



GP & COMMUNITY NURSE ROSTER

The latest available roster for the Doctor and the Community Nurse can now be found on the Stronsay Limpet's website at <https://stronsaylimpet.co.uk/RosterGPandNurse.html>

ORKNEY FERRIES—WINTER TIMETABLE

The winter timetable for Orkney Ferries will commence on Monday 27 September

THE STRONSAY EXTREME ADVENTURE CLUB

What did Iain, Andy & Bill find when they went looking for the cave that ran from Whale Geo to Hells Mouth. See the article on page 8.

LATEST SPECIAL COLLECTION DATES

Week Commencing: 1 November 2021, 6 December 2021 and 14 February 2022.

See <https://tinyurl.com/brujwe53> for details.

ROYAL BANK OF SCOTLAND

No Royal Bank of Scotland visits until further notice. There are 2 dedicated tel numbers:
0800 051 4177 for anybody in isolation and 0800 046 6734 for all NHS staff

Both lines are open 8-8

“VISIT STRONSAY” WEBSITE

The Visit Stronsay website visitstronsay.com is back in action.

Contact details for groups & clubs listed on the website (<https://visitstronsay.com/useful-local-information/groups-clubs>) have not been updated since the onset of Covid-19. Please check club/group details and send any changes that need to be made either to info@visitstronsay.com or to editor@stronsaylimpet.co.uk.

The website's calendar <https://visitstronsay.com/events> is back in action. Check it to see forthcoming events on Stronsay. If you want to add your own event(s) to the calendar just send the information (what, where, when, etc) either to info@visitstronsay.com or to editor@stronsaylimpet.co.uk.

The next edition of the *Limpet* will be published on **Thu 28 October**. Items for inclusion in that edition should be submitted by 7pm on **Sun 24 October**. Contact details are on the back page. The Limpet's website address is <http://www.stronsaylimpet.co.uk>

ORCADES PRACTICE—STRONSAY BRANCH

In an emergency phone 01856 888000

LATEST NEWS

We are delighted to announce that a new doctor, Johnathan Cobb, will be joining the team on 25th October.

The doctor's morning surgery has returned to being by appointment, while the afternoon will still be open for on the day calls for urgent needs. Both will initially be phone calls, with an invitation to attend the surgery if an examination is needed. In an emergency you will of course be fitted in straight away.

If you require an appointment please phone 616321 as usual or email ORK.stronsay@nhs.scot. When you book your appointment Katrina will give you a time for your initial call; the doctor will call as close to that time as possible, and hopefully within about 30 minutes. This will hopefully make your day easier to plan. Please help us by bringing just one problem, so that we can help you by sticking as close as possible to time.

If you are travelling abroad and need evidence of your vaccination status, you can now use the link below to obtain it. Please be patient as records are updated, and please don't request your record if you don't need it! Thank you

<https://www.nhsinform.scot/covid19status>.

REQUESTING REPEAT PRESCRIPTIONS

- No more paper requests to be handed in.
- Please phone 616321 or email ORK.stronsay@nhs.scot to order.
- Check one week later to see if they have arrived.
- Time slots will be given for collection.

UP TO DATE CONTACT DETAILS

Please can we ask you to contact the surgery (phone 616321 or email ORK.stronsay@nhs.scot) if you have any changes to make to the information we hold. It really helps us if we have your up to date information should we need to contact you.

For example

- *Name*
- *Address*
- *Telephone number (landline)*
- *Mobile number*
- *Email address*

Thank you, Dr Rosalind Fisher and Dr Alison Lievesley

COVID VACCINATIONS

We are nearing the end of vaccinating our over 18's population. If you have previously declined but would now like to have the vaccine, or have been giving the matter further consideration and decided you would now like to be vaccinated, can you please contact the surgery to let us know, so we can order vaccines in as appropriate. We are trying to achieve a high percentage of vaccinated residents so we can have a good level of immunity within our island community.

Stromsay Surgery

STROMSAY SURGERY—USE OF 616321

This is a reminder that the surgery telephone number is only manned Monday to Friday between the hours of 9-12 and 1.30-4.30pm. Between 12.00 and 1.30pm when Katrina is at lunch there is an answerphone service and calls won't be put through to Balfour so, please avoid phoning at lunchtime. If it is an urgent matter, please dial 01856 888000 and ask them to page the Stromsay GP (or nurse if more appropriate). Outside these hours the calls are automatically transferred through to Balfour Hospital switchboard.

Thank you,
Stromsay Surgery

NHS ORKNEY **FUTURE OF GP, COMMUNITY AND HOSPITAL SERVICE** **IN ORKNEY**

Let NHS Orkney know what you want for the future of the GP, community and hospital service in Orkney. Your responses will be used to inform a new clinical strategy for NHS Orkney.

The survey will be open until Monday 11 October 2021. It takes about 5 minutes to complete, thank you for taking the time.

Link to the survey <https://forms.office.com/r/WN188TQ7tS>.

ADVERTISE YOUR EVENT!

If you are arranging an event on Stromsay then why not use the free publicity available from the Limpet and from the Visit Stromsay website visitstromsay.com? Just contact the Limpet's editor (contact details are on the back page)

Seas of the North Isles: Prehistoric Seafaring and Early Colonisation

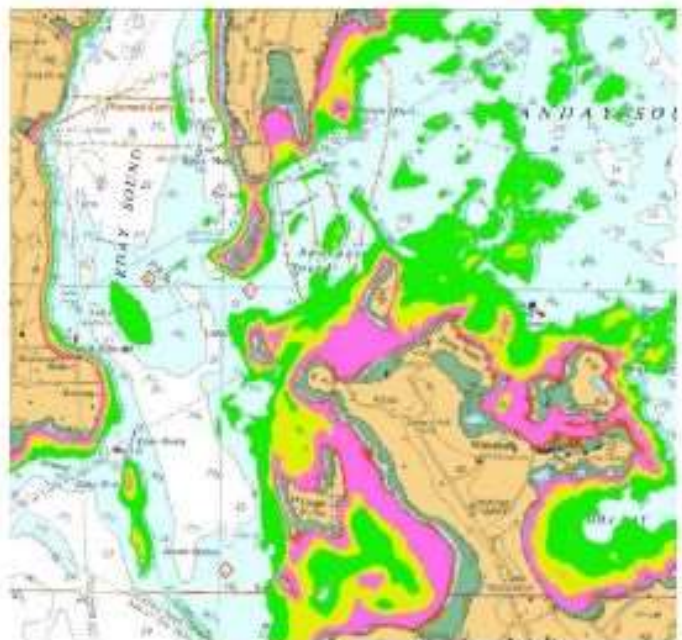
Talk Wednesday 13th October at 7:00pm in the Community Hall

Learn about the changes in landscape during prehistoric times and the islands that early colonisers would have found. Look at prehistoric watercraft and how people may have travelled here millennia ago. We will also look at some of the earliest known sites in the North Isles to paint a picture of what life was like for Orkney's earliest residents.

Workshop Thursday 14th October at 9:30am in the Meeting room at Community Hall

Take a closer look at your island and its changes over the past 10,000 years. This half day workshop will include some indoor learning and discussion followed by a site visit to put our knowledge into practice.

Everyone welcome!



For more information or if you would like to register for an event, please email n.bain@wessexarch.co.uk or call 0330 313 3568



Working together for a Safer Scotland



SCOTTISH
FIRE AND RESCUE SERVICE
Working together for a safer Scotland

Fire Alarms in Scottish Homes

Because of different standards for fire alarms in different types of home, legislation was introduced in January 2019 which aimed to ensure that everyone in Scotland has the same level of protection whether they own or rent their home.

How many alarms are required to meet the standard?

The standard requires:

- One smoke alarm installed in the room most frequently used for general daytime living purposes
- One smoke alarm in every circulation space on each storey, such as hallways and landings
- One heat alarm installed in every kitchen

All alarms should be ceiling mounted and interlinked. Where there is a carbon-fuelled appliance (such as boilers, fires (including open fires) and heaters) or a flue, a carbon monoxide detector is also required which does not need to be linked to the fire alarms.

What types of housing will be covered by the new standard?

All homes will be covered by the new standard, as it is important that all homes should be safe for occupants regardless of tenure. It will be the property owner's responsibility to meet the new standard, however, the legal duty to enforce the standard rests with local authorities. Where owners are unable to meet the standard, it is not a criminal offence.

How long do I have to comply?

The regulations were due to come into force in February 2021, however, in light of difficulties caused by COVID-19, the Scottish Government sought and the Scottish Parliament agreed to delay the implementation of this legislation for a period of 12 months to February 2022.

However, installing alarms at the earliest opportunity, will provide improved fire safety in your home.

TYPES OF ALARMS REQUIRED

I already have smoke alarms fitted in my home but they are not interlinked – do I need to change these to interlinked ones?

Yes – the requirement is to have all smoke and heat alarms interlinked. You may not hear the alarm closest to the fire but, by having an interlinked system, you will be alerted immediately.

Are the requirements different for people who need specialist alarms?

The legislation applies to all homes which must meet the minimum standard and, where specialist equipment is needed, this should be installed in addition to the equipment installed to meet the standard (e.g. for deaf people or telecare/community alarms).

Types of alarms available

There are two types of alarms that comply with the new standard:

- i. Tamper proof long-life lithium battery alarms, which can be fitted by householders themselves or;
- ii. Mains-wired alarms, which are cheaper than tamper proof long-life battery alarms, but should be installed by a qualified electrician in accordance with BS7671.

Both types of alarm can be interlinked by radio frequency.

Mains-wired alarms, however, are required to be installed by an electrician which will be an additional cost to homeowners. Any re-decoration to walls and/or ceilings should be taken into consideration. You may also need a building warrant if you live in a flat.

Further detailed information on the requirements of the standard, including the types of alarms, is set out in the *Tolerable Standard Guidance Chapters 16 and 17*.

How do I choose which alarms are best for me?

First choose whether you want battery powered alarms which you can fit yourself (or can be fitted by a handy person if you don't feel confident) or hard-wired alarms that require to be fitted by an electrician.

If you choose battery alarms, they must be tamper proof long-life lithium battery powered and must be capable of being interlinked. The carbon monoxide alarm must have a sealed battery for the duration of its operational lifespan, which may be up to 10 years. If you are using an electrician to install alarms, you can also seek their advice on what alarms to buy as some may include alarms as part of their service.

Once you have chosen which system to install, choose a reputable brand, make sure the packaging clearly displays compliance with **BS EN14604:2005** for smoke alarms and **BS 5446-2:2003** for heat alarms. Carbon monoxide alarms should have the **British Kitemark (EN 50291-1)**

Please note: the Nest Protect System will not meet the standard. This is because they do **not** meet the requirements for a heat alarm under the relevant British Standard. British Standard (BS 5839-6:2019) makes it clear that only heat alarms should be installed in kitchens.

Will it be necessary for tenements to have linked alarms between individual residences?

In a shared property such as a tenement or block of flats there is no requirement for different properties to be linked to each other. There is no requirement for alarms to be fitted in communal areas such as entry halls and stairways.

I have asbestos in my ceiling – can I still have alarms installed?

You may wish to seek specialist advice but it is possible to install interlinked, tamper proof long-life lithium battery alarms to ceilings with asbestos using a firm adhesive and as such would not require any disturbance to the ceiling. In any case where it is not possible to mount a ceiling alarm due to asbestos concerns, battery-operated alarms that meet the manufacturer's requirement and can be wall mounted may be used.

COSTS OF ALARMS AND FINANCIAL ASSISTANCE

I own my home – who will pay for these alarms?

Any costs will be the responsibility of home owners and landlords. The cost of the alarms will vary according to what you currently have in place and the alarms you choose to install. It is estimated that the cost for an average three-bedroom house which requires three smoke alarms, one heat alarm and one carbon monoxide detector will be around £220. This is based on using the tamper-proof battery type of alarms that you can install by yourself without the need for an electrician.

Will there be any financial assistance provided to pensioners and disabled people to help meet the costs of alarm installations?

As a general principle, home owners are responsible for the costs of on-going work needed to protect and preserve their own property. As with other housing standards, it will be the responsibility of the homeowner to meet the new fire and carbon monoxide alarm standard. Local authorities have broad discretionary powers to provide advice and assistance to home owners with work needed to look after their homes.

I am a tenant of the local authority or a housing association, when will my home have these alarms?

Social landlords (local authority and housing association landlords) are aware of the new standard and have been working to ensure that the new alarms are in place, where needed. The standard will be monitored by the Scottish Housing Regulator, who may intervene as they deem appropriate for any non-compliance.

I have shared ownership of my home with a housing association. I have been told that I am responsible for making sure that my house complies with the standard, is this correct?

For shared ownership properties, as with other condition standards, responsibilities are set out in the occupancy agreement. However, in general, it is your responsibility as the proportion owner, rather than the registered social landlord, to meet the new fire alarm standard.

I am a tenant in a privately rented property – how do I make sure my landlord complies?

As the new standards for fire alarms extend those which currently apply in the Private Rented Sector to housing of all tenures, your landlord should already be complying. The standard is enforced by the right of tenants to apply to the *First-tier Tribunal for Scotland (Housing and Property Chamber)*, so if you believe that your landlord is failing to comply, you can apply to the First-tier Tribunal. Penalties for non-compliance would be determined by the Tribunal.

COMPLIANCE WITH THE NEW STANDARD

How will local authorities check that home owners comply?

Most home owners want to make their homes as safe as possible. As this will be a minimum standard for safe houses, local authorities could use their statutory powers to require owners to carry out work on substandard housing, although we would expect any intervention to be proportionate.

HOUSEHOLD INSURANCE

How will the new regulations impact my household insurance policy?

Different home insurance policies provided by different insurers will have varying terms and conditions which a homeowner must comply with in order for their home insurance to be valid. Anyone who is unclear about the terms and conditions of their specific policy in relation to the fire alarm requirements should get in touch with their home insurer in the first instance, to check whether the new requirements will be specifically included in their policy or not.

BUILDING REGULATIONS REQUIREMENTS

I am having an extension added to my home – and need to meet building regulations. What types of alarms can I install?

While building regulations recommend mains operated devices with battery back-up for building work in certain circumstances, tamper proof long-life lithium battery operated devices may be the preferred option for home owners. The building standards system gives the local authority verifier a degree of flexibility when applying the building regulations to alterations, extensions and conversions. They can consider that a sealed long-life battery-operated system that is interlinked via radio frequency can provide an equal or in some cases, higher level of protection than is required through Building Regulations.

Is a building warrant required for the installation of fire and CO alarms?

If you are only installing battery operated alarms a building warrant is not required. If you install a mains-powered system rather than sealed battery alarms, this may require a building warrant to be obtained from your local authority verifier before any work starts. More information on the building standards system and how to obtain a building warrant can be found in the *Building Standards Customer Journey*. If you are in any doubt contact your *local authority building standards service*.

MARKETING MATERIAL FROM COMMERCIAL ENTERPRISES

I have received a leaflet from a business about the fire alarm standard telling me that I need to buy an alarm from them, do I have to do this?

You should make sure that your home meets the new standard for fire alarms, but should always think about which tradespeople you pay to do work on your home, you can choose who you use, and you should always use reputable businesses. If in any doubt seek advice from your local authority trading standards team. Local Care and Repair teams can also provide advice for older and disabled home owners. The Scottish Government does not endorse any particular suppliers, products or services.

Further information on the requirements of the new standard, and how to meet it, is available from the Scottish Government;

gov.scot/publications/fire-and-smoke-alarms-in-scottish-homes

For information on the new detector standard that will be introduced in Scotland from February 2022, open the camera and fit the following QR code onto the screen. A link to the Scottish Government information will pop up on the screen.

If you cannot scan the QR image then use this URL:
<https://www.gov.scot/news/changes-to-fire-safety-laws>



STRONSAY **Know Your History!**

Stronsay surprisingly lacks a full scale history. Hopefully the Heritage Committee will gather the key sources for study. I would like to recommend (from OIC Public Library van ref: 336 Y)

THE ORKNEY POLL TAXES OF THE 1690s

Only 96 pages with half of that being appendices. An exceptional amount of research here, with much detail on nearly all Orkney parishes and comparative analysis. For Stronsay:

- Named listing of householders (nearly all male), marital status, numbers of tenants to lairds, numbers of servants, numbers of children, all with gender.
- Place names – I noticed at least 20 properties still in use.
- Appendix C (page 45) gives estimates for population .but this combines Eday with Stronsay from 1627 to 1801 when first official UK Census held.
- Stronsay population in 1693 (Table 18 page 33) is given as 708 (104 households, 142 named persons, 291 pollable persons – the approx 24% poor were excluded.
- Several servants in Stronsay were head of households, thus not living in at their employer's home.
- Family structure, rents, occupations etc. data is also tabulated.

Leo Martini-Brown
lmartinibrown@yahoo.co.uk

LAMB HEAD SEA CAVE

Stronsay legend says that a sea cave exists below Lamb Head. Locals say the cave runs from Whale Geo to Hells Mouth. The Ordnance Survey map shows a cave on the Lamb Bay side of the Head. An article in the August 2017 edition of the Limpet makes mention of a kayak trip through the cave by Peter Hall. No written records of swimming through the cave could be found.

After a recent swim under the Vat of Kirbister Andy Whiteman and Bill Hodgson started discussing their next adventure. The informal Stronsay Extreme Adventure Club was formed with a motto of "Let's Do It". The reality was that two old men who should have known better had a cunning plan. Andy mentioned the local knowledge of the cave and the Limpet article.



From left to right: Bill, Andy and Iain aka The Stronsay Extreme Adventure Club

On Saturday 4 September 2021 the Club had grown to three members with the addition of Iain Johnston, who had been talked into this adventure by Andy and Bill. At 1pm the trio walked out to Lamb Head carrying their equipment. The plan was to arrive at low tide and the weather was favourable. The group had decided to enter the water at Whale Geo and locate the cave. Whale Geo so named because a whale was reported to have been stranded there a number of years ago. Lamb Head is a special place with a long history of human habitation including a number of cairns and the broch. We wondered if the ancient inhabitants knew of the cave and swam through it. After getting changed into our wetsuits and checking our lights, goggles and cameras we walked the short distance to Whale Geo. We scrambled down the rocks and entered the deep water of the Geo. We were joined by a number of Shags who had been watching our every move from the surrounding cliffs. From here we could see what appeared to be a cave entrance at the far end of the Geo. Though deep the water was crystal clear and we could see a forest of kelp, small jellyfish, sea urchins and numerous small fish. The colours were just amazing. We chatted a giggled like little kids.

(continued on next page)



As we arrived at the cave entrance we could see in about 50m then it just went dark. We were able to swim in with the water varying in depth. It was obvious from the limpets on the cave wall that at high tide the cave would be filled with water so our low tide choice was wise. As we turned the first corner the head torches were required as all daylight had vanished. The rocks were smooth and colours just beautiful. Stalactites could be seen hanging from the cave roof. We could hear the gloop of the water ahead and thought we could hear the open sea beyond. Iain took the lead at this point as Bill and Andy were just messing around. Suddenly Iain shouted I can see light. Bill and Andy stopped messing around and joined Iain. We swam together towards the light and as we approached the cave exit could see Selkies bobbing around the entrance curious at our presence. We had found the cave running below Lamb Head. The exit brought us out into Lamb Bay and only 50m from where we had left our gear.



Cave Entrance Whale Geo.

(continued on next page)



Underwater world



Swimming with Selkies



Cave exit Lamb Bay

This was a truly incredible experience. The water here is crystal clear and teeming with life. The history of this place makes one think about who lived here in the past and did they experience what we had just undertaken.

From a risk perspective we planned this trip in advance and at every point assessed what we were doing. This should only be tackled in calm conditions and by confident, strong swimmers. The water especially in the Geo is very deep and cold. Also be aware that this is on private land and respect must be given to the livestock and property.

We are already planning our next adventure on this very special island.

Iain, Andy and Bill (AKA The Stronsay Extreme Adventure Club)

(YouTube video of the event, edited by Andy—<https://youtu.be/NCYtSJJaDEA>)

Editor: I understand that Mike & Sheila Burger's grandson, Peter, navigated the cave in Kirst Teale's kayak a few years ago

LATEST BIRD SIGHTINGS

With so little wind from an easterly quarter, virtually all of the unusual/interesting sightings have been surprises. Just how bird-watching should be!

The biggest surprise has been the number of 'birds of prey' – Hen Harrier daily (at least 4 individuals - including males) at least 3 Kestrels, and a few sightings of Sparrowhawk, Merlin and Peregrine. The most interesting 'small bird' sightings have been: a Grasshopper Warbler flying across the road at Matpow on 24th August (Donald Omond) - just the second island record of the species; a (Common) Rosefinch at Samsonslane on 12th Sept -(also DO); a Redwing seen by daughter Hazel along the Airy Road around the same time, and a Tree Pipit in the Reserve drive on 15th. There have been several sightings of Short-eared Owl (see photo).

The Bu Loch was totally dry for much of late summer but as water built up in the second half of September, birds began to congregate there – mostly gulls, Curlew and Lapwing, but also a large flock of over 30 Sandwich Terns – more than have been seen here for many years. The 'waders' too returned in good numbers – mainly Curlew, Lapwing and Bar-tailed Godwit. A flock of 400 or so Golden Plover had built up in the pastureland but were hard to locate, and a few Knot were seen at the Bu Loch. Parties of Snipe were also seen 'flying in' - perhaps migrants from Iceland? Wigeon were arriving from their breeding grounds further north, and the first Whooper Swans (Winter visitors here from Iceland) arrived on 24th – 10 at Matpow and 15 or so on the Lea Shun Loch later in the day.

Skylarks began re-appearing in mid-month and there were encouraging signs that Twite had bred on the island again. Most of the interesting sightings were of migrants as usual but there was a dearth of sightings throughout the last month or so – just 2-3 Willow Warblers and Blackcaps, and 2 Garden Warblers. A Spotted Flycatcher was a real surprise in the Castle garden on 21st September but it did not stay long! Just a single Stonechat has been recorded so far this Autumn (see photo) – at the new 'workings' at Bomasty Bay. Stonechats are attracted to what might be called 'earthworks', following the earth-moving machines around and gobbling up the exposed worms etc. They can become quite tame and odd birds over-winter here some years.

There were the usual sightings of 'Greenland' Wheatears along the roads throughout September (see photo), including what appeared to be a 'family' party of 5 in the Airy Rd. A few Chaffinches were recorded after mid-month, and as usual several were recorded in the cultivated land at Samsonslane, but there was a big surprise as we drove past the workings at the new 'Water Works' near 'Iona' when a flock of over 200 Linnets flew up from the disturbed ground there. – most probably all 'local' birds attracted to the 'weed-seeds' of the new, low vegetation. Pied Wagtails arrived in good numbers during the month – almost all around the roads, their preferred feeding habitat here during Autumn migration in particular.

More signs of Autumn appeared on 22nd when flocks of 90 and 30 or so Pink-footed Geese were seen coming in high from the North-West and flying on towards the Scottish Mainland. (DO reported that big numbers were seen flying south over Caithness that day). A flock of 40 or so flew south over Mill Bay on 23rd.

(continued on next page)

Many of the local breeding Swallows and Sand Martins had left the island by the 20th – a sign that winter is on the way. 6 Herons were at the Bu Loch on 24th and a rather dark) Robin has recently taken up residence in the Castle garden. It will be interesting to see if it can avoid the marauding ‘birds of prey’ - Merlin and Sparrowhawk – during the coming months.

Latest: A Ring Ouzel briefly at Lower Samson’s (DO) on 26th Sept. |

Thanks once again for all the calls. John Holloway.

(All photos taken from inside the car!)



Short-eared Owl by the roadside near ‘Roadside’



Stonechat near the shore-line at ‘Bomasty Bay’



Wheatear in the Reserve drive – ‘washed-out’ looking in the bright sunlight.

Stephen Clackson's Letter from School Place ("blended" from West Manse)
*Keeping the folk of the North Isles ward informed
with Orkney's only councillor newsletter*

Early in September, Orkney passed its 200th confirmed Covid case. This means that nearly 1% of the Orkney population has been infected (compared with about 8% for all Scotland and 10% for the UK as a whole). This is no time to be complacent!

Image removed



for copyright
reasons

It was heartening to hear a suggestion (BBC Radio Orkney, 25th August) from Iain Stewart MP, the (UK) Parliamentary Under-Secretary of State for Scotland, that, through its "Union Connectivity Review", the UK Govt could potentially provide finance towards replacing Orkney Ferries' ageing fleet. Let's see if the UK Govt will support us where the Scot Govt has rejected us.

A review is being undertaken, as promised, on the revised Orkney Ferries fare structure. An online feedback form can be found at: <https://www.smartsurvey.co.uk/s/TQEKCO/> or a paper copy can be requested by sending an e-mail to: transport@orkney.gov.uk or by phoning 01856-873535 ext 3637. A modification I am asking for is for the fares to be rounded to the nearest 10p. The deadline for responses is very soon, the 30th September!

We had an update on the Scapa Deep Water Quay and Hatston projects—which I still consider speculative, and risky, vanity projects, certainly for as long as the refurbishment of our life-line inter-island ferry harbour infrastructure remains neglected.

As a step back to normality, some Council meetings have become "blended". This means some councillors are assembled in the Chamber at School Place, while others continue to participate by "Teams". I don't find it all that satisfactory, because it somewhat sidelines those not actually present in the room (the same as I've argued in the past about video conferencing).

Some community councils meetings have also been "blended". Sanday and Papay were the first, but, unfortunately, with Papay's, the sound quality coming from St Ann's Community Room was so poor I had trouble following the meeting. Purely "Teams" community council meetings I have attended this month are those of Stronsay (with a presentation by Michelle Koster from Warmworks), and North Ronaldsay.

Congratulations to North Ronaldsay on achieving *Dark Skies Status*. It's taken a long time, considering I wrote a letter to Dr John Barentine at the International Dark-Sky Association supporting their application back on 21st February 2017.

(continued on next page)

I attended a meeting of Westray School Parent Council through an awful connection via Vscene. (My connection kept cutting out, so I missed a great deal of it.) I shall be attending the forthcoming Stronsay School Parent council meeting in person.

At the Education, Leisure & Housing Committee meeting, my amendment to refer the decision on the future of The Grind to Eday Community Council won. I felt it important that the Eday community (through their elected reps) make such a decision.

At a Special General Meeting, I managed to prevent OIC's share of funding from the Scottish Crown Estate marine assets being plundered to pay for an access roadway across Bignold Park in Kirkwall. As this money is distributed to local authorities based on their share of coastline, I reiterated my conviction that Orkney's share be distributed among our council wards in the same way, in which case the North Isles Ward would be entitled to 48% of it! (See my *Letter*, issue 90 – July 2020.) Consequently, at the Policy & Resources Committee meeting, I was delighted and more than happy to be able to support Crown Estate money being deployed to assist funding the creation of the new Wyre Community & Heritage Centre.

Other meetings I have “been to” (virtually) this month include those of the Air Services Consultative Forum; Ferry Services Consultative Forum; two (“blended”) confidential members’ meetings with the Chief Executive; Orkney Health & Care Cttee; a seminar on Scottish Flood Forum support for OIC; Dounreay Stakeholder Group; and Monitoring & Audit Committee.

We recently found in a charity shop “Mma Ramotswe’s Cookbook — Nourishment for the traditionally built”. How reassuring to find a recipe book that caters to one’s own constitution. What is more, the recipes are given in the traditional Imperial units of measurement (and not in those unsuitably small metric measurements, which re better suited to chemistry than to cookery). This is very appropriate, given that, as the Bechuanaland Protectorate, Botswana, from where these recipes originate, was part of the British Empire.

Tsamaya sentle!



Cllr Dr Stephen Clackson,
West Manse, Sanday
stephen.clackson@orkney.gov.uk



You can download *Letter from School Place* from lfsp.pbworks.com

Struggling to heat your home?

You may be eligible for an energy saving improvement grant to cut fuel bills and make your home warmer.



Come along to our Open Day on Wednesday 29th September at The Community Hall. Short presentations will be held at 1.30pm, 4pm and 7pm, or you can just pop in for a chat.

Find out how we can help. Contact Warmworks on **01856 881513** or visit **The Store, 5 West Tankerness Lane, Kirkwall**

Grants funded by EES: ABS (Orkney)
Scheme delivered by Warmworks Scotland and Orkney Islands Council



Records of a Bygone Age
Donald Horne Learmonth of Housebay

As recorded in an earlier article in the 'Limpet', the Learmonth's were involved in farming at Housebay for nigh on fifty years, a time that had seen the farm brought up from a run-down unit in the throes of bankruptcy to become one of the best farms in Orkney. This involvement ended when Donald Horne Learmonth, in partnership with his mother Catherine, found themselves in financial difficulty meaning that, in November 1892, they had to sell all their stock, implements and sundries at Housebay to try to meet their commitments. The farm itself was rented, and they also had to give up the lease on it.

Following the sale at Housebay Donald, along with his wife Roseanna and their four children rented and moved to Gaitnip Farm near Kirkwall for a time, then relocated to Aberdeenshire where his occupation was given as a 'cattle dealer'. Among a number of documents belonging to DH Learmonth and deposited in the Orkney Library archives is a well-worn map depicting the gold fields of South Africa, but whether Donald had visions of making his fortune digging for gold, whether he planned to resume a farming career there or had another career planned is unclear. What is known is that he felt drawn to South Africa to start a new life, with his wife and family to follow him there as soon as he became established. Sadly, this wasn't to be, as tragedy struck before his family could join him, as reported in the Orkney Herald of 6th April 1904:

Fatal drowning accident in the Transvaal
Death of Mr D.H. Learmonth

Details have now been received of the death by drowning in the Transvaal on March 10th of Mr D.H. Learmonth, sometime tenant of Housebay, Stronsay and afterwards of Gaitnip, by Kirkwall. The Pretoria News of March 12th says:-

A fatal drowning accident occurred at Magalies River on Thursday afternoon, March 10th, whereby Mr D.H. Learmonth, late inspector of donkey transport, lost his life. He was driving in a cart with two horses, and shortly after 1 o'clock in the afternoon, whilst on his way back from Commando Nek, essayed to cross a drift in the river just at the place where the stream flows over the main road from Rustenburg. The river was in flood at the time, being much swollen by heavy rains and the drift was dangerous. The boy who was driving advised him not to cross, but he anticipated no danger and bid the drivers proceed. It is said that, just as he reached the centre of the stream, a great wall of water was observed coming down, and seeing this, an attempt was made to turn. The horses faced the water, but could not move the cart quickly enough. The water caught the vehicle and overturned it. The whole team was carried down the river. The boy managed to get safely to the bank, but Mr Learmonth was swept away and drowned. From the S.A.C. post at Reitfontein, Corporal Harrison and Trooper Brooks proceeded to make enquiries on receipt of information and, searching along the bank of the river, discovered the cart. Further down the bodies of the horses were found lying on their sides on a mud-bank left by the receding stream.

(continued on next page)

The body of Mr Learmonth has not yet been recovered, but as the strait is still very much flooded and the banks are steep and difficult of negotiation, it is probable that it will not be found until the water recedes, it being most likely caught on an obstruction and held there. It is not known what friends Mr Learmonth had in South Africa, but it is generally understood that he has family connections in Scotland. Those knowing anything of his family, if they would leave particulars at the office of the Resident Magistrate, Pretorius State, would confer a favour on those who are anxious to make the occurrence of the death of Mr Learmonth public. The boy Angus Conkie, who drove Mr Learmonth, came into town this morning and stated to Mr Rose Innes how the affair occurred. When they got to the Magalies River, just near its junction with the Crocodile, they tested the drift and found it to be very deep. There were three men there who had attempted to cross but could not, and they advised Mr Learmonth not to try it. It was too much swollen to admit of them doing so. They outspanned and waited. After a while two others came up on bikes, who said they thought it could be crossed. The boy Isaac essayed to cross, but found that the water was up to his middle and the current was very strong. About 2 o'clock Mr Learmonth decided to inspan and try it. They did so, with the result that they were swept away. One of the men on the bank called out to Isaac to help his master, as he was being carried away. Isaac turned to help him, and managed to reach where he was struggling. Learmonth caught the boy by the shoulder from the back and supported himself for a while, but suddenly he let go, and was carried away by the current.



Donald and Roseanna had eight children, the oldest of whom would have been aged 18 and the youngest aged 5 at the time of Donald's death. His widow Roseanna (nee Houston) stayed on in Aberdeen for a time, renting out lodgings and apartments there until at least 1910. Some time after this, she moved to Ontario, Canada to live with some of her family, where she died on 7th June 1943. A memorial to Donald, Roseanna and some of their children stands in Greenwood Cemetery in Georgetown, Ontario.

Ian Cooper
September 2021

Old Stronsay photos and memories

The North Isles Landscape Partnership in conjunction with partner organisations and Stronsay Heritage Centre are trying to put together an interactive display about Stronsay's history and heritage which, when finished, we hope will be displayed for all to see in the Heritage Centre.

As part of this project we're trying to gather together a collection of old photos, some of which will be part of the interactive display and others which would be put on display in photo albums in the Centre.

Do you have any photos of people, places, events or anything else with a direct Stronsay connection we could borrow and copy? They would be copied and returned within a few days or, if you prefer, could be copied in your own home. These photos don't necessarily need to be particularly old as long as they are of local interest – Sports days, Gala days, visiting ships, presentations, folk, vehicles, houses – pretty much anything!

We are also looking for folk who would be prepared to speak a little about some of the photos – something you took part in, something you saw, tales the 'owld folk' told you – again pretty much anything of local interest that could be recorded before it is lost. This isn't age-related either! We would welcome young and old to take part in this and help the project along.

If you would be willing to share some of your photos or share some of your memories then please call along Steenysheed, phone 616322 or email ian.cooper56@gmail.com

Ian Cooper

Older photos are great, but newer ones would also be of interest now and in years to come. Below are two older photos and also a couple of comparatively recent ones, the sort of things that would be great to get copied!



FOR SALE, WANTED, THANK YOU, etc

HELLO TO STRONSAY!

I'm looking for the possibility to either buy a traditional stone built bungalow - with or without outbuildings

OR

To rent somewhere to live until a property becomes available. I'm not too picky a caravan, small house, room (with access to kitchen and bathroom) or may even consider a boot! Hey joke, unfortunately wouldn't fit into a boot! Maybe long or short term, would be grateful if someone on the great island of Stronsay could please possibly help!

Look forward to hearing from anyone, who may have any of the above - (or may know someone who might).

Contact Paul on mobile 07802 426992 or email pauwat1@gmail.com.

VAN AVAILABLE FOR CHARITY WORK

The Pomona Prefect logo peedie red van is available for charity work on the island if anyone needs a man and a van and wants to help the island reach the target. Saturdays service and cost for this is suggested as £10 per hour min donation for half hour units. All to the Stronsay Defib fund. No live animals, persons transported or dirty, sloppy stuff carried. Limited load and not a taxi service. This is a temporary thing to raise money and not a challenge to any services on the island. Call Don and Julie for all taxi work and Jim Holland for freight!

Also, If anyone needs their car karcher jet washed and vaccuming and then can do at Ellerslie as you pass for a donation to same Defib Fund. Cost is £10 per basic body wash and wheels rinsed and boot/inside vacced. Limited to cars. No monster trucks, panel vans, lorries or camper vans sorry.

This charity service will be hopefully available until there are enough defib machines in position with the people trained to cover us all 24/7. Availability is limited to Saturdays.

Any questions and to book give me a call.

Nicandro J. Porcelli, Ellerslie. Telephone or text to - 07732 276046

Items on this page are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

FOR SALE, WANTED, THANK YOU, etc

BUILDING PLOTS FOR SALE

2 Building plots, Whitehall Village, Stronsay, Orkney

£35K each. Planning in principle for 2/3 bed bungalow plus 2 parking spaces. Electricity and water supplies are on site.

The plots are behind the village street making a secluded location but within easy walking distance of the shop, ferry, cafe and hotel.

The tried and tested practice on the Orkney isles for building is to buy a house kit and either have it erected by the supplier or our island contractor Castlehill Construction (who can also do the ground works)

For information about Stronsay, our lifestyle, its good school and other facilities please visit www.visitstronsay.com

For further information about the sites please contact

- Sharon at Orkney Property Centre, Kirkwall on 01856 877866 or
- Dianne & Paul on 07785111126 or
- email drileymoore@hotmail.com

Planning ref: 18/038/PIP on Orkney Islands Council planning web site



Items on this page are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES

REDHOUSE PLANTS MARKET GARDEN



Seasonal vegetables available daily. Bedding, perennial and vegetable plants.

Local honey in season according to availability.

Open 09.00-17.00 Mon-Sat.

Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377

BUILDING WORK

Building work carried out by time-served tradesman

No job too small!

Phone Paul Williams on 616443 or email williams778@btinternet.com

STRONSAY WASTE MATTERS

Saturday Special—Bulk Offer on Cardboard Briquettes

“Buy One, Get One ½ Price” on all cardboard briquettes will be running from now until the end of October!

30kg boxes are £10, or two for £15! 10kg sacks are £3.50, or two for £5.25! Usual 50p discount for hessian sack return also applies

Also introducing our Halloween Spooktacular Deal.

Keep your eyes peeled for the 'Witch's Broomstick' hidden inside a box or sack of briquettes; if found, you can claim 1 free box or 3 free sacks of cardboard briquettes!

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page

Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES



Marion Miller Jewellery

Unique Jewellery inspired by the sea and shore.
Designed and handmade on the island of Stronsay, Orkney

www.marionmillerjewellery.com

Tel 07919550943 E-mail marionmillerjewellery@gmail.com



Local business adverts are free!
The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES



Traditionally hand-crafted in Stronsay—soaps, solid shampoo bars, conditioner bars and balms. Hand-spun and hand-dyed yarns from Orkney fleeces, woven throws, wall-hangings and more.

Orkney Star Island Soap, Isles View, Stronsay, Orkney, KW17 2AG.

Tel: (+44) 01857 616 281

Email: info@orkneystarilandsoap.co.uk

Web: <http://www.orkneystarilandsoap.co.uk>

Facebook: <https://www.facebook.com/orkney.star.island.soap>

**PATRICK
McGRATH
LTD**



**Gas Safe Registered Engineer
Plumber**

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- Landlords gas safety checks
- Bathroom fitting
- Bathroom supply
- General heatings
- All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Call Patrick on **07933 488283**

Email: patrickmcgrathltd@gmail.com



Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES

Roger at Stronsay Photographic

Available for:

Portraits - groups and individuals

ID photographs - printing on site

Tuition

Special commissions

Cozy studio with professional lighting

Home visits



Contact via Stronsay Photographic Facebook page and Facebook or tel 616228

Special offers also on Stronsay Facebook page

(Indoor portrait photography is allowed in tier 3 - covid precautions to operate)

Roger at Stronsay Markets



Local seasonal soft fruit and vegetables

Grown naturally without artificial fertilisers, pesticides or weed killer

Cropped same day (usually)

Check out Facebook "Stronsay Markets"

Contact me on stronsaymarkets@gmail.com and I can add you to the regular list of available produce

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES

The Book Nook

Orcadia, Stronsay

It's a library! Borrow a book!
It's a book exchange! Swap a book!
It's a shop! Buy a book with a donation!



Over
1000



fiction books!

Opening Hours

Thursday to Tuesday 9am to 4pm

Wednesday 12 noon to 4pm

Open other times on request

Vicki 07873 982648

[facebook.com/TheBookNookatStronsay](https://www.facebook.com/TheBookNookatStronsay)



EMERGENCY NUMBERS

On the back page of every edition of the *Limpet* there is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES

STRONSAY HOTEL

Phone 01857 616213, email cjdbuk@gmail.com

STRONSAY HOTEL AND THE VIRUS

In these challenging times we have changed the hours that we are open. We will still provide a Takeaway service and we can deliver if required. Ordering can be done via phone or email.

- Mon, Bar closed
- Tues, Bar closed
- Wed, Bar closed
- Thurs, Bar closed Takeaway 5pm.to 7pm
- Fri, **Bar open** 5pm to 11pm (last orders 10:30pm). Takeaway 5pm to 7pm
- Sat, **Bar open** 5pm to 11pm (last orders 10:30pm). Takeaway 5pm to 7pm
- Sun, Bar closed Takeaway 5pm to 7pm

We know this is very drastic but it is a drastic time, hopefully it will not last too long.

TAKE AWAY MENU

Homemade lasagne + chips	£5.95
Homemade chicken curry + rice or chips . .	£5.95
Homemade chicken & bacon pie + chips . .	£6.50
Breaded haddock + chips.	£5.50
Battered haddock +chips	£6.50
Breaded wholetail scampi + chips	£6.50
2 sausages + chips	£3.00
2 fish fingers + chips	£2.80
“Stronsay beast burger” + fries	£4.50
“Stronsay cheese beast burger + fries	£5.00
Portion of chips	£1.30
Half portion of chips	£0.80
Portion of cheesy chips	£2.10
Half portion of cheesy chips	£1.10
Portion of onion rings	£1.20
Half cheesy chips = minus 20p	
Cheesy chips = add 80p	
Half chips = minus 60p	
Half rice = minus 60p	

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES

Holmsgarth Crafts



Book Pillows, Table Runners

Napkins, Face Masks,

Scrunchies,

Tote Bags,

Pencil Cases and More

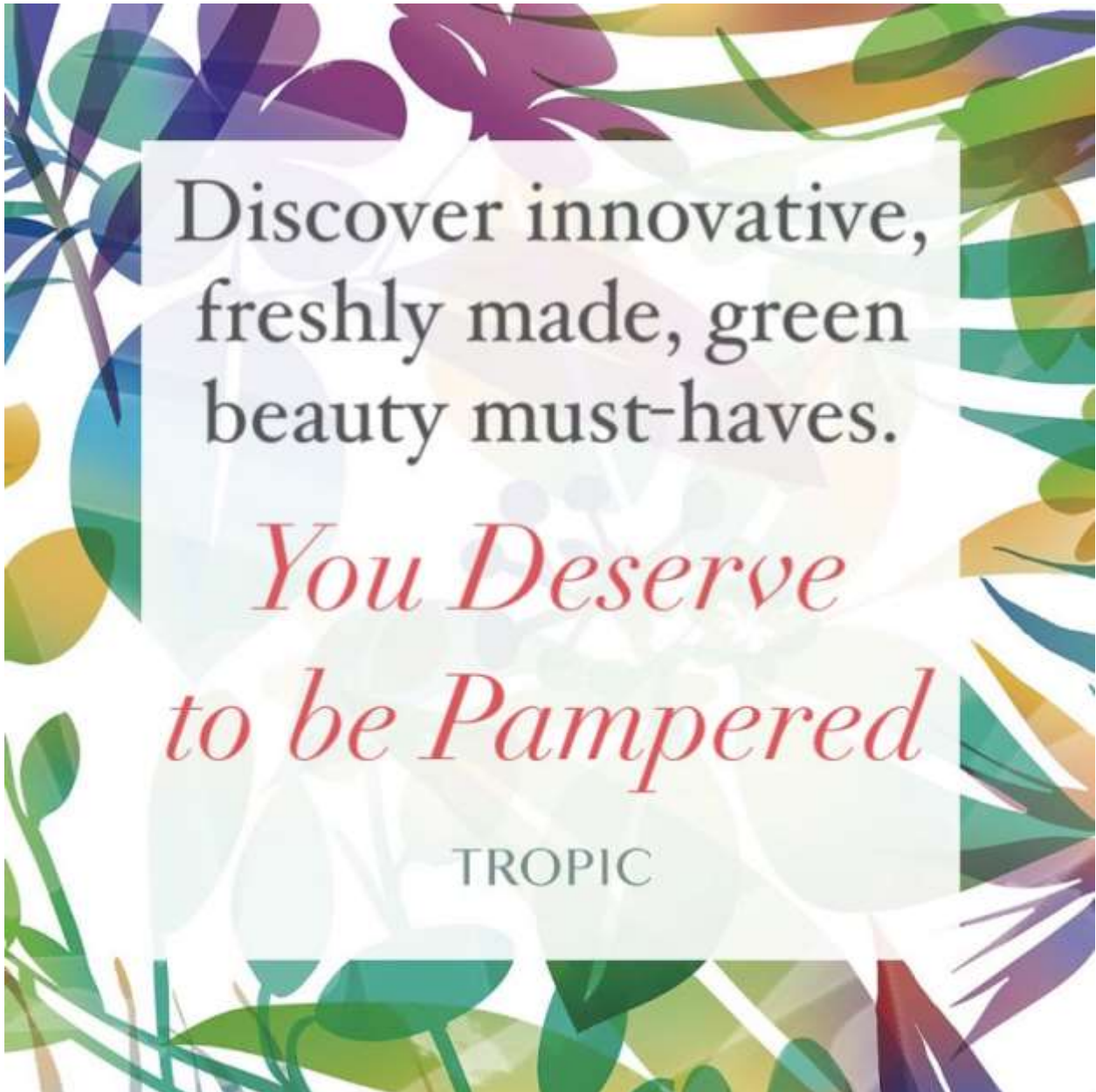
Made To Order



Contact Margaret McAnally - [Holmsgarth Crafts](#) | [Facebook](#)

Local business adverts are free!
The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES



An award-winning skincare company with a purpose; to help create a healthier, greener more empowered world.

FREE Catalogue available for pick-up or drop off.

Please be in touch with Sarah Powers Richings at 01857 616495 or follow me on Instagram: @sarahmarie.tropic or on Facebook: Tropic with Sarah Marie

EMERGENCY NUMBERS

On the back page of every edition of the *Limpet* there is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

Local business adverts are free!
The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES

handmade  with love

Airy Fairy

- ★ Handmade Quilts, cushions & clothes ★
- ★ Beautiful, bespoke & personalised gifts ★
 - ★ Handmade especially for you ★
- ★ Makower fabrics in stock £10 per metre ★
- ★ Studio visits welcome by appointment ★



Hazel Shearer, Airy, Stronsay, Orkney, KW172AG • Phone 01857 616231
hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk

The Wyrð Weaver

Handcrafted Textiles and Primitive Folk Art



Come and visit Eunice's studio at...
Newbigging, Stronsay, Orkney KW17 2AN

Open Daily
Phone - 01857 616230

Find and buy on Facebook @orkneywyrðweaver
Email - thewyrðweaver@btinternet.com



Local business adverts are free!
The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES

“NEIL’S ON WHEELS”



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260

Ebenezer Oil Heating Services

Oftec trained engineer



Oil Tank Installation



Boiler Servicing

Oil boiler servicing,
repair and replacement

Boiler Installation

A serviced boiler
is an efficient boiler
and will save you money



& Commissioning

Tel 01857 616339
ebenezer@stronsay.org

The Old Manse Bed and Breakfast

Logie Easter, Kildary

IV18 0NZ



Dating back to the 1780s set in a large woodland garden just off
the A9 and six miles from Invergordon, the Old

Ensuite Double and twin rooms

Tel 01862 842357

Email oldmanse.kildary@btinternet.com

Web www.oldmansebandbkildary.co.uk

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES



We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

**We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.
Reasonable prices.**

Contact Craig or Christine for more information.

RECYCLING GUIDE FOR OUTER ISLES

Orkney Islands Council has published a “Household refuse and recycling welcome pack” which is available online at <https://tinyurl.com/3bjcbacm>.

Local business adverts are free!
The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

Stronsay Community Association

DARTS & EUCHRE



Junior Darts

8-15 year olds

Team Darts

Under 40's vs Over 40's

Euchre

Pool Table

Bar

Supper

Raffle

Adults: £3 Children: £2

Saturday 9th October @7:30pm

Announcements by charities, local groups, clubs and organisations are FREE!
The cutoff date for items to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

UP-COMING EVENTS

Some dates for your diaries;

- Saturday 9th October: Darts & Euchre
- Saturday 6th November: Fireworks & Quiz
- Saturday 27th November: Christmas Craft Fair
- Saturday 4th December: Tree Lighting



Please keep an eye out for more information nearer the time via our Facebook page, the Limpet or posters in our shops, the Fishmart and the Pub!

-Stronsay Community Association

HARVEST HOME—23 OCTOBER 2021

The Stronsay Agricultural Society will host its annual Harvest Home on Saturday 23rd October 2021. Last year the society marked 100 years since it was first formed so it's an occasion to be marked with a good turn out. Dinner and speeches will be followed by a dance with the Stronsay Band and supper. The bar will be open.

Speeches by Damian Stout (President), Craig Stout (Vice President), and guest speaker Alan Twatt from Aberdeenshire.

Doors open at 6:30pm for 7pm start

Meal tickets:

£10 adults

£4 children

Dance starts at 9:

Adults £5

Children £2

Announcements by charities, local groups, clubs and organisations are FREE!

The cutoff date for items to be included in the next edition of the *Limpet* is on the front page

Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

CLEAT COTTAGE—MACMILLAN FUNDRAISER

The Macmillan fundraiser at Cleat this year will be held in CLEAT COTTAGE, next to the green shed. There will be a sales table, beetroot, chutney, homebakes and a raffle. Windows will be open for ventilation and there will be sanitiser available, please respect covid guidelines, social distancing and wear a mask.

Open 10-12 and 2-4 on Saturday 2nd of October, all welcome! All money goes to Macmillan cancer support , Orkney.

Visit the fairies while you're there too and throw a penny in the wishing well to make a wish! Wishing well money goes to the Little Princess Trust (<https://www.littleprincesses.org.uk>)

PEEDIE LIBRARY - WED 29 SEPT

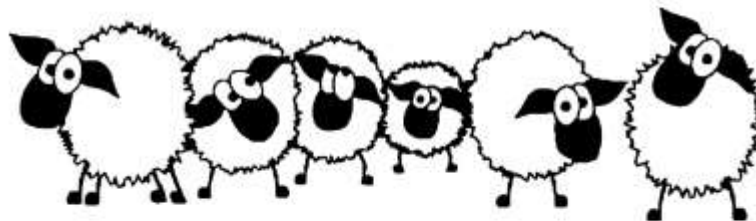
From the Peedie Librarian

We will open on Wednesday 29th September from 2:30pm to 4:30pm in the church hall. There are hundreds of books to choose from, both fiction and non-fiction, and you can borrow as many as you like. Also table-top games, giant dominos, Jenga and Connect 4 to play while you enjoy a biscuit with a cup of tea or coffee.

See you there!

September

Stronsay Stitchers



Thurs 30th September, Church Hall, 7pm-9.30pm, £2/person, please bring own refreshments. Social distancing rules to be respected.

Next month's session: October – Thursday 28th

Announcements by charities, local groups, clubs and organisations are FREE!

The cutoff date for items to be included in the next edition of the *Limpet* is on the front page

Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS



Blythswood
Shoe Box Appeal
2021

Collect a box from the
school or the Kirk.

Alternatively, just buy a few
items and place in the collection
boxes at the shops.

Collection ends Saturday 2nd October

Thank You!

Announcements by charities, local groups, clubs and organisations are FREE!
The cutoff date for items to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

6 steps to bring happiness

- 

1 Find: Find an average-size shoebox. Decide who to fill it for; a child, a teenager, a man or a woman.
- 

2 Wrap: your box and lid separately so that the lid can be removed without tearing the paper.
- 

3 Pack: Gather the items, remove all plastic and cardboard packaging and pack into the box. **Please choose items that will last rather than those with a short life and can't be recycled.**
- 

4 Check: On the checklist, tick the items you have put in your shoebox and note any that are not on the list.
- 

5 Donate: Secure the ticked checklist to the outside of the shoebox lid using sticky tape. Detach the donation envelope as instructed and place with your donation inside your box.
- 

6 Deliver: Secure the lid with rubber bands. (Custom regulations require Blythswood Care to check the contents of your box.) Deliver your box to your local collection point.

For Christmas delivery your shoebox should be at your church, school or other collection point during the last week of October/ beginning of November



Tear along the perforation to detach this panel and secure to the outside of your shoebox.

Checklist

Please tick items included and firmly secure this list on your shoebox lid.

ESSENTIAL ITEMS (ALL ITEMS MUST BE NEW):
Include the following items highlighted in the top box.

- Toothbrush and Toothpaste
- Hat, scarf, gloves
- Soap
- Underwear/ Socks/Tights
- Small Toy for boys and girls such as cars, dolls, balls. Please only include new shop-bought toys.
- Sweets (No chocolate or any other food) 'Best before' date no earlier than 31 March next year. No loose sweets, lollies or undated bags of sweets.

Do not include used or damaged items; war related items such as toy guns or knives or military figures; hand-made or knitted stuffed toys; chocolate or any food other than sweets. Chocolate Eclairs and Chocolate Limes are not allowed; books that are mainly words should also not be included.

Toiletries (NO TALCUM POWDER)

- Shampoo
- Soap/Shower gel
- Face cloth/ Moist wipes
- Deodorant
- Moisturising Cream
- Comb/Brush
- Sanitary Products
- Shaving foam/Razors








Toiletries (NO TALCUM POWDER)

- Screwdrivers/Pliers
- Kitchen Utensils
- Stationery
- Pens/Pencils/Sharpener
- Notebooks/Colouring books
- Rulers/Rubbers
- Clothes and other items (T-shirts/Pyjamas/Jumpers/ Shirts) etc

Miscellaneous

- New Make-up
- Sewing Equipment
- Household Candles

Please tick the box next to who the box is for. Please specify the age of the girl or boy you have filled this box for.

- Girl _____ yrs 
- Teenage _____ yrs 
- Woman 
- Elderly woman 
- Boy _____ yrs 
- Teenage _____ yrs 
- Man 

Checklist

Please tick items included and firmly secure this list on your shoebox lid.

ESSENTIAL ITEMS (ALL ITEMS MUST BE NEW):
Include the following items highlighted in the top box.

- Toothbrush and Toothpaste
- Hat, scarf, gloves
- Soap
- Underwear/ Socks/Tights
- Small Toy for boys and girls such as cars, dolls, balls. Please only include new shop-bought toys.
- Sweets (No chocolate or any other food) 'Best before' date no earlier than 31 March next year. No loose sweets, lollies or undated bags of sweets.

Do not include used or damaged items; war related items such as toy guns or knives or military figures; hand-made or knitted stuffed toys; chocolate or any food other than sweets. Chocolate Eclairs and Chocolate Limes are not allowed; books that are mainly words should also not be included.

Toiletries (NO TALCUM POWDER)

- Shampoo
- Soap/Shower gel
- Face cloth/ Moist wipes
- Deodorant
- Moisturising Cream
- Comb/Brush
- Sanitary Products
- Shaving foam/Razors








Toiletries (NO TALCUM POWDER)

- Screwdrivers/Pliers
- Kitchen Utensils
- Stationery
- Pens/Pencils/Sharpener
- Notebooks/Colouring books
- Rulers/Rubbers
- Clothes and other items (T-shirts/Pyjamas/Jumpers/ Shirts) etc

Miscellaneous

- New Make-up
- Sewing Equipment
- Household Candles

Please tick the box next to who the box is for. Please specify the age of the girl or boy you have filled this box for.

- Girl _____ yrs 
- Teenage _____ yrs 
- Woman 
- Elderly woman 
- Boy _____ yrs 
- Teenage _____ yrs 
- Man 

Announcements by charities, local groups, clubs and organisations are FREE!
The cutoff date for items to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

Seas of the North Isles: Prehistoric Seafaring and Early Colonisation

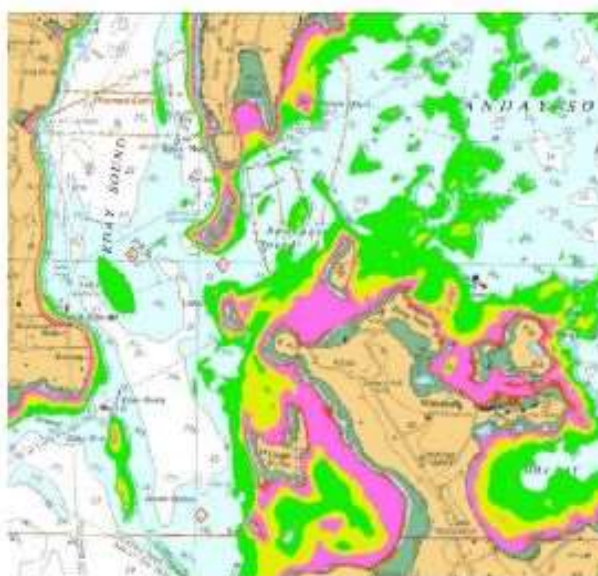
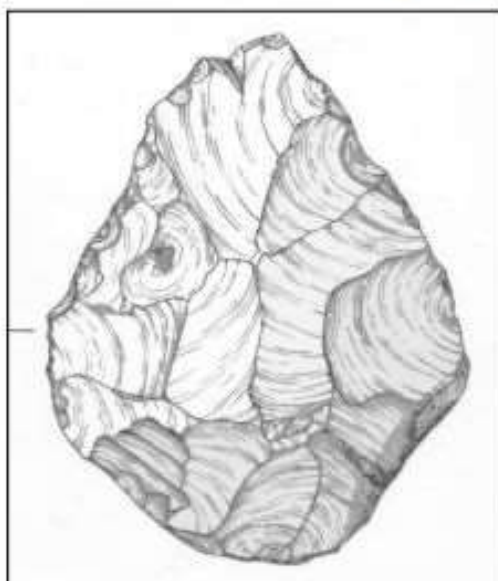
Talk Wednesday 13th October at 7:00pm in the Community Hall

Learn about the changes in landscape during prehistoric times and the islands that early colonisers would have found. Look at prehistoric watercraft and how people may have travelled here millennia ago. We will also look at some of the earliest known sites in the North isles to paint a picture of what life was like for Orkney's earliest residents.

Workshop Thursday 14th October at 9:30am in the Meeting room at Community Hall

Take a closer look at your island and its changes over the past 10,000 years. This half day workshop will include some indoor learning and discussion followed by a site visit to put our knowledge into practice.

Everyone welcome!



For more information or if you would like to register for an event, please email n.bain@wessexarch.co.uk or call 0330 313 3568



Announcements by charities, local groups, clubs and organisations are FREE!
The cutoff date for items to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

Worrying About Money?

Follow these steps to find available money advice and support in Orkney

View online



Step 1: What's the problem?

I suddenly have no money

- Lost job/reduced hours
- Lost money/unexpected expense
- Disaster (e.g. flood or fire)
- Relationship breakdown
- Money stopped
- Sanctioned (benefit payments stopped - see option 5)

See options: **1 2 5 6**

I am waiting on a benefit payment/decision

- Made a new claim for benefit
- Benefit payment is delayed
- Waiting for a benefit decision

See options: **1 4**

My money doesn't stretch far enough

- Deciding between food/fuel/mobility credit
- Low income or zero hours contract
- Statutory Sick Pay too low to cover costs
- Not sure if eligible for support
- Change of circumstance (e.g. new baby/bereavement/illness/left partner)

See option: **2**

I have debt

- Rent or Council Tax arrears
- Gas or electricity
- Credit or store cards
- Personal loans and overdrafts
- Owe friends and family
- Benefit repayments

See option: **3**

Step 2: What are some options?

1 Scottish Welfare Fund

People on low incomes may be able to get a crisis grant from the Council.

This is a payment to help you cope during an emergency or disaster, or due to unexpected expenses. Crisis grants do not have to be paid back (not a loan).

2 Maximise Your Income

Anyone who is struggling financially can get a benefit check and speak to an advisor for free and confidential advice.

A benefit check can ensure that you are receiving all the money you're entitled to, especially if your circumstances have changed recently. Speaking to an advisor could also help you find cheaper deals on things like gas and electricity and make sure you're not missing out on things like school clothing grants or free school meals.

3 Debt Advice

Debt can happen to anyone. Free advice and support can help you find ways to manage your debts and reduce how much you pay each month.

4 Benefit Advance

If you have made a new claim for benefit and are in financial hardship while you wait for your first payment, you may be able to get an advance to afford things like rent or food. It's important to get advice before taking out an advance. Benefit advances must be paid back, and the money will be taken from your future benefit payments (a loan).

5 Hardship Payment

If you have been sanctioned, you may be able to request a hardship payment from the Jobcentre. Hardship payments are not always paid immediately, and they're not available to everyone. Hardship payments of Universal Credit need to be paid back (a loan), but hardship payments of Job Seekers Allowance or Employment Support Allowance do not (not a loan).

6 Challenge a Decision

You can challenge a benefit decision if your benefit has been stopped / sanctioned / reduced / refused or you have been overpaid. Most benefit decisions need to be challenged within one month.

Step 3: Where can I get help?

For free and confidential advice on these options

Orkney Citizens Advice Bureau
Advice and information on day-to-day issues, and detailed support on specialist topics including benefits, debt, money, housing and more

01856 875 266
bureau@orkneycab.co.uk
www.orkneycommunities.co.uk/CAB

Help with options: **1 2 3 4 5 6**

For information on financial entitlements

Scottish Welfare Fund

Crisis grants to cover the cost of an emergency
swf@orkney.gov.uk
www.bit.ly/orkneyswf

Discretionary Housing Payments

To help keep up with rent payments or with one-off rent deposit/removal costs. Available to those receiving Housing Benefit and/or the housing costs element of Universal Credit.

01856 873 535 (extension 2116)
benefits@orkney.gov.uk
www.bit.ly/orkneydhp

Social Security Scotland

You may be eligible for support from Social Security Scotland. For example, Scottish Child Payment, Best Start Grant and Best Start Foods can help with the costs of having a child.

mygov.scot/benefits
0800 182 2222 (freephone)

Other Support

Breathing Space

Confidential phone line for anyone feeling low, anxious or depressed
0800 83 85 87
www.breathingspace.scot

NHS Grampian Psychological Support Hub

Help with effect of Covid-19 on mental health & emotional wellbeing
www.grampian.nhs.uk/mental-health

Orkney Blind Trust

Charity for adults with mental health difficulties
01856 874 874
www.tbkstrust.org.uk

THAW Orkney

Information, advice and support on energy costs and energy efficiency
01856 874 388
info@thaworkney.co.uk

Home Energy Scotland

Free and impartial energy efficiency advice
0808 808 2282
www.homeenergyscotland.org

Turn2US

Information and support on welfare benefits and charitable grants
0808 802 2000
www.turn2us.org.uk/Get-Support

Shelter

Free housing advice
0808 800 4444
scotland@shelter.org.uk

Access: 'Worrying About Money' available at www.breathingspace.scot and www.turn2us.org.uk

Announcements by charities, local groups, clubs and organisations are FREE!
The cutoff date for items to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

Step 1: What's the problem?

I suddenly have no money

- Lost job/reduced hours
- Lost money/unexpected expense
- Disaster (e.g. flood or fire)
- Relationship breakdown
- Money stopped
- Sanctioned (benefit payments stopped - see option 5)

See options 1 2 5 6

I am waiting on a benefit payment/decision

- Made a new claim for benefit
- Benefit payment is delayed
- Waiting for a benefit decision

See options 1 4

My money doesn't stretch far enough

- Deciding between food/fuel/mobile credit
- Low income or zero hours contract
- Statutory Sick Pay too low to cover costs
- Not sure if eligible for support
- Change of circumstance (e.g. new baby/ bereavement/illness/left partner)

See option 2

I have debt

- Rent or Council Tax arrears
- Gas or electricity
- Credit or store cards
- Personal loans and overdrafts
- Owe friends and family
- Benefit repayments

See option 3

Step 2: What are some options?

1 Scottish Welfare Fund

People on low incomes may be able to get a **crisis grant** from the Council.

This is a payment to help you cope during an emergency or disaster, or due to unexpected expenses. Crisis grants do not have to be paid back (not a loan).

2 Maximise Your Income

Anyone who is struggling financially can get a benefit check and speak to an advisor for free and confidential advice.

A **benefit check** can ensure that you are receiving all the money you're entitled to, especially if your circumstances have changed recently. Speaking to an advisor could also help you **find cheaper deals** on things like gas and electricity and **make sure you're not missing out** on things like school clothing grants or free school meals.

3 Debt Advice

Debt can happen to anyone. Free advice and support can help you find ways to manage your debts and reduce how much you pay each month.

4 Benefit Advance

If you have made a new claim for benefit and are in financial hardship while you wait for your first payment, you may be able to get an advance to afford things like rent or food. It's important to get advice before taking out an advance. Benefit advances must be paid back, and the money will be taken from your future benefit payments (a loan).

5 Hardship Payment

If you have been sanctioned, you may be able to request a hardship payment from the Jobcentre. Hardship payments are not always paid immediately, and they're not available to everyone. Hardship payments of Universal Credit need to be paid back (a loan), but hardship payments of Job Seekers Allowance or Employment Support Allowance do not (not a loan).

6 Challenge a Decision

You can challenge a benefit decision if your benefit has been stopped / sanctioned / reduced / refused or you have been overpaid. Most benefit decisions need to be challenged within one month.

Step 3: Where can I get help with these options?

Access 'Worrying About Money?' leaflets at www.foodaidnetwork.org.uk/leaflets

Announcements by charities, local groups, clubs and organisations are FREE!
 The cutoff date for items to be included in the next edition of the *Limpet* is on the front page
 Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

Step 3: Where can I get help?

For free and confidential advice on all these options

Orkney Citizens Advice Bureau
Advice and information on day-to-day issues, and detailed support on specialist topics including benefits, debt, money, housing and more

01856 875 266
bureau@orkneycab.casonline.org.uk
www.orkneycommunities.co.uk/CAB

Help with options: 1 2 3 4 5 6

For information on financial entitlements

Scottish Welfare Fund
Crisis grants to cover the cost of an emergency

swf@orkney.gov.uk
www.bit.ly/orkneyswf

Discretionary Housing Payments
To help keep up with rent payments or with one-off rent deposit/removal costs. Available to those receiving Housing Benefit and/or the housing costs element of Universal Credit.

01856 873 535 (extension 2116)
benefits@orkney.gov.uk
www.bit.ly/orkneydhp

Social Security Scotland
You may be eligible for support from Social Security Scotland. For example, Scottish Child Payment, Best Start Grant and Best Start Foods can help with the costs of having a child.

mygov.scot/benefits
0800 182 2222 (freephone)

Other Support

To Report a Scam
Orkney Trading Standards
01856 873 535 | tradingstandards@orkney.gov.uk

Police Scotland
Call 101 or drop into the Kirkwall Police Station

THAW Orkney
Information, advice and support on energy costs and energy efficiency
01856 878 388 | info@thaworkney.co.uk
www.thaworkney.co.uk

Orkney Blide Trust
Charity for adults with mental health difficulties, including anxiety and depression
01856 874 874 | www.blidetrust.org.uk

NHS Grampian
Psychological Support Hub
For anyone in Grampian or Orkney who is struggling with the impact of the COVID-19 pandemic on their psychological wellbeing
www.gcah.org.uk/mental-health

Breathing Space
Confidential phoneline for anyone feeling low, anxious or depressed
0800 83 85 87 | www.breathingspace.scot

Turn2US
Information and support about welfare benefits and charitable grants
0808 802 2000 | www.turn2us.org.uk/Get-Support

Home Energy Scotland
Free, impartial energy efficiency advice to help save on bills and stay warm at home
0808 808 2282 | www.homeenergyscotland.org

Shelter
Free housing advice
0808 800 4444 | scotland.shelter.org.uk

Social Security Scotland
Financial Support Services Unit

Supported by

Announcements by charities, local groups, clubs and organisations are FREE!
The cutoff date for items to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

STRONSAY HEALTHY LIVING CENTRE

After the recent changes to the Scottish Government COVID-19 guidance Orkney Islands Council have reviewed the procedures for the Healthy Living Centre. The following procedures now apply:

- 5 people can use the gym at any one time.
- The previous buddy system has still to be reinstated as the gym needs to be fully cleaned after each use.
- The opening hours are as follows:
 - Monday 18.00 - 18.45
 - Tuesday 18.00 - 18.45
 - Wednesday 11.00 - 11.45 and 17.30 - 18.15
 - Thursday 17.30 - 18.15
 - Friday 11.00 - 11.45 and 17.30 - 18.15
 - Saturday 10.00 - 10.45
- Booking need to be made 24 hours in advance either through the council website or by emailing gw10stronsayhlc@glow.
- Memberships can still be purchased or patrons can pay as they go.

There may be a little flexibility around opening times but these need to fit around the availability of Andy and Bill. Any further updates will be communicated through the Limpet and the Stronsay FaceBook page.

Thank you for all your support.
Bill Hodgson

STRONSAY COMMUNITY ASSOCIATION

Why not hire the Stronsay Community hall? We have a kitchen and fully licensed bar, with two large halls and a small meeting room; perfect for weddings, parties, games, meetings and much more!

- Disco equipment
- Table tennis
- Badminton
- Air hockey
- Pool Table



For more information & bookings contact Anne-Maree Carter (Tel: 616263 or Email: annemaree.carter@btinternet.com)

Rooms for hire from only £2 per hour plus hydro charge.

Adult supervision (over 18) must be present during hire.

Find us on Facebook <https://www.facebook.com/hallcommittee>

Announcements by charities, local groups, clubs and organisations are FREE!

The cutoff date for items to be included in the next edition of the *Limpet* is on the front page

Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

ORKNEY LIBRARY & ARCHIVE IN THE 21st CENTURY

If you live, work or study in Orkney then you can become a full member of Orkney Library while visitors to Orkney are welcome to join on a temporary visitor membership. See <https://orkneylibrary.org.uk/joining-the-library>.

Kirkwall library has an on-line database of all its books, eBooks and journals as well as other electronic and non-print materials. You can search by author, by title or by keyword. Just point your browser at <https://prism.librarymanagementcloud.co.uk/orkney>.

There is also an extensive archive of material <https://orkneylibrary.org.uk/orkney-archive> but please note that all visits to the archive must be booked in advance - phone 01856 873166 or email archives@orkney.gov.uk.

The opening hours of the library and the archive are available at <https://orkneylibrary.org.uk/opening-times>.

Mobile Library Timetable 2021

<u>Stronsay</u>	
<u>Dates</u>	<u>Stops and Times</u>
18 January	<u>Summer/Refit</u>
15 March	Council Houses 9.00—10.00
11 May	School 10.15—12.00
6 July	Kirk 12.30—3.00
31 August	Fish Mart 3.15—5.30
25 October	<u>Winter</u>
20 December	Council Houses 8.45—9.45
	School 10.00—12.00
	Kirk 12.30—3.00
	Fish Mart 3.15—4.45

RECYCLING GUIDE FOR OUTER ISLES

Orkney Islands Council has published a “Household refuse and recycling welcome pack” which is available online at <https://tinyurl.com/3bjcbacm>.

Announcements by charities, local groups, clubs and organisations are FREE!
The cutoff date for items to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

CROSSROADS ORKNEY

and



We would like to help ease the loneliness and difficulty of lockdown for Dementia sufferers and their carers at home. We have a variety of puzzles, crafts and activities which we can post or deliver. All free of charge. If you know someone who could benefit from this or wish more information please call Crossroads 870500 or Lorna Reid 781329



Announcements by charities, local groups, clubs and organisations are FREE!
The cutoff date for items to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

Stronsay Dementia Friendly digital drop-in sessions

Starting December 16th from 11am-2pm



These drop-in sessions will be held every third Wednesday of each month from 11am-2pm

Please do not hesitate to call or email about anything regarding the project.

Email: dementiafriendlystronsay@gmail.com

Tel: 01857 616410

ADVERTISE YOUR EVENT!

If you are arranging an event on Stronsay then why not use the free publicity available from the *Limpet* and from the Visit Stronsay website visitstronsay.com? Just contact the *Limpet*'s editor (contact details are on the back page)

Announcements by charities, local groups, clubs and organisations are FREE!
The cutoff date for items to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

**Stronsay Dementia Friendly
Project Steering Group**



What is a steering group?

The role of this group is to steer work being undertaken by others. Members of steering groups use their experiences, skills and knowledge of specific topics and sectors to help make strategic decisions.

Everyone and anyone is welcome!!

Your contribution and ideas would be greatly appreciated.

Meetings will be held quarterly.

For further questions and information contact Teri at dementiafriendlystronsay@gmail.com or on 01857 616410

Announcements by charities, local groups, clubs and organisations are FREE!
The cutoff date for items to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

HANDY EMAIL ADDRESSES:

Ebenezer Stores stronsaystores@gmail.com

Olivebank m.williamson1@btconnect.com

Stronsay Hotel cjdbuk@gmail.com

Fishmart café fishmartcafehostel@gmail.com

For telephone numbers see the back page of this edition.

OUR LADY'S CHAPEL, PIERHEAD **NOW OPEN FOR PUBLIC MASSES**

Our Lady's Chapel on the pier is now open for public Masses with the permission of the Bishop of Aberdeen.

Mass times are as follows:-

- Sunday & holidays: 11am
- Tuesday: 8.00am
- All other days: 11.20am

GOLGOTHA MONASTERY, PAPA STRONSAY **DAILY STREAMING BROADCAST**

There is a daily streaming broadcast from Golgotha Monastery, Papa Stronsay.
<http://www.papastronsay.com/live>

The broadcast runs from 4pm – 7pm (the times shown are approximate):

- 4pm Short talk by one of the priests.
- 4:30pm Recitation of the Rosary.
- 5pm Mass.
- 6pm Further prayers and office of the day.

STRONSAY KIRK

Stronsay kirk's website:

<http://www.orkneycommunities.co.uk/stronsaykirk>

Stronsay kirk's Facebook page:

<https://www.facebook.com/groups/1553904828107651>

ADVERTISE YOUR EVENT!

If you are arranging an event on Stronsay then why not use the free publicity available from the *Limpet* and from the Visit Stronsay website visitstronsay.com? Just contact the *Limpet*'s editor (contact details are on the back page)

Announcements by charities, local groups, clubs and organisations are FREE!

The cutoff date for items to be included in the next edition of the *Limpet* is on the front page

Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

KIRK CORNER

The Manse, Stronsay KW17 2AF, DLocke@churchofscotland.org.uk, 01857 616284

Hello to everyone from the new manse family. Its been an exciting few weeks for us - myself -David, my wife, Marie, and our nearly 3 year old son Isaac, as we begin to settle into our new home and try to acclimatise to island life; in what is already seeming to us as a wonderful place to live.

A sincere thanks to all those we have already met, inside and outside the church; you have made us feel very welcome. And a big thankyou to everyone, church members and others who helped tidy up the manse and church ahead of our arrival- it made a real difference. We look forward to meeting more people and getting to know you and this beautiful island better over coming months.

It's been great that we've been able to re-start weekly Sunday worship in the church, every Sunday at 11am. All are truly welcome; whether you are a member, an occasional or never been in church, do join us - come as you are whatever your age – there is space for children to play at the front. Services will be a mixture of short talks including something for children, hymns and songs, prayers and readings with some video clips and pictures, and hopefully no great big long boring sermons – I will try at least! Churches around the country changed a lot during the Covid period, doing things very differently online, and we hope we here can learn from that. The BBC reported today that partly as a result of that, younger people are now more interested in prayer and worship than many older people. So whatever your age come and join us; we are here for you. In particular, we are looking forward to celebrating our harvest thanksgiving service in the church at 11am on Sunday 10th October when we hope to have a harvest display and refreshments after the service. Feel free to come along for a chat even if you cannot make the service.

We are excited by the church's vision to be fully part of the community here, playing a real part in sharing and building up community life; already, we are so impressed by how good this community is with so many sharing so much. The congregation made together a jigsaw over the past two weeks, with pieces handed out by one of our younger folk; each person's input helped make a picture of some of the things Jesus offers anyone through His people. It should appear on the church Facebook page to highlight that everyone of any age has something to offer our island, and all in the church are here to help. Please come along and be part of the fresh start for church in community, and let us know any thoughts you have about how we can support and work alongside all the great things already happening.

Like many we have had a few problems getting internet and phone, but you should be able to get us on the above contact details. If I can be any help to you, please do contact me.

May God bless each one of you and this amazing island of Stronsay

Sincerely, David (*Rev David I W Locke. MA, MSc, BD*)

Announcements by charities, local groups, clubs and organisations are FREE!

The cutoff date for items to be included in the next edition of the *Limpet* is on the front page

Contact details for the *Limpet* are on the back page

USEFUL INFORMATION

POST OFFICE OPENING TIMES etc

Monday to Saturday	8:30am—5:00pm
Sunday	Closed
Post collection times	07:30, Monday to Saturday
Special collection.	Week beginning 1 Nov 2021, 6 Dec 2021 and 14 Feb 2022
Island Link Officer.	Fishmart office 10 to 12 on Tue, Thu & Sat. Phone 616475
SDT Office	Wood's Yard 10am - 11am Mon-Fri. Phone 616410
Sunday service at the Kirk . . .	One-off service on Sun 30 May (see notices in this edition)
Our Lady's Chapel, pier head	Mass: Sun & holidays 11am, Tue 8am, other days 11.20am
Weekly rubbish collection	Tuesday (bags out by 8am but not on the night before!)
Recycling skips nearly full? . .	Send email to at recycling@orkney.gov.uk

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Airy Fairy	616231	Silver Darlings	616412
Castle Bird Reserve	616363	Star Island Soap	616281
Companions Club	616352	SDT office	616410
Craftship Enterprise	616249	Stronsay Band	616335
Doctor	616321	Stronsay Hotel	616213
Ebenezer stores	616339	Taxi	616335
Electrician (Dave)	616230	Stranded seals, etc	616207/206/498
	<i>or</i> 07917 191 797	Balfour hospital (24/7) . . .	01856 888000
Fish Mart	616401	Electricity	
Hairdresser	616337	general enquiries	0800 048 3516
Hall bookings	616263 or	<i>lines open Mon-Fri 8am-5pm</i>	
email annemaree.carter@btinternet.com		problems (24/7) . . .	0800 300 999
Highland Fuels	01856 873766	power cut (24/7) . . .	105
Island Link Officer	616475	Water problems (24/7) . .	0800 0778 778
Kirk secretary	616238	Highland Fuels	01856 873766
Limpet editor	616297	Kirkwall Library	01856 873166
Medical emergency	616321	Kirkwall Police (24/7) . . .	101
Neil's on Wheels	07723 304 260	Vets:	
Manse	616286	Flett & Carmichael .	01856 872859
Nurses	616480	Northvet	01856 873403
Olivebank	616255	Dentists:	
OIC out of hours	01856 873535	Orkney Dental	01856 872030
Post Office	616499	King Street	01856 888258
Red House Plants	616377	Deyanov Dental . . .	01856 877118
Registrar	616239	Golgotha monastery. . . .	616210 or
School	616246		<i>email contact@the-sons.org</i>

HOW TO CONTACT THE [LIMPET](#)

Send an email to editor@stronsaylimpet.co.uk or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page



A Company Limited by Guarantee, Registered in Scotland
Company Number SC271553
A Scottish Charity, Charity Number SC038888
Registered Office: Unit 1 Woods Yard, Stronsay, Orkney KW17 2AR