

STRONSAY LIMPET

FUNDED BY STRONSAY DEVELOPMENT TRUST ISSUE 133 - July 2016

Published on the last Thursday of the month



STRONSAY SURGERY—Dr JAMES MILLER

The team at Stronsay surgery would like to let the community know that Dr. James Miller, who has been our regular locum G.P for several years, will be working his last time here from 21st July until 7th August. A regular contract has been arranged for future cover by a 'rural fellow' scheme based from mainland on annual rotations.

I'm sure you would like to join us in thanking James (& his wife Marjorie) for his all his care and attention during his many visits over the years, and wish him well in whatever direction his future takes him. We as a team have enjoyed working with him too, and will especially miss his expertise in anything 'skin' related!

IS YOUR CLUB OR ORGANISATION PLANNING AN EVENT ON STRONSAY?

Why not advertise it in the Limpet? <u>It's free!</u> 100 copies of the Limpet are printed and distributed across the island every month and the Limpet is also freely available online. To advertise simply get in touch with the Limpet's editor (contact details are on the back page of every Limpet) and provide the following information:

- what your event is,
- who or what organisation is running it,
- what charity or organisation it is supporting,
- whereabouts it's being held and, finally,
- the date & time at which it's being held.

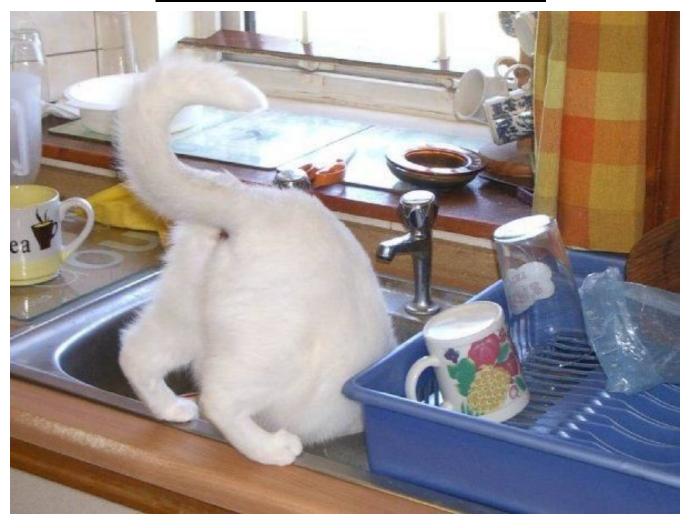
If you have missed the deadline for the regular Limpet then the Limpet's editor can spread your information via:

- the Limpet's email list,
- the Limpet's Facebook page and
- the Limpet's website.

The next edition of the <u>Limpet</u> will be published on <u>Thu 25 August</u>. Items for inclusion in that edition should be submitted by 7pm on <u>Sun 21 August</u>. Contact details on back page. Limpet website address is http://www.stronsaylimpet.co.uk

STRONSAY LIMPET—CAPTION COMPETITION

PHOTOGRAPH FOR JUNE'S COMPETITION



The winning entry was from Sheila Burger:

"Surrey was so distressed by the recitation of "your baby's gone down the plug-hole*" that she had to check it wasn't true."

*Old music hall song

Other entries were

- Now come on Snowy use a glass like everyone else!
- The 'Catflap' would be the better option for access to the garden Tibby!
- There seems to be a question mark over Bruce's choice of photograph!
- Don't worry Puss, try not to move, the Plumber says he'll be round within a fortnight.

(July's caption competiion is on the next page)

CAPTION COMPTITION—PHOTOGRAPH FOR AUGUST CLOSING DATE FOR ENTRIES IS 7pm ON SUNDAY 21ST AUGUST



Please send your caption to the editor of the Limpet - contact details are on the back page of the Limpet. Don't forget include your own contact details with your entry.

RECENT BIRD SIGHTINGS.

The obliging Short-eared Owl remained in the Eastbank/Gories area until late June when a pair of Sedge Warblers (4th of the summer) were discovered by Brian and Christine at Mt Pleasant. An unusual sighting at Linksquoy was a Song Thrush on 11th July and a moulting male Ruff was at the Bu Loch the same day.

A great find – and long awaited! – on the Bu Loch on 12th was a Temminck's Stint, a species we have been hoping to find since our arrival on Stronsay in 1987. Very uncommon in the UK, this tiny wader is not only small – much smaller than a Ringed Plover - it is very non-descript! (see photos). The bird was seen again next day and again on 19th – but on both occasions had a bath in the shallow water, a quick preen, and after a minute or two feeding around the muddy margin, flew off and out of sight towards the Rothiesholm Sands. A Green Sandpiper was also seen briefly at the Bu Loch on 19th.

Silage cutting was well under way by mid-month and as usual the wader, gull, and Starling flocks built up rapidly in the freshly cut/cleared fields. One field near Haygam had over a hundred each of Curlew and Oystercatcher, over 70 Bar-tailed Godwit, and several Golden Plover on the evening of 16th but all had moved on by next morning – probably still on the island but very difficult to find with so many suitable fields in which to feed! There have been several sightings of small parties of Whimbrel - also in the fields of cut silage.

A male Hen Harrier has been seen several times in the last few days recently (Hazel and Norman), and a brown ring-tail (either juvenile or female) has also been seen (Kath and Norman).

It is amazing how productive a run-around in the car can be regarding bird sightings - the Short-eared Owl, Meadow Pipit, and Rock Pipit images immediately below were all taken by visitor Tarja Samuelsson during short trips with Sue and Myself in late June.



Short-eared Owl near Gories

(Continued on next page)



Rock Pipit



Meadow Pipit

(Continued on next page)

All the following photos taken in mid-July:



The Temminck's Stint at the Bu Loch – a moulting adult, yellowish legs - similar in size to a 'sparrow'



The solid greyish breast was a good clue to the identification

(Continued on next page)



A very bright 'sun-dog' as seen recently from 'Castle'.
The opposite 'side' was far less intense'

Thanks once again for all the calls. John Holloway.

WHISTLING BILLY!

By Ellie from Newfield
Our Billy came home sober,
Me mam said "He must be ill."
He didn't smell of booze
And he stood there perfectly still.
Not once did our Billy sway,
Stood in the hall, upright.
What's the matter with Billy?
Something's happened tonight.

Our Billy had a fried breakfast
With bacon and egg, no less.
I'm confused and mystified,
He's bumped his head, I'd guess.
Me mam said "Close your mouth"
And "you know it's rude to stare."
But now our Billy's whistling
And he's combed his ruddy hair!

Me mam's put on a table-cloth
And the sugar's in a bowl.
We haven't had a cloth for years
Since the old one got a hole.
The milk is in a jug, no less.
How posh we seem to be.
"Keep your gob shut" mother said,
"Billy's girlfriend's coming to tea."

©Helene Harrison

SALES, WANTS, GREETINGS, THANKS

THANK YOU

Richard's family would like to send their heartfelt thanks for all the flowers, cards and messages of condolence following their loss. An especial thank-you to David Bowen for making the service so personal, to Andy, Mike and Alan for acting as bearers, to Walter and Leslie for organising everything so well, to Viv and Jude for the music and to all who attended the service and left donations for the RNLI, helping to raise a total of £324.

Carole, Linnet, Justine, Ed, Robin and Will.

THANK YOU

The PlayPark Action group committee are pleased that the new PlayPark is now open, and thanks everybody for their patience. We would like to thank the community for their ongoing support with this project, and especially to all who have supported the charity table at Ebeneezer Stores which has to date raised over £2,500 for us. We are still running this as there are a few final matters to attend to like new gates so we thank you in anticipation of your continued support.

We will be holding an official opening day event in September (provisionally Sunday 11th) once everyone is back from various holidays.

Shirley Whiteman (Treasurer).

SALES, WANTS, GREETINGS, THANKS

FOR SALE

Bureau in very good condition – approx 100yrs old. £100 or nearest offer. Phone 616363 for details.



LOOKING FOR WORK

(full time or part time or flexible) between now and September 2016, anything considered.

James Davidson, Greenfields, phone 616498 or 0756 528 20 20



STRONSAY FISH MART CAFÉ AND HOSTEL

As from Friday 8th July the Fish Mart will only open 11am to 2pm on Fridays. So the opening times will be as follows:

Monday
Tuesday
10am - 4pm
10am - 2pm
Wednesday, Thursday
10am - 4pm
11am - 2pm
Saturday
10am - 4pm
11am - 2pm
11am - 3pm

We would like to thank you all for your continued support in making the café a success

Sunday 31st July

- Steak pie with potatoes and vegetables
- Cheese and broccoli quiche with salad and chips
- Jam roly-poly with cream/ice-cream
- Apple pie with cream/ice-cream



New business, a mini market garden, set up in late 2015 at Sunnybank, Stronsay

Currently supplying mixed salad leaves, some winter vegetables and bedding plants. There will be more as the season progresses.

I will supply a list each week with availability
Please look at my Face book page "Stronsay Markets" or
send me an email "stronsaymarkets@gmail.com and I will put you
on my mailing list

LOCAL BUSINESSES STRONSAY HOTEL—TAKEAWAY MENU

Phone 01857 616213

Six days a week (Tuesday- Sunday) 5pm to 9pm

Homemade lasagne + chips	£5.95
Homemade sausagemeat pie + chips	£5.95
Homemade chicken curry + rice or chips	£5.95
Homemade chicken masala curry + rice or chips	£6.50
Homemade chicken & veg pie + chips	£6.50
Breaded haddock + chips	£5.50
Breaded wholetail scampi + chips	£6.50
2 sausages + chips	£3.00
2 fish fingers + chips	£2.80
"Stronsay Beast Burger" + fries	£4.50
"Stronsay Cheese Beast Burger" + fries	£5.00
Portion of chips	£1.30
Half portion of chips	£0.80
Portion of cheesey chips	£2.10
Half portion of cheesey chips	£1.10
Portion of onion rings	£1.20

LOCAL BUSINESSES CRAFTSHIP ENTERPRISE



Crafting classes

Learn a new skill or enjoy time making something for the home or to wear. Come in a group or on your own, everyone welcome. Crafts include: knitting, origami, greeting cards, home decoration, stitching cards and iris folding

Custom made cards and wedding decorations

Have an unique greeting card made just for that special person or occasion. We can also make paper wedding flowers, table decorations and favours in your choice of colours. Alternatively, make a party of it and bring your friends to create your own.

Craft retreat for visitors

We are pleased to announce two or three days crafting holidays available this year. There will be at least two classes to choose from each day, focussing on paper craft projects and yarn bombing. We can arrange other craft classes with visiting tutors. Such as, patchwork, peg looming and felting. Lunch will be included. (B&B accommodation and evening meals are available from our hotel, the Storehouse B&B and the Fishmart hostel)

Yarn Bombing

Join our project to Yarn bomb "The standing stones of Stronsay" A pipework structure built to resemble the famous stones of Orkney. Crochet or knit the covers, all contributors will have an entry in our maker's book. Pop in any time we are open, yarn will be provided but if you have a stash of wool that you have been wondering what to do with, please bring it along. (Acrylic based yarn is best)

The Crafteria

Our cafe is a peaceful place to relax and enjoy the view with a special coffee or tea. Light lunches, soups, sandwiches and our homemade bakes are also available.

The shop

Our craft shop is full of craft supplies, yarns and local handmade items.

For further information contact <u>enquiries@craftshipenterprise.co.uk</u> or call 01857 616249 www.craftshipenterprise.co.uk

Open 11.00 to 16.00 Saturday. Sunday, Monday, Tuesday and Wednesday

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page



MENU

Soup of the day £2.50 Bacon roll £2.00

Sandwiches: £2.95 (with crisps & salad garnish)

• Cheese & tomato

• Cheese & onion

Tuna & cucumber

• Ham & tomato

Soup & sandwich £5.00 Ploughman's platter £3.50

Orkney cheese, pickled onion, bread roll, crisps, pickle & salad garnish

Cakes £1.50

Tiffin, peanut butter marshmallow bar, ginger & apple cake, cheese scones, fruit scones & weekly special

ANYONE WITH ALLERGIES, PLEASE ASK TO SEE OUR INGREDIENTS LIST

DRINKS MENU

Coffees £1.50

• Filter

- American
- Expresso
- Cappuccino
- Instant decaf

Coffees £1.85

- Latte
- Latte Macchiato
- Hot chocolate with Marshmallows

Teas £1.00

- Black
- Earl Grey
- Jasmine

Caffeine free

- Redbush
- Camomile
- Raspberry & Peach

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ATTENTION ALL FARMERS & HOMEOWNERS

R.A.M. GROUND DRILLING

Orkney's Local Borehole Drillers WILL BE DRILLING ON STRONSAY THIS SUMMER

Anyone considering a borehole for water supply or ground source heating is invited to contact us for a FREE NO OBLIGATION OUOTE

Call Rachael on 01856 821 367 or email: ramdrilling@btinternet.com



Plumber

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- · Landlords gas safety checks
- Bathroom fitting
- Bathroom supply
- All other types of domestic, commercial, industrial plumbing works
- · Isles work welcome

Call Patrick on **07933** 488283

Email: patrickmcgrathltd@gmail.com



DRIVING TUITION

Patient and friendly learner driver tuition with Richard. Including Pass Plus for passed drivers. To book lessons call 616268 or 07789104861. Or message my Facebook page 'Drive 2 Stay Alive'. Lesson times are very flexible to suit you, and lessons start and finish at your chosen address.

STRONSAY ARTWORKS

Original paintings of Stronsay Landscape; Limited edition prints, greetings cards and postcards which are available for sale at local shops, Post Office, Hotel, B&B's and the Fishmart. Commissions taken.

Phone 01856 874723

http://www.jennystoneart.com
Email jenny@jennystoneart.com



ORKNEY STAR ISLAND SOAP

www.orkneystarislandsoap.co.uk.





Isles View, Stronsay, Orkney, KW17 2AG, UK Tel: +44 01857 616281

Email: <u>info@orkneystarislandsoap.co.uk</u>
Web: https://www.orkneystarislandsoap.co.uk

Face Book: https://www.facebook.com/orkney.star.island.soap/



"NEIL'S ON WHEELS"

- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260 HOME: 01857 616454

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UPDATE ON COMMUNITY LEARNING AT STRONSAY SCHOOL

Based on responses to our brochure, the following courses will be offered this autumn:

- Art and Design (National 5 level)—Tuesday afternoons 1.40-3.15
- **Biology** (National 5 level)—Tuesday afternoons 1.40-3.15
- *Geography* (Higher level)—Wednesday afternoons 1.40-3.15
- *English Taster Sessions* (Short Stories or Poetry), dates/times still to be determined.
- **Textiles:** Because so much interest was shown in this area, we are hoping that sewing courses can still go ahead. Unfortunately, due to staffing changes, a new instructor for this course will need to be found. We will let you know once more details are available.

If you are interested in joining in any of these courses (and you've not already let us know), more information and booking forms are available on the school blog (http://stronsay-jh.blogspot.co.uk/) or in brochure form at the school.

Questions?? Please do not hesitate to contact me at the school.

Andrew King

Orkney Citizens Advice Bureau Making a difference



Free

Confidential

Visiting **YOU** 10th August at Community Centre-Carpet Room Stronsay

1pm to 4:30pm

Unfortunately due to travel constraints this visit is for people with appointments only.

We are here to advise on any issue. To make an appointment or arrange a home visit, please contact (01856) 875266 no later than Thursday 4th August thank you.

For cancellations please contact the above number as soon as possible.

Impartial

Independent

ALISTAIR CARMICHAEL MP LIAM McARTHUR MSP

will hold a
SURGERY
on
WEDNESDAY
17 AUGUST 2016
in
STRONSAY
COMMUNITY CENTRE
12.45 – 1.30 pm

NEW ZEALAND—SLIDE SHOW & TALK

There is to be a slide show and talk about New Zealand on Monday August 8th at 7.30pm at the community hall. My two aunts are visiting Stronsay from NZ and will talk to us in conjunction with slides that my parents took on their holidays there. Entry will be by means of donations towards the PlayPark funds. Light refreshments will be served.

I appreciate this is a busy time of year for our community but if you can find time to join us, you would be very welcome.

Thank you. Shirley Whiteman.



STRONSAY SCHOOL BLOG

The Stronsay School Blog has been available for some time now and is updated regularly. It shares some of Stronsay School's highlights through pictures and articles as well as a great deal of other relevant school information. You can access the blog at http://stronsay-jh.blogspot.co.uk.

FIBROMYALGIA

Do you suffer from fibromyalgia? There is a local Facebook group just for you. https://www.facebook.com/groups/463333273823206.

Announcements by charities, local groups, clubs and organisations are FREE!

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STRONSAY STITCHERS



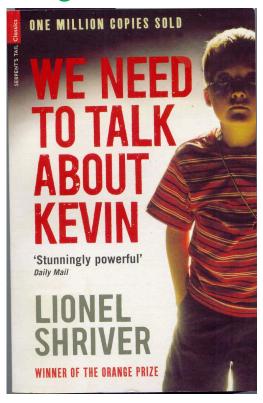
THURSDAY 28th JULY

From 7pm-9.30pm, Church Hall, refreshments & biscuits, £2 "See you soon"

STRONSAY DIABETES SUPPORT GROUP

The next Diabetes Support Group meeting will be held on Wednesday 31st August 3-4.30pm in the carpet room at the community halls. All welcome. Shirley 616438.

Stronsay Bookworms



We've chosen a more substantial book for our summer reading. We will be meeting again on Wednesday 17th August @ 7.30pm at School Brae where we'll discuss this book and "Behind Closed Doors" by B.A. Paris.
All welcome.

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STRONSAY HEALTHY LIVING CENTRE supervised sessions

Changes to supervised session times. From Monday 11th April 2016

All Supervised Sessions will run from 4.30 pm to 6.30.pm

MONDAY	4:30—6:30
TUESDAY	Buddy system
WEDNESDAY	4:30—6:30
THURSDAY	4:30—6:30
FRIDAY	4:30—6:30
SATURDAY & SUNDAY	Buddy system by request

The gym can be accessed throughout the day if you have a 'buddy' to go with.

A code is required, please speak to one of the team if you have any questions Inductions by appointment only Andy - 616277, Julie - 616335 or Tracey - 616350 Gym during supervised sessions - 616449

STRONSAY SWIMMING POOL WE HAVE THE BLUE DOOR 23rd to 28th JANUARY 2017!

Please save us your donations and when we get a collection/drop off location we will let you all know.....

KIRK NEWS

With the new sound equipment in the Church it is now possible to record the services. If you are unable to get along to church each Sunday and would like to get a copy of the service week by week please give Elsie a phone on 616238. Services at 11am unless otherwise stated. A crèche is available for children aged 9 and under

•	July 3rd	Alistair Gray
•	July 10th	Alistair Gray
•	July 17th	Mike Erdman
•	July 24th	Stephen Manners or Martin Prentice

- July 31st David Bowen
- August 7th John King
- August 14th Mike Erdman
- August 21st David Bowen (communion)
- August 28th June Freeth

LIMPET EMAIL LIST

To receive the Limpet emails you must first "sign up" by going to the link on the Limpet webpage http://stronsaylimpet.co.uk/MailList.html and you must respond to the email asking for confirmation which you will receive very soon afterwards

There are quite a few folk who have signed up but have failed to respond to the confirmatory email - if that's you then please check your "junk" or "spam" email folder because that is where email software often sends the confirmatory email.

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STRONSAY SWIMMING POOL TIMETABLE

Updated July 2016

Monday

Public session 6.30-7.10 Adult lane 7.10-7.50

Thursday

7-7.40 Private Hire (pre-booked) 7.40-8.20 Private Hire (available for booking)

Saturday

Private hire 2-2.40 Public session 2.40-3.20

Swim club

Wednesday Beginners and developers 3.30-4.10 Thursday A and B squad 3.30-4.30

To enquire about Private Hires, phone Elsie on 616238. To enquire about Swim Club, phone Sarah on 616406 or Andy 616277

POOL CHARGES

Public Sessions

Adults (16 and over) £2.40 Children £1.20

Private Hires

40 minute session - £15 60 minute session - £20

Swim Club

Children will be offered 10 week blocks which can be paid up front (non-refundable) 40 minute sessions - £16 block booking; £2 per session 60 minute sessions - £20 block booking; £2.50 per session

Men only and Women only Sessions (16 and over)

Block booking of 10 sessions over a 12 week period (non-refundable) £24 block booking £3 per session

Announcements by charities, local groups, clubs and organisations are FREE!

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STRONSAY COMMUNITY ASSOCIATION

Chairman: Damian Stout, Vice Chairman: Garry Dennison, Secretary: Wilma Holland

STRONSAY GAMES CLUB VOLUNTEER LEADER/ORGANISER

Stronsay Games Club is looking for an enthusiastic, volunteer leader to run the long -established Games Club for young people aged between 10 and 18 years who have met every Friday evening between 8 and 10pm during school term times, used a wide range of games and equipment and participated in occasional youth- centred events in Kirkwall. Unfortunately with no one to take the lead, the Games Club has not met for several months.

You will not be alone. A pool of adult volunteers is available to assist and support you. You will need to be a PVG Member, enjoy working with young people, be organised and have a good sense of humour.

If you are interested in taking on this lead role, or require more information, please contact the Association's Secretary.

Go on, be positive and do something to help the youth of our island.

Wilma Holland Secretary Stronsay Community Association Tel: 616 345

MOBILE LIBRARY

Next visit:

Tuesday 26th July and Tuesday 19th SEPTEMBER 2016

Council Houses 9:00 - 10:00 School 10:15 - 12:00 Kirk 12.30 - 3 Fish mart 3.15 - 5:30

Mobile library schedule http://www.orkneylibrary.org.uk/assets/Isles_Mobile_2016.pdf
Kirkwall library contacts - 01856 873166 or general.enquiries@orkneylibrary.org.uk
Kirkwall library website - http://www.orkneylibrary.org.uk
Kirkwall library online book catalogue - http://212.219.208.10/TalisPrism
Library opening times
httm#NewHours

STRONSAY COMMUNITY ASSOCIATION

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up? Why not hire the disco equipment with rotating glitter globe and pulsating coloured lights for only £5 plus room and hydro charge? A DJ from the Hall list must be used.

Also available for hire: badminton, table tennis and pool all at £3 per hour plus hydro. All equipment provided.

Adult supervision (over 18) must be present during hire.

For details and booking contact Colin on 616446.

USEFUL INFORMATION

POST OFFICE OPENING TIMES, etc

Mon, Tue, Wed, Thu, Fri	08:30—12:00
Sat	09:00—12:00
C	C1 1

Sun Closed

Post collection times 07:30, Monday to Saturday

Bank day Tuesday

Replacement bin bags...... Contact Island Link Officer in the Fishmart

Sunday service at the Kirk ... 11 am (see http://tinyurl.com/pj7xtg5)

Our Lady's chapel, pier head Mass 11.30am (weekdays), 10.30am (Sundays & Holidays)

Next Special Collection 5 August 2016

Rubbish collection Tuesday (bags out ready by 9am)

Doctor 616321	Balfour hospital 01856 888000
Nurses 616480	Electricity problems 0800 300 999
Medical emergency 01856 888000	Water problems 0845 601 8855
Stronsay registrar 616239	Highland Fuels 0800 224 224
Hall bookings 616446	Kirkwall Library 01856 873166
Post Office 616278	Kirkwall Police 101
Companions 616261	Vets:
Kirk 616311	Flett & Carmichael 01856 872859
Stronsay Hotel 616213	Northvet 01856 873403
Olivebank 616255	Dentists:
Ebenezer stores 616339	Great Western Rd 01856 879683
Neil's on Wheels 616454	King Street 01856 875348
Taxi 616335	Earls Palace 01856 872958
Airy Fairy 616231	Golgotha monastery 616210
Castle Bird Reserve 616363	Email contact@the-sons.org
Craftship Enterprise 616249	
Star Island Soap 616281	EMERGENCY! - POLICE, FIRE, AM-
Driving tuition 616268	BULANCE or COASTGUARD—dial 999

JIM HOLLAND HAULAGE—DELIVERIES

Catalogue deliveries made on Wednesday and Friday only.

Large items will be delivered on Saturday.

HOW TO CONTACT THE LIMPET

Send an email to editor@stronsaylimpet.co.uk, phone Bruce Fletcher on 616297 (after 10am & before 8pm, please!) or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page

SUBSCRIPTIONS TO THE LIMPET

You can send a subscription to a friend or relative for a birthday present? 12 editions for £20.00 including P&P

Please make cheques—UK banks <u>only</u>—payable to "Stronsay Development Trust". <u>UK only</u>. Non-UK subscriptions, please ask for a quote. Contact Bruce, details above











