



TIMETABLES

[Loganair - interisland timetable 26 October to 15 February 2026](#)

[Orkney Ferries - winter timetable 29 September 2025 to 2 May 2026](#)

[Orkney Ferries - MV Nordic Sea winter timetable 20 October to 28 December 2025](#)

[OIC - school holidays 2025-2026](#)

DATES FOR YOUR DIARY 2025

OIC Special Collection	Mon 1 Dec
SWRI joining meeting	Wed 3 Dec
SWRI children's Christmas parties	Wed 10 Dec
Last day for school Christmas card post	Sat 13 Dec
Mobile library van visit	Mon 15 Dec
Deadline for Limpet's December edition	Fri 19 Dec
11:30pm service in the kirk	Wed 24 Dec
Hogmanay Dance	Wed 31 Dec
Orkney Ferries refit timetable starts	Sun 4 Jan 2026

SEND XMAS GREETINGS AT NO COST!

You can send greetings to your friends & family via the pages of the December edition of the Limpet and it won't cost you a penny! Just send the greetings in an email to editor@stronsaylimpet.co.uk or in a letter to "*The Limpet, Claremont, KW17 2AR*", to arrive before 7pm on Friday 19th December because the Limpet will be published 12 days earlier than usual.

DECEMBER EDITION OF THE LIMPET

The December edition of the Limpet will be published on Friday 19th December, 12 days earlier than usual. It will contain the usual details of when businesses will be open/closed over the Christmas & Hogmanay periods.

GP & COMMUNITY NURSE ROSTER

The rosters for the island's GP & community nurse are regularly updated online at <https://stronsaylimpet.co.uk/RosterGPandNurse.html>

The next edition of the Limpet will be published early - on Eri 19 Dec 2025, the deadline is 7pm on that date. Contact details for the Limpet are on the back page of every edition.



GREETINGS

The Limpet's editor sends greetings to all readers and contributors, wishing them all a happy Xmas and a peaceful New Year.

This year Bruce Fletcher will be making a donation to the St Martin-in-the-Fields Christmas appeal in lieu of greetings cards.

Merry Christmas and a Happy New year to all our friends on Stronsay and all our friends away.

All the Best for 2026

Love and Best wishes from Jeannie, Gavin & Rebecca xxx

As I am now away until early January, I want to wish all my friends and foot clients a very happy Christmas and best wishes for 2026. I won't be sending cards this year so sending my good wishes via the Limpet instead. I'm equally happy not to receive cards too so it doesn't fill up my post box for the kind folk that are checking that for me.

Thank you,
Shirley x



Children's Christmas Parties

WEDNESDAY 10 DECEMBER 2025
Stronsay Community Centre

Children and babies
from primary five and under.
6.00 - 7.30pm
Games, party food
and a visit from Santa.

**All children must be accompanied by an adult, parent,
grandparent, etc.**

Primary six to secondary four.
8.00 - 9.30pm
Dancing, party food and presents.

Children will be supervised by the SWRI committee.

Supported by

Cooke
SCOTLAND

Organised by

Stronsay
S.W.R.I

Records of a Bygone Age

William Croy – Remembered with Honour

In last month's article about James and Rebecca Miller, the young Eday couple who met a tragic end on their way to a new life in Australia, mention was made of their nephew William Croy, who lost his life in the Great War.

With nationwide Remembrance Services held recently to honour those British and Commonwealth servicemen and women who had made the ultimate sacrifice in two World Wars and other conflicts I thought I should expand on William's life and death, one of the millions of ordinary men and women whose service to their country had been remembered that day.

William's mother Mary Meil, a sister of Rebecca who had perished on the way to Australia, had moved from Eday to Stronsay and there, in November 1880, married widower Robert Croy and moved to Lower Midgarth with her six year old daughter, also Mary, to live with Robert and his six children from his first marriage. Their daughter Janet was born in November the following year, then William came along in August 1884. By his early teens William was employed as a farm servant and ploughman, firstly on the farm of Midgarth beside his father, then with the Twatt family at the Lodge, employment he was to hold for 12 years.



William Croy with his father Robert and sister Janet

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All Residents in Property	
1891, Stronsay, District: 5/30 - Lower Midgarth (id: 47196)	
1. Robert Croy, (M), 53, Head, Mar. Farm Servant. Stronsay	
2. Mary Croy, (F), 41, Wife, Mar. . Eday	
3. Janet C Croy, (F), 9, Dau. . Scholar. Stronsay	
4. William Croy, (M), 6, Son, . Scholar. Stronsay	

All Residents in Property	
1901, Stronsay, District: 5/15 - Lower Midgarth (id: 54042)	
1. Robert Croy, (M), 63, Head, Mar. Farm Servant Ploughman (W). Stronsay	
2. Mary Croy, (F), 50, Wife, Mar. . Eday	
3. William Croy, (M), 16, Son, S. Farm Servant Ploughman (W). Stronsay	

William with his parents at Lower Midgarth

Following the death of William's father Robert, aged 72, in March 1909 William decided that, as so many had done before him, he would seek out a new life for himself on the other side of the world. These plans quickly materialised and, on 12th November 1909, he boarded the 500ft White Star passenger liner *Corinthic* in London bound for Wellington in New Zealand. On arrival there he travelled to his cousin Robert Croy's farm at Chertsey, near Ashburton on the Canterbury Plain, where he had been assured of employment as a ploughman and farm worker. William would probably have felt quite at home there as there were already a number of Stronsay immigrants and their descendants settled in the Ashburton area.



New Zealand's South Island with the Chertsey and Ashburton area marked in red

As the years passed William became very settled in his new life but still kept in regular contact by letter with his mother and sister back home. Copies of some of these letters are still to the fore, and William was always seeking news of the friends and relatives he had left back home. Letters and gifts from Stronsay were apparently a regular occurrence, with William noting in a 1914 letter to his sister that *'I will do for socks for a while now as I have four pair'*

(continued on next page)

A further letter from 1916 shows William in pensive mood, perhaps already giving thought to joining up, as he writes *'What is going to be the end of all this men slaughtered we don't know. It looks as if they are going to kill all the men before they will stop.'*

Later that year, with the war in Europe still raging and no end in sight, he felt called to what he saw as his duty to return to his homeland to do his bit for King and Country. On 29th June 1916 he enlisted in the New Zealand Expeditionary Force *'For the term of the present European war and for such further period as is necessary to bring the Expeditionary Force back to New Zealand and disband it'*

The regiment he joined was the 1st Otago and he and others of the regiment from that area made their way by ship to Wellington where, on 11th October 1916, they embarked on the Union Steam Ship Company's 350ft passenger and cargo ship *Tofua* which had been requisitioned as a troop carrier for the duration of the war. After a long but fairly uneventful 79 day voyage they arrived in Plymouth, disembarking there on 29th December. From there William and his comrades transferred to Sling Training Camp on Salisbury Plain to undergo basic training. This completed, he and the others of the regiment left for France on 11th February, reaching the military camp at Etaples in Northern France on the 13th then joining their Battalion at the front on 14th March 1917. William was apparently attached to a tunnelling company for a time before returning to his battalion at the front on 28th June.

A month later the battle began for the strategically important village and ridge at Passchendaele in Belgium, a battle that was to rage on until November. The New Zealand forces were heavily involved in this fighting and, in what became known as [the First Battle of Passchendaele](#) on 12 October 1917, suffered massive casualties in what was later described as the blackest day in New Zealand's military history. This battle left 843 New Zealanders lying dead and dying on the battlefield, one of whom was to be William Croy.

He lies near where he died, buried at [Passchendaele New British Cemetery](#) where his grave, numbered VII.C.30, is one of thousands tended and remembered with honour by the Commonwealth War Graves Commission. He is also remembered and honoured on our War Memorial back home in Stronsay.



Stronsay War Memorial, where William's name is one of many recorded there.

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His personal effects were sent back to his mother in Stronsay and included a Stronsay postcard sent to him by his sister Janet in 1911 and surely kept close to his heart as a memory of his family and birthplace.



A treasured postcard from William's sister Janet Craigie Croy, found among his personal effects and returned to his mother in Stronsay.

Following the end of the war the British Government began issuing bronze Memorial Plaques (commonly called the 'Dead Man's Penny') to honour the sacrifice of the fallen but it was to be 1923 before William's mother Mary received the plaque inscribed with her son's name – one of over 1.3 million such plaques sent to grieving widows and parents.

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The Memorial Plaque sent home to William's mother in Stronsay

This plaque, the postcard previously mentioned, copies of some of William's letters home and a number of other certificates, documents and photos were carefully kept and treasured, passing down through the generations to William's grandniece Margaret Reid (nee Stevenson), originally from Kirbuster. Margaret felt that these items should be passed on and cared for where more people could be made aware of the story behind one man's sacrifice for King and Country and kindly donated these to us the Heritage Centre. This has enabled us to display William's photo, together with the Memorial Plaque, and to put together a small booklet containing the documents and photos that tell William's story.

[In another of life's strange coincidences a visitor to Stronsay, this past August a young man named Shane with a keen interest in Military history, had a short holiday on the island. He was staying with family friends on the island and spent some considerable time in the Heritage Centre during his holiday.](#)

He was very interested to discover there the story of William Croy and his journey to a new life in New Zealand, drawing a number of strong similarities between William and his own great granduncle John Raphael Baker who had been born in Cork in Ireland the year before William's arrival into the world in 1884. John Baker had also travelled to a new life in New Zealand, some three years after William's emigration there, and he too felt called to join the forces, signing up as a rifleman with the 2nd New Zealand Rifle Brigade, just a month before William joined up with the 1st Otago Regiment.

The regiments of both men were sent to France as part of the New Zealand Expeditionary Force fighting there, they both took part in the First Battle of Passchendaele and both were to lose their lives, along with so many others, in that ferocious battle on 12th October 1917. In yet another coincidence, Shane discovered that William had been born and brought up at the house of Lower Midgarth, the very same house where Shane was staying with his friends!

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Later that year Shane went on a previously arranged visit to Belgium, taking with him two little wooden crosses purchased from the British Legion back in Britain. On arrival in Belgium he sought out the area where his great granduncle John Raphael Baker had died, laying a cross in his memory near the spot where he had fallen.

He then visited the [Passchendaele New British Cemetery](#) and sought out the grave of William Croy. He was rather disappointed to find that the gravestones in that area looked as if they were badly in need of cleaning but was informed by a caretaker that, in that area of Belgium, the stones were subject to attack from a type of black coloured fungus and the Commonwealth War Graves experts had as yet been unable to find a cure which could remove the fungus without damage to the stones.



Passchendaele New British Cemetery

Some of the gravestones, where evidence of the fungal growth can be seen.



William Croy's grave is on the right

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William Croy's gravestone with the little cross Shane left in his memory

Shane placed this second simple little wooden cross, complete with its poppy symbol of remembrance and hope, at the foot of William's grave, adding the inscription

*William Croy, 1st Otago Regiment
Lower Midgarth, Stronsay, Orkney, Scotland
12-8-1884 to 12-10-1917
Loved and remembered still in Stronsay*

We will remember them.

Ian Cooper
November 2025

JENNIFER'S BOOK LAUNCH!

Twenty or so folk attended the book launch at the Fishmart on Friday 21 November. Hot drinks and delicious bakes were enjoyed. Plenty of books were sold and plenty left for those unable to attend. A fascinating and fine read



Jennifer's book

Ruffling a Few Feathers

Now available to purchase on
Amazon.co.uk
(and Amazon.com)

Paperback, ebook, Kindle Select

Search: Books/Kindle: *Ruffling a Few Feathers*, Jennifer Graham

Thank you to all who attended the book launch, making it such a special event.

Stephen Clackson's Letter from School Place
LGiU/CCLA Councillor Awards 2025 issue.



Sadly, neither Cllr Scott (shortlisted “Lifetime Legend”) nor I brought back trophies from the LGiU/CCLA Councillor Awards ceremony held on 5th November at the City Chambers in Glasgow, nevertheless, by way of consolation, we did each receive a finalist’s certificate (see photo below) in recognition of our being shortlisted. I was informed that the “Community Champion” category, for which I had been shortlisted, is always the most popular and that this year they had a great many nominees to draw up the shortlist of four from, so I needn’t feel too disheartened. This year’s winner in this category was Cllr Jan Brown of Argyll & Bute Council. I congratulated her and mutually commiserated with Cllrs Lois Speed (Angus) and Duncan Cumming (East Dunbartonshire), the other two contenders in this category. One of the great benefits of attending the event was getting the chance to speak to top councillors from other areas and find out what they are doing for their communities. I wish OIC councillors in general had more opportunity for such interactions. Sometimes I feel OIC can be a bit insular, which, even though we are an islands council, we don’t need to be. A photograph of the Clackson contingent at the ceremony is shown above. Some of the other contestants not only had family and friends with them (like Cllr Scott and I did) but were also supported at the ceremony by fellow councillors and officers from their respective local authorities. More photographs from the Councillor Award ceremony can be found at <https://lgiu.org/events/cllr-awards/cllr-awards-2025-the-winners-scotland/>

After the Councillor Awards ceremony, I stayed on in Glasgow to attend the meeting of the Scottish Councils’ Committee on Radioactive Substances (SCCORS), also held at the City Chambers (photos of which I included in [Issue 148](#) of my *Letter*).

Other meetings I have attended this month include, in Kirkwall: confidential members’ briefings; a seminar on our Learning Estate Investment Programme; planning training (specifically for large-scale developments where the whole council is involved in the decision, not just the Planning Committee); a seminar about the use of mobile devices in schools; a meeting of the Sport & Leisure Member/Officer Working Group on Active Schools & community sports; and a seminar on public sector reform. A ‘flu-like bug prevented my attending the UHI Orkney graduations, an event I very much look forward to each year.

Out in the Isles, I went along to a meeting of Stronsay Community Council (which was filmed by Hazel Falck who is making a documentary about community energy and democracy). The aforementioned ‘flu-like bug scuppered my planned Shapinsay visit, but I hope to be flying out to North Ronaldsay on the 1st December for a meeting of their community council.

Outside some Isles’ schools there have been problems with the functioning of the lights on the 20mph signs, and these are being addressed. I have been making enquiries about how the timing of the lights can be set so they come on outwith the school day for after-school activities and community events, for example. The initial approach should be made to the respective school’s headteacher, who can then arrange through the education department to have the times programmed into the central management system at School Place.

Cllr Dr Stephen Clackson

Member for the North Isles Ward, Depute Convener Orkney & Shetland VJB
West Manse, Sanday stephen.clackson@orkney.gov.uk

Letter from School Place is also available on-line at clackson.info

Photo credits: John Ross Scott & Frideswide Clackson

STRONSAY COMMUNITY COUNCIL

Chair: Louise McQuaid

Vice Chair: Damian Stout

SCRAP CAR SCHEME

Stronsay Community Council is pleased to announce the reopening of the Scrap Car Scheme for a further five vehicles.

The scheme will be administered by the Community Council and will remain open until five vehicles have been registered for removal. The vehicle owner will be responsible for arranging for the vehicle's disposal.

The haulage cost from Stronsay to Kirkwall will be met by Stronsay Community Council.

If you wish to dispose of a scrap car please:-

Request a Verification Form from the Island Link Officer – tel: 616446 email: stronsaycc@gmail.com or by writing to the address below;

Complete the Verification Form and liaise with the haulier for the vehicle's delivery to Kirkwall;

The completed Verification Form must be presented to the scrap yard at the time of vehicle delivery, along with all necessary documentation, (the vehicle's V5 document) to meet the DVLA and dismantler requirements.

A Verification Form will be required for each separate delivery of a car to the scrap yard.

Should you require any further information please do not hesitate to get in touch.

Colin McAlpine
Stronsay Island Link Officer,
Tel: 616446
Email: stronsaycc@gmail.com

27 October 2025

STRONSAY COMMUNITY COUNCIL

As from 27 October 2025, the following have been confirmed as members of Stronsay Community Council: -

Maya BAR-TOR	Bennicuml, Stronsay, KW17 2AJ email: mayabartor@gmail.com
Shane HOURSTON	Housebay Cottage, Stronsay, KW17 2AJ tel: 07593965600 email: s.hourston@yahoo.co.uk
Louise McQUAID Chair	Bayview, Stronsay, KW17 2AR tel: 616376 email: louisemcquaidcc@gmail.com
James SEATON	Thorfinn, Stronsay, KW17 2AS tel: 07470111871 email: safehandsno_1@hotmail.com
Damian STOUT Vice Chair	Linksness, Stronsay, KW17 2AT tel: 616258 email: damiienstout@btinternet.com

The role of a Community Councillor is to ensure that they work for the best interests of the whole community and remain representative of, and accountable to, the represented community.

If you have a community related issue that you wish to bring to the attention of the Community Council, please contact any of the above members, or the Clerk, tel: 616446
email: stronsaycc@gmail.com

Colin McAlpine
Island Link Officer/Clerk
27 October 2025

EMERGENCY NUMBERS

On the back page of every edition of the Limpet there is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

STRONSAY COMMUNITY COUNCIL

There are currently two vacancies on Stronsay Community Council. Any individual aged 16 and over may stand for election for the Community Council representing their home address, providing they are on the Electoral Register.

This is a great opportunity to make a difference to the community you live and work in, to help distribute Council funding locally, and to shape the way that Council services are provided.

To discuss further, please contact the Democratic Services Team, Orkney Islands Council on 01856 873535 extension 2264 or email communitycouncils@orkney.gov.uk

A public meeting will be held to fill the vacancy at a date to be confirmed.

ROAD SAFETY ON STRONSAY!

As the daylight hours shorten would pedestrians please avoid wearing dark clothing and opt for high visibility or brightly coloured clothing And, regardless of the time of day, would drivers please go slow & wide when passing pedestrians because the verges are not suitable to be stood upon as they have been dug up for fibre and/or trampled by livestock.

STRONSAY AND THE GREAT SCOTTISH TAPESTRY

[The Great Scottish Tapestry](#) spent two weeks on Stronsay in 2013. At the time the Stronsay Stitchers described the event in an article in the Stronsay Limpet. To read the article and see the many accompanying photographs of local folk putting in a few stitches go to page 6 of the March 2013 edition of the Limpet:

<https://stronsaylimpet.co.uk/ISSUE93Mar2013.pdf>.

STAY UP TO DATE

WITH THE STRONSAY DEVELOPMENT TRUST!

The Stronsay Development Trust now produces a **monthly newsletter** to keep everyone informed about our projects, events, and community news.

A copy of the newsletter will be sent out from **The Limpet** at the end of each month. You can also **download a copy** from the **Stronsay Development Trust Padlet page** (search *Padlet Stronsay Development Trust* or follow the link at the top of our Facebook page).

If you'd prefer a printed or emailed copy, please **contact the office on 01857 616410** or email Stephanie@StronsayDevelopmentTrust.com.



Stronsay Development Trust

Contact Details – 01857 616410

Development Officer	Shani Hall	Shani@StronsayDevelopmentTrust.com
Assistant Officer	Aimee Stout	Aimee@StronsayDevelopmentTrust.com
Assistant Officer	Steph Rome	Stephanie@StronsayDevelopmentTrust.com
Admin/Finance	Vicki Holland	Vicki@StronsayDevelopmentTrust.com

Office Hours

Monday to Friday 9am-11am

May be subject to change depending on online meetings and other SDT commitments, please check our Facebook page for updates

Bike hire must be booked in advance – please contact the office for bookings

STRONSAY COMMUNITY ASSOCIATION

<https://www.vaorkney.org.uk/directory/stronsay-community-association>

Why not hire the Stronsay Community hall? We have a kitchen and fully licensed bar, with two large halls and a small meeting room; perfect for weddings, parties, games, meetings and much more!

- Disco equipment
- Table tennis
- Badminton
- Air hockey
- Pool Table

For more information & bookings contact Anne-Maree Carter
email

annemaree.carter@btinternet.com



Rooms for hire from only £2 per hour plus hydro charge.
Adult supervision (over 18) must be present during hire.

The Islands Small Grant Scheme is designed to support local communities, its aim is to empower individuals, groups, and organisations to carry out projects that benefit the island's development, sustainability, and well-being.

ENTERTAINMENT GRANT

Funding of up to £500 per event.

Available to help groups host events on Stronsay, the funding can be used to cover expenses such as travel and accommodation for visiting performers, freight for equipment, decorations, catering or venue hire.

EDUCATION & TRAINING GRANT

Funding of up to £1000, to fund a maximum of 50% of the course fees.

Available for Stronsay residents to assist with course fees for any kind of training or educational course.

YOUNG PERSONS TRAVEL EXPENSES GRANT

Funding of up to £200 per person per year.

Available for Stronsay residents under the age of 22 and in full time education to assist with travel expenses to the mainland to attend organised events.

SUPPORT PLACE PLAN INITIATIVES

Funding of up to £15,000 is available, to fund a maximum of 60% of the total cost.

Available to Stronsay residents to support local projects that align with the goals and priorities set out in the recent Place Plan, empowering groups of residents, organisations and community groups to develop sustainable initiatives that reflect the shared vision of our island's future.

All applications will be treated in confidence and decisions will be made jointly by the Stronsay Development Trust Trustees



STRONSAY DEVELOPMENT TRUST

IS PLEASED TO ANNOUNCE...

THE CARDBOARD RECYCLING FACILITY IS NOW OPEN!



Three large green bins are located
outside UNIT 2



RECYCLING GUIDELINES

- ✓ ALL CARDBOARD IS DRY
- ✓ ALL CARDBOARD IS FLATTENED
- ✓ ALL TAPE IS REMOVED



HAVE A LARGE DELIVERY OF CARDBOARD?

Staff can arrange access to Unit 2
for bigger drop-offs.

Please contact us in advance at:

ECO@STRONSAYDEVELOPMENTTRUST.COM

If the bins are full please contact eco@Stronsaydevelopmenttrust.com.

Please do NOT leave cardboard outside of the unit other than in
the bins provided.

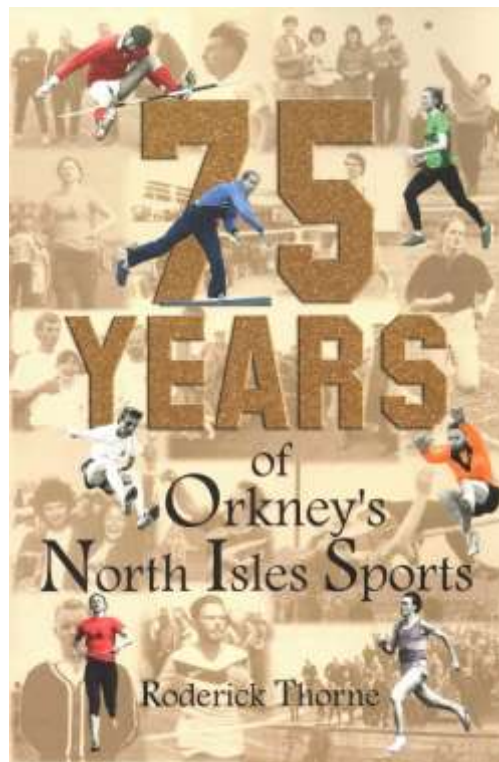
**Thank you for helping us keep Stronsay
clean and green!**

NORTH ISLES SPORTS 2025

Following the publication of his book on 75 years of the North Isles Sports Rod Thorne is now working on an update covering this year's Sports Day in Sanday. He has a number of photos of individual athletes and of the tug-o-war team but is looking for other team photos.

Would anyone who was at the sports happen to have photos of the Stronsay schools football or netball teams or of the Stronsay seniors football or netball teams? If so could you email Rod at nearhouse@triscom.co.uk or, if you prefer, drop me a message and I can pass it on?

Ian Cooper, Steenysheed



ADDITIONAL FOOT PASSENGER SERVICE **NORDIC SEA WINTER TIMETABLE**

We would like to advise that the Nordic Sea will be providing a foot passenger service to Eday Sanday and Stronsay over the winter months. The timetable is available in the timetable section of our website or in our office and can be booked online or over the phone. This service will run from Monday 20th October to Saturday 28th December.

<https://www.orkneyferries.co.uk/documents/winter-2025-26-foot-passenger-service-eday-sanday-stronsay>

STRONSAY MEN'S SHED – NEW MEMBERS WELCOME!



The Stronsay Men's Shed meets every Saturday at 10.30am in the Mission Hall, Lower Whitehall. We're a small but lively group who enjoy getting together to share a cuppa, swap stories, play games, and work on small projects – with plenty of tea, biscuits and bacon rolls to keep us going!

The Men's Shed movement began in Australia and is now thriving across Scotland. It's all about creating a welcoming place where men can come together, enjoy companionship, learn new skills, and support each other. As the Scottish Men's Sheds Association say:

"Sheds are for all men – a place to be yourself, to learn, to share, to laugh, and to belong."

Stronsay Men's Shed has its own aims and purpose, shaped by members, with a small informal committee to help things run smoothly. We're not about red tape – we're about friendship, community, and having a space where men of all ages (18+) and backgrounds can meet.

Recent projects have included making a puppet theatre for the school children, which was a great success, and we're now working to improve the Mission Hall with plans for a workshop, kitchen and more activity spaces.

We welcome donations to help keep things going, but most of all we welcome **new members**. Whether you fancy lending a hand with a project, just want to enjoy some company, or have ideas for how the Shed could grow, you'll be warmly welcomed.

So why not pop along one Saturday and see what it's all about? You'll find friendship, fun, and a good brew waiting for you!

Contact Roger Neville-Smith 07773 889 334

<https://www.facebook.com/profile.php?id=61558772842680>



GERAMOUNT SURGERY

Changes to Surgery opening hours!

Just a quick update on Surgery reception opening hours.

These changes will be taking effect starting on 15th September

Appointments are to be booked during these times.

Stronsay Surgery – Tel 01857 616321	
	Morning
Monday	9:00am – 13:00
Tuesday	9:00am – 13:00
Wednesday	9:00am – 13:00
Thursday	9:00am – 13:00
Friday	9:00am – 13:00

TO URGENTLY CONTACT THE DOCTOR OUTWITH RECEPTION TIMES,

PLEASE CALL THE BALFOUR HOSPITAL ON

01856 888 000

AND THEY WILL CONTACT THE DOCTOR FOR YOU.

SWRI JOINING NIGHT

Wednesday 3rd December at 7:30pm in the community centre

A fun evening of entertainment with snacks!

Join the SWRI for a WHOLE YEAR'S membership

Meetings, companionship, talks, supper, raffles

Adults £10, juniors £5

Competition (members only) - a Christmas table decoration

All ladies and girls aged 11 and over (in your 11th birthday year) welcome

Any further information please contact Sheena Cooper

Analogue to Digital Conversion of the UK Telephony Network by January 2027

Overview

By January 2027, all residents and businesses in the UK connected to the Public Switched Telephony Network (PSTN) managed by BT Group via Openreach will need to adapt their use of landlines. This change marks a significant transition from analogue to digital lines, as the existing telephone exchanges, many of which rely on outdated equipment from the 1980s, will be decommissioned.

Key Changes

- **Digital Transition:** Users will need to connect their landlines through a router, similar to how broadband services are used today.
- **Provider Impact:** Not all telephone service providers are affected. Companies like SKY and TalkTalk operate their own equipment and may not be part of this transition. However, some customers using these services might still be on lines originally from BT, so checking with providers is essential.

Special Services: If you rely on devices like intruder alarms or telecare systems, it's crucial to consult your device provider to ensure compatibility with the new setup.

Importance of the Change

- **Router Requirement:** If you don't already have a compatible router, one will be provided by your supplier. The switchover date will be communicated by your telephone company, and on that day, traditional sockets will cease to function.

Potential Service Disruption: Failing to adapt to the new system could result in losing access to your telephone service.

Notification Process

Individual Timelines: The switchover will occur at different times for different users. While the infrastructure has largely been upgraded, notifications will be sent individually by each telephony provider, potentially at varying times until the January 2027 deadline.

What You Can Do Now

- **Device Audit:** Evaluate all devices connected to your telephone sockets and verify with suppliers if they will function through a router.

Business Considerations: Businesses should similarly assess their equipment to ensure compatibility with the new digital setup.

Be Cautious

Beware of potential scams targeting vulnerable individuals. If you receive any communication requesting payment or claiming urgent action is needed, verify its authenticity by contacting your telephone company directly using the number provided on your bill.

Additional Resources

For more information about the transition, visit:

[Openreach All-IP Programme](#)

[Ofcom's Guide on Upgrading Landlines to Digital](#)

This change represents a significant evolution in telephony services, aiming to enhance efficiency and reliability across the UK.

The Digital Phone Switchover



ORKNEY
ISLANDS COUNCIL

What you need to know

What is the digital phone switchover?

The UK's telephone network is changing. Between now and January 2027 most telephone providers will be moving their customers from old analogue landlines over to new upgraded landline services using digital technology. This means services that rely on the old landline system such as home phones, telecare and health devices will need to be compatible.



How will it affect me/what do I need to do?

The good news is – your landline isn't going anywhere and for most consumers and businesses, this change will be straightforward. In fact, many customers are already making the switch when they upgrade to fibre broadband.

Your telecoms provider (for example, Vodafone or BT) **should contact you before the switchover** to check in and discuss what you need to do to make sure any reliant services you may have aren't affected. However, we're encouraging everyone to know what to expect.

The change may be as simple as plugging your phone into a broadband router rather than the phone socket on the wall, or you may be given a new router to do this.

Please note that your provider will move you to a digital service before January 2027. If you care for a vulnerable person, please keep an eye out for correspondence notifying of a switch over date.

If you have any concerns or questions, please contact your telecoms provider directly.



Do you or someone you know depend on their landline and/or use a telecare device connected to a phone line?

If yes, then please contact the Telecare Team at Orkney Islands Council.

Tel: 01856 873 535. Extension 2635

The Digital Phone Switchover



ORKNEY
ISLANDS COUNCIL

What you need to know

Other Devices

If you have other devices connected to your phone line that you may have purchased, such as alarm systems, you might need to upgrade your device to make sure it is compatible.

If you are unsure about how a device in your home or business might be affected, it is recommended you contact the equipment supplier or device manufacturer to find out whether it will remain functional on a digital phone line.

People who use health monitoring or telecare devices should check if the switchover will affect how they work.

Key Points To Remember

If you have any queries or have no means of making emergency calls **you need to contact your communications provider.**

If you have a telecare alarm please contact the telecare team at Orkney Islands Council: 01856 873 535 Extension: 2635

Check with the appropriate equipment manufacturers if you have any other devices supported by your existing telephone line (such as intruder alarms) to check it will work digitally.

Most telecare alarm providers will have upgrade plans, if your phone line has or is due to be upgraded by your communication provider let them know.

In a Power Outage

Digital landlines cannot carry an electrical power connection, so in the event of a power cut they will not work. If you have a mobile phone this can still be used, but if you've no other means of calling the emergency services your telecoms provider will offer a solution to allow calls to be made to emergency services.

You should tell your telecoms provider now if you have no other way of making emergency calls.

Scams

There have been incidents reported of scammers contacting vulnerable users in relation to digital migration.

Communication providers or telecare services will never call you to ask for money.

Contact is usually by letter and charges are only applied to normal invoices. If you are in any doubt as to the authenticity of a caller, just hang up and call your

communications or telecare provider to report the incident, using a trusted phone number, such as the one on the bill.



VAN AVAILABLE FOR CHARITY WORK

The Pomona Prefect logo peedie red van is available for charity work on the island if anyone needs a man and a van and wants to help the island reach the target. Saturdays service and cost for this is suggested as £10 per hour min donation for half hour units. All to the Stronsay Defib fund. No live animals, persons transported or dirty, sloppy stuff carried. Limited load and not a taxi service. This is a temporary thing to raise money and not a challenge to any services on the island. Call Mick for all taxi work and Sinclair Haulage for freight!

Also, if anyone needs their car karcher jet washed and vaccuming and then can do at Ellerslie as you pass for a donation to same Defib Fund. Cost is £10 per basic body wash and wheels rinsed and boot/inside vacced. Limited to cars. No monster trucks, panel vans, lorries or camper vans sorry.

This charity service will be hopefully available until there are enough defib machines in position with the people trained to cover us all 24/7. Availability is limited to Saturdays.

Any questions and to book give me a call.

Nicandro J. Porcelli, Ellerslie. Telephone or text to - 07732 276046

ISLAND LINK OFFICE

Commencing Wednesday 19th February 2025 the Stronsay Island Link Office, located in the Fish Mart, will be open every Wednesday between 10am and noon.

A range of services are available, including the collection of black bin bags, photocopying at 10p a copy, collect a form for Stronsay Community Council financial assistance, or a form for the scrap car scheme (still open for applications), raise issues or concerns that Stronsay Community Council may be able to address and even contact officers at OIC.

I look forward to seeing you, but if you are not able to call into the office I can be telephoned on 616446 or by email to stronsaycc@gmail.com

Colin McAlpine
Stronsay Island Link Officer/Clerk
12 February 2025

If you see something in the Limpet that is inaccurate or no longer valid
please drop a line to "*The Editor, Claremont KW17 2AR*"
or email editor@stronsaylimpet.co.uk

“IMPROVING THE CANCER JOURNEY” (ICJ) SERVICE

NHS ORKNEY

If you or someone you know has been affected by cancer, *Improving the Cancer Journey* is here to help. *Improving the Cancer Journey*, in partnership with Macmillan, is a dedicated service to support anyone affected by cancer with their non-clinical needs. This could be the person with the cancer diagnosis, or it could be someone affected by that diagnosis, such as family or carers.

When someone is diagnosed with cancer, they often describe feeling like they're in a maze. It can be difficult to know what services are out there and where to access them. The *Improving the Cancer Journey* service is here to support with this, and help people to access the services that can support with their non-clinical concerns.

Non-clinical concerns may include:

- Supporting someone to access local teams that can help with money or housing worries and benefits
- Addressing caring or work responsibilities
- Connecting with those that can support with addressing physical concerns
- Accessing complimentary therapies
- Helping with emotional concerns, connecting with wellbeing support and services
- Accessing information to answer questions or concerns about cancer and treatment

When someone affected by cancer accesses the ICJ service, they will be offered a Holistic Needs Assessment, which is a simple check-list style questionnaire that helps to understand what means most to the person. The key areas addressed within a Holistic Needs Assessment are financial, practical, physical, emotional and spiritual.

Based on this assessment and meaningful conversations with an ICJ Link Worker, a support plan will be created to ensure the person affected by cancer is offered all the support they need.

Patients can be referred into the service through a self-referral form or via a professional referral. Both referral forms, alongside further information, can be found on the ICJ page of the NHS Orkney website - [Improving the Cancer Journey \(ICJ\) | NHS Orkney](#).

The referral forms can be filled in online and sent to the ICJ email address – ork.icj@nhs.scot.

If you have any questions or would like to learn more about the ICJ service, please don't hesitate to get in touch. We are happy to support in any way we can.

Email: ork.icj@nhs.scot

Phone: 01856 888084 (Public Health Department)

Improving the Cancer Journey (ICJ) Service



**Cancer affects more than just your health -
it can touch every part of your life**

Whether you're dealing with financial stress, emotional worries, or practical challenges like work or caring responsibilities, the Improving the Cancer Journey service is here to help.

Improving the Cancer Journey offers personalised, non-clinical support tailored to what matters most to you. From accessing benefits advice to connecting with wellbeing services, we're here to make sure you don't have to face it all alone.

If you or someone you know has been affected by cancer, the Improving the Cancer Journey service is here to support you. To find out more about ICJ and to access the self-referral form, visit: [Improving the Cancer Journey \(ICJ\) | NHS Orkney](#). If you have any questions or would like to refer yourself or someone else into ICJ, contact us today:

Email: ork.icj@nhs.scot

Phone: 01856 888084 (Public Health Department)



Patient Advice & Support Service

Use your rights
Know your responsibilities
Share your experience
Make a difference

Orkney Citizens Advice Bureau
Anchor Buildings
6 Bridge Street
KIRKWALL
KW15 1HR
☎ 01856 875266



Do you have any feedback or comments, concerns or complaints about NHS Scotland?

We can help
www.pass-scotland.org.uk

The **Patient Advice & Support Service** provides information, advice and support to patients, their carers and families about NHS Scotland healthcare. It is an independent service which is free, accessible and confidential.



More information and resources at
www.pass-scotland.org.uk



Call us on
0800 917 2127



Contact us via email
www.pass-scotland.org.uk/contact/



 **SCAN ME**

The Scottish Association of Citizens Advice Bureaux – Citizens Advice Scotland (Scottish charity number SC016637)



Right Care Right Place

If you think you need to
attend A&E, but it is not life
or limb threatening call
NHS 24 on 111

To check your symptoms visit:
nhsinform.scot



NHS Inform

- Check your symptoms
- Find local services and opening times
- Health advice to help you stay well



NHS 24 Online App

A handy app to help you check your symptoms and find your nearest service



Pharmacist

- Coughs, colds, and sore throats
- Aches, pains and UTIs
- Diarrhoea or constipation
- Help if you run out of your repeat prescription



Mental Wellbeing

- Help for mental wellbeing. nhsinform.scot/mind-to-mind
- Breathing Space: 0800 83 85 87
- For urgent mental healthcare call NHS 24 on 111



Optometrist

- Red and/or sticky eye
- Blurred or reduced vision
- Flashes and floaters



Dentist

- Injury to mouth or teeth
- Swelling in mouth
- Toothache and general dental advice



GP Practice

A range of clinicians, including doctors and nurses, to help you with both physical and mental health issues



Minor Injuries

- Cuts and minor burns
- Sprains and strains
- Suspected broken bones and fractures

call NHS 24 on 111



NHS 24

When your GP and pharmacy are closed, and you are too ill to wait call NHS 24 on 111



999 or A&E

For emergencies including:

- Suspected heart attack or stroke
- Severe breathing difficulties
- Severe bleeding

Isles residents concessionary travel scheme



Are you?

- Age 65 +
- Disabled
(must meet disabled person criteria)

You may be entitled to 24 free ferry journeys per year

Who do I contact for further information?

Transportation Service
Marine Services and Transportation
Enterprise and Sustainable Regeneration
Orkney Islands Council
School Place
KIRKWALL
KW15 1NY

Tel: (01856) 873535

E-mail: ferryvouchers@orkney.gov.uk

Web: www.orkney.gov.uk



Who do I contact for further information?

Transportation Service
Marine Services and Transportation
Enterprise and Sustainable Regeneration
Orkney Islands Council
School Place
KIRKWALL
KW15 1NY

Tel: (01856) 873535

E-mail: ferryvouchers@orkney.gov.uk

Web: www.orkney.gov.uk

The concessionary card holder is the only person permitted to use the Ferry Services Concessionary SmartCard. It is not transferable. Allowing someone else to use the card to access free travel is fraud and your entitlement to free concessionary trips on board Orkney Ferries may be withdrawn.

For full terms and conditions please visit:
www.orkney.gov.uk/transport.

Please note that your personal details will not be used for any purpose other than for the local concessionary travel scheme operated by Orkney Islands Council and Orkney Ferries Ltd.

A large print black and white version of this leaflet is available on request from Orkney Islands Council.

TRANSPORT LINKS



ISLES RESIDENTS CONCESSIONARY TRAVEL SCHEME



www.orkney.gov.uk/transport

www.orkney.gov.uk/transport



ORKNEY ISLANDS COUNCIL
Marine Services
& Transportation

R100 BROADBAND EVALUATION



The Scottish Government is assessing the success of **R100**, a government funded programme which is **extending access to faster broadband across Scotland**.

To inform this, we are surveying households and organisations who:

- Are **scheduled to receive faster broadband access**
- Have been **provided with faster broadband access** and have taken up the connection
- Have **been provided with faster broadband access** but have not taken up the connection



Scottish Government
Riaghaltas na h-Alba
gov.scot



To determine if your property is impacted by the programme, and complete a survey, please go to:

<https://tinyurl.com/R100Evaluation> or scan the QR code below:



The deadline for all responses is 3 March 2025

Please email R100Evaluation@stantec.com if you have any further questions.

Survey = <https://tinyurl.com/R100Evaluation>

Quit Your Way Orkney Stop Smoking Service



Quit Your Way Orkney is your free, friendly, local NHS stop smoking service.

Support from Quit Your Way Orkney includes:

- Help to develop a personal 12-week quit plan
- Support to develop plans to change your habits and control cravings
- Regular contact with a specialist stop smoking advisor
- Encouragement and advice on maintaining your quit
- Advice on correctly using stop smoking medications
- Free access to a range of stop smoking medication
- Telephone or video call appointments (using NHS Near Me)

Get started today

Phone: 01856 888084 or 0800 0356344 (Freephone number)
Email: ork.quityourway@nhs.scot
Online: scan the QR code below



You can also visit your local **community pharmacy** or **GP Practice** for free stop smoking support

Have you been supported by Quit Your Way Orkney before?

If you have used our service before and returned to smoking we will support you again, without judgement, to quit your way.



Let's talk about smoking Stopping smoking saves money



The savings below are based on a 20 a day smoker quitting in 2023



Get support to quit and save from Quit Your Way Orkney:

Email: ork.quityourway@nhs.scot
Phone: 01856 888084 or 0800 0356344 (Freephone)
Online: scan the QR code using your phone camera



You can also visit your local **community pharmacy** or **GP Practice** for free stop smoking support

BAYVIEW TRANSPORT LTD

Summer Timetable effective from Tuesday 22 April

South

8:35 Russland
 8:37 Sunnyside
 8:38 Blinkbonny
 8:42 Odiness junction
 8:44 Vat

North

8:28 Thorfinn
 8:30 Dunera
 8:31 Council Houses
 8:37 Airport

SAVE OUR SCREEN MACHINE!

Without urgent investment, the Screen Machine mobile cinema service will end.

Please donate to our fundraising campaign to secure its future at:

www.crowdfunder.co.uk/p/save-our-screen-machine

YouTube video <https://youtu.be/fpUuDlnHS-o>

[Frequently asked questions](#)

SCAA - SCOTTISH CHARITY AIR AMBULANCE



Scotland's Charity Air Ambulance responds, on average, to two time-critical emergency call outs every single day. We are a national charity and receive no statutory government funding, so rely 100% on donations from the public to fuel our life-saving flights across Scotland.

MOBILE LIBRARY VAN VISITS 2025

15 December

For further information go to web page

<https://orkneylibrary.org.uk/mobile-library>,

send an email to library@orkney.gov.uk or telephone 01856 873166.

Winter	Council Houses	8.45	-	9.45
	School	10	-	12
	Kirk	12.45	-	3
	Fish mart	3.15	-	4.45
Summer/Refit	Council Houses	9.25	-	10
	School	10.15	-	12
	Kirk	12.45	-	3
	Fish mart	3.15	-	5.30

ROYAL LIFE SAVING SOCIETY - LIFEGUARD TRAINING

Stronsay folk, this is a plea for anyone who can swim with a moderate fitness level to help the pool ! We would like to invite you to become a Royal Life Saving Society pool lifeguard.

The qualification is a nationally recognised award and anyone over 16 years of age can apply!

We require at least four candidates to be able to run the course.

This is a great opportunity for younger folk to add to their qualifications and makes a big difference when applying for university or employment.

Anyone interested please contact Andy or Chris at the pool or via Facebook/Messenger.

Thank you

SWIMMING POOL - OPENING TIMES

<https://tinyurl.com/stronsaypool>

Charges - Adults £3, Children £1.50, Private Hires £15.

To book a private hire phone Elsie on 616238.

Monday	Adult lane 6:30-7:10:00	Public session 7:10– 7:50
Thursday	Private hire 6:30-7:10	Public session 7:10-7:50
Saturday	Private hire 2:00-2:40	Public session 2:40-3:20

SWIMMING POOL—OVERSEERS WANTED!

Always looking for reliable overseers for the swimming pool, please! Previous volunteers welcome. Involves taking payment, handing out bands, helping with evacuation procedures etc. Contact Mairi Dennison via Facebook messenger or tel 616331. We politely request that parents/guardians whose children use the pool regularly take a turn at overseeing, in particular.

HEALTHY LIVING CENTRE

<https://tinyurl.com/stronsayhlc>

LOCAL BUSINESSES

SINCLAIR HAULAGE LIMITED

Contact Details



General Enquiries: info@sinclairhaulage.com

Accounts Enquiries: accounts@sinclairhaulage.com

Livestock Bookings: livestock@sinclairhaulage.com

Phone: 01857 600 404

Postal Address: Sinclair Haulage Ltd
New Haulage Shed
How Farm
SANDAY KW17 2BJ

Office Opening Times: Mon – Fri
09:00 – 17:00

Livestock bookings should be made by emailing livestock@sinclairhaulage.com or calling 01857 600404.

Please note that we **DO NOT** use Gmail email addresses (e.g. sinclairhaulage@gmail.com). Please only use the above email addresses.

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES


SINCLAIR HAULAGE LTD

Now introducing Skip Bags!

Due to difficulties getting skips out to the isles, we are now offering a skip bag service.

Having a clear out or renovating a property? Simply order and pay for your bag (telling us what you're planning to fill it with), we deliver, you fill it and we take it away and dispose of the waste.

All shipping and waste disposal costs included in the price.



SKIP BAGS

Skip Bags can now be ordered from Sinclair Haulage. Simply order and pay for your bag, stating the type of waste. We deliver, you fill (within 6 months), we take away and dispose of the contents.

BAG 1 Inert Waste £125 per bag (ex VAT)	Non-hazardous landfill material (example: glass, concrete, bricks and mortar, tiles, slates, fibreglass wool, clay and stones). Please note: plastics, plaster, plasterboard and timber are not permitted.
BAG 2 General Waste £360 per bag (ex VAT)	Mainly combustible mixed municipal wastes which cannot be landfilled at Bossack. This category includes soiled paper and cardboard, carpets, furniture, small mixed plastics, scrap timber.
BAG 3 Mixed Waste £560 per bag (ex VAT)	Non-inert material that requires removal of contaminants before landfill.

Each bag measures 850mm x 850mm x 870mm and can hold 1 tonne.

To order:

Email info@sinclairhaulage.com

Or call **01857 600404**

Local business adverts are free!

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LOCAL BUSINESSES



Livestock Bookings

To ensure Livestock Bookings are not missed and that we can plan vehicle and ferry space, bookings must be made as far in advance as possible by either emailing:

livestock@sinclairhaulage.com

OR calling:

[01857 600404](tel:01857600404)

Please **DO NOT** message via text, Facebook, WhatsApp etc and please do not use any other email address.

Once booking has been received, you will be given a booking reference. We will then be in touch to confirm collection day/time etc.

Local business adverts are free!
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LOCAL BUSINESSES



www.stronsayhotel.co.uk

thestronsayhotel@hotmail.com



<https://www.facebook.com/profile.php?id=61580108136132>

Local business adverts are free!

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**FISHMART
CAFE**

Opening Hours

Monday	8am - 2.30pm
Tuesday	8am - 2.00pm
Wednesday	8am - 2.30pm
Thursday	8am - 2.30pm
Friday	8am - 7pm
Saturday	8am - 6pm
Sunday	10am - 2.30pm

Find us on socials @Fishmartcafe
call- +44 7549 009107



Local business adverts are free!

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FISHMART CAFE

BREAKFAST

MENU

FILLED ROLLS

Bacon £3.50

Sausage £3.50

Fried egg £3.50

TOAST

Jam/butter £2.00

Fried egg £3.00

Scrambled egg £3.00

PANCAKES

Pancakes & syrup £5.50

Pancakes & bacon £6.00

Pancakes, syrup & bacon £6.50

BAGELS

Ham & cheese £4.00

Cream cheese £4.00

Scrambled egg £4.00

Fried egg £4.00

Sausage £4.00

Bacon £4.00

Breakfast Bagel £6.50

Scrambled egg, sausage, bacon and hash brown.
Also available in a wrap.

FULL BREAKFAST

2 slices of toast with butter, 2 sausages, 2 hash browns, bacon, fried or scrambled egg, beans or tomato. £9.00

STRONSAY MASSIVE BREAKFAST

Toast with butter, 2 sausages, lorn sausage, 2 bacon, fried/scrambled egg, beans/tomato, hash brown/tattie scone, black pudding, haggis. £12.00

Additional items 50p each

Available 8am-12 Daily

Local business adverts are free!

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FISHMART CAFE

MENU

MEAL DEALS

Kids lunch plate ----- £5.50
 Includes a sandwich with any 2 fillings, a snack (options available) and any soft drink.

Panini meal ----- £8.50
 Includes a sandwich with any 2 fillings, a side salad or bag of crisps, and any drink.

Sandwich meal ----- £6.00
 Includes a panini with any 2 fillings, a side salad or bag of crisps and any drink.

BAKED TATTIE

Baked Tattie ----- £8.50
 Fresh baked Tattie with butter, a choice of 2 fillings (tuna, cheese, beans,) side salad and coleslaw.

OTHER

Chicken Burger ----- £8.50
 Chicken burger in a roll with mayonnaise & lettuce With a side salad and chips.

Chicken wrap ----- £8.50
 Chicken, mayo, lettuce & sweet chilli sauce. With a side salad & chips.

Sausage & chips ----- £8.50
 Sausages and chips with a side of beans or peas.

Chips ----- £2.50

Cheesy chips ----- £3.50

SANDWICHES/PANINIS

Sandwich ----- £4.00
 White, brown, or seed bread with a choice of 2 fillings including tuna, cheese, chicken, ham.

Toastie ----- £4.50
 Toasted white, brown, or seed bread with a choice of 2 fillings.

Panini ----- £6.00
 Panini with a choice of 2 fillings including chicken, ham, tuna, cheese, pesto, cranberry, tomato. With a side salad and coleslaw.

SOUP OF THE DAY

Soup & a Roll ----- £5.50
 Soup of the day with a bread roll and butter.

Soup & sandwich ----- £7.50
 Soup of the day & a sandwich with a choice of 2 fillings.

Soup & panini ----- £8.50
 Soup of the day & a panini with a choice of 2 fillings.

KIDS SPECIALS

Mini panini ----- £5.50
 Miniature panini with a choice of 2 fillings and a bag of crisps.

Chicken strips ----- £6.00
 Chicken strips with chips and a portion of peas or beans.

Sausages ----- £6.00
 Sausages & chips with peas or beans.

Available daily 11-2.30

Local business adverts are free!

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FISHMART CAFE

DRINKS

COFFEE

Filter	£2.00
Decaff	£2.00
latte	£3.00
Cappuccino	£3.00
Chai latte	£3.00
Mocha	£3.00

TEA

Standard	£1.50
Decaff	£1.50
Tea pot	£2.00
Lady grey	£1.50
English breakfast	£1.50
Herbal tea	£1.50

MILKSHAKES

Thin shake	£2.00
Thick shake	£3.00
Super shake	£3.50

Thick milkshake with squirty cream and sprinkles

Chocolate, Strawberry, & Banana

SEASONAL SPECIALS

See specials board

SOFT DRINKS

All cans	£1.40
----------------	-------

See drinks fridge for available options.

Carton	£1.20
--------------	-------

Orange, Apple, Ribena.

J20	£1.50
-----------	-------

Apple & Mango, orange & passion fruit, apple & raspberry.

Orange & Apple juice	£2.50
----------------------------	-------

Folkington's glass bottle

Fruit shoot	£1.00
Sparkling water	£1.00
Still water	£1.00

ICED COFFEE

Caramel	£3.00
vanilla	£3.00

Available Decaff

HOT CHOCOLATE

Standard	£3.00
luxury	£3.50

Available Daily

Local business adverts are free!

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LOCAL BUSINESSES



Happy
Feet
Foot & Ear
Care 

happyfeetorkney@outlook.com

I am a fully qualified Foot Health Practitioner and a certified ear care provider, offering expert services with the convenience of home visits at competitive rates. For more information or to schedule an appointment, please contact Shirley for a foot or ear care appointment via email or at 07767714634 to have the best foot and ear care.

Happy Feet Foot and Ear Care

07767714634

handmade  with love

Airy Fairy

- ★ Handmade Quilts, cushions & clothes ★
- ★ Beautiful, bespoke & personalised gifts ★
- ★ Handmade especially for you ★
- ★ Makower fabrics in stock £10 per metre ★
- ★ Studio visits welcome by appointment ★

Hazel Shearer, Airy, Stronsay, Orkney, KW172AG • Phone 01857 616231
hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk



Local business adverts are free!

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LOCAL BUSINESSES



Tel: 01857 616 469 Mob: 07741 778 750

We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

**We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.
Reasonable prices.**

Contact Craig or Christine for more information.

Local business adverts are free!

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LOCAL BUSINESSES



REDHOUSE PLANTS MARKET GARDEN

Seasonal vegetables available daily. Bedding, perennial and vegetable plants.

Local honey in season according to availability.

Open 09.00-17.00 Mon-Sat.

Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377

Cooke
SCOTLAND

Fresh Salmon From Stronsay to the World

Cooke Scotland has nurtured and raised delicious salmon on Orkney for over ten years.

Since 2019, we have called Stronsay home where we proudly produce one of Scotland's finest quality foods, with one of the lowest carbon footprints of any farmed livestock.

There are so many varied careers within the Scottish salmon sector - a thriving industry with oceans of opportunity.

Find out more about joining the team by visiting our website.

An Ocean of Opportunity Awaits.

Start Your Career with Cooke Today

cookescotland.com/careers

Local business adverts are free!

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LOCAL BUSINESSES

DONNA BLYTH EDUCATION SERVICES

BA Hons, MEd, PGCE, SQH, CPT3A, CELTA

Email: donnablyth@outlook.com Tel: 01857 616242 / 07852 805780



Online tuition in English Language, English Literature, RE, EAL and Literacy for learners of all abilities from age 7 – adult including A level, GCSE and SQA National Certificates.

Prices – £25.00 per hour for 1:1 tuition; £45.00 per hour for groups of 2 or more depending on requirements (max 3)

11+ Tuition in English, Maths, Verbal Reasoning and Non-verbal Reasoning. £25.00 per hour individual students only as lessons are school-specific.

Tuition in clarinet performance and music theory up to grade 5. £15 per 30min lesson for 1:1 tuition

GTCS, DBS and PVG Scheme registered.

Valid, current Safeguarding and Prevent certification (updated 12.08.25)

References available.

All enquiries and services provided are treated in confidence as far as possible and according to current KCSIE legislation 2024

*****Reviews*****

“Just wanted to share that S.... got into Hampton. He is absolutely thrilled and we are so pleased that the hard work paid off. Thank you for all your help and support.” (Parent of 11+ student)

“I am really pleased with my RE GCSE result. I got a 7 which is an A overall. Thank you so much for all of your help as without it this would have not been possible.” (Y11 RE student)

“L... has to know that she is capable of reaching the target, and I think you play a huge role in that because she really enjoys the sessions with you and what you say really sticks in her head.” (Parent of Y6 student)

“The skills that my daughter has acquired, and the clear and significant increase in her confidence and pride in her reading and writing skills, has been worth every penny.” (Parent of GCSE English Language student)

“V... loved his sessions and said that he was in awe of how knowledgeable you were! Thank you so much.” (Independent tutoring company on behalf of GCSE English Literature student)

“N... got an 8 in both English Literature and Language and would like to thank you for the immense help” (Independent tutoring company on behalf of GCSE English student)

“Donna is a remarkably warm, kind and empathetic tutor. We have both really enjoyed every interaction that we have had with her.” (Parent of GCSE student)

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page

Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES

Holmsgarth Crafts



*Seasonal Gifts,
Memory bears,
Stronsay book bags, and much more
Many items can be personalised
Made To Order*



Contact Margaret McAnally - [Holmsgarth Crafts](#) | [Facebook](#)
07432614089



Traditionally hand-crafted in Stronsay—soaps, solid shampoo bars, conditioner bars and balms. Hand-spun and hand-dyed yarns from Orkney fleeces, woven throws, wall-hangings and more.

Orkney Star Island Soap, Isles View, Stronsay, Orkney, KW17 2AG.

Tel: (+44) 01857 616 281

Email: info@orkneystarlandsoap.co.uk

Web: <http://www.orkneystarlandsoap.co.uk>

Facebook: <https://www.facebook.com/orkney.star.island.soap>

LOCAL BUSINESSES



Taxi
Community bus
Island tours
Mobile mechanic

Contact Mick

07508884024

01857 616 376

www.bayviewtransport.com

bayviewtransportlimited@gmail.com

<https://www.bayviewtransport.com>

LOCAL BUSINESSES

Roger at Stronsay Photographic

Available for

Portraits - groups and individuals

ID photographs - printing on site

Tuition

Special commissions

Cozy studio with professional lighting

Home visits



Contact via Stronsay Photographic Facebook page and Facebook or tel 616228

Special offers also on Stronsay Facebook page

See Stronsay Markets on YouTube https://youtu.be/8e6sz_Z2eQU

Roger at Stronsay Markets



Local seasonal soft fruit and vegetables

Grown naturally without artificial fertilisers, pesticides or weed killer

Cropped same day (usually)

Check out Facebook "Stronsay Markets"

Contact me on stronsaymarkets@gmail.com and I can add you to the regular list of available produce

Local business adverts are free!

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LOCAL BUSINESSES

**PATRICK
McGRATH
LTD**



**Gas Safe Registered Engineer
Plumber**

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- Landlords gas safety checks
- Bathroom fitting
- Bathroom supply
- General heatings
- All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Call Patrick on **07933 488283**
Email: patrickmcgrathltd@gmail.com



Ebenezer Oil Heating



Oil boiler servicing, repair and replacement

Oil tank inspection and installation

Why not let me check out your heating system, I can advise upgrades to make your heating more efficient & cheaper to run

10 year parts and labour guarantee on all new Grant Vortex boilers

All my work is covered by the OFTEC Competent Persons Scheme

Why would you use anybody else?

Tel 01857 616207 Mob 07500682867 Email ebenezer@stronsay.org

Local business adverts are free!

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LOCAL BUSINESSES

“NEIL’S ON WHEELS”



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260



Marion Miller Jewellery
Unique Jewellery inspired by the sea and shore.
Designed and handmade on the island of Stronsay, Orkney
www.marionmillerjewellery.com
Tel: 07919550943 E-mail: marionmillerjewellery@gmail.com

Local business adverts are free!

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STRONSAY KIRK

Details of services at Stronsay's kirk for the next few weeks are now available on the kirk's website <https://www.orkneycommunities.co.uk/stronsaykirk/calendar.asp?set=list>.

Contact Kirk Secretary:
elsie.dennison@live.co.uk

Stronsay kirk's Facebook page:
<https://www.facebook.com/groups/1553904828107651>

HANDY EMAIL ADDRESSES & PHONE NUMBERS:

Ebenezer Stores	stronsaystores@gmail.com	616339
Olivebank	m.williamson1@btconnect.com	616255
Fishmart café	fishmartcafehostel@gmail.com	616401
Hotel & pub	thestronsayhotel@hotmail.com	0758 507 314
Red House plants		616377

Contact details for all OIC Councillors:

<https://www.orkney.gov.uk/your-council/councillors-and-meetings/councillors>

OUR LADY'S CHAPEL, PIERHEAD **OPEN FOR PUBLIC MASSES**

Our Lady's Chapel on the pier is open for public Masses
with the permission of the Bishop of Aberdeen.

Mass times are as follows:-

Sunday & holidays: 11am. Tuesday: 8.00am. All other days: 11.20am

STRONSAY ON YOUTUBE

- [Bicycle tour of Stronsay in August 2022 \(poor audio quality\)](#)
 - [59° North](#)
 - [Links House, Stronsay: Finding the Mesolithic in Orkney](#)
 - [Stronsay, Orkney](#)
 - [The mystery of the Stronsay Monster](#)
 - [Orkney—living and working](#)
 - [1930's stone crushing machine in action on Stronsay](#)
 - [Stronsay harbour \(taken from inside the harbour\)](#)
 - [Five reasons to visit Stronsay](#)
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STRONSAY CHESS CLUB

Meets from 12 to 2pm every Friday in the Fishmart Café
Chess sets provided

USEFUL INFORMATION

Post Office opening hours Monday to Saturday 8:30am - 5:00pm. Sunday closed all day
Post collection times Ebenezer post box 7:30am, Monday to Saturday
Bank (RBS) Thursday 9:30am to 3pm (closed 12-1 lunch), phone 616262
OIC Special collection. 1 Dec 2025, Mon 9 Feb 2026
Stronsay Island Link Office. . . Wed 10am-noon, tel 616446, email stronsaycc@gmail.com
SDT Office Wood's Yard 10am - 11am Mon-Fri. Phone 616410
Sunday service at the Kirk . . . Every week at 11am, see website <https://tinyurl.com/strkirk>
Our Lady's Chapel, pier head . . Mass: Sun & holidays 11am, Tue 8am, other days 11.20am
Next mobile library van visit . . <https://tinyurl.com/orkmoblib>
[Weekly rubbish collection](#) . . . Thursday, bags out by **8am**.
Recycling skips nearly full? . . Send email to recycling@orkney.gov.uk
Forward scam emails to report@phishing.gov.uk
Stronsay's Facebook page . . . <https://www.facebook.com/groups/476168409207488>

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Airy Fairy	616231	Silver Darlings	616412
Bank (<i>Thursday only</i>) . .	616262	Sinclair Haulage	600404
Community council	616446	Star Island Soap	616281
Companions Club	616438	Stranded seals, etc	616207/206/498
Craftship Enterprise	0778 511 1126	Stronsay Band	616345
Doctor	616321	Stronsay Pub & Hotel . . .	616407
Ebenezer Stores	616339	Stronsay school	616246
Ebenezer Oil Heating . . .	616207	Stronsay taxi, school . . .	616376 <i>or</i>
	<i>or</i> 07500 682 867	transport, mechanic	07508 884 024
Fish Mart	616401	diagnostics & repairs	
Golgotha monastery. . . .	616210		
	<i>or</i> contact@the-sons.org	Balfour hospital (24/7). . .	01856 888000
Hall bookings	616263	Water problems (24/7) . .	0800 0778 778
	<i>or</i> annemaree.carter@btinternet.com	Electricity	
Highland Fuels	01856 873766	general enquiries	0800 048 3516
Island Link Officer	616475		(<i>lines open Mon-Fri 8am-5pm</i>)
Kirk secretary	616238	problems (24/7) . . .	0800 300 999
Limpet editor	616297	power cut (24/7). . .	105
Medical emergency	616321	Police (non urgent) (24/7)	101
Neil's on Wheels	07723 304 260	Kirkwall Library	01856 873166
Manse	616284	Dentists:	
Nurses	616321	Daisybank Clinic . .	01856 870547
Olivebank	616255	Deyanov Dental . . .	01856 877118
OIC out of hours	01856 873535	Com Dental Service	01856 888258
Post Office	616499	Orkney Dental	01856 872030
Red House Plants	616377	Vets:	
Scottish Fuels	01856 873105	Flett & Carmichael .	01856 872859
SDT office	616410	Northvet	01856 873403

HOW TO CONTACT THE *LIMPET*

Send an email to editor@stronsaylimpet.co.uk or write to “Claremont, KW17 2AR”.