

STRONSAY COMMUNITY ASSOCIATION FORTHCOMING EVENTS

- Saturday 23rd September Craft Fair.
- Saturday 7th October Darts, Pool, Euchre.
- Saturday 4th November Bonfire Night followed by a Quiz
- Saturday 25th November Craft Fair.
- Saturday 9th December Tree Lighting.

STRONSAY POST OFFICE

The Post Office is now open from 8:30am to 5:00pm, Monday to Saturday. We hope that the longer opening hours will make it easier for all island residents to use the Post Office.

STRONSAY SWIMMING POOL

Stronsay Swimming Pool needs Lifeguards and Overseers. If you are willing to train as a lifeguard please contact Sarah on 616406. How about supporting the pool by becoming a volunteer overseer? If this is something you would consider please give Mairi a phone on 616331.

ATTENTION ALL DOG OWNERS & DOG WALKERS!

Once again it is necessary to remind all dog owners that failure to clean up after their dog is not only anti-social, it is also illegal. Most dog owners behave responsibly and don't leave their dog's excrement lying around on the island's roadside verges or beaches. Sadly, the reputation of the majority is blemished by the selfish (and illegal) behaviour of a minority of dog owners who fail to clean up after their dog.

And please don't put your dog's excrement in a bag and then leave the bag lying around on the beach or the roadside - take it home and dispose of it there!

STRONSAY TELEPHONE DIRECTORY

It is hoped a new and update telephone number list will be produced soon. Please look out for further information and forms to confirm, add or change details!

The next edition of the <u>*Limpet*</u> will be published on <u>**Thu 28 September**</u>. Items for inclusion in that edition should be submitted by 7pm on <u>**Sun 24 September**</u>. Contact details are on the back page. The Limpet's website address is <u>http://www.stronsaylimpet.co.uk</u>

THE MEMORIES OF A LOCUM MINISTER ON STRONSAY

As Ali Pandian and her family return to West Lothian, they each have their own memories of their time on Stronsay:

"Stronsay is an amazing place. I loved all the beaches especially Rothiesholm and St Catherine's bay. The Loganair planes are awesome, although they are they are noisy they are so much fun! Stronsay is a very interesting place the people are very welcoming and make Stronsay a whole lot better and a lot more exciting. Thank you so very much for giving us such a good time." *(Isla)*

"Stronsay is sensational, so much in fact that there is too much to write it all down! But one of the best things is the community - everyone is so *welcoming* and friendly. I wouldn't have missed it for the world. I loved it all the sandy beaches, the wonderful people, great food and the fun family day oot - it really was very fun. Thank you for a brilliant time. Miss everyone, hope to see you all soon." (*Maisie*)

"I was not sure what to expect from our stay on Stronsay, I did not know much about Orkney, apart from being further north than I had ever been. I was really excited to hear Ali had been accepted to serve as a locum minister on the island, and felt very privileged to be able share in the adventure. Travelling to the island on the ferry was exciting enough, and seeing Stronsay for the first time was a thrill. Being able to stay in the manse and take in all those views was great.

The Island is beautiful and has a real sense of peace. I was really blown away by the beaches and seeing all the seals! I certainly wasn't expecting the amazing weather. The warm welcome we received from the folk on Stronsay made our stay so enjoyable, what a great community. I particularly enjoyed the coastal walks we did and seeing the Vat of Kirbister. Borrowing the community bikes was also a fun day for us. It was with a sense of sadness (and a little jealously!) that I had to leave earlier than the girls to get back to Linlithgow for work. Thank you for your kindness and sharing your island with us for a short time."

(Dave)

"As for me, I can't quite believe how quickly the time passed! Before we arrived I was a little nervous for two reasons. Firstly, it was to be my first experience of parish ministry without a supervisor there! And secondly, there would be a number of days when it was just the girls and I and I wondered how that time would be without another adult around so far away from home. My first worry was quickly soothed as I realised that there was plenty of wisdom and support on the island, and people were so encouraging and enthusiastic that I found my work there a joy and a privilege. My second worry turned out not to be an issue at all as there were plenty of folk to chat to and for the girls to play with.

(continued on next page)

It is hard to pin down a 'favourite' part of our time with you. There were our many trips to beaches, eating delicious food and the glorious sunsets. I think, in keeping with a theme we explored during messy church sessions, I was struck by the hospitality of folk we met. Not only your hospitality in sharing your island, your church, and your manse so graciously with us, but also sharing your homes and parts of your stories and taking the time to listen to ours. These are the most precious memories I will cherish from our time together.

I hope and pray that you are soon joined by a permanent minister, and I will certainly be 'spreading the word' among the colleagues I have. And we would love to visit again at some point in the future. In the meantime, I remain struck by how creative, positive and forward looking the congregation at the church are, and the community as a whole. I look forward to hearing what you are up to next!" *(Ali)*



HOUSING AND COMMUNITY NEEDS SURVEY

Stronsay Development Trust and The Highlands Small Communities Housing Trust would like to extend their thanks to all those who found the time to complete the recent questionnaire.

The results should be available shortly and will be shared with the community.

Prize Draw

All those taking part in the Survey were eligible for the Prize Draw for a £20.00 voucher to be spent at the Fish Mart. The draw has taken place and the lucky winner is Roger Neville-Smith.

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RECENT BIRD SIGHTINGS

The Quail at Airy was heard calling several times during early-mid August and the Sand Martin colonies at the Bu Sands and Bomasty Bay succeeded, flying young being seen at both sites. Waders began to arrive at the Bu Loch towards the end of July and among them was a new species for the island – a Least Sandpiper which was seen on and off from 22nd- 25th July. On one of the few occasions it was close enough to study, we managed to obtain a few photos and video of this tiny rarity from North America which averages one per year in the UK (see photo).



'The Least Sandpiper discovered at the Bu Loch on 23rd July was seen briefly on several occasions but was very difficult to find. (Apologies to all for our irregular parking alongside the loch during this time!)'

Several Bar-tailed Godwit were seen among the hundreds of Oystercatchers and Curlew during silage-cutting in late July-early August, and several Whimbrel were also seen – and heard - many flying over on their journey south. Small numbers of Golden Plover were also seen.

Waders began to build up at the Bu Loch in early August and 2 Ruff were seen among the Redshank and Ringed Plover. Black-tailed Godwit numbers began to build up from a single on 16th, and by the 22nd 43 were seen, but a marauding Peregrine 'stooping' over the area around this date caused virtually all of the waders to leave the area. Elsewhere Damian Stout saw a 'ring-tail' Hen Harrier near Gesty Dishes midmonth and the Quail was still present at Airy.

There was another excellent find at the Bu Loch on 17th – a White-rumped Sandpiper – the second trans-Atlantic vagrant of the Autumn! Sadly it was only seen on one occasion, quickly flying off with a party of - the slightly larger –Dunlin, during a 'visit' by the Peregrine! (The second Stronsay record of the species).

No small 'woodland' birds arrived until a Willow Warbler was seen at Holin Cottage on 20th August. A Robin was seen by Alison at Breck around this time. This was followed by a Robin at Castle and a very yellow Willow Warbler at Ebenezer Cottage on 25th. A small 'fall' occurred next day, when there were two Robins, a Willow Warbler, and a brilliant Wood Warbler in the garden at Dale, and a Lesser Whitethroat in the garden at Airy.

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Ring-tail Hen Harriers (possibly the same bird?) have been seen in the last few days, including one past Castle just before I sat down to type this morning!

This Month's Featured Area - The Old Rothiesholm School.

There have been a number of unique sightings in the area around the Rothiesholm School which includes the garden/land at Slap and Breck. The only Woodlark recorded on the island was discovered in the field alongside the School; a juvenile Cuckoo in the Slap Garden, and a Buzzard on the chimney-stack at Breck. Add to that a Corncrake selfcaught and 'crex-crexing' in a Creel (and quickly returned uninjured into the wild); a small party of Long-eared Owls roosting among the nearby farm machinery, and the island's only record of Parrot Crossbill discovered by the roadside opposite the School, and the area almost appears to have some mystical attraction to lost migrants! The first island record of Dotterel was of two together in the field close to Slap in late Spring 1991. One amazing sighting during Autumn migration several years ago was of a totally albino Blackbird and an almost completely albino Fieldfare close together in the same field.

The area certainly attracts thrushes (Redwings, Fieldfares and the occasional Ring Ouzel) during Autumn migration – perhaps the last chance to feed for newly-arrived birds from the east and heading towards mainland UK? Hundreds of Blackbirds have been recorded in the area in both Spring and Autumn, but the most eye-catching species are often the rarest and there have been sightings of two Golden Orioles in the gardens – the last a beautiful male in Spring 2012. Alison at Breck has found both Bluethroat and Icterine Warbler in the garden there, and a Rosy Starling in the field alongside. Several Red-backed Shrikes and two or three Great Grey Shrikes have been found feeding along the road-side fences nearby, and a Common Crane spent some time in the fields between Breck and Grind several years ago.

One of the most memorable sightings for ourselves (and Joyce, now of Park Cottage) was of a Great-spotted Woodpecker desperately searching for food on the roadside fence-posts opposite Breck. It was working its way up the road towards us from the Grind direction and we quickly positioned ourselves behind a tall, thick, wooden gatepost by the road-side – smallest up against the post - almost completely hidden from the approaching bird. A minute or so later we heard a 'smack' on the post as the woodpecker landed, out of view to us, and a few seconds later it hopped onto the top of the post and gazed down – straight at Joyce less than a foot away! We all held our breath as the bird gazed down at us for several seconds, giving us the 'once-over' before uttering one loud 'chick' call and flying off to the next stretch of fencing. A few minutes later we drove slowly past on our way home and the bird flew across the road towards the car, almost joining us through the open window, before landing briefly on the wing-mirror in its desperate search for food!

(Continued on next page)



'The adult Rosy Starling among the local Starling flock at Breck in July 2011'



'The juvenile Cuckoo in the garden at Slap'



'The Parrot Crossbill was found dead in spite of the help of Porridge Oats (which it ate) provided by Keith and Lewis at the nearby school. Note the huge size - particularly the bill - compared with the Common Crossbills either side'

(Continued on next page)



'Black-tailed Godwit in the field opposite the Rothiesholm school in early Autumn'



'The Buzzard on the Breck chimney-stack in September 2015 (photo Elaine Cutting)'



'Long-eared Owl at its day-time roost – this one in the garden at Slap in October 2015'

(Continued on next page)



'Hen Harriers are regularly seen in the Rothiesholm school area – this one flying past the outbuilding at Slap



FOR SALE

60 Security Fencing Panels, in good order, each 3.5 mtrs long, rubber foot included. Price: £23.00 each panel (approx 50% of original cost)

Expressions of interest by letter please, stating how many panels you would like to purchase, to SDT, Unit 1, Wood's Yard, Stronsay, KW17 2AR, or by email, carolcotterill555@btinternet.com

If demand outweighs supply the panels will be apportioned. Closing date Friday 8th September

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A CAVE UNDER LAMB HEAD?

Peter Hall has been visiting his Grandparents, Mike & Sheila Burger (Helmsley) and following a tip-off from an elderly resident he has been exploring Lamb Head, looking for a cave, rumoured to go right through. Here is Peter's account of his exploration.

The story goes that as children, they had found a cave and the bravest had gone a long way in and thought it would go all the way, but had been scared by the strange noises. I have been unable to find a firm record of any such cave, but there are stories of a whale getting stuck in the geo and blubber emerging from a cave in Hell's Mouth. So as a keen cave explorer, I set about finding out if the stories were true.

I scoured the cliffs along Hells Mouth, finding a number of cave entrances, the largest of which could be seen going for some distance (first photo), but without swimming (which I am no good at) or a canoe (which I did not have) I could not get far. I sat for some time enjoying the booming noises resonating out as the swell rolled up the cave passage.

After this, I had a look at the Whale Geo and soon found a route down the steep bank and climbed the rocks into a cave entrance at the bottom, again without swimming or a canoe, I wasn't getting far. I could however see a large underground chamber and hear booming noises that didn't match the swell entering at this side. Excited, I set about getting my hands on a canoe or a failing that, a wetsuit.

Fortunately, someone was able to lend me a canoe and as any self respecting caver, I never travel far without my helmet and lights! So when the weather was right, I paddled off the furthest beach in Hells Mouth and made my way carefully around to the entrance I had previously seen from the rocks. The swell from the sea was funnelled into the entrance, so inside, as the cave narrowed it got pretty hairy!

Ahead, rocks projected from the water, but I could see the cave continuing, so after an acrobatic manoeuvre, I continued on foot, in and out of waist deep water, carrying the canoe. Then to my delight, around a corner, I saw daylight and soon emerged in the Whale Geo!

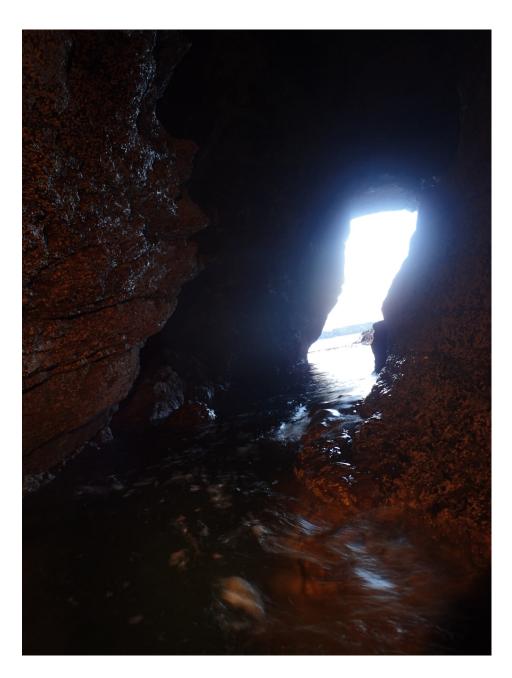
So the rumours were true! Hidden from sight and protected by steep cliffs and the sea, there really is a cave, right under Lamb head!



(More photographs on next page)







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MESSY CHURCH

Ali Pandian, the kirk's locum minister for 5 weeks, arranged several "Messy Church" events during her stay on Stronsay. The youngsters certainly enjoyed them.



(More photographs on next page)









(more photographs on next page)

















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STEPHEN CLACKSON'S LETTER FROM SCHOOL PLACE

At the last General Meeting of the Council before the recess, I voiced my scepticism about awarding the "Freedom of Orkney" posthumously, because once anybody from any time in history becomes eligible, we are confronted with a plethora of deserving candidates to choose from. (As an example, to put up against the proposed Dr John Rae, I suggested Magnus Erlendsson, Earl of Orkney, who 900 years ago gave himself up to be martyred to secure peace for the islands, and ever since has been an inspiration to Orkney art, culture, literature and music.) Interestingly, the legal basis for making the award available to deceased persons would also permit the award being bestowed on fictional characters, such as the world-famous Kirkwallian, William MacDougal (immortalised in "The Simpsons" as Groundskeeper Willie). 2019 is the 30th anniversary of the first season of "The Simpsons". Wouldn't it be wonderful to see an Orkney-themed episode where Willie comes to Kirkwall to receive his award ...



Groundskeeper Willie — Could he be the next recipient of the "Freedom of Orkney"?

During the recess, I drove to Germany with the family, where I used my German fishing licence for the first time since I passed the exam to obtain it over 17 years ago. On account of being away, we were unable to enter any of our geese, ducks or chickens into this year's Sanday Show, which unfortunately left the number of poultry entries somewhat paltry.

Councillors were invited by Repsol-Sinopec to the Flotta oil terminal to celebrate 40 years of operation. We enjoyed a delicious dinner, followed by an interesting and informative tour of the facility, and then a plaque was unveiled by our MP, Alistair Carmichael to mark the occasion. The expectation is that the terminal will remain in service, providing jobs for local people and revenue for OIC, until around 2030. Below is a picture of me viewing one of the terminal's workshops.

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Scot Govt Minister for Transport & Islands, Humza Yousaf has announced the rollout of the Road Equivalent Tariff (RET) to the Pentland Firth ferry routes, which should lead to dramatic reductions in fares for both vehicles and passengers. This is excellent news, however, despite dropping in on our Air Services Consultative Forum meeting and hearing first-hand from our community council transport reps all about the shortcomings in our inter-island transport provision, he is still unwilling to make any commitments concerning our internal ferries. This leaves OIC responsible for an agèd fleet, and, compared with the Scot Govt-financed services enjoyed in the rest of Scotland, under-provisioned routes, higher fares and less-well paid crews. Our last hope is that the Scot Govt Cabinet Secretary for Finance & Constitution will be more sympathetic to our plight.

Other meetings I have attended since my last "Letter" include: a members' priority session, KGS Parent Council, a joint NHS Orkney & OIC seminar, a touching *Magnus* 900 performance by the pupils of Eday School, the AGM of the Orkney Ferries Board, training on the role of the audit committee, a members' briefing, a presentation by Historic Environment Scotland, Change Programme Forum, Ferry Services Consultative Forum, and a presentation by the Kirkwall BID.

I've been to the final meetings of the current Stronsay Community Council and Sanday Community Council before the elections in September. Nomination forms are now available from community council clerks, from OIC, for downloading at http:// www.orkney.gov.uk/Council/C/community-council-elections-2017.htm, and I am leaving forms on the ferries, too. (NB A different system operates in Eday, Papay and North Ronaldsay, which does not require the lodging of nomination papers.) To stand, you need to be aged 16 or over and on the electoral register for your island, and your nomination will need the signature of one witness, who must also fulfil these criteria. The **deadline** for the return of the nomination forms is **5pm on the 4th September**. The election is by postal ballot only, with ballot papers due to be issued on the 11th September along with a reply-paid envelope. These need to be returned to Orkney Islands Council no later than 5pm on the 25th September. Do think about standing. It is always good for there to be a contested election because it enhances the democratic legitimacy of a community council if the public has had a say on who the members are. Remember, for the first time, 16- and 17-year-olds are also eligible to stand (as well as to vote). Don't be put off standing just because you stay at the Papdale Halls during the week-community councils can, if necessary, meet on Friday evenings and on Saturdays.

Cllr Dr Stephen Clackson West Manse, Sanday <u>stephen.clackson@council.orkney.gov.uk</u>



"Letter from School Place" is available for downloading at **lfsp.pbworks.com**

OLD FRIENDS

By Ellie from Newfield Your age is such a mystery And you disguise it well. No one would ever guess And you're too proud to tell. Out paths have crossed for years And we've often had time to chat, Mostly by the pond Where you and I both sat. I welcome your friendly greeting Every morning, rain or shine. Our friendship growing stronger As it would over time. Neighbours we've become, Often sitting side by side Where our two worlds collide. Your age I'll never know, Just that you've been around so long, Raised family upon family Who've delighted me with song. That time I know is near When your time is almost done For gone is your youthfulness While you rest, mostly in the sun. So dearest old friend, blackbird, Whose feathers now look so worn Might I thank you for your trust in me Whilst we chatted on the lawn. No, I'll never know your age But life was lived to the full And wherever it crossed with mine It was never, ever dull.

©Helene Harrison

SALES, WANTS, GREETINGS, THANKS

THANK YOU

Thanks to the Stronsay Development Trust the cost to Stronsay residents of the Craftship Enterprise workshops on 9/10 Septemberwill be half the published price.

AVON SALES

Contact Yvonne Weaver on 616375 for an Avon catalogue

General building work undertaken, decorating and gardening from grass cutting to full landscaping. Call Steve on 616222.

ODD JOBS

Odd jobs, gardening, window cleaning No job too small Call Tony Piper on 616357

WORK WANTED

Anything considered! Please contact James Hannant (age 21) on 616454

ADVERTISING USING THE LIMPET

If you are organising an event on Stronsay then why not advertise it in the Limpet? Your advert will appear in the monthly newsletter and in

- the Limpet email list,
- the Limpet website,
- the Limpet Facebook page,
- and the Stronsay Facebook page.

The Limpet's editor can help if you're not sure what to include in your advert or how to phrase it. And all this is **FREE** but please don't leave it until the last minute!

Contact details for the editor of the Limpet are found on the back page of every Limpet. Please do not use Facebook or other social media.

Local sales, wants, etc are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page





Phone 616401 Open 7 days a week from 11am to 3pm

Sunday 3rd September 2017

- Soup of the day with homemade loaf
- Steak pie, potatoes and vegetables
- Chicken bites, sweet and sour sauce and egg fried rice
- Tiramasu (cream / ice-cream)
- Tapioca (cream / ice-cream)

Sunday 10th September 2017

- Soup of the day with homemade loaf
- Roast pork and apple sauce, vegetables and roast potatoes
- Lasagne, garlic bread and chips
- Lemon meringue pie (cream / ice-cream)
- Chocolate gateau (cream / ice-cream)

Sunday 17th September 2017

- Soup of the day with homemade loaf
- Chicken goujons, BBQ or Sweet chili dip and chips
- Meat balls, gravy, potatoes and vegetables
- Trifle (cream / ice-cream)
- Fruit crumble (cream / ice-cream)

Sunday 24th September 2017

- Soup of the day with homemade loaf
- Battered haddock, chips and peas
- Chicken curry, rice and Naan bread
- Sticky toffee pudding (cream / ice-cream)
- Cheesecake (cream / ice-cream)

Local business adverts are free!

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Hazel Shearer, Airy, Stronsay, Orkney, KW172AG • Phone 01857 616231 hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk



New business, a mini market garden, set up in late 2015 at Sunnybank, Stronsay Currently supplying mixed salad leaves, some winter vegetables and bedding plants. There will be more as the season progresses. 9 will supply a list each week with availability

Please look at my Face book page "Stronsay Markets" or send me an email "<u>stronsaymarkets@gmail.com</u> and ? will put you on my mailing list

<u>Local</u> business adverts are free! The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page



Saturday Sept 9th and Sunday Sept 10th Thanks to Stronsay Development Trust the cost to Stronsay residents will be half the published price.

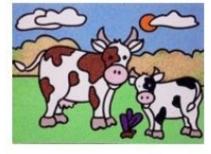


Workshops by Rosalind Neville-Smith

11.00 - 13.00 Fused glass pendants and earrings
Learn how to safely cut glass and assemble colours and sparkles ready to be fused in the kiln. You can make earring pieces or pendants/cabochons which can be mounted using sterling silver findings post fusing.
14.00 - 16.00 Fused glass art and coasters
Make a window light catcher or coasters
Price: £30 each workshop
NB:The pieces will be kiln fired and sent to you within 10 days.

Workshop by Simone Kirk 11.00 - 13.00 Sculpting with yarn Crochet and/or knit a variety of organically shaped, textured pieces, joined together to create a fabric. 14.00 - 16.00 Sculpting with yarn Another chance to try this technique or finish your project Price: £25 each workshop





Workshop by Lisa Williamson 11.00 - 13.00 Sand Art

Sand art is for children of all ages. Colouring pictures using brightly coloured sand.

- 1. Peel off a pre-cut section of a picture.
- 2. Choose a colour and sprinkle the sand onto the pre-glued picture
- 3. Repeat! Until you've coloured in all of the sections.
- 4. Add a sticky hook to hang it up to display

14.00 - 16.00 Sand Art - Another chance to do this fun activity Price: £5 each workshop

Saturday ferry times

Kirkwall 07.00 - Eday- Stronsay 09.05 Stronsay 17.45 - Eday - Kirkwall 19.50

Sunday ferry times

Kirkwall 08.40 - Eday- Stronsay 10.40

Stronsay 17.40 - Eday- Kirkwall 19.40

Please check the ferry times at <u>www.orkneyferries.co.uk</u>

A continental breakfast is included for those arriving by ferry on Saturday

To book please contact Dianne at <u>dianne@craftshipenterprise.co.uk</u> or at www.facebook.com/craftshipenterprise

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HAIRDRESSER ON STRONSAY

Ladies, Gents & Kids Haircuts available. Tel Siobhan 616337. For additional services ie. colouring / perming please let me know in advance for a consultation & allow time for product delivery

JOHN DUNNE - GARDEN SERVICES

* General Garden Maintenance* Window Cleaning and Guttering Services

* Reasonable rates* Quick and professional

NO JOB TOO SMALL

Tel: 616247

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STRONSAY HOTEL—TAKEAWAY MENU

Phone 01857 616213

Six days a week (Tuesday- Sunday) 5pm to 9pm

NOTE—closed Monday

Homemade lasagne + chips	£5.95
Homemade sausagemeat pie + chips	£5.95
Homemade chicken curry + rice or chips	£5.95
Homemade chicken masala curry + rice or chips	£6.50
Homemade chicken & veg pie + chips	£6.50
Breaded haddock + chips	£5.50
Breaded wholetail scampi + chips	£6.50
2 sausages + chips	£3.00
2 fish fingers + chips	£2.80
"Stronsay Beast Burger" + fries	£4.50
"Stronsay Cheese Beast Burger" + fries	£5.00
Portion of chips	£1.30
Half portion of chips	£0.80
Portion of cheesey chips	£2.10
Half portion of cheesey chips	£1.10
Portion of onion rings	£1.20
"Stronsay Beast Burger" + fries "Stronsay Cheese Beast Burger" + fries Portion of chips Half portion of chips Portion of cheesey chips Half portion of cheesey chips	£4.50 £5.00 £1.30 £0.80 £2.10 £1.10

STRONSAY ARTWORKS

Original paintings of Stronsay Landscape; Limited edition prints, greetings cards and postcards which are available for sale at local shops, Post Office, Hotel, B&B's and the Fishmart. Commissions taken.

Phone 01856 874723 <u>http://www.jennystoneart.com</u> Email jenny@jennystoneart.com



DRIVING TUITION

Patient and friendly learner driver tuition with Richard. Including Pass Plus for passed drivers. To book lessons call 616268 or 07789104861. Or message my Facebook page 'Drive 2 Stay Alive'. Lesson times are very flexible to suit you, and lessons start and finish at your chosen address.

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"NEIL'S ON WHEELS"

• All mechanical work undertaken.



- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
 - Towing service MOBILE: 07723 304 260 HOME: 01857 616454



Tel 01857 616339 ebenezer@stronsay.org

Freshly hand-crafted soaps from Simone's soap kitchen on the beautiful island of Stronsay.



"Treat yourself to a bar of pure island magic"

Simone Kirk, Isles View, Stronsay, Orkney, KW17 2AG, Tel: 01857 616281
Website & online shop: www.orkneystarislandsoap.co.uk
Email: Info@orkneystarislandsoap.co.uk • Facebook / Twitter / Pinterest
Soaps available all year round in Stronsay at: Ebenezer Stores, Post Office, Olive Bank, Craftship Enterprise. A visit to the soap kitchen during your visit to Stronsay may be possible but please phone before you set out.

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STRONSAY COMMUNITY COUNCIL

Chair: Ian Cooper Vice Chair: Shirley Whiteman

STRONSAY HEALTH CARE SERVICE – UPDATE

In response to concerns expressed by Stronsay Community Council over Stronsay's scheduled health care arrangements, Cathie Cowan, Chief Executive NHS Orkney replied:

I wish to put on record my thanks to the people of Stronsay for their patience in what is a difficult time for everyone.

In regard to the situation involving our staff I can confirm that the investigation into issues raised with me is now reaching conclusion. The investigation involved a senior GP and nurse from outside of Orkney as well as NHS Orkney, the confidential report relating to medical staff in line with our policy will be presented to our Medical Director and any future action will be recommended by him. In regard to the nurses this also will be shared with our Director of Nursing (designate) and any future actions will be recommended by him.

The timescale for receipt of the reports is expected by early September 2017. On receipt of the reports and following next steps as described above it is my intention to return to both Eday and Stronsay to update the community councils as appropriate.

In regard to ongoing staffing I can confirm we at all times try to source GP cover but we have Advanced Nurse Practitioners standing by if we require and this is a model that is used on other islands including Eday. If it were to be for a spell longer than 2 days we would also look to have a GP visiting the island. I hope this update is helpful to you.

Residents are reminded that Maureen Firth, Head of Primary Care NHS Orkney can be contacted on 01856 888066 if individuals have concerns over the Health Care Service being provided.

Colin McAlpine Island Link Officer 22 August 2017

New Singing Group in Stronsay

SINGING TOGETHER FOR FUN AND RELAXATION

Develop relaxed, natural, breathing and find your true voice

Starting on Monday the 18th of September on a fortnightly basis until Christmas.

Time: 7.30-9-30 (including a break for refreshments and chat.)

Cost: £5 (This could be slightly less depending on numbers)

No previous experience needed. Anyone is welcome!

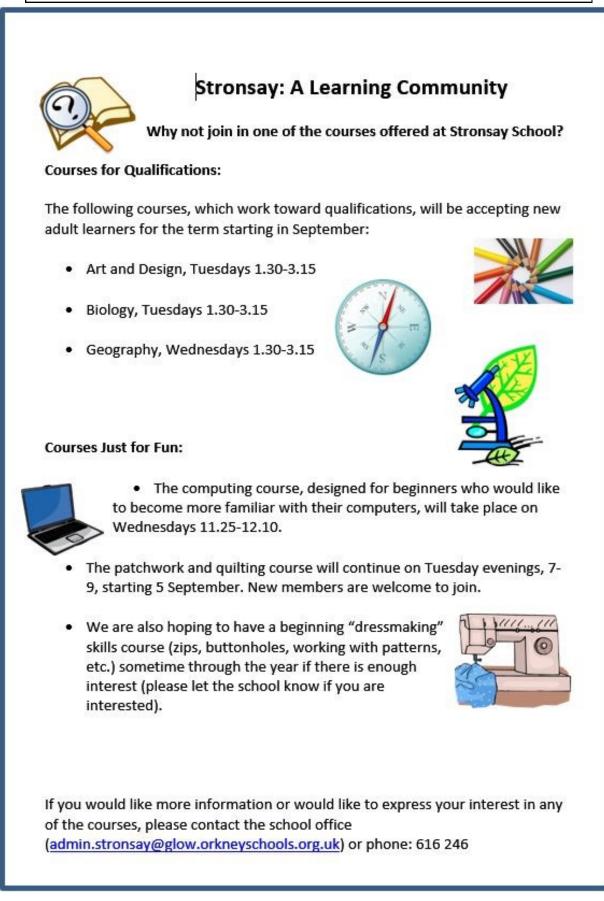
The group is organised by Marion Miller and led by Kate Howe

We are hoping to hold a Christmas concert for the community at the end of the term.

To find out more and to book please contact Marion Miller before September the 1st. Phone 616354 or by email <u>macleod.marion@gmail.com</u>

Kate Howe is a singing teacher based in Kirkwall she has a BSc degree in Psychology and an ALCM (Associate of the London College of Music) diploma in music performance and part way through an MA in Music.

This project was funded by "Your Island Your Choice"



Announcements by charities, local groups, clubs and organisations are FREE! The cutoff date for items to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page



COFFEE AT CLEAT '17

SAT 30TH SEPTEMBER 2-4pm AND 6-8pm

Raffle Sales table Baking Tea and juice also available

(Donations for raffle and sales tables gratefully received)

Everyone welcome

We look forward to seeing you all there!

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GROUPS, CLUBS & ORGANISATIONS COMMUNITY COUNCIL ELECTIONS

Community Council elections are held every four or five years following Local Government elections.

The Community Councils help to administer Orkney Islands Council funds at a local level. These funds are used to support community projects, voluntary groups, tourism ventures, kirkyard maintenance and community halls.

The Orkney Community Council system has been recognised by the Scottish Government as a model of best practice in community empowerment within Scotland for the way that Community Councils are involved in decision-making and this success is due to the dedication of the individuals involved.

Any individual aged 16 and over may stand for election for the Community Council representing their home address, providing they are on the Electoral Register.

The Nomination Form can be obtained from the Community Council Clerk or downloaded from http://www.orkney.gov.uk/Files/Council/Elections/CC-Election-2017/Community-Council-Nomination-Form-2017.pdf Candidates need to complete and return the nomination form by **5pm on Monday 4 September 2017**.

The election is carried out by postal ballot with ballot papers due to be issued on Monday, 11 September 2017 and returned no later than **5pm on Monday, 25 September 2017.**

The Scheme of Orkney Community Council – 2007 and the Code of Conduct for Orkney Community Councillors can be found on the following links:

http://www.orkney.gov.uk/Files/Council/Community-Councils/ Scheme for Orkney Community Councils.pdf

http://www.orkney.gov.uk/Files/Democratic-Services/ Code of Conduct April 2012.pdf

STRONSAY COMMUNITY COUNCIL

Chair: Ian Cooper Vice Chair: Shirley Whiteman

COMMUNITY COUNCIL ELECTIONS

WANTED - COMMUNITY MINDED INDIVIDUALS

If you are aged 16 or over, are on Stronsay's Electoral Register and want to be involved in decision making and helping to administer Orkney Islands Council funds at a local level, then why not become a Community Councillor?

Nomination forms are available from the Island Link Office or can be downloaded from the Orkney Islands Council website.

Completed nominations must be delivered to Orkney Islands Council no later than **5pm** on **Monday 4 September 2017**.

If you want to know more about being a Community Councillor then please contact one of the following Community Councillors:

Ian Cooper Shirley Whiteman Cameron Fraser Damian Stout Viv Erdman Jim Seaton Br. Nicodemus

Additional information about the election process is available from the Island Link Office, open between 10am and 12noon on a Tuesday, Thursday and Saturday.

Colin McAlpine Island Link Officer 22 August 2017

NOTICE OF ELECTION COMMUNITY COUNCIL ELECTIONS

Community Councillors are to be elected for each of the 20 Community Council areas within Orkney. The Community Councils, and number of members required, are as <u>follows:-</u>

Community Council	No of Members	Community Council	No of Members
Birsay	7	Papa Westray	7
Eday	7	Rousay, Egilsay, Wyre & Gairsay	7
Evie and Rendall	7	Sanday	7
Firth and Stenness	8	Harray and Sandwick	8
Flotta	7	Shapinsay	7
Graemsay, Hoy and Walls	7	South Ronaldsay and Burray	8
Holm	7	St Andrews and Deerness	7
Kirkwall and St Ola	12	Stromness	8
North Ronaldsay	7	Stronsay	7
Orphir	7	Westray	7

- Nomination forms for every Community Council area, <u>except for Eday, Flotta, North</u> <u>Ronaldsay and Papa Westray</u>, can be obtained from Democratic Services, Orkney Islands Council. Council Offices, School Place, Kirkwall Orkney. KW15 1NY. Telephone 01856 886622 or <u>email:- maureen.spence@orkney.gov.uk</u> Forms are also available on the Community Council section of the Orkney Islands Council website.
- 2. Completed nominations must be delivered to Democratic Services, Orkney Islands Council, no later than **5pm** on **Monday**, **4 September 2017**.
- An election will be held by postal ballot in each Community Council area unless uncontested.
- Ballot papers will be issued on Monday, 11 September 2017 and must be returned to Democratic Services, Orkney Islands Council by 5pm on Monday, 25 September 2017.
- 5. The following procedures apply to Eday, Flotta, North Ronaldsay and Papa Westray ONLY. An alternative electoral procedure has been established for the Community Councils of Eday, Flotta, North Ronaldsay and Papa Westray. This procedure, which does <u>not involve the lodging of nomination papers</u>, will be utilised instead of the procedures used by other Community Councils. Notes setting out the procedure to be followed will be included on the back of the ballot papers which will be posted to all electors on the Register for the above four islands on Monday, 11 September 2017.
- 6. Results will be declared on Thursday, 28 September 2017.

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HOME FIRE SAFETY VISITS

The Scottish Fire and Rescue Service is once again offering free Home Fire Safety Advice visits, the logic being that it is much better to prevent a fire in the first place than to have to come to put one out! Members of Stronsay Fire and Rescue Service hope by these visits to help raise your awareness of fire safety and to help make your home a safer place in which to live. During the visit we would attempt to identify any potential fire hazards, check that you have enough smoke detectors and that they are correctly sited, and give advice on fire safety and what to do in the event of having a fire. We will also check that your smoke detectors are working correctly and supply and fit new ones free of charge if you need them. If you've had a visit from us before but feel you would benefit from a return visit to check over your home, see what can be done to make your home a safer place and refresh your memory on what to do in the event of a fire then we would also be happy to come along. This visit would be carried out by two members of the local Fire and Rescue Service at your convenience. Please be assured that the visit will be completely confidential and that we would only check areas of your home where you are happy for us to go!

If you would like your local Firefighters to carry out a visit or would like more details please contact Ian on 616322 or any of the other local firefighters as soon as possible and we will gladly give you more information or arrange a suitable time to come along to see you.

STRONSAY SWRI

Please note change of dates and competitions.

Wednesday 13 September

Quizzes. Competition—handmade scarf. Hostess—Sheena.

Wednesday 1 November

Open meeting.. Talk by Richard Shearer. Competition-farm photo. Hostess-committee

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FIREFIGHTERS NEEDED!

We have had a good response to our campaign to recruit more firefighters on Stronsay but there are still vacancies to be filled! Are there still lads or lasses out there who would like a challenge and want to do something worthwhile in the community?

Do you want to have a challenging role doing something different? Do you want to learn new skills that can be used in a variety of jobs?

Our Retained Duty Firefighters come from diverse backgrounds and bring a variety of experiences to the role. A range of skills are required including being a team player, excellent communication skills and attention to detail.

You must be aged 18 years or over, have a good level of physical fitness, have the required standard of vision and colour perception. You will be required to be readily available to attend incidents and be committed to attending weekly training on Stronsay as well as courses in Kirkwall or further afield as required.

RDS Firefighters are called upon to attend the same wide range of emergency service as wholetime Firefighters, including fires, floods, road traffic accidents, chemical spills and more. They can also be called upon to work with wholetime firelighters to promote fire safety messages, giving fire safety advice to schools and other organisations as well as carrying out free home fire risk assessments within their communities.

In return our RDS Firefighters are paid an annual retainer fee plus additional payments for every incident attended and time spent on all activity including training nights, community engagement and courses.

This role is advertised on My Job Scotland (search for 'firefighter' and scroll down to 'RDS firefighter, Orkney') where you will find more details or contact the Orkney District Office on 01856 875428. For informal enquiries, please speak to Ian on 616322 or any of our local firefighters.

Please note this round of recruitment closes on 15th September!



KIRK NEWS

Services at 11am unless otherwise stated.

Sunday Club begins again on 3 September, all children are very welcome to join us.

- Sept 3rd David Kellas Sept 10th - David Kellas Sept 17th - David Kellas Sept 24th - David Bowen
- Oct 1st David Bowen Oct 8th - Mike or Viv Oct 15th - Songs of Praise Oct 22nd - David Bowen Oct 29th - Mike or Viv

Nov 5th - Songs of Praise Nov 12th - David Bowen Nov 19th - Mike or Viv Nov 26th - David Bowen



Saturday 23rd September At the Stronsay Community Hall From 1pm to 4pm Raffle, home bakes & refreshments

Sponsored and supported by Stronsay Community Association

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STRONSAY STITCHERS



Thursday 28th September in the Church Hall from 7.00pm to 9.30pm

£2/person, refreshments available

STRONSAY SPINNERS



Saturday 16th September in the Church Hall from 11am to 3pm Lunch: please bring your own £2.00/person, refreshments available All levels very welcome, from beginners to more experienced. Bring your own wheel, equipment & something to spin if possible.

STRONSAY CRAFT FAIR DATES FOR 2017

Saturday 23rd September Saturday 25th November

If you would like to take part please contact Simone 616 281 to book your place

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<u>STRONSAY HEALTHY LIVING CENTRE</u> <u>supervised sessions</u>

Changes to supervised session times. From Monday 11th April 2016

All Supervised Sessions will run from 4.30 pm to 6.30.pm

MONDAY	4:30—6:30
TUESDAY	Buddy system
WEDNESDAY	4:30-6:30
THURSDAY	4:30-6:30
FRIDAY	4:30-6:30
SATURDAY & SUNDAY	Buddy system by request

The gym can be accessed throughout the day if you have a 'buddy' to go with.

A code is required, please speak to one of the team if you have any questions Inductions by appointment only Andy - 616277 or Julie - 616335 Gym during supervised sessions - 616449

FIBROMYALGIA

Do you suffer from fibromyalgia? There is a local Facebook group just for you. <u>https://www.facebook.com/groups/463333273823206</u>.

DIABETIC SUPPORT GROUP

The next meeting of the Diabetic Support Group will be held on Wednesday 13th September at 3pm in the carpet room at the community halls. All welcome.

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KIRKWALL MOBILE LIBRARY VISITS TO STRONSAY

Library van visits Stronsay on Tuesday September 5th and on Monday October 30th Council Houses 9 - 10 School 10.15 - 12 Kirk 12.30 - 3 Fish mart 3.15 - 5.30

Library van timetable http://www.orkneylibrary.org.uk/assets/Mobile%20Calendar%20Timetable.pdf

Orkney Digital Library https://orkney.overdrive.com

Library website <u>http://www.orkneylibrary.org.uk/html/mobiles.htm</u>

STRONSAY COMMUNITY ASSOCIATION

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up? Why not hire the disco equipment with rotating glitter globe and pulsating coloured lights for only £5 plus room and hydro charge? A DJ from the Hall list <u>must</u> be used.

Also available for hire: badminton, table tennis and pool all at £3 per hour plus hydro. All equipment provided.

Adult supervision (over 18) <u>must</u> be present during hire.

For details and booking contact Colin on 616446.

STRONSAY SWIMMING POOL TIMETABLE

Monday Public session 6.30-7.10 Adult lane 7.10-7.50

Thursday

7-7.40 Private Hire (pre-booked) 7.40-8.20 Private Hire (available for booking)

Saturday

Private hire 2-2.40 Public session 2.40-3.20

Swim club

Wednesday Beginners and developers 3.30-4.10 Thursday A and B squad 3.30-4.30

To enquire about Private Hires, phone Elsie on 616238. To enquire about Swim Club, phone Sarah on 616406 or Andy 616277

STRONSAY SWIMMING POOL

Stronsay Swimming Pool needs Lifeguards and Overseers. If you are willing to train as a lifeguard please contact Sarah on 616406. How about supporting the pool by becoming a volunteer overseer? If this is something you would consider please give Mairi a phone on 616331.

POOL CHARGES

Public Sessions Adults (16 and over) £2.40 Children £1.20

Private Hires

40 minute session - £15 60 minute session - £20

Swim Club

Children will be offered 10 week blocks which can be paid up front (non-refundable) 40 minute sessions - £16 block booking; £2 per session 60 minute sessions - £20 block booking; £2.50 per session

Men only and Women only Sessions (16 and over)

Block booking of 10 sessions over a 12 week period (non-refundable) £24 block booking £3 per session

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USEFUL INFORMATION POST OFFICE OPENING TIMES, etc

Monday to Saturday	8:30am—5:00pm
Sunday	.Closed
Post collection times	07:30, Monday to Saturday
Bank day	Tuesday
Replacement bin bags	Contact Island Link Officer in the Fishmart
Sunday service at the Kirk	11 am (see <u>http://tinyurl.com/pj7xtg5</u>)
Our Lady's chapel, pier head	Mass 11.20am (weekdays), 10.30am (Sundays & Holy Days)
Next Special Collection	?
Rubbish collection	Tuesday (bags out ready by 9am)

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Doctor 616321
Nurses 616480
Medical emergency 01856 888000
Stronsay registrar 616239
Hall bookings 616446
Post Office 616278
Companions 616261
Stronsay Hotel 616213
Olivebank 616255
Ebenezer stores 616339
Neil's on Wheels 616454
Taxi 616335
Airy Fairy 616231
Castle Bird Reserve 616363
Craftship Enterprise 616249
Star Island Soap 616281
Driving tuition 616268

Balfour hospital 01856 888000
Electricity
problems 0800 300 999
emergency 105
Water problems 0845 601 8855
Highland Fuels 0800 224 224
Kirkwall Library 01856 873166
Kirkwall Police 101
Vets:
Flett & Carmichael . 01856 872859
Northvet 01856 873403
Dentists:
Orkney Dental 01856 872030
King Street 01856 875348
Earls Palace 01856 872958
Golgotha monastery 616210
Email contact@the-sons.org

JIM HOLLAND HAULAGE—DELIVERIES

Catalogue deliveries made on Wednesday and Friday only. Large items will be delivered on Saturday.

HOW TO CONTACT THE LIMPET

Send an email to <u>editor@stronsaylimpet.co.uk</u> (<u>preferred method</u>); phone Bruce Fletcher on 616297 (<u>after</u> 10am & <u>before</u> 8pm, please!); or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page

