

STRONSAY LIMPET

FUNDED BY STRONSAY DEVELOPMENT TRUST

ISSUE 124 - October 2015

Published on the last Thursday of the month



MESSAGE FROM STRONSAY'S SURGERY

If you or your son / daughter received a letter from the NHS earlier in the summer inviting you to contact the surgery for a vaccination against Meningitis ACWY, we are now in the process of being asked to order these as they are now in stock in Orkney. (This mainly affects teenagers 15-18 years depending on school leaving dates). If you had one of these letters, please can you contact Katrina at the surgery and she will put your name on the order list. As we don't know who had letters sent to them this is the only way we can work out how many to order. We would be grateful if you could contact us at your earliest convenience so we can place our order.

Thank you. Shirley Whiteman Community Nurse Stronsay Orkney 01857 616480

ANOTHER MESSAGE FROM STRONSAY'S SURGERY

If you have not yet had your influenza vaccination please contact the surgery on 616321 to arrange an appointment.

STRONSAY'S SILVER DARLINGS

Stronsay's Silver Darlings are looking for ideas for naming their latest album! Please send your suggestions to Mairi either via email mairidennison@yahoo.co.uk, Facebook private message or phone 616331, by Sunday 8th November.

SLOW BROADBAND?

If you think that your broadband speed is too low then why not sign Liam McArthur's petition at http://www.liammcarthur.org.uk/broadband

The next edition of the <u>Limpet</u> will be published on <u>Thu 26 Nov</u>. Items for inclusion in that edition should be submitted by 7pm on <u>Sun 22 Nov</u>. Contact details on back page



COMMUNITY FUND UPDATE

During September and October the following Community Fund grants were awarded to individuals and groups in Stronsay:

Stronsay Community Play Park Action Group:	
Towards the renovation of the Ward Hill play park	£50,000.00
Stronsay Parent Council	
Towards a school trip to Norway	9,500,00
For Stronsay Junior High School Enhanced Learning	5,266.34
For atheletics, sports training and team representation	3,463.15
For ABRSM music theory classes	I,520.00
Stronsay Swimming Pool	
Towards the complete renewal of swimming aids, toys and floats	1,500.00
Seven Educational Bursaries of £1,000.00	7,000.00
Five Skills Bursaries of £387.00	
For a course of 10 driving lessons + practical and theory test fees	1,935.00
TOTAL	£80,184.49

The Board of Stronsay Development Trust













A Company Limited by Guarantee, Registered in Scotland Company Number SC271553 A Scottish Charity, Charity Number SC038888 Registered Office: Unit 1 Woods Yard, Stronsay, Orkney KW17 2AR



APPLICATIONS ARE INVITED FOR THE STRONSAY COMMUNITY FUND FUEL POVERTY GRANT

Application forms will be available at the Post Office and in this edition of the Limpet (available online at www.stronsaylimpet.co.uk). All applications should be returned by the 30th November. Late applications cannot be accepted after this date.

You will not be asked for any personal financial details other than the name of your domestic electricity supplier, together with your account number, but you will need to sign the declaration confirming that you are in fuel poverty¹.

Applicants must be the bill payer and be a full-time resident of Stronsay and there can be only one application per bill payer.

The grant of £150 will be paid directly into your electricity account in December.

Under the restrictions placed on the Trust by charity laws, the owners of businesses, second homes or holiday lets are unable to qualify for this grant.

¹Scottish Fuel Poverty Statement Definition is:

"A household is in fuel poverty if, in order to maintain a satisfactory heating regime, it would require to spend more than 10% of its income (including housing benefit or income support for mortgage interest) on all household fuel use."













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Company Number SC271553
A Scottish Charity, Charity Number SC038888
Registered Office: Unit 1 Woods Yard, Stronsay, Orkney KW17 2AR

Board minute date



Stronsay Community Fund

Fuel Poverty Grant

In confidence
One grant per applicant
Subject to board approval and annual review, £150 will be paid directly to the applicant's domestic electricity provider.
Name of applicant (bill payer)
Address

Electricity provider
I have enclosed a copy of my last domestic electricity bill/statement
Declaration:
I confirm that in order to maintain a satisfactory heating regime, I am required to spend more than 10% of my income (including Housing benefit or income support for mortgage interest) on all household fuel use.
I am eligible to be a member of Stronsay Development Trust
Signed by applicantDate

Please return the completed form to: SDT, Unit 1, Wood's Yard, Stronsay, KW17 2AR by 30/11/2015

RECENT BIRD SIGHTINGS

Having missed last month's deadline I have taken this opportunity to change the usual mixture of text and photos in the 'birdy piece'. More photos — and where they were taken - will hopefully illustrate how exciting and unpredictable Autumn migration can be, and that birds may turn up just about anywhere. The Autumn has once again brought many unusual sightings to Stronsay - particularly in the oft-mentioned SE winds - and there is still a fortnight or so to go before the main migration is over.

Thanks for all the calls. John Holloway.

All the photographs below taken in Autumn 2015.



'This, the first Barred Warbler of the Autumn, turned up in the small Sycamore tree in the tiny garden at Park Cottage.'

(continued on next page)



'A strange place to see a Redstart, but this one was photographed perched beside the hydro pole at Linksquoy.'



'Green Sandpipers often visit small ponds etc during migration. This one was present in the Boondatoon yard for several days.'

(continued on next page)



'Great Spotted Woodpeckers look completely lost on the island, often frantically searching for food along the roadside fence-posts. The one in the photo arrived in August and eventually settled down in the Dale area where it may still be seen on and off.'



'There have been a few sightings of Common Buzzard (possibly only two birds) this Autumn. This individual actually landed on the chimney-stack at Breck.'

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'Four Kestrels have been present for much of the Autumn and this very confiding individual spent some time in the area near roadside where it was photographed perched on a Passing Place sign.'



'Photographed in very suitable habitat by the Holin Cottage garden, this Red-breasted Flycatcher could be seen in the open on occasions but often fed among the dense Fuchsia hedges in the area.'

(continued on next page)



'Long-eared Owls are far less frequently recorded here on Stronsay than the very similar Short-eared. Most arrive in late Autumn, and this bird was discovered roosting on the outside of the Slap garden in early October and seen again at Osen next day.'



'Yellow-browed Warblers – rare autumn visitors from Russia – are generally found in well established gardens. This one – one of a record 23 (so far!) this year – was photographed in the garden at Airy

(continued on next page)



'Merlins are generally seen briefly as they dash by when hunting prey but this surprisingly confiding bird stayed perched on the road-sign near St Catherine's long enough for us to obtain a few shots through the car windscreen.'



'Hen Harriers have been seen regularly all over the island this Autumn, with at least four different birds present, including one adult (grey) male. The bird in the photo is a juvenile male which has been seen regularly – note the short rather broad tail compared to that of the female.'

(concluded on next page)



'Not a rare species but one of the sights of the year – Mill Bay crowded with Gannets on 21st October. At least 500 were present in the area that day and there were big numbers also in Holland Bay and off Bomasty but strangely very few in the bays of St Catherine's and Odiness.'

CLAREMONT CALLERS

The editor of the Limpet welcomes callers on the phone or in person (full contact details are on the back page of this and every edition of the Limpet) but please call <u>after</u> 10am & <u>before</u> 8pm. If you call in person please use the front door and <u>press the door bell</u>, if you just knock on the front door I will not be able to hear you.

LETTER FROM SCHOOL PLACE

As you may have read in The Orcadian, at our Policy & Resources Committee meeting there was much debate among councillors about how we could best help the refugees from the war in Syria. Apart from agreeing in principle to offer them support at a level determined by consultation with COSLA and the Scottish Government, on the more local level we have instructed our officers to look into (among other things) waiving charges on certain OIC facilities used for fundraising events for refugees, making certain Council premises available for collecting and storage of donated goods, and allowing such goods to be transported from the Isles free of charge by Orkney Ferries. It became apparent at the meeting that a few of the councillors have been refugees themselves and so have empathy with the Syrians' plight based on first-hand experience.

General Meetings generally take a matter of minutes, however the latest one was extended somewhat (in private) while councillors made the decision to develop a new care facility in Kirkwall to replace St Rognvald's House. It is intended that it should be up and running by the summer of 2019.

Meanwhile, Westray's care facility, Kalisgarth celebrated its 10th anniversary, which I attended, on the 28th September. We tucked into a fine buffet prepared by Netta Harcus, and the Rev Iain MacDonald gave us an account of how the centre was established. Its genesis dates back well before its opening in 2005, when the then OIC Convener, Hugh Halcro-Johnston told a packed public meeting on the island that if the people could make the case for a care facility then councillors would back it. It then took a few years of dedication, hard work and fundraising to realise the dream. Kalisgarth now provides residential care, day care and respite care, employs some 20 staff and offers training opportunities, which means old and young alike are able to remain on the island who otherwise would have to leave. Other islands should be inspired by the success of Kalisgarth and aspire to acquire such a facility for themselves. It would have the backing of this councillor.



Kalisgarth 10th anniversary cake made by Rosemary Rendall. The motif is the stained-glass window in the wall of the day room.

(continued on next page)

Another 10th (or possibly 11th) anniversary is that of the post of Sanday Ranger, and I

Another 10th (or possibly 11th) anniversary is that of the post of Sanday Ranger, and I went along to a function marking the retirement of Roderick Thorne who has been in that post since its inception. We tucked into a fine buffet prepared by Lisa Scott, and Rod regaled us with rangering reminiscences. I wish Rod and his wife Sylvia all the best for the future and welcome Emma Webb, the new ranger, to Sanday.

Despite the fact that the councillors at School Place enjoy a mini "October break" like Orkney's pupils, I have nevertheless had plenty of further meetings to go to: Monitoring & Audit Committee, Empowering Communities Member/Officer Working Group, Centre for Nordic Studies Member/Officer Working Group, Orkney College Management Council, Community Development Fund Sub-Committee, Fuel Poverty Strategy Member/Officer Working Group, Orkney Beekeepers' Association, and Stronsay Parent Council. As an invitee of the OIC/OHAL Tenants Day, I learnt from Orkney Zero Waste how not to waste food and, together with visiting tenants from Wick, tucked into another fine buffet. (Got to start watching my figure!)

In the month of September, in pursuance of my council duties, I spent 11 nights away from home, sailed on 24 ferry crossings and 1 on a charter boat, travelled 10 times on a bus and drove 108 miles by car. (I only take the plane when unavoidable, as I am aware how limited the number of seats is and I don't want to block a seat needed by someone else.) In early October it was necessary for me to fly in order to attend a community council meeting on North Ronaldsay.

Cllr Dr Stephen Clackson

West Manse, Sanday

stephen.clackson@orkney.gov.uk

RED HOT POKERS!

By Ellie from Newfield

Down at the bottom of my garden Just left of the tulip beds There stands the fiery kniphofia In her colours of blazing reds. The swords of the brave knights of old, Or so the legend does foretell, In remembrance of our bravest knights Who fought, but sadly fell, Their swords that were raised in battle Now stand as our blood-red blooms Who welcome the seed-seeking birds As they grown strong from their evergreen plumes. A shield of evergreen Protecting our bravest of knights, Grown from spilt blood on the battlefields From our warriors slain in the fights. But down at the bottom of the garden On a hot, sultry day in July With the bees working her nectar There's no sound of a battle-cry. Peace for our fiery swordsmen Who gave King and Country their best. And with the gentle breeze coming in

I fancy I hear the chink of a chain mail vest!

©Helene Harrison

SALES, WANTS, GREETINGS, THANKS

THANK YOU

My thanks to the plot-holders of the Stronsay Community Greenhouse for the lovely bunch of flowers (pictured below) which they gave to me last month; all the flowers & the greenery were actually grown in Stronsay's community greenhouse. Your gesture was very much appreciated, thank you.

Editor, the Limpet



THANK YOU

The Stronsay Community Play-park Action Group would like to thank the Stronsay Development Trust for its generous award of £50,000 towards our project. We are optimistic that other funders will reply to our applications now that we have some monies in -hand from a local source. We really hope we can move forward with our project very soon, hopefully early in the New Year. Once again, thank you to everyone in the community for their ongoing support.

Marion, Mairi, Jennifer and Shirley.

THANK YOU

"Coffee at Cleat", final total is £1,100, cheques for £550 have been sent to Macmillan, Kirkwall and Friends of Anchor, Aberdeen. Many thanks to everyone who supported this event, Sinead and Sheena x

WANTED! RNLI FUNDRAISERS

Stronsay RNLI committee is currently looking for new volunteer members to help with fundraising events throughout the year. In recent years our community has done exceptionally well in supporting the RNLI but we need more of you to help to secure the future of the Stronsay branch.

If you think you can help contact Anne-marie at Storehouse or Andy at Hillside.

Local sales, wants, etc are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES



What's on the menu at the Fish Mart Cafe?

Mondays and Wednesdays closed.

Every other day—10-4.30 (lunch served 12-2 pm)

Weekday lunch menu includes: soup, cheese scones, sandwiches and toasties, bacon rolls, mince rolls, baked tatties and a selection of homebakes

Saturday, 31 October (12-2 pm)

Special Spooky Halloween Lunch Menu, including;

Sausage Roll 'Mummies' and 'Neepie Lantern' Cheeseburge (Free Halloween biscuit if you wear a costume)

Sunday, 1 November

- Burgers/cheeseburgers and chips
- Baked tatties with choice of toppings

Sat/Sun 7-8 November

- Beef stew with dumplings
- Burgers/cheeseburgers and chips
- Nachos with spicy chicken strips

Sat. 14 November (lunch 11.30-1.30), closing at 2 pm for the craft fair

Soup and sandwich/toastie menu

Sunday 15 November

- Spaghetti Bolognese
- Burgers/Cheeseburgers and chips
- Chicken and Mushroom pies

Sat/Sun 21-22 November

- Homemade Chilli with cornbread (or garlic bread)
- Burgers/Cheeseburgers and chips
- Cheesy Macaroni

Fish Mart Phone: 616487, email: fishmartstronsay@gmail.com, Facebook: Stronsay Fishmart

LOCAL BUSINESSES STRONSAY HOTEL—TAKEAWAY MENU

Phone 01857 616213 Six days a week (Tues - Sun) 16.45 to 20.00

Homemade lasagne + chips	£5.95
Homemade sausagemeat pie + chips	£5.95
Homemade chicken curry + rice or chips	£5.95
Homemade chicken masala curry + rice or chips	£6.50
Homemade chicken & veg pie + chips	£6.50
Breaded haddock + chips	£5.50
Breaded wholetail scampi + chips	£6.50
2 sausages + chips	£3.00
2 fish fingers + chips	£2.80
"Stronsay Beast Burger" + fries	£4.50
"Stronsay Cheese Beast Burger" + fries	£5.00
Portion of chips	£1.30
Half portion of chips	£0.80
Portion of cheesey chips	£2.10
Half portion of cheesey chips	£1.10
Portion of onion rings	£1.20

LOCAL BUSINESSES



CRAFTSHIP ENTERPRISE WINTER OPENING TIMES AND MENU

Our opening times from the 27th October will be as follows.

- Saturday, Sunday, Monday and Tuesday 12.00 16.00
- Closed Wednesday, Thursday and Friday

Our menu will be a selection of homemade cakes and biscuits with coffee and a variety of teas. The cakes and biscuits can also be bought to take away.

We will soon have a selection of handmade Christmas cards and a range of Christmas gifts for sale in the shop.

Craft sessions are available if you want to make your own Christmas cards and decorations or if you want an hour or two just relaxing for example, making paper flowers, stitching pictures, or learning a technique such as iris folding, Spirelli, or decoupage.

enquiries@craftshipenterprise.co.uk www.craftshipenterprise.co.uk

01857 616249

Local business adverts are free!

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LOCAL BUSINESSES



ORKNEY STAR ISLAND SOAP

www.orkneystarislandsoap.co.uk.

New Christmas edition soaps coming out soon. Sunshine Loofah Soap, Sea Foam Shaving Soap with Cocoa Butter, Shea Butter Soap, Fantastic Frankincense. Will be on sale in November at Stronsay shops and the Stronsay Christmas Craft Fair, online and at various stockists and craft fairs in Orkney.





NEIL'S ON WHEELS"

- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260 HOME: 01857 616454

STRONSAY ARTWORKS

Original paintings of Stronsay Landscape; Limited edition prints, greetings cards and postcards which are available for sale at local shops, Post Office, Hotel, B&B's and the Fishmart. Commissions taken.

Phone 01856 870075

http://www.jennystoneart.com
Email jennystone001@btinternet.com



Thursday 29^{th} October - 7pm - 9.30pm - Church Hall - refreshments & biscuits, £2

Bring along anything stitchy – mending, unfinished work, new project, something you'd like to do but never got round to starting, something you've got stuck on – we can maybe help. If it's not stitchy crafts, but can be done at the hall, then please feel welcome to come join us.

Next Stitchers: Thursday 26th November

STRONSAY AUTUMN CRAFT FAYRE



In September we held our Autumn Craft Fair and are delighted to say that it was the biggest turn- out we've had so far, both from local people and folk who came from away. We would like to say a huge thank you to the Stronsay Community Association for their continuing support and all the work and care that goes into organizing the Hall and providing us all with refreshments, lovely bakes and the raffle. A big thank you also to everyone who came to the Fair and to all the visiting and local crafts people for putting on such a great show. We hope you enjoyed it as much as we did and look forward to seeing you again soon at our Christmas Craft Fair in November.

Simone – on behalf of Stronsay crafters

Announcements by charities, local groups, clubs and organisations are FREE!

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UPDATE ON EMPOWERING COMMUNITIES PROJECT

As you will be aware the project has moved forward with the total refurbishment of the Fishmart building, a joint project between Orkney Island Council and Stronsay Community Council, now complete. This project secured funding from external agencies totalling £80k and this provided match funding to the £80k awarded by OIC.

The building, officially opened on 11 July 2015, now comprises of a hostel with ensuite facilities, café, shower and toilet facilities for use by the public and a community office.

The community office acts as the base for the Stronsay Island Link Officer, Colin McAlpine, who acts as the first point of contact for OIC and CC related issues. The opening hours are displayed on the noticeboard but Colin can also be contacted on 01857 616446. The office will also be used by Council staff dealing with matters on the island.

As part of the pilot project, which is partly designed to explore efficiencies across the various Council services, as a trial for the next 6 months you will notice a Council van has been delivered to the island so that staff travelling to Stronsay on Council business are expected to use the van rather than take their own vehicle to the island.

The project, is also exploring options to secure funding to develop a marketing strategy and website which will promote the Island of Stronsay as a holiday destination and progress on this will be communicated as the project moves forward.

The aim of the project is to provide Community Councils in island communities the opportunity to have a greater responsibility for the management and delivery of Council run services within their area along with the possibility of creating efficiencies and savings through the Council. With this in mind local input into the project is encouraged and any ideas that you may have which would improve Council services within Stronsay would be welcomed. These comments can be forwarded to:

jackie.montgomery@orkney.gov.uk or stronsaycommunitycouncilclerk@btinternet.com.

Jackie Montgomery
Empowering Communities Liaison Officer
Democratic Services
Orkney Islands Council, Council Offices, Kirkwall, KW15 1NY
Telephone 01856 873535 Extension 2237



If you like to give handmade gifts at Christmas but don't have the time to make them yourself, why not pop along to our Stronsay Christmas Craft Fair where you'll find a great selection to choose from.

Saturday 21st November 2015 Stronsay Community Hall 1pm - 4pm

Refreshments & bakes for sale, raffle



Sponsored by Stronsay Community Association

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STRONSAY ISLAND LINK OFFICE

As part of the Empowering Communities initiative Stronsay has acquired a van from Orkney Islands Council to be used by visiting Council employees, officials and elected members. As with many Orkney Island Council vehicles it is a distinctive orange in colour and bears the Orkney Islands Council emblem. When not in use it will be parked in Whitehall Village. It is anticipated having a Council owned vehicle dedicated for use by Council visitors will help reduce overheads, enhance the resources available and promote the Empowering Communities pilot project.

Colin McAlpine Island Link Officer 2 October 2015

DIABETES SUPPORT GROUP.

The group held it's last meeting of this year recently, and we had fun with a quiz, word search and word puzzle (all diabetic related) and had some interesting discussion over some of the answers. We take a break in December so the next meeting will be at the beginning of February, date to be confirmed nearer the time (in the new year). It has been suggested that each of us brings along something edible that we have made that is diabetic friendly and can be sampled/shared at the meeting. I have a couple of recipe books if anyone would like to borrow one.

I have also sent out questionnaires (on yellow paper) about the group as a type of evaluation, and would be grateful if they could be returned to me as soon as possible, either at home or via the surgery. 17 were posted out and so far only 3 have been returned.

Thank you for your ongoing support and look forward to seeing as many of you as possible in the new year.

Shirley (616438).

NHS ORKNEY—PUBLIC HOLIDAYS (to 31st March 2016)

• 25 December Christmas Day

• 28 December In lieu of Boxing Day

• 1 January 2016 New Years Day

• 4 January 2016 In lieu of 2 January

• 28 March 2016 Easter Monday

All GP surgeries are closed on Public Holidays, usual emergency cover will be in place.

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STRONSAY STITCHERS

This month: Thursday 24th September, 7pm – 9.30pm, Church Hall £2 towards hall costs, refreshments & biscuits

Bring along anything stitchy – mending, unfinished work, new project, something you'd like to do but never got round to starting, something you've got stuck on. We can maybe help. If it's not stitchy crafts, but can be done at the hall, then please feel welcome to come join us – we're not just about knitting.

Next month: Thursday 29 October

STRONSAY HEALTHY WALKERS

Stronsay Healthy Walkers meet every Wednesday at 2pm. Information on the next walk is disseminated via notices in the shops, the Limpet facebook page and the Limpet webpage. Information is also sent to the Limpet email list (See the notice below for information on the Limpet email list)

LIMPET EMAIL LIST

To receive the Limpet emails you must first "sign up" by going to the link on the Limpet webpage http://stronsaylimpet.co.uk/MailList.html and you http://stronsaylimpet.co.uk/MailList.html and you http://stronsaylimpet.co.uk/MailList.html and you http://stronsaylimpet.co.uk/MailList.html and you http://stronsaylimpet.co.uk/MailList.html and you http://stronsaylimpet.co.uk/MailList.html and you http://stronsaylimpet.co.uk/MailList.html and you http://stronsaylimpet.co.uk/MailList.html and you http://stronsaylimpet.co.uk/MailList.html and you http://stronsaylimpet.co.uk/MailList.html and you http://stronsaylimpet.co.uk/MailList.html and you http://stronsaylimpet.co.uk/MailList.html and you http://stronsaylimpet.co.uk/MailList.html and you http://stronsaylimpet.co.uk/MailList.html and you http://stronsaylimpet.co.uk/MailList.html and you http://stro

There are quite a few folk who have signed up but have failed to respond to the confirmatory email - if that's you then please check your "junk" or "spam" email folder because that is where email software often sends the confirmatory email.

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STRONSAY BOOKWORMS



Everyone is welcome to join us – perhaps for a particular book, or to read each other's favourites.

- November 12th: "We Bought an Island" by Evelyn Atkins. Two sisters leave behind suburban Surrey to buy an island off the Cornish Coast. A true story. Viv's house. 7.30pm
- December 10th: "A Christmas Carol" by Charles Dickens. The classic Christmas story. Mulled wine and mince pies. Barbara's house. School Brae. 7.30pm.
- January 14th: "The Light Between Oceans" by M.L. Stedman. A novel set on a remote Australian island. Ruth's house. Peedie Hoo. 7.30pm.

DOG POO BAGS

Replacement dog poo bags are available free of charge from the local shops and the Post Office, or from the Island Link Office.

Please be a responsible dog owner, clean up after your dog and help keep our beaches, verges, roads and public areas clean.

Thanks,

Colin McAlpine

Island Link Officer

Stronsay Community Playpark Action Group

of of of

Doris Shearer has kindly donated a gorgeous Christmas house to our cause. It has lights and sounds - a lovely centrepiece to any Christmas display.

Raffle tickets on sale at Ebenezer Store, £1 each (The lucky winner drawn at the beginning of December will win this prize and the runner-up will receive a bottle of champagne, kindly donated by Viv.)

Thanks!

KIRK NEWS

With the new sound equipment in the Church it is now possible to record the services. If you are unable to get along to church each Sunday and would like to get a copy of the service week by week please give Elsie a phone on 616331.

Services at 11am unless otherwise stated. The Sunday Club is taking a break over the summer but a crèche is available for children aged 9 and under

- 1st November Stephen Manners (<u>not</u> Viv Erdman as earlier stated)
- 8th Nov David Bowen (remembrance)
- 15th Nov Viv Erdman

ORKNEY ISLANDS COUNCIL STRONSAY ISLAND LINK OFFICE

The Island Link Office, located in the Fish Mart and accessed through the entrance at the gable end of the building, first door on the right, is now open three days a week, every <u>Tuesday</u>, <u>Thursday and Saturday between 10am and midday</u>.

The office can be opened at other times, by prior arrangement, to facilitate meetings/contact with OIC officials.

So if you want to:-

- save a trip into town and pick up OIC forms;
- enquire about a service OIC is able to provide;
- collect replacement 'dog poo' or black bin bags;
- have something photocopied (10p a copy);
- report an issue or concern that OIC may be able to address,
- read the latest job vacancies, reports and news from OIC,

then please feel free to call in at the Island Link Office, when I will do my best to help.

Colin McAlpine
Island Link Officer

THE STRONSAY JUNIOR HIGH SCHOOL PARENT COUNCIL NEEDS YOUR HELP!

The Stronsay Junior High School Parent Council has applied to be a Rag Bag recycling collection point you may have seen the container at the school standing in the north car park. At present we have to site the container but in the near future we hope to start collecting unwanted items of clothing, ties, belts, handbags, bags, pairs of shoes tied together, household linen and towels.

These items are sorted by the Primary pupils, packed into large bags and sent away south where they are baled and shipped to Africa. Local teams of volunteers then dispatch the items to those in need. The Parent Council will receive payment in return for the textiles which will go towards supporting our children within the school.

As islanders we are all aware how the damp and wet can creep in where we least expect it so to ensure all textiles are kept dry we have to request items are placed in plastic bags which can be accessed from the school and placed into the container. This will also make it easier for our pupils to carry the textiles into the school to sort. All bags will of course be recycled!

If you wish to support us please watch out for the notices in our local shops informing you of when we are up and running!

RAG BAG

Items We Collect

- All mens, ladies and childrens clothing
- Paired Shoes (tied together)
- Handbags, bags, ties & belts
- Household linen & towels

We cannot accept the following items:

- Duvets both synthetic and feathered
- Pillows & cushions
- Carpets & Rugs
- Soiled or wet clothing
- Uniforms & work wear
- Shredded or mutilated textile material
- Textile off cuts, yarns or threaded material

STRONSAY HEALTHY LIVING CENTRE

supervised sessions

MONDAY	3.45-5.45
TUESDAY	Buddy system
WEDNESDAY	3.45-5.45
THURSDAY	3.45-5.45
FRIDAY	3.45-5.45
SATURDAY & SUNDAY	Buddy system by request

The gym can be accessed throughout the day if you have a 'buddy' to go with.

A code is required, please speak to one of the team if you have any questions Inductions by appointment only Andy - 616277, Julie - 616335 or Tracey - 616350 Gym during supervised sessions - 616449

STRONSAY SCHOOL BLOG

We would like to remind everyone about the Stronsay School Blog which has been up and running for a few months now. The Blog shares some of Stronsay School's highlights through pictures and articles as well as other relevant school information. You can access the blog at http://stronsay-jh.blogspot.co.uk. We hope you find the site interesting.

STRONSAY SWIMMING POOL TIMETABLE

Mondays:

7.00 - 7.40 Public Session 7.40 - 8.20 Ladies' Session

Wednesdays:

3.30 – 4.10 Swimclub Beginners/Developers 7.00 – 7.40 Private Hire 7.40 – 8.20 Men's Session

Thursdays:

3.30 - 4.30 Swimclub A and B

Saturdays:

2.00 - 2.40 Private Hire 2.40 - 3.20 Public Session

To enquire about Private Hires, phone Elsie on 616331. To enquire about Swim Club, phone Sarah on 616406 or Andy 616277

POOL CHARGES

Public Sessions

Adults (16 and over) £2.40 Children £1.20

Private Hires

40 minute session - £15 60 minute session - £20

Swim Club

Children will be offered 10 week blocks which can be paid up front (non-refundable)
40 minute sessions - £16 block booking; £2 per session
60 minute sessions - £20 block booking; £2.50 per session

Men only and Women only Sessions (16 and over)

Block booking of 10 sessions over a 12 week period (non-refundable) £24 block booking £3 per session

Announcements by charities, local groups, clubs and organisations are FREE!

The cutoff date for items to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS (continued)

MOBILE LIBRARY

Next visit:

Monday 2 November

AND

Monday 30 November

(NO visit in December!)

Council Houses 9 - 10 School 10.15 - 12

Kirk 12.30 - 3

Fish mart 3.15 - 5.30

Mobile library schedule http://www.orkneylibrary.org.uk/assets/Isles_Mobile_2015.pdf
Kirkwall library contacts - 01856 873166 or general.enquiries@orkneylibrary.org.uk
Kirkwall library website - http://www.orkneylibrary.org.uk
Kirkwall library online book catalogue - http://212.219.208.10/TalisPrism
Library opening times

www.orkneylibrary.org.uk/html/opening.htm#NewHours

STRONSAY COMMUNITY ASSOCIATION

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up? Why not hire the disco equipment with rotating glitter globe and pulsating coloured lights for only £5 plus room and hydro charge? A DJ from the Hall list must be used.

Also available for hire: badminton, table tennis and snooker all at £2 per hour plus hydro. All equipment provided.

Adult supervision (over 18) <u>must</u> be present during hire.

For details and booking contact Colin on 616446.

USEFUL INFORMATION

POST OFFICE OPENING TIMES

Mon, Wed, Thu	8:30am — 1pm
Tue	2pm—6pm
Sat	9am—1pm
Sun & Fri	Closed

Post collection times 07:30, Monday to Saturday

Bank day Tuesday

Replacement bin bags..... Contact Island Link Officer in the Fishmart Sunday service at the Kirk ... 11 am (see http://tinyurl.com/kvk5gfp)

Our Lady's chapel, pier head Mass 11.30am (weekdays), 10.30am (Sundays & Holidays)

Next Special Collection 11 Dec 2015 and 26 Feb 2016 Rubbish collection Tuesday (bags out ready by 9am)

Doctor 616321	Balfour hospital 01856 888000
Nurses 616480	Hydro
Medical emergency 01856 888000	All water enquiries 0845 601 8855
Registrar 616239	Kirkwall Library 01856 873166
Hall bookings 616446	Kirkwall Police 101
Post Office 616278	Vets:
Companions	Flett & Carmichael 01856 872859
Kirk 616311	Northvet
Stronsay Hotel 616213	Dentists:
Olivebank 616255	Great Western Rd 01856 879683
Ebenezer stores 616339	King Street
Neil's on Wheels 616454	Earls Palace 01856 872958
Taxi 616335	Golgotha monastery 616210
Castle Bird Reserve 616363	Email contact@the-sons.org

JIM HOLLAND HAULAGE—DELIVERIES

Catalogue deliveries made on Wednesday and Friday only.

Large items will be delivered on Saturday.

HOW TO CONTACT THE LIMPET

Send an email to editor@stronsaylimpet.co.uk, phone Bruce Fletcher on 616297 (after 10am & before 8pm, please!) or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page

SUBSCRIPTIONS TO THE LIMPET

You can send a subscription to a friend or relative for a birthday present? 12 editions for £20.00 including P&P

Please make cheques—UK banks <u>only</u>—payable to "Stronsay Development Trust". <u>UK only</u>. Non-UK subscriptions, please ask for a quote. Contact Bruce, details above











