

DO NOT FORGET TO PUT YOUR CLOCKS BACK!

The clocks go BACK one hour at 2am on Sunday 29 October.

COFFEE AT CLEAT 2017 RAISED £1,718!

Final total for the Coffee at Cleat Macmillan coffee day is £1,718. Yes, that's one thousand seven hundred and eighteen pounds! (Or MDCCXVIII in old Roman)

Many thanks to everyone who supported us, Sinead, Sheena and Anne x

28 OCTOBER—SPONSORED HEAD SHAVE

Jean Whitcher has signed up for a sponsored head shave in aid of Macmillan Nurses and in memory of all her friends (Judith, June, Dawn, Tricia and Diana) that she has lost in the past two years and for those friends who are still fighting cancer

It will take place at 7pm in the Stronsay Hotel on Saturday 28 October.

STRONSAY COMMUNITY ASSOCIATION FORTHCOMING EVENTS

- Saturday 4th NovemberBonfire Night Quiz, etc (see poster on page 24).
- Saturday 25th November Craft Fair. (*see poster on page 25*)
- Saturday 9th December Tree Lighting.

STRONSAY SWRI - WEDNESDAY 1 NOVEMBER

Open meeting. Talk by Richard Shearer. Competition—farm photo. Hostess—committee

The next edition of the <u>*Limpet*</u> will be published on <u>**Thu 30 November**</u>. Items for inclusion in that edition should be submitted by 7pm on <u>**Sun 26 November**</u>. Contact details are on the back page. The Limpet's website address is <u>http://www.stronsaylimpet.co.uk</u>



Annual General Meeting

Thursday 26 October

7.30pm

Stronsay Community Centre

Everyone Welcome!

A Company Limited by Guarantee, Registered in Scotland. Company Number SC271553 A Scottish Charity SC038888 Registered Office: Unit 1 Wood's Yard, Stronsay, Orkney KW17 2AR









Unit 1, Woods Yard Whitehall Village, Stronsay, Orkney KW17 2AR

Email: <u>staffstronsaytrust@gmail.com</u> 19 October 2017

Notice of Prospective Directors / Trustees

The following Members of the Trust have been nominated as Directors/Trustees prior to the upcoming AGM:

Richard Seeber Kevin Kent Susanne Davidson Mike Erdman Stephen Haskins Alan Strong Duncan Bliss-Davis Leo Martini-Brown Brian Crowe James Davidson

Could all nominees please ensure they provide the Secretary with a brief explanation of their background/experience/what they would bring to the role of Director. This will be made available to Members at the AGM on 26 October.

Suzanne Clements, Company Secretary, Stronsay Development Trust



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Unit 1, Woods Yard Whitehall Village, Stronsay, Orkney KW17 2AR

Email: <u>cdostronsay@gmail.com</u> 21 October 2017

Anna's Blog

Dear All,

This is the first instalment of what I hope will be a regular feature in the Limpet: my update on the Community Development Officer role and activities on behalf of the Stronsay Development Trust.

A lot of work has gone into our support for the **North Isles Landscape Partnership Scheme**, which promises many benefits for Stronsay. The community is proud of its heritage and the Island's beautiful coastline and this initiative promotes the preservation of the Island's archaeological sites, the conservation of the countryside and improvements to the walks and pathways. Most encouraging are the proposals to provide a heritage centre for Stronsay within the Enterprise Zone. Many items of historical interest which were packed away and put into storage after the closure of the original heritage centre in the Fishmart will now find a home in the new building, which itself reflects the history of the herring fishing industry in Stronsay. As Community Development Officer I have begun to gather together a heritage group with a view to bringing all the items out of storage to be sorted and catalogued.

I would like to invite all those interested in the Island's heritage to get in touch to discuss being part of this ongoing project, and would also like to ask for feedback and suggestions as to what people would like to see in the heritage centre. The project is at a very early stage but there is much work to do.

On Thursday 28 September a great day was spent at the school with researchers from Scotland's Sounds and Orkney Archive in a project run by the National Libraries of Scotland. This was part of a series of workshops around the country using archive audio to create new podcasts for community radio and social media. Pupils could hear original audio recordings made in Stronsay in the 1980's. The kids were able to identify relatives' voices and hear stories from the past about their home Island. The children also scripted and recorded audio to be made into a pod cast. A lovely evening was then spent with the Stronsay Stitchers and others in the Hall where Ian Cooper and Ruth Bowen joined in recorded responses to the audio material. Anyone interested in putting together our very own **Stronsay audio project**, to preserve memories of Island life, should please get in touch with me.

(Continued on next page)

Over the past months I have been putting together an application to the Scottish Government's **Climate Challenge Fund**, an initiative which provides grants to community-led associations to promote environmental sustainability. We hope to create a full recycling centre and two part-time jobs on the Island in relation to this.

I sit on the Wellbeing Orkney advisory group and have been heavily involved with **THAW Orkney's Affordable Warmth** project working towards providing more energy efficient homes. THAW work towards providing information, guidance on improvements that can be made in the home, and with companies to provide help with funding. A productive meeting with Peter Rickard on 4 October gave us ideas to take forward with the community.

I attended a **Strengthening Communities Conference** in Inverness which provided some valuable ideas on protecting our community in our fragile location, and will begin to share the work coming out of this over the next three months.

Continual work has been ongoing for the **Housing Needs Project** and this should be ready for community consultation very soon.

As always, I have been doing a lot of work with Island groups and individuals to help them to achieve their life projects via support from the **Community Fund**, whether through educational grants or grants to support training in new skills. This is a highly rewarding part of my role and central to the Trust's work.

I have lots of ideas for the future and would welcome any suggestions and involvement from our community members.



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DEVELOPMENT TRUST (DT) DIRECTORS

The Stronsay DT AGM on 26th October will elect a new Board and if constitutional amendments go through "No" votes will not be counted in any election. There is no consistency with the Development Trusts Association or Orkney. Sanday DT nominees have to be proposed by the existing directors, whereas Stronsay allows self nomination. Westray requires nominees to have proposers and seconders and to receive 50% or more in any vote.

Westray DT is the oldest in Orkney and in its 2016 accounts shows funds including its subsidiaries exceeding three million £s. This is no longer a cottage industry! From Westray's wind turbine (same size as Stronsay's) gross turnover for each of the last 2 years exceeds half a million with almost £700,000 transferred to the Development Trust. Compare that to Stronsay SREL with its heavy curtailment!!

Let us look at the occupations of the Westray directors listed – farmer (4), fisherman, water treatment operative, building contractor, retired (3), postal delivery operator, electrician, social care assistant. Quite a variety but no obvious legal, accounting, human resources or IT specialist input. These might be provided by paid staff but that is not ideal. Every Board is different; historically farmers have been underrepresented in SDT yet the best have wide ranging skills. These days issues like cyber security, data protection, employment law, protecting the vulnerable, environmental concerns, health and safety ever changing, broadband connections, replacing assets etc. must be addressed. No one is an expert in everything and some of us expert in nothing but the ability to ask the right questions is a very useful task of any director or charity trustee. There is much help, advice and training available, some from Voluntary Action Orkney as we know. The ones who make the most noise may not be the best in actual delivery! We in the DT movement should learn best practice from each other.

These DT Boards are filled with volunteers, like our Community Association and Community Council and our local charities. Members may be "busy bodies" but if well led they focus on their objectives. Setting achievable goals is part skill, part drive and imagination but it is also about networking and building trust and confidence with a policy of active inclusion. We should appreciate those giving their time and best efforts.

Leo Martini-Brown Waterhall Whitehall KW17 2AS E: <u>lmartinibrown@yahoo.co.uk</u>

RECENT BIRD SIGHTINGS

At least 3 different Hen Harriers have been seen regularly in Autumn this year – one an adult male, and Peregrines have been seen on several occasions including a pair streaking past the Rothiesholm school in mid-October. Merlins have also been seen – usually perched on roadside fence-posts, but as yet no Short-eared Owls have been reported. Both Sparrowhawk and Kestrel have been seen at various sites.

The mainly SE winds towards the end of September brought an excellent mixture of migrants from the continent including Brambling and Chaffinches, but only one or two Redwings and a single Fieldfare. In contrast the flock of 80 Swallows feeding among cattle near the school on 25th were probably all local birds. The Yellow-browed Warbler seen at Dale that day had almost certainly just crossed the North Sea.

The small numbers of Greylags present recently has brought a rise in the number of waders – particularly Curlew and Golden Plover, and a flock of 80 or so Bar-tailed Godwit has been seen for the first time in many years. This last species formerly wintered here in the grazing land in similar numbers - usually between 100 and 120 individuals.

Favourable winds in the last few days of September saw an influx of small migrants, including at least 3 Yellow-browed Warblers, several Blackcaps and Chiffchaffs and at least five Redstarts. A juvenile Rosy Starling was seen in the Banks/Gesty Dishes area by Fran Miller and Clare Potts on a few occasions around this time, and at least 80 Whooper Swans had gathered on the Lea Shun lock for the first time in several years – another plus. (120 wintered on the Loch for generations pre-Greylag explosion). Several Stone-chats were seen by the roadsides in early-mid September, and along the shoreline there were good numbers of Red-breasted Mergansers – including over 80 in St Catherine's Bay. Single Goldeneye (Matpow – two on 22nd) and Long-tailed Ducks (Bu) were seen mid-month, and a Buzzard was recorded on a few occasions.

After a quiet spell, many hundreds of Redwings arrived during NE winds and rain on 17th October, and a Greenfinch was seen by David at Osen the same day. There were two surprises among the common migrant species on 18th – a Woodcock at Dale and a Rustic Bunting in the Castle drive (see photo). The Woodcock was – as usual – never seen again, and the bunting – in spite of a liberal sprinkling of seed in the drive - could not be re-found in spite of much searching.

There seemed to be even more Redwings on 19th – certainly a few thousand must have been present on the island – and there were Goldcrests in most gardens with bushes, Blackcaps in several, and a lone Lesser Whitethroat at Airy and a single Wood Pigeon at Dale. A few Song Thrushes were seen among the flocks of Redwings and Brian and Christine reported a Hawfinch feeding on the rose-hips at Cliffdale that day. Similar numbers of migrants were present next day and a real surprise for Joyce Maples and myself in the Rothiesholm Road on 21st was a Woodlark (see photos) – just the 3rd island record, and a mere 50yds from where the first was seen - in the field alongside the Rothiesholm School in late October 1993! Three Ring Ouzels have been seen recently – single 'dull' juvenile/female types at Springwell and Dale, and a male in the garden at Scoulters. And as for Blackbirds – many hundreds and possibly thousands have arrived on the island in the last few days.

(continued on next page)

During the big recent influxes of migrants several birds have been picked up apparently stunned (probably flown into windows etc) and unusually all recovered and were quickly returned to the wild.

Many thanks for all the calls. John.

PS A Long-eared Owl flew past me at close range by The Manse and then across the road towards Dale at 4.30 pm this afternoon (Sunday 22nd). A darkish individual with the usual orange eyes.

6pm and Norman Kent has just reported a Woodcock at Dale. It is amazing how often Woodcock and Long-eared Owls arrive together on the island in late Autumn and virtually always during big influxes of Blackbirds!

With a larger than usual 'Bird Sightings' this month we have held over the monthly 'Featured Area' piece until November.



'Goldcrests have been seen in gardens right across the island – this one was photographed along the track at Hescombe.'



'3 Chaffinches (top) and a Brambling (front-on), on the small roadside wall at Bomasty Bay between Grind and Osen – still present on 22nd October.' (continued on next page)



Rustic Bunting (left) feeding among the House Sparrows in the Castle drive on 18th October. A rare species in Orkney.'



The Woodlark seen by the roadside at Rothiesholm soon flew off into the adjacent stubble -field and was not seen again. Just the third Stronsay record.'



'The diagnostic long white 'stripe' above the eye can clearly be seen in this photograph of the lark, taken through the car windscreen.'

(concluded on next page)



A recent and very welcome idyllic scene at Matpow – no Greylag Geese, just a mixture of duck and Whooper Swans – many of both, winter visitors from Iceland.'

LOGANAIR'S 50TH ANNIVERSARY GOLDEN ISLANDER VISITS STRONSAY

A gold-painted Britten-Norman Islander plane made a special island-hopping flight to five of the North Isles on 27th September to mark the 50th anniversary of scheduled air services operated by Loganair.

The first landing on the whistle-stop tour was at Stronsay airfield. A number of locals and all the airport staff were there to meet the full complement of passengers, including managing director of Loganair Jonathan Hinkles, former Loganair chairman Scott Grier OBE and Orkney Island Council's civic leader Harvey Johnston. There followed a brief reporter's interview with Ian Cooper (Chair of Stronsay Community Council), many photographs, presentation of both an anniversary plaque and a commemorative painting by local artist Clare Fowler-Potts before the plane took off, heading for Sanday.

Many thanks to all those who attended, to the ladies who provided much appreciated bacon rolls and orange juice and last, but not least, to all our airport staff, past and present, who have been there through the good times and the bad, and who work tirelessly to make this vital life-line service possible.

For more see: http://www.bbc.co.uk/news/uk-scotland-41418289



SALTFISHFORTY LIVE IN STRONSAY FRIDAY 13TH OCTOBER 2017

Here are a couple of reviews, which, by kind permission, are printed here as they capture it all:

"Absolutely cracking performance from Douglas Montgomery and Brian Cromarty! Brillant to have you over on Stronsay, don't leave it 21 years until the next time! With Huge Thanks to everyone involved in making this happen at such short notice the Hall Committee and army of helpers, and the Development Trust for part funding the evening."

Iain Johnston.

"Well Well Well Friday night was fantastic! Told you it would be!! A huge Thank You to this pair for venturing out to Stronsay and entertaining us, think no one left disappointed. As always, it was an event made possible by the magic of a community working together; the Hall Committee who work away in the background making sure it all comes together and runs smoothly on the night; Stronsay Development Trust for contributing financially to help make it accessible by all; and special Thanks to Iain Johnston for seeing an opportunity and helping us bring it together so the whole of Stronsay could enjoy a fabulous night."

Tracey Boler.



(More photographs on next page)



STEPHEN CLACKSON'S LETTER FROM SCHOOL PLACE

The 27th September marked, to the day, 50 years of Loganair operating our interisland air service, and to mark the anniversary, dignitaries landed at each of the North Isles airfields in turn in Britten-Norman's "Golden Islander", with company managing director, Jonathan Hinkles presenting a commemorative glass plate at each one. In Sanday, the landing coincided with the official opening of the new terminal building (which has been in operation since the 3rd June). Jimmy Lennie cut the ribbon and received recognition for his own 50 years of service in the form of an OIC plaque and a poem written and read out by Convener Harvey Johnston. The event was musically accompanied by Sanday School's "Belkie Allsorts" performing pieces specially composed and arranged for the occasion by David Bowen.



"Orkney's grand old man of inter-island aviation", Jimmy Lennie cuts the ribbon to open the new Sanday air terminal building

Still on the subject of transport, on being appointed to the board of Orkney Ferries Ltd, I asked if directors could be given tours of the various vessels in the fleet, because I think it is important for us to be fully acquainted with what we are directing. My first tour was of the MV Earl Sigurd (on one of my regular journeys from Sanday to Kirk-wall), where I got to see the bridge, crew's quarters, galley, engine room, bow thruster compartment and steering flat, none of which I'd seen before in 17 years of sailing on the ship. I am grateful to all those involved in organising my tour, taking me around and answering my questions. I look forward to a tour of another vessel before too long.

At School Place, at the meeting of the Policy & Resources Committee, a certain, recently-elected, Kirkwall East councillor referred to the values in our draft "Orkney Community Plan" of *promoting survival* and *promoting sustainability* as "slush". My reaction to this blinkered, Kirkwall-centric view can be read on page 13 of the 28th September issue of *The Orcadian*. Needless to say, representing, as I do, a ward where several of our communities are on the borderline of survival, and many are struggling with sustainability, I was angered by this attitude and have suggested again that seminars be arranged to bring all councillors out to the Isles, in order to give them an insight into the realities of our existence here.

(Continued on next page)

I also questioned the wisdom of approving an application to our *Innovation Fund* for £271,800 towards the development of an "e-School Learning Environment" at a time when Government Scotland is proposing educational reforms which could spell the end of local authority involvement in the running of schools, and therefore mean that the payback from the predicted savings to OIC from implementing an e-school system (and correspondingly reducing itinerant teacher visits) will never be realised.

Still in the world of education, as a member of the College Management Council, I took part in the graduation ceremony at St Magnus' Cathedral—a grand occasion, where my old doctoral gown, hood and hat can enjoy their annual airing.

And in the Isles, I went along to a meeting of the Sanday School Parent Council.

Back at the Orkney Islands Council chamber in Kirkwall, other meetings I've participated in include: a Monitoring & Audit Committee meeting, a members' session with Maria Todd MSP, a seminar on joint strategic planning for the Integration Joint Board, a seminar on the operation of the North Isles airfields, and the General Meeting that rounded off this meeting cycle.

At the Shetland Islands Council chamber in Lerwick, I attended a meeting of the Orkney & Shetland Valuation Joint Board.

We now have community councils again throughout the North Isles, although it took an extended deadline to get enough folk to put their names forward for some of them. I must say I am disappointed that none of the unsuccessful candidates for the North Isles ward in the OIC election felt able to stand for their respective island community councils.

The Convener invited me to lay a wreath on behalf of OIC over the wreck of HMS Royal Oak on the 78th anniversary of her sinking in Scapa Flow. I was honoured to accept, as my Uncle Ronald was one of the 834 fatalities on that fateful night.

I shall be flying to Stronsay on the 26th October for the AGM of their development trust, and going to Sanday's and Shapinsay's community council meetings on the 7th and 15th November respectively.

Cllr Dr Stephen Clackson West Manse, Sanday <u>stephen.clackson@council.orkney.gov.uk</u>



"Letter from School Place" is available for downloading at Ifsp.pbworks.com

SALES, WANTS, GREETINGS, THANKS

AVON SALES

Contact Yvonne Weaver on 616375 for an Avon catalogue

General building work undertaken, decorating and gardening from grass cutting to full landscaping. Call Steve on 616222.

ODD JOBS

Odd jobs, gardening, window cleaning No job too small Call Tony Piper on 616357

WORK WANTED

Anything considered! Please contact James Hannant (age 21) on 616454

ADVERTISING USING THE LIMPET

If you are organising an event on Stronsay then why not advertise it in the Limpet? Your advert will appear in the monthly newsletter and in

- the Limpet email list,
- the Limpet website,
- the Limpet Facebook page,
- and the Stronsay Facebook page.

The Limpet's editor can help if you're not sure what to include in your advert or how to phrase it. And all this is **<u>FREE</u>** but please don't leave it until the last minute!

Contact details for the editor of the Limpet are found on the back page of every Limpet. Please do not use Facebook or other social media.

Local sales, wants, etc are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page





Phone 616401

Open 6 days a week from 11am to 3pm (closed Thursdays)

Sunday 5th November

- Soup of the day and homemade loaf
- Roast beef, Yorkshire pudding, vegetables and potatoes
- Macaroni cheese, garlic bread and chips
- Lemon meringue pie (cream / ice-cream)
- Rice pudding and fruit (cream / ice-cream)

Sunday 12th November

- Soup of the day and homemade loaf
- Battered haddock, chips and peas
- Cottage pie and vegetables
- Jam roly-poly and custard (cream / ice-cream)
- Cheesecake (cream / ice-cream)

Sunday 18th November

- Soup of the day and homemade loaf
- Chicken bites, sweet and sour sauce and egg fried rice
- Lasagne, garlic bread and chips
- Apple pie and custard (cream / ice-cream)
- Gateau (cream / ice-cream)

Sunday 25th November

- Soup of the day and homemade loaf
- Gammon with pineapple cauliflower and broccoli sauce
- Chicken curry, naan bread and rice
- Trifle (cream / ice-cream)
- Banoffee pie (cream / ice-cream)

Local business adverts are free!

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THE OLD MANSE BED AND BREAKFAST LOGIE EASTER, KILDARY IV18 0NZ



Dating back to the 1780s set in a large woodland garden just off the A9 and six miles from Invergordon, the Old Manse enjoys far reaching views.

Ensuite Double and twin rooms Telephone : 01862 842357 Email : <u>oldmanse.kildary@btinternet.com</u> Website : <u>www.oldmansebandbkildary.co.uk</u>

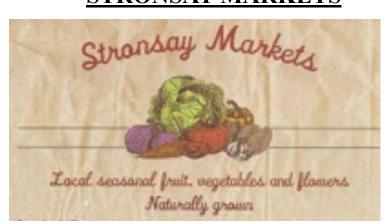
HAIRDRESSER ON STRONSAY

Ladies, Gents & Kids Haircuts available. Tel Siobhan 616337. For additional services ie. colouring / perming please let me know in advance for a consultation & allow time for product delivery

<u>Local</u> business adverts are free! The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page



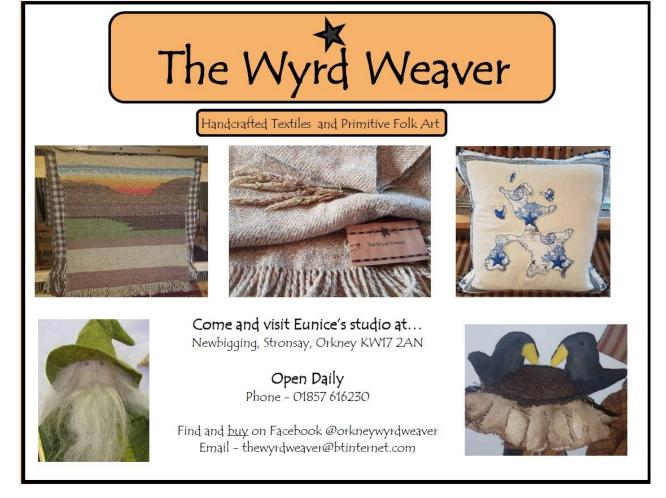
STRONSAY MARKETS



Established in 2015 and slowly growing as more ground is prepared for a range of traditional vegetables. The two polytunnels and outdoor space is available for growing a significant range of vegetables, soft fruit and flowers. The gardens are run along organic lines with no artificial fertilisers or pesticides.

Check out the Facebook page for weekly information on produce or sign up for the same information by email at <u>stronsaymarkets@gmail.com</u>"

<u>Local</u> business adverts are free! The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page



JOHN DUNNE - GARDEN SERVICES

* General Garden Maintenance* Window Cleaning and Guttering Services

* Reasonable rates* Quick and professional

NO JOB TOO SMALL

Tel: 616247

Local business adverts are free!

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STRONSAY HOTEL—TAKEAWAY MENU

Phone 01857 616213

Six days a week (Tuesday- Sunday) 5pm to 9pm

NOTE—closed Monday

Homemade lasagne + chips	£5.95
Homemade sausagemeat pie + chips	£5.95
Homemade chicken curry + rice or chips	£5.95
Homemade chicken masala curry + rice or chips	£6.50
Homemade chicken & veg pie + chips	£6.50
Breaded haddock + chips	£5.50
Breaded wholetail scampi + chips	£6.50
2 sausages + chips	£3.00
2 fish fingers + chips	£2.80
"Stronsay Beast Burger" + fries	£4.50
"Stronsay Cheese Beast Burger" + fries	£5.00
Portion of chips	£1.30
Half portion of chips	£0.80
Portion of cheesey chips	£2.10
Half portion of cheesey chips	£1.10
Portion of onion rings	£1.20



CHANGE TO OPENING HOURS

The Craftship Enterprise shop will be open Saturday to Wednesday 12.00 to 16.00 and crafting workshops will take place, through to mid December. The cafe will be closed from 10th September but we will still provide lunches and refreshments for special occasions and crafting workshops.

Local business adverts are free!

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STRONSAY ARTWORKS

Original paintings of Stronsay Landscape; Limited edition prints, greetings cards and postcards which are available for sale at local shops, Post Office, Hotel, B&B's and the Fishmart. Commissions taken.

Phone 01856 874723 <u>http://www.jennystoneart.com</u> Email jenny@jennystoneart.com



<u>Local</u> business adverts are free! The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260 HOME: 01857 616454



Freshly hand-crafted soaps from Simone's soap kitchen on the beautiful island of Stronsay.



"Treat yourself to a bar of pure island magic"

Simone Kirk, Isles View, Stronsay, Orkney, KW17 2AG, Tel: 01857 616281
Website & online shop: www.orkneystarislandsoap.co.uk
Email: Info@orkneystarislandsoap.co.uk • Facebook / Twitter / Pinterest
Soaps available all year round in Stronsay at: Ebenezer Stores, Post Office, Olive Bank, Craftship Enterprise. A visit to the soap kitchen during your visit to Stronsay may be possible but please phone before you set out.

Local business adverts are free!

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STRONSAY COMMUNITY ASSOCIATION

BONFIRE NIGHT

SATURDAY 4th NOVEMBER AT THE HALL STARTS 7pm "GUY COMPETITION"

SUPPER – CLAPSHOT, MINCE & HAGGIS FOLLOWED BY A QUIZ

BAR OPEN - RAFFLE

100 CLUB DRAW

ADULTS -£6 CHILDREN-£3 ALL WELCOME

Stronsay Community Association is pleased to announce the forthcoming



Saturday 25th November At the Stronsay Community Hall From 1pm to 4pm

Locally made hand-crafted gifts galore, raffle, delicious home bakes, refreshments and so much more. Looking forward to seeing you!



Sponsored and supported by Stronsay Community Association



STRONSAY STITCHERS Thursday 30th November in the Church Hall from 7.00pm to 9.30pm £2/person, refreshments available



STRONSAY SPINNERS

Saturday 4th November in the Church Hall from 11am to 3pm Lunch: please bring your own £2.00/person, refreshments available

KIRK NEWS

Services at 11am unless otherwise stated.

Sunday Club began again on 3 September, all children are very welcome to join us.

- Oct 29th Mike or Viv (Harvest Thanksgiving)
- Nov 5th Songs of Praise (Bruce Fletcher)
- Nov 12th David Bowen
- Nov 19th Mike or Viv
- Nov 26th David Bowen

<u>STRONSAY HEALTHY LIVING CENTRE</u> <u>supervised sessions</u>

Changes to supervised session times. From Monday 11th April 2016

All Supervised Sessions will run from 4.30 pm to 6.30.pm

MONDAY	4:30—6:30
TUESDAY	Buddy system
WEDNESDAY	4:30-6:30
THURSDAY	4:30-6:30
FRIDAY	4:30-6:30
SATURDAY & SUNDAY	Buddy system by request

The gym can be accessed throughout the day if you have a 'buddy' to go with.

A code is required, please speak to one of the team if you have any questions Inductions by appointment only Andy - 616277 or Julie - 616335 Gym during supervised sessions - 616449

FIBROMYALGIA

Do you suffer from fibromyalgia? There is a local Facebook group just for you. <u>https://www.facebook.com/groups/463333273823206</u>.

STRONSAY SWRI - WEDNESDAY 1 NOVEMBER

Open meeting. Talk by Richard Shearer. Competition—farm photo. Hostess—committee

KIRKWALL MOBILE LIBRARY VISITS TO STRONSAY

The mobile library van will visit Stronsay on Monday October 30th Council Houses 8:45 - 9:45 School 10 - 12 Kirk 12.30 - 3 Fish mart 3.15 - 4:45

Note the new website for Kirkwall library

Library website http://www.orkneylibrary.org.uk/index.htm

Library van timetable http://www.orkneylibrary.org.uk/mobile.htm

> Orkney Digital Library https://orkney.overdrive.com

STRONSAY COMMUNITY ASSOCIATION

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up? Why not hire the disco equipment with rotating glitter globe and pulsating coloured lights for only $\pounds 5$ plus room and hydro charge? A DJ from the Hall list <u>must</u> be used.

Also available for hire: badminton, table tennis and pool all at £3 per hour plus hydro. All equipment provided.

Adult supervision (over 18) <u>must</u> be present during hire. For details and booking contact Colin on *616446*.

STRONSAY SWIMMING POOL TIMETABLE

Monday Public session 6.30-7.10 Adult lane 7.10-7.50

Thursday

7-7.40 Private Hire (pre-booked) 7.40-8.20 Private Hire (available for booking)

Saturday

Private hire 2-2.40 Public session 2.40-3.20

Swim club

Wednesday Beginners and developers 3.30-4.10 Thursday A and B squad 3.30-4.30

To enquire about Private Hires, phone Elsie on 616238. To enquire about Swim Club, phone Sarah on 616406 or Andy 616277

STRONSAY SWIMMING POOL

Stronsay Swimming Pool needs Lifeguards and Overseers. If you are willing to train as a lifeguard please contact Sarah on 616406. How about supporting the pool by becoming a volunteer overseer? If this is something you would consider please give Mairi a phone on 616331.

POOL CHARGES

Public Sessions Adults (16 and over) £2.40 Children £1.20

Private Hires

40 minute session - £15 60 minute session - £20

Swim Club

Children will be offered 10 week blocks which can be paid up front (non-refundable) 40 minute sessions - £16 block booking; £2 per session 60 minute sessions - £20 block booking; £2.50 per session

Men only and Women only Sessions (16 and over)

Block booking of 10 sessions over a 12 week period (non-refundable) £24 block booking £3 per session

USEFUL INFORMATION POST OFFICE OPENING TIMES, etc

Monday to Saturday	8:30am—5:00pm
Sunday	.Closed
Post collection times	07:30, Monday to Saturday
Bank day	Tuesday
Replacement bin bags	Contact Island Link Officer in the Fishmart
Sunday service at the Kirk	11 am (see http://tinyurl.com/pj7xtg5)
Our Lady's chapel, pier head	Mass 11.20am (weekdays), 10.30am (Sundays & Holy Days)
Next Special Collection	8 December 2017 and 26 February 2018
Rubbish collection	Tuesday (bags out ready by 9am)

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Doctor 616321
Nurses 616480
Medical emergency 01856 888000
Stronsay registrar 616239
Hall bookings 616446
Post Office 616278
Companions 616261
Stronsay Hotel 616213
Olivebank 616255
Ebenezer stores 616339
Neil's on Wheels 616454
Taxi 616335
Airy Fairy 616231
Castle Bird Reserve 616363
Craftship Enterprise 616249
Star Island Soap 616281

Balfour hospital 01856 888000
Electricity
problems 0800 300 999
emergency 105
Water problems 0845 601 8855
Highland Fuels 0800 224 224
Kirkwall Library 01856 873166
Kirkwall Police 101
Vets:
Flett & Carmichael . 01856 872859
Northvet 01856 873403
Dentists:
Orkney Dental 01856 872030
King Street 01856 875348
Earls Palace 01856 872958
Golgotha monastery 616210
(Email contact@the-sons.org)

JIM HOLLAND HAULAGE—DELIVERIES

Catalogue deliveries made on Wednesday and Friday only. Large items will be delivered on Saturday.

HOW TO CONTACT THE LIMPET

Send an email to <u>editor@stronsaylimpet.co.uk</u> (<u>preferred method</u>); phone Bruce Fletcher on 616297 (<u>after</u> 10am & <u>before</u> 8pm, please!); or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page

