Golgotha Monastery, Papa Stronsay. <u>http://www.papastronsay.com/live</u>

The broadcast runs from 4pm - 7pm (the times shown are approximate):

- 4pm Short talk by one of the priests.
- 4:30pm Recitation of the Rosary.
- 5pm Mass.
- 6pm Further prayers and office of the day.

STRONSAY KIRK

Stronsay kirk's website: <u>http://www.orkneycommunities.co.uk/stronsaykirk</u> Stronsay kirk's Facebook page: <u>https://www.facebook.com/groups/1553904828107651</u>

COMPANIONS CLUB

An informal group for the over 50's. Meets every Monday at 2pm in the Fishmart Cafe. A chance to get out to meet other folk for a chat over a cup of tea or coffee. Contact Rona Walsh on 616352

USEFUL INFORMATION POST OFFICE OPENING TIMES etc

Monday to Saturday	8:30am—5:00pm
Sunday	Closed
Post collection times	07:30, Monday to Saturday
<u>Bank day</u>	No bank until further notice.
Island Link Officer	Fishmart office 10 to 12 on Tue, Thu & Sat. Phone 616475
SDT Office	Wood's Yard 10am - 11am Mon-Fri. Phone 616410
Sunday service at the Kirk	One-off service on Sun 30 May (see notices in this edition)
Our Lady's Chapel, pier head	Mass: Sun & holidays 11am, Tue 8am, other days 11.20am
Weekly rubbish collection	. Tuesday (bags out by 8am but <u><i>not</i></u> on the night before!)
Recycling skips nearly full?	Send email to at <u>recycling@orkney.gov.uk</u>

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Airy Fairy	616231
Castle Bird Reserve	616363
Companions Club	616352
Craftship Enterprise	
Doctor	
Ebenezer stores	616339
Electrician (Dave)	
	07917 191 797
Fish Mart	616401
Hairdresser	616337
Hall bookings	616263 or
email <u>annemaree.carte</u>	<u>r@btinternet.com</u>
Highland Fuels	
Island Link Officer	616475
Kirk secretary	616238
Limpet editor	616297
Medical emergency	
Neil's on Wheels	616454
Manse	616286
Nurses	
Olivebank	
OIC out of hours	01856 873535
Post Office	616499
Red House Plants	
Registrar	616239
School	

Silver Darlings 616412		
Star Island Soap 616281		
SDT office		
Stronsay Band		
Stronsay Hotel 616213		
Taxi		
Stranded seals, etc 616207/206/498		
Balfour hospital (24/7)01856 888000		
Electricity		
general enquiries 0800 048 3516		
lines open Mon-Fri 8am-5pm		
problems (24/7) 0800 300 999		
power cut $(24/7)$ 105		
Water problems (24/7) 0800 0778 778		
Highland Fuels 01856 873766		
Kirkwall Library 01856 873166		
Kirkwall Police (24/7) 101		
Vets:		
Flett & Carmichael . 01856 872859		
Northvet 01856 873403		
Dentists:		
Orkney Dental 01856 872030		
King Street 01856 888258		
Deyanov Dental 01856 877118		
Golgotha monastery 616210 or		
email contact@the-sons.org		
emun connactionne-sons.org		

HOW TO CONTACT THE LIMPET

Send an email to <u>editor@stronsaylimpet.co.uk</u> or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page



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