SEE AND BE SEEN

The winter weather is cold dark and generally horrible but we all have to get out and about. I have had two experiences lately; one in which I narrowly missed two pedestrians on a dark, drizzly evening - they were in dark clothing, walking on the left hand side of the road with their backs to the cars, unlikely to hear their approach over the wind. My second was an early morning call when I met two children walking on the right hand side of the road, facing the cars and wearing high visibility jackets.

I have reminded myself several times to clear the windscreen before setting off; and my glasses. Oh yes, to stop the dog licking my ears as well. Then I will have a much better chance to see folk on the road. Pedestrians are much easier to see with bright clothing. I hope that thinking about these details will avoid an accident so we can all enjoy spring sunshine and warmer weather together.

Roger Neville-Smith

LIMPET—FEEDBACK PLEASE!

What do you think of the Limpet?
Are there any items that should be in there but aren’t?
Are there any items in there that should not be there?
Could you write something for the Limpet? It doesn’t have to be a literary masterpiece, it can be a rough draft which will be edited by the Limpet.

If you have a Facebook account you can comment using the Limpet’s Facebook page http://www.facebook.com/StronsayLimpet

If you do not have a Facebook account you will find the contact details (email, phone or post) for the Limpet are on the back of every edition, including this one. Email is the preferred method of contact. However, if you do phone the Limpet then please do so between the hours of 10:30am and 9pm.

The next edition of the Limpet will be published on Thu 28 Feb. Items for inclusion in that edition should be submitted by 7pm on Wed 20 Feb. Contact details on back page.
Your community needs you!

Join the Board of the Successful Development Trust!

Have you ever thought about standing for election as a director/trustee to help the Trust work towards a sustainable future for Stronsay? All ages, skills, experience and interests are welcomed. All contributions add up – even if you don’t have a lot of time to spare.

The election of Directors will be held at the Annual General Meeting on Tuesday 24 April 2013.

All the board directors are volunteers and there are 7 vacancies.

Nomination forms are available from Olivebank, Ebenezer Stores, and the Post Office or you could phone the Secretary on 616349.

The deadline date for nominations is **Sunday 24 March 2013.**

Lisa De Geer
Company Secretary
Fagerheim, Stronsay
KW17 2AR
**UPDATE ON THE ENTERPRISE ZONE**

Progress on the Enterprise Zone has proved to be a bit slower than the Trust would have liked. This was because the purchase of the land on which we intended to build proved to be protracted. The opportunity to buy the adjoining Lobster Pond was welcomed because it avoided a potential access issue and we thank Leo Martini-Brown for offering SDT the building for purchase. Jim Holland decided that it was important for him to retain the top end of the yard and storage shed so he could continue to operate his haulage business from this location as before. Therefore the Trust needed to re-negotiate the original purchase price of £45,000. The price agreed was £25,000. The purchase price of the Lobster Pond was £17,500 thus making a total price of £42,500. This represents a saving compared to the original price without a significant reduction of area purchased. The sale on the site was completed on the 1st of November 2012. A fence has been erected on the boundary of the Trust’s site and Jim’s retained section.

Initially it was hoped to reinstate the Lobster Pond to the role giving it its name. There was a lot of support for this from the fishermen but unfortunately, due to EU state aid grant funding rules on grants for the fishing industry, this project has had to be dropped for legal reasons beyond our control.

In conjunction with the revised purchase and still wishing to make use of this substantial and historic building now in community ownership a rethink on the whole Enterprise zone concept was needed. It was decided to utilize the Lobster Pond and convert it to five units, instead of new buildings, to house four business units and Trust Office.

Architect Peter Finnegan was instructed by the board to produce plans for this which have been approved by the Board subject to some minor tweaks and will be put to OIC planning shortly. Informally OIC see no problems. It is the Trust’s intention to employ local tradesmen whenever possible and the tender process will begin at the end of March 2013 with a proposed completion date of December 2013.

The Enterprise Zone will be the start of a new Community Interest Company called Stronsay Community Initiatives Ltd. This will encourage the development of commercial and social enterprises on the island thereby addressing the problem of unemployment, under employment and de-population.

To avoid any confusion regarding funding for the purchase and building of the Enterprise Zone, it comes from an original £435,000 ‘Growing Community Assets’ Lottery grant awarded to the Trust and NOT from the new Stronsay Community Fund that is gift aided revenue from the Community’s wind turbine.
INTRODUCING JACQUELINE DENNISON

Hello, for those of you who don’t already know me I am Jacqueline Dennison, your new development officer. A Stronsay-lass by birth and having lived on the Orkney Islands for most of my life. I am interested in both the challenges and benefits island life presents. I have many years’ practise working in the tourism sector, having worked in the hotel industry and most recently working for Visit Scotland as a Visitor Service Advisor.

As a mature student I studied firstly an HNC in Tourism and then a degree in Scottish Cultural Studies at the University of the Highlands and Islands. As part of my degree, I looked closely at various aspects of community development throughout the Highlands and Islands, which gave me an enthusiasm for trying to find sustainable ways to improve local, social and visitor facilities for our island communities.

I live in Kirkwall with the youngest of my three sons, who is at the Grammar School, 2 dogs and twa-three cats. I look forward to renewing and strengthening existing connections and getting to know residents who I haven’t yet met. I am very much looking forward to working with the Stronsay Development Trust and for the benefit of all the people who live on Stronsay.

Contact me on:
- Tel: 01856 879178
- Mob: 07511697176
- or e-mail: stronsaylass45@hotmail.co.uk

A Company Limited by Guarantee Registered in Scotland
Company Number SC271553
A Scottish Charity, Charity Number SC038888
Registered Office: Clifton, Whitehall, Stronsay, Orkney KW17 2AR

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**MRS DENNISON’S RETIREMENT**

On Friday 21st December 2012, Mrs Dennison retired from Stronsay School after 30+ years of dedicated teaching. To mark this momentous occasion, the whole school celebrated at the Kirk where the Stronsay community gathered. During the carol service, former head teacher, Mae Laverie gave a heartfelt speech about Mrs Dennison’s time at Stronsay School. She was then presented with a scrapbook containing photos, stories and messages from past and present pupils and members of the community. On behalf of the Parent Council, Gaynor Smith then gave a speech on her experiences working with Mrs Dennison and how she was a credit to Stronsay School. Surprising her, she was given flowers, Maltesers and vouchers which were presented by Ocean Miller, S4 (previously taught by Mrs Dennison) and two children from the current Lower Primary class, Daniel Whiteman and Amber Ewen. On Friday evening, Mrs Dennison celebrated her retirement with her colleagues, having a special meal.

Mrs Dennison is going to be greatly missed around the school but we all wish her well and hope she enjoys her retirement.
STORM DAMAGE ON STRONSAy—DECEMBER 2012

Mairi Dennison’s photograph of the blocked road at the Ayre of Myres (looking towards Whitehall village)

Sheila Burgher’s photograph of the road over the Ayre of Myres
Roger Neville-Smith’s photograph of the clear-up at the Ayre of Myres

Roger Neville-Smith’s photograph of the council’s repair work on the sea-wall
John Holloway’s photographs of flooding near the Old Mill
It surely should be a quiet time for gardening; the recent covering of snow has helpfully hidden the garden tools which should have been collected up many months ago. I still keep putting off the seed order but know that any day now it will be spring and I need to follow my instincts; to sow all manner of things and watch them damp off, keel over and return to the soil again. Such a choice from the catalogues; should I go for bumper crop, exquisite taste, disease resistance, early cropping, wind resistant (have not found that plant yet), lover of salt, floods and frost. No time to lose on the new garden, recycling timber that has spilled out of the house to make raised beds, wind protection and obstacles to fall over when hurrying to house, weighed down by the garden-fresh vegetables.

A chance finding in the coal shed when searching for something, I came across many bowls of hyacinths that I had planted in autumn for a Christmas display. Thankfully, although a little disappointed to have missed the festivities, the bulbs have been patient and waited for this moment. I hope that over the next few weeks their blooms and scent can be enjoyed in the house.

Roger Neville-Smith

DON’T LEAVE IT UNTIL IT’S TOO LATE!
(IT’S LATER THAN YOU THINK)

If you are planning an event on Stronsay why not advertise it in the Limpet, if the event is for a charity or a local organisation then the advert is FREE! The deadline for items to be included in the next edition of the Limpet is always on the front page of the latest edition of the Limpet. Contact details for the Limpet are on the back page of every edition.

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The Limpet website is www.stronsaylimpet.co.uk which has links to the latest edition and all available back numbers.
BATTLING DEPRESSION ( PART I )

There is never a right or wrong time to bring this issue to the surface publicly, but today, as I write this little missive – 21\textsuperscript{st} January – seems appropriate, since it is deemed, ( officially, at any rate ), to be the date on which the ‘blues’ are at their worst. I see this time of the year as being more of a struggle for everyone, when the festive season is over and the rest of the dark and stormy winter months yet to be gotten through.

It is difficult to know how to raise this kind of topic without causing embarrassment to reader and writer both. I have vacillated for a long time between the wish to share my thoughts on the subject, and an equal distaste of too much exposure on my part. I am not at all comfortable with the notion of ‘public confession’, like a participant in a Jeremy Kyle or Jerry Springer show.

At the same time, the sufferer in me thinks it is important to at least try to speak, despite my clumsiness about it, to reach out to those who have experience of this debilitating illness. It is this which has emboldened me to talk as honestly as possible about my own experience, with a view to encouraging others to do the same, if only, perhaps, with themselves. Simultaneously, if it helps those ( whom, thank God, do not have any problems in this regard ), to gain a little more understanding of this illness, then so much the better.

Real depression is not a case of simply being ‘down’ or ‘sad’, although these are obvious aspects of its nature. It is a condition best described as a constant state of bereavement, at the pit of which is a sense that it will never get any better. On my worst days, I am afflicted with an unceasing round of negative and self-critical thoughts, designed to bring my sense of hope and self-worth to my knees, metaphorically speaking. These ‘loops’ of thought can engulf me for days, sometimes weeks. In addition to this unlovely cocktail of discomfort is the arrival of flashbacks, usually pertaining to an unhappy or traumatic event from my past. Sometimes they come quickly in succession, but it takes only one unwelcome memory to set the whole chain of events off again. This can create a vicious circle, which ushering in my next best companion, anxiety attacks.

Anxiety attacks are not merely feeling worried or stressed. A real anxiety attack brings a plethora of symptoms, including palpitations, cold sweats, hyperventilation, insomnia, muscle tension, dry mouth and a churning stomach. These effects are accompanied by a sense of fear and dread that bring you chronically close to tears, and a sense of impending loss of everything that is precious to you. These ‘panic-stricken’ thoughts are usually irrational and tinged with a ‘disastrous’ feeling element, but for the duration of these spells they make utter sense, despite concrete evidence to the contrary. These attacks are black and icy clouds, blotting out energy, joy and colour and replacing it with a journey into nightmare country. Mental torture is not an exaggerated statement, when it gets bad enough.

(continued on next page)
In both cases of depression and anxiety they can leave you physically, as well as mentally drained. To be blunt, they are destructive little ‘b******s’, which are impossible to be ‘jollied’ out of. Comments like ‘buck up’ and ‘pull yourself out of it’ have no relevance, they do not work. If only they did!

This condition does not have any obvious appearance, either. Most folk whom I know suffer depression are cheerful, hardworking souls, who do their best for themselves and others, who achieve much and tend to downsize their own needs. There is tendency, sometimes, however well-meaning, to judge outside appearances, where if you put on a smile and a lively attitude then you can’t possibly be depressed.

I’d like to speak a little more in the next article, about our own individual as well as general perceptions on this, and mental health issues as a whole.

Thank you for taking the time to read and think about this.

Jenny Stone
Upper Scapa Cottage
St. Ola
LATEST BIRD NEWS

Where else in the UK but the Northern Isles would Blue Tit be 'Bird of the Month'?
But - so far - the over-wintering bird at Castle is just that, although it has to be said that
given the almost balmy period around the festivities until mid-January it was very unlike-
ly that anything else unusual to Stronsay would turn up!

A few hardy individuals have been seen recently - 1-2 Greenfinches and Chaffinches
followed by a small party of Skylarks opposite Northbank on 22nd January during the
first sprinkling of snow. Kath and Norman Kent saw a Woodcock on the Bu Links on
19th - typically flushed accidentally, this time by a flying frizbee thrown for the dogs to
chase! The Blan Loch is full again this winter and the Pintail duck gathering there can be
seen well from the road. A pair of Goldeneye have been on the Bu Loch along with a
small party of Red-breasted Mergansers. There have been regular sightings of Hen Harri-
ers including the grey adult males and the brown 'ring-tails' (females/young males). Al-
though the young males and females are very similar in appearance the males are smaller
with shorter tails and appear 'stocky' in comparison with the females.

The only positive from the recent SE and NE storms has been the number of small
waders - mainly Turnstones and Dunlin - feeding among the tide-wrack in areas where
they are not usually seen. A few Oystercatchers have returned early this year with 15 on
the Holin Links in mid-January.

Much of our time at this time of year is spent compiling and printing the annual is-
land Bird Report which we have undertaken since 1997. In spite of the usual problems
with our printer, paper, and ink etc. the 2012 edition is now out and we hope to have them
all delivered by the end of the month. The cover-sketches are particularly time-
consuming - but enjoyable - and of course can be done by the fireside! Thanks again to
all who have contributed their sightings.

(continued on next page)
Pigeon Post

With over 25 years-worth of bird and wildlife records for the island in our notebooks, we have added what we hope will become a regular feature in our 'Limpet-piece' - some of the most spectacular and interesting species seen on Stronsay 'pre-Limpet'.

The first two in the series illustrate just how random and unexpected sightings of rare birds can be - and typically 'one by the roadside' and 'one in a garden'! They also illustrate just how attractive Stronsay is to a wide range of rare migrant species. In the last 25 years the island has proved to be on a par with Fair Isle and North Ronaldsay in this respect, and with only partial coverage here, one can only guess as to how many we have missed!

1) The only record of Red-rumped Swallow for the island, found in late May 2005. A rare migrant from Southern Europe discovered on the roadside fence near Hescombe and later seen in the garden at Airy Cottage.

2) Icterine Warbler chick emerging from the nest in the Escallonia archway in the garden at Lower Millfield, where a pair bred successfully in the exceptionally warm summer of 2002 - the first fully documented record of the species breeding in the UK. Photographed from behind the window inside the (then derelict) house, hence the slight blurring to the image. The birds spent virtually the whole summer in the confines of the garden, rarely venturing as far as the garden at Castle to feed.
LETTER FROM SCHOOL PLACE

My 2013 Council duties commenced with a seminar updating us on the ballast water exchange issue. The computer model has been refined, and it all sounds very reassuring. However, I do not trust computer models if there is no supporting experimental evidence that their predictions are reliable. Without this, they are simply the modern equivalent of the horoscope.

The Constitutional Reform working group has now held its first meeting. We have been charged with investigating the implications of Scottish independence (should this come to pass) and considering in advance of this what alternative constitutional arrangements might suit Orkney better. (From a report in the 18th January issue of “The Shetland Times”, it seems our northern neighbours will be doing likewise.) It is alarming to think that the Scottish Government has made no commitment to maintaining local authorities after independence. The police and fire services are already being centralised. Could all local services go the same way?

The draft of OIC’s next five-year plan, “Our Plan” is now available for the public to comment on, and I would urge you all to do so. On page 6 you will see a list of “Our Values”. Note particularly: “promoting equality and fairness”. We have to make sure that this applies to the provision of services to the North Isles. For example, consider the fairness of the current ferry refit timetable.

I am pleased to say that a Sanday resident has risen to the challenge and drawn up a proposal for an improved Outer North Isles’ ferry timetable. I have submitted this to the Executive Director of Development & Infrastructure, and it is going to be discussed in February. As a regular user of the ferries, I have first-hand experience of the shortcomings of the timetable and of public dissatisfaction with many aspects of the service. But don’t just sit back and be dissatisfied — let’s hear your ideas on how it can be improved!

Snow and blizzards did not prevent me flying to Papay’s recent community council meeting, and I am due to sail to Stronsay’s on the 28th January. (Ironically, in this instance the ferry refit timetable is helpful — enabling me to travel directly from Loth to Whitehall.) I went to the parent council meeting in Westray earlier this month, and had a brief tour of the school. I shall endeavour to attend parent council meetings if I am kept informed of the dates.

Cllr Dr Stephen Clackson
NOW AND THEN
By Bill Miller
BEACHING OF WHALES IN 1950

The normally beautiful Rousam Sands in the Bay of Holland, Stronsay, turned into a horror scene on Saturday, 22nd April, 1950, as ninety-six pilot whales became stranded for no apparent reason, and eventually all died a slow lingering death.

The whales, from six to twenty feet in length, and weighing up to seven tons, were too far up the beach to be floated out on the next high tide, despite valiant efforts by many of the locals. A few of the baby whales were put back in the sea but, after playing about in the bay for about half an hour, came speeding back onto the beach, bringing another one with them, making a total of ninety-seven.

Speculation at the time suggested that the bull whale, the leader of the school, had come ashore to die, and that the rest had followed him in. Another theory was that they had been frightened ashore by a killer whale which had been seen in the area a week before. Whatever the reason, it was a very sad sight for me, as a seven year old, seeing the poor creatures dying a slow lingering death, and being unable to do anything about it.

By Tuesday, 25th April, only nine of the whales were still alive, and the local butcher, the late John Horne, put them out of their misery, as there was no hope of saving any of them.

The monumental task of disposing of the carcasses was given to the late Andrew Burghes, of The Smiddy, Whitehall Village, and he employed local men with their boats to tow them out into the North Sea and set them adrift, “At least three miles off the nearest land in Orkney”.

This task was duly completed, and the Rousam Sands returned to their tranquil state.

Bill Miller, Glenmanna, Stronsay.

Disposing of dead whales from Rousam Sands

Willie Chalmers, Willie Ritchie, Stanley Matchey, Walter Miller

(more photographs on next page)
Mr. A. Bungass,  
Whitehall, Village,  
Stromness.

Dear Sir,

Whales in Holland Bay

I refer to your letter of 1st instant, in which you submitted a tender to remove the whales in Holland Bay, Stromness at a cost of £220.

I write to confirm the information I gave you by telephone, namely, that your offer has been accepted by the appropriate Committee of the County Council on the following conditions:

1. All the whales must be towed out at least three miles beyond a line drawn from Auxberry to Lamb Head, Stromness.

2. That the operation be carried out with suitable tides and suitable winds so as to prevent the whales being washed up elsewhere.

3. That when at sea the whales will be ripped sufficiently to cause submersion.

I shall be glad to know that these conditions are accepted as you indicated on the telephone.

Yours faithfully,

[Signature]

County Clerk.

2nd May, 1950.
STRAW BOATER DAY
By Ellie from Newfield

Mother Nature is wearing ‘that’ hat,
    The one that says it all.
    A nifty little number
Worn rarely as I recall.
    In a mood for change it seems
    For many moods has she.
For here I stand in her glory
A December sun warming me.
To the east the flock are grazing
On the crofters hill in full sun
And the scene that is set before me
    Is a peaceful, relaxing one.
Mother Nature I feel sure is smiling
    And in that I will join her too
    For it’s a bonny, glorious morn
With a sky of endless baby blue.
Hide and seek is now in practice
As rabbits show their pleasure.
For manys the day I would say
When they are exhausted into leisure.
Of course there’s a smell of snow
As in December it waits on standby
    But this day upon the hill
    There’s not a cloud in the sky.
Home is away in the distant north-west,
The steading nestling into the trees
And ‘old faithful’, our rusty old tractor,
    Vintage but willing to please.
In the valley lies ‘Little Water Loch’
A drop-in centre or travellers rest.
Not at all the stagnant, still pond
Which is what it seems to suggest
    But an aquatic paradise,
    A busy, active spot.
Still life isn’t in it,
    No, definitely not.
(continued on next page)
A westerly breeze, just a whisper,
   Carries sound from a nearby farm
Where the cows are all housed for the winter,
   Relaxed in the straw which is warm.
Just one day in this season, now winter,
   But such a wonderful, bonny day.
Whatever you do Mother Nature
   Don’t ever throw ‘that’ hat away.

©Helene Harrison
GREETINGS, PRIVATE SALES & WANTS

THANK YOU

I would like to say a huge thank you to everyone for the cards, gifts and good wishes I received on my retirement from Stronsay School. Also thank you to all those involved in making my last day at work so very special.

Elsie Dennison

THANK YOU

Thank you so much for your very generous and thoughtful gift, I am deeply touched that the community has marked my retirement with such kindness.

The years I spent working and living with you were such a special time, the warm handed acceptance I was shown from the time I was interviewed for the position of community nurse was both heartwarming and all encompassing.

I have been deeply privileged to have lived and worked on Stronsay, not just to have enjoyed the beauty and tranquility of the isle, but to have been accepted and embraced by the very special people. I have been given many memories which I will always treasure.

With fond regards to you all

Linda Smith

Private adverts (for sale, wanted, birthday greetings etc)
Up to 25 words - £1.00. 25 word advert with photo - £1.50. 25 to 50 words - £1.50 and so on.
NO charge for “thank you” notices.
The cutoff date for adverts to be included in the next edition of the Limpet is on the front page
Contact details for the Limpet are on the back page
“NEIL’S ON WHEELS”
All mechanical work undertaken, welding specialist,
MOT prep work, home start, towing service, no call out fee.
MOBILE: 07723 304 260
HOME: 01857 616454

ORKNEY STAR ISLAND SOAP

Real soap made by hand with care in Stronsay. In the Orkney naturals range there is Orange Bear made with Orkney Bere bran to gently exfoliate, Sea Salt & Tangle made with seaweed and very good to use after gardening and Beast in the Bath made with French pink clay to help cleanse pores, with the Stronsay Beast stamped into every bar. Say it with soap - favours for weddings or special occasions are a novel and increasingly popular gift idea. I can only make these on commission so please contact me to discuss your requirements.


Available online at: www.orkneystarislandsoap.co.uk

PLEASE NOTE MY WEBSITE IS UNDERGOING IMPORTANT MAINTENANCE AT THE MOMENT BUT WILL BE BACK AND BETTER THAN BEFORE VERY SHORTLY

Tel: 616281.
Email: info@orkneystarislandsoap.co.uk

SUNNYSIDE
AVAILABLE TO RENT FROM FEBRUARY

3 bedroom cottage with garden
Oil-fired central heating
Fireplace in sitting room
No smokers and no dogs
Phone 01857 616306

Business adverts
Up to 25 words - £1.50. 25 word advert with photo - £3. 25 to 50 words - £3 and so on.
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LOCAL BUSINESSES

INSTANT PHOTOS
Passport, visa, travel pass, driving licence, gun licence, etc.
Personalised birthday, Christmas & get well cards with your own special message or photograph.
Business/Invitation cards.
You name it! Tell me what you want & I’ll supply it.
Call Bill Miller on 616420

STRONSSAY ARTWORKS
Original paintings of Stronsay Landscape; Limited edition prints, greetings cards and postcards which are available for sale at local shops, Post Office, Hotel, B&B’s and the Fishmart. Commissions taken.
Phone 01856 870075
Email jennystone001@btinternet.com

COMPUTER SERVICES
Advice, Internet connection issues, Website design, Hosting, I.T. Training and much, much more.
Contact Neil @ Schoolbrae, 616317
e-mail: enquiries@gb-en.eu

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NURSERY CHILDREN SAY “THANKYOU”

It is with great thanks and warm bodies that the Nursery Children would like to thank the SOS group for their kind donation of £200. This enabled the Nursery to purchase warm outdoor all-in-one suits and mittens to match. We have been out in the snow and the rain and are waiting for more snow so that we can build a snowman. Thank you again SOS.

Stronsay Nursery children, Melvin, Millie, Malachi and Sam.

CAROLS BY CANDLELIGHT

Thanks to everyone who gave a donation to the Embrace charity at the kirk’s “carols by candlelight” evening at Christmas. A total of £100 was collected.

Ruth Bowen

STRONSAY BOXING DAY DIP

The final total is £1,159. A big thank you to all that dipped, sponsored, donated and helped out in anyway, especially Sinead Cooper who held the fort for me.

Carrie Stout

DON’T LEAVE IT UNTIL IT’S TOO LATE!
(IT’S LATER THAN YOU THINK)

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GROUPS, CLUBS & ORGANISATIONS (continued)

MOBILE LIBRARY

Next visit:

Monday 11 February

Council Houses:  9:15—10
Stronsay School:  10—12
Stronsay Kirk:  12:30—3
Fishmart:  3:15—5:30

Mobile library schedule  http://www.orkneylibrary.org.uk/html/mobile2_timetable.htm
Kirkwall library contacts - 01856 873166 or general.enquiries@orkneylibrary.org.uk
Kirkwall library website - http://www.orkneylibrary.org.uk
Kirkwall library online book catalogue - http://212.219.208.10/TalisPrism
Check new library opening times
www.orkneylibrary.org.uk/html/opening.htm#NewHours

FRIDAY NIGHT GAMES CLUB

Ages 10 or over only
Friday night 8pm until 10pm
Entrance £1
Come along for a fun filled night
Air hockey table
Pool table
Play station 2
Nintendo WII & Sing Star
Snooker
Juice, crisps and sweets available

STRONSAKY COMMUNITY ASSOCIATION

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up?  Why not hire the disco equipment with rotating glitter
globe and pulsating coloured lights for only £5 plus room and hydro charge?  A DJ from
the Hall list must be used.

Also available for hire:  badminton, table tennis and snooker all at £2 per hour plus
hydro.  All equipment provided.

Adult supervision (over 18) must be present during hire.

For details and booking contact Colin on 616446.

Announcements by charities, local groups, clubs and organisations are FREE!
The cutoff date for items to be included in the next edition of the Limpet is on the front page
Contact details for the Limpet are on the back page

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USEFUL INFORMATION

POST OFFICE OPENING TIMES

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Monday</td>
<td>8:30—12</td>
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<tr>
<td>Tuesday</td>
<td>Closed</td>
</tr>
<tr>
<td>Wednesday, Thursday, Friday</td>
<td>9—12 and 1—3</td>
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<tr>
<td>Saturday</td>
<td>8:30—12 and 1—3</td>
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</table>

Post collection times ........ 07:30, Monday to Saturday
Replacement bin bags .......... Telephone OIC (Technical Services) on 01856 873535
Sunday service at the Kirk .... 11 am
Our Lady’s chapel, pier head ... Daily Masses at 7:30 am and every Sunday at 9 am
Next Special Collection ....... Friday 8 February 2013
Rubbish collection .......... Tuesday (bags out ready by 9am)

Doctor ............... 616321
Nurses ............... 616480
Medical emergency ...... 01856 888000
Registrar ............ 616239
Hall bookings .......... 616446
Post Office ........... 616278
Companions ............ 616261
Kirk ................. 616311
Stronsay Hotel ......... 616213
Olivebank ............. 616255
Ebenezer stores ....... 616339
Neil’s on Wheels ....... 616454
Taxi ................. 616335

Castle Bird Reserve .... 616363
Balfour hospital ...... 01856 888000
Hydro ................... 0800 300 999
All water enquiries .... 0845 601 8855
Kirkwall Library ...... 01856 873166
Kirkwall Police ...... 01856 872241
Vets:
Flett & Carmichael ... 01856 872859
Northvet ............. 01856 873403

Dentists:
Great Western Rd ...... 01856 879683
King Street .......... 01856 875348
Earls Palace ......... 01856 872958

Email  contact@the-sons.org

HOW TO CONTACT THE LIMPET

Send an email to ricardian@btinternet.com, phone Bruce Fletcher on 616297 (after 10:30 & before 21:00, please!) or write to The Limpet, Claremont, Stronsay, KW17 2AR
Details of the deadline for the next edition are on the front page

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The Stronsay Development Trust, a Scottish Charity SC038888
http://www.orkneycommunities.co.uk/SDT
Supported in its activities by HIE Orkney, Orkney Islands Council, and
Orkney Community Planning Partnership

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