

STRONSAY LIMPET

Funded by the Stronsay Development Trust

ISSUE 158 - August 2018





WITH THANKS

I would like to thank the people of Stronsay for their love, care, support and prayers. Thank you for all the kind messages, cards and financial support. Charlie and I have gained comfort from the fact that Josh was well thought of in this community.

Josh flourished and matured, first on Stronsay and then on Orkney mainland. He made friends, found a girl friend, learned a trade and had some fun, just as a young man should.

He lived well. Thank you Stronsay,

Paul Williams

HOME FIRE SAFETY VISITS

The Scottish Fire and rescue service are looking for people wishing to have a home fire safety visit. It is hoped to carry out some here in Stronsay at the end of the month although they can be done at anytime that suits the householder.

Anyone wanting a visit could get in touch with me on Facebook or any of the other firefighters in the island (phone Linksness, Huip or Steenysheed) to request a visit and find a time that is suitable. You might have had a visit in the past but circumstances may have changed and you may want another one.

Damian Stout

STRONSAY DIABETIC SUPPORT GROUP

The next meeting of the Stronsay Diabetic Support Group will be held in the Stronsay Fishmart at 3pm on Wednesday 29th August.

STRONSAY HARVEST HOME

Saturday 27 October. More details later

HOW TO CONTACT THE LIMPET

Send an email to <u>editor@stronsaylimpet.co.uk</u> (<u>preferred method</u>); phone Bruce Fletcher on 616297 (<u>after</u> 10am & <u>before</u> 8pm, please!); or write to *The Limpet, Claremont, Stronsay, KW17 2AR*.

The next edition of the <u>Limpet</u> will be published on <u>Thu 27 Sep</u>. Items for inclusion in that edition should be submitted by 7pm on <u>Sun 23 Sep</u> Contact details are on the back page. The Limpet's website address is http://www.stronsaylimpet.co.uk

STRONSAY'S MASSIVE WEEKEND

On Saturday 18th August, we saw six months' worth of planning, emailing and panicking, come together for, well, a day of high wind and heavy rain.

We had set up our inflatables in the community hall and with the kind lend of our local school hall too. With rotas here, there and everywhere, signs up over the island, we were fairly organised.

We had sign-up sheets in the community hall for folk who had teams and for folk who wanted in a team. To be honest, I think most folk were just keen to get out of the rain and in for some delicious buffalo. We got 6 teams for the football and 6 for the Netball, we were running behind schedule (probably on purpose- to stay out of the rain) so we did a draw and matched teams up ready for their games.

The football consisted of two leagues and finished up with a final game, all refed by Gavin Leask. The football was high quality and high tempo for spectators, but challenging windy conditions gave each team a struggle of their own- top tip of the day being: KEEP THE BALL ON THE GROUND! 'The Swans' and 'Stronsay Mix' battled it out with a final score of 2-0, The Swans out on top!

The Netball again had its own challenges with half of their teams being signed up for the football too. We had Katell Roché setting up a knockout and lending a hand to ref too. Timings ran behind with waiting on teams from the football and vice versa, and we had our first casualty in Netball too. Band member and new-found netball player, Jamie Anderson, went over his ankle and spent the day overseeing from the shelter of the ambulance. After going through a knockout, three teams took part in a Round Robin; Hunton FC, The Stoots and our winners Everby!

All that was left was the Obstacle Course. We had 8 willing teams, ready to battle wind and rain and a huge amount of spectators too. Teams were to spin round three times and take a cup of water from one end of the course to the other, while going over a bench, tyres and a bale. Before they could begin the course, they were handed an egg each; 1 out of the 5 were boiled. Everyone was to splat the egg on their head and only the person with the hard-boiled egg was able to start the course and go first for their team. The two teams with the most amount of water went to a decider; The Dunk. This time each team member was to go through the course without the water or egg and gather back to the start. Once all your team had been through they were to select either Keith or Jack Holland and lift them as a team from the ground into the wheelie bin full of water- team first to shut the lid wins! 'Team C' and 'Papay' went head to head with Papay steaming in front and getting the choice of a Holland brother- Keith was dunked and then the team members picked up the second wheelie bin to pour on top of him!

The whole day had been brilliant, despite the weather. Everyone headed home- to get scrubbed up for the dance to the Stronsay Band.

After such a hectic day, everyone showed up to the dance in good spirits; even Keith! We had gotten an unbelievable amount of donations for our raffle which was the highlight of some people's nights, a huge thank you to everyone who supported it by donating and buying tickets. Anne- Maree had put on a huge and delicious spread for supper, as our raffle was drawn. The night came to an end for some as others decided to party on; but all keen for the Sunday.

(continued on next page)

As Sunday the 19th August came around, with heavy heads and uplifted hearts, it was sunny with not a breath of wind. Inflatables were able to go outside for the kids – and to really show them off to the people who had missed out on the Saturday. The BBQ was set up and chairs were throughout the hall and outside in the sun. Crafters had shown up prepping for the day to come, full of enthusiasm and buzzing to show off their hard work. Members of the Orkney Vintage Club had parked outside the hall, in fantastic view from the BBQ and sitting areas, welcoming anyone who wished to view their vehicles. We had 7 floats go by with a mixture of old and young throughout. We had everything from, 'Old MacDonald' to 'Island of bays' with two winners 'Lego' and 'Westray Ferries'. What a great turnout of floats with a lot of hard work gone on to create such colourful and entertaining trailers. Queues for the BBQ quickly started to fill up, with huge complements for Maurice A Williamson's burgers and sausages and Evelyn Seeber's mouth-watering spread to compliment.

Overall, we had a fantastic weekend, and so great to see such enthusiasm for our first year. Huge thanks going to Development trust for funding, everyone whole helped out, donated raffle prizes and to everyone who came along to support it and make it a success. We had huge fun coming up with ideas for the weekend and to see it all come to life was brilliant. Here is to next year!

-The Stronsay Sprites









(Continued on next page)













(photographs are by Roger Neville-Smith, Iain Johnston and Ian Cooper)

<u>VISIT TO STRONSAY BY RNLB "MARGARET FOSTER"</u> <u>SUNDAY 26 AUGUST</u>



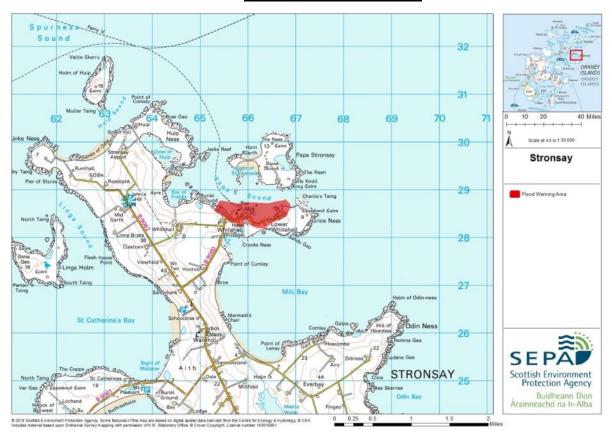
(Photo—Kirst Teale)

DOG POO BIN

A small home-made dog poo bin has been placed at the Rothiesholm Beach car park along with a small number of poo bags. As the contents of the bin will be emptied and disposed of by volunteers, it would be very much appreciated if regular dog walkers could still take their bags home with them for disposal where possible.



STRONSAY'S COASTAL FLOOD WARNING SERVICE IS COMING SOON



The Scottish Environment Protection Agency (SEPA) and the Orkney Islands Council are launching new Coastal Flood Warnings for Orkney in September. This will add 11 new Flood Warning Areas, including Stronsay, to **Floodline**, SEPA's public flood forecasting and warning system. Once the schemes are in place, SEPA's flood forecasters will be able to alert people in these areas when flooding is likely.

Floodline is a free service operating 24 hours a day, 7 days a week. Flooding information can be accessed by anyone via the Floodline website or telephone service, but if you sign up, you will be able to receive warning messages for Stronsay direct to your landline or mobile phone. We aim to issue Coastal Flood Warning messages at least 6 hours in advance, but it can often be 12 hours or more, hopefully giving you time to prepare and take action. If you are interested in another Flood Warning Area in Orkney, such as Kirkwall, we can sign you up to receive messages for that location as well.

Orkney's Coastal Flood Warnings will be officially launched on 18 September in Kirkwall. On 19 September, Paul and Richard from SEPA will be at Stronsay Fish Mart ready to answer any of your questions about the new service and to help you sign up to Floodline. Drop in any time on the 19^{th} between 13:30 - 17:30 for a chat and some light refreshments. If you have any photos of flooding in Stronsay, or any flooding stories that you would be willing to share, please bring them with you. Your experiences could help us improve coastal monitoring in the area.

For more information on Floodline, visit <u>www.floodlinescotland.org.uk</u> or phone 0345 988 1188. Please note, you will not be able to sign up to a Coastal Flood Warning until 18 September.

Community Information Event on Stronsay's Coastal Flood Warning Service Wednesday 19 September, 13:30-17:30, Stronsay Fish Mart

Drop in between 13:30-17:30 to learn more about Floodline and the new coastal flood warnings for Stronsay delivered by the Scottish Environment Protection Agency.



Stephen Clackson's Letter from School Place

Keeping you in touch with what your councillor is up to

I thought Councillor John Ross Scott's proposal for a regular question & answer session at our general meetings was a jolly good one. After all, it has a respectable precedent in Prime Minister's Questions at Westminster and First Minister's Questions at Holyrood, and, what is more, it already happens in 17 of Scotland's 32 local councils. I supported JRS by being one of the three counter-signatories to his notice of motion lodged at the 3rd July General Meeting. OIC officialdom recommended against it, claiming, among other things, that OIC has no "opposition", something I roundly rebuffed in my speech. Dishearteningly, yet predictably, the implementation of a question & answer session was defeated by the forces of reaction, 15 votes to 4. You can hear the debate (which extended the meeting from a mere 9 minutes to a more meaningful three-quarters of an hour) at: https://soundcloud.com/orkney-islands-council/general-meeting-of-the-council-3-july-2018



Keeping up with the Clacksons — a cluster of Clackson cousins at the West Manse

During the recess, we had family visiting from England and Germany. (The younger ones are depicted above.) They were impressed by the good state of Orkney's roads, the cleanliness of its public toilets and the tidiness of Kirkwall. So OIC must be doing something right! My only trip away was down to Edinburgh to collect my elder son and his clobber for the long vacation. This also involved helping to clean his student flat (see photo below) before he vacated it. Parking in Edinburgh was an utter nightmare, as was negotiating the city traffic. It really makes you appreciate how calm Orkney is, even on a cruise-liner day.

We had a good Sanday Show this year, sweeping the board with our geese and winning prizes for our other poultry, too.

(continued on next page)

Since my last "Letter", out in the Isles I've been to meetings of Eday Community Council and Sanday Community Council, the AGM of Stronsay Development Trust, and the inaugural service, on Eday, of the Eday-Sanday Kirk linkage. The end of the recess was marked by meetings at School Place of the Inter-Isles Air Services Consultative Forum, the Inter-Isles Ferry Services Consultative Forum and a seminar on what to do with the old Papdale Halls.

My acquaintance with computers spans more than 40 years (which is probably why I am less enamoured of them than most of my colleagues are). I wrote my first computer program (in CESIL) at school in the mid-1970s; I was receiving and sending electronic mail at college in the mid-1980s, and the 1990s saw me taking an MSc degree in computer science and working as a software engineer in Germany—computerising their local government bureaucracy! I started and finished doing discussion forums well before Facebook was born, and I have witnessed the detrimental societal and psychological impacts of social media, which is why I shall be actively supporting the Royal Public Health Society's "Scroll Free September", insofar as I am able to in practice. This has nothing to do with medieval manuscripts nor fancy wrought ironwork (so palaeography and blacksmithing can continue) but is a mental health campaign, endorsed by the NHS, to get people, especially children, to give up social media for one month. So, if I'm late responding to e-mails, you'll know why.

On the 22nd September, I shall be coming to Rousay for the meeting of the Rousay, Egilsay, Wyre & Gairsay Community Council.

Stephen

Cllr Dr Stephen Clackson
West Manse, Sanday
stephen.clackson@council.orkney.gov.uk

You can download "Letter from School Place" from **Ifsp.pbworks.com**

RECENT BIRD SIGHTINGS

The Black-tailed Godwit flock at the Matpow Loch is still present and easy to see from the car by the roadside. There are now well over 50 birds there – the majority with brick-red necks/breast. In flight they all show the striking black and white wing and tail pattern. There have been a few smaller waders nearby, including 2 or 3 Ruff, the most unusual being a White-rumped Sandpiper for just a few minutes on 31st July – just the 3rd island record of this American species. Waders began to build up at the Bu Loch in usual numbers in late July but with the drought conditions throughout mid-summer most had moved on by mid-August.

There have been a few sightings of Short-eared Owl in late summer but no evidence of breeding, and Ant and Clare heard a Quail calling close to the Waterworks in early August. There have also been a few sightings of single Stonechats from various sites, suggesting possible breeding, and just when we thought the chance of seeing the species this year had gone, a party of 14 or so Swifts were seen feeding above Airy for a short time on 7th August. (The vast majority of sightings of the species here are in July). Sand Martin numbers were lower this summer but a few birds did breed in the cliffs in Mill Bay and Bomasty Bay. Twite seem to have been successful again this year – a flock of 50 or so were seen in the Rothiesholm area in late summer, and the similar but more colourful Linnets have been as obvious as ever in the gardens and fuchsia hedges in particular. A flock of 200 or so Linnets has recently built up, feeding on the weed-seeds in and around the Dale Quarry/Samsonslane area.

One or two Willow Warblers were seen in early August and there were several sightings of Hen Harriers – at least 3 different birds, including an adult male. A Merlin has also been seen on a few occasions from different parts of the island and a surprise find by Carrie near Linksness in mid-August was a Kestrel on a roadside fence-post (see photo).

A light NE wind on 19th August brought a – sadly 'short-staying' - Blyth's Reed Warbler to the garden at Airy. The second record of the species in early Autumn in the last 4 years.

Whimbrel were recorded throughout the month – many flying over calling – and Golden Plover were recorded in the freshly cut fields throughout the period.

Here at Castle, our Swallows laid one egg in the coal shed (after one was found broken below the nest) and reared the single chick successfully. Very strange behaviour! They have now laid again in a nest alongside the first.

The last few days of mainly westerly winds have brought a 'rush' of Wheatears to the island – all big 'Greenland-types'. These almost invariably feed along the roadsides and are very easy to identify when perched. The black and white tail is the best feature and best seen as the birds fly low over the tarmac, heading for the next fence-post!

Many thanks for all the calls. John Holloway

PS: We were delighted to hear from Jean and Paul at Glenmanna that the injured Short-eared Owl we handed over to them last winter is still thriving and happy in its new enclosure.

(Photographs are on next page)





The female Kestrel first seen by Carrie near Linksness in mid-August. The species has bred on the island occasionally

This 'first-summer' male Hen Harrier was seen at several sites during summer. Note the moulting upperwings changing from brown to bluey-grey



Almost identical in colouration to the bird seen at Airy this year, this moulting Blyth's Reed Warbler was present at Linksquoy in early Autumn 2015



The Bu Loch in mid-summer - only the second time it has dried out completely in the last 30 years. A sure sign of a good summer!

BRING OUT THAT BONNET

By Ellie from Newfield

How wonderful is summer. How great it does feel To stroll along in well-being. Oh yes, it has such appeal. The swallows appear overnight With Mother Nature's stamp of approval, Jack Frost is banished from sight While she oversees his removal. Bring out those dainty sun bonnets, Straw boater and dark glasses too. Summer is the magic time, She'll cast her spell over you. Each child has a healthy glow, Surely summer is their friend. You can almost see them grow, Why must all good things end? Forgotten now the excitement, The rapturous joy that they felt As they rushed outside in the snow Hoping that it would never melt. Does Mother Nature in her wisdom Give each season its own special charm, Leading them on in her rota Almost seemingly by the arm. But it is now when she's at her best When the days are warm and long, When the flowers bloom in a colourful blaze And the woods ring with birdsong. Whatever the weather or season There's a joy I'm sure to be found Just being a part of nature, But I so hope summer sticks around.

©Helene Harrison

SALES, WANTS, GREETINGS, THANKS

LOOKING FOR A ONE BED SELF-CONTAINED PROPERTY TO RENT ON STRONSAY

I am Scottish and a retired teacher currently living abroad. I plan this projected move to Stronsay to be permanent and would be interested in a long-term lease.

From around the end of this year
Feel free to contact me by email with any questions: adouglas@post.com
Many thanks

Andrew Douglas

HOUSE FOR SALE £135,000 (OR EXCHANGE?)

BAYVIEW, WHITEHALL

4 bedrooms plus 2 attic rooms, 3 reception rooms, 2 bathrooms, utility room plus numerous outbuildings.

We're not looking to leave the Stronsay, it's just time to find something smaller. Please contact Dave or Jill on 616308

BAYVIEW UPDATE (1 June 2018)

Having decided to put our home on the market we are obliged to have a Home Report, which was completed this week. I am pleased to say it was all very favourable and thanks to the hard work of Saul over the past two years the improvements were well noted and the survey valued the house at £135,000. So it is now with the Orkney Property Centre at that price.

WANTED

3 or 4 bed property for long term rent on Stronsay.

We are a family of 5 (parents and 3 boys) with one well behaved dog. We are looking to relocate to Stronsay anytime from August 2018. We have experience in various sectors, but the majority of our experience is in event management and marketing and we have a lot of ideas that, we feel, could help to bring in more tourists, therefore helping to boost the local economy. We are currently living in the Scottish Borders, having moved from England in 2016. We are looking to make this move a permanent one and would be happy to take on a long lease. Please feel free to get in touch with any questions via email to

kellyhooper14@yahoo.com or call 01890 249032

Bond and references available. Many thanks Kelly and Craig Hooper

Local sales, wants, etc are free!

SALES, WANTS, GREETINGS, THANKS

THANK YOU

Thank you for the lovely flowers which Sue delivered from the Community Greenhouse Sheila Burger

WANTED!

YOUR OLD UNWANTED PRINTED LIMPETS

Issues:

1,3,4,5,7,8,11,24,35,37 only. Thank you
To complete set of pre on-line issues.

Should I no longer need the set I will pass on to the
Heritage Centre/SDT.

Leo Martini-Brown
Waterhall
Lower Whitehall Road
01857 616332
E: lmartinibrown@yahoo.co.uk

100 Years Ago

The carnage of the Great War was coming to and end.

It would be good to see Bill Miller's important series on Stronsay's soldiers who died 1916-18 and in WW2, published in these earlier Limpets, brought out in a separate publication; perhaps with my piece on the War Memorial. Let Bruce our respected editor know if you think this would be welcome.

ARE YOU PLANNING AN EVENT? PLEASE CHECK THE STRONSAY DIARY

If you are planning an event please check the diary of events on Stronsay (which can be found at http://visitstronsay.com/events) to ensure that your planned event won't clash with something already announced; it will also enable other organisers to avoid clashing with your event..

If you want your event to appear in the diary please contact the editor of the Limpet editor@stronsaylimpet.co.uk with details - what is it, where is it being held and, most important, the date and time.

Local sales, wants, etc are free!



STRONSAY FISH MART

Phone 616401

Open 6 days a week from 11am to 3pm (closed Thursdays)

Sunday 2nd September 2018

- Soup with homemade loaf
- Roast Beef, yorkshire pudding, vegetables and potatoes
- Chicken curry, Naan bread and rice
- Fruit crumble and custard (cream / ice-cream)
- Trifle (cream / ice-cream)

Sunday 9th September 2018

- Soup with homemade loaf
- Chicken in gravy, oatmeal stuffing, vegetables and potatoes
- Lasagne, garlic bread and chips
- Rice pudding and fruit (cream / ice-cream)
- Cheesecake (cream / ice-cream)

Sunday 16th September 2018

- Soup with homemade loaf
- Gammon, pineapple, vegetables and potatoes
- Chilli con carne, rice and tortillas
- Lemon meringue pie (cream / ice-cream)
- Gateau (cream / ice-cream)

Thursday 20th September 2018—Specials night!

- Chinese takeaway
- Homemade doughnuts

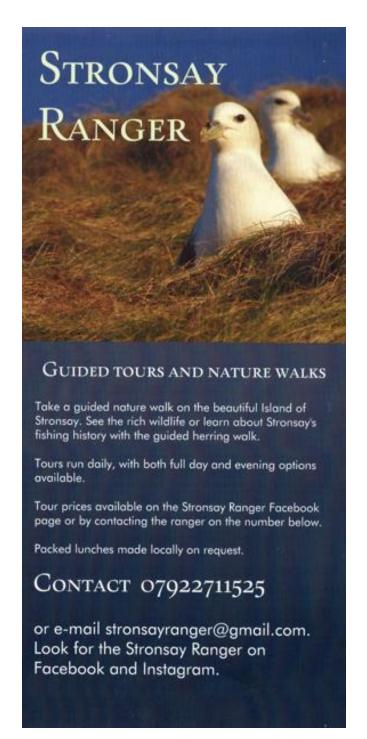
Sunday 23rd September 2018

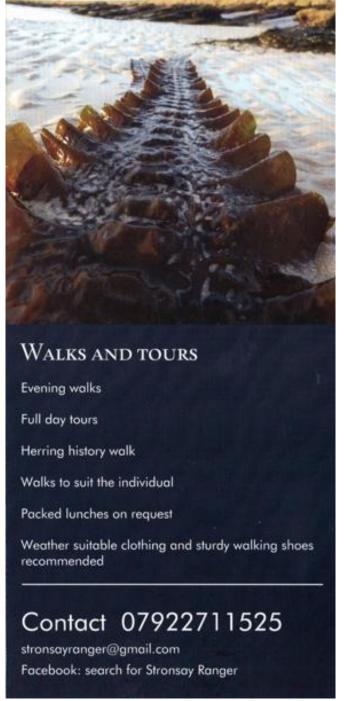
- Soup with homemade loaf
- Chicken goujons, dips and chips
- Macaroni cheese, garlic bread and chips
- Chocolate brownie (cream / ice-cream)
- Ice-cream and caramel sauce

Sunday 30th September 2018

- Soup with homemade loaf
- Hunters chicken, roast potatoes and vegetables
- Quiche, chips and salad
- Clootie duff and custard
- Fruit roulade (cream / ice-cream)

Local business adverts are free!







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What a busy and brilliant month it's been, weather not too shabby, the silage is in (3) and

Free

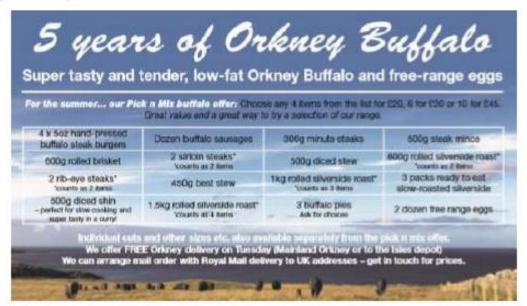
Eggs

Range

the Massive weekend was, well massive!! The end of the school holidays was absorbed with creating little Lego people...and we were all very grateful for the time, dedication and creativeness of our artistic director - Vicky - massive thanks!!!! (oh, and the driver!) @

Pick n' Mix still on offer if you'd like to try a few bits and pieces at a great value price.





Free range eggs always available from the farm, selfservice fridge in the porch at Kirbuster - £2.50 per dozen, or £1 per 1/2 dozen for pullets.

Freshly baked (or freezer-ready) pie boxes also

available - get in touch for flavours and details. We will also have some Mangalitza pork home in the

next weeks; we're taking orders now for individual cuts, small mixed boxes, halves and whole pigs - give us a bell if you'd like to pop your name down.

For more info just give us a bell, msg on Facebook or pop past, or we can drop off to you (3)

Russell & Naomi Bremner and the gang!

Local business adverts are free!

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Our very own premium quality sausages; including a wide variety of flavours – Pork /beef /pork, cheese & chive/pork & red onion/pork & black pudding/ beef, onion & mustard etc.

Home-made; White puddings, black puddings, our very own Olivebank grill, sandwich fillings, ready-made meal options

....AND SO MUCH MORE!



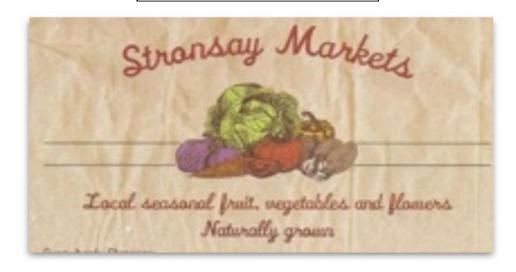


We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.

Reasonable prices.

Contact Craig or Christine for more information.



New business, a mini market garden, set up in late 2015 at Sunnybank, Stronsay

Currently supplying mixed salad leaves, some winter vegetables and bedding plants. There will be more as the season progresses.

I will supply a list each week with availability
Please look at my Face book page "Stronsay Markets" or
send me an email "stronsaymarkets@gmail.com and I will put you
on my mailing list





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Call Patrick on **07933 488283**

Email: patrickmcgrathltd@gmail.com



Local business adverts are free!

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Ladies, Gents & Kids Haircuts available. Tel Siobhan 616337. For additional services such as colouring / perming please let me know in advance for a consultation & allow time for product delivery

Computer, tablet or phone misbehaving or running slowly?

Want to learn how to use social media, word processing, spreadsheets, change the privacy settings on your computer, tablet, phone or social media accounts or anything else computer related?

Need help protecting your family from the dangers online or setting up home or business accounting sheets on paper or computer?

Thinking of buying a computer, tablet, phone or printer but don't know which one?

Have a printer or other device that needs connecting to your computer?

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I can do one off lessons or a series of lessons for individuals or groups starting with the basics right up to more complex lessons such as photo editing or spreadsheets, including lessons for people who have never used a computer or tablet.

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Phone 01857 616213

Six days a week (Tuesday - Sunday) 5pm to 9pm

NOTE—closed Monday

TAKE AWAY MENU

Homemade lasagne + chips	£5.95
Homemade chicken curry + rice or chips	£5.95
Homemade chicken & bacon pie + chips	£6.50
Breaded haddock + chips	£5.50
Battered haddock +chips	£6.50
Breaded wholetail scampi + chips	£6.50
2 sausages + chips	£3.00
2 fish fingers + chips	£2.80
"Stronsay beast burger" + fries	£4.50
"Stronsay cheese beast burger + fries	£5.00
Portion of chips	£1.30
Half portion of chips	£0.80
Portion of cheesey chips	£2.10
Half portion of cheesey chips	£1.10
Portion of onion rings	£1.20
TT 10 1 1' ' 20	

Half cheesey chips = minus 20p Cheesey chips = add 80p Half chips = minus 60p Half rice = minus 60p



Local business adverts are free!

"NEIL'S ON WHEELS"



- All mechanical work undertaken.
- Tyres
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- Welding specialist
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- Home start
- Towing service

MOBILE: 07723 304 260 HOME: 01857 616454





Local business adverts are free!

Orkney Star Island Soap & Textiles

Traditional hand crafted soaps, balms, bath fizzies and hand spun yarns, woven throws, wall-hangings



Craft Trail: Isles View, Stronsay, Orkney
Tel: +44 01857 616 281

Email: info@orkneystarislandsoap.co.uk

Web: https://www.orkneystarislandsoap.co.uk

Face Book: https://www.facebook.com/orkney.star.island.soap/



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Orders also taken via Facebook, Twitter, Instagram or phone 07736838489 with email invoices that can be easily paid by card or PayPal.

STRONSAY HEALTHY LIVING CENTRE supervised sessions

All Supervised Sessions will run from 4.30 pm to 6.30.pm

MONDAY	4:30—6:30
TUESDAY	Buddy system
WEDNESDAY	4:30—6:30
THURSDAY	4:30—6:30
FRIDAY	4:30—6:30
SATURDAY & SUNDAY	Buddy system by request

The gym can be accessed throughout the day if you have a 'buddy' to go with.

A code is required, please speak to one of the team if you have any questions Inductions by appointment only Andy - 616277 or Julie - 616335 Gym during supervised sessions - 616449

STRONSAY COMMUNITY ASSOCIATION

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up? Why not hire the disco equipment with rotating glitter globe and pulsating coloured lights for only £5 plus room and hydro charge? A DJ from the Hall list must be used.

Also available for hire: badminton, table tennis and pool all at £3 per hour plus hydro. All equipment provided.

Adult supervision (over 18) must be present during hire.

For details and booking contact Colin on 616446.

STRONSAY SWIMMING POOL TIMETABLE

Updated August 2018

Monday

7-7.40 public session 7.40-8.20 adult lane (14+)

Thursday

7-7.40 private hire (prebooked) 7.40-8.20 private hire

Saturday

2-2.40 private hire (prebooked) 2.40-3.20 public session 3.20-4pm private hire

Swim club lessons weekly

To enquire about private hires, phone Elsie 616238 To enquire about swim club, phone Sarah 616406 or Andy 616277

POOL CHARGES

Public Sessions

Adults (16 and over) £2.40 Children £1.20

Private Hires

40 minute session - £15 60 minute session - £20

Swim Club

Children will be offered 10 week blocks which can be paid up front (non-refundable) 40 minute sessions - £16 block booking; £2 per session 60 minute sessions - £20 block booking; £2.50 per session

Men only and Women only Sessions (16 and over)

Block booking of 10 sessions over a 12 week period (non-refundable) £24 block booking £3 per session

Announcements by charities, local groups, clubs and organisations are FREE!

KIRK CORNER

Locum minister—Scott Daily Manse telephone 616286

Recently Stronsay's Massive weekend took place, it was a great time of fun, food, and floats (to use some alliteration). All who took part did a great job, and the weekend was indeed massive! I got to thinking about how Stronsay is "massive" in many ways. There are may definitions of the word massive, ranging for "having mass" to the slang meaning of "something that merits praise". Certainly Stronsay fits both these definitions, it does have mass and anyone who comes can see it is worthy of praise. But the definition I think most fitting is "large in comparison to what is typical". While Stronsay is not all the big in terms of land area (though it seems bigger then the figures make it sound), it is massive in terms of community spirit, beautiful scenery, and wonderful people.

Moncur Memorial Church, located near the centre of the island, is also "massive". The building itself is certainly "large in comparison to what is typical", towering over the landscape. But what really makes it massive is the people who attend, their love and faithfulness are indeed massive. I want to encourage you if it has been awhile since you have been to church or even talked to God, there is no better time to come back, it is small step that can lead to massively good things! As we have been studying on Sundays, God loves you so much that He sent His son to die for you, take this wonderful free gift that He offers. I hope to see you on Sunday mornings at 11, and please if there is anything I can do to help or serve you in anyway feel free to call the manse or drop by.

Scott Daily

Sunday Club starts up again on Sunday 2 September. Sunday services start at 11am unless otherwise stated. For details of services see the kirk's website:

 $\underline{http://www.orkneycommunities.co.uk/stronsaykirk/index.asp?pageid=595575}$

25 youngsters plus various parents, grandparents, great-grandparents, uncles & aunties, etc came to the Kirk picnic on Saturday 25 August. They didn't let a bit of rain dampen their spirits. Thanks to everyone involved in organising this event.

JIM HOLLAND HAULAGE—DELIVERIES

Catalogue deliveries made on Wednesday and Friday only.

Large items will be delivered on Saturday.

Announcements by charities, local groups, clubs and organisations are FREE!

KIRKWALL MOBILE LIBRARY VISITS TO STRONSAY

Dates of mobile library van visits to Stronsay in 2018

Monday 15th October Monday 10th December

Winter

- Council Houses 8.45 9.45
- School 10 12
- Kirk 12.30 3
- Fish mart 3.15 4.45

Summer/Refit

- Council Houses 9 10
- School 10.15 12
- Kirk 12.30 3
- Fish mart 3.15 5.30

For full details visit the library's website http://www.orkneylibrary.org.uk

PEEDIE LIBRARY

The Peedie Library will be open in the Church Hall between 3pm and 5pm on the following dates. There is **NO** charge for this service. Please join us to change your books and enjoy a tea or coffee with a biscuit and a chat.

- Monday 1 October
- Monday 3 December

STRONSAY MEDICAL PRACTICE

In an emergency phone 01856 888000

Surgeries by appointment only

Phone 616321 to book an appointment Monday 9:30—10:30, 15:30—16:30 Tuesday 9:30—10:30, 14:30—15:30 Wednesday 9:30—10:30, from 14:00 Thursday—no surgery Friday 9:30—10:30, 15:30—16:30

Ordering repeat prescriptions

Phone 616321

Please note the changed email address <u>orkney.stronsay@nhs.net</u> Website www.orcadespractice.co.uk

Please will patients order prescriptions at least 8-10 days before they are needed. This will reduce frustration when items have not been delivered from the mainland.

Collecting prescriptions

Please will patients collect their ordered prescription 10:30-11:30am or 2-4pm Monday, Wednesday or Friday. This avoids the busiest time when the prescription boxes are being unpacked.

Thursday service

Katrina is now going to Eday regularly to help with administrative work there. The phones will be diverted to Balfour switchboard in the morning until Katrina arrives at Eday surgery where she will be able to take calls. On leaving Eday the phone is diverted again to Balfour.

In an emergency phone 01856 888000

USEFUL INFORMATION

POST OFFICE OPENING TIMES, etc

Monday to Saturday 8:30am—5:00pm

Post collection times 07:30, Monday to Saturday

Bank day Tuesday 09:15-14:45 (closed 12-1 for lunch)

Island Link Officer...... Fishmart office 10 to 12 on Tue, Thu & Sat. Phone 616475

SDT Office Wood's Yard 10am - 11am Mon-Fri. Phone 616410

Sunday service at the Kirk ... 11 am (see https://tinyurl.com/ybbqoq23)

Our Lady's chapel, pier head Mass 11.20am (weekdays), 10.30am (Sundays & Holy Days)

Next Special Collections ?

Rubbish collection Tuesday (bags out ready by 9am)

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Airy Fairy 616231	Stranded seals, etc 616339/616206
Castle Bird Reserve 616363	Balfour hospital 01856 888000
Craftship Enterprise 616249	Electricity
Doctor 616321	problems 0800 300 999
Ebenezer stores 616339	emergency 105
Fish Mart 616401	Water problems 0845 601 8855
Hall bookings 616446	Highland Fuels 0800 224 224
Island Link Officer 616475	Kirkwall Library 01856 873166
Medical emergency 616321	Kirkwall Police 101
Neil's on Wheels 616454	Vets:
Manse 616286	Flett & Carmichael . 01856 872859
Nurses 616480	Northvet 01856 873403
Olivebank 616255	Dentists:
OIC out of hours 01856 873535	Orkney Dental 01856 872030
Post Office 616499	King Street 01856 875348
Registrar 616239	Deyanov Dental 01856 877118
Star Island Soap 616281	Golgotha monastery 616210
SDT Office 616410	(Email contact@the-sons.org)
Stronsay Hotel 616213	5
Taxi 616335	

HOW TO CONTACT THE LIMPET

Send an email to <u>editor@stronsaylimpet.co.uk</u> (<u>preferred method</u>); phone Bruce Fletcher on 616297 (<u>after</u> 10am & <u>before</u> 8pm, please!); or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page











