

STRONSAY LIMPET

FUNDED BY STRONSAY DEVELOPMENT TRUST

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Published on the last Thursday of the month



JOYCE WHITE (WATERHALL, STRONSAY)

Joyce White of Waterhall, Stronsay died 6th March 2011 in Aberdeen Hospital surrounded by her family who had travelled to be with her. Her funeral will take place in Clacton, Essex.

There will be a celebration of her life at the end of April. This will take place in the Stronsay Community Centre (see announcement below).

CELEBRATION OF THE LIFE OF JOYCE WHITE OF- WATERHALL (12.10.1928 to 06.03.2011) & A THANK YOU TO THE PEOPLE OF STRONSAY

Monday 25th April in the Community Hall at 7.30

All Welcome, especially the young people.

It is anticipated that Joyce's first child, Heather Dina, will be present (coming from Singapore) for 3 days at this time. I have researched Joyce's outstanding work in teaching and will reflect on how since first meeting her in 1967 she impacted in my life. Though there may be some tears this should be an appreciative evening for all those who have felt loss and who in our community need our continued positive care.

Leo Martini-Brown (616332 after 8th April).

STRONSAY COMMUNITY ASSOCIATION

Annual General Meeting

Thursday 31st March at 7:30pm in the Community Centre

POST OFFICE, EASTER OPENING TIMES

The Post Office will be closed on Good Friday & Easter Monday, open on Easter Saturday. Please note the Post Office telephone number is now 616278, outside normal opening hours please contact Lisa on 616349.

The next edition of the [*Limpet*](#) will be published on Thu 28 April. Items for inclusion in that edition should be submitted by Sat 23 April. Contact details on back page



STRONSAY DEVELOPMENT TRUST
ANNUAL GENERAL MEETING

Thursday, 5 May 2011 at 7.30 p.m.
in Stronsay Community Centre

Everyone is welcome at the meeting, although only members will be able to vote.

Supper will be served.

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GERAMOUNT SURGERY—A SHORT PROGRESS REPORT

Refurbishment work has continued at Geramount and at times been quite disruptive. Katrina's old office is now a kitchen for the house; the treatment room has large storage units; the new consulting room is almost finished and should be in use soon. The nurse will have her own consulting room and Katrina will have more room to swing a cat. Sadly the money available is insufficient to replace all the floor covering which will need to be done at some time in the future. I apologise for any inconvenience that has been caused during this work and hope we will all benefit from these improvements
Dr Roger Neville-Smith

ECO CLUB

Eco club started again in the beginning of March with new fun sessions. So far we have met up in the greenhouse each week for harvesting, sowing and other activities. The children have grown their own cress, harvested sprouting broccoli, kale and lettuce off their own plot. Last time we made bird feeders using milk cartons.

We were delighted to see so many come back and to see some new faces too.

There is a break for Easter holidays and we start again with an all day willow workshop on Saturday the 16th of April. Funding is unfortunately finished from The Climate Challenge Fund as from March 31st but we are going to keep Eco club going as a free activity for as long as possible.

Eco club is for children 6 and upwards. Any queries please contact Marion on 616354.



WILDLIFE ON THE DOORSTEP

On Monday 21st March we witnessed this amazing spectacle actually on our doorstep at Fingeo.



We heard a bird in distress which was a starling in the clutches of this bird of prey. We thought after looking at several books that it was probably a female Merlin.

This was confirmed by John Holloway later that day (even though he was on his hols - ain't technology marvellous).



STRONSAY COMMUNITY ART PROJECT

Talk with William Caithness



On Saturday March 5th, William Caithness spoke to the young people involved in the art project about life as a fisherman in modern times, and the life and work involved in fishing in Stronsay.

Drawing on 20 years experience as a fisherman, he touched on many aspects of fishing in Stronsay; from the beginnings of the herring fishing industry on the island in 1831, through to the present day and exploring possibilities for the future of the industry.

William emphasised the nature of the occupation of a fisherman as being that of a hunter and therefore unique; ‘the last of the great hunters’. He spoke of the uncertainty that went with the work of fishing; sometimes the catch was plentiful, other times bringing back very little.

He described living conditions on a fishing boat; how important it is for crew members to get along, out on a boat together for long periods of time. He spoke of the nature of the work itself – out in all weather conditions, no sleep at all for many days on end while the catch was going strong. He also spoke about the mystique of being a fisherman; the mystery of life out at sea, and the legends that are associated with the fishing.

Interestingly, in connection some of the stories and folklore, such as descriptions of strange sea monsters were put down to the hallucinations that fishermen experience after long periods of sleeplessness whilst working out at sea.

William ended the talk by speculating on future prospects for the island as a whole. Asking the youngsters, ‘What do I harvest now?’, the answer was of course ‘The wind’. He spoke about life working on the windmills, including the dangers of it, and the present and growing emphasis on renewable energies.

As to the future of fishing, William simply said ‘Who knows?’ Maybe the future lay in fish farming, along with the traditional way of fishing. ‘All I know’, he said, ‘Is that fishing will always be on Stronsay’.

Thankyou William, for a lively, entertaining, and truly inspiring talk. Everyone responded with enthusiasm; and if there were no young fishermen in the making at the beginning of the session, there certainly were at the end.

STRONSAY ART TRIP



On Friday the 4th of March we got up before 7.00am to get the 8.15 ferry for an unusual school day. We were going on a day trip to the Pier Arts Centre to see the “Peedie Pier” exhibition, which we all had contributed artwork to. Some of us had never been there before and we were all excited to see our artwork in an exhibition.

It was a long, almost three-hour journey from Stronsay into town. When we finally arrived at the Kirkwall terminal where we met our Art Teacher, Miss Allan who accompanied us to Stromness. After we arrived at the Pier Arts Centre we met Carol Dunbar, the Education Officer, who would show us round and help us with any questions.

First we looked at the Permanent collection whilst doing a fact finding art activity. One of our favourite pieces was “Colour Spectrum Series” by Olafur Elliasson”. Next we looked at the graduate exhibition. Our favourite pieces in this area included a sculpture with an animated face projected onto it and the fashion and costume design.

We then arrived at the schools exhibition, “Peedie pier”, where we saw our own work and suddenly realised that it was in a proper exhibition. It really brought it home, seeing our work and the schools exhibition along side the work of professional artists. We admired the work by other pupils and thought it was interesting to see work created by our peers from other schools. We especially liked the pencil skull drawing by Georgia Leslie from Sanday and the light drawings by the Upper primary class from Orphir. We were impressed by the variety of media and styles used in the artwork.

After lunch, we had a printing workshop with Carol Dunbar where we learned new skills and techniques, which we will take forward in our Standard Grade work back at school with Miss Allan. We all used the same techniques in very different ways to experiment and create our individual prints.

We looked around the gift shop and some of us bought some souvenirs to remind us of the day. We had a really busy, fun day and unfortunately didn’t even have time to stop for ice cream before we got the ferry home at 3.15.

It was a really enjoyable and educational experience and we all had a great time. We found the artwork in the gallery inspiring and interesting and would definitely like to go back again to see future exhibitions.

By Tilly, Alison, Nattie, Ocean, Leah, S2&S3 Stronsay School.

SOS
SUPPORT OUR SCHOOL

We invite you to Sunday Lunch on 17th April 2011
12pm - 2pm
in the School Hall

Baked Tatties with a filling of your choice with side salad
and a chocolate sundae with tea or coffee to follow will be served

£5/head or

Baked Tattie with filling £3

Chocolate Sundae £2

Tea or Coffee £1

EVERYONE WELCOME!

There will also be a raffle, an Easter Bonnet competition, Easter Card competition and a
Painted Egg competition. All entries most welcome!

STRONSAY SCHOOL—FUNDRAISER

In Upper Primary we have been learning about Fairtrade. On Wednesday 16th March, we held a Fairtrade open afternoon in our classroom.

Different classes visited at different times, with the community invited in for the final part of the day.

There were lots of different activities like a giant Fairtrade snakes and ladders game that we designed and made, food tasting, a tour, an online shopping game, a word search, an art competition and a code breaker. People got a sticker as they came in. They were able to pick up free leaflets, buy food, drinks and tops, leave comments and complete a questionnaire.

We made a profit of £69.84. The money that we raised that afternoon is going to go to the Fairtrade Foundation, which helps farmers in developing countries to improve their lifestyle. Thank you very much to everyone who came and gave so generously!

We are looking at becoming a Fairtrade school. We'll tell you more as we progress!

Upper Primary
Stronsay School

STRONSAY SCHOOL CAFÉ

The PS1s of Stronsay School are doing a project looking at running a business and finding out about different foods and cultures around the world. The outcome of this project is to run two cafés, both cafés will be themed according to the place that has been researched. We hope to learn about the business side of economy, expand our knowledge of countries and their cultures and encourage enterprising attitudes. At this stage we have been set roles, set up a business called 'Crabs 'n' Creels' and decided our first café will have an Orkney theme.

Watch this space for more information and look out for notices in the shop for dates and times.

STRONSAY, THE PAST, THE PRESENT AND THE FUTURE

At Stronsay School some of the secondary pupils are participating in a challenge called 'Stronsay, the past, the present and the future'.

As part of this we are collecting myths and legends from Stronsay, we have already collected stories about trows, witches and fairies. If anyone knows any more myths or legends it would be very helpful if you could tell them to us.

This project is to help us learn more about Stronsay past, dialect, story telling, geological features and help to improve our writing skills.

This is a little taste of the writing we are doing

As the sun sets over Stronsay and the shadows are cast over Hunton Brae by the early moon, the fire flickers into life. Family and friends gather for the story telling. As the peedie ones sleep, the knitting needles click and the pipe smoke fills the air. And so, in comfort, the story telling begins.

Please watch out for more information in the coming months to see how we are doing.

If you have any stories please email us at wendy.groat@glow.orknyschools.org or drop by.

TWO FREE TALKS

HEROES OF THE LIGHT

Speaker: **Howie Firth**

The story of Kepler, Galileo, and the night sky revolution

DARK SKIES AND ISLAND OPPORTUNITIES

Speaker: **Dr Steve Owens** astronomer and dark sky adviser

How island communities can attain dark sky status

Lunch time on Thursday 31 March

Community Centre—New Hall

Free!

Children from around age 10 upwards welcome

12.30 until 2.00 ish



Sponsored by the [British Science Association](#)

ROYAL NATIONAL LIFEBOAT INSTITUTION

The Stronsay Branch of the Royal National Lifeboat Institution would like to say a big thank you to all who attended the S.O.S. function on 28th January, and helped to raise the remarkable sum of £524.60. We are also extremely grateful for your generosity at Jimmy Stout's funeral when the collection came to £370, and at Muriel Fenn's funeral when the collection raised £101.50. Thank you all very much for supporting this worthwhile cause.

Bill Miller

COMIC RELIEF—CAR WASHING

Rebecca, Molly and Joanne enjoyed a car wash outside Geramount. Several cars were given treatment outside the surgery. The serious work gave way to a water fight. The final count was £38.50.

Roger Neville-Smith

LOOKING FOR SOMEONE SPECIAL!

By Constable Torquil Macleod

During my career, it has been my good fortune and privilege to travel to many remote parts of the Highlands and Islands, none more so than the North Isles of Orkney. The communities of the North Isles are fortunate not only to live in areas of remarkable beauty, history and wildlife, but also to be able to do so where the low crime rate per head of population negates the necessity of a full-time police presence.

However, incidents do occur which require officers to travel from the Orkney mainland. This can often result in lengthy delays before officers are able to attend at a scene. It is at these times that the police have relied heavily on members of the community who have given up their own time to assist in police investigations. Whilst the assistance of these people is necessary and very much appreciated, it is often the case that situations would benefit from the involvement of persons with a more detailed understanding of how police investigations are conducted.

These individuals are better known as 'Special Constables'. Although they might occasionally be asked to attend incidents, the main focus for a 'Special' in the North Isles would be to provide a local point of contact between the police and the community. The police would provide training and maintain regular contact with these individuals so that they would be better prepared to manage situations that may come to their notice.

During the times that I have worked in Orkney, both in the early 90's and again from 2003 till the present day, I can not speak more highly of the individuals, past and present, who have carried out the role of 'Special Constables' on the Orkney mainland, but particularly so in the North Isles. They are occasionally asked to perform duties of a particularly sensitive and personal nature. As such, it is vitally important for the communities that the 'Right People' are identified.

Do you think that you would be up for the challenge ?

Do you know of anyone else that you would consider to be an ideal candidate ?

If so and you would like to discuss it further, I would respectfully ask that you contact either myself or Sergeant Gregor Hay at Kirkwall Police Station on 01856 872241, by e-mail on torquil.macleod@northern.pnn.police.co.uk or via the Northern Constabulary website www.northern.police.uk. At first, the application process might appear quite daunting but guidance and assistance would be made available to anyone interested in this position.

POLICE SURGERY—STRONSAY COMMUNITY HALL

Orkney's North Isles Police Officer Constable Torquil Macleod is intending to hold a 'Surgery' at the Stronsay Community Hall at the following times and dates. He would like to extend an invitation to the residents of Stronsay to meet with him and have an opportunity to discuss matters of concern or interest.

- ◆ Monday 11th April 2011 between Midday and 2p.m.
- ◆ Saturday 28th May 2011 between Midday and 2p.m.

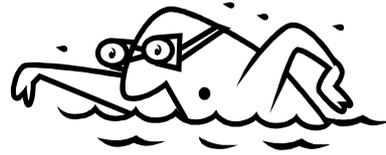
Should you be unable to attend but would like to speak with Constable Macleod, please telephone Kirkwall Police Station on 01856 872241.

NEW POOL TIMETABLE FROM 29TH MARCH 2011

TUESDAY	7.00 - 7.40	PRIVATE HIRE
	7.40 - 8.40	OLDER SWIM CLUB
THURSDAY	7.00 - 7.40	PUBLIC
	7.40 - 8.20	PUBLIC
	8.20 - 9.00	ADULT LANE ** (GYM & SWIM)
SATURDAY	1.30 - 2.00	SWIM CLUB
	2.00 - 3.00	SWIM CLUB

** GYM & SWIM, THIS IS A NEW OPTION TO ENABLE ADULTS TO USE THE POOL & GYM ON THE SAME NIGHT FOR A REDUCED PRICE OF £4 (INSTEAD OF £5.75). THE GYM IS OPEN FROM 7pm.

To enable the pool to remain open, we need volunteer Keyholders, and people to train as Lifeguards. For further information please contact Elsie Dennison on 616331.



GYM 'N' SWIM

On a Thursday evening you can use both the gym and swimming pool at a discounted price if you combine the 2 activities.

You can visit the gym from approx 7-8pm and then have a 40 minute swim session which starts at 8.20pm.

All this for just £4 !

If you're aged between 14 and 16 it's only £3 !!

Now that's well worth trying?

Here's the Easter opening hours for the Gym:

Sat 26th March – Sun 10th April

Monday	11-12.30	Closed
Tuesday	Closed	7.30-9pm
Wednesday	11-12.30	Closed
Thursday	Closed	7-8.30pm
Friday	11-12.30	Closed
Saturday	Closed	2-3.30pm
Sunday	10-12	Closed

END OF POWERDOWN COFFEE MORNING

This was held in the Fishmart on Saturday 19th March. It was very pleasing to see such a great turnout and everyone seemed to enjoy their cuppa and a chat. A total of 30 questionnaires were filled in answering questions about home improvements, recycling, the community greenhouse and Eco club. A big thank you to all who participated!

From the results of this survey (taken from a small cross-section of the community) 30 residents reported having received a total of 63 home energy improvements. These were either carried out between 2009-11 or will be completed by the end of 2011. 37 of these home improvements were carried out by Scottish Government schemes such as Home Insulation Scheme or Energy Assistance Package, 10 were carried out by Orkney Islands Council schemes such as Keep Orkney Warm and 16 were carried out privately at the individual's own expense. If this small sample is any reflection of the rest of the island households, it looks like quite a lot of folk maybe got some benefit out of the government's efforts to improve energy efficiency.

A 2 day horticultural training course was held March 11th and 12th. This was the last of the funded training courses taught by Norman Stephen from SAC and Audrey Litterick of Earthcare. 16 keen Stronsay residents attended and learned about everything from how to deal with and identify pests and diseases in plants to recognising what composts are most suitable for propagation. Norman and Audrey also visited the Greenhouse to which they commented that it was one of the nicest growing community projects that they had ever visited. It was very nice indeed getting such high praise but it can only be due to the enthusiasm and commitment of all those involved and the support of the community in general. Hopefully we will see Norman and Audrey again as they have enjoyed their visits to Stronsay immensely. Would also like to thank the Games Club for accommodating us on the Friday night. Thank you!

The Powerdown project ends on 31st March. Marion Macleod was the Powerdown Officer from 2009 to October 2010. Her main success being sourcing the funding for the Green Island project which included the Community Greenhouse, Eco club and the 2 day Green festival event. The Community Greenhouse and Eco club will continue to operate thanks to the support and enthusiasm of their members. Simone Kirk took on the Powerdown Officer post during Marion's maternity leave from November 2010 to March 2011.

Marion and Simone would like to thank Julia Crocker and Malcolm Addison for their help and support and the Stronsay Development Trust which was instrumental in applying for the funding for Powerdown. They would also like to thank all those members of the community who helped with all the various events and projects – we couldn't have done it without you.

LOVE FOOD HATE WASTE

Love Bakery and Fruit

£90 million of bakery waste and £70 million of fresh fruit waste is thrown away by Scottish households every year.

Bread that may seem slightly past its best can be revived by sprinkling with water and warming in the oven or toasting. Most fruits will stay fresher for longer if kept in the fridge. Bananas and pineapples are best stored at room temperature. Once a pineapple has been cut from the plant it will no longer ripen, so no excuses for leaving it sitting in your fruit bowl!

This is good straight from the oven and also makes great toast as the sugars in the bread slightly caramelize. You can also freeze it.

Recipe – Banana Bread by Neil Nelson

Ingredients

225g self-raising flour, 100g softened butter or marg., 100g sugar, 450g really ripe bananas, peeled & mashed, ½ tsp salt, few drops of vanilla essence, 2 eggs.

Method

Pre-heat oven to 180C. In a large bowl mix all ingredients together. Spoon mixture into a non-stick loaf tin and bake it for 1 ½ hours. The bread should be golden on top and a skewer when pushed into the middle should come out clean.

For more hints and tips for leftovers visit www.wasteawarelovefood.org.uk

It would be great to hear your hints, tips or recipe ideas to reduce food waste by sending them into the Limpet. All above information reproduced from Love Food Hate Waste, Zero Waste Scotland.



PRESS RELEASE – BOILER SCRAPPAGE SCHEME

This **will not be finishing** on 23rd March as previously indicated in last month's Limpet. At the moment no finishing date has been set. The landlord boiler scrappage scheme however **will be finishing** on 23rd March.

1924

March

1924

Saturday — March 1st.

"Wha does the utmost that he can,
Will whiles dae mair." — Burns.

Rev. N.C. Robertson

Wick.

Sunday — March 2nd.

"With a high and holy purpose
Doing all thou hast to do,
Seeking ever man's upraising,
With the highest aim in view."

John Watt

8 King's Park Avenue,
Cathcart, Glasgow**Monday — March 3rd.**

"Content and love brings
Peace and joy.
What mair hae queens
Upon a throne?"

Lily Slater

74 Victoria Street.

Tuesday — March 4th.

"Oh, blest the land, the city blest,
Where Christ, the Ruler, is confest;
Oh, happy hearts and happy homes,
To whom this King in triumph comes."

James Maxwell

Olivebank, Stronsay.

Wednesday — March 5th.

"Mary had a little hen,
Which caused her many a tear;
It layed like mad when eggs were cheap,
And stopped when eggs were dear."

Wm. Scott.

Feastown, Sanday.

Thursday — March 6th.

"Be honest, truthful, and kind,
Gentle, loving and true;
Give to the world the best you have,
And the best will come back to you."

Miss E. Stevenson

Osen, Stronsay.

Friday — March 7th.

"Again the silent wheels of time,
Their annual round have driven,
And you, tho' scarce in maiden prime,
Are so much nearer heav'n."

Jessie Corrigan.

Holland, Stronsay.

Saturday — March 8th.

"Commit thou all thy griefs
And cares into His hands,
To His sure truth and tender care,
Who earth and heaven commands."

W. Richmond.

Iris Bank, Mitchell Square,
Blairgowrie.**Sunday — March 9th.**

"The child of God must separate himself from the ways and
manners of a world that lies in wickedness."

William Work.

Lodge, Stronsay.

Monday — March 10th.

"O! many a shaft, at random sent,
Finds mark the archer little meant;
And many a word at random spoken
May soothe or wound a heart that's broken."

E. Spence.

Sillerha', Stronsay.

Tuesday — March 11th.

"All things work together for good to them that love God."

Jane Chalmers.

Gories, Stronsay.

Wednesday — March 12th.

"There is a spell woven by the restless seas,
A secret charm that haunts our Island air,
Holding our hearts and following everywhere
The wandering children of the Orcaes."

James Peace.

Grind, Rothiesholm.

Thursday — March 13th.

"They also serve, who only stand and wait."

Miss P. Peace.

29 Broad Street, Kirkwall.

Friday — March 14th.

"Happiness grows at our firesides, and is not to be
picked in strangers' gardens."

— Douglas Jerrold.

Mrs. J.B. Grant.

187 City Road, Cardiff.

Saturday — March 15th.

"A little flower so lowly grew,
So lonely was it left
That heaven looked like an eye of blue
Down in its rocky cleft."

Peter Twatt.

Odiness, Stronsay.

Sunday — March 16th.

"We can all do more than we have done,
And be not a whit the worse:
It never was loving that emptied the heart,
Nor giving that emptied the purse."

Mrs R.Stevenson.

Bu', Rothiesholm, Stronsay.

Monday — March 17th.

"He who rides on a tiger can never dismount."

— Chinese Proverb

Rev. A.G. Campbell.

Portsoy.

Tuesday — March 18th.

"Honesty is the best policy."

Miss Lizzie M. Maxwell.

Sannyside, Stronsay.

Wednesday — March 19th.

"He lives long enough who hath lived well."

J. Miller.

Stronsay.

Thursday — March 20th.

"Jesus is not a disappointment, Jesus is far more to me;
Saviour, Sanctifier, Healer, the unchanging Christ is He;
He has won my heart's affections, and He meets my every
need;

He's not a disappointment, for He satisfies indeed."

Miss Annie Hourston.

Vestness, Papa Westray.

Friday — March 21st.

"When I look up to yonder sky,
So pure, so bright, so very high,
I think of One I cannot see,
But One who sees and cares for me."

Miss A. Drever.

Cott, Papa Westray.

Saturday — March 22nd.

"There is so much bad in the best of us,
And so much good in the worst of us,
That it hardly behoves any of us,
To talk about the rest of us."

— R.L. Stevenson

James Sinclair.

6 Union Street, Leith

Sunday — March 23rd.

"Character writes its name on a man's face in indelible ink."

Captain T. Drever.

Harbour House, Methil

Monday — March 24th.

"The best laid schemes o' mice an' men
Gang aft a-gley;
An' lea'e us nought but grief an' pain
For promis'd joy."

Mrs Corse.

Knugdale, Stronsay

Tuesday — March 25th.

"And when thyself with shining foot shall pass
Among the guests star-scattered on the grass,
And in thy joyous errand reach the spot
Where I made one, turn down an empty glass."

Omar Khayyam (Fitzgerald)

Wednesday — March 26th.

"Study to be quiet." — St Paul

Rev. Alex. Murray

U.F. Manse, Beauly

Thursday — March 27th.

"Ships sail east, and ships sail west,
By the very same gales that blow;
Tis the set of the sails, and not the gale,
That determines the way they go."

Mrs Skene.

U.F. Manse, Stronsay

Friday — March 28th.

"Looking oft unto Jesus, my spirit is blest,
My eyes are on Him, and He shows me the way;
The path may seem dark as He leads me along,
But, following Jesus, I cannot go wrong."

Mrs Mary Miller.

Newhouses, Papa Westray.

Saturday — March 29th.

To thine own self be true,
And it must follow, as the night the day,
Thou canst not then be false to any man."

— Shakespeare.

Miss E. Campbell.

Portsoy.

Sunday — March 30th.

"Oh, precious is the flow,
That makes me white as snow;
No other fount I know,
Nothing but the blood of Jesus."

Peter Stevenson.

Burrowgate, Stronsay.

Monday — March 31st.

THE CONSTANCY OF THE STARS.
"At night I view the shining stars,
And wonder why they are there again;
A thought steals to me from afar,
How unlike to the sons of men."

Mr Thomas Rendall.

Clestrian, Papa Westray.

Compiled by Reverend Alex Skene, Stronsay minister 1922 - 1928

ORANGES AND LEMONS!

By Ellie from Newfield

So what could be wrong with cider
If apples are good for you?
Me mother says “Leave it alone”
And calls it “Devil’s Brew.”
But when she packs me lunch
She’ll very often say
“Remember to eat your apple,
It’ll keep the doctor away.”
And all that fuss she made
When I left apple sauce on me plate.
So what can I have done
To get her in this state?
Our Bill said “Cider IS apples
Mashed up into a drink.”
So what can be wrong with cider?
NOTHING you would think.
So I drank a lot of the stuff,
The biggest glass—or two,
Thinking to please me mother
But then I started to spew.
“Oranges and lemons” said Billy,
It’s just a load of pith,
And he’ll explain it to me later
As he’s a date with “Granny Smith.”

©Helene Harrison

DAFT HOMEMADE POETRY BY BILL EMBLETON

(Number 35)

HOW THE YEARS HAVE FLOWN

How the years have flown by, where have they all gone?
It seems no time at all, since I was twenty one.
When young, I danced and ran around, a life ahead of me.
Now look at me, I'm old and spent, with an arthritic knee.
I thought I had forever, for the things I wanted to do
But it's like I slept my youth away and woke up seventy two.
I'm aware I lived those years between, many good times were had
But the speed those decades passed away, is really rather sad.
I cannot function like before, as all my muscles ache.
I lean on anything at hand to give my legs a break.
Simply cutting my toe nails now, is really quite a chore
As I can hardly bend to put my socks on anymore.
Once I had nice even teeth as white as they could be,
Now they're on my bedside locker, smiling back at me
In my army days I marched for miles and never felt the strain.
Now I hobble two hundred yards and cannot stand the pain.
My hearing is on the blink too, it isn't very nice
while talking with friends, to have to say 'Beg your pardon' - TWICE!
Age has brought on other things that's failing, to my attention;
my memory, my eyesight and a few things I won't mention.
Once while ill the doctor came; he shocked me when he said
he'd struggled so hard to find a pulse, he thought that i was dead.
Yet despite what the years have wrought, I do the best I can.
I only feel forty in my mind, a veritable Peter Pan.
My mirror doesn't lie though, I know what I can see;
A remarkable likeness of a very knacked old me.
So take a tip you young folk, live active lives while fit,
For when old age engulfs you, you have plenty time to sit.
Heed my words, don't be the one
To say. 'where have the years all gone?'

LOCAL BUSINESSES

INSTANT PHOTOS

Passport, visa, travel pass, driving licence,
gun licence, etc.

Personalised birthday, Christmas & get well
cards with your own special message or
photograph.

Business/Invitation cards.

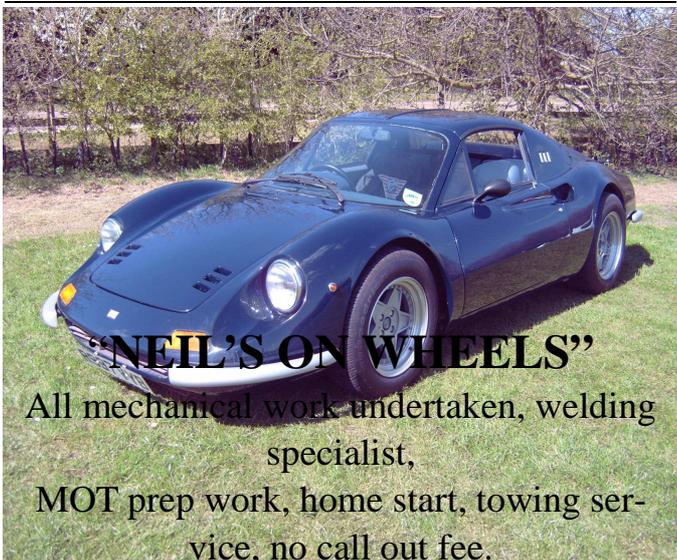
You name it! Tell me what you want & I'll
supply it.

Call Bill Miller on 616420

STRONSAY ARTWORKS

Original paintings of Stronsay Landscape;
Limited edition prints, greetings cards and
postcards which are available for sale at lo-
cal shops, Post Office, Hotel, B&B's and
the Fishmart. Commissions taken.

Phone Jenny on 616475



"NEIL'S ON WHEELS"

All mechanical work undertaken, welding
specialist,
MOT prep work, home start, towing ser-
vice, no call out fee.

MOBILE: 07723 304 260

HOME: 01857 616454

STRONSAY ARTS AND CRAFTS SHOP

Sale items

Fiction paperbacks – all at £4.50

Rowan Purelife DK usually £4.95 now
£3.50

Rowan Felted Tweed Aran usually £5.25
now £3.50

A few Rowan Colourscape Chunky £9.25
now £5.50

Pattern books reduced by £2

Special offer 500g cones of 4 ply acrylic
yarn @ £2.50

Closed from 8 April until Good Friday

Summer opening hours start

Easter Saturday:

Tuesday to Sunday 12.00 a.m. to 5.30 p.m.
616434

www.stronsayartsandcrafts.co.uk

RED HOUSE PLANTS

Orders now being taken for:

Veg plants

Bedding plants

Perennial plants

Phone Lindsay or Gil on 616377

Business adverts

Up to 25 words - £1.50. 25 word advert with photo - £3. 25 to 50 words - £3 and so on.

Private adverts (for sale, wanted, birthday greetings etc)

Up to 25 words - £1.00. 25 word advert with photo - £1.50. 25 to 50 words - £1.50 and so on.

Adverts for the next (April) edition of the *Limpet* must be placed by Saturday 23 April

Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

HOLY WEEK ACTIVITIES AT THE KIRK

- **Sunday 17th April** Palm Sunday Family Service, in the church, 11 a.m.,
- **Thursday 21st April** Maundy Thursday Service with Communion, in the church hall, 7:30 p.m.
- **Friday 22nd April** Good Friday Service, in the church hall 7:30 p.m.
- **Sunday 24th April** Easter Celebration Service in the church, 11 a.m.
- **Sunday 24th April** Easter Party, 2 p.m. in the hall with egg hunt, crafts, colouring competition and food!

All are very welcome!

WELL DONE JENNY!

Well done for all the hard work you have done with the children and their art project. It is a great legacy for the future.

Good luck with the launch!

From Adrian, Marion, James and Filip

STRONSAY COMMUNITY ASSOCIATION

Annual General Meeting

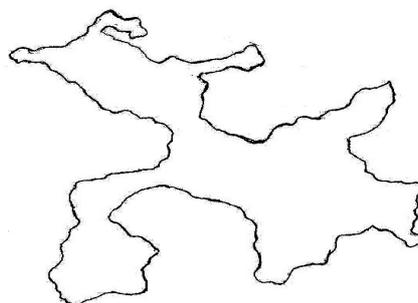
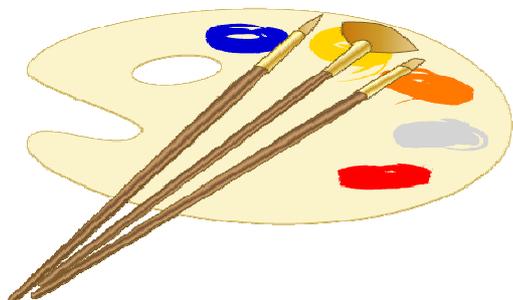
Thursday 31st March at 7:30pm in the Community Centre

Announcements by charities, local groups, clubs and organisations are FREE!

Items for the next (April) edition of the *Limpet* must be placed by Saturday 23 April

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STRONSAY COMMUNITY ART PROJECT



This is an invitation to all to the opening of the Stronsay Community Children's Art Project.

Held at the Stronsay Community Centre; Sunday April 10th, 2.00 until 5.00 pm.

Buffet snacks, bar open. All welcome!



STRONSAY TELEPHONE DIRECTORY

The Stronsay Telephone Directory has recently been up-dated and copies can be purchased from the school, Olivebank, the Post Office or Ebenezer at a cost of £1.50.

Announcements by charities, local groups, clubs and organisations are FREE!
Items for the next (April) edition of the *Limpet* must be placed by Saturday 23 April
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GROUPS, CLUBS & ORGANISATIONS (continued)

MOBILE LIBRARY

Next visits:

TUESDAY 12 APRIL

Council Houses: 9.00am-11.00am

Stronsay School: 11.30am-2.00pm

Stronsay Kirk: 2.30pm-4.30pm

Stronsay School: 6.30pm-8.00pm

Mobile library schedule http://www.orkneylibrary.org.uk/html/mobile2_timetable.htm

Kirkwall library contacts - 01856 873166 or general.enquiries@orkneylibrary.org.uk

Kirkwall library website - <http://www.orkneylibrary.org.uk>

FRIDAY NIGHT GAMES CLUB

Ages 10 or over only

Friday night 8pm until 10pm

Entrance £1

Come along for a fun filled night

Air hockey table

Pool table

Play station 2

Nintendo Wii & Sing Star

Snooker

Juice, crisps and sweets available

STRONSAY COMMUNITY ASSOCIATION

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up? Why not hire the disco equipment with rotating glitter globe and pulsating coloured lights for only £5 plus room and hydro charge? A DJ from the Hall list must be used.

Also available for hire: badminton, table tennis and snooker all at £2 per hour plus hydro. All equipment provided.

Adult supervision (over 18) must be present during hire.

For details and booking contact Colin on 616446.

Announcements by charities, local groups, clubs and organisations are FREE!

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USEFUL INFORMATION

POST OFFICE OPENING TIMES

CLOSED GOOD FRIDAY & EASTER MONDAY, OPEN EASTER SATURDAY

Monday, Wednesday, Friday	8:30—12
Tuesday	Closed
Thursday	8:30—12 and 1—3
Saturday	9—12

Post collection times	07:30, Monday to Saturday
Replacement bin bags.	Telephone OIC (Technical Services) on 01856 873535
Sunday service at the Kirk	11 am
Our Lady's chapel, pier head	Daily Masses at 7:30 am and every Sunday at 9 am
Next Special Collection	?

Doctor	616321	Castle Bird Reserve	616363
Nurses	616480	Balfour hospital	01856 888000
Medical emergency	01856 888000	Hydro	0800 300 999
Registrar	616239	All water enquiries	0845 601 8855
Hall bookings	616446	Kirkwall Library	01856 873166
Post Office	616278	Kirkwall Police	01856 872241
Companions	616261	Vets:	
Kirk	616311	Flett & Carmichael	01856 872859
Stronsay Hotel	616213	Northvet	01856 873403
Fish Mart Hostel	616263	Dentists:	
Olivebank	616255	Great Western Rd	01856 879683
Ebenezer stores	616339	King Street	01856 875348

HOW TO CONTACT THE *LIMPET*

Send an email to ricardian@btinternet.com, phone Bruce Fletcher on 616297 or write to *The Limpet*, Claremont, Stronsay, KW17 2AR

The *Limpet* is published on the last Thursday of the month. Items for inclusion in the *Limpet* must be submitted by the Saturday before the last Thursday in the month. The cut-off date for the next (April 2011) edition is Saturday 23 April.

SUBSCRIPTIONS TO *THE LIMPET*

You can send a subscription to a friend or relative for a birthday present?

12 editions for £10.00 including P&P

Please make cheques—UK banks only—payable to “Stronsay Development Trust” (UK only. Non-UK subscriptions, please ask for a quote) Contact Bruce, details above

The Stronsay Development Trust, a Scottish Charity SC038888

<http://www.orkneycommunities.co.uk/SDT>

Supported in its activities by HIE Orkney, Orkney Islands Council, and
Orkney Community Planning Partnership