



TIMETABLES

[Loganair - interisland timetable 17 Feb 2025 - 25 Oct 2025](#)

[Orkney Ferries summer timetable 4 May 2025 to 28 Sep 2025](#)

[MV Nordic Sea timetable 2 Jun - 28 Sep](#)

[OIC - school holidays 2024-2025](#)

DATES FOR YOUR DIARY 2025

Wellbeing workshops (details inside)	Wed 6, 13, 20, 27 Aug
Polished Pastels art workshop (details inside)	Wed 6 Aug
Stronsay's Massive Weekend (details inside)	Fri 16, Sat 17, Sun 18 Aug
Fishmart Café closed until further notice	Mon 1 Sep
Wacky Weaving art workshop (details inside)	Wed 3 Sep
Bingo night	Sat 20 Sep
5 minute Freehand Drawings art workshop (details inside)	Wed 1 Oct
Bonfire Night followed by Quiz	Fri 7 Nov
Christmas Craft Fair	Sat 22 Nov
Christmas Tree Lighting & peedie concert	Sat 29 Nov
Hogmanay Dance	Wed 31 Dec

NEXT NORTHERN ISLES FERRY SERVICES CONTRACT

Have your say on the next Northern Isles Ferry Services contract:

<https://bit.ly/4lENgwj>.

Transport Scotland is running a public consultation to gather views on how the Northern Isles Ferry Services could be improved in the next contract commencing in 2028. The consultation is open until 13 October.

A PERSONAL NOTE FROM BRUCE FLETCHER

(Limpet editor)

My apologies if I appear to have ignored you when you spoke to me in recent months but I am now quite deaf in my right ear and my left ear isn't much better, even when wearing my hearing aids. One-to-one conversations in a quiet environment are usually OK but my hearing aids cannot cope if there are other conversations taking place around me.

Next edition of the Limpet will be published on **Sun 31 Aug 2025**, the deadline is 7pm on that date. Contact details for the Limpet are on the back page of every edition.

STRONSAY COMMUNITY COUNCIL

Chair: Louise McQuaid

Vice Chair: Damian Stout

STRONSAY FISH MART HOSTEL & CAFE

The opportunity has arisen for a flexible, helpful and welcoming person, or persons, to run the Stronsay Fish Mart Hostel and Café from 18 October 2025, or as soon as possible thereafter

The Fish Mart re-opened in July 2015 following a total refurbishment and now offers en-suite hostel accommodation, café and public toilet and shower facilities.

The Fish Mart Operator will be required to: -

- ☐ welcome visitors to all operational areas within the Fish Mart
- ☐ prepare food for sale in the Café
- ☐ open the café at agreed times
- ☐ keep the Fish Mart clean and tidy at all times
- ☐ manage the Hostel including bookings, check-ins and laundry

Ideally the Operator will hold a valid Food Hygiene Certificate, have experience of food preparation and customer service.

The closing date for written expressions of interest, to include your vision for the future of the Fish Mart and the reason why you would like to take on the role of Fish Mart Operator, is **noon on Friday 22 August 2025** and should be addressed to the Clerk in a sealed envelope marked "Fish Mart Operator Vacancy".

For further information or enquiries please contact either Louise McQuaid, email louisemcquaidcc@gmail.com, tel: 616376 or Maya Bartor, email mayabartor@gmail.com

Colin McAlpine
Clerk to Stronsay Community Council
The Hill,
Stronsay,
KW17 2AT

Stronsay

Orkney's Island of Bays

Accommodation

-Stronsay Hotel-

Tel: 01857 616207

stronsayhotel@gmail.com

-Storehouse B&B-

Tel: 01857 616263

annemaree.carter@btinternet.com

-Stronsay Fishmart & Hostel-

Tel: 01857 616401

fishmartcafehostel@gmail.com

Including images by
Stronsay Photographic

Stronsay's Massive Weekend has been
brought to you by the
Stronsay Community Association
With sponsorship from
Cooke Scotland

Cooke
SCOTLAND
Thank you!

For any further information or queries;
Email: massiveweekend@outlook.com
Facebook: Stronsay Community Association



STRONSAY'S MASSIVE WEEKEND!



15th, 16th, 17th AUGUST 2025

FRIDAY 15TH AUGUST; COMMUNITY HALL; 7:30PM

-QUIZ WITH CASH PRIZE-



Come along and start your weekend with a
cracking night at the Hall-
We'll have Hot Food on sale, Bar open and
Raffle Tickets available!

Adults £3 Under 16's: Free

SATURDAY 16TH AUGUST; COMMUNITY HALL; 11AM

Get your 5-a-side teams ready!

- Fun Netball-
- Fun Football-
- Team Games-

Also open inside the Community Hall:

- Inflatables-
- Carnival Style Games-



OBSTACLE COURSE; 4PM

Put your team to the final test!

Mystery course with a timed race to crown the
BEST of the BEST!



Stronsay Community Hall will be open and
available for
Hot food, Tea, Coffee and Drums!

-Raffle tickets available-

COMMUNITY HALL; 8PM

-Dance to The Stronsay Band!-

Adults: £5 Under 16's: £1

- Bar-
- Supper-
- Raffle Tickets-
- Everyone welcome!



SUNDAY 17TH AUGUST;

COMMUNITY HALL; 12PM

-FLOATS-

Floats will be travelling past the hall at 1:30pm
(North to South) following the pipe band
Make sure you're there to see it!

- Kirkjuvagr Dancers-
- Stromness RBL Pipe Band-
- Horticultural Show-
- Vintage Club-
- Craft Sale-
- BBQ-
- Inflatables-
- Carnival Style Games-
- Bar-

-Raffle will be drawn on Monday 18th-



Boat departing Stronsay-Westray: 4:20pm
Boat departing Stronsay-Sanday: 5:50pm
Boat departing Stronsay-Eday: 5:40pm

Stronsay's **MASSIVE** Weekend

We are proud to announce...

Stronsay's Horticultural Show

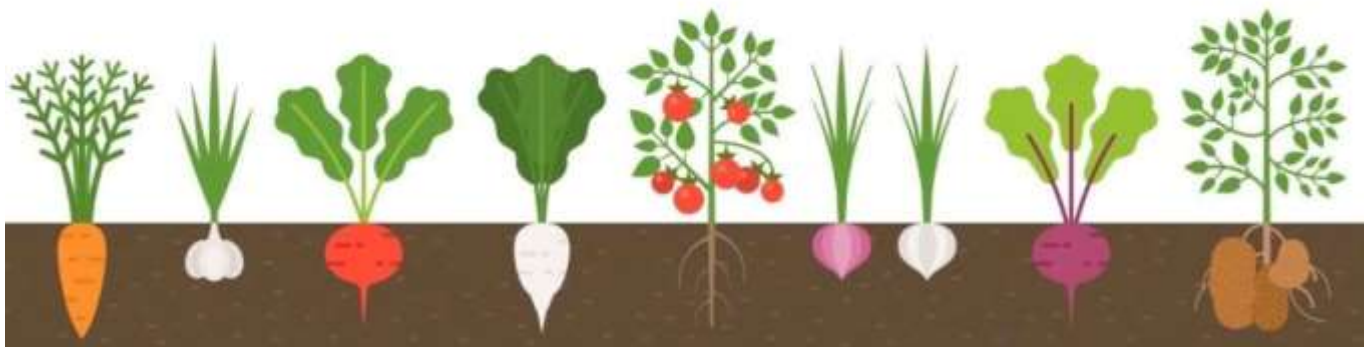
Sunday 17th August 2025 @ 12-4pm

Categories will include:

Fruit and vegetables,
produce,
baking,
flowers,
industrial,
junior,
photography, etc.

For the full list of classes and rules for this event, please see our Schedule- available in shops and on our Facebook page!

Fee covering all entries to adult competition- £2
Child classes - Free



STRONSAY'S MASSIVE WEEKEND

CRAFT SALE

Sunday 17th August

1.00pm – 4.00pm

Stronsay Community Hall

Teas ~ bakes ~ raffle



Stronsay Horticultural Show 17/08/25 (part of the Massive Weekend 2025)

Fee covering all entries to adult competition - £2 Child classes - Free

Rules

1. Exhibits must be entered between 9.30am – 11am on Sunday 17th August 2025
2. You can enter any number of classes in any number of sections, but you can only put ONE entry into each class.
3. **Each entry must have an envelope securely fixed with section and class on the outside and name and address of entrant on the inside.**
4. Exhibits must be removed after 4pm and before 6pm on Sunday the 17th of August 2025.
5. Children can enter the adult section on payment of the adult fee.
6. We will do our best to take care of your exhibit, but we are not liable if it is damaged or lost.
7. Take care to check sizes; exhibits which are not as stipulated on the schedule will not be judged
8. The decision of the judge is final.

Section I Flowers

1. Arrangement in an egg cup
2. Inspired by Stronsay

Section II Fruit and vegetables

- a) All fruit and vegetables must be grown by the exhibitor
1. 1 cauliflower or broccoli
 2. 4 carrots
 3. 3 onions
 4. 2 beetroot
 5. 4 potatoes

Section III Produce - Preserves

1. Strawberry jam
2. Other fruit jam
3. Chutney

Section IV Produce

1. Bottle of home brew
2. 6 hen eggs

Section V Baking and cooking

1. Classic Victoria sponge – jam filled
2. 4 Fattie Cutties
3. 2 sausage rolls
4. 4 chocolate chip cookies
5. Coronation chicken

Section VI Industrial

1. Any knitted article
2. Any item in plain sewing
3. Any article in wood
4. A drawing or painting

Section VII Junior – Six years and under

1. Handwriting - 5 letters of the alphabet
2. Decorated stone - not bigger than 12cm
3. Lego or duplo model – own design, no larger than 25cm on any direction

Section VIII junior – 7 to 10 years

1. Handwriting – four lines of a poem
2. Decorated stone - not bigger than 12cm
3. Lego model – own design, no larger than 25cm on any direction

Section IX junior – 11 to 15 years

1. Handwriting – four lines of a poem
2. Flower Arrangement in a cup and saucer
3. Lego model – own design, no larger than 25cm on any direction

Section X Photography

1. Animal
2. Landscape
3. Colourful



Special Events 2025

For full services list see brochure/timetable

Orkney Ferries, Kirkwall, KW15 1LG
Telephone: 01856 872044
Email: info@orkneyferries.co.uk
www.orkneyferries.co.uk



Orkney Ferries

MASSIVE Weekend - Stronsay Saturday 16 and Sunday 17 August 2025

Unless prevented by any unforeseen occurrence sailings in connection with the above will be as follows:

Saturday 16 August 2025

Depart	Kirkwall	0700	Arrive	Eday	0815
Depart	Eday	0830	Arrive	Stronsay	0905
Depart	Stronsay	0920	Arrive	Kirkwall	1100
Depart	Kirkwall	0740	Arrive	Sanday	0905
Depart	Sanday	0915	Arrive	Stronsay	0950
Depart	Stronsay	1000	Arrive	Kirkwall	1140
Depart	Kirkwall	1600	Arrive	Stronsay	1740
Depart	Stronsay	1750	Arrive	Eday	1825
Depart	Eday	1835	Arrive	Kirkwall	1955
Depart	Kirkwall	1640	Arrive	Stronsay	1820
Depart	Stronsay	1830	Arrive	Sanday	1905
Depart	Sanday	1915	Arrive	Kirkwall	2040

Sunday 17 August 2025

Depart	Kirkwall	0840	Arrive	Eday	0955
Depart	Eday	1005	Arrive	Stronsay	1040
Depart	Stronsay	1050	Arrive	Kirkwall	1230
Depart	Kirkwall	0900	Arrive	Sanday	1025
Depart	Sanday	1035	Arrive	Stronsay	1110
Depart	Stronsay	1150	Arrive	Kirkwall	1330
Depart	Kirkwall	1545	Arrive	Stronsay	1725
Depart	Stronsay	1740	Arrive	Eday	1815
Depart	Eday	1825	Arrive	Kirkwall	1940
Depart	Kirkwall	1600	Arrive	Stronsay	1740
Depart	Stronsay	1750	Arrive	Sanday	1825
Depart	Sanday	1835	Arrive	Kirkwall	2000
Depart	Kirkwall	0920	Arrive	Westray	1045
Depart	Westray	1055	Arrive	Stronsay	1215
Depart	Stronsay	1620	Arrive	Westray	1740
Depart	Westray	1800	Arrive	Kirkwall	1925



All bookings must be made and paid for in advance for this event.



For Conditions of Carriage of Passengers and Cargo please see notices exhibited in the vessels, company premises and website.



Development Officer Update

Craftship Enterprise Site - Progress Update

A month on from our initial announcement, we're pleased to share that Stronsay Development Trust has now submitted a Stage 1 Scottish Land Fund application for the potential community purchase of the Craftship Enterprise site.

We're also arranging an independent valuation as the next step in the process.

Join the Conversation at the Massive Weekend

We'll be presenting our ideas for how the Craftship site could be used as a community asset, and we're keen to hear your views. Come along to share your thoughts and help shape this exciting opportunity.

We'll also be gathering wider community feedback on everything related to our Wellbeing Project—what's worked well so far, and how we can build on these successes going forward. Join us to celebrate the positives and explore how your feedback can help us design next steps that meet the island's needs.

Recycling and Continuity

We're very grateful to Viv, who is currently covering the recycling project and helping keep things running smoothly while we shape future plans.

Carbon Neutral Islands & Climate Action Plan

At the Massive Weekend, we'll also be inviting you to contribute your ideas for new Carbon Neutral projects, and to provide feedback on our ongoing Climate Action Plan and final Place Plan preparations. Your input is essential as we work to secure a more sustainable future for Stronsay.

Looking Ahead - Sports & Water Activities

We're currently exploring the creation of a Stronsay Sports Club and Water Sports Club to support local participation and safe use of equipment like kayaks. We hope this will help us prepare for hosting the North Isles Sports next year, and encourage more youth and adult involvement in sports on the island.

We need your thoughts!

Your feedback and ideas continue to be a vital part of shaping community projects. Please come along to the Massive Weekend and let us know what matters to you.

Together, we're building something great for Stronsay.



Stronsay Development Trust

SDT Grant Scheme

We're thrilled to announce that applications are now open for the new SDT Grant Scheme, funded by the Community Turbine!

This initiative is all about supporting community-led projects and ideas that will make a real difference across Stronsay. Whether you're planning an event, pursuing training, or developing a project that aligns with the island's Place Plan, there's funding available to help bring your vision to life.

Here's what's on offer:

- Entertainment Grant - Up to £500 per event to help cover costs like performer travel, accommodation, venue hire, catering, and decorations.
- Education & Training Grant - Up to £1000, covering up to 50% of course fees, for any kind of training or educational course (open to Stronsay residents).
- Young Person's Travel Expenses Grant - Up to £200 per person per year to assist Stronsay residents under 22 (in full-time education) with travel to the mainland for organised events.
- Support Place Plan Initiatives - Up to £15,000, covering up to 60% of total costs, for projects that align with Stronsay's Place Plan and support a sustainable future for the island.

Application forms are now available to download on our Padlet page, link below.

For more information or to request a copy of an application form, please email Vicki@StronsayDevelopmentTrust.com or leave a message on 01857 616410.

Let's bring your ideas to life—apply now and be part of Stronsay's future!

Board Update

At its July meeting, Stronsay Development Trust Trustees reviewed finances and confirmed all governance review actions are complete.

Updates were received on housing and land plans, a Heritage Centre funding request, and cardboard recycling staffing. The meeting included updates on the Wellbeing programme, future sports club plans, and preparations for North Isles Sports 2026. The next meeting will be on 1st September 2025.



Stronsay Development Trust

Wellbeing

July has been a wonderfully busy month, filled with creativity, learning and plenty of community spirit.

We started off with our art workshop, "Past, Present, Future", where everyone explored different styles and told their own stories through art.

It was great to see so many people getting involved and sharing ideas. Our first gardening workshop was also a highlight this month. Everyone had a great time chatting about what plants need, how to get started, and sharing tips for gardening here on the island. Each person left with their own little project to try at home, which made it extra special.

We also held a photography basics session, where folk learned about lighting, composition and how to make the most of their cameras. All of the workshops took place in the mornings and were relaxed, friendly sessions where everyone left with something new to think about.

The SOAP activities happened this month too - bushcraft, kayaking and canoeing, archery and climbing the tower. The weather mostly played along, and it sounded like the kids had a brilliant time trying out so many different activities.

And finally, the after school games and hot dogs went down really well - all the kids (and adults!) had a great time playing games and enjoying good food together.

Contacts

The SDT Volunteer Board are: Naomi Bremner (Chair), Kevin Kent (Vice Chair), Dianne Riley-Moore (Treasurer), Mike Holland, Elsie Dennison, James Seaton, Ian Stevenson, Andrew Fraser, Carrie Stout and Molly-May Allen and Marion Miller.

Padlet noticeboard: <https://tinyurl.com/2ntnzk3n>

Email contact details:

Vicki: vicki@stronsaydevelopmenttrust.com

Shani: shani@stronsaydevelopmenttrust.com

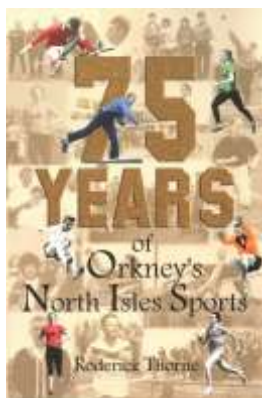
Steph: stephanie@stronsaydevelopmenttrust.com

Aimee: aimee@stronsaydevelopmenttrust.com

Board: office@stronsaydevelopmenttrust.com

Or message: [Facebook.com/StronsayDevelopmentTrust](https://www.facebook.com/StronsayDevelopmentTrust)

75 YEARS OF ORKNEY'S NORTH ISLES SPORTS



Published by Sanday Community Association, grant-aided by the Heritage Lottery Fund and the North Isles Landscape Partnership, the book outlines the origin of the Sports and contains contemporary reports for many of the times the Sports have taken place. These reports are of Track and Field athletics performances; there are no reports of Football or Netball games although comprehensive winners' lists are included for these team events.

Paperback - dimensions 240 x 160 mm

340 pages 280 illustrations

Contents:

- Introduction and Acknowledgments
- 2 chapters; 1945-49 & 1950-54
- Structure and Organisation
- 7 chapters, decade by decade, 1955-2024, covering:
 - Relays
 - Tug o' War
 - Winners lists, 1949-2024, of individual athletics events, and team events – Relays, Football, Netball and Tug o' War.
 - Records and record-holders
 - Hall of Fame
 - Index of 700 names

These books were on sale on Sanday on North Isles Sports Day, and now there are less than 50 left. 20 are held in reserve, in case there are any folk on Stronsay who would like a copy.

Priced at just £15, this is a fascinating insight into the history of the North Isles Sports, all recorded in a very readable format and including lists of winners over the years, records held and a 'Hall of Fame' of some of the outstanding athletes over the past 75 years.

If you would like to reserve a copy before they are all gone please contact Ian Cooper on 01857 616322, ian.cooper56@gmail.com or call along Steenysheed **before 10th July!**

ORKNEY FERRIES

ADDITIONAL FOOT PASSENGER SERVICE

MONDAY 2ND JUNE – SUNDAY 28TH SEPTEMBER

We would like to advise customers that the Nordic Sea will be providing an additional foot passenger service between Kirkwall and Stronsay, Sanday & Eday from Mon 2nd June to Sun 28th September. The timetable for this service can be found online at <https://www.orkneyferries.co.uk/timetables> and a copy is reproduced below.

All passengers wishing to use this service must book and make payment in advance of travel.



Additional Foot Passenger Sailings
Monday 2nd June - Sunday 28th September

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Depart Kirkwall	06:15	06:15	06:15	06:15	06:15	11:30	11:30
Arrive Stronsay	07:50	07:50	07:50	07:50	07:50	13:05	13:05
Depart Stronsay	07:55	07:55	07:55	07:55	07:55	13:10	13:10
Arrive Sanday	08:20	08:20	08:20	08:20	08:20	13:35	13:35
Depart Sanday	08:25	08:25	08:25	08:25	08:25	13:40	13:40
Arrive Eday	08:40	08:40	08:40	08:40	08:40	13:55	13:55
Depart Eday	08:45	08:45	08:45	08:45	08:45	14:00	14:00
Arrive Kirkwall	10:00	10:00	10:00	10:00	10:00	15:15	15:15

	Monday	Tuesday	Wednesday	Thursday	Friday
Depart Kirkwall	13:30	13:30	13:30	13:30	13:30
Arrive Stronsay	15:05	15:05	15:05	15:05	15:05
Depart Stronsay	15:10	15:10	15:10	15:10	15:10
Arrive Sanday	15:35	15:35	15:35	15:35	15:35
Depart Sanday	15:40	15:40	15:40	15:40	15:40
Arrive Eday	15:55	15:55	15:55	15:55	15:55
Depart Eday	16:00	16:00	16:00	16:00	16:00
Arrive Kirkwall	17:15	17:15	17:15	17:15	17:15

All sailings will be subject to forecasted weather and tidal conditions. Boarding will be at the link spans via the bow ramp of MV Nordic Sea.

Passengers wishing to use this service will need to book and make payment in advance of travel, booking is available via our website www.orkneyferries.co.uk or by calling our office during opening hours on 01856 872044

BROADBAND ON STRONSAY

Full fibre broadband (FTTP = "Fibre To The Premises") is now available on Stronsay. Openreach are installing the fibre network but to connect yourself to the fibre network you need to register with one of the approved providers. If you are interested then:

1. Go to <https://www.openreach.com/broadband-network/fibre-availability>.
2. Enter your post code.
3. Select your address from the list provided.
4. Click on "Check availability" and then either:
 - a. Click on "Learn more" then click on "Register my interest" or
 - b. Click on "Register interest" and follow the instructions.

THE PAST, PRESENT, FUTURE ART WORKSHOP

Christopher Andrew Maier

The Past, Present, Future Art Workshop took place on 09 July, and was attended by Stronsay residents whose ages were wide-ranging! Imagine the kinds of memories that were conjured, from WWII international service and first television, to the futuristic reality of actually texting on a cell phone to Australia to complete a momentary “Secret Square” assignment efficiently. The Community Centre’s large LED screen provided a dynamic visual aspect to the lessons. Prehistoric cave art and modern quilting images suggested that “following the lines” has always been useful in realizing ideas. Most importantly, we considered that, in order to succeed, an artist must measure technically, visually and emotionally. Looking forward to our next workshop 06 August. It will be held in the same location, but we’ll be peering through a completely different creative window, suitably entitled Polished Pastels. No art skills necessary!



(Details of future workshops are on the next page)

STRONSAY HOUSES PHOTOGRAPHY PROJECT

As part of a project I’m working on I’m hoping over the next few months to take a photo of every house on the island. The photo would be taken from a discreet distance and wouldn’t interfere with anyone’s privacy but if you would prefer not to have a current photo of your house included in this project please let me know.

As part of the same project I’m hoping to find past photos of as many local houses as possible and hope some of the ‘Limpet’ readers may be able to help. These photos don’t necessarily have to be particularly large, old or clear, and even photos of folk with the house in the background would be appreciated, as would any of the small black and white snaps that were common at one time. If you have any such photos please let me know as I would love to have a copy of them. If I could borrow the photo just long enough to make a copy before returning the original to you that would be great. I would take great care of it and would also supply a 7” x 5” or 8” x 6” copy of the original for you to add to your own photo collection if you wish.

If you do have any such photos you’re willing to let me copy please let me know by email at ian.cooper56@gmail.com, phone 01857 616322 or drop in past Steenysheed anytime.

Thanks in advance,
Ian Cooper

ART WORKSHOPS FOR BEGINNERS!

All workshops are held in the Community Hall and last from 1:30pm to 4:30pm.

Polished Pastels (Wed 6 Aug)

Generally speaking, pastel chalks are notably difficult to control. The broken pieces tend to be clumsy in the hand, they require specially textured papers, they smudge easily and also need a fixative spray or glass to protect them. Our “Polished Pastels” technique sidesteps every one of those difficulties!

Join our experienced art teacher Christopher Andrew Maier who developed this particular art project especially for his students who found working with pastels difficult. No art skills required.

3 hours with supplies provided, including a take home project consisting of several dreamy matted color field images suitable for personal gift or greeting card.

Wacky Weaving (Wed 3 Sep)

Step into the unpredictable world of Wacky Weaving, where interwoven paper curves and zigzags are paired with magazine images to create unforgettably zany one-of-a-kind images, guaranteed to tilt the mind and free the spirit.

Join our experienced art teacher Christopher Andrew Maier in this workshop to discover his unique method for paper weaving, developed expressly for his students, challenging them to think outside the box. No art skills required.

3 hours with supplies provided, including a take home project consisting of several slick matted A4 assemblages protected by clear Contact paper, suitable for personal gifts or greeting cards.

Five Minute Freehand Drawing (Wed 1 Oct)

How many 3D objects pass before your eyes as you make your way through your alert daily life? 10,000? 50,000? Any single one of those myriad objects could be worth contemplating for just a few minutes, to focus on and appreciate simplicity, the end result being a little pencil sketch that would fit in the palm of your hand.

Join our experienced art teacher Christopher Andrew Maier in this 3 hour workshop to “Stop and smell the roses”, looking closely at the simple things in life. Bring your key ring and something small that is meaningful to you! Timed music is added to the mix for fun. Ready? Set? Go!

3 hours with supplies provided, including a take home project consisting of nine matted individual sketches, proving that you are able to slow down, for once in your life.

GP & COMMUNITY NURSE ROSTER

The rosters for the island’s GP & community nurse are regularly updated online at <https://stronsaylimpet.co.uk/RosterGPandNurse.html>

AUGUST WORKSHOPS

REGISTER YOUR INTEREST NOW!

From Stronsay Island Wellbeing

We've got a brilliant line-up of FREE creative and practical workshops happening this August – all designed for adults and supported by the Adult Health & Wellbeing Fund. Come along, learn something new, and enjoy some great company while you're at it! More info on time and location coming soon.



Art: Polished Pastels

Pastel chalks can be tricky — they break easily, smudge, and need special paper and fixative to protect the finished work. This friendly workshop helps you explore simple ways to handle pastels with confidence. No previous art skills needed — just curiosity and a willingness to experiment!



Wildlife: Rock Pool Explorers

Discover the tiny worlds hidden in our local rock pools. This session will guide you through recording and identifying the amazing wildlife living in these small but vital ecosystems. Perfect for curious minds who love nature up close!



Gardening: Summer Garden Jobs

Get hands-on with practical gardening skills for this time of year. We'll cover essential tasks like weeding, hoeing, watering, and how to care for your equipment. Plus, learn how to handle Orkney's unique challenges — wind, short seasons, pests and more — so your garden can thrive.



Photography: Improve Your Shots

Bring your camera — and your questions! This friendly session will help you understand composition, focus, and the 'rule of thirds'. Try out different styles like portraits, landscapes or photojournalism. You'll even take a photo during the session to share with the group a great chance to learn by doing.



All workshops are free and for over 16s only.



Community transport is available via the SDT E-Vehicle – just let us know when you book.



Booking is essential – call the office on 01857 616 410 or mobile 07904 578120

(See poster on next page)

WELLBEING WORKSHOPS

AUGUST'25



ART

6TH

Pastel chalks can be tricky — they break easily, smudge, and need special paper. This workshop offers simple ways to handle them confidently. No art skills needed — just curiosity and a willingness to try!



GARDENING

13TH

Get practical with seasonal gardening tasks like weeding, hoeing and watering. Learn tips for caring for tools and tackling Orkney's unique challenges — wind, short seasons and pests.



PHOTOGRAPHY

20TH

Bring your questions! Learn what makes an engaging photo, use the rule of thirds, and explore styles from portraits to landscapes. Take a photo to share — no specialist gear needed, just curiosity.



WILDLIFE

27TH

Discover the hidden life of local rockpools! Record and explore these tiny coastal ecosystems, slowing down to observe the fascinating marine creatures that live there.



STRONSAY COMMUNITY COUNCIL

Chair: Louise McQuaid Vice Chair: Damian Stout

AYRE OFFSHORE WINDFARM

The Community Engagement Manager, Thistle Wind Partners, an Edinburgh-based business, founded with a focus on Scottish offshore wind development has notified Stronsay Community Council that later this year they will be submitting marine licence applications to construct an offshore windfarm and associated transmission infrastructure for the Ayre Offshore Windfarm. The proposed windfarm will have the potential to generate around 1GW of renewable energy and is located 22km off the east coast of Orkney.

The licensable activity consists of:

Up to 67 wind turbines (floating or fixed foundations)

Up to two offshore substations, connected to the turbines via inter-array cables
Up to three Interconnector cables

Up to 20 Subsea collectors. Up to four export cables to the landfall location of Sinclair's Bay in Caithness.

Thistle Wind Partners will be sharing their progress with a series of formal Pre-Application Consultation (PAC) events as detailed below. This will enable the team to gather feedback prior to finalising their proposals and they hope that you will be able to attend. A virtual consultation room will also be available for those unable to attend in person at www.twp.scot/ayre

Wednesday 27th August 2025 Deerness 10:00am – 1:00pm, Deerness Community Centre, KW17 2QH

Wednesday 27th August 2025 Kirkwall 3:00pm – 7:00pm, St Magnus Centre, KW15 1PA

Thursday 28th August 2025 Kirkwall 9:30am – 12:30pm, St Magnus Centre, KW15 1PA

You are welcome to attend any of the above meetings either in person or virtually.

Should you require any further information please contact Allan Tait, Community Engagement Manager, Thistle Wind Partners, email: a.tait@twp.scot telephone: 07523 687 412

Colin McAlpine

Island link Officer/Clerk 10 June 2025

STRONSAY MEN'S SHED

The Stronsay Men's Shed have their own Facebook page up and running now, if you would like to contact them direct please do pm them.

<https://www.facebook.com/profile.php?id=61558772842680>

Records of a Bygone Age
Stronsay's Side Schools
Part 6 – Out with the old and in with the new

The first term of 1950 saw a new teacher, Mrs Margaret (Meg) Fiddler, in place in the school. She had previously taught at the Central School (as Miss Margaret Banks) from 1927

to 1930 but had then married a local man, moving to Kirkwall for a time where her husband John Fiddler acted as a ship's pilot in Kirkwall Harbour throughout the war. The youngest of their family wasn't yet at school so Mrs Fiddler on occasion took him into school with her. At other times he was left with the Millan family at Southbank, where Mrs Fiddler went to have her lunch each day.

The pupils were left to their own devices, completely unsupervised, while Mrs Fiddler had her lunch break. One former pupil recalls how they always had one of their number designated to be 'on watch' to warn of the teacher's return, enabling them to return to their seats and be working industriously when the classroom door opened!

This new teacher was to inherit some of the same old problems, with the school being dismissed early on 31st January due to the room being very unpleasant due to smoke and soot and then, on 2nd and 3rd February, no fires could be lit as the stove was smoking so badly. In an attempt to provide at least some warmth in the school an oil heater was delivered on 6th February.

Nature rambles still continued, with a walk to Lamb Head noted on 8th June. Later that year, obviously paying some heed to the requirements of personal hygiene, the School Management Committee provided a basin, ewer and soap for pupils to wash their hands. Although about as basic as it was possible to get, it must still have made some considerable difference to cleanliness and prevention of disease.



The latest in hygiene – cold water and carbolic soap!

The log of 30th April 1951 recorded that 'The school is very cold, particularly in the forenoon. Temperature at 10 am was 38 degrees.'

(continued on next page)

Then, on the 25th of the following month it was recorded that *'Fires still being lit every day but with wind going from NE to SE there has been little heat from them and the room is always unpleasant with smoke and soot.'* Later that year a new stove was fitted with the hope that it would function more efficiently.

Despite the soap and water now available, school attendance still suffered at various times through illness and epidemic, with it being recorded that whooping cough had been prevalent from 26th October until 20th November 1950, influenza from 30th January to 9th February 1951 and chicken pox from 11th May until 4th June that same year.

In another rather unusual event, on 29th June 1951 food parcels all the way from the Fiji Islands were distributed among the pupils. There is no record of what prompted this, or what was actually contained in the parcels, but with some rationing still in place it can probably be assumed that this was a gift from schools overseas similar to that received from Australia three years previously.

Weather dominated the log in 1952, with the entry for 15th January stating that *'I was unable to reach school today as the road was blocked by fallen telegraph poles after the great gale which struck Orkney in the early hours of this morning. Velocity of wind estimated to have reached 120 mph at times. Severe damage almost everywhere. The school received no damage although there were a few slates off the schoolhouse. A boy and girl reported the loss of their school books during the gale and were issued with new books.'* It would be interesting to have known what had actually happened to have caused the loss of those books.

Just two weeks later Mrs Fiddler recorded that she couldn't get to school for four days as the roads were blocked with snowdrifts.

In a new venture for the school that April the Education Committee sent retired Post Office worker Robert Wilson out to the school to teach singing. He was in Stronsay for a fortnight, giving lessons to young and old at both the South and Central School, and his teaching was said to be very much appreciated.

Another wedding and reception was held in the school on 15th October 1952 with the marriage of John James Hall and Annie Jane Cooper being celebrated there.

There was a 3 day school holiday, from 1st to 3rd June 1953, to celebrate the coronation of Queen Elizabeth II, with all 12 pupils on the roll being presented with silver teaspoons and blue plastic beakers, given as Coronation souvenirs by the Education Authority. This was the first major event to be broadcast live on British television but, as it was to be several more years before television came to Orkney, pupils had to enjoy the delights of the Coronation huddled around the radio or 'wireless' as it is often still referred to in Orkney.

(continued on next page)



An old Etronic Wireless (radio) which, in the days before generators, and with mains electricity beyond imagination, was powered by a wet cell battery.

A more unusual problem with the coal-fired stove in the schoolroom was noted on 25th November when it was logged that *'No fires lit for the past four days as the Clerk of the School Management Committee had neglected to order coal, despite being given adequate warning.'*

The coal stocks had obviously been replenished a few weeks later when, on 16th December, we are told of a more serious problem occurring with that same fire. The log records that *'The wood around the stove was found to be burning when the cleaner arrived at school last night. The stove was removed and a report sent to the Education Department. A new stove was delivered on 21st December but couldn't be fitted until the Christmas Holidays.'*

There was an outing to attend a Children's Service at the Church conducted by Rev EPG Fox on 27th May 1955. This service, involving all the schoolchildren on the island, would have been one of the first services to be held in the newly built Moncur Memorial Church, the opening ceremony of which had been held on the 11th of that month.

The HMI report in January 1956 reported that *'The school building is in good condition but the lack of an adequate water supply prevents the modernisation of the lavatories. The classroom has recently been attractively decorated, and the high standard of cleanliness calls for favourable comment. The provision of a fire guard is recommended. Progress in basic subjects was, in general, good, the work of the younger pupils in particular being creditable.'*

Matters discussed with the headmistress included the use of individual reading material in the infant classes, the teaching of history, geography and handwork and the development of composition.'

In what must surely have brought to an end the long-running saga of the problems with poor heating, inadequate stoves and a smoke filled room, new Calor Gas convector heaters were installed in the schoolroom in September 1956.

(continued on next page)

It was obviously extreme weather conditions on 26th November the school was dismissed early, with the severe gale of the time being recorded as reaching 124mph at Costa Head.

We move on now to 1959, when a newly extended and modernised Central School had been designed and built with ample capacity for all island pupils. With a good school bus service also available, the writing was on the wall for the South School, the last survivor of Stronsay's side schools. In what was the final entry in the South School log on 18th September 1959 Mrs Fiddler recorded that '*School closed today. The eleven pupils are being transferred to the new Central J S School.*'



This photo from around 1955 is the last photo to be found of pupils at the South School.

*Back row: Robert Miller, Jim Allan, Jim Rendall, David Miller, Ronald Allan.
Front row: Philip Rendall, Margaret Miller, Anne Miller, Elma Shearer, Winnie Fotheringhame, Tom Fotheringhame.*

These eleven pupils, the last to be taught at the South School, were: James Chalmers, Housebay; Robert Miller, Gesty; Robert Shearer, Lower Leaquoy; James Miller, Felsquoy; John Shearer, Lower Leaquoy; Edith Fiddler, Holland; Barbara Ann Groat, Dunroamin; Jean Miller, Gesty; Margaret Miller, Gesty; Marion Shearer, Crowanna and Sandra Chalmers, Housebay. Their teacher, Mrs Fiddler, moved with them to the Central School where she continued to teach until her retirement in 1967.

Ian Cooper
July 2025



Stronsay Development Trust

Contact Details – 01857 616410

Development Officer	Shani Hall	Shani@StronsayDevelopmentTrust.com
Assistant Officer	Aimee Stout	Aimee@StronsayDevelopmentTrust.com
Assistant Officer	Steph Rome	Stephanie@StronsayDevelopmentTrust.com
Admin/Finance	Vicki Holland	Vicki@StronsayDevelopmentTrust.com

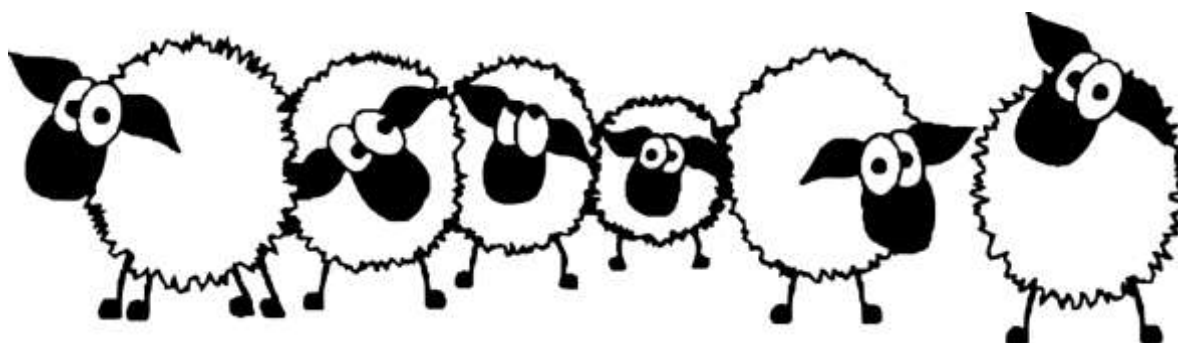
Office Hours

Monday to Friday 9am-11am

May be subject to change depending on online meetings and other SDT commitments, please check our Facebook page for updates

Bike hire must be booked in advance – please contact the office for bookings

Stronsay Stitchers



Thursday 28th August 2025

7.00pm-9.00-pm, Church Hall, £2.00/person, refreshments

We are an informal group who meet once a month to do our own stitchy things. You can bring any projects you're working on such as crochet, needlework, knitting, rug hooking etc.

Everyone welcome.



STRONSAY DEVELOPMENT TRUST

IS PLEASED TO ANNOUNCE...

THE CARDBOARD RECYCLING FACILITY IS NOW OPEN!



Three large green bins are located
outside UNIT 2



RECYCLING GUIDELINES

- ✓ ALL CARDBOARD IS DRY
- ✓ ALL CARDBOARD IS FLATTENED
- ✓ ALL TAPE IS REMOVED



HAVE A LARGE DELIVERY OF CARDBOARD?

Staff can arrange access to Unit 2
for bigger drop-offs.

Please contact us in advance at:

ECO@STRONSAYDEVELOPMENTTRUST.COM

If the bins are full please contact eco@Stronsaydevelopmenttrust.com.

Please do NOT leave cardboard outside of the unit other than in
the bins provided.

Thank you for helping us keep Stronsay
clean and green!

The Islands Small Grant Scheme is designed to support local communities, its aim is to empower individuals, groups, and organisations to carry out projects that benefit the island's development, sustainability, and well-being.

ENTERTAINMENT GRANT

Funding of up to £500 per event.

Available to help groups host events on Stronsay, the funding can be used to cover expenses such as travel and accommodation for visiting performers, freight for equipment, decorations, catering or venue hire.

EDUCATION & TRAINING GRANT

Funding of up to £1000, to fund a maximum of 50% of the course fees.

Available for Stronsay residents to assist with course fees for any kind of training or educational course.

YOUNG PERSONS TRAVEL EXPENSES GRANT

Funding of up to £200 per person per year.

Available for Stronsay residents under the age of 22 and in full time education to assist with travel expenses to the mainland to attend organised events.

SUPPORT PLACE PLAN INITIATIVES

Funding of up to £15,000 is available, to fund a maximum of 60% of the total cost.

Available to Stronsay residents to support local projects that align with the goals and priorities set out in the recent Place Plan, empowering groups of residents, organisations and community groups to develop sustainable initiatives that reflect the shared vision of our island's future.

All applications will be treated in confidence and decisions will be made jointly by the Stronsay Development Trust Trustees

STRONSAY COMMUNITY COUNCIL

As from 19 May 2025, the following have been confirmed as members of Stronsay Community Council: -

Maya BAR-TOR	Bennicuml, Stronsay, KW17 2AJ Email; mayabartor@gmail.com
Dominic BLYTH	St. Catherines, Stronsay, KW17 2AN tel: 616242 email: saniman@live.co.uk
Shane HOURSTON	Housebay Cottage, Stronsay, KW17 2AJ tel: 07593965600 email: s.hourston@yahoo.co.uk
Louise McQUAID	Bayview, Stronsay, KW17 2AR Chair tel: 616376 email: louisemcquaidecc@gmail.com
James SEATON	Thorfinn, Stronsay, KW17 2AS tel: 07470111871 email: safehandsno_1@hotmail.com
Damian STOUT	Linksness, Stronsay, KW17 2AT Vice Chair tel: 616258 email: damiienstout@btinternet.com
Shirley WHITEMAN	St. John's Cottage, Stronsay, KW17 2AT tel: 616438

The role of a Community Councillor is to ensure that they work for the best interests of the whole community and remain representative of, and accountable to, the represented community.

If you have a community related issue that you wish to bring to the attention of the Community Council, please contact any of the above members, or the Clerk, tel: 616446 email: stronsaycc@gmail.com

Colin McAlpine
Island Link Officer/Clerk
19 May 2025

RADIO TELESWITCH SERVICE (RTS)

BEING PHASED OUT STARTING ON 30TH OF JUNE 2025

This will affect households that use an older electricity meter for heating their home and for hot water, with some types of electricity meter needing changed. As part of this partnership, NWS is helping to raise awareness of this issue in Scotland.

What is the Radio Teleswitch Service (RTS)?

RTS is a radio-based system introduced in the 1980s which enabled older electricity meters to switch between peak and off-peak rates. RTS is used for some traditional multi-rate meters and was designed to support those who use electricity for their heating and hot water. This may include those who use electric storage systems, panel heaters or immersion heaters in water tanks – some of which typically charge up overnight.

RTS is now reaching the end of its natural operational life. This means that the equipment that produces the radio signal cannot be adequately maintained anymore. The Radio Teleswitch Service is due to be closed (its signal will begin to be phased out from 30 June 2025). If your electricity meter relies on this service, it will need to be upgraded before the signal is switched off.

How to find out if you have an RTS meter?

If you are not sure whether you have an RTS meter, there are a few things you can look out for:

- There may be a separate switch box near your meter with a radio Teleswitch label on it.
- Your property is heated using electricity or storage heaters.
- There is no gas supply to your area, this includes households in rural areas and high-rise flats.
- You get cheaper energy at different times of day. Your tariff might be Economy 7, Economy 10, or Total Heat Total Control.

What happens if I do not upgrade my RTS meter?

If you decide not to upgrade, the heating and/or hot water provisions in your home or business could be affected.- Your heating and hot water may not work correctly. You may find that your heating and/or hot water is left continually switched on or off; or the charging-up happens at the wrong time of day.

Your bills could increase. Your electricity supplier will not be able to confirm how much electricity you have used during peak or off-peak times, which means your electricity costs could be much higher than before.

VAN AVAILABLE FOR CHARITY WORK

The Pomona Prefect logo peedie red van is available for charity work on the island if anyone needs a man and a van and wants to help the island reach the target. Saturdays service and cost for this is suggested as £10 per hour min donation for half hour units. All to the Stronsay Defib fund. No live animals, persons transported or dirty, sloppy stuff carried. Limited load and not a taxi service. This is a temporary thing to raise money and not a challenge to any services on the island. Call Mick for all taxi work and Sinclair Haulage for freight!

Also, if anyone needs their car karcher jet washed and vaccuming and then can do at Ellerslie as you pass for a donation to same Defib Fund. Cost is £10 per basic body wash and wheels rinsed and boot/inside vacced. Limited to cars. No monster trucks, panel vans, lorries or camper vans sorry.

This charity service will be hopefully available until there are enough defib machines in position with the people trained to cover us all 24/7. Availability is limited to Saturdays.

Any questions and to book give me a call.

Nicandro J. Porcelli, Ellerslie. Telephone or text to - 07732 276046

ISLAND LINK OFFICE

Commencing Wednesday 19th February 2025 the Stronsay Island Link Office, located in the Fish Mart, will be open every Wednesday between 10am and noon.

A range of services are available, including the collection of black bin bags, photocopying at 10p a copy, collect a form for Stronsay Community Council financial assistance, or a form for the scrap car scheme (still open for applications), raise issues or concerns that Stronsay Community Council may be able to address and even contact officers at OIC.

I look forward to seeing you, but if you are not able to call into the office I can be telephoned on 616446 or by email to stronsaycc@gmail.com

Colin McAlpine
Stronsay Island Link Officer/Clerk
12 February 2025

If you see something in the Limpet that is inaccurate or no longer valid
please drop a line to "The Editor, Claremont KW17 2AR"
or email editor@stronsaylimpet.co.uk

Stephen Clackson's Letter from School Place

— 150th Issue —

The 150th issue of my *Letter* is perfectly timed to report on the 75th North Isles Sports, which took place in Sanday on the day of the summer solstice. This year, competitors and spectators came from Eday (after a long absence), North Ronaldsay, Sanday, Stronsay, Westray and Papa Westray. (One day I hope to see Papa Stronsay compete in the tug o' war and maybe teams sent from the inner North Isles.) The weather was changeable during the day, but remained clement, apart from the fog that prevented the North Ronaldsay folk getting home. Well done to Westray for winning the Primary Cup, Schools Cup, Junior Relay Quaich, Senior Relay Quaich, Challenge Cup and Millennium Cup; to Sanday for winning the junior netball, senior netball and junior football; and to Papay for winning the senior football. Congratulations to Boys' Champion Tristan Hoque, Girls' Champion Lizzie Marcus, Men's Champion Conner Marcus, and Women's Champion & Best Adult Millie Dennison. And well-pulled to Stronsay for winning the tug o' war. (And bravo to my bees, who kindly refrained from swarming until the following day!) You can find a wealth of information about the previous 74 North Isles Sports in Roderick Thorne's 340-page "75 Years of Orkney's North Isles Sports" (price £15). My fellow North Isles councillor, Heather Woodbridge (N Ron) won joint bronze in the women's high jump, but no member of the Clackson family competed in the 75th, however Frideswide Clackson's past glories, along with those of a host of others, are detailed in Rod's well-illustrated and informative book.



On midsummer morning, I landed at a foggy Sumburgh Airport (photograph above) for a meeting of the Orkney & Shetland Valuation Joint Board that afternoon in Lerwick. One thing that came up at the meeting was the poor response so far (only 45%) for postal vote re-applications for UK parliamentary elections. If not renewed, these expire in January! It will also soon be time for this year's annual electoral register household canvas. Make sure to complete it. **Don't lose your right to vote!** You never know when an election may be sprung on you (from community council by-election to snap general election).

Our last General Meeting before the summer recess saw a disgraceful denial of democracy. Cllr James Moar's notice of motion requesting earlier cutting of roadside verges was unable to be considered thanks to 8 councillors refusing to vote for the necessary suspension of standing orders (which requires a two-thirds majority). This is the first time our longest-standing councillor (Cllr Dr Steven Heddle) has known such a vote be used to block open debate in the Council chamber. Shameful!

Other meetings I attended before our recess included: a special Policy & Resources Committee meeting concerning delivery of our Strategic Housing Investment Plan; and seminars on the Orkney World Heritage Site Programme and on Flotta Oil Terminal decommissioning. I went to the Shapinsay Community Council meeting, and later I arranged to meet the Deputy Harbour Master at their ferry slip on the Kirkwall side with some of the community councillors to discuss parking issues there.

As you are no doubt aware, there have been some other games going on in Orkney (also nicely timed for this 150th issue). I took part in a civic reception with dignitaries from the participating islands and was able to talk over with the Faroese Prime Minister Aksel V. Johannesen my idea of establishing some cultural linkage between their island of Sandoy and our island of Sanday. He promised to pass some material from me on to the island's municipalities. The Faroese team came top of the medal table in the XXth International Island Games, and the Faroe Islands will be hosting the next Island Games in 2027.

Other council business I undertook during the councillor recess was to travel to Thurso for a meeting of the Dounreay Stakeholder Group (on which I represent OIC).

Stephen

Cllr Dr Stephen Clackson
Member for the North Isles Ward,
Depute Convener Orkney & Shetland Valuation Joint Board

West Manse, Sanday
stephen.clackson@orkney.gov.uk

Letter from School Place is also
available on-line at clackson.info

Photo & image credits: John Ross Scott, OIC and
<https://stronsaylimpet.co.uk/ISSUE83May2012.pdf>



Letter from School Place

Well, I'm in — and on first preferences alone, so there was no doubt this time. A big thank you to all who voted "1" for Clackson! But whether you voted for me or not, I am now in School Place to represent you. You can drop me a line at: West Manse, Sanday, Orkney KW17 2BN or at the Council Offices, Kirkwall, Orkney KW15 1NY. My council e-mail address is stephen.clackson@orkney.gov.uk.

At the time of writing this, I am still in the throes of "induction", which means I'm spending a lot of time away from home in Kirkwall. We have had our first statutory general meeting, and a new convener was elected, Dr Steven Heddle. Like me, Steven has a PhD in physics, so he should be able to tackle anything!

I have been placed on the following committees: Policy & Resources; Education, Leisure & Housing, and Licensing. I've also been appointed to the Orkney & Shetland Valuation Joint Board, and I'm OIC's representative on the University of the Highlands and Islands Foundation.

I plan to attend community council meetings and parent council meetings from time to time on your island, so look forward to seeing you then.

Cllr Dr Stephen Clackson



10

STRONSAY
LIMPET

No. 83 May 2012

**First ever "Letter from School Place"
as it appeared in the Stronsay Limpet**



Have you thought about becoming a childminder?

Do you love interacting with peedie people?

Are you looking for a role that allows you to be there at the start and end of the day for your own school aged children?

Perhaps you're looking for a new, rewarding career that fits around your family, where you can make a difference to children's lives every day?

The Council is working with the Scottish Childminding Association to launch a free training and support programme aimed at encouraging up to seven people to become childminders.

The Programme for Scotland's Childminding Future is being delivered by the Scottish Childminding Association with support from the Council's Early Years' Service and the Local Employability Partnership. It covers everything a new childminder will need to do to achieve registration. Once you are registered, you can join a supportive group of local childminders who are always keen to share tips and ideas.

We are particularly keen to support people who live on islands and in rural areas to become childminders, so if you live in the country or on an island off mainland Orkney and are considering childminding as a career, we are keen to hear from you.

You'll find lots of support available to get started, including funding, training and advice through the Programme for Scotland's Childminding Future. To find out more and to register your visit interest, visit <https://getstarted.childminding.org/>

Please register your interest by Sunday 6th July

If you would like to chat further about this opportunity, please contact Catherine Diamond (Service Manager for Early Learning and Childcare) on catherine.diamond@glow.orkneyschools.org.uk or phone on 873535 ext 3220

All PSCF candidates receive:



You don't have to live with muscle or joint pain

Many muscle and joint problems can be managed at home with support from a team of Physiotherapists



Safely assess your condition using our online digital referral tool to connect you to the right care, in the right place.

Use the QR code below or by visiting:
phio.eql.ai/provider/nhs-orkney-pc



SCAN ME



73%

of GPs recommend self directed exercises for muscle & joint problems



>66%

of people report less pain within 2-4 weeks



68%

of people get started with their exercises within one day

Phio.

“IMPROVING THE CANCER JOURNEY” (ICJ) SERVICE

NHS ORKNEY

If you or someone you know has been affected by cancer, *Improving the Cancer Journey* is here to help. *Improving the Cancer Journey*, in partnership with Macmillan, is a dedicated service to support anyone affected by cancer with their non-clinical needs. This could be the person with the cancer diagnosis, or it could be someone affected by that diagnosis, such as family or carers.

When someone is diagnosed with cancer, they often describe feeling like they're in a maze. It can be difficult to know what services are out there and where to access them. The *Improving the Cancer Journey* service is here to support with this, and help people to access the services that can support with their non-clinical concerns.

Non-clinical concerns may include:

- Supporting someone to access local teams that can help with money or housing worries and benefits
- Addressing caring or work responsibilities
- Connecting with those that can support with addressing physical concerns
- Accessing complimentary therapies
- Helping with emotional concerns, connecting with wellbeing support and services
- Accessing information to answer questions or concerns about cancer and treatment

When someone affected by cancer accesses the ICJ service, they will be offered a Holistic Needs Assessment, which is a simple check-list style questionnaire that helps to understand what means most to the person. The key areas addressed within a Holistic Needs Assessment are financial, practical, physical, emotional and spiritual.

Based on this assessment and meaningful conversations with an ICJ Link Worker, a support plan will be created to ensure the person affected by cancer is offered all the support they need.

Patients can be referred into the service through a self-referral form or via a professional referral. Both referral forms, alongside further information, can be found on the ICJ page of the NHS Orkney website - [Improving the Cancer Journey \(ICJ\) | NHS Orkney](#).

The referral forms can be filled in online and sent to the ICJ email address – ork.icj@nhs.scot.

If you have any questions or would like to learn more about the ICJ service, please don't hesitate to get in touch. We are happy to support in any way we can.

Email: ork.icj@nhs.scot

Phone: 01856 888084 (Public Health Department)



Right Care Right Place

If you think you need to
attend A&E, but it is not life
or limb threatening call
NHS 24 on 111

To check your symptoms visit:
nhsinform.scot



NHS Inform

- Check your symptoms
- Find local services and opening times
- Health advice to help you stay well



NHS 24 Online App

A handy app to help you check your symptoms and find your nearest service



Pharmacist

- Coughs, colds, and sore throats
- Aches, pains and UTIs
- Diarrhoea or constipation
- Help if you run out of your repeat prescription



Mental Wellbeing

- Help for mental wellbeing. nhsinform.scot/mind-to-mind
- Breathing Space: 0800 83 85 87
- For urgent mental healthcare call NHS 24 on 111



Optometrist

- Red and/or sticky eye
- Blurred or reduced vision
- Flashes and floaters



Dentist

- Injury to mouth or teeth
- Swelling in mouth
- Toothache and general dental advice



GP Practice

A range of clinicians, including doctors and nurses, to help you with both physical and mental health issues



Minor Injuries

- Cuts and minor burns
- Sprains and strains
- Suspected broken bones and fractures

call NHS 24 on 111



NHS 24

When your GP and pharmacy are closed, and you are too ill to wait call NHS 24 on 111



999 or A&E

For emergencies including:

- Suspected heart attack or stroke
- Severe breathing difficulties
- Severe bleeding

Isles residents concessionary travel scheme



Are you?

- Age 65 +
- Disabled
(must meet disabled person criteria)

You may be entitled to 24 free ferry journeys per year

Who do I contact for further information?

Transportation Service
Marine Services and Transportation
Enterprise and Sustainable Regeneration
Orkney Islands Council
School Place
KIRKWALL
KW15 1NY

Tel: (01856) 873535

E-mail: ferryvouchers@orkney.gov.uk

Web: www.orkney.gov.uk



Who do I contact for further information?

Transportation Service
Marine Services and Transportation
Enterprise and Sustainable Regeneration
Orkney Islands Council
School Place
KIRKWALL
KW15 1NY

Tel: (01856) 873535

E-mail: ferryvouchers@orkney.gov.uk

Web: www.orkney.gov.uk

The concessionary card holder is the only person permitted to use the Ferry Services Concessionary SmartCard. It is not transferable. Allowing someone else to use the card to access free travel is fraud and your entitlement to free concessionary trips on board Orkney Ferries may be withdrawn.

For full terms and conditions please visit:
www.orkney.gov.uk/transport.

Please note that your personal details will not be used for any purpose other than for the local concessionary travel scheme operated by Orkney Islands Council and Orkney Ferries Ltd.

A large print black and white version of this leaflet is available on request from Orkney Islands Council.

TRANSPORT LINKS



ISLES RESIDENTS CONCESSIONARY TRAVEL SCHEME



www.orkney.gov.uk/transport

www.orkney.gov.uk/transport

R100 BROADBAND EVALUATION



The Scottish Government is assessing the success of **R100**, a government funded programme which is **extending access to faster broadband across Scotland**.

To inform this, we are surveying households and organisations who:

- Are **scheduled to receive faster broadband access**
- Have been **provided with faster broadband access** and have taken up the connection
- Have **been provided with faster broadband access** but have not taken up the connection



Scottish Government
Riaghaltas na h-Alba
gov.scot



Stantec

To determine if your property is impacted by the programme, and complete a survey, please go to:

<https://tinyurl.com/R100Evaluation> or scan the QR code below:



The deadline for all responses is 3 March 2025

Please email R100Evaluation@stantec.com if you have any further questions.

Survey = <https://tinyurl.com/R100Evaluation>

The Digital Phone Switchover



ORKNEY
ISLANDS COUNCIL

What you need to know

What is the digital phone switchover?

The UK's telephone network is changing. Between now and January 2027 most telephone providers will be moving their customers from old analogue landlines over to new upgraded landline services using digital technology. This means services that rely on the old landline system such as home phones, telecare and health devices will need to be compatible.



How will it affect me/what do I need to do?

The good news is – your landline isn't going anywhere and for most consumers and businesses, this change will be straightforward. In fact, many customers are already making the switch when they upgrade to fibre broadband.

Your telecoms provider (for example, Vodafone or BT) **should contact you before the switchover** to check in and discuss what you need to do to make sure any reliant services you may have aren't affected. However, we're encouraging everyone to know what to expect.

The change may be as simple as plugging your phone into a broadband router rather than the phone socket on the wall, or you may be given a new router to do this.

Please note that your provider will move you to a digital service before January 2027. If you care for a vulnerable person, please keep an eye out for correspondence notifying of a switch over date.

If you have any concerns or questions, please contact your telecoms provider directly.



Do you or someone you know depend on their landline and/or use a telecare device connected to a phone line?

If yes, then please contact the Telecare Team at Orkney Islands Council.

Tel: 01856 873 535. Extension 2635

The Digital Phone Switchover



ORKNEY
ISLANDS COUNCIL

What you need to know

Other Devices

If you have other devices connected to your phone line that you may have purchased, such as alarm systems, you might need to upgrade your device to make sure it is compatible.

If you are unsure about how a device in your home or business might be affected, it is recommended you contact the equipment supplier or device manufacturer to find out whether it will remain functional on a digital phone line.

People who use health monitoring or telecare devices should check if the switchover will affect how they work.

In a Power Outage

Digital landlines cannot carry an electrical power connection, so in the event of a power cut they will not work. If you have a mobile phone this can still be used, but if you've no other means of calling the emergency services your telecoms provider will offer a solution to allow calls to be made to emergency services.

You should tell your telecoms provider now if you have no other way of making emergency calls.

Scams

There have been incidents reported of scammers contacting vulnerable users in relation to digital migration. Communication providers or telecare services will never call you to ask for money.

Contact is usually by letter and charges are only applied to normal invoices. If you are in any doubt as to the authenticity of a caller, just hang up and call your communications or telecare provider to report the incident, using a trusted phone number, such as the one on the bill.

Key Points To Remember

If you have any queries or have no means of making emergency calls **you need to contact your communications provider.**

If you have a telecare alarm please contact the telecare team at Orkney Islands Council: 01856 873 535 Extension: 2635

Check with the appropriate equipment manufacturers if you have any other devices supported by your existing telephone line (such as intruder alarms) to check it will work digitally.

Most telecare alarm providers will have upgrade plans, if your phone line has or is due to be upgraded by your communication provider let them know.



MORE INFORMATION ON THIS LINK

<https://www.gov.uk/government/collections/public-switch-telephone-network-pstn>

Quit Your Way Orkney Stop Smoking Service



Quit Your Way Orkney is your free, friendly, local NHS stop smoking service.

Support from Quit Your Way Orkney includes:

- Help to develop a personal 12-week quit plan
- Support to develop plans to change your habits and control cravings
- Regular contact with a specialist stop smoking advisor
- Encouragement and advice on maintaining your quit
- Advice on correctly using stop smoking medications
- Free access to a range of stop smoking medication
- Telephone or video call appointments (using NHS Near Me)

Get started today

Phone: 01856 888084 or 0800 0356344 (Freephone number)
Email: ork.quityourway@nhs.scot
Online: scan the QR code below



You can also visit your local **community pharmacy** or **GP Practice** for free stop smoking support

Have you been supported by Quit Your Way Orkney before?

If you have used our service before and returned to smoking we will support you again, without judgement, to quit your way.



Let's talk about smoking Stopping smoking saves money



The savings below are based on a 20 a day smoker quitting in 2023



Get support to quit and save from Quit Your Way Orkney:

Email: ork.quityourway@nhs.scot
Phone: 01856 888084 or 0800 0356344 (Freephone)
Online: scan the QR code using your phone camera



You can also visit your local **community pharmacy** or **GP Practice** for free stop smoking support

BAYVIEW TRANSPORT LTD

Summer Timetable effective from Tuesday 22 April

South

8:35 Russland
8:37 Sunnyside
8:38 Blinkbonny
8:42 Odiness junction
8:44 Vat

North

8:28 Thorfinn
8:30 Dunera
8:31 Council Houses
8:37 Airport



Service 4D Kirkwall Airport

New trial service commencing Monday 24 March 2025
(until 31 March 2026 initially)

Kirkwall Travel Centre		1515	1545
Palace Road		1518	1548
New Scapa Road Balfour Hospital		1521	1551
Kirkwall Airport	arr	1528	1558
Kirkwall Airport	dep	1530	1600
New Scapa Road Balfour Hospital		1536	1606
Pickaquoy Road		1537	1607
Kirkwall Travel Centre		1540	1610

Booking is recommended due to limited capacity

Call/Text/WhatsApp:

07438 268 883

by 10am on the day of travel

Or contact: 01856 870340 or 871515

Please state which time and where you will be boarding the bus.

Departs from Stance 4 – Kirkwall Travel Centre

- Service 4D will operate Monday - Thursday afternoon during term-time* to fill the existing timetable gap on the half hourly Service 4 (operated by Stagecoach on behalf of Orkney Islands Council).
- The service 4D will be operated using a **wheelchair** accessible vehicle.
- National Entitlement Card and Young Scot card holders can **travel free** of charge on this service.

Operated by Orkney Travel on behalf of Orkney Disability Forum. Funded by Orkney Islands Council. Continuation of this trial will be subject to demand and budget availability.

*Term dates can be found at www.orkney.gov.uk/schools



For online timetable information please visit:

www.orkney.gov.uk/transport

SAVE OUR SCREEN MACHINE!

Without urgent investment, the Screen Machine mobile cinema service will end.

Please donate to our fundraising campaign to secure its future at:

www.crowdfunder.co.uk/p/save-our-screen-machine

YouTube video <https://youtu.be/fpUuDlnHS-o>

[Frequently asked questions](#)

SCAA - SCOTTISH CHARITY AIR AMBULANCE



Scotland's Charity Air Ambulance responds, on average, to two time-critical emergency call outs every single day. We are a national charity and receive no statutory government funding, so rely 100% on donations from the public to fuel our life-saving flights across Scotland.

MOBILE LIBRARY VAN VISITS 2025

25 August, 20 October, 15 December

For further information go to web page <https://orkneylibrary.org.uk/mobile-library>, send an email to library@orkney.gov.uk or telephone 01856 873166.

Winter	Council Houses	8.45	-	9.45
	School	10	-	12
	Kirk	12.45	-	3
	Fish mart	3.15	-	4.45
Summer/Refit	Council Houses	9.25	-	10
	School	10.15	-	12
	Kirk	12.45	-	3
	Fish mart	3.15	-	5.30

SWIMMING POOL - OPENING TIMES

Charges - Adults £3, Children £1.50, Private Hires £15.

To book a private hire phone Elsie on 616238.

Monday	Adult lane 6:30-7:10:00	Public session 7:10– 7:50
Thursday	Private hire 6:30-7:10	Public session 7:10-7:50
Saturday	Private hire 2:00-2:40	Public session 2:40-3:20

OVERSEERS WANTED !

Always looking for reliable overseers for the swimming pool, please! Previous volunteers welcome. Involves taking payment, handing out bands, helping with evacuation procedures etc. Contact Mairi Dennison via Facebook messenger or tel 616331. We politely request that parents/guardians whose children use the pool regularly take a turn at overseeing, in particular.

STRONSAY COMMUNITY ASSOCIATION

Why not hire the Stronsay Community hall? We have a kitchen and fully licensed bar, with two large halls and a small meeting room; perfect for weddings, parties, games, meetings and much more!

- Disco equipment
- Table tennis
- Badminton
- Air hockey
- Pool Table

For more information & bookings contact Anne-Maree Carter
email

annemaree.carter@btinternet.com



Rooms for hire from only £2 per hour plus hydro charge.
Adult supervision (over 18) must be present during hire.

A NOTE FROM THE LIMPET'S EDITOR

Please let me know if anything in the Limpet requires updating or deleting. To contact the Limpet send an email to editor@stronsaylimpet.co.uk or write to "Claremont, KW17 2AR".

FOR SALE, WANTED, THANK YOU, etc



Stronsay at War

The Stronsay Heritage Society is planning to create a display and accompanying booklet for the Stronsay Heritage Centre to document *life in Stronsay* during the First and Second World Wars.

We are hoping that folks both in and outwith Stronsay will send us copies/scans/photographs of the following types of items:

- Written memories or diaries (of life in Stronsay or from Stronsay folk experiencing life elsewhere because of the war)
- Photos (of Stronsay or of Stronsay folk)
- Letters
- Postcards
- Memorabilia or Souvenirs
- Ration Cards
- Recipes or household hints
- Fashion
- Products/Labels/Advertisements from local businesses
- Invoices/Receipts
- Certificates or Awards
- Programmes of Events, Fundraisers or Appeals
- Newspaper clippings about Stronsay



We can also borrow your originals and scan them ourselves if that's easier for you.

Naturally, if you'd like to donate any wartime-related artefacts or original photos to the Heritage Centre, we'd be very glad to receive them.

Please contact Jennifer Graham (07973 716278)
or Ian Cooper (616 322)
or via email: heritagesocietystronsay@gmail.com



Items on this page are free!

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Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES

STRONSAY HOTEL & PUB

<https://www.facebook.com/profile.php?id=100083375340593>

Bar opening hours

SUMMER HOURS APRIL - OCTOBER

Monday	10.30-14.30/18.00-22.30 Meals available from 10.30-14.30
Tuesday	10.30-14.30/18.00-22.30 Meals available from 10.30-14.30
Wednesday	17.30-22.30
Thursday	18.00-00.00
Friday	17.00-00.30
Saturday	17.00-00.30
Sunday	Closed

Please see our 'Whats on' posters for
information regarding meals,
takeaways, social gatherings, clubs &
events

Local business adverts are free!

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What's on this August

At the Stronsay Hotel & Bar

Thursday 7th August - Pool & Darts

Thursday 14th August - Pool & Darts

Saturday 16th August - Serving brunch from 10.30 to 13.30

Monday 18th August - £5 Mondays

Tuesday 19th August - Serving light lunches (10.30-14.30)

Thursday 21st August - Pool & Darts


Friday 22nd August - Takeaway night (17.00-20.30)

Monday 25th August - £5 Mondays

Tuesday 26th August - Serving light lunches (10.30-14.30)

Thursday 28th August - Pool & Darts

Saturday 30th August - Evening meals (17.00-20.30)



LOCAL BUSINESSES



Happy
Feet
Foot & Ear
Care 

happyfeetorkney@outlook.com

I am a fully qualified Foot Health Practitioner and a certified ear care provider, offering expert services with the convenience of home visits at competitive rates. For more information or to schedule an appointment, please contact Shirley for a foot or ear care appointment via email or at 07767714634 to have the best foot and ear care.

Happy Feet Foot and Ear Care

07767714634

handmade with love

Airy Fairy





- ★ Handmade Quilts, cushions & clothes ★
- ★ Beautiful, bespoke & personalised gifts ★
- ★ Handmade especially for you ★
- ★ Makower fabrics in stock £10 per metre ★
- ★ Studio visits welcome by appointment ★



Hazel Shearer, Airy, Stronsay, Orkney, KW172AG • Phone 01857 616231
hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk

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LOCAL BUSINESSES



Tel: 01857 616 469 Mob: 07741 778 750

We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

**We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.
Reasonable prices.**

Contact Craig or Christine for more information.

Local business adverts are free!

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LOCAL BUSINESSES

DONNA BLYTH EDUCATION SERVICES

Donna Blyth BA Hons, MEd, PGCE, SQH, CPT3A, CELTA

Email: donnablyth@outlook.com

Tel: 01857 616242 / 07852 805780

Tuition in English Language, English Literature, EAL and Literacy for learners of all abilities from age 5 - adult

£25.00 per hour for 1:1 tuition

£45.00 per hour for groups of 2 or more depending on requirements (max 4)

Tuition in clarinet performance and music theory up to grade 5

£15 per 30min lesson for 1:1 tuition

Assessment for Applications for Examination Access Arrangements

Assessments and reports for EHCP and Coordinated Support Plan applications

I am GTCS, DBS and PVG Scheme registered.

I have valid, current Safeguarding and Prevent certification

References available if required

All enquiries and services provided are treated in confidence as far as possible and according to KCSIE legislation 2023



Cooke
SCOTLAND

An Ocean of Opportunity Awaits.

Fresh Salmon From Stronsay to the World

Cooke Scotland has nurtured and raised delicious salmon on Orkney for over ten years.

Since 2019, we have called Stronsay home where we proudly produce one of Scotland's finest quality foods, with one of the lowest carbon footprints of any farmed livestock.

There are so many varied careers within the Scottish salmon sector - a thriving industry with oceans of opportunity.

Find out more about joining the team by visiting our website.

[Start Your Career with Cooke Today](https://cookescotland.com/careers)

cookescotland.com/careers

Local business adverts are free!

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LOCAL BUSINESSES

FISHMART CAFÉ—UPDATED OPENING HOURS

Just to let you know we have updated our opening hours. The change of hours is for Friday's, we are now shut in the morning and open from 12pm-2:30pm for the sit in Fish & chips menu and then takeaway from 2:30pm-7pm whilst stocks last. Takeaway Fish & chips can still be eaten in the cafe but with no table service.



Monday	CLOSED
Tuesday	CLOSED
Wednesday	9am - 2pm
Thursday	10am - 4pm
Friday	12pm - 2:30pm (Sit in) 2:30pm - 7pm (Takeaway) Whilst stock lasts Fish Friday menu only
Saturday	9am - 2pm
Sunday	10:30am-2:30pm

Breakfast served all day and last hot food orders by 1:30pm

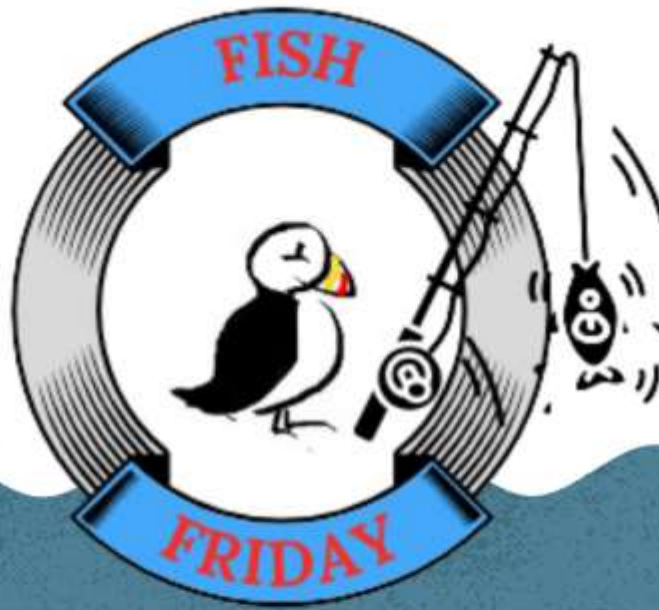
RECYCLING GUIDE FOR OUTER ISLES

Orkney Islands Council has published a “Household refuse and recycling welcome pack” which is available online at <https://tinyurl.com/3bjcbacm>.

EMERGENCY NUMBERS

On the back page of every edition of the Limpet is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

LOCAL BUSINESSES



FRIDAY CAFÉ SCHEDULE EVERY FRIDAY

FISH SUPPER (DINE-IN): 12:00 PM – 2:30 PM

**FISH SUPPER (TAKEAWAY): 2:30 PM – 7:00PM, WHILST
STOCK LASTS**

**NO BOOKING OR PRE-ORDERING NEEDED FOR TAKEAWAY. JUST
DROP BY, ORDER, AND COLLECT AT THE COUNTER**

FISH SUPPER.....	£12.00
KIDS FISH SUPPER.....	£9.00
SCAMPI SUPPER.....	£9.50
BATTERED SAUSAGE SUPPER.....	£8.50
MUSHY PEAS/PEAS/BAKED BEANS.....	£1.00
CAN/CARTON DRINKS.....	£1.40
BOTTLED DRINKS.....	£1.50

WE LOOK FORWARD TO SEEING YOU ALL

Local business adverts are free!

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LOCAL BUSINESSES

REDHOUSE PLANTS MARKET GARDEN



Seasonal vegetables available daily. Bedding, perennial and vegetable plants.

Local honey in season according to availability.

Open 09.00-17.00 Mon-Sat.

Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377

The Old Manse Bed and Breakfast

Logie Easter, Kildary

IV18 0NZ



The Old Manse is a listed building dating back to the 1780s set in a large woodland garden just off the A9 and commanding far reaching views of the surrounding countryside.

We are ideally located for those travelling to and from Orkney. The ferry terminals of Gills Bay (Pentland Ferries) and Scrabster (North Link Ferries) are no more than 2.5 hours drive with John O'Groats just 2 hours away.

Ensuite Double and twin rooms

Tel 01862 842357 Email oldmanse.kildary@btinternet.com

Web www.oldmansebandbkildary.co.uk

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LOCAL BUSINESSES

Holmsgarth Crafts



*Seasonal Gifts,
Memory bears,
Stronsay book bags, and much more
Many items can be personalised
Made To Order*



Contact Margaret McAnally - [Holmsgarth Crafts](#) | [Facebook](#)
07432614089



Traditionally hand-crafted in Stronsay—soaps, solid shampoo bars, conditioner bars and balms. Hand-spun and hand-dyed yarns from Orkney fleeces, woven throws, wall-hangings and more.

Orkney Star Island Soap, Isles View, Stronsay, Orkney, KW17 2AG.

Tel: (+44) 01857 616 281

Email: info@orkneystarlandsoap.co.uk

Web: <http://www.orkneystarlandsoap.co.uk>

Facebook: <https://www.facebook.com/orkney.star.island.soap>

LOCAL BUSINESSES



Taxi
Community bus
Island tours
Mobile mechanic

Contact Mick

07508884024

01857 616 376

www.bayviewtransport.com

bayviewtransportlimited@gmail.com

LOCAL BUSINESSES

Roger at Stronsay Photographic

Available for

Portraits - groups and individuals

ID photographs - printing on site

Tuition

Special commissions

Cozy studio with professional lighting

Home visits



Contact via Stronsay Photographic Facebook page and Facebook or tel 616228

Special offers also on Stronsay Facebook page

See Stronsay Markets on YouTube https://youtu.be/8e6sz_Z2eQU

Roger at Stronsay Markets



Local seasonal soft fruit and vegetables

Grown naturally without artificial fertilisers, pesticides or weed killer

Cropped same day (usually)

Check out Facebook "Stronsay Markets"

Contact me on stronsaymarkets@gmail.com and I can add you to the regular list of available produce

Local business adverts are free!

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LOCAL BUSINESSES

**PATRICK
McGRATH
LTD**



**Gas Safe Registered Engineer
Plumber**

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- Landlords gas safety checks
- Bathroom fitting
- Bathroom supply
- General heatings
- All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Call Patrick on **07933 488283**
Email: patrickmcgrathltd@gmail.com



Ebenezer Oil Heating



Oil boiler servicing, repair and replacement

Oil tank inspection and installation

Why not let me check out your heating system, I can advise upgrades to make your heating more efficient & cheaper to run

10 year parts and labour guarantee on all new Grant Vortex boilers

All my work is covered by the OFTEC Competent Persons Scheme

Why would you use anybody else?

Tel 01857 616207 Mob 07500682867 Email ebenezer@stronsay.org

Local business adverts are free!

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LOCAL BUSINESSES

“NEIL’S ON WHEELS”



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260



Marion Miller Jewellery

Unique Jewellery inspired by the sea and shore.
Designed and handmade on the island of Stronsay, Orkney

www.marionmillerjewellery.com
Tel: 0799550943 E-mail: marionmillerjewellery@gmail.com



Local business adverts are free!

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SINCLAIR HAULAGE LIMITED

Contact Details



General Enquiries: info@sinclairhaulage.com

Accounts Enquiries: accounts@sinclairhaulage.com

Livestock Bookings: livestock@sinclairhaulage.com

Phone: 01857 600 404

Postal Address: Sinclair Haulage Ltd
New Haulage Shed
How Farm
SANDAY KW17 2BJ

Office Opening Times: Mon – Fri
09:00 – 17:00

Livestock bookings should be made by emailing livestock@sinclairhaulage.com or calling 01857 600404.

Please note that we DO NOT use Gmail email addresses (e.g. sinclairhaulage@gmail.com). Please only use the above email addresses.

KEEPING WARM

These knitting patterns are from the 1940s so they may not be high fashion but they will keep you warm!

<https://www.vam.ac.uk/articles/1940s-knitting-patterns>

STRONSAY ON YOUTUBE

- [Bicycle tour of Stronsay in August 2022 \(poor audio quality\)](#)
- [59° North](#)
- [Links House, Stronsay: Finding the Mesolithic in Orkney](#)
- [Stronsay, Orkney](#)
- [The mystery of the Stronsay Monster](#)
- [Orkney—living and working](#)
- [1930's stone crushing machine in action on Stronsay](#)
- [Stronsay harbour \(taken from inside the harbour\)](#)
- [Five reasons to visit Stronsay](#)

HANDY EMAIL ADDRESSES & PHONE NUMBERS:

Ebenezer Stores	stronsaystores@gmail.com	616339
Olivebank	m.williamson1@btconnect.com	616255
Fishmart café	fishmartcafehostel@gmail.com	616401
Hotel & pub	stronsayhotel@gmail.com	616407
Red House plants		616377

Contact details for all OIC Councillors:

<https://www.orkney.gov.uk/your-council/councillors-and-meetings/councillors>

OUR LADY'S CHAPEL, PIERHEAD **OPEN FOR PUBLIC MASSES**

Our Lady's Chapel on the pier is open for public Masses
with the permission of the Bishop of Aberdeen.

Mass times are as follows:-

Sunday & holidays: 11am. Tuesday: 8.00am. All other days: 11.20am

STRONSAY KIRK

Details of services at Stronsay's Kirk for the next few weeks are now available on the kirk's website <https://www.orkneycommunities.co.uk/stronsaykirk/calendar.asp?set=list>.

Contact Kirk Secretary:
elsie.dennison@live.co.uk

Stronsay kirk's Facebook page:
<https://www.facebook.com/groups/1553904828107651>

STRONSAY CHESS CLUB

Meets from 12 to 2pm every Friday in the Fishmart Café
Chess sets provided

USEFUL INFORMATION

Post Office opening hours Monday to Saturday 8:30am - 5:00pm. Sunday closed all day
 Post collection times Ebenezer post box 7:30am, Monday to Saturday
 Bank (RBS) Thursday 9:30am to 3pm (closed 12-1 lunch), phone 616262
 OIC Special collection. 4 August 2025
 Stronsay Island Link Office. . . Wed 10am-noon, tel 616446, email stronsaycc@gmail.com
 SDT Office Wood's Yard 10am - 11am Mon-Fri. Phone 616410
 Sunday service at the Kirk . . Every week at 11am, see website <https://tinyurl.com/strkirk>
 Our Lady's Chapel, pier head Mass: Sun & holidays 11am, Tue 8am, other days 11.20am
 Next mobile library van visit . <https://tinyurl.com/orkmoblib>
[Weekly rubbish collection](#) . . . Thursday, bags out by **8am**.
 Recycling skips nearly full? . . Send email to recycling@orkney.gov.uk
 Forward scam emails to report@phishing.gov.uk
 Stronsay's Facebook page . . . <https://www.facebook.com/groups/476168409207488>

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

<p>Airy Fairy 616231 Bank (<i>Thursday only</i>) . . 616262 Community council . . . 616446 Companions Club 616438 Craftship Enterprise . . . 0778 511 1126 Doctor 616321 Ebenezer Stores 616339 Ebenezer Oil Heating . . . 616207 or 07500 682 867 Fish Mart 616401 Golgotha monastery. . . . 616210 or contact@the-sons.org Hall bookings 616263 or annemaree.carter@btinternet.com Highland Fuels 01856 873766 Island Link Officer 616475 Kirk secretary 616238 Limpet editor 616297 Medical emergency 616321 Neil's on Wheels 07723 304 260 Manse 616284 Nurses 616321 Olivebank 616255 OIC out of hours 01856 873535 Post Office 616499 Red House Plants 616377 Registrar 616239 Scottish Fuels 01856 873105 SDT office 616410</p>	<p>Silver Darlings 616412 Sinclair Haulage 600404 Star Island Soap 616281 Stranded seals, etc 616207/206/498 Stronsay Band 616345 Stronsay Pub & Hotel . . . 616407 Stronsay school 616246 Stronsay taxi, school 616376 or transport, mechanic 07508 884 024 diagnostics & repairs Balfour hospital (24/7). . . 01856 888000 Water problems (24/7) . . 0800 0778 778 Electricity general enquiries 0800 048 3516 (<i>lines open Mon-Fri 8am-5pm</i>) problems (24/7) . . . 0800 300 999 power cut (24/7). . . 105 Police (non urgent) (24/7) 101 Kirkwall Library 01856 873166 Dentists: Daisybank Clinic . . 01856 870547 Deyanov Dental . . . 01856 877118 Com Dental Service 01856 888258 Orkney Dental 01856 872030 Vets: Flett & Carmichael . 01856 872859 Northvet 01856 873403</p>
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HOW TO CONTACT THE [**LIMPET**](#)

Send an email to editor@stronsaylimpet.co.uk or write to "Claremont, KW17 2AR".