

STRONSAY DEVELOPMENT TRUST OFFICE

Please note that from Monday 29 January the Trust office at Unit 1, Wood's Yard will be open from Monday to Friday between 10am to 11am. The telephone number is 616410. The Community Development Officer Anna and the Company Secretary Suzanne are also available outside these hours by appointment

“VISIT STRONSAY” WEBSITE

Have you seen the new Stronsay website visitstronsay.com? It contains a diary of events on Stronsay <http://visitstronsay.com/events>. If you want your event to appear in the diary please contact the editor of the Limpet; contact details are given below and on the back page of every edition of the Limpet.

A letter has been received from Val Lucas, 4 Whitehall dated 22 January 2018:

Yes, it is the same old thing – Dog Mess. This time in 2 locations:

1. Lower Station, which is privately owned land. The owners have no objection to folk walking their dogs but will they clear up after their dogs.
2. The area between Dunera and Merlin. This building is in use.

Poo bags are issued free in the island's shops and can be collected from the Island Link Office. Unless this warning is taken seriously notices in both areas will be put up together with cameras so that picture of offenders can be posted for all to see. Both areas are owned by the monks. I have permission to do this.

HOW TO CONTACT THE *LIMPET*

Send an email to editor@stronsaylimpet.co.uk (preferred method); phone Bruce Fletcher on 616297 (after 10am & before 8pm, please!); or write to *The Limpet*, Claremont, Stronsay, KW17 2AR.

The next edition of the *Limpet* will be published on **Thu 29 March**. Items for inclusion in that edition should be submitted by 7pm on **Sun 25 March** Contact details are on the back page. The Limpet's website address is <http://www.stronsaylimpet.co.uk>

Community Consultation

An open event to enable the community to feedback on development projects including

Recycling, Housing, Heritage, Sports, workshop and storage hire and more.

Come along to the Community Hall at any time during the following open sessions

Friday 16th March 7pm – 9pm
Saturday 17th March 10am – 4pm

Displays will outline the proposed projects and the Development Officer will be available to answer questions

There will also be opportunities to share ideas, discuss potential applications to the community fund, give suggestions on future projects and some fun activities to be announced over the next few weeks leading up to the event

Refreshments will be available

Any questions please contact Community Development Officer
Anna Bliss-Davis cdostronsay@gmail.com or at the office on 01857 616410



A Company Limited by Guarantee, Registered in Scotland
Company Number SC271553 A Scottish Charity, Charity Number SC038888
Registered Office: Unit 1, Woods Yard, Whitehall Village, Stronsay, Orkney KW17 2AR



EUROPE & SCOTLAND
European Social Fund
Investing in a Smart, Sustainable and Inclusive Future

Advice, assistance and support is available from THAW Orkney in Woods Yard

5th March 2018
10.00am – 12.00noon
and from
1.30pm – 5.00pm

THAW Orkney are here to help assist those households in Stronsay who may be in **fuel poverty**, or on a **low income**, or in **debt**, or with **child care** or **caring responsibilities**, or who are coping with **long-term health issues**. THAW is a local charity whose services are **independent, confidential and free**:

Could you pay less for your electricity?
Could you be warmer in your home?
THAW has helped some Orkney residents reduce their bills by several hundred pounds – perhaps we could help you?

Come along to the **Woods Yard** and one of our team will be able to answer any questions you may have and see what assistance is available. **You don't need an appointment**, but if you'd like a specific time to meet with an adviser, then please telephone us and we'll make the arrangement.

In the meantime, if you'd like any assistance, either in Kirkwall office or in your own home, then please contact THAW Orkney on: **01856 878388**, or email - info@thaworkney.co.uk

THAW Orkney is a SCIO charity number SC045272



FEBRUARY BIRD REPORT

YES - the Blue Tit seen at Helmsley and Castle throughout the Winter is definitely the same bird and even commutes between the gardens daily – about a mile and a half of direct flight between the two - occasionally staying for 3 or 4 days at either locality. A change of diet may be the reason as there are often different ‘tasty morsels’ (see photo!) at either end - and the island take-away is closer to Mike and Sheila’s!

The mild and un-seasonally calm weather in Orkney in late January brought a big ‘fall’ of thrushes to the island – hundreds of Fieldfares, many Redwings and several Blackbirds – the latter recognisable as migrants by their wary nature. One or two Jack Snipe were seen, and Sue saw a party of eight Skylarks flying over on 25th. Robins have been present in many island gardens throughout the winter period and the Chaffinch flock was still at Dale in mid-February, as were two at Castle. A small party of 10-15 Bar-tailed Godwit has been seen regularly by Anthony and Clare on the beach in Holland Bay and another party of 40 or so has been present between the Bu and Mt Pleasant area on and off all Winter. Their silvery plumage stands out clearly among the Curlew with which the Bar-tails often feed.

There has been a welcome mixture of mainly fresh-water duck sightings in mid-Winter including Pintail, Tufted Duck, and Gadwall but there have been very few sea duck again this year – the biggest number of Long-tailed Duck was today (19th Feb) when 3 adult males were close in-shore off The Reserve. No divers have been seen recently.

Apart from the recent big arrivals of Oystercatchers, further signs of Spring have been a pair of Shelduck seen by Norman Kent at the Matpow loch on 4th February - the very date suggested to me by the late Eddie Cooper of ward Hill as being the most likely for the first arrivals of the species from the wintering grounds further south. Eddie was the island ‘postie’ for many years – a great job for a keen bird-watcher.

The wintering Snow Goose was re-found with Greylags near the Bu on 9th February (see photo) around which time there was a noticeable arrival of Oystercatchers. Seven Whooper Swans and one Mute Swan were on the Matpow Loch on 13th Feb, and a few days later a quick look would have indicated the same birds but was in fact a family group of Mute Swans (probably last year’s breeding birds) of 2 adults and six ‘young’!

There have been a few flocks of 60 –200 Golden Plover throughout the early part of the year, and at least a few hundred Curlew – all feeding on worms etc in fields of short grass. Our generally relatively mild winters are ideal for these two species – very few frosts and the accompanying frozen ground here on Stronsay. In freezing conditions most of these species depart the island.

One particularly welcome aspect of the Winter has been the regular sightings of Merlin (although I doubt the wintering small birds think the same!). Hen Harriers have been seen virtually daily and at least three birds of the species have been seen, including at least one adult male – pale grey wings with black wing-tips (see photo). At least one juvenile male has been seen too – very similar to the brown females but to the experienced eye smaller with a shorter, broader-looking tail.

Just in: Anthony Potts reports seeing a Slavonian Grebe in Holland Bay today.

Thanks for all the calls. John Holloway

(Photographs on next page)



‘The Snow Goose – still present until at least 9th February’



‘An adult male Hen Harrier at Dale. (Norman Kent)’.



‘Water Rail in the Castle garden – one has been seen on and off in the garden at Gesty Dishes this Winter’

(Concluded on next page)



‘The Blue Tit at Helmsley – positively ‘feasting it!’

STEPHEN CLACKSON'S LETTER FROM SCHOOL PLACE

Champagne corks (or rather, for budgetary reasons, corks of bottles of less expensive alternative sparkling wines) were popping at School Place on the last day of January to celebrate the announcement by Derek Mackay (Scottish Cabinet Secretary for Finance & the Constitution) that £5.5 million will be included in the Scottish Government's budget for 2018-19 to provide additional funding for Orkney's inter-island ferry service. It is a great relief that our message has at last got through to those who hold the purse strings. Furthermore, Orkney is set to receive an additional £1.1 million as its share of an increased allocation to local government. However, this budget is only for a single financial year. We still need a long-term solution for our ferry revenue funding and, of course, capital funding for a ferry-replacement programme. Therefore, we have to hope this financial settlement is not something that will happen only once in a blue blood super moon!

Image removed



for copyright
reasons

Blue blood super moon – next one due 31st January 2037

A good thing Humza Yousaf (Minister for Transport & the Islands) has done is to provide a fund to help with the costs of minibus training for the community transport sector. Although people with a car licence issued before 1997 automatically have the D1 entitlement, this no longer covers driving “for hire or reward” unless you’ve passed the appropriate PCV-D1 test (see <https://www.gov.uk/driving-a-minibus>). For details of the Community Transport Association scheme, go to their website at: <http://www.ctauk.org/in-your-area/d1-trainer-training-project.aspx> .

Unfortunately, I couldn't get to the Education, Leisure & Housing Committee meeting because the morning plane to Sanday was delayed and then eventually cancelled on account of gremlins in the fuel bowser at Kirkwall Airport. I was very sorry to miss discussion of the items on Rousay School's inspection report and the report on the Inspection of Community Learning and Development in Orkney, in which Sanday was one of the focus areas.

Weather caused transport disruption for the Air & Ferry Services Consultative Forum meetings. I was there, but the community council transport reps from Eday, Sanday, Shapinsay, Westray, and Rousay/Egilsay/Wyre/Gairsay didn't make it.

(Continued on next page)

At the Special Policy & Resources Committee Meeting for provisionally setting our budget, we agreed to allocate £82 million this year to running council services. Council Tax will have to go up by 3%. Notwithstanding the discussions we had at our various budget-setting seminars, I was still uncomfortable with some of the cuts proposed, so I moved three amendments:

- 1) not to reduce our grant to community councils by £21,500, particularly when we claim to be “empowering communities”;
- 2) to retain modern language assistants (I argued they are as essential to effective foreign language teaching as labs are to science and cooking facilities are to home economics—especially when some schools are no longer doing trips abroad);
- 3) not to make a cut of £65,500 affecting additional support for learning. My first amendment was successful, so community councils can breathe a sigh of relief, but, regrettably, a majority of councillors did not support my other two amendments. (A recorded vote was taken, so who voted which way is available for all to see.) My failure to get my third amendment through worries me greatly, as I feel this cut could have a detrimental impact on the quality of education deliverable in our Isles schools, especially with regard to equity. I shall be pressing at OIC to get this changed, if necessary with another attempt at an amendment at the ratifying Special General meeting.

Other meetings I have attended in Kirkwall this month include: a briefing meeting of the Orkney College Management Council, a meeting on housing strategy, a Special Policy & Resources Committee meeting on the Council’s schemes of administration and delegation, a seminar on our council plan, a councillors’ political session, and a tender opening.

In Sanday, I very much enjoyed the Burns’ supper organised by the school and led by the pupils. The surname Burns was originally spelt “Burness”, which makes it likely that Robert Burns’ ancestors came from Sanday (or possibly Westray).

I shall be attending community council meetings in Westray on the 5th March, in Shapinsay on the 14th March and in Sanday on the 20th March.



Cllr Dr Stephen Clackson
West Manse, Sanday

stephen.clackson@council.orkney.gov.uk

“Letter from School Place” is available for downloading at lfsp.pbworks.com

YOU KNOW YOU WANT TO

By Ellie from Newfield

It's Aladdin's cave oozing treasures
A comforter of the best,
Holding a wealth of temptations
Begs a yearning to inwardly digest.
Its contents of course are pure delight
Like a magnet drawing me in.
And my will is discovered wanting
For beyond that door lies sin.
Just playing on my weakness
Knowing my defences are poor.
Hiding behind the concealed lighting
Is the devil, of this I'm quite sure.
Oh yes! I'm a slave in my drooling,
Open that door and let me loose.
Given "free range" amongst such treasure
How could a person choose.
Self-denial has long broken down
Leaving no gap to bridge.
Just how many calories will I burn
In my daily battles with the fridge!?

©Helene Harrison

SHARING

It's just a bar of chocolate!
What's the harm in that?
Go on, be a devil,
Share it with the cat.
It's got that feel-good factor,
Ticks those boxes, yes indeed.
Put the guilt on hold,
Have a well-deserved feed.
You will feel much better,
I can tell you that!
You'll feel better still,
Just bypass the cat!

©Helene Harrison

SALES, WANTS, GREETINGS, THANKS

WANTED

3 or 4 bed property for long term rent on Stronsay.

We are a family of 5 (parents and 3 boys) with one well behaved dog. We are looking to relocate to Stronsay anytime from August 2018. We have experience in various sectors, but the majority of our experience is in event management and marketing and we have a lot of ideas that, we feel, could help to bring in more tourists, therefore helping to boost the local economy. We are currently living in the Scottish Borders, having moved from England in 2016. We are looking to make this move a permanent one and would be happy to take on a long lease. Please feel free to get in touch with any questions via email to kellyhooper14@yahoo.com or call 01890 249032

Bond and references available. Many thanks

Kelly and Craig Hooper

THANK YOU

My sincerest apologies for taking so long (my fault) but myself & Catherine are delighted to announce that the Santa float night raised a grand total of £285.50, with £150 from the raffle & £135.50 from the parade! What an amazing total & thanks again to everyone who made such a fantastic night possible, too many to mention so I won't just in case I forget to add someone! We've had a great 2 years doing the float & will be happy to do it again, but we would like to hand over the pleasure this year to allow another organisation to benefit. Many thanks again, the money raised will be divided between Parent & Toddlers & Games club to go towards equipment etc.

Angela Johnston

LOOKING FOR A ONE BED SELF-CONTAINED PROPERTY TO RENT ON STRONSAY

I am Scottish and a retired teacher currently living in Poland. I plan this projected move to Stronsay to be permanent and would be interested in a long-term lease.

From any time during the second half of this year.

Feel free to contact me by email with any questions: adouglas@post.com

Many thanks

Andrew Douglas

THANK YOU

Thank you to everyone who responded to my request last month for a cleaner. And thank you to Mark and Harald for working through the horrendous weather and making such a good job of repairing the big breach in the sea wall.

Bruce

Local sales, wants, etc are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES

handmade with love

Airy Fairy



- ★ Handmade Quilts, cushions & clothes ★
- ★ Beautiful, bespoke & personalised gifts ★
- ★ Handmade especially for you ★
- ★ Makower fabrics in stock £10 per metre ★
- ★ Studio visits welcome by appointment ★

Hazel Shearer, Airy, Stronsay, Orkney, KW172AG • Phone 01857 616231
hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk

The Wyrð Weaver

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 Email - thewyrðweaver@btinternet.com



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LOCAL BUSINESSES



Tel: 01857 616 469 Mob: 07741 778 750

We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.

Reasonable prices.

Contact Craig or Christine for more information.

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STRONSAY FISH MART

Phone 616401

Open 6 days a week from 11am to 3pm (closed Thursdays)

Sunday 4th March

- Soup of the day and homemade loaf
- Sliced braised steak, vegetables and potatoes
- Macaroni cheese, garlic bread, and chips
- Gateau (ice-cream / cream)
- Rice pudding and fruit (ice-cream / cream)

Sunday 11th March

- Soup of the day and homemade loaf
- Chicken and leek pie, vegetables and potatoes
- Vegetable ragu and tagliatelle
- Fruit crumble and custard (ice-cream / cream)
- Trifle (ice-cream / cream)

Wednesday 14th March

- Take-away night!
- Chinese special (*Watch Stronsay and Fish Mart Facebook pages for menus*)
- Doughnuts, doughnuts, doughnuts!!

Sunday 18th March

- Soup of the day and homemade loaf
- Roast gammon, pineapple, roast potatoes and vegetables
- Chicken goujons, BBQ/Sweet chili dip and chips
- Apple pie and custard (ice-cream / cream)
- Cheesecake (ice-cream / cream)

Sunday 25th March

- Soup of the day and homemade loaf
- Chicken curry, rice and Naan bread
- Battered haddock, chips and peas
- Roulade (ice-cream / cream)
- Pear sponge and chocolate custard (ice-cream / cream)

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LOCAL BUSINESSES



*New business, a mini market garden, set up in late 2015 at
Sunnybank, Stronsay*

*Currently supplying mixed salad leaves, some winter vegetables and
bedding plants. There will be more as the season progresses.*

I will supply a list each week with availability

*Please look at my Face book page "Stronsay Markets" or
send me an email "stronsaymarkets@gmail.com and I will put you
on my mailing list*

**PATRICK
McGRATH
LTD**


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& HEATING

**Gas Safe Registered Engineer
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Services include:

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- Landlords gas safety checks
- Bathroom fitting
- Bathroom supply
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Call Patrick on **07933 488283**
Email: patrickmcgrathltd@gmail.com



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LOCAL BUSINESSES

GUITAR LESSONS

**Classical, Acoustic,
Blues, Rock, Folk**

Anthony Potts

Tel: 07570531618

antpottsguitar@btinternet.com



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LOCAL BUSINESSES

JOHN DUNNE GARDEN SERVICES

- * General Garden Maintenance
- * Window Cleaning and Guttering Services

- * Reasonable rates
- * Quick and professional

NO JOB TOO SMALL

Tel: 616247

The Old Manse Bed and Breakfast Logie Easter, Kildary IV18 0NZ



Dating back to the 1780s set in a large woodland garden just off the A9 and six miles from Invergordon, the Old
Ensuite Double and twin rooms

Telephone : 01862 842357

Website : www.oldmansebandbkildary.co.uk

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LOCAL BUSINESSES

STRONSAY HOTEL

Phone 01857 616213

Six days a week (Tuesday - Sunday) 5pm to 9pm

NOTE—closed Monday AND Tuesday during refit timetable

TAKE AWAY MENU

Homemade lasagne + chips	£5.95
Homemade chicken curry + rice or chips . .	£5.95
Homemade chicken & bacon pie + chips . .	£6.50
Breaded haddock + chips.	£5.50
Battered haddock +chips	£6.50
Breaded wholetail scampi + chips	£6.50
2 sausages + chips	£3.00
2 fish fingers + chips	£2.80
“Stronsay beast burger” + fries	£4.50
“Stronsay cheese beast burger + fries	£5.00
Portion of chips	£1.30
Half portion of chips	£0.80
Portion of cheesy chips	£2.10
Half portion of cheesy chips	£1.10
Portion of onion rings	£1.20

Half cheesy chips = minus 20p

Cheesy chips = add 80p

Half chips = minus 60p

Half rice = minus 60p

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LOCAL BUSINESSES

“NEIL’S ON WHEELS”



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260

HOME: 01857 616454

STRONSAY ARTWORKS

Original paintings of Stronsay Landscape; Limited edition prints, greetings cards and postcards which are available for sale at local shops, Post Office, Hotel, B&B's and the Fishmart. Commissions taken.

Phone 01856 874723

<http://www.jennystoneart.com>

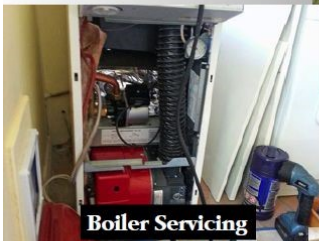
Email jenny@jennystoneart.com

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Boiler Installation

A serviced boiler
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Tel 01857 616339
ebenezer@stronsay.org



Anthony Potts
Foot Health Professional

Qualified Foot Health Professional
MCFHP MAFHP

About Me

I qualified as a foot health professional (FHP) in 2017 studying at the SMAE Institute in Maidenhead. I am a Member of The British Association of Foot Health Professionals.

Treatments offered

Nail cutting and filing
Callus (hard skin) removed
Corns treated
Nail conditions treated
Verrucas treated
General assessment and advice on foot health
Home visits
Please telephone for an appointment

Tel: 07570531618

antpottsguitar@btinternet.com
Gesty Dishes, Stronsay, Orkney, KW17 2AJ



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LOCAL BUSINESSES

Orkney Star Island Soap & Textiles

Traditional hand crafted soaps, balms, bath fizzies
and hand spun yarns, woven throws, wall-hangings



Craft Trail: Isles View, Stronsay, Orkney

Tel: +44 01857 616 281

Email: info@orkneystarislandsoap.co.uk

Web: <https://www.orkneystarislandsoap.co.uk>

Face Book: <https://www.facebook.com/orkney.star.island.soap/>



BELLIE M DESIGNS

Tieve Studios, Berryhill Road, St Ola, Orkney KW15 1SF.

Online shop www.belliemdesigns.com

Orders also taken via Facebook, Twitter, Instagram or phone 07736838489 with email invoices that can be easily paid by card or PayPal.

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LOCAL BUSINESSES

Computer, tablet or phone misbehaving or running slowly?

Want to learn how to use social media, word processing, spreadsheets, change the privacy settings on your computer, tablet, phone or social media accounts or anything else computer related?

Need help protecting your family from the dangers online or setting up home or business accounting sheets on paper or computer?



Thinking of buying a computer, tablet, phone or printer but don't know which one?

Have a printer or other device that needs connecting to your computer?

Want to extend your home network coverage?



I can do one off lessons or a series of lessons for individuals or groups starting with the basics right up to more complex lessons such as photo editing or spreadsheets, including lessons for people who have never used a computer or tablet.



£6 an hour.



Give me a call on 317 or email duncandavis79@gmail.com

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Orkney Buffalo



Kirbuster, Stronsay

www.orkneybuffalo.co.uk | [www.Facebook.com/OrkneyBuffalo](https://www.facebook.com/OrkneyBuffalo)

Email: naomi@orkneybuffalo.co.uk | Tel: 01857 616 251

Date for diaries – we’re planning our first Stronsay Open Farm Sunday on the 10th June.
More details to follow 😊 This is part of the national LEAF initiative, and further details can be found at: www.farmsunday.org

Our winter special offers:

‘Fill the freezer’ ...tell us the cuts of buffalo that you’d like, and we’ll make a selection up to suit. Spend £30 and get a selection with a minimum value of £40, spend £50 with the jumbo fill your freezer pack and get a pack with a minimum value of £75. Great chance to try a few different cuts from: sirloin, ribeye or rump steak, shoulder stew, braising steak, pot roast, shin, silverside, topside, rib roast, minute steaks and steak mince, sausages and burgers and ready-to-bake buffalo pies and sausage rolls.

Buffalo meat is naturally tender and succulent meat, that is lower in fat and higher in nutrients than other red meats. The meat is like old-fashioned beef, a little sweeter and richer in flavour, and can be substituted for beef in any recipe. Buffalo shin or rump steak is great for a curry, and we love this buffalo Indonesian rendang: www.lovefood.com/recipes/60643/bill-grangers-buffalo-rendang

For more info just give us a bell, ~~msg~~ on Facebook or pop past, or we can drop off to you 😊

Russell & Naomi Bremner (Dorothy, Wilbur & Martha)

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GROUPS, CLUBS & ORGANISATIONS

BAG THE BRUCK **(Beach Cleaning Event)**

SATURDAY 21st – SUNDAY 29th APRIL 2018

This year's event is scheduled to take place throughout Orkney during the above dates.

Any group or individual wishing to take part should contact bagthebruck@gmail.com for health and safety information and a supply of bags and gloves.

Community Council sponsorship is available for this event and any groups/individuals wishing to apply for sponsorship must notify the Island Link Officer in writing by MONDAY 19TH MARCH 2018.

If more information is required then please do not hesitate to get in touch.

Colin McAlpine,
Island Link Officer,
Stronsay Community Council,
The Hill,
Stronsay,
KW17 2AT

28 January 2018

KIRK NEWS

Services start at 11am unless otherwise stated.
A crèche is available for children aged 9 and under

March

4 - Mike or Viv Erdman
11 - June Freeth
18 - June Freeth
25 - David Bowen

Kirk's website = <http://www.orkneycommunities.co.uk/stronsaykirk>

Announcements by charities, local groups, clubs and organisations are FREE!

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GROUPS, CLUBS & ORGANISATIONS



STRONSAY STITCHERS

February - Thursday 22nd in the Church Hall from 7.00pm to 9.30pm

£2/person, refreshments available

(Next month: Wednesday 28th March – please note change of day)



STRONSAY SPINNERS

March – Saturday 10th in the Church Hall from 11.00am to 2.00pm

£2/person, refreshments available, bring your own lunch

Announcements by charities, local groups, clubs and organisations are FREE!

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Ensuring a safe community for all.

“It’s everyone’s job to make sure I am OK”

Are you involved in any way with a community group working with children or adults? For example, do you volunteer at your local playgroup, direct or produce local drama, co-ordinate sports groups, deliver a lunch club, tutor a craft class?

Then this introductory session may be for you.

The aim of this short session is:

To be able to recognise vulnerabilities in children and adults

To be able to share concerns appropriately

To know who and when to share them with

Delivered by Edwina Lloyd from Voluntary Action Orkney and Julia Meason, Safeguarding trainer, this session will take place on **April 28th** at **2pm until 3.15pm** in the Stronsay Development Trust conference room at Woods Yard, Stronsay.

To book, please contact Edwina Lloyd on 01856 872897

or email edwina.lloyd@vaorkney.org.uk

DIABETES SUPPORT GROUP

The next Diabetes Support Group meeting will be held on Wednesday 28th March at 3pm in the Fishmart.

Announcements by charities, local groups, clubs and organisations are FREE!

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Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

KIRKWALL MOBILE LIBRARY VISITS TO STRONSAY

Dates of mobile library van visits to Stronsay in 2018

Monday 5th March
Monday 30th April
Tuesday 26th June
Tuesday 21st August
Monday 15th October
Monday 10th December

Winter

- Council Houses 8.45 - 9.45
- School 10 - 12
- Kirk 12.30 - 3
- Fish mart 3.15 - 4.45

Summer/Refit

- Council Houses 9 - 10
- School 10.15 - 12
- Kirk 12.30 - 3
- Fish mart 3.15 - 5.30

For full details visit the library's website

<http://www.orkneylibrary.org.uk>

STRONSAY COMMUNITY ASSOCIATION

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up? Why not hire the disco equipment with rotating glitter globe and pulsating coloured lights for only £5 plus room and hydro charge? A DJ from the Hall list must be used.

Also available for hire: badminton, table tennis and pool all at £3 per hour plus hydro. All equipment provided.

Adult supervision (over 18) must be present during hire.

For details and booking contact Colin on 616446.

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GROUPS, CLUBS & ORGANISATIONS

STRONSAY SWIMMING POOL TIMETABLE

Updated July 2016

Monday

Public session 6.30-7.10

Adult lane 7.10-7.50

Thursday

7-7.40 Private Hire (pre-booked)

7.40-8.20 Private Hire (available for booking)

Saturday

Private hire 2-2.40

Public session 2.40-3.20

Swim club

Wednesday Beginners and developers 3.30-4.10

Thursday A and B squad 3.30-4.30

To enquire about Private Hires, phone Elsie on 616238.

To enquire about Swim Club, phone Sarah on 616406 or Andy 616277

POOL CHARGES

Public Sessions

Adults (16 and over) £2.40

Children £1.20

Private Hires

40 minute session - £15

60 minute session - £20

Swim Club

Children will be offered 10 week blocks which can be paid up front (non-refundable)

40 minute sessions - £16 block booking; £2 per session

60 minute sessions - £20 block booking; £2.50 per session

Men only and Women only Sessions (16 and over)

Block booking of 10 sessions over a 12 week period (non-refundable)

£24 block booking

£3 per session

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GROUPS, CLUBS & ORGANISATIONS

STRONSAY MEDICAL PRACTICE

**In an emergency always phone 616321:
if the call is taken by Balfour Switchboard, ask them to page the Stronsay GP**

Surgeries by appointment only

Monday 9:30—10:30, 15:30—16:30

Tuesday 9:30—10:30, 14:30—15:30

Wednesday 9:30—10:30, from 14:00

Thursday—no surgery

Friday 9:30—10:30, 15:30—16:30

Ordering repeat prescriptions

Phone 616321

Email ork-hb.gp38099-stronsay@nhs.net

Please will patients now order prescriptions at least 8-10 days before they are needed. This will reduce frustration when items have not been delivered from the mainland.

Collecting prescriptions

Please will patients collect their ordered prescription 10:30-11:30am or 2-4pm Monday, Tuesday, Wednesday or Friday. This avoids the busiest time when the prescription boxes are being unpacked.

Thursday service

Katrina is now going to Eday regularly to help with administrative work there. The phones will be diverted to Balfour switchboard in the morning until Katrina arrives at Eday surgery where she will be able to take calls. On leaving Eday the phone is diverted again to Balfour.

**In an emergency always phone 616321:
if the call is taken by Balfour Switchboard, ask them to page the Stronsay GP**

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USEFUL INFORMATION

POST OFFICE OPENING TIMES, etc

Monday to Saturday	8:30am—5:00pm
Sunday	Closed
Post collection times	07:30, Monday to Saturday
Bank day	Tuesday
Island Link Officer.	Fishmart office 10 to 12 on Tue, Thu & Sat. Phone 616475
SDT Office	Wood's Yard 10am - 11am Mon-Fri. Phone 616410
Sunday service at the Kirk . . .	11 am (see https://tinyurl.com/ybbqoq23)
Our Lady's chapel, pier head	Mass 11.20am (weekdays), 10.30am (Sundays & Holy Days)
Next Special Collection	26 February
Rubbish collection	Tuesday (bags out ready by 9am)

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Airy Fairy	616231	Stranded seals, etc	616339/616206
Castle Bird Reserve	616363	Balfour hospital	01856 888000
Craftship Enterprise	616249	Electricity	
Doctor	616321	problems	0800 300 999
Ebenezer stores	616339	emergency	105
Fish Mart	616401	Water problems	0845 601 8855
Hall bookings	616446	Highland Fuels	0800 224 224
Island Link Officer	616475	Kirkwall Library	01856 873166
Medical emergency	01856 888000	Kirkwall Police	101
Neil's on Wheels	616454	Vets:	
Nurses	616480	Flett & Carmichael .	01856 872859
Olivebank	616255	Northvet	01856 873403
Post Office	616499	Dentists:	
Registrar	616239	Orkney Dental	01856 872030
Star Island Soap	616281	King Street	01856 875348
SDT Office	616410	Deyanov Dental	01856 877118
Stronsay Hotel	616213	Golgotha monastery. . . .	616210
Taxi	616335		(Email contact@the-sons.org)

JIM HOLLAND HAULAGE—DELIVERIES

Catalogue deliveries made on Wednesday and Friday only.
Large items will be delivered on Saturday.

HOW TO CONTACT THE [LIMPET](mailto:editor@stronsaylimpet.co.uk)

Send an email to editor@stronsaylimpet.co.uk (preferred method); phone Bruce Fletcher on 616297 (after 10am & before 8pm, please!); or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page



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