



## **PLANNING AN EVENT?**

### **PLEASE CHECK THE STRONSAY DIARY**

If you are planning an event please check the diary of events on Stronsay <http://visitstronsay.com/events> to ensure that your planned event won't clash with something already announced.

If you want your event to appear in the diary please contact the editor of the Limpet with details of what, where & when; contact details for the editor are given below and on the back page of every edition of the Limpet.

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## **STRONSAY DEVELOPMENT TRUST OFFICE**

Please note that from Monday 29 January the Trust office at Unit 1, Wood's Yard will be open from Monday to Friday between 10am to 11am. The telephone number is 616410. The Community Development Officer Anna is also available outside these hours by appointment

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## **DIABETES SUPPORT GROUP**

The next Diabetes Support Group meeting will be held on Wednesday 28th March at 3pm in the Fishmart.

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## **HOW TO CONTACT THE *LIMPET***

Send an email to [editor@stronsaylimpet.co.uk](mailto:editor@stronsaylimpet.co.uk) (preferred method); phone Bruce Fletcher on 616297 (after 10am & before 8pm, please!); or write to *The Limpet*, Claremont, Stronsay, KW17 2AR.

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The next edition of the *Limpet* will be published on **Thu 26 April**. Items for inclusion in that edition should be submitted by 7pm on **Sun 22 April**. Contact details are on the back page. The Limpet's website address is <http://www.stronsaylimpet.co.uk>



## **Job Vacancy – Energy Efficiency Officer**

Hours: 15 per week

salary: £6500 per annum

### **Job description**

The Role will involve working towards energy efficiency improvements within the community, in public, private and commercial buildings, via a range of methods including practical solutions, education, and the promotion of renewable energy sources.

### **Key Responsibilities**

- Visit local businesses, landlords, home owners and tenants as appropriate to monitor energy consumption to discuss, plan and implement required changes
- Provide energy efficiency advice and training
- Implement the wellbeing Orkney referral system
- Promote energy conservation and climate change awareness via the running of workshops, presentations and conservation projects
- Promote energy conservation schemes such as energy efficient housing grants
- Liaise with contractors, local organisations, council services and voluntary/community groups
- Collect and analyse energy consumption details from businesses, homeowners and tenants before and after implementing any changes or attendance of education/workshops
- Maintain accurate records and complete a monthly report on activity
- Attend relevant training courses when necessary
- Prepare and distribute publicity materials
- Keep up to date with changes in legislation and initiatives

### **Key requirements**

No qualifications required, however a good level of education desirable.

Candidates should possess confidence, initiative, good general IT and organisational skills. Communication skills are important, and candidates should be able to demonstrate a genuine interest and understanding of the energy market including renewable energy sources and legislation.

Candidates will need to be flexible with their time to fit in with the relevant needs of the community members they will be working with. Own transport is essential.

**Please Apply in writing to Stronsay Development Trust, unit 1, Woods Yard, Stronsay, KW17 2AR by 9<sup>th</sup> April**

This position is funded through the Scottish Government's Climate Challenge Fund and the European Regional Development Fund.





## **Job Vacancy – Waste Management Officer**

**Hours:** 15 per week

**salary:** £6500 per annum

The Role will involve working in the Stronsay Recycling Centre overseeing the collection and processing of cardboard and paper waste safely into briquettes with due consideration for the environment, while conforming to government regulations.

### **Key Responsibilities**

- Oversee waste management schemes
- Process cardboard and paper waste into briquettes using specialized equipment
- Assist with the development, promotion and implementation of education workshops
- Maintain accurate records and complete a monthly report on activity
- Attend relevant training courses when necessary
- Train and supervise the volunteers required to run a textile and tool share scheme at the Stronsay recycling centre
- Prepare and distribute publicity materials
- Keep up to date with changes in legislation and initiatives
- Work with the Energy Efficiency Officer to distribute briquettes

### **Key skills required**

No qualifications are required; however, a good level of education is desirable.

Candidates should possess confidence, initiative and good general IT and organisational skills.

Communication skills are important, and candidates should be able to demonstrate a genuine interest in and understanding of the environment and sustainability issues.

Although the work will mainly involve the daytime opening hours of the recycling centre you will be required to work some evenings and weekends to accommodate the implementation of education workshops.

**Please Apply in writing to Stronsay Development Trust, unit 1, Woods Yard, Stronsay, KW17 2AR by**

This position is funded through the Scottish Government's Climate Challenge Fund and the European Regional Development Fund.





## **Tenders Invited – Grounds keeping and gardening**

### **12 Month Contract**

General maintenance of car park, planted features and cutting of grass bank.

Maintenance of storage units and other grounds work etc

**Please Drop in to Stronsay Development Trust, unit 1, Woods Yard, Stronsay, KW17 2AR Or Call 616410 to discuss or walk through details.**

**Contact needs to be made by Monday 9<sup>th</sup> April 2018 to be considered**

A Company Limited by Guarantee, Registered in Scotland. Company Number SC271553  
A Scottish Charity SC038888 Registered Office: unit 1, Woods Yard, Stronsay, Orkney  
KW17 2AR







## **Job Vacancy – Administrative Assistant**

**Hours:** 10 per week

**wage:** £8.50 per hour

### Overall Purpose

We are looking for a responsible Administrative Assistant to perform a variety of administrative and clerical tasks, providing support to the Operations and Development of The Stronsay Development Trust.

### **Working under supervision the Administrative Assistant will**

- Perform clerical duties, including, but not limited to, filing, sorting and distributing correspondence.
- Operate office equipment such as computers, photocopiers, voice mail messaging systems and computer scanning equipment to complete Admin tasks
- set up conference room with relevant meeting equipment and resources in preparation for monthly Board Meetings.
- maintain filing systems and procedures
- Maintain adequate office supplies
- Assist the Community Development Officer in assessing Community Fund applications
- Assist in maintaining and updating the Trust's web based and written communication media

### Key skills required

Previous experience in a related field desirable; Good communication skills; Ability to maintain a strict level of confidence; Proficiency in Microsoft Office Programs and knowledge of basic office management procedures; Good typing and organisational skills; Ability to prioritize efficiently, work alone or as part of a team; Enthusiastic and Reliable.

**Apply in writing to Stronsay Development Trust, unit 1, Woods Yard,  
Stronsay, KW17 2AR by Monday 9<sup>th</sup> April 2018**

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KW17 2AR



## Stronsay Surgery

### This little test could help save your life: The Scottish Bowel Cancer Screening Programme

Bowel cancer is a major problem in Scotland causing many deaths each year, and most people will know someone whose family has been affected by the disease. The Scottish Bowel Screening Programme invites men and women aged between 50 and 74 to take part in screening every two years. Bowel screening aims to find cancer at an early stage when treatment is likely to be more effective. It is the only screening programme where the test is completed at home, and is now much simpler as only one sample has to be submitted. Finding it early is so important as more than 9 out of 10 people diagnosed with stage 1 bowel cancer survive five years or more after diagnosis.

The invitations come through the post, but the number of people on Stronsay actually taking the time to return a sample is small, so we're missing opportunities to pick up this potentially fatal disease early. Have a look at the link below, pick up a leaflet from the surgery, or speak to the doctor or nurse next time you are in. You don't have to be having symptoms to benefit from this.

For more information see:

[http://www.healthscotland.scot/media/1621/bowel-screening-booklet\\_nov17](http://www.healthscotland.scot/media/1621/bowel-screening-booklet_nov17)

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## **MARCUS AURELIUS RETURNS TO STRONSAY**

Whatever the seasons bear shall be esteemed by me  
as happy fruit: the snow goose and the gannet.  
The seal that came one day to my arpeggio of notes  
stayed three days. I fed him on the cat's  
old food and whistled my way out the window.  
The greatest boon we would ask the Gods is this:  
to live again. So I grant it to myself each waking dawn.  
I watch the bright hen harrier sail the Dale, the lone  
water rail ascending. Pleased I am to find myself,  
wind blown from Rome, sailing past Viking Orkney,  
a wind bearing down, whipping sea's foam,  
past the Old man of Hoy who wears a tam o'shanter  
of snow on his head. His stone cold wink assures  
Me - I am home. Home - that happiest of all seasons.

*(The above poem was submitted by one of the subscribers to the Limpet's email list. The opening lines are taken from Marcus Aurelius' Meditations)*

## **RECENT BIRD SIGHTINGS**

The wintering Snow Goose was last seen by Kath and Norman on 25th Feb, and during the frequent cold snaps, Jack Snipe and Water Rail were seen on several occasions in the Mill Stream area. Although there were some very cold days with snow and a couple of frosts, March seems to have been quite reasonable - with no severe winds - and has just flown by. Dozens of Fieldfares and Redwings have lingered and there was a small influx of Song Thrushes. The over-wintering Blue Tit was last seen on 7th March, Ant and Clare saw a Mistle Thrush near Gesty Dishes on 9th, and three were in a field adjacent to The Reserve on 13th. A Siskin was in the Linksquoy drive on 10th.

Norman Kent saw a Stonechat near Matpow on 18th and the first Pied Wagtail of the year was seen – typically in the road by the Waterworks pond – on the same day. Up to 3 Coots were seen there around this time. The first Lesser Black-backed Gulls began to arrive mid-month.

It has been encouraging to see far more ‘freshwater’ duck in the first three months of the year, both at the Bu Loch and Matpow, and Curlew are beginning to take up territories in the grassy fields in higher numbers than for several years. This is certainly due to the generally lower numbers of Greylag Geese this winter.

At least 3 or 4 different Hen Harriers have been seen on and off throughout the late winter period, and Merlins - at least one – have been recorded on several occasions, but ‘Bird of the Winter’ was discovered by Harald Stout at Huip on 21st March – a female Snowy Owl – the third island record, which unfortunately could not be re-found despite much searching later that day. This is the second bird of the species discovered by Harald – the first was a male in late March 2005 – also at Huip. The first bird was far more obliging and many people on the island managed to see it – generally around the fringes of the airstrip. The one other sighting of the species was a male in the Roadside area on 22nd April 1991. All three probably migrants heading for the breeding grounds in the Arctic regions, having wintered elsewhere in the UK.

Thanks for all the calls. John Holloway



*‘There have been several sightings of Merlins during the winter. This one was photographed from the car at Beechwood several years ago’*

*(Continued on next page)*





*‘A very long-range shot of the Snowy Owl of late March 2005 - as with this year’s bird, discovered by Harald Stout at Huip!’*



*‘The tame Robin being fed by the back door at Castle. The vast majority of our wintering Robins are continental birds and very wary’*



# **STEPHEN CLACKSON'S LETTER FROM SCHOOL PLACE**

## **Your councillor's monthly report from Orkney Islands Council**

Some called it the “Beast from the East”, others “Hysteria from Siberia”. Whatever, untypically for Orkney, the climate lately has pretty much accorded with Michael Flinders’ and Donald Swann’s “A Song of the Weather”:

*January brings the snow,  
Makes your feet and fingers glow.  
February's ice and sleet,  
Freeze the toes right off your feet.  
Welcome, March, with wintr'y wind,  
Would thou weren't not so unkind.*

.....



**The first “Jack Frost” seen on a window-pane of Sanday’s West Manse this century.**

Unfortunately, a delayed flight from Kirkwall Airport forced me to miss a meeting of the Scottish Councils’ Committee on Radioactive Substances at the Glasgow City Chambers. Weather-related sea-transport issues scuppered me from attending the community council meeting on Shapinsay, and calving-related uncertainty from going to the one on Westray.

At the Policy & Resources Committee Meeting, we were asked to approve the new Council Plan. Given the woeful neglect of education among our priorities, ambitions and aspirations (OIC runs our schools, after all!) or even a single mention of the OIC-owned Orkney College, I tabled an amendment requesting that *education* be included as one of our Plan’s “strategic priority themes”. My amendment was, astoundingly, opposed by all but one of the other councillors. I have reiterated a lot of what I said in support of my amendment in my letter in *The Orcadian* of the 15<sup>th</sup> March entitled “University of Orkney?”.

*(Continued on next page)*

Since then, I have attended a workshop and meetings of the Orkney College Management Council and partaken of luncheon with the principals and vice-principals of the University of the Highlands & Islands (of which Orkney College is an Academic Partner), Heriot-Watt University and Robert Gordon University. At these gatherings, I have been at pains to stress the need for adequate student accommodation here in Orkney and to suggest how this might be achieved effectively and efficiently.

At the Special General Meeting held to ratify the decisions made on our budget and council-tax rates, I again put forward an amendment not to make a cut of £65,000 affecting additional support for learning for pupils (but couched in somewhat more bureaucratic and legalistic terms). Although I received more support this time than I got before at the preceding Special Policy & Resources Committee Meeting, it came down to 10 *for* and 10 *against* and my amendment was defeated on the casting vote of the Convener. Once again, the vote was recorded, so the public will be able to see who voted which way.

At the General Meeting, a working group was established to, among other related matters, “vanquish” non-recyclable, single-use plastic drinking straws from OIC. I suggested we enlist our agricultural sector to help us replace them with real straws.

Other meetings I have been involved in this month include a ward meeting on infrastructure matters, a workshop on the Scottish Government’s consultation on electoral reform, a seminar on the Churchill Barriers, a members’ forum and a members’ session, and I did make it to the community council meeting on Sanday.

I’ve also been to an Orkney Ferries board meeting, and I am sure, along with me, everyone is delighted that the ferry crews have accepted our pay offer and the dispute is now over.

I promise I’ll put a photograph of the Sanday walrus in the next issue of my *Letter from School Place*.



Cllr Dr Stephen Clackson  
West Manse, Sanday  
[stephen.clackson@council.orkney.gov.uk](mailto:stephen.clackson@council.orkney.gov.uk)



***Letter from School Place*** can be downloaded from [lfsp.pbworks.com](http://lfsp.pbworks.com)  
**In Orkney, not Novaya Zemlya**

# **THE POND AT THE CROFT**

By Ellie from Newfield

The fountain has a charm of its own,  
Cool and soothing, reflecting the light.  
And I believe it has tempted  
Many a bird from its flight.  
As you stand on the bridge in silence  
Fish swim eagerly beneath.  
Sanctuary surrounds you in honesty,  
Shaded by many a leaf.  
The wind may be howling above  
Whilst we are sheltered by the trees.  
Any wonder the birds should love it  
And of course those welcome bees.  
There never was such beauty  
As this copse bathed twixt sunlight and shade,  
Dappled in the evergreens and  
Shimmering in the glade.  
A carpet of willing snowdrops  
Winters lion-hearts nod along  
To the chorus of trilling blackbirds  
Who give forth a hearty song.  
There are many crooked pathways  
Tempting you to explore  
A mystery of enchantment  
Bringing Nature to its fore.  
Then of course in the heart of it all  
There's a robin as nature intends  
For what would the copse be without.  
As with the blackbirds, sparrows and friends  
In this fast-moving world of changes.  
Where uncertainty's become the drill.  
An honour it is most assuredly  
To walk with Nature, whose values hold perfectly still.

©Helene Harrison



## ***SALES, WANTS, GREETINGS, THANKS***

### **THANK YOU**

Shirley and Maxine would like to thank Viv Erdman at Ebenezer stores for agreeing to donate monies from her charity table to fund a new storage bookcase/cupboard (see photographs below) for our nurse's room as our old bookcases were condemned after failing a cross infection inspection. This meets regulations as the cupboard has doors! We also want to thank the community for donating to and purchasing from the charity table which has allowed these funds to be available to help us, and other local causes.

Thank you, Shirley Whiteman.



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### **THANK YOU**

#### **EBENEZER STORES “FRONT PORCH FUND”**

Many thanks to everyone who has either donated or purchased items from the front porch table. Since Christmas we have purchased a new bookcase for the nurses room in the surgery at a cost of £135 plus £48 to transport it here (see photographs above). The school also received £260 to purchase new books for the school library.

We are now looking for the next “Stronsay good cause”. Any ideas?

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Local sales, wants, etc are free!

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Contact details for the *Limpet* are on the back page

## ***SALES, WANTS, GREETINGS, THANKS***

### **STRONSAY COMMUNITY GREENHOUSE**

Plot available for rent.

For further information please contact Marion on 616354 or  
email [macleod.marion@gmail.com](mailto:macleod.marion@gmail.com)

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### **WANTED**

3 or 4 bed property for long term rent on Stronsay.

We are a family of 5 (parents and 3 boys) with one well behaved dog. We are looking to relocate to Stronsay anytime from August 2018. We have experience in various sectors, but the majority of our experience is in event management and marketing and we have a lot of ideas that, we feel, could help to bring in more tourists, therefore helping to boost the local economy. We are currently living in the Scottish Borders, having moved from England in 2016. We are looking to make this move a permanent one and would be happy to take on a long lease. Please feel free to get in touch with any questions via email to

[kellyhooper14@yahoo.com](mailto:kellyhooper14@yahoo.com) or call 01890 249032

Bond and references available. Many thanks

Kelly and Craig Hooper

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### **LOOKING FOR A ONE BED SELF-CONTAINED PROPERTY TO RENT ON STRONSAY**

I am Scottish and a retired teacher currently living in Poland. I plan this projected move to Stronsay to be permanent and would be interested in a long-term lease.

From any time during the second half of this year.

Feel free to contact me by email with any questions: [adouglas@post.com](mailto:adouglas@post.com)

Many thanks

Andrew Douglas

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## LOCAL BUSINESSES

handmade with love

# Airy Fairy

- ★ Handmade Quilts, cushions & clothes ★
- ★ Beautiful, bespoke & personalised gifts ★
- ★ Handmade especially for you ★
- ★ Makower fabrics in stock £10 per metre ★
- ★ Studio visits welcome by appointment ★







Hazel Shearer, Airy, Stronsay, Orkney, KW172AG • Phone 01857 616231  
[hazel.airyfairy@gmail.com](mailto:hazel.airyfairy@gmail.com) • [www.airyfairyonline.co.uk](http://www.airyfairyonline.co.uk)

# The Wyrð Weaver

Handcrafted Textiles and Primitive Folk Art







Come and visit Eunice's studio at...  
 Newbigging, Stronsay, Orkney KW17 2AN

**Open Daily**  
 Phone - 01857 616230

Find and buy on Facebook @orkneywyrðweaver  
 Email - [thewyrðweaver@btinternet.com](mailto:thewyrðweaver@btinternet.com)



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## ***LOCAL BUSINESSES***



**We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.**

**We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.  
Reasonable prices.**

**Contact Craig or Christine for more information.**

## LOCAL BUSINESSES



*Craftship Enterprise will be reopening on Friday 27th April*

*The Craft shop and the Cafe will be open from 11.00am to 16.00pm*

*The "Crafteria" will be serving homemade lunches and teas with a wide selection of teas and coffees.*

*There will be lots of new craft workshops this year but still some of the old favourites such as peg looming and glass fusion.*



*The season starts with a two day stained glass workshop on the 28th and 29th April with Rosalind.*

*For beginners as well as the more experienced. This course cover glass scoring and cutting, soldering (using copper foil, not lead) and assembly. You will get advice on pattern design and can make a light catcher or a small glass panel to take home at the end of the two days. Those of you who have been on Rosalind's courses before know how relaxing and rewarding making your own piece of glass art can be. The cost for the 2 days is £130. (Half price (£65) for Stronsay Residents)*

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## **STRONSAY FISH MART**

Phone 616401

Open 6 days a week from 11am to 3pm (closed Thursdays)

### **Sunday 1st April 2018**

- Soup of the day with homemade loaf
- Roast turkey with roast potatoes, vegetables and oatmeal stuffing
- Macaroni cheese, garlic bread and chips
- Chocolate Easter egg cheesecake (cream / ice-cream)
- Rice pudding and fruit (cream / ice-cream)

### **Sunday 8th April 2018**

- Soup of the day with homemade loaf
- Crispy chicken bites, Sweet and sour sauce, egg fried rice and prawn crackers
- Mince, potatoes and vegetables
- Lemon meringue pie (cream / ice-cream)
- Gateau (cream / ice-cream)

### **Sunday 15th April 2018**

- Soup of the day with homemade loaf
- Steak pie, vegetables and potatoes
- Vegetable curry, rice and naan bread
- Tiramisu (cream / ice-cream)
- Fruit crumble (cream / ice-cream)

### **Sunday 22nd April 2018**

- Soup of the day with homemade loaf
- Roast pork and apple sauce, roast potatoes and vegetables
- Chilli mince rice and doritos
- Trifle (cream / ice-cream)
- Banoffee pie (cream / ice-cream)

### **Sunday 29th April 2018**

- Soup of the day with homemade loaf
- Roast beef, yorkshire pudding, vegetables and potatoes
- Chicken goujons, BBQ/sweet chilli dip and chips
- Apple pie and custard (cream / ice-cream)
- Roulade (cream / ice-cream)

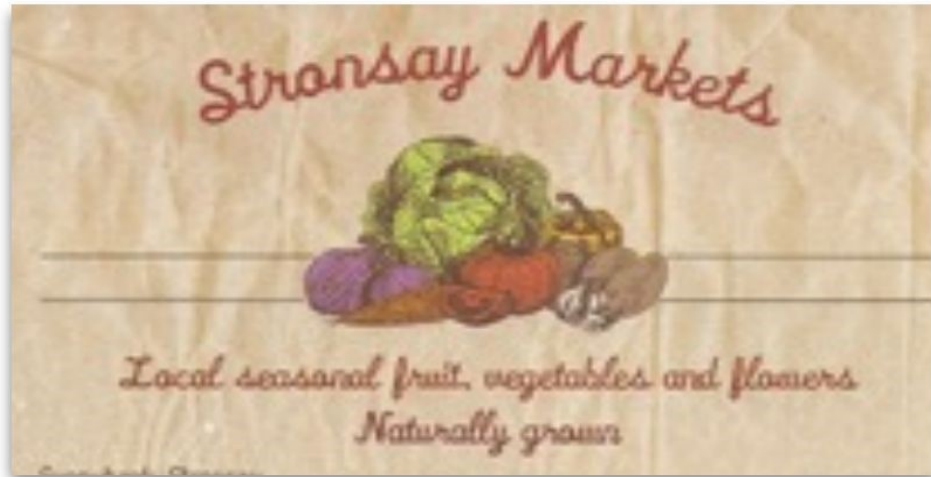
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## LOCAL BUSINESSES



*New business, a mini market garden, set up in late 2015 at  
Sunnybank, Stronsay*

*Currently supplying mixed salad leaves, some winter vegetables and  
bedding plants. There will be more as the season progresses.*

*I will supply a list each week with availability*

*Please look at my Face book page "Stronsay Markets" or  
send me an email "[stronsaymarkets@gmail.com](mailto:stronsaymarkets@gmail.com) and I will put you  
on my mailing list*

**PATRICK  
McGRATH  
LTD**

  
PLUMBING  
& HEATING

**Gas Safe Registered Engineer  
Plumber**

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- Landlords gas safety checks
- Bathroom fitting
- Bathroom supply
- General heatings
- All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Call Patrick on **07933 488283**  
Email: [patrickmcgrathltd@gmail.com](mailto:patrickmcgrathltd@gmail.com)



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## ***LOCAL BUSINESSES***

### **JOHN DUNNE GARDEN SERVICES**

- \* General Garden Maintenance
- \* Window Cleaning and Guttering Services

- \* Reasonable rates
- \* Quick and professional

NO JOB TOO SMALL

Tel: 616276

### **The Old Manse Bed and Breakfast Logie Easter, Kildary IV18 0NZ**



Dating back to the 1780s set in a large woodland garden just off the A9 and six miles from Invergordon, the Old  
Ensuite Double and twin rooms

**Telephone : 01862 842357**

**Website : [www.oldmansebandbkildary.co.uk](http://www.oldmansebandbkildary.co.uk)**

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## ***LOCAL BUSINESSES***

### **STRONSAY HOTEL**

Phone 01857 616213

Six days a week (Tuesday - Sunday) 5pm to 9pm

**NOTE—closed Monday**

### **TAKE AWAY MENU**

Homemade lasagne + chips . . . . .	£5.95
Homemade chicken curry + rice or chips . .	£5.95
Homemade chicken & bacon pie + chips . .	£6.50
Breaded haddock + chips. . . . .	£5.50
Battered haddock +chips . . . . .	£6.50
Breaded wholetail scampi + chips . . . . .	£6.50
2 sausages + chips . . . . .	£3.00
2 fish fingers + chips . . . . .	£2.80
“Stronsay beast burger” + fries . . . . .	£4.50
“Stronsay cheese beast burger + fries . . . .	£5.00
Portion of chips . . . . .	£1.30
Half portion of chips . . . . .	£0.80
Portion of cheesy chips . . . . .	£2.10
Half portion of cheesy chips . . . . .	£1.10
Portion of onion rings . . . . .	£1.20

Half cheesy chips = minus 20p

Cheesy chips = add 80p

Half chips = minus 60p

Half rice = minus 60p

## **GUITAR LESSONS**

**Classical, Acoustic,  
Blues, Rock, Folk**

Anthony Potts  
Tel: 07570531618  
antpottsguitar@btinternet.com



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## LOCAL BUSINESSES

### “NEIL’S ON WHEELS”



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260

HOME: 01857 616454

### STRONSAY ARTWORKS

Original paintings of Stronsay Landscape; Limited edition prints, greetings cards and postcards which are available for sale at local shops, Post Office, Hotel, B&B's and the Fishmart. Commissions taken.

Phone 01856 874723

<http://www.jennystoneart.com>

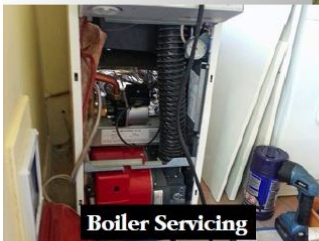
Email [jenny@jennystoneart.com](mailto:jenny@jennystoneart.com)

### Ebenezer Oil Heating Services

Oftec trained engineer



Oil Tank Installation



Boiler Servicing

Oil boiler servicing,  
repair and replacement



Boiler Installation

A serviced boiler  
is an efficient boiler  
and will save you money

& Commissioning

Tel 01857 616339  
[ebenezer@stronsay.org](mailto:ebenezer@stronsay.org)

**Anthony Potts**  
Foot Health Professional

**Qualified Foot Health Professional**  
**MCFHP MAFHP**

*About Me*  
I qualified as a foot health professional (FHP) in 2017 studying at the SMAE Institute in Maidenhead. I am a Member of The British Association of Foot Health Professionals.

*Treatments offered*  
Nail cutting and filing  
Callus (hard skin) removed  
Corns treated  
Nail conditions treated  
Verrucas treated  
General assessment and advice on foot health  
Home visits  
Please telephone for an appointment

Tel: 07570531618  
[antpottsguitar@btinternet.com](mailto:antpottsguitar@btinternet.com)  
Gesty Dishes, Stronsay, Orkney, KW17 2AJ

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page  
Contact details for the *Limpet* are on the back page

## ***LOCAL BUSINESSES***

### **Orkney Star Island Soap & Textiles**

Traditional hand crafted soaps, balms, bath fizzies  
and hand spun yarns, woven throws, wall-hangings



Craft Trail: Isles View, Stronsay, Orkney

Tel: +44 01857 616 281

Email: [info@orkneystarislandsoap.co.uk](mailto:info@orkneystarislandsoap.co.uk)

Web: <https://www.orkneystarislandsoap.co.uk>

Face Book: <https://www.facebook.com/orkney.star.island.soap/>



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## **BELLIE M DESIGNS**

Tieve Studios, Berryhill Road, St Ola, Orkney KW15 1SF.

Online shop [www.belliemdesigns.com](http://www.belliemdesigns.com)

Orders also taken via Facebook, Twitter, Instagram or phone 07736838489 with email invoices that can be easily paid by card or PayPal.

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## ***LOCAL BUSINESSES***

### **HAIRDRESSER ON STRONSAY**

Ladies, Gents & Kids Haircuts available. Tel Siobhan 616337. For additional services such as colouring / perming please let me know in advance for a consultation & allow time for product delivery

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Computer, tablet or phone misbehaving or running slowly?

Want to learn how to use social media, word processing, spreadsheets, change the privacy settings on your computer, tablet, phone or social media accounts or anything else computer related?

Need help protecting your family from the dangers online or setting up home or business accounting sheets on paper or computer?

Thinking of buying a computer, tablet, phone or printer but don't know which one?

Have a printer or other device that needs connecting to your computer?

Want to extend your home network coverage?

I can do one off lessons or a series of lessons for individuals or groups starting with the basics right up to more complex lessons such as photo editing or spreadsheets, including lessons for people who have never used a computer or tablet.

£6 an hour.

Give me a call on 317 or email [duncandavis79@gmail.com](mailto:duncandavis79@gmail.com)



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## LOCAL BUSINESSES

# Orkney Buffalo

Kirbuster, Stronsay

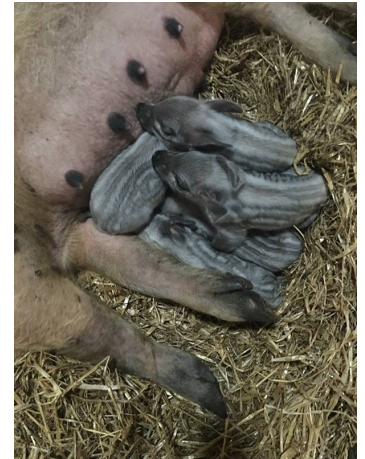
[www.orkneybuffalo.co.uk](http://www.orkneybuffalo.co.uk) | [www.facebook.com/OrkneyBuffalo](https://www.facebook.com/OrkneyBuffalo)

Email: [naomi@orkneybuffalo.co.uk](mailto:naomi@orkneybuffalo.co.uk) | Tel: 01857 616 251



As March draws to a close, and the daffodils are finally blooming amidst the bare, green stalks following the cold snap, we have welcomed our first little 'silver darling' stripy piglets at Kirbuster. It's always incredible watching their stripes fade, and their curls start to appear.

And, while technically we are not now calving until the summer, there is always a buffalo or two that like to keep us on our toes! This time it was the turn of the cow we refer to as '*the old bird*'. She will turn 22 in June this year, and she's just welcomed a lovely, skippy bull calf into the world.



**\*\*Date for diaries – we're planning our first Stronsay Open Farm Sunday on the 10<sup>th</sup> June\*\***

**Fresh supplies of buffalo meat will be available throughout April, please just get in touch if you'd like to try anything. It can be cut to suit, so just shout!**

And we're still offering our 'fill the freezer' offer if you'd like to stock up...just tell us the cuts of buffalo that you'd like, and we'll make a selection up to suit. Spend £30 and get a selection with a minimum value of £40, spend £50 with the 'jumbo fill your freezer' pack and receive a selection with a minimum value of £75. Great chance to try a few different cuts from: sirloin, ribeye or rump steak, shoulder stew, braising steak, pot roast, shin, silverside, topside, rib roast, minute steaks and steak mince, sausages and burgers and ready-to-bake buffalo pies, sausage rolls and bridies.

For more info just give us a bell, msg on Facebook or pop past, or we can drop off to you

Russell & Naomi Bremner (Dorothy, Wilbur & Martha)

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## GROUPS, CLUBS & ORGANISATIONS



### INTRO TO SASHIKO

*With its origins in Japanese rural farming communities Sashiko was used as a way of mending and recycling worn out textiles into warm and robust workwear. Now Sashiko is seeing a re-surgence and is becoming appreciated for its folk art roots. If you would be interested in trying this relaxing and therapeutic art, please contact Stronsay Junior High School on 616246 and you can create a sample which can be incorporated into a simple folded bag. All materials and instruction supplied, £5 per person*

DATE: MONDAY 9TH APRIL      TIME: 10:00–12:30 OR  
1:15–3:45

VENUE: STRONSAY HIGH SCHOOL

## Singing For Fun

Beginners singing classes on Stronsay with singing teacher Kate Howe from Kirkwall

Every second Monday 7.15-8 pm in the Church hall

Next session is Monday the 26<sup>th</sup> of March

£2 per person

Learn about basic singing and breathing techniques

No experience needed.

**All welcome!**

To book or enquire please contact Marion 07919550943 or by email  
[macleod.marion@gmail.com](mailto:macleod.marion@gmail.com)



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## **GROUPS, CLUBS & ORGANISATIONS**



### **STRONSAY SPINNERS**

Saturday 14<sup>th</sup> April in the Church Hall from 11.00am to 2.00pm,  
£2/person, refreshments available, bring your own lunch

### **STRONSAY STITCHERS**

Thursday 26<sup>th</sup> April in the Church Hall from 7.00pm to 9.30pm,  
£2/person, refreshments available

### **STRONSAY CRAFT FAIRS 2018**

Nature-Themed Craft Fair - Saturday 19<sup>th</sup> May  
Autumn Craft Fayre – Saturday 29<sup>th</sup> September  
Christmas Craft Fair - Saturday 1<sup>st</sup> December

For more information or to book a place  
please contact Simone - Tel: (01857) 616 281,

Email: [info@orkneystarislandsoap.co.uk](mailto:info@orkneystarislandsoap.co.uk)

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## ***GROUPS, CLUBS & ORGANISATIONS***



DEVELOPMENT AND INFRASTRUCTURE

### **SPECIAL COLLECTION OF BULKY ITEMS FROM DOMESTIC PROPERTIES ON STRONSAY 2018/19**

The special collection dates for Stronsay up to 30 September 2018 are as follows:-

**Friday 18 May 2018 and Friday 3 August 2018**

The current charges are:-

Up to 5 items	£19.00
6 items and above up to a full pick-up/equivalent load	£79.80
Lorry load	£160.80

If you wish to have **domestic** bulky items uplifted please contact Customer Services on 01856 873535 two days **prior** to the collection dates. Please note that payment for collection is required before the uplift is carried out. **Only items that are on the request form will be collected.**

**A verbal request to the local Refuse Collector is not sufficient.**

For information on disposal of **commercial waste**, please contact Development and Infrastructure on 01856 873535 extension 2320.

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# **Stronsay Bookworms**



**... will be meeting again on  
Wednesday April 18th @ 7.30pm  
at the Stronsay Hotel**

**We will be talking about  
“*Into the Water*”  
by Paula Hawkins**

**If you like books and like a natter,  
please come along.**

**Everybody welcome.**

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## ***GROUPS, CLUBS & ORGANISATIONS***

### **ABOUT THE NORTH ISLES SPORTS**

Those who have moved here relatively recently or would simply like to know a bit more about the annual, community led event which is now in its 69<sup>th</sup> year, please read on..

Every summer, Stronsay, Sanday or Westray is the host island for a sociable (but often competitive) day of athletics and team sports. Orkney Ferries provide a special timetable on the day to allow travel between the isles, encouraging as many visitors as possible. Papa Westray, North Ronaldsay and Eday also take part.

Points are awarded to the school and adult sections, with a winning island for each as well as an overall winner. Two competitors from each island may take part in each event.

The day begins with a welcome, accompanied by soup and sandwiches, after which the sports begin. Later in the afternoon, tea is provided, prizes are presented and often, a sports dance is held to round off the day.

Athletics events are 100m, 200m, 400m, 1500m, 4 x 100m relay, long jump, high jump and shot putt. In recent years there have been primary events too (not counting towards school points).

Netball and football follow, with the Men's Tug o' War as the final event of the day. There are rules for eligibility to participate – you must either have lived on the island for which you are competing for the 3 months prior to the day, lived on the island for 10 years, or been registered on the island at birth.

Rules and routines are reviewed regularly by representatives from all the islands who come together for meetings – handicaps change according to school numbers for example. Ultimately, it is a tradition where sustainability is extremely important. As well as helpers on the island, Active Schools and volunteers from the mainland who do a lot of the organising and officiating must be mentioned. Anyone who would like to be involved in any way is invited to contact Anna Bliss-Davis as soon as possible, tel 616410 (daytime); 616317 (evening); Email: [cdostronsay@gmail.com](mailto:cdostronsay@gmail.com) or find me on facebook.

Thank you. Mairi Dennison

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## ***GROUPS, CLUBS & ORGANISATIONS***

### **BAG THE BRUCK** **(Beach Cleaning Event)**

**SATURDAY 21<sup>st</sup> – SUNDAY 29<sup>th</sup> APRIL 2018**

This year's event is scheduled to take place throughout Orkney during the above dates.

Any group or individual wishing to take part should contact [bagthebruck@gmail.com](mailto:bagthebruck@gmail.com) for health and safety information and a supply of bags and gloves.

Community Council sponsorship is available for this event and any groups/individuals wishing to apply for sponsorship must notify the Island Link Officer in writing by MONDAY 19<sup>TH</sup> MARCH 2018.

If more information is required then please do not hesitate to get in touch.

Colin McAlpine,  
Island Link Officer,  
Stronsay Community Council,  
The Hill,  
Stronsay,  
KW17 2AT

28 January 2018

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## **KIRK NEWS**

Services start at 11am unless otherwise stated.  
A crèche is available for children aged 9 and under

### **MARCH**

- 29 - Maundy Thursday - Holy Communion and Tenebrae service led by David Bowen at 7:30pm.
- 30 - Good Friday - service led by David Bowen at 7:30pm.

### **APRIL**

- 1 - Easter Sunday, Messy Church!.
- 8 - Songs of Praise
- 15 - Mike Erdman
- 22 - Songs of Praise
- 29 - David Bowen

Kirk's website = <http://www.orkneycommunities.co.uk/stronsaykirk>

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## ***GROUPS, CLUBS & ORGANISATIONS***

### **STRONSAY CRAFT FAIRS 2018**

**Saturday 19th May - A Celebration of Nature**

Please note that our Spring Craft Fair (A Celebration of Nature) will be centred around the theme of Nature, in keeping with the Orkney Nature Festival which will be on at the same time. In view of this, we would like to request that all crafters taking part in this craft fair keep the nature theme in mind so that it is reflected, to a greater or lesser degree, in the work that they will be presenting. If you'd like to book or need more details or aren't quite sure about anything please contact Simone Tel: 01857 616 281.

**Saturday 29th September - Autumn**

**Saturday 1st December - Christmas.**



**Stronsay Ranger guided  
nature walks and tours**

**07922711525**

facebook Stronsay Ranger

[stronsayranger@gmail.com](mailto:stronsayranger@gmail.com)



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## ***Ensuring a safe community for all.***

**“It’s everyone’s job to make sure I am OK”**

Are you involved in any way with a community group working with children or adults? For example, do you volunteer at your local playgroup, direct or produce local drama, co-ordinate sports groups, deliver a lunch club, tutor a craft class?

Then this introductory session may be for you.

The aim of this short session is:

To be able to recognise vulnerabilities in children and adults

To be able to share concerns appropriately

To know who and when to share them with

Delivered by Edwina Lloyd from Voluntary Action Orkney and Julia Meason, Safeguarding trainer, this session will take place on **April 28<sup>th</sup> at 2pm until 3.15pm** in the Stronsay Development Trust conference room at Woods Yard, Stronsay.

To book, please contact Edwina Lloyd on 01856 872897

or email [edwina.lloyd@vaorkney.org.uk](mailto:edwina.lloyd@vaorkney.org.uk)

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### **DIABETES SUPPORT GROUP**

The next Diabetes Support Group meeting will be held on Wednesday 28th March at 3pm in the Fishmart.

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## ***GROUPS, CLUBS & ORGANISATIONS***

Stronsay S.W.R.I.



Wednesday 25<sup>th</sup> April

7.30 pm

In the hall

Novelty Raffle

Competition – something recycled

Supper and raffle

All ladies and girls aged 11 and over

very welcome

Non-members £3

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## ***GROUPS, CLUBS & ORGANISATIONS***

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### **KIRKWALL MOBILE LIBRARY VISITS TO STRONSAY**

#### **Dates of mobile library van visits to Stronsay in 2018**

Monday 30th April  
Tuesday 26th June  
Tuesday 21st August  
Monday 15th October  
Monday 10th December

#### **Winter**

- Council Houses 8.45 - 9.45
- School 10 - 12
- Kirk 12.30 - 3
- Fish mart 3.15 - 4.45

#### **Summer/Refit**

- Council Houses 9 - 10
- School 10.15 - 12
- Kirk 12.30 - 3
- Fish mart 3.15 - 5.30

For full details visit the library's website  
<http://www.orkneylibrary.org.uk>

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### **STRONSAY COMMUNITY ASSOCIATION**

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up? Why not hire the disco equipment with rotating glitter globe and pulsating coloured lights for only £5 plus room and hydro charge? A DJ from the Hall list must be used.

Also available for hire: badminton, table tennis and pool all at £3 per hour plus hydro. All equipment provided.

Adult supervision (over 18) must be present during hire.

For details and booking contact Colin on 616446.

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## ***GROUPS, CLUBS & ORGANISATIONS***

### **STRONSAY SWIMMING POOL TIMETABLE**

*Updated July 2016*

#### **Monday**

Public session 6.30-7.10

Adult lane 7.10-7.50

#### **Thursday**

7-7.40 Private Hire (pre-booked)

7.40-8.20 Private Hire (available for booking)

#### **Saturday**

Private hire 2-2.40

Public session 2.40-3.20

#### **Swim club**

Wednesday Beginners and developers 3.30-4.10

Thursday A and B squad 3.30-4.30

To enquire about Private Hires, phone Elsie on 616238.

To enquire about Swim Club, phone Sarah on 616406 or Andy 616277

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### **POOL CHARGES**

#### **Public Sessions**

Adults (16 and over) £2.40

Children £1.20

#### **Private Hires**

40 minute session - £15

60 minute session - £20

#### **Swim Club**

Children will be offered 10 week blocks which can be paid up front (non-refundable)

40 minute sessions - £16 block booking; £2 per session

60 minute sessions - £20 block booking; £2.50 per session

#### **Men only and Women only Sessions (16 and over)**

Block booking of 10 sessions over a 12 week period (non-refundable)

£24 block booking

£3 per session

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## ***GROUPS, CLUBS & ORGANISATIONS***

### **STRONSAY MEDICAL PRACTICE**

**In an emergency always phone 616321:  
if the call is taken by Balfour Switchboard, ask them to page the Stronsay GP**

#### **Surgeries by appointment only**

Monday 9:30—10:30, 15:30—16:30

Tuesday 9:30—10:30, 14:30—15:30

Wednesday 9:30—10:30, from 14:00

Thursday—no surgery

Friday 9:30—10:30, 15:30—16:30

#### **Ordering repeat prescriptions**

Phone 616321

Email [ork-hb.gp38099-stronsay@nhs.net](mailto:ork-hb.gp38099-stronsay@nhs.net)

Please will patients now order prescriptions at least 8-10 days before they are needed. This will reduce frustration when items have not been delivered from the mainland.

#### **Collecting prescriptions**

Please will patients collect their ordered prescription 10:30-11:30am or 2-4pm Monday, Tuesday, Wednesday or Friday. This avoids the busiest time when the prescription boxes are being unpacked.

#### **Thursday service**

Katrina is now going to Eday regularly to help with administrative work there. The phones will be diverted to Balfour switchboard in the morning until Katrina arrives at Eday surgery where she will be able to take calls. On leaving Eday the phone is diverted again to Balfour.

**In an emergency always phone 616321:  
if the call is taken by Balfour Switchboard, ask them to page the Stronsay GP**

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## ***GROUPS, CLUBS & ORGANISATIONS***

### **STRONSAY MEDICAL PRACTICE** **GP & NURSE COVER 1<sup>st</sup> to 14<sup>th</sup> APRIL**

**In an emergency always phone 616321:  
if the call is taken by Balfour Switchboard, ask them to page the Stronsay GP**

#### **GP Cover: 1-14 April**

Sunday 1st April	Dr Mimi Cogliano
Monday 2nd April - Friday 6th April	Dr John Charlton
Saturday 7th April - Saturday 14th April	Dr Holly Tyson

#### **Nurse Cover: 1 - 14 April**

Sunday 1st April - Saturday 14th April	Nurse Shirley Whiteman
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The Peedie Library will be open in the Church Hall  
between 3pm and 5pm on the following dates in 2018:

Monday 5 February

Monday 2 April

Monday 4 June

Monday 6 August

Monday 1 October

Monday 3 December

Please join us to change your books and enjoy a tea or  
coffee with a biscuit and a chat.

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## USEFUL INFORMATION

### POST OFFICE OPENING TIMES, etc

Monday to Saturday . . . . .	8:30am—5:00pm
Sunday . . . . .	Closed
Post collection times . . . . .	07:30, Monday to Saturday
<a href="#">Bank day</a> . . . . .	Tuesday 09:15-14:45 (closed 12-1 for lunch)
Island Link Officer.. . . . .	Fishmart office 10 to 12 on Tue, Thu & Sat. Phone 616475
SDT Office . . . . .	Wood's Yard 10am - 11am Mon-Fri. Phone 616410
Sunday service at the Kirk ..	11 am (see <a href="https://tinyurl.com/ybbqoq23">https://tinyurl.com/ybbqoq23</a> )
Our Lady's chapel, pier head	Mass 11.20am (weekdays), 10.30am (Sundays & Holy Days)
<a href="#">Next Special Collection</a> . . . . .	18 May 2018 and 3 August 2018.
<a href="#">Rubbish collection</a> . . . . .	Tuesday (bags out ready by 9am)

### **EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999**

Airy Fairy . . . . .	616231	Stranded seals, etc . . . . .	616339/616206
Castle Bird Reserve . . . . .	616363	Balfour hospital . . . . .	01856 888000
Craftship Enterprise . . . . .	616249	Electricity	
Doctor . . . . .	616321	problems . . . . .	0800 300 999
Ebenezer stores . . . . .	616339	emergency . . . . .	105
Fish Mart . . . . .	616401	Water problems . . . . .	0845 601 8855
Hall bookings . . . . .	616446	Highland Fuels . . . . .	0800 224 224
Island Link Officer . . . . .	616475	Kirkwall Library . . . . .	01856 873166
Medical emergency . . . . .	616321	Kirkwall Police . . . . .	101
Neil's on Wheels . . . . .	616454	Vets:	
Nurses . . . . .	616480	Flett & Carmichael .	01856 872859
Olivebank . . . . .	616255	Northvet . . . . .	01856 873403
Post Office . . . . .	616499	Dentists:	
Registrar . . . . .	616239	Orkney Dental . . . . .	01856 872030
Star Island Soap . . . . .	616281	King Street . . . . .	01856 875348
SDT Office . . . . .	616410	Deyanov Dental . . . . .	01856 877118
Stronsay Hotel . . . . .	616213	Golgotha monastery. . . . .	616210
Taxi . . . . .	616335		(Email <a href="mailto:contact@the-sons.org">contact@the-sons.org</a> )

### **JIM HOLLAND HAULAGE—DELIVERIES**

Catalogue deliveries made on Wednesday and Friday only.  
Large items will be delivered on Saturday.

### **HOW TO CONTACT THE [LIMPET](#)**

Send an email to [editor@stronsaylimpet.co.uk](mailto:editor@stronsaylimpet.co.uk) (preferred method); phone Bruce Fletcher on 616297 (after 10am & before 8pm, please!); or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page



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