

STRONSAY LIMPET

Funded by the Stronsay Development Trust

ISSUE 171 - September 2019





WINTER TIMETABLES

Orkney Ferries—winter timetable starts on **Tuesday 1 October**https://tinyurl.com/orkferry
Loganair—winter timetable starts on **Sunday 27 October**https://tinyurl.com/y2tdwbq8

DATES FOR YOUR DIARY

25 September	Diabetes Support Group
26 September	Stitchers
5 October	Autumn Craft Fair
7 October	Mobile library van
7 October	Enhancing Wellbeing
8 October	Peedie Library
12 October	Spinners
15 October	"Guitar Tots" starts
24 October	Enhancing Wellbeing
31 October	Stitchers
2 November	Spinners (final for 2019)
5 November	Peedie Library
28 November	Stitchers (final for 2019)
30 November	Christmas Craft Fair
3 December	Peedie Library

STRONSAY SWIMMING POOL NEEDS YOU!

We are looking for anyone interested in training to be a lifeguard, particularly those who are able to commit to a considerable length of time, to help us ensure the pool's sustainability. Anyone aged 16 and over is welcome to apply! Free training will be provided.

Please contact Andy Rose on 616277 or via Facebook for more info

HOW TO CONTACT THE LIMPET

Send an email to <u>editor@stronsaylimpet.co.uk</u> (<u>preferred method</u>); phone Bruce Fletcher on 616297 (<u>after</u> 10am & <u>before</u> 8pm, please!); or write to *The Limpet, Claremont, Stronsay, KW17 2AR*.

The next edition of the <u>Limpet</u> will be published on <u>Thu 31 October</u>. Items for inclusion in that edition should be submitted by 7pm on <u>Sun 27 October</u>. Contact details are on the back page. The Limpet's website address is http://www.stronsaylimpet.co.uk

STRONSAY FISH MART

As you may know, Stronsay Community Council hosted an informal meeting in the Community Centre on the evening of Monday 16th September. This was to give an update on the current situation with the Fish Mart Café and Hostel and to try to gauge the level of community support there was for business. It was explained that, after three years of providing a superb service, the previous operators had decided not to renew the lease of the premises. With little local interest at the time, the post was advertised further afield and, after much interest from all corners of the globe, 12 firm applications were received. This was eventually whittled down to a short list of two applicants who seemed to tick all the boxes and, after interview, the post was offered to one of the applicants, a couple with a young family, who accepted the post but were unable to start for some time. Unfortunately they later decided that the move from England to Stronsay was just too big a commitment for them as a family at this time and they withdrew from the post, so that was how things stood at the time of the meeting. It was also outlined that, due to the type of heating in the building, energy costs were quite high and the Community Council had been investigating alternative forms of heating. It was also felt that the viability of the business depended greatly on the Hostel side of the business being well utilised and it was pleasing to see that it had been very well used over the summer, although we were aware that much of this had been workmen involved in projects on the island and couldn't be relied on as a permanent source of income.

We were pleased to see a really good turnout at the meeting, with 38 locals in attendance, and really delighted that everyone was very supportive of the venture, saw it as a great asset to the island and hoped it could continue.

With the meeting then thrown open for any comments or suggestions, we were very appreciative of the many thoughts and ideas that came forward that could make the future of the facility more secure. Among the many great ideas that came forward there were several suggestions on how energy costs could be reduced, how the café could increase its profits, how the Hostel could be advertised and more people encouraged to use it and even a suggestion on how a change of name could well help business. There was also some strong local interest expressed on taking on the running of the Hostel and Café so I think things are looking very positive at the moment. These ideas have all been taken on board and will be considered in depth but we would still welcome any more thought that you may have, whether you were at the meeting and have since thought of something more or you weren't able to attend and have some ideas or suggestions you would be willing to share with us. If so, the Community Council would be delighted if you could pass your thoughts on, either to me at Steenysheed or to Colin at The Hill.

Thank you once again to all who attended the meeting last Monday and for showing your support for the Fish Mart. This has certainly given us a good steer on what to do and where to go now!

Ian Cooper Stronsay Community Council

RECENT BIRD SIGHTINGS

Two adult Curlew Sandpipers were at the Bu Loch in late August for a few days (see photo), along with one or two Ruff and up to 50 Black-tailed Godwits, but the very wet period in late August and early September meant that all of the usual 'muddy margins' around the island were water-logged and unsuitable for wading species. The gardens however were absolutely full of colour and began to attract migrants towards the end of August – the first 'rarity' being a Barred Warbler (from the continent) found by Hazel in the garden at Airy on 28th. Also in the garden there, were a Pied Flycatcher and a Willow Warbler – also probably from across the North Sea. Airy was the place to be that day, Leah seeing two 'ring-tail' Hen Harriers having a brief 'skirmish' in and around the garden (both 'brown' birds - either adults or young males – or perhaps one of each!).

There was a big arrival of 'large' Wheatears at the end of August – almost certainly all 'Greenland types', and September began with a Willow Warbler at Helmsley, a Whinchat along the Airy Road (see photo), and a Wood Warbler in the Airy garden. A few Reed Buntings appeared around this time – probably local birds – and there were many Gannets diving for fish in Mill Bay during a windy spell on 4th.

Pied Wagtail numbers built up in early August as usual and there was a mixture of small migrants at the start of the second week – Chiffchaff at Holin Cottage and Pied Flycatcher at Harrowdale on 8th; Redstart at Airy on 9th (see photo), and best of all - what is a major rarity in the UK - a Booted Warbler along the fence towards Linksquoy on 10th. (The 4th record of the species on Stronsay).

In mid-September the NW winds brought the first skein of (38) Pink-footed Geese flying over towards the Scottish Mainland, wintering duck began to arrive here – mainly Wigeon. and a small party of Whooper Swans flew south over Dale at dusk on 17th. A party of 33 Pink-footed Geese flew over on 18th and a sign of many birds moving south was the drop in the number of sightings of several species here - Wheatears, Meadow Pipits and Swallows. A few Sand Martins were still around indicating a successful breeding season on the island.

The air was surprisingly warm around 18th-20th September and brought a few migrants from the continent once again, including a rather elusive juvenile male Red-backed Shrike at Sunnybank (see photo). There were several sightings of Red Admiral butterflies and Airy Cottage garden was the 'star' once more, with 3 migrants – Robin, Redstart (new bird) and Willow Warbler, whilst at Castle, Sue saw a male Blackcap from our kitchen window. A single Goldcrest (generally regarded as the 'smallest' UK species) was found very appropriately in what is probably the smallest island garden – Park Cottage, and perhaps the best and closest sighting of all was the Redstart which posed on the window-sill at Daisybank for a few seconds, delighting Kate, Sue and visitor Betty Winslow who had just finished sipping coffee in the kitchen! 100 Wigeon arrived on the Matpow Loch around this time.

Yet another Redstart greeted us as we entered the drive on 21st - a male on the Lower Millfield garden wall ... and with SE winds forecast for much of the coming week we are surely in for plenty more surprises!

Have I ever said that before??? Fingers crossed.

Thanks again for all the calls. John and Sue. (Photographs on next page



'One of the two moulting adult Curlew Sandpipers at the Bu Loch'



'The Whinchat along the Airy Road – in typical posture and typical habitat'



'The first Redstart of the Autumn - on the Airy Cottage garden wall'

(concluded on next page)



'Pied Wagtail in a Fuchsia hedge – very unusual 'habitat' for the species'



'The Red-backed Shrike opposite Sunnybank – very elusive at times!'

"SCREEN MACHINE" VISITS STRONSAY IN NOVEMBER!

Screen Machine is an 80-seat air conditioned, digital mobile cinema which brings the latest films to rural area of the Highlands and Islands of Scotland. Keep an eye on the website (https://www.screenmachine.co.uk/dates) for more details.

STEPHEN CLACKSON'S LETTER FROM SCHOOL PLACE

Reporting on the endeavours of your councillor on your behalf

Soon after we reconvened from the council recess, the council computer system was "reconfigured". This means that councillor e-mail addresses have returned to what they used to be, in my case: stephen.clackson@orkney.gov.uk

Following a whole day's Special General Meeting to allow councillors, as the final stage of the recruitment process, to listen to candidates' presentations and interview them, Orkney Islands Council now has a new Executive Director of Education, Leisure & Housing, Mr James Wylie, replacing Mr Wilfred Weir, who is retiring. James is well known around Orkney schools, having latterly been OIC's Head of Education (Curriculum & Community Learning), and I wish him well in his new role.

At the first meeting of the new academic year of the Orkney College Management Council, community rep, Beverley Clubley was elected the new chair, to replace Cllr John Ross Scott, who failed to get re-elected onto the Management Council.

The draft annual statement of accounts for 2018/19 presented to the Monitoring & Audit Committee shows a Harbour Fund balance of £249,565,000. I asked if any of this was earmarked for the repairs, maintenance and improvement of marine assets, such as North Isles' linkspans. The Head of Finance replied that within this fund sits the Miscellaneous Piers Fund, which *is* earmarked for this purpose and currently stands at £6,879,000. I believe Sanday's linkspan is scheduled next.

I met with Council officials to discuss speed limits around Isles' schools, which are the only ones in Orkney (and much of the rest of the UK) still above 20mph. To progress this, it would be helpful if Isles' schools ensure they have up-to-date travel plans, and that parent councils and community councils make their wishes known to OIC (again!). I doubt anyone needs reminding that 90% of pedestrians hit by a vehicle travelling at 40mph will be killed, and 50% at 30mph, yet at 20mph 90% will survive—not to mention that at 20mph a driver has more time to take evasive action and avoid collision in the first place.

At the meeting of the Education, Leisure & Housing Committee, it was good to hear of the funding that North Ron and Papay have received through our Strategic Housing Investment Plan. As a corporate parent, I brought up the problem of what our care-experienced youngsters can do with their stuff when they leave their care home to go away to study. Without storage facilities back in Orkney, they have to schlep their entire worldly goods with them wherever they go. OIC is looking into this.

(continued on next page)



Councillors meeting with members of Extinction Rebellion Orkney (photo by Cllr Steve Sankey)

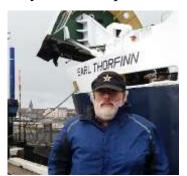
Along with a few other councillors, I met with members of Extinction Rebellion Orkney in the Council Chamber. We had a constructive dialogue, which demonstrated that our respective ecological aims are really not all that different.

Other meetings I have attended this month include: a members' political session, a meeting of the Sanday Community Council (twice!), planning training, a meeting of the Orkney Health & Care Committee (well done to Kalisgarth on their inspection results), the first meeting of the new Digital Strategy Consultative Group, and an Orkney Ferries' Board meeting. Following a decision we made at an earlier Board meeting, the period that multi-journey books of vouchers are valid for will be extended from 1 year to 500 days from the date of purchase. I'm sure this change will be welcomed by ferry users, especially those who in the past have ended up with vouchers left unused after the expiry date.

Assistance with travel costs to/from hospital may be claimed from the NHS by patients and escorts if the trip involves crossing 5 miles or more of sea, which means all residents of the outer North Isles are eligible. To claim, you submit a form (available from Balfour Hospital reception and island surgeries), which must be officially signed at your appointment, along with your receipts/tickets.

Stephen

Cllr Dr Stephen Clackson
West Manse, Sanday
stephen.clackson@orkney.gov.uk
<u>E</u> Note e-mail address



You can download "Letter from School Place" from Ifsp.pbworks.com

HOSPITAL TRAVEL COSTS SCHEME

Benefits eligible for refund of any reasonable amount spent on travel to receive treatment at an NHS Hospital.

- Income Support
- Income-based Jobseeker's Allowance (JSA (IB))
- Income-related Employment and Support Allowance (ESA (IR))
- Pension Credit Guarantee Credit (must be guarantee credit, savings credit alone does not qualify)
- HC2 Certificate
- NHS Tax Credit Exemption Certificate/Card *(see note below)
- Universal Credit

Patients who are in receipt, or their partners are in receipt, of any of the above benefits are entitled to reimbursement of all reasonable travel expenses spent on travel to receive treatment at an NHS hospital.

This above does not cover travel expenses whilst attending any primary care appointments. ** See below for War Pensioners.

HIGHLANDS AND ISLANDS TRAVEL SCHEME

Should the journey involve the patient travelling over 30 miles by land or 5 miles by sea then the Highlands and Islands Travel Scheme will apply. Patients are entitled to reimbursement of all reasonable travel expenses, but must pay the first £10 of their travel costs. Patients who are in receipt of any of the benefits detailed under the Hospital Travel Costs Scheme are exempt from paying the first £10 of their travel costs.

Journeys which involve travelling over 30 miles by land or 5 miles by sea, one way:

Eday	North Ronaldsay	Sanday	Mainland Scotland
Flotta	Papa Stronsay	Stronsay	
Hoy	Papa Westray	Westray	

For further information regarding the above please refer to 'HCS1 Are You Entitled to Help With Health Costs?'

Working Tax Credits and Child Tax Credits

Working Tax Credits with a Disability Element

Child Tax Credit working less than 16 Hours per week (not eligible for Working Tax Credit)

Will be automatically sent a NHS Tax Credit Exemption Certificate/Card by the NHS awarding body and need not apply for it.

**War Pensioners are eligible under the Hospital Travel Costs Scheme <u>but</u> only if the reason for travel is for their pensionable disablement.

^{*}Persons who are in receipt of any of the following;

HOLLAND'S FIRST TRACTOR DRIVEN BINDER

For hundreds of years the farming ritual of seedtime and harvest had remained relatively unchanged when, come harvest time, the oats and bere would have been cut with a sickle or a scythe then bound by hand into sheaves for storing and later threshing. Then, with the coming of the horse drawn reaper in the mid-1800s, the job became semi-mechanised where the crop was cut by machine but was still gathered and bound by hand. By the 1890s and early 1900s the horse drawn binder began to take over, with this new type of machine cutting the crop and automatically binding it into sheaves. As time moved on from the early to the mid-20th century, the horses drawing the binder and doing the many other tasks around the farm were gradually being replaced by tractors and the days of the horse, and indeed the horseman, were numbered.

With a difficult and frustrating harvest in Stronsay now nearing completion, I thought this would be an appropriate time to recount one of the many farming anecdotes that the late Jim Work of Holland and Daisybank had to tell. This is set around the time when the heavy horse, although still playing an important role on the farm, was gradually being replaced by the tractor and this is the tale of the coming of the first tractor driven binder to Holland – probably in the late 1940s or early 1950s.

As a bit of background information, the three Work brothers at Holland each had their individual passions with William being the shepherd and Jim very much the horseman while Robert, being the youngest of the three, took a great interest in all things mechanical. This is Jim's story:

"This particular harvest we had made a start to cutting the oats in a field out at the back of Holland. It was a fine standing crop and we were working away with the binder pulled by a team o' three horse. Before dinner, Robert had gone away down to the pier with the tractor to collect our first brand new tractor driven binder. He arrived back at the farm and came straight out to the field we were working in with the tractor and the new binder. I was working away with the binder cutting round and round the field, as you could do with a bonny standing crop, while Robert busied himself getting this new binder all set up and ready to go. Well, when he was ready to get started he came across to speak to me, telling me that was him all set to go and suggesting that, as he would be cutting a fair bit faster than me, I would maybe just pull out of the way every time that he came up behind me so that he could get past and I wouldn't hold him up.

Now as you ken, I liked my horses and that just niggled me a peedie bit as I felt that the horses were kindo being put down although I ken fine that wasn't Robert's intention. Anyway, to cut a long story short, we both set off cutting, me with the horse binder and Robert with the tractor driven one. I must admit that I made sure I kept the horses going fairly well all afternoon and he never managed to catch up with me that day! Right enough, the tractor and binder could cut far faster than me with the horse but, as we were going round and round the field, Robert had to stop at every corner and go and move some sheaves out of the way until he could reverse the tractor and binder far enough to start cutting down the next side of the field. I was able just to stop sharp at the corner, get the horses to come smartly around and then head off right away down the next strip. Come teatime, the horses knew fine they had put in a good day but I was some pleased wi'myself I can tell you!"

Any stories, information or anything else Stronsay related is always welcome by email to <u>ian.cooper56@gmail.com</u>, phone 616322 or drop in past Steenysheed. Ian Cooper

CATASTROPHY!

By Ellie Harrison

It just wouldn't be the same Without a resident cat. A furry, bossy being Curled up on the mat. We've always owned a cat Or rather they've owned us,. An assortment of feline oddities, A menagerie of "Puss". And how bored would be my birds With no one to play catch Whilst the Orkney Vole would flourish For in her they've met their match. Butter wouldn't melt, She's angelic in her sleep But always on her guard With one eye she'll peep, A serial killer on the loose But also fluffy and cute. Jeckyl and Hyde in feline guise And yet adorable to boot. Such a lovely little pet Who's so loyal, sweet and fussy Curled up on my knee Such an innocent, harmless pussy. She wouldn't hurt a fly Or so she'd have me believe. Not a bad bone in her body As she'll expertly deceive. But nevertheless she's wonderful And most certainly she's wise. Just as Nature intended, She's a devil in disguise

©Helene Harrison

FOR SALE, WANTED, THANK YOU, etc

THANK YOU

Thank you to the Highland Fuels delivery driver for noticing the leak in Claremont's oil tank last month. And a big Thank You to Mike Erdman for taking urgent remedial action whilst I was in Kirkwall for the day.

Bruce Fletcher

THANK YOU

A huge thank you to everyone who supported us in any way with Coffee at Cleat on Saturday 14th September! A great turnout even in the terrible weather! Total amount raised will be announced shortly, still time to donate if anyone wants to, see Sheena, thanks

(Total as at lunchtime on Sunday 22 September is £1,300 - and still counting!)

FOR SALE

Countertop IceKing Fridge
With small chiller box, brand new (never used)
Paid £109 plus delivery. Will accept £75
Buyer collects
Jean de la Mothe (12 Whitehall) 616355

FOR SALE

Waterhall, Lower Whitehall Road, KW17 2AS

contact the Orkney Property Centre Kirkwall or https://tinyurl.com/yxqkjpml for details

According to Gibson Waterhall was occupied in the 17th century. It appears on ancient maps perhaps because Mrs Trail estranged wife of the Sanday Esquire got a name for herself in Court. She did well out of the Kelp industry. The rear cottage is probably early 19th century and was formerly thatched. The late Mrs Chalmers of Rose Cottage gave me a photo of the front before the late 20th century extension, which now has yellow external insulation. The garage roof came off in the gale last winter, hit the caravan and took a bit of the workshop roof as well on route into Ingram's field. Fortunately no persons or animals were hurt.

All our houses have histories and hopefully one day a local archive will bring together deeds, photos etc. I shall go on clearing/working at Waterhall until it is sold.

Leo Martini-Brown, Dunera. lmartinibrown@yahoo.co.uk

Items on this page are free!

STRONSAY GUITAR TOTS Autumn/Winter Sessions 2019



Would you like to learn to play guitar and have fun making music



Guitar Tots is a fun group that will take place on Tuesdays 4-5pm in the carpet room, Stronsay Community Hall

Starts on Tuesday 15th October

Cost will be £3 per week

No need to have any experience of playing guitar

Tutor has PVG certificate

For further information telephone Anthony on 616420 or email: antpottsguitar@btinternet.com



Stronsay's Dedicated Errand Service

Sometimes you might not want to face the ferry and spending all day in Kirkwall.

We can do your chores in town for you!

No errand too small.

Tell us what you need and we'll hop to it!

Regular service to your door.

We do not charge for our service but accept donations of £5 for small errands and £10 for larger/more time-consuming errands to help the service continue.

Email: ferry1hopper@gmail.com Or call Suzanne on 01857 616458

This is a new service for Stronsay residents to assist anyone with things to do in town, who would prefer not to make the trip. Get in touch and the Ferry Hopper will run your errands without the need for you to travel. Confidential and reliable service for less than the cost of a normal return journey. Currently running on Mondays but may expand with demand. Please phone or email *(contact details in poster above)*.

MAURICE A. WILLIAMSON

YOUR LOCAL ONE STOP SHOP

Grocer/Butcher/Fuel/Hardware Supplies

Olivebank, Stronsay, Orkney, KW17 2AF
Tel:01857 616255 Email: m.williamson1@btconnect.com
Find us on Facebook at Maurice A. Williamson

PROUDLY SERVING THE COMMUNITY SINCE 1967

Serving all your butcher needs;

All cuts of beef; Silverside, topside, mince, rump, minute steak, stewing steak, fillet etc.

Pork/pork products; Loin, gammon, home-cured bacon, luxury medallions

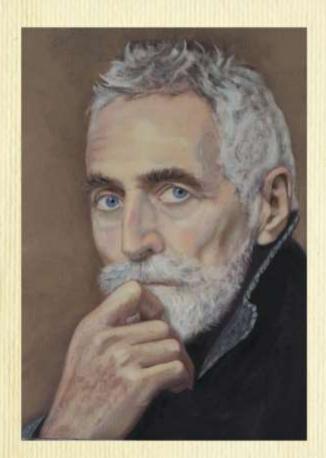
Chicken; Whole, portions, breasts, kievs, cooked chicken strips

Our very own premium quality sausages; including a wide variety of flavours – Pork /beef /pork, cheese & chive/pork & red onion/pork & black pudding/ beef, onion & mustard etc.

Home-made; White puddings, black puddings, our very own Olivebank grill, sandwich fillings, ready-made meal options

....AND SO MUCH MORE!





Faces of Orkney

Portraits in Oil by an Orkney-based artist.

Pay tribute to your loved ones with a commissioned portrait.

Email: facesoforkney@gmail.com

Tel. Suzanne: 07914 379512

Special rates for Stronsay residents.



We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.

Reasonable prices.

Contact Craig or Christine for more information.

REDHOUSE PLANTS MARKET GARDEN



Seasonal vegetables available daily. Bedding, perennial and vegetable plants.

Local honey in season according to availability.

Open 09.00-17.00 Mon-Sat.

Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377

STRONSAY
RANGER

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AND NATURE
WALKS

CONTACT 07922711525

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SEARCH FOR STRONSAY
RANGER

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page

Contact details for the *Limpet* are on the back page



hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk

The Wyrd Weaver

Handcrafted Textiles and Primitive Folk Art









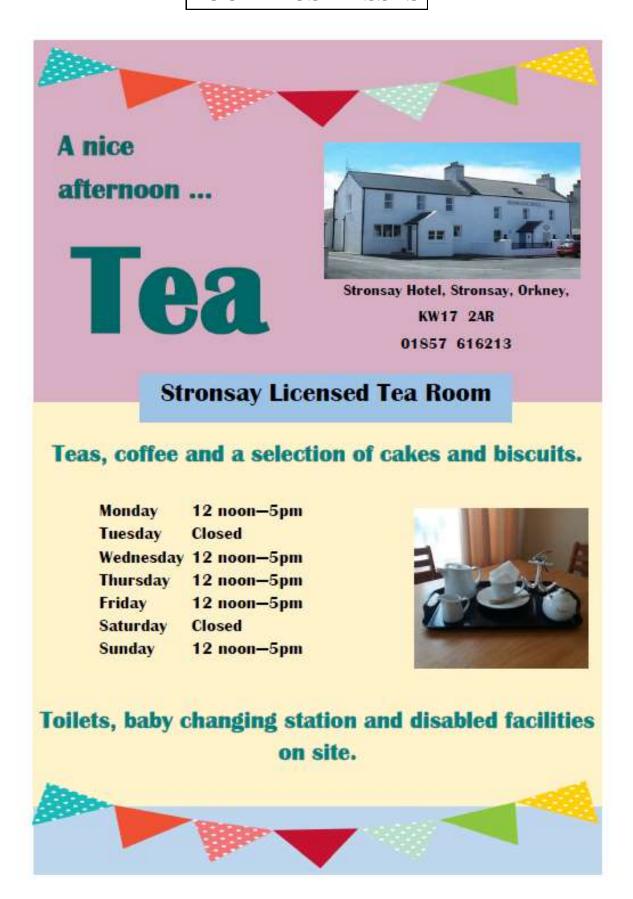
Come and visit Eunice's studio at... Newbigging, Stronsay, Orkney KW17 2AN

Open Daily Phone - 01857 616230

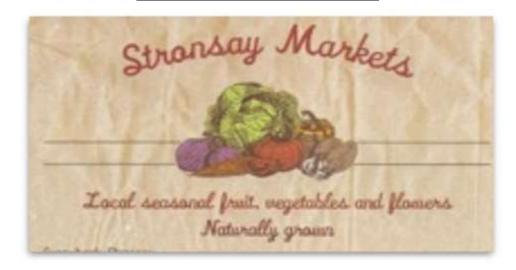
Find and <u>buy</u> on Facebook @orkneywyrdweaver Email – thewyrdweaver@btinternet.com



Local business adverts are free!



Local business adverts are free!



New business, a mini market garden, set up in late 2015 at Sunnybank, Stronsay

Currently supplying mixed salad leaves, some winter vegetables and bedding plants. There will be more as the season progresses.

I will supply a list each week with availability
Please look at my Face book page "Stronsay Markets" or
send me an email "stronsaymarkets@gmail.com and I will put you
on my mailing list





Gas Safe Registered Engineer Plumber

Services include:

- · Installation, servicing, maintenance of all domestic gas appliances
- Landlords gas safety checks
- · Bathroom fitting
- Bathroom supply
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- Isles work welcome

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Email: patrickmcgrathltd@gmail.com



Local business adverts are free!

JOHN DUNNE GARDEN SERVICES

* General Garden Maintenance * Window Cleaning and Guttering Services

> * Reasonable rates * Quick and professional

NO JOB TOO SMALL

Tel: 616276

The Old Manse Bed and Breakfast Logie Easter, Kildary IV18 0NZ



Dating back to the 1780s set in a large woodland garden just off the A9 and six miles from Invergordon, the Old Ensuite Double and twin rooms

Telephone: 01862 842357

Website: www.oldmansebandbkildary.co.uk

STRONSAY HOTEL

Phone 01857 616213

Open Tue, Wed, Thu, Fri, Sat, & Sun 5pm to 9pm

TAKE AWAY MENU

Homemade lasagne + chips		
Homemade chicken curry + rice or chips		
Homemade chicken & bacon pie + chips		
Breaded haddock + chips		
Battered haddock +chips		
Breaded wholetail scampi + chips		
2 sausages + chips	£3.00	
2 fish fingers + chips	£2.80	
"Stronsay beast burger" + fries		
"Stronsay cheese beast burger + fries		
Portion of chips		
Half portion of chips		
Portion of cheesey chips		
Half portion of cheesey chips		
Portion of onion rings		
Half cheesey chips = minus 20p Cheesey chips = add 80p Half chips = minus 60p		

Half rice = minus 60p

"NEIL'S ON WHEELS"



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260 HOME: 01857 616454





Local business adverts are free!



The home of traditionally hand-crafted Orkney soaps, solid shampoo bars and balms. Hand-spun yarns, woven throws, wall-hangings and more.

Member of Stronsay Craft Trail: Orkney Star Island Soap & Textiles, Isles View, Stronsay, Orkney.

Open all year round. Visitors welcome by arrangement. VISA 4 00 00 00

Tel: (+44) 01857 616 281. Email: info@orkneystarislandsoap.co.uk

Web: www.orkneystarislandsoap.co.uk.



BELLIE M DESIGNS

Tieve Studios, Berryhill Road, St Ola, Orkney KW15 1SF.

Online shop www/belliemdesigns.com

Orders also taken via Facebook, Twitter, Instagram or phone 07736838489 with email invoices that can be easily paid by card or PayPal.

STRINGS DAY

On Monday the 16th of September we (5 of the Stronsay Primary violinists) went to an instrumental course with fiddles and cellos. We met at the dock and boarded the ferry; the sea was a little rough, but we were okay. When we got to Kirkwall, we walked a little bit to King street. When we got there, we met up with the other schools' musicians. We learned some new songs including "Start the Show" and "Mexican Fiesta". We finished the day there with a little concert. Here is a picture of us.

By Liam and Sam



Announcements by charities, local groups, clubs and organisations are FREE!

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stronsay Autumn Stronsay Autumn Craft Fair

Saturday 5th October in the Stronsay Community Hall 1.00pm to 4.00pm, refreshments, home bakes and raffle, fun afternoon out, everyone welcome

"A great chance for festive gift shopping"



Sponsored and supported by Stronsay Community Association

Announcements by charities, local groups, clubs and organisations are FREE!

Stronsay Stitchers & Spinners Stitchers

Reminder - Thursday 26th September

7.00pm-9.30-pm, Church Hall, £2/person, refreshments.

Thursday 31st October

7.00pm-9.30-pm, Church Hall, £2/person, refreshments.

Spinners

Please note change to advertised date:

Saturday 12th October

11am-2pm, Church Hall, £2/person, bring your own lunch, refreshments available.

STRONSAY AUTUMN CRAFT FAIR

Saturday 5th October

Stronsay Community Hall, 13.00 - 16.00

Please Book your tables Now

Would anyone interested in taking part in the craft sale please be sure to book your tables ASAP. You can do this by contacting Simone on (01857) 616 281 or messaging her on FB.

STRONSAY COMMUNITY COUNCIL

Chair: Ian Cooper Vice Chair: Shirley Whiteman

REPAIRS TO ROTHIESHOLM BEACH CAR PARK

Stronsay Community Council invites quotes from experienced persons to carry out repairs to the Rothiesholm beach car park.

The Rothiesholm beach car park and track is a little uneven and needs levelling to create a smoother surface. Stronsay Community Council will supply the aggregates, to be collected from the north quarry.

The closing date for sealed quotes, marked 'Rothiesholm Beach Car Park Repairs' is **5pm on MONDAY**, **30 SEPTEMBER 2019** and should be sent to:

Colin McAlpine, Island Link Officer, The Hill, Stronsay, KW17 2AT

If more information is required please telephone 616446 at any reasonable time or 616475 between 10am and noon on a Tuesday, Thursday or Saturday, or email stronsaycc@gmail.com

09 September 2019

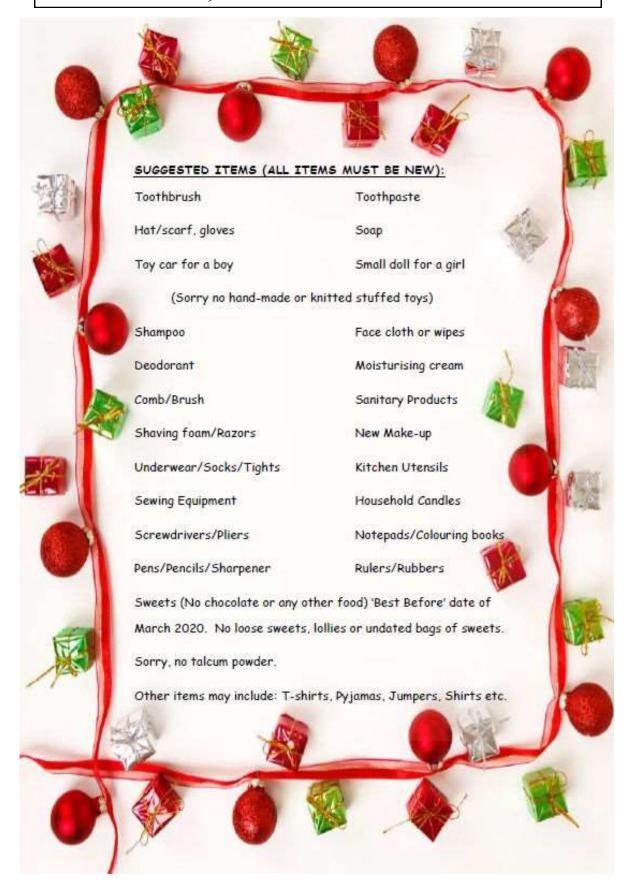


Details on next page

Announcements by charities, local groups, clubs and organisations are FREE!

The cutoff date for items to be included in the next edition of the *Limpet* is on the front page

Contact details for the *Limpet* are on the back page



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STRONSAY COMMUNITY ASSOCIATION

Why not hire the Stronsay Community hall? We have a kitchen and fully licensed bar, with two large halls and a small meeting room; perfect for weddings, parties, games, meetings and much more!

- Disco equipment
- Table tennis
- Badminton
- Air hockey
- Pool Table

Rooms for hire from only £2 per hour plus hydro charge.

Adult supervision (over 18) must be present during hire.

For more information & bookings contact:

Pam Shearer Tel: 616397 Email: <u>pamshearer@hotmail.com</u> Find us on Facebook https://www.facebook.com/hallcommittee



STRONSAY HEALTHY LIVING CENTRE

supervised sessions

All Supervised Sessions will run from 4.30 pm to 6.30.pm

MONDAY	4:30—6:30
TUESDAY	Buddy system
WEDNESDAY	4:30—6:30
THURSDAY	4:30—6:30
FRIDAY	4:30—6:30
SATURDAY & SUNDAY	Buddy system by request

The gym can be accessed throughout the day if you have a 'buddy' to go with.

A code is required, please speak to one of the team if you have any questions
Inductions by appointment only
Andy - 616277 or Julie - 616335
Gym during supervised sessions - 616449

Announcements by charities, local groups, clubs and organisations are FREE!

KIRK CORNER

Locum minister—Scott Daily. Manse telephone 616286

There are many things in life we can get by with only doing occasionally. But other things, such as eating and sleeping, we need to do regularly to remain healthy. In order to be spiritually healthy, it is important that we spend time learning, growing, and talking together. It is probably not enough for us to just do that on a Sunday morning once a week (if we even do that), we need more times of really growing together, sharing together, and pouring into each other's lives. A few months ago, some of the men from the church began to meet fortnightly for Bible study, prayer, tea, and fellowship.

From the very early days of the Church, as recorded in the book of Acts, importance has been laid on meeting regularly with others for prayer, study of the Bible, and personal growth. Frankly it is nearly impossible to bond and truly invest in one another's lives in something as public as the average church service where one person does most of the talking and others try and stay awake. Small groups lend themselves to being more comfortable and relaxed, there is no pressure to speak or do anything, you are perfectly free to come and just enjoy a cup of tea. They also encourage being honest and vulnerable, often in a church service it can feel like you have to appear "churchy" (though I hope you would not feel that way in our church services!) but meeting casually in a small group tends to break down walls as we get to know one another merely by spending time together. What generally happens is that you find out that none of us are perfect, we all need to learn together, and we are all certainly in need of prayer.

It is my hope that the men's group continues to grow. If you are a man and you have any interest in just coming along then please do, you can contact either myself or Mike Erdman to find out when and where we meet. It really is a very relaxed atmosphere; I can assure you that no one will "preach" at you. It is also my hope that other similar groups will spring up, there is discussion of a women's group forming for example. Recently I had a phone call from a man thinking about moving to the island, one of the questions he asked was about the "community spirit" and whether people got together often, I was happy to inform him that quite often people meet in groups such as the Spinners, the book club, and various other gatherings, societies, and organizations. It would be wonderful if we could meet to grow spiritually. The better we come to know one another the better we will be able to help care for one another and pray for one another. It has often been said that Christianity is not intended to be a religion but a relationship, and that is very true. Firstly, it is of course a relationship with God, but it is also a relationship with others, we were made to fellowship and grow, to teach one another and share about how to practically live out the things of God.

Blessings Scott Daily

For details of services see the kirk website https://tinyurl.com/y2ctm7o5

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STRONSAY SWIMMING POOL TIMETABLE

Monday

7-7.40 public session 7.40-8.20 adult lane (16+)

Thursday

7-7.40 private hire (pre-booked) 7.40-8.20 private hire

Saturday

2-2.40 private hire (pre-booked) 2.40-3.20 public session 3.20-4pm private hire

Swim club lessons weekly
To enquire about private hires, phone Elsie 616238
To enquire about swim club, phone Sarah 616406 or Andy 616277

POOL CHARGES

Public Sessions

Adults £3 Children £1.50

Private Hires

40 minute session - £15 60 minute session - £20

Swim Club

Children will be offered 10 week blocks which can be paid up front (non-refundable)
40 minute sessions - £16 block booking; £2 per session
60 minute sessions - £20 block booking; £2.50 per session

Adults (16 and over)

Block booking of 10 sessions over a 12 week period (non-refundable) £24 block booking £3 per session

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PEEDIE LIBRARY IN THE CHURCH HALL

We have a great many books on a wide range of subjects. We also have a DVD section. Tea, coffee, juice & biscuits available - sometimes even cake!

Even if you're not a reader why not call in for a cuppa & a chat. If you need a lift please ask Viv Erdman (Ebenezer Stores) and we will arrange it. See you there!

The Peedie Library will be open between 3pm and 4:30 pm on these dates in 2019:

- October 8th
- November 5th
- December 3rd

KIRKWALL MOBILE LIBRARY VISITS TO STRONSAY

The Mobile Library will be next coming to Stronsay on 7th October rather than 30th September as advertised.

Winter

- Council Houses 8.45 9.45
- School 10 12
- Kirk 12.30 3
- Fish mart 3.15 4.45

Summer/Refit

- Council Houses 9 10
- School 10.15 12
- Kirk 12.30 3
- Fish mart 3.15 5.30

For full details visit the library's website http://www.orkneylibrary.org.uk

STRONSAY MEDICAL PRACTICE

In an emergency phone 01856 888000

Surgeries by appointment only

Phone 616321 to book an appointment Monday 9:30—10:30, 15:30—16:30 Tuesday 9:30—10:30, 14:30—15:30

Wednesday 9:30—10:30, from 14:00 Thursday—no surgery

Friday 9:30—10:30, 15:30—16:30

Ordering repeat prescriptions

Phone 616321

Please note the changed email address <u>orkney.stronsay@nhs.net</u> Website <u>www.orcadespractice.co.uk</u>

Please will patients order prescriptions at least 8-10 days before they are needed. This will reduce frustration when items have not been delivered from the mainland.

Collecting prescriptions

Please will patients collect their ordered prescription 10:30-11:30am or 2-4pm Monday, Wednesday or Friday. This avoids the busiest time when the prescription boxes are being unpacked.

In an emergency phone 01856 888000

DIABETES SUPPORT GROUP

The next meeting of the Diabetes Support Group will be held in the carpet room at the Community Centre on Wednesday 25 September from 3pm-4.30pm.

ENHANCING WELLBEING IN OUR ISLAND COMMUNITIES SURGERIES IN SDT OFFICES, WOOD'S YARD

October 7th and 24th.

Drop-in hours from 1000-1300 and scheduled appointments from 1400-1600

JIM HOLLAND HAULAGE—DELIVERIES

Catalogue deliveries made on Wednesday and Friday only.

Large items will be delivered on Saturday.

Announcements by charities, local groups, clubs and organisations are FREE!

USEFUL INFORMATION

POST OFFICE OPENING TIMES etc

Monday to Saturday 8:30am—5:00pm

Sunday Closed

Post collection times 07:30, Monday to Saturday

Bank day Tuesday 09:00-15:00 (closed 12-1 for lunch)

Island Link Officer...... Fishmart office 10 to 12 on Tue, Thu & Sat. Phone 616475

SDT Office Wood's Yard 10am - 11am Mon-Fri. Phone 616410

Sunday service at the Kirk ... 11 am (see https://tinyurl.com/pj7xtg5)

Our Lady's Chapel, pier head Weekday Mass at 11.20am, except Tuesdays 8am.

Sundays and Holidays of Obligation, Mass at 10.30am.

Next Special Collections . . . ?

Weekly rubbish collection Tuesday (bags out ready by 9am)

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Airy Fairy 616231	SDT office 616410
Castle Bird Reserve 616363	Stronsay Band
Craftship Enterprise 616249	Stronsay Hotel 616213
Doctor 616321	Taxi 616335
Ebenezer stores 616339	Stranded seals, etc 616339/206/498
Fish Mart 616401	Balfour hospital 01856 888000
Hairdresser 616337	Electricity
Hall bookings 616397	problems 0800 300 999
or 07752 043 325	power cut 105
Island Link Officer 616475	Water problems 0800 0778 778
Medical emergency 616321	Highland Fuels 0800 224 224
Neil's on Wheels 616454	Kirkwall Library 01856 873166
Manse 616286	Kirkwall Police 101
Nurses 616480	Vets:
Olivebank 616255	Flett & Carmichael . 01856 872859
OIC out of hours 01856 873535	Northvet 01856 873403
Post Office 616499	Dentists:
Red House Plants 616377	Orkney Dental 01856 872030
Registrar 616239	King Street 01856 888258
School 616246	Deyanov Dental 01856 877118
Silver Darlings 616412	Golgotha monastery 616210
Star Island Soap 616281	(Email contact@the-sons.org)
Star Island Soap 010201	(Linui contact with sons. or g)

HOW TO CONTACT THE LIMPET

Send an email to editor@stronsaylimpet.co.uk (preferred method); phone Bruce Fletcher on 616297 (after 10am & before 8pm, please!); or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page











