

STRONSAY LIMPET

FUNDED BY STRONSAY DEVELOPMENT TRUST

ISSUE 143 - May 2017

Published on the last Thursday of the month



ATTENTION ALL DOG OWNERS AND DOG WALKERS

A minority of dog owner & dog walkers are not cleaning up after their dogs "leave a deposit" on the beach.

Please clean up afterwards and leave Stronsay's wonderful beaches safe for children & adults (and other dog walkers!) who want to enjoy them without having to keep a constant lookout for extremely unpleasant, aromatic piles of excrement.



RUBBISH ON THE BEACHES

If you find that anyone has dumped rubbish (including grass cuttings) on Stronsay's beautiful beaches please inform Colin McAlpine, the Community Council Secretary. His contact details are:

- Postal address "The Hill, Stronsay, KW17 2AT"
- E-mail: stronsaycommunitycouncilclerk@btinternet.com
- Telephone: 616446.

CONTACTING THE LIMPET

Contact details for the editor of the Limpet are found on the back page of every Limpet. Please do not use Facebook or other social media.

The next edition of the [Limpet](http://www.stronsaylimpet.co.uk) will be published on **Thu 29 June**. Items for inclusion in that edition should be submitted by 7pm on **Sun 25 June** Contact details are on the back page. The Limpet's website address is <http://www.stronsaylimpet.co.uk>

THE FRESH NIGHTMARE THAT IS CLUB DELIVERY ...

J Holland Haulage

We have been issued with scanners by Streamline for HERMES parcels. This will hopefully stop some of the issues where parcels scanned in Aberdeen trigger the automatic emails that tell customers their parcel has been delivered. But this is only HERMES, other couriers will still likely have the above issue.

When HERMES parcels reach Stronsay we will have to scan them in before any can be taken away from the shed, Jim is planning to do this as he unloads the lorry each night so there may be a delay before items can be taken. When he does this, it may well trigger an email stating that *'Your parcel is now with your local Hermes courier for delivery'*. This means the parcel is in the yard on Stronsay. These parcels can then be collected from the shed if you wish. If not, they will be taken round the island on the next delivery day (Wednesday or Friday).

As they are taken for delivery, they will be scanned again by the delivery person - which will (probably) trigger an email stating *'Hermes has successfully delivered your parcel'*.

This system is not ideal, it likely works very well on the Orkney Mainland where one driver will be going about all day with only HERMES parcels - I'm not sure how will it will work here as there are lots of issues - like the scanners only working on Wifi as the EE mobile system they are designed for is not available on Stronsay. It may be that the emails to say things have been delivered etc do not get sent until the scanner is brought back to Millfield at night for updating on the home Wifi.

Also, as stated above, this is only for HERMES parcels - other parcels may well still inform you of a delivery when the parcel is still in Aberdeen - as we are the final courier this also often (confusingly) says signed for by J Holland Haulage - this is just a system generated message, and though it's really misleading does still mean the parcel is in Aberdeen.

The added complication is Hermes parcels that require a signature. These parcels can now no longer be left in the customers porch or taken from the yard as we have to get the customers signature on the hand-held scanner. If your parcel requires a signature and you are not available when it is delivered, it will be taken back to the yard and a card left informing you of this. The delivery person will then attempt a further 2 times on the next round. I will try and inform folk where I can, if I have a parcel on the list that will need a signature. Hopefully the majority are parcels won't need this.

It's a shame the system has had to be changed but we are having to follow the terms set by Hermes so that Streamline can carry on with the Hermes contract and get items out to the islands.

Clear as Mud? If you have issues or complaints about this system then Streamline Orkney are the people to contact (telephone 01856 873658) as they have the contract from Hermes. If you get an Email about a parcel delivery and are unsure about what it means then pass it to me and I can try and check where the parcel is on the system.

Vicki

vic@jhollandhaulage.co.uk

RECENT BIRD SIGHTINGS

In what has been a mainly cool Spring and no big influxes of migrants moving North, there have been a few surprises: a Wryneck seen by Kath and Norman in the Dale 'Quarry' by the Fire Station on 29th April; a drake American Wigeon and a Little Gull at the Matpow Loch on 5th May, and the most unexpected and dramatic – a Sea (White-tailed) Eagle on the Rothiesholm Moor on 9th May (see photo). All were fairly brief sightings – the eagle flying in off the sea, settling on the moor for 5 minutes or so, and then flying off out to sea. (The same bird was seen on Sunday the following day).

A good selection of small common migrants were then recorded in early May – mainly Chiffchaffs, Willow Warblers, and Lesser Whitethroats, the best sighting of all being a male Bluethroat which had flown into a window at the school. It was discovered on the ground by Andy Rose on 12th May (the prime date for the species in the UK) outside the Healthy Living Centre but had soon recovered and flew off never to be seen again! Unless.....it was the same bird discovered dead at Grind by Alan and Gaynor Smith on 17th (see photo).

A small influx of migrants arrived on 20th, including Pied Flycatcher, Spotted Flycatcher, Lesser Whitethroats, Black Redstart, and best of all - an Icterine Warbler accompanied by a newly-arrived Chiffchaff in Raymond's garden at Ebenezer Cottage.



'Female Black Redstart at Coweshouse in early May'



'Drake American Wigeon at Matpow on 5th May'

(continued on next page)



'The Sea Eagle settled briefly on the Rothiesholm Moor on 9th May'



'The male Red-spotted Bluethroat found dead in mid-May''

This Month's Featured Area - Osen and Bomasty Bay

The house at Osen is perfectly positioned for bird-watchers who enjoy 'sea-watching', and the low hedges in the garden there attract a good number of migrant species in Spring and Autumn. The current resident - Dave Hudson – is a keen ornithologist and the 'garden list' there is growing year by year – the best so far being a small party of Crossbills, several Waxwings, Yellow-browed Warbler, and a few Ring Ouzels, the latter attracted to the large (1/2 acre) grassy 'paddock' adjacent to the shore. The new flower beds and small vegetable patches are also a great attraction for hungry insect-eating migrants in the area, whilst the sheltered road along the shoreline is one of the best sites to see Brambling in Autumn, and Twite and Rock Pipit for much of the year. There have been several sightings of Red-backed Shrike in Spring, and Eiders regularly drink from the small stream which runs into the sea close to the house. Bluethroat and Wryneck have also been seen by the roadside there and in October 2004 a major UK rarity was found fly-catching among the hay-bales stored by the shore – a Swainson's Thrush which had probably just flown the Atlantic Ocean! The only island record of Crag Martin – seen by Joyce Males and myself – flew along the road past Osen around mid-day on 3rd May 1999.

(continued on next page)

The sheltered waters of Bomasty Bay have turned up several surprises including a total of 3 Grey Phalaropes close inshore, whilst in stormy weather it is the best place on the island to look for Sooty and Manx Shearwaters, and Stormy and Leach's Petrels. 2 Little Shearwaters have been recorded there and a single (adult in Spring!) Long-tailed Skua.

The Red-throated Divers which breed on Rothiesholm feed in the area throughout the Summer, and Great Northern Divers are regularly seen off-shore in Winter. Hundreds of Gannets may be seen passing through the Stronsay Firth during rough weather.

For 'all-round' bird-watching the Osen is possibly the best house on the island!



'Crossbill among the rose-hips in the Osen garden'



'Bramblings along the roadside at Osen'

(continued on next page)



'Rock Pipit on the low wall at Bomasty'



'Red-backed Shrike between Osen and Ha'breck'

(continued on next page)



'Eiders drinking from the burn at Bomasty'



'Grey Phalarope close inshore at Bomasty'

STEPHEN CLACKSON'S LETTER FROM SCHOOL PLACE



The Council Offices at School Place, Kirkwall

I am indebted to the 197 voters who placed me 1st on their ballot paper, beholden to the 118 people who put me 2nd, obliged to the 103 individuals who made me their 3rd choice, grateful to the 26 souls for whom I was their 4th preference, thank the 15 who gave me a 5, am appreciative of the 17 persons who wrote a 6 next to my name and the 14 who marked me 7th, and acknowledge the 39 folk who ranked me at number eight. Which means, after all the calculations, transfers and exclusions, I got back in with 321.92191 votes—such is the crazy Single Transferable Vote system (the blame for which lies with the Local Governance (Scotland) Act 2004).

Since the election, councillors, both old and new, have been solidly undergoing full-on “induction”, in which we are lectured about our roles and responsibilities, governance, council structures, services and committees, standards and ethics, etc., etc.

On the morning of Tuesday 16th May, following the blessing of the new Council by the Revd Fraser Macnaughton, we held our first proper meeting, the Statutory General Meeting, at which Harvey Johnston was appointed Convener (now a purely ceremonial role) and James Stockan the Leader (a political role). Chairs of committees and certain other appointments were also decided at this meeting. I have been appointed to the board of Orkney Ferries Ltd, am staying on the Orkney & Shetland Valuation Joint Board, and I am expanding my portfolio of council experience with a seat on the Orkney Health & Care Committee. I was unopposed to continue as OIC's representative on the UHI Foundation and on the Highlands & Islands Science Skills Academy Leadership Board and to represent the Council on the Scottish Councils Committee on Radioactive Substances and the Dounreay Stakeholder Group. Unexpectedly, I was also appointed to the Council of Society of Friends of St Magnus Cathedral.

(continued on next page)

It was a pleasant change, the next day, to get out of School Place and attend the Norwegian Constitution Day events and take part in the Tog, at which I got to carry an (albeit small) Norwegian flag in the procession. The next day it was back to “induction”, which will continue almost up until the end of May.

Last year, following initial discussions at a Sanday Parent Council meeting, I persuaded OIC to offer the former Harbour Master’s House at Kettletoft to the Sanday community before putting it on the open market. I am pleased to say it has now been purchased by the Sanday Development Trust, who will be renovating it to become a “gateway house” for the island.

I have set up a dedicated website at lfsp.pbworks.com where the current issue and back numbers of “Letter from School Place” are available for downloading.

Here’s to the next five years ...



Cllr Dr Stephen Clackson
West Manse, Sanday

stephen.clackson@council.orkney.gov.uk <<< **NOTE THE NEW E-MAIL ADDRESS**

A CHANCE TO GET INVOLVED IN **THE BATTLE AGAINST FUEL POVERTY**

Fuel Poverty in Orkney is the worst in Scotland and isles – like Stronsay – are amongst the most affected by it.

Over the past 15 months the Tackling Household Affordable Warmth (THAW) Group in Kirkwall's Victoria Street has been at the forefront of the drive to overturn that damning statistic by enabling energy efficiency works, worth over £500,000 to be progressed in over 400 Orkney households.

Now, with the assistance of grants from businesses, benefactors and community organisations on the isles and the Orkney Mainland, the group is trying to formulate a bid that could bring in an additional £340,000 work over the forthcoming year.

THAW will hold its 2nd AGM in Kirkwall Town Hall on June 15th at 7pm when they will explain their plans for the year ahead and be pleased to hear the views of those in the North Isles who are interested in fuel poverty as well as those who have benefitted from the work undertaken so far.

The guest speaker at the event will be Di Alexander – the man appointed by Scottish Ministers as the independent chair of the Scottish Rural Fuel Poverty Task Force who also chairs the Highlands and Islands Housing Associations Affordable Warmth Group.

THAW Chairman Robert Leslie said: “Di Alexander has been championing the case to treat areas such as Orkney differently when it comes to energy efficiency programmes aiming at bringing affordable warmth to folk, as the issues we face are not the same as those in urban areas of the Central Belt. His message – backed by many working to tackle fuel poverty in the Highlands and Islands – is starting to be listened to. I would encourage folk to come and hear it for themselves.”

From John Ross Scott

STRONSAY LIMPET—CAPTION COMPETITION
PHOTOGRAPH FOR APRIL’S COMPETITION



Last month’s winner was Sheila Burger with “*Look what we made at school today*”

Now try your hand at the this month’s photograph on the next page.

STRONSAY LIMPET—CAPTION COMPETITION
PHOTOGRAPH FOR MAY'S COMPETITION



What do you think is happening here? Answers to the editor please by 7pm on Sunday 25 June. The editor's contact details are on the back page of every Limpet.

OFF MY TROLLEY!

Having just read a notice in Maurice's Shop,
I thought that I needed new 'specks' -
an 'item for sale' (from the hall near the school),
described simply as 'Stage-trolley' – ex'!

I started to worry about the word 'ex',
which usually indicates 'died',
but in this case I guessed it meant 'covered in rust'
and fit for use 'solely outside'.

I then thought perhaps it is 'physically challenged'
in a Trolley-ish (ex) sort of way -
it might have three wheels where there used to be four?
My mind now in complete disarray.

Do you push it or pull it - perhaps it takes two,
to manoeuvre the item around?
There was no indication of handles or weight
- or the height of the top from the ground!

Perhaps it was used as a 'medical prop'
in an old Stronsay Drama Group play?
Kept handy off-stage (and hidden from view)
- in case one of the cast passed away.

But it's best to imagine a 'nice' former use
a bit more 'up-stage' than the last -
wheeled on during breaks at concerts and gigs,
- full of biscuits and tea for the cast.

So I've put in an offer for 'stage-trolley' (ex)
- a strange thing to put up for sale!
Who else on the island would want such a thing?
- My bid of 3 Quid just can't fail!

PSA week or so later I looked at the sign
I just stood there gaping – aghast!
There were measurements, colour, statistics in full -
INCLUDING its use in the past!

(Phew! What a relief. Make that 4 Quid!). JH.

THE “HOODIES”

By Ellie from Newfield

There is nothing endearing about them,
Quite the opposite I would say.
They minute they appear in my vision
I feel that trouble is on its way.
They're always one step ahead of you
With mischief on their mind.
Sharp-featured and forbidding
Their natures, seemingly unkind.
Boasting plumage of the deepest black
With high-lights of electric blue
Which doesn't help their image I would say;
That of being evil through and through.
Just a band of troublesome hoodies
Searching every inch of the land
Looking for “death-left-lying”
Their hunger pangs well in command.
Not like our garden blackbird
Whose colour is just the same,
Singing his melodious song.
Indeed, proud of his image and good name
While our crow has very few friends,
His raucous call says it all
And I feel it's with intent to menace
That they line up on the wall.
In flocks of impending doom
They scavenge on “this 'n that”.
How I do so regret that as a prey
They're too large for my cat
And yet even in my dislike of them
Lies a measure of admiration
For they have my reluctant respect, I fear,
But never my adoration.

©*Helene Harrison*

SALES, WANTS, GREETINGS, THANKS

THANK YOU

A big thank you to Hunton Farm for rescuing my car last month after it had run into the ditch as I tried to avoid hitting a suicidal rabbit.

Bruce Fletcher (Claremont, Stronsay)

THANK YOU

The SOS (Support our School) Committee would like to thank every one that supported their event "Song from the musicals" at the end of April.

Thanks to all for raffle prizes donated, help to organise and of course for coming along and enjoying yourselves. Special thanks also to David Hudson for providing some excellent piano music and to the School for letting us use the Hall and the kitchen.

Funds raised were £129.88 in total after expenses.

We hope you will look forward to any future events!)

General building work undertaken, decorating and gardening
from grass cutting to full landscaping.
Call Steve on 616222.

AVON SALES

Contact Yvonne Weaver on 616375 for an Avon catalogue

WANTED!

If you have any large old shirts that you no longer use (missing buttons not a problem) then Stronsay Junior High School would really appreciate them for use as painting shirts. Thank you

ODD JOBS

Odd jobs, gardening, window cleaning
No job too small
Call Tony Piper on 616357

WORK WANTED

Anything considered! Please contact James Hannant (age 21) on 616454

Local sales, wants, etc are free!

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LOCAL BUSINESSES

handmade with love

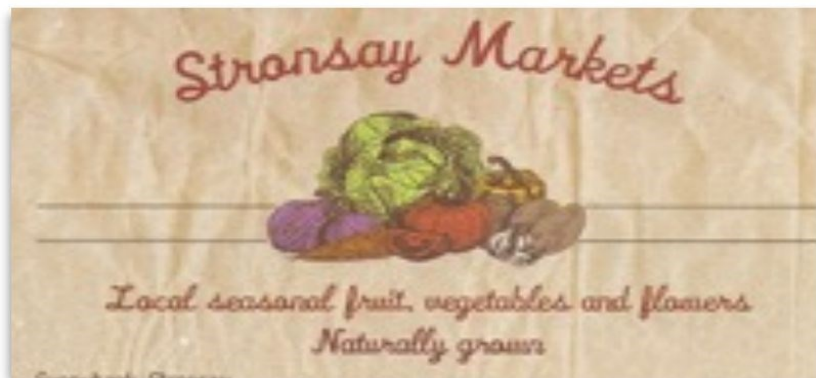
Airy Fairy



- ★ Handmade Quilts, cushions & clothes ★
- ★ Beautiful, bespoke & personalised gifts ★
- ★ Handmade especially for you ★
- ★ Makower fabrics in stock £10 per metre ★
- ★ Studio visits welcome by appointment ★



Hazel Shearer, Airy, Stronsay, Orkney, KW172AG • Phone 01857 616231
hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk



*New business, a mini market garden, set up in late 2015 at
Sunnybank, Stronsay*

*Currently supplying mixed salad leaves, some winter vegetables and
bedding plants. There will be more as the season progresses.*

I will supply a list each week with availability

*Please look at my Face book page "Stronsay Markets" or
send me an email "stronsaymarkets@gmail.com and I will put you
on my mailing list*

Local business adverts are free!

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LOCAL BUSINESSES

Visit us online - www.craftshipenterprise.co.uk
and find us on [facebook.com/craftshipenterprise](https://www.facebook.com/craftshipenterprise),
as well as on Instagram under [craftship_stronsay](https://www.instagram.com/craftship_stronsay).



CRAFTERIA MENU



FOOD

Soup of the day	£2.99
Quiche of the day with a side salad	£5.50
Mac & Orkney Cheese	£5.00
Pie of the day	£5.50
Nachos & Orkney Cheese with homemade salsa	£4.50
Nachos with Beef Chilli & Orkney Cheese	£5.50
Make your own Sandwich incl. 2 toppings	£3.50
Choose from: tuna, ham, egg mayo, cheddar, Orkney cheddar, cream cheese, brie, sweet corn, tomato, red onion - extra toppings 30p each	
Bacon Roll	£2.00
Baked Beans	£0.50
Homemade Coleslaw	£0.50
Soup & Sandwich	£5.75
Ploughman's platter	£4.50
Orkney cheese, pickled onion, bread roll, crisps, pickle & salad garnish	
2 Wraps with a choice of 2 fillings	£5.50
Choose from: Orkney cheese, onion, tomato, ham	
1 Wrap with Orkney ice cream, jam, or mixed fruit	£4.00
Orkney Ice cream	£1.90
Cakes of the day	from £1.90

DRINKS

Coffees	£1.50
Filter, Americano, Espresso, Cappuccino, Instant decaf	
Coffees	£1.85
Latte, Hot chocolate with Marshmallow	
Teas	£1.00
Black, Earl Grey, Jasmine	
Caffeine free Teas	£1.50
Redbush, Camomile, Raspberry and Peach	
Cans & Soft drinks	£1.50

We hope you enjoyed your stay
and will visit us again.



Anyone with allergies, please ask to see our ingredients list.

Local business adverts are free!

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LOCAL BUSINESSES

JOHN DUNNE GARDEN SERVICES

- * General Garden Maintenance
- * Window Cleaning and Guttering Services

- * Reasonable rates
- * Quick and professional

NO JOB TOO SMALL

Tel: 616247

The Old Manse Bed and Breakfast Logie Easter, Kildary IV18 0NZ



Dating back to the 1780s set in a large woodland garden just off the A9 and six miles from Invergordon, the Old
Ensuite Double and twin rooms

Telephone : 01862 842357

Website : www.oldmansebandbkildary.co.uk

Local business adverts are free!

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LOCAL BUSINESSES

STRONSAY HOTEL—TAKEAWAY MENU

Phone 01857 616213

Six days a week (Tuesday- Sunday) 5pm to 9pm

NOTE—closed Monday

Homemade lasagne + chips	£5.95
Homemade sausagemeat pie + chips	£5.95
Homemade chicken curry + rice or chips	£5.95
Homemade chicken masala curry + rice or chips	£6.50
Homemade chicken & veg pie + chips	£6.50
Breaded haddock + chips	£5.50
Breaded wholetail scampi + chips	£6.50
2 sausages + chips	£3.00
2 fish fingers + chips	£2.80
“Stronsay Beast Burger” + fries	£4.50
“Stronsay Cheese Beast Burger” + fries	£5.00
Portion of chips	£1.30
Half portion of chips	£0.80
Portion of cheesy chips	£2.10
Half portion of cheesy chips	£1.10
Portion of onion rings	£1.20



STRONSAY FISH MART

Phone 616401

Open 7 days a week from 11am to 3pm

Local business adverts are free!

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LOCAL BUSINESSES

STRONSAY ARTWORKS

Original paintings of Stronsay Landscape; Limited edition prints, greetings cards and postcards which are available for sale at local shops, Post Office, Hotel, B&B's and the Fishmart. Commissions taken.

Phone 01856 874723

<http://www.jennystoneart.com>

Email jenny@jennystoneart.com

**PATRICK
McGRATH
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**Gas Safe Registered Engineer
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- Bathroom fitting
- Bathroom supply
- General heatings
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Email: patrickmcgrathltd@gmail.com



PLUMBING
& HEATING



DRIVING TUITION

Patient and friendly learner driver tuition with Richard. Including Pass Plus for passed drivers. To book lessons call 616268 or 07789104861. Or message my Facebook page 'Drive 2 Stay Alive'. Lesson times are very flexible to suit you, and lessons start and finish at your chosen address.

Local business adverts are free!

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LOCAL BUSINESSES

“NEIL’S ON WHEELS”

- All mechanical work undertaken.



- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260

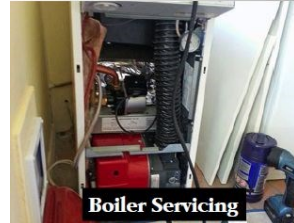
HOME: 01857 616454

Ebenezer Oil Heating Services

Oftec trained engineer



Oil Tank Installation



Boiler Servicing

Oil boiler servicing,
repair and replacement



Boiler Installation

& Commissioning

A serviced boiler
is an efficient boiler
and will save you money

Tel 01857 616339
ebenezer@stronsay.org

Freshly hand-crafted soaps from Simone’s soap kitchen on the beautiful island of Stronsay.



“Treat yourself to a bar of pure island magic”

Simone Kirk, Isles View, Stronsay, Orkney, KW17 2AG, Tel: 01857 616281

Website & online shop: www.orkneystarlandsoap.co.uk

Email: Info@orkneystarlandsoap.co.uk • Facebook / Twitter / Pinterest

Soaps available all year round in Stronsay at: Ebenezer Stores, Post Office, Olive Bank, Craftship Enterprise. A visit to the soap kitchen during your visit to Stronsay may be possible but please phone before you set out.

Local business adverts are free!

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GROUPS, CLUBS & ORGANISATIONS

CYCLE ORKNEY - BIG BIKE REVIVAL

COMMUNAL BIKE RIDE

**STARTS FROM STRONSAY SCHOOL
AT 2pm ON SUNDAY 4 JUNE**

**NO BIKE? NO PROBLEM!
CONTACT VIV ON 616339**

**Bring your bike along for a free bike check and some basic
maintenance tuition at Stronsay school hall on
Sunday 4 June from 10am to 4:30pm**

<http://www.bigbikerevival.org.uk>

Announcements by charities, local groups, clubs and organisations are FREE!
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GROUPS, CLUBS & ORGANISATIONS



The
BIG BIKE
Revival
ENJOY THE RIDE

— THE BIG BIKE REVIVAL IS HERE! —

Your local event(s) are being organised by:

CYCLE ORKNEY

Come along with your bike to the Stronsay School Hall for a free bike health check and some basic maintenance tuition.

DROP IN ANYTIME ON SUNDAY JUNE 4TH 10 AM-4.30 PM

Find out what's on and when at:
WWW.BIGBIKEREVIVAL.ORG.UK

BROUGHT TO YOU BY
we are cycling
the cyclists' champion **UK**

Announcements by charities, local groups, clubs and organisations are FREE!
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Stronsay Community Association

BBQ and QUIZ NIGHT

IN THE HALL
ON SATURDAY 3rd JUNE 2017
At 7pm
Everybody Welcome!



Announcements by charities, local groups, clubs and organisations are FREE!
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GROUPS, CLUBS & ORGANISATIONS

Chief Executive

Mr I Cooper
Chairman
Stronsay Community Council

Board Headquarters

Garden House
Kirkwall
Orkney
KW15 1BQ
www.ohb.scot.nhs.uk/



Date: 14 May 2017
Tel: 01856 888223

Dear Mr Cooper

Firstly, I would like to thank you for working promptly with me to convene a meeting in Stronsay. The level of turnout was impressive and I am grateful to people for participating in our meeting/conversation.

I appreciate for everyone that this is a difficult time as we look to undertake a comprehensive review of service provision on Stronsay. I thank those people who in their remarks asked that the review is allowed to progress and conclude as speedily as possible. The suggestion to involve people in the review was welcomed and I agreed to give thought to this contribution.

In my closing remarks I reminded everyone that my primary concern is the provision of safe and effective health care services for the people of Orkney. I would like to reassure you that clinical care will continue to be provided to patients on Stronsay and that the review referred to is completed robustly and timely.

I look forward to meeting you all again and I thank those people who stayed back to chat with me and my staff.

Yours sincerely,

A handwritten signature in blue ink, appearing to read 'Cathie Cowan', with a stylized flourish at the end.

Cathie Cowan



Caring for the people of Orkney

Orkney NHS Board Headquarters:
Garden House, New Scapa Road,
Kirkwall, Orkney KW15 1BQ

Chair: Ian Kinniburgh
Chief Executive: Cathie Cowan

Orkney NHS Board is the common name of Orkney Health Board



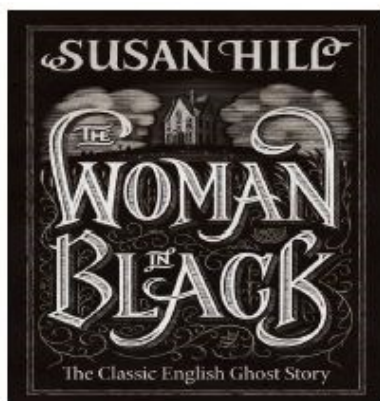
**Healthy
Working
Lives**

Announcements by charities, local groups, clubs and organisations are FREE!

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Stronsay Bookworms



... will be meeting again on

Wednesday 31st May @ 7.30pm

at the Stronsay Hotel

We will be talking about

the books of writer

Susan Hill

If you have read any of her books

please come along.

Everybody welcome.

Announcements by charities, local groups, clubs and organisations are FREE!

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GROUPS, CLUBS & ORGANISATIONS

NORTH ISLES LANDSCAPE PARTNERSHIP SCHEME DEVELOPMENT PHASE UPDATE – NO 6.

Hello,

As I write this update on the North Isles Landscape Partnership Scheme (NILPS) we are in mid-May. The main development with NILPS since the last newsletter was the meeting with the Heritage Lottery Fund (HLF) at the end of April. The meeting went well and they were pleased to see how the scheme and associated projects are being developed. However, based on the work still to be done the submission date has been pushed back until mid/end of October. From my own perspective this allows more time to complete the required works as part of the NILPS submission to the HLF and is generally welcome. It will impact very slightly on the timescales of the scheme, as a decision on the application will now be made in February 2018 as opposed to November/December 2017. However, in order to allow time to produce all of the documents required the slight change to timescales will not impact massively on the 5 year programme.

As the development phase is now over the half way mark, the majority of the project studies are completed. There are still a few to be done, whose details are highlighted below:

The additional works to the Historic Environment study, coordinated by my colleague Tom Hunter, is nearing completion. We have acquired a local surveyor (Billy Groundwater) to do some surveys and costs for us as we develop projects further.

The contract for the Monitoring and Evaluation of NILPS has recently been awarded to Resources for Change (www.r4c.org.uk/index.html). A workshop will be held on the 18th May with North Isles representatives present. Notes on the outcome of this workshop will be available in due course.

The Branding, Graphics and Website Development for NILPS have been awarded to Resolve Creative (www.resolve-creative.co.uk), in conjunction with NB Communications (www.nbcommunication.com/locations/orkney). The branding of LP Schemes is deemed very important, with the development of a logo and associated graphics one of the main outputs from this exercise. Although the final works are to be discussed, we anticipate the consultants will look to actively engage with local communities and (possibly) the local schools during the process of developing the identity for the scheme.

With regard to project briefs, these have now been developed. If anyone would like a copy of the full project briefs please get back to me and I can send them on. My contact details are shown at the end of this update.

(continued on next page)

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So, despite the additional time, my priority will still be to produce the LCAP as well as developing the projects we intend to deliver under NILPS during the 5 year scheme. Further information is available at the following link - <http://www.orkney.gov.uk/Service-Directory/D/north-isles-landscape-partnership-scheme.htm> Thank you again for your continued participation. I will continue to work with local groups to develop the project briefs into fully written-up and costed projects.

Best regards,

Alister.

Alister Brown

Development Officer – North Isles Landscape Partnership Scheme

Development and Marine Planning

Council Offices

School Place

Kirkwall

KW15 1NY

T: 01856 873535 ext. 2814 (Kirkwall) / 01856 873535 ext. 3041 (Stromness)

E: alister.brown@orkney.gov.uk

The NILPS Development Phase is being supported by the following organisations



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GROUPS, CLUBS & ORGANISATIONS



STRONSAY CRAFT FAIR DATES FOR 2017

Saturday 23rd September

Saturday 25th November

If you would like to take part please contact Simone 616 281 to book your place

YOUR ISLAND - YOUR CHOICE

Moncur Church has received a grant from “*Your Island, Your Choice*” to run a lending library from the church hall. This will open on a Monday afternoon in the months when the mobile library does not come to Stronsay. We hope to open for the first time in June. To do this we need to stock our shelves with books. If you have any books, fact or fiction and in good condition that you no longer want would you please donate them to our library. They can be left at Ebenezer Stores or at the church. If you need them picking up please phone Mike or Viv on 616339.

Thank you.

INTRODUCING

PEEDIE OTTERS—COMING IN MAY 2017!

A new Community Youth group aimed at primary aged children.

A chance for the children to socialise, learn some fun skills, discover nature, art, crafts, and much, much more.

There will also be opportunities for everyone in the community to learn and enjoy the fruits of the children’s labours as they share what they are learning and making through displays, community activities, performances and shows.

We need your help!

Would you like to volunteer to help as a leader or supervisor for an activity?

Do you have a specific skill or knowledge you think the children would benefit from that you could share?

Do you have any ideas, thoughts, experiences or advice you think would benefit us?

If so please get in touch.

Email peedieotters@gmail.com

or contact Marion Miller or Anna Bliss-Davis

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STRONSAY HEALTHY LIVING CENTRE **supervised sessions**

Changes to supervised session times.

From Monday 11th April 2016

All Supervised Sessions will run from 4.30 pm to 6.30.pm

MONDAY	4:30—6:30
TUESDAY	Buddy system
WEDNESDAY	4:30—6:30
THURSDAY	4:30—6:30
FRIDAY	4:30—6:30
SATURDAY & SUNDAY	Buddy system by request

The gym can be accessed throughout the day if you have a 'buddy' to go with.

A code is required, please speak to one of the team if you have any questions

Inductions by appointment only

Andy - 616277 or Julie - 616335

Gym during supervised sessions - 616449

FIBROMYALGIA

Do you suffer from fibromyalgia? There is a local Facebook group just for you.

<https://www.facebook.com/groups/463333273823206>.

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GROUPS, CLUBS & ORGANISATIONS

KIRKWALL MOBILE LIBRARY VISITS TO STRONSAY

Library van visits Stronsay on:
Tuesday July 11th, Tuesday September 5th, Monday October 30th
Council Houses 9 - 10
School 10.15 - 12
Kirk 12.30 - 3
Fish mart 3.15 - 5.30

Library van timetable
<http://www.orkneylibrary.org.uk/assets/Mobile%20Calendar%20Timetable.pdf>

Orkney Digital Library <https://orkney.overdrive.com>

Library website
<http://www.orkneylibrary.org.uk/html/mobiles.htm>

STRONSAY COMMUNITY ASSOCIATION

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up? Why not hire the disco equipment with rotating glitter globe and pulsating coloured lights for only £5 plus room and hydro charge? A DJ from the Hall list must be used.

Also available for hire: badminton, table tennis and pool all at £3 per hour plus hydro. All equipment provided.

Adult supervision (over 18) must be present during hire.

For details and booking contact Colin on 616446.

ORKNEY CITIZENS ADVICE BUREAU

Orkney Citizens Advice Bureau will be on Stronsay **9th August 2017** between 1pm and 4:30pm. To make an appointment to see one of their advisers at the Community Centre - Carpet Room or to arrange a home visit please telephone 01856 875266 by Thursday 3rd August 2017 at the latest, thank you

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GROUPS, CLUBS & ORGANISATIONS

STRONSAY SWIMMING POOL TIMETABLE

Monday

Public session 6.30-7.10

Adult lane 7.10-7.50

Thursday

7-7.40 Private Hire (pre-booked)

7.40-8.20 Private Hire (available for booking)

Saturday

Private hire 2-2.40

Public session 2.40-3.20

Swim club

Wednesday Beginners and developers 3.30-4.10

Thursday A and B squad 3.30-4.30

To enquire about Private Hires, phone Elsie on 616238.

To enquire about Swim Club, phone Sarah on 616406 or Andy 616277

POOL CHARGES

Public Sessions

Adults (16 and over) £2.40

Children £1.20

Private Hires

40 minute session - £15

60 minute session - £20

Swim Club

Children will be offered 10 week blocks which can be paid up front (non-refundable)

40 minute sessions - £16 block booking; £2 per session

60 minute sessions - £20 block booking; £2.50 per session

Men only and Women only Sessions (16 and over)

Block booking of 10 sessions over a 12 week period (non-refundable)

£24 block booking

£3 per session

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KIRK NEWS

With the new sound equipment in the Church it is now possible to record the services. If you are unable to get along to church each Sunday and would like to get a copy of the service week by week please phone Elsie on 616238. Services at 11am unless otherwise stated. A crèche is available for children aged 9 and under :

May 28th	Mike or Viv
June 4th	Songs of Praise
June 11th	Rob Kiff
June 18th	John King
June 25th	Mike or Viv
July 2nd	Songs of Praise
July 9th	Alastair Gray
July 16th	Alastair Gray
July 23rd	Ali Pandian
July 30th	Ali Pandian
August 6th	Ali Pandian
August 13th	Ali Pandian
August 20th	Ali Pandian
August 27th	David Bowen

Once again Shirley's Dad, John King, has offered to lead worship when he is up on holiday. We thank him and look forward to his service.

Alastair Gray, his wife and three little boys will be visiting us for the fourth time. We are delighted to welcome them back. They will again be staying in the Manse and Alastair will lead worship on two Sundays.

Ali Pandian is a probationer who is coming to Stronsay, along with her family, for 5 weeks as a locum. We very much look forward to meeting Ali and her family and hope they will enjoy their time in Stronsay.

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USEFUL INFORMATION

POST OFFICE OPENING TIMES, etc

Mon, Tue, Wed, Thu, Fri	08:30—12:00
Sat	09:00—12:00
Sun	Closed
Post collection times	07:30, Monday to Saturday
Bank day	Tuesday
Replacement bin bags.. . . .	Contact Island Link Officer in the Fishmart
Sunday service at the Kirk ..	11 am (see http://tinyurl.com/pj7xtg5)
Our Lady's chapel, pier head	Mass 11.20am (weekdays), 10.30am (Sundays & Holy Days)
Next Special Collection	19 May 2017 and 4 August 2017
Rubbish collection	Tuesday (bags out ready by 9am)

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Doctor	616321	Balfour hospital	01856 888000
Nurses	616480	Electricity	
Medical emergency	01856 888000	problems	0800 300 999
Stronsay registrar	616239	emergency	105
Hall bookings	616446	Water problems	0845 601 8855
Post Office	616278	Highland Fuels	0800 224 224
Companions	616261	Kirkwall Library	01856 873166
Kirk	616311	Kirkwall Police	101
Stronsay Hotel	616213	Vets:	
Olivebank	616255	Flett & Carmichael .	01856 872859
Ebenezer stores	616339	Northvet	01856 873403
Neil's on Wheels	616454	Dentists:	
Taxi	616335	Orkney Dental	01856 872030
Airy Fairy	616231	King Street	01856 875348
Castle Bird Reserve	616363	Earls Palace	01856 872958
Craftship Enterprise	616249	Golgotha monastery. . . .	616210
Star Island Soap	616281	Email contact@the-sons.org	
Driving tuition	616268		

JIM HOLLAND HAULAGE—DELIVERIES

Catalogue deliveries made on Wednesday and Friday only.
Large items will be delivered on Saturday.

HOW TO CONTACT THE *LIMPET*

Send an email to editor@stronsaylimpet.co.uk (preferred method); phone Bruce Fletcher on 616297 (after 10am & before 8pm, please!); or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page



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