

STRONSAY LIMPET

Funded by the Stronsay Development Trust

ISSUE 190 - April 2021





GP ROSTER

Dr Oli Cooper Sat 24 Apr—Fri 7 May
Dr Alison Lievesley Sat 8 May—Fri 28 May

COMMUNITY NURSE ROSTER

Nurse Shirley Whiteman Thu 25 Mar—Wed 28 Apr Nurse Helen Britton Wed 28 Apr—Wed 19 May

DRIVE SAFELY!

As a nurse, and a member of your community council, I would like to remind all drivers of the Give Way signs at junctions. I have had/seen a few close incidents in the last few weeks where folk just pull out without pausing to give way or look to see if anything is coming. There are signs at these junctions and the appropriate road markings. Please drive carefully so we can avoid any nasty accidents. Thank you.

Shirley.

ORKNEY FERRIES—SUMMER TIMETABLE

The summer timetable for Orkney Ferries commences on Sunday 2nd May 2021 http://orkneyferries.co.uk/pdfs/timetables/summer/ni integrated summer.pdf

STRONSAY SURGERY—USE OF 616321

This is a reminder that the surgery telephone number is only accessed between the hours of 9-12 and 1.30-4.30pm. Out with these hours the calls are automatically transferred through to Balfour Hospital switchboard. We have been advised that the switchboard are receiving an increasing number of calls between 12-1.30pm (Katrina's lunch break) which is adding to their workload. Please can we request that routine surgery calls are only made when our reception staff are here to respond to them. Please only phone out of these hours if your call is urgent and you are needing to page the Doctor or Nurse. Thank you.

Stronsay Surgery.

HOW TO CONTACT THE LIMPET

Send an email to editor@stronsaylimpet.co.uk or write to *The Limpet, Claremont, Stronsay, KW17 2AR*.

The next edition of the <u>Limpet</u> will be published on <u>Thu 27 May</u>. Items for inclusion in that edition should be submitted by 7pm on <u>Sun 23 May</u>. Contact details are on the back page. The Limpet's website address is http://www.stronsaylimpet.co.uk

CORPORATE SERVICES IT and Facilities - Building Cleaning

URGENTLY REQUIRED

Relief cleaning staff to clean Stronsay School.

£10.54 per hour (including Distant Islands Allowance)
Hours are offered on an as and when required basis

We are looking for self-motivated individuals who can provide cleaning services on a relief basis to cover for holiday and sickness absence.

Duties will include a range of cleaning activities including the use of powered cleaning equipment to ensure the premises are kept in a clean and hygienic condition.

For an informal discussion about the above post please contact Caroline Petrie, Building Cleaning Manager on 07467 000679, or Tara Croy, Building Cleaning Officer on 07467 000677.

Further information is available from, and online applications can be made through www.myjobscotland.gov.uk/orkney

Search for Relief Cleaner ORK04454

Please note interview expenses are not payable for this post.

HEALTHCARE SUPPORT SUPPORT WORKER DOMESTIC (STRONSAY)

GP SURGERY STRONSAY

Job reference: 048781

Location: GP Surgery Stronsay Job closing date: 05/05/2021 Job posted date: 21/04/2021

Salary: Band 2 (£18,786 - £20,812) Employment type: Permanent Job Type: Support Services

Hours of work: 5
Department: Facilities

Employer (NHS Board): NHS Orkney
Healthcare Support Worker Domestic (Stronsay)
Band 2 £20,049 - £22,075 including Distant Islands Allowance
Part time 5 hours per week

Permanent

An opportunity has arisen for a Healthcare Support Worker Domestic to provide cover and maintain a clean, safe working environment within an island based surgery.

The post holder will provide cleaning and domestic services to Stronsay Surgery.

The successful candidate will have experience of dealing with people, have the ability to work on their own initiative and have an awareness of infection control. Flexibility, good organisational and communication skills are essential for this role.

Previous experience of cleaning in a healthcare environment would be desired but is not essential.

If you would like further information about these posts please contact Michelle Grieve, Domestic and Laundry Team Lead, Balfour Hospital, Kirkwall, Tel 01856 888905 or email michelle.grieve@nhs.scot

This post is subject to a Disclosure Scotland check

(See https://apply.jobs.scot.nhs.uk/displayjob.aspx?jobid=49088 for full details)









Rural Island GP

Salary £88,952 - £132,768 dependent on experience includes 45% enhancement for 24/7 cover) plus Orcades Practice - Stronsay and Hoy Branches Primary Care Department

Distant Islands Allowance pro rata 13 weeks (attracts 17 weeks salary) Be a single-handed GP in a wider team of GPs and Nurses

- - Be an important part of a small island community

As a part-time GP you will have the advantages of working in one of these remote cohesive practices with more time for your patients, seeing them in the context of their lives and working in bite-sized chunks surrounded by beautiful scenery and Following retirements, the surgeries on the islands of Stronsay and Hoy are each wildlife. We work in rotation, usually for 3 weeks at a time, and are on call 24/7. ooking for a third GP to complete their "small but perfectly formed" teams.

and provide strong peer support. Rotational working allows practitioners to live on clinicians to share knowledge and experience to overcome professional isolation consists of six single-handed island practices with GPs and nurses providing 24/7 Stronsay and Hoy are branches of the Orcades Practice (1,932 patients), which Primary Care in other areas, hospitals or even refugee camps. The best of both healthcare to the smaller islands of Orkney. Weekly videoconferences enable island or as far away as South Africa, with blocks of time to work elsewhere;

Spice up your regular GP skills with the challenges of pre-hospital emergency care whilst waiting for helicopter evacuation. Emergency care training, with standardised equipment and protocols is provided.

leave allocations are built in to allow you to acquire and maintain the skills needed. providing holistic care in a remote, but supported environment. Study and annual The post will appeal to an experienced GP who will relish the opportunity of Accommodation is provided.

transport links to the UK mainland; daily flights from Kirkwall are just an hour to The communities are cohesive, vibrant and supportive with excellent schools, good leisure facilities and amazing wildlife and scenery. Orkney has excellent all four major Scottish airports.

Orkney can be found at www.orkney.com or www.orkneycommunities.co.uk tells more about working in NHS Orkney. Further information about living in Our short film found at: https://www.orkney.com/news/nhs-orkney and www.ohb.scot.nhs.uk

Would you like a change? We'd love to hear from you, and are happy to chat about Please contact Dr Alison Lievesley (Stronsay GP) Alison.lievesley@nhs.scot or Or Iain Cromarty (Hoy GP) on iain.cromarty@nhs.scot to learn more. our experiences to see if this might be the job you're looking for.

Closing Date: Sunday 9th May 2021 at midnight Interview Date: Monday 31st May 2021.







For more information: apply.jobs.scot.nhs.uk



THE ANNUAL GENERAL MEETING

FOR THE YEAR ENDING AUGUST 2020 Will be held on

WEDNESDAY 26th MAY 2021

The Board of the Stronsay Development Trust wish to advise residents that this year the AGM will not be held in public due to Covid-19 restrictions and following Government advice and guidelines from our Memorandum and Articles of Association.

The Agenda, Reports, voting procedure and all other information and formalities regarding this AGM will be forwarded by post prior to the meeting for members consideration and response.

Mike Erdman Chair

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North Isles Landscape Partnership Scheme, in partnership with the Stronsay Development Trust wish to offer a traditional Skills course in

Dry stone dyke building

Would you be interested in learning the skills involved in dry stone dyke building?

The North Isles Landscape Partnership Scheme has funding to deliver this type of training across the north isles.

We could have a trainer available for a 2 day course over a Saturday and Sunday towards the end of May or early June in Stronsay.

Spaces are limited and booking is essential.

Contact either NILPS by email nilps@orkney.gov.uk or the Community development officer cdostronsay@gmail.com or call 616410 for more information and to sign up.





FOOD BANK REFERRALS

Orkney Citizens Advice Bureau

If you are facing financial difficulty and struggling to afford food, please get in touch with us so that we can make a food bank referral for you. These are extraordinary times which nobody was prepared for so please don't feel embarrassed at asking for help, there are so many others in the same situation. To request a referral you can email the following address:

<u>bureau@orkneycab.casonline.org.uk</u> Our service is free and confidential.

If you are a Food Bank referrer you may wish to read the latest Referral Agency Handbook which is available on the Limpet's website:

http://www.stronsaylimpet.co.uk/ReferralAgencyHandbookJan2021draft3.pdf

SCOTTISH BROADBAND VOUCHER SCHEME (SBVS).

The SBVS will ensure that every address in Scotland has the ability to access a superfast broadband connection by the end of 2021, regardless of whether or not it will ultimately receive a superfast connection through the other two strands of activity.

This webpage has details of the scheme:

https://scotlandsuperfast.com/how-can-i-get-it/voucher-scheme

MESSAGE FROM STRONSAY SURGERY STAFF.

Message from Stronsay surgery staff.

All clinical staff will continue to wear PPE when seeing patients, both in the surgery and on home visits. This will include plastic aprons, gloves and masks. It would be appreciated if patients attending the surgery would wear face masks wherever possible.

Thank you, Stronsay Surgery.

ORKNEY BEACHCOMBING - UNWRITTEN RULES

By the Orkney Beachcombing group on Facebook

There's a strong and deep rooted historical tradition in Orkney beachcombing to place items of interest found ashore well above the high tide mark. It's most usually done with things that are a bit too big or heavy to carry. The placing above the high tide mark implies two things:

- 1. It's been found and claimed,
- 2. The finder will return to remove it.

Sometimes the finder might secure their finds a bit, perhaps tying with a rope or weighting down with a stone. However, regardless of any extras, the placing above high tide had always been understood as a demonstration of ownership, with the object being found and claimed. It's a lovely bit of unspoken knowledge that has always been understood and respected by those who work the shore.

There are fewer and fewer people beachcombing nowadays, as society has moved on from those days when beachcast bounty was needed, valued and worked hard for. But this tradition from those times remains as testimony to an important part of our social past.

ORCADES PRACTICE—STRONSAY BRANCH

In an emergency phone 01856 888000 (NOTE NEW EMAIL ADDRESS ork.stronsay@nhs.scot)

CORONAVIRUS UPDATE

Please phone as usual if you require an appointment on 616321 or email ork.stronsay@nhs.scot (NOTE NEW EMAIL ADDRESS)

All appointment requests are being triaged by Admin through the GP who will then contact you and give you an appointment if you need a face to face consultation. These arrangements will continue for the foreseeable future.

REPEAT PRESCRIPTIONS CORONAVIRUS RISK REDUCTION

Until further notice:

- No more paper requests to be handed in.
- Please phone 616321 or email <u>ork.stronsay@nhs.scot</u> to order. (*NOTE NEW EMAIL ADDRESS*)
- Check one week later to see if they have arrived.
- Time slots will be given for collection.

Thank you

Dr Rosalind Fisher, Dr Mandy Fry and Dr Alison Lievesley

GOVERNMENT ADVICE ON FACE COVERINGS

WHEN TO WEAR FACE COVERINGS AND HOW TO MAKE THEM https://tinyurl.com/y6ayxdc6

WHO IS EXEMPT FROM WEARING FACE COVERINGS https://tinyurl.com/y4e7gpgu

NHS SCOTLAND—CORONAVIRUS

NHS Scotland website for information on coronavirus is https://www.nhsinform.scot/coronavirus

If in doubt phone the surgery on 616321

SCOTTISH GOVERNMENT STRATEGIC FRAMEWORK

Five level plan to vary rules for rapid but proportionate response to COVID-19

For full details go to https://tinyurl.com/y5ec6nln







FACE COVERINGS



AVOID CROWDS



CLEAN HANDS



TWO METRES



SELF-ISOLATE

Book a test if you have symptoms.

Stopping the spread starts with all of us.

#WeAreScotland

gov.scot/coronavirus

HEART ART EXHIBIT



The June theme is BEACHES.**

We would ask that all submissions be A4 size or smaller. If you would like to participate please drop off your submission to the SDT office at Wood's Yard or email to: sdtwellbe-ing@gmail.com

by 3pm on May 24th.

**It is free to participate in the Heart Art Exhibit. All funds raised will be used for the Stronsay Defib Appeal. By submitting artwork or a craft you agree that it may be used in marketing and further fundraising for the Stronsay Defib Appeal.



Stronsay Dementia Friendly Project Steering Group



What is a steering group?

The role of this group is to steer work being undertaken by others.

Members of steering groups use their experiences, skills and
knowledge of specific topics and sectors to help make strategic
decisions.

Everyone and anyone is welcome!!

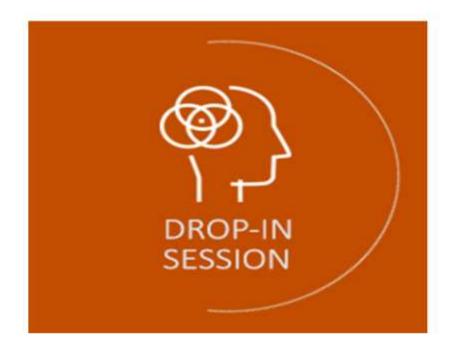
Your contribution and ideas would be greatly appreciated.

Meetings will be held quarterly.

For further questions and information contact Teri at dementiafriendlystronsay@gmail.com or on 01857 616410

Stronsay Dementia Friendly digital drop-in sessions

Starting December 16th from 11am-2pm



These drop-in sessions will be held every third Wednesday of each month from 11am-2pm

Please do not hesitate to call or email about anything regarding the project.

Email: dementiafriendlystronsay@gmail.com

Tel: 01857 616410

HIGHLAND FUELS—PHONE NUMBER CHANGED

The phone number for Highland Fuels has changed to 01856 873766. The old 0800 number tends to go direct to Inverness rather than to Kirkwall.

CROSSROADS ORKNEY and



We would like to help ease the loneliness and difficulty of lockdown for Dementia sufferers and their carers at home. We have a variety of puzzles, crafts and activities which we can post or deliver. All free of charge. If you know someone who could benefit from this or wish more information please call Crossroads 870500 or Lorna Reid 781329



We are launching the Island Wellbeing Survey – can you spare ten minutes to take part?

Stronsay Development Trust is part of the Island Wellbeing Project, a partnership of Development Trusts working to support the wellbeing of island residents. We employ a Community Wellbeing Coordinator, Sarah Powers, who develops new groups and projects and provides one-to-one support to those who need it.

We are carrying out a survey for residents across the non-linked isles to help us gather data on pre-existing challenges, such as access to services, and to demonstrate the impact that Covid-19 has had on our communities. Sarah will also use the findings of the survey to plan the focus of her work moving forward.

The online survey is now open and you can take part at www.islandwellbeing.org/survey. Alternatively, the paper version of the survey launches on 10th May. During that week a survey pack will be posted out to every household in Stronsay. This will come in a A4 envelope and will be addressed to 'Stronsay Resident'.

The survey is open to anybody aged 16+ and it is one survey per person. The survey takes around ten to fifteen minutes to complete and is multiple choice, with space for comments at the end. The survey is anonymous and the only person who will see your individual responses is Harry Johnson, Project Manager of the Island Wellbeing Project at Voluntary Action Orkney.

If you need any help completing the survey then please get in touch with Sarah Powers at sdtwellbeing@gmail.com or on 01857 616410.

Island Wellbeing Survey 2021

Help us support the wellbeing of residents in Stronsay.

Stronsay Development Trust is part of the Island Wellbeing Project. We are currently conducting the Island Wellbeing Survey. By taking part and encouraging others to do so you'll ensure we're focused on helping those who need it most.



Find out more and complete the survey at www.islandwellbeing.org/survey

Not online? Every household will receive a survey pack in the post between 10-15th May. This will come in a A4 envelope and will be addressed to 'Stronsay Resident'.





From the Stronsay Community Wellbeing Coordinator Sarah Powers Richings

sdtwellbeing@gmail.com or 616495

May Health Walks

We have started to have some lovely warm and sunny days for our walks. I want to thank everyone who has been coming to the Health Walk! I love seeing so many people get out and enjoy the fresh air. If you haven't made it yet, feel free to join us on one of our upcoming walks. It is a great way to get out and have a chat with a few of your neighbors. All ages welcome!

Mondays-May 3, 10, 17, 24, 31- We are doing a shorter walk in the village. No longer than 30 minutes. This walk is for all abilities, and we will keep to a pace and length that will enable everyone who wants to walk to join in.

Wednesdays-May 5, 12, 19, 26- This is a longer walk, but no longer than one hour in duration. Hills may be involved.

Walks start @ Wood's Yard at 10am. Watch Facebook for updates/cancellations.

Same Project, Different Name

The Enhancing Wellbeing in Our Island Communities Project is changing its name. From here on out, we are the Island Wellbeing Project. It is the exact same project, just with a new name. Below you will see our new logo. If you are a member of the Stronsay Wellbeing Facebook Group, you will start to see a few new changes. If you would like to join, you can find us at: <u>Island Wellbeing Project-Stronsay</u> If you have any questions about the project, or what my role is, please be in touch.



Community Groups

If you are involved in a local community group and would like to start planning the return to activities but are unsure of how to manage while following COVID-19 guidelines, I can help. While we may have new rules come into place, or a change in the tier specifics, I am happy to have a look at the guidance documents to help you and your group come up with a plan. If you have any questions, please be in touch.

Focus Group

I am looking for a few volunteers for a focus group on Community Led Wellbeing. I have a couple of ideas brewing around Active Wellbeing and Mental Wellbeing and would love some community feed back before I start putting grant applications together. The focus group would be up to three Zoom meetings, either individually or as a group during the month of May. Please be in touch if you have any interested in being a part of this group.

RECENT BIRD SIGHTINGS

With some very wintry weather in the first half of the month and a beautiful calm and bright spell towards the end, migration has been very different this year. Pied wagtails were late arriving, but one bird of the European race (alba – very rare here in Spring) was discovered feeding among the ponies at Ha'breck (see photo). So far we have seen just one Wheatear – on 24th April. (The second at lunch-time today – Sunday 25th)

The over-wintering birds of prey all seem to have departed as usual and there has been a very noticeable increase in the number of Curlew 'on territory' across the island. Linnets returned just as the weather improved mid-month and our nesting Sand Martins arrived in Mill Bay on 20th. Several other migrant species have been seen – as usual a mixture of regular and uncommon species. These include 2 Chaffinches (Helmsley and Castle); Common Buzzard (Andy Whiteman); Short-eared Owl (Simone); 2 Great Skuas (David at Osen); the first Swallows - at Airy (Hazel), and a nice 'trio' from Donald Omond – Willow Warbler, Short-eared Owl, and a Little Tern. The last species being quite rare in Orkney.

There has been a welcome rise in the number of wintering ducks, several species of which can still be seen on the Matpow Loch, Wigeon, Teal, Mallard and Tufted Duck in particular have all taken advantage of the reduction in the number of Greylag Geese. The Mute Swans are building their nest on the bank this year – the island still under-water due to flooding during Spring tides. Two Sandwich terns were on the fence which crosses the loch on 21st. They were asleep and had probably just arrived in Orkney.

Thanks again for all the calls and here's hoping that the fine weather continues and brings a good and colourful assortment of migrants to the island during the next month or so.



The 'White' Wagtail at Ha'Breck – the grey mantle (back) separates the bird from adult birds of the British 'yarrellii' race.

(more on next page)

THE PALLAS'S ROSEFINCH OF LATE MAY 2005

A brilliant male of this species arrived on the Reserve during a spell of warm easterly winds and although individuals of this species (only a very small number in total in he UK) are generally considered as escapes from captivity, this bird however, proved itself to be a genuine migrant – the proof becoming more and more definite during its 3 day stay.

The bird was discovered in the back yard at Castle eating dandelion seed – plenty of that in the area – but knowing that it would be classified as at least a 'probable' escape we decided to spread proprietary bird seed around the area, assuming that if it had been in a cage (or aviary) it would recognise it as 'dinner'.

The local House Sparrows thought it was Christmas and tucked in to the seed - on walls, paths and rough ground etc etc. but the Pallas's Rosefinch completely ignored them and continued feeding alone on the dandelion 'heads' and nothing else. And that continued for the rest of its 3 day stay in the area – the local House Sparrows did not harass it in any way and it would not allow close approach for ourselves.

It may be that not all records of this species in Western Europe have been genuine vagrants – but this bird certainly was! (See photos below).





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A COMMUNITY HOTEL?

Leo Martini-Brown April 2021

Last month's Limpet included a proposal from Stronsay Development Trust that locals should be sought to progress the idea of purchasing the local hotel – using the Community Benefit Society (CBS) concept and a large grant from the Scottish Land Fund. There are about 100 community owned pubs in England and the Chancellor in his March 2020 Budget aimed to encouraged more to be created.

The first community owned (4 bed) hotel in Scotland was the Black Bull in Gartmore established as a CBS in 2019.

CBS's are co-ops in that all members get one vote regardless of value of shares held. These shares are not transferable and low interest/dividends can be paid if in the prospectus. On liquidation of a CBS assets are transferred to another suitable CBS or similar not to the shareholders. The social investments made are not covered by any financial guarantees from the Government. Investments are repaid at the discretion of the CBS Board in accord with the prospectus.

The 18-page Business Plan for the Gartmore Black Bull can be read online, together with the rules, facilities on offer etc. Worth studying. They now have 270 members who have paid shares of £77,000 and the CBS received a £215,000 Land Fund grant.

I draw attention to the fact that for over 20 years Gartmore has had a community run shop and post office. In David Teed they have had a very experienced Chair/Secretary/volunteer in all that time (see LinkedIn data). Is there someone on Stronsay with that commitment and skill ready to lead and support such a CBS? The Gartmore Black Bull business plan will have been diverted by COVID but even without it the projections for cash flow and surplus looked rather optimistic. I suspect that Stronsay does not have the pulling power of Gartmore and not enough potential members. Am I being too pessimistic?

There are 16 cases studies on the appropriate website (communitysharesscotland.org.uk) but none are for hotels. Enthusiasm and effort in business comes from those with ability, motivation, persistence and flair – ideally consumers of a product or service who believe it can be made better or delivered differently or with more efficiency. As a rare consumer of hotels and pubs I get the point that I should limit my contribution to governance/financial analysis only not the big picture!

lmartinibrown@yahoo.co.uk

Community Artist Required

We are seeking enthusiastic community artists to lead projects in Stronsay and Papa Westray inspired by maritime heritage for the Seas of the North Isles project, part of the North Isles Landscape Partnership Scheme. The art project is currently expected to run from April to June and will involve community engagement in the development of a final piece to be installed in the pier waiting room.

Any medium will be considered but the final piece MUST be suitable for display on a wall in an unmanned setting and inspired by the theme of maritime heritage.



The closing date for proposals is the 4th June 2021 at 17:00. For more information and a project brief, please contact Natalia Bain from Wessex Archaeology at nilps.sea@wessexarch.co.uk or call 0330 313 3568





Stephen Clackson's Letter from School Place (currently West Manse)

Keeping the folk of the North Isles ward informed with Orkney's only councillor newsletter

The anniversary of our first going into "lockdown" was on the 23rd March. On that day in 2020, we councillors held our last meeting in person in the Council Chamber at School Place before moving over to remote "Microsoft Teams" meetings.

At midnight on 31st March, compulsory housing measures for poultry and captive birds were lifted. However, the nationwide *Avian Influenza Protection Zone* stays in place, and bird keepers are advised to remain vigilant for signs of disease.

At Sanday's West Manse, just past noon on a snowy, blowy 9th April, we hoisted the Union Flag and lowered it to half-mast to mourn the death at Windsor Castle of our Queen's husband, HRH Prince Philip, Duke of Edinburgh. The flag remained at halfmast, as it did on OIC buildings (following the protocol of "Operation Forth Bridge") until the morning of the 18th. In the Council Chamber, a black ribbon was affixed to his por-The Duke was a reassuring bulwark against political correctness, a god to the Kastom people of Yaohnanen village on the island of Tanna in Vanuatu (formerly the New Hebrides), a refugee, Gordonstoun School's 10th pupil, a serving Royal Navy officer, a World War II veteran, a Fellow of the Royal Society, President of the Royal Society of Arts, et cetera, et cetera, plus he was founder and patron of the Duke of Edinburgh's Award Scheme, from which so many young people in Orkney and the World have benefited. Often a man ahead of his time, Prince Philip gave up a promising career to support his wife's, and was an early champion of environmentalism and conservation. He visited Orkney with The Queen in 1960, inspecting the lifeboat crew in Stronsay and driving the new school bus in Westray.

I think the Arctic weather over Easter answers my Candlemas question (see February *Letter*). It put me in mind of the opening words of *The Waste Land* by T.S.Eliot: "April is the cruellest month ..." With our domestic geese hunkering down on their nests to save their eggs from freezing, and our bees having to return to their winter dormancy, it certainly seemed that way.

The 12th April marked the 60th anniversary of the first man in space, Cosmonaut Yuri Gagarin (Йорий Гага́рин), who completed one orbit of the Earth in Vostok 1 (Восток-1). In contrast to this futuristic feat, on landing back in the Soviet Union, he had to be taken to the nearest telephone by peasants in their horse and cart! He died in a plane crash on 27th March 1968.

On the 19th April, all pupils in Orkney (with the exception of those "shielding") returned to school full-time.

The Scottish Government has announced that Orkney will remain at Level 3 for the time being, but that travel to/from Scotland will be opened up on the 26th April. It is planned that all Scotland (including Orkney) will drop to Level 2 from the 17th May.

(Continued on next page)

Since my last *Letter*, I have attended a meeting of Members and the Chief Executive, had a North Isles Ward catch-up, been to a Special General Meeting to consider OIC's reaction to HIAL's proposed remote air traffic management system, participated in an urgent Members' session with the Council Leader, been involved in meetings about RET and revising Orkney Ferries' fares, engaged in meetings of the Education, Leisure & Housing Committee, Orkney Heath & Care Committee and Policy & Resources Committee, and was at a meeting of the Papa Westray Community Council (all "virtually", of course).

I was in attendance at the AGM of the Stronsay School Parent Council, which will be Headmaster Andrew King's last. I would like to pay tribute to all that he has done at Stronsay School over the years and for facilitating physics teaching further afield.

At a second Special General Meeting, we discussed wind-farm planning, and it is anticipated that OIC will be submitting a planning application for a wind-farm development on Faray in May. Also on the agenda was the Council's Covid-19 Recovery Development Grant Scheme. I asked if any categories of business are not being covered by the scheme. The response was that if any businesses feel they are being left out, they are invited to get in touch (see https://www.orkney.gov.uk/Council/C/coronavirus-covid-19-information-for-businesses.htm).

After interventions by me and Cllr Heddle, the Monitoring & Audit Committee rejected the internal audit report on the Orkney Harbours Masterplan Phase 1 Approval Process, which claimed that OIC governance and control were "comprehensive and effective". Back in April 2020 (see May 2020 *Letter*), I supported an amendment calling for the "Masterplan" to be referred back for proper scrutiny by all councillors rather than going through on the approval of merely the six members of the Harbour Authority Sub-Committee, but the Chairman of D&I (Cllr Sinclair) refused to take it back, and our amendment failed. I fail to see how scrutiny by fewer than one-third of the councillors can be interpreted as "comprehensive and effective", and the perception could be that this was a way to push through the expensive and controversial "Orkney Harbours Masterplan Phase 1" (which does nothing for any harbour in the North Isles!) without any awkward questions being asked!

The last meeting outwith Orkney that I attended physically was the Dounreay Stakeholder Group AGM held on the 11th March 2020 (see March 2020 *Letter*). This year's AGM was organised remotely. I also remotely participated in a meeting arranged to introduce the members of the University of the Highlands & Islands Foundation to the new UHI Vice-Chancellor & Principal.

On the 23rd April, I became eligible for a National Entitlement Card.

Keep well and carry on,

Stephen

Cllr Dr Stephen Clackson, West Manse, Sanday stephen.clackson@orkney.gov.uk



R.I.F. Year Royal Highways, Prince Philip, Date of Edinburg

You can download Letter from School Place from Ifsp.pbworks.com

STRONSAY'S LAMBING SNOW—15 APRIL 2021 Photographs by Roger Neville-Smith















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Records of a Bygone Age Gaan tae the spoots - Part 2

A couple of weeks ago, I decided I would need to do my bit to preserve one of the old Orcadian traditions and go to the spoots. I'm not exactly a regular spoot goer. In fact, the last time I went I had our two daughters, aged six and three, in tow and, as I remember it, we had just got to the edge of the sea when the younger one tripped and went her length in about four inches of water. With one soaking wet and unhappy daughter wanting to go home and another dry and very unhappy daughter wanting to stay on the beach to catch spoots, I had to admit defeat and head for home. That six year old lass had her 40th birthday a few weeks ago. As I said, I'm not a regular spoot goer!



With calendar checked for the full moon, the 'Orcadian' consulted for tide times, 'gless' tapped for the barometric pressure and forecast viewed for the wind direction and strength, it seemed that everything was falling into place nicely for late afternoon on the coming Sunday to be a good 'spoot ebb'. Armed with the tools of the trade, consisting of a bucket (I made sure to take a small bucket so that anything I caught would appear more than it really was) and an old bread knife and, kitted out with wellies and waterproof trou-

sers, I was good to go. The waterproof trousers were an optional extra as I had figured out that the spoots might seem just a tad further away than when I was catching them nearly forty years ago, so it would make good sense to be able to The tell-tale sign of a spoot is spotted! go down on my knees when hauling them. I

even persuaded my good wife to come along for the jaunt, the first time she had gone to the spoots in her life, and her an Orcadian lass to boot!

Arriving at the beach, we made the fairly long trek down across the sand to the edge of the sea and began the hunt. To catch the spoots it is necessary to walk slowly backwards, watching the sand you have just crossed over



Trapped with the knife then a slow, steady pull

intently for the tell-tale spout of water or, if the sand still has some water on top, it may appear as a little round indentation with sand churning in it, indicating that a spoot has been disturbed. This walking backwards, of course, comes with its own problems as navigation isn't so easy and it is very easy to collide with someone going backwards in the opposite direction!

(continued on next page)

The spoot is very sensitive and feels the least vibration in the sand which makes it aware of impending danger, whereupon it digs itself deeper into the sand at an unbelievable rate! As soon as this sign appears, the bread knife must be thrust its full length into the sand and pulled across until, if you are lucky, the blade comes into contact with the shell of the spoot. It is possible to feel in the hole to find in which direction the spoot is going and this can be useful in deciding where the knife should be inserted to catch the spoots.

More experienced spooters appear to know in which direction the spoot is headed by the shape of the hole or the way the sand is churning, although I've never mastered that technique. Once contact is made, a steady pressure must be maintained on the knife and, in theory at least, this sideways pressure stops the spoot in its tracks. The other hand is then used to scoop away the sand until contact is made with the top of the spoot when, with a firm grip it can be gradually eased out of the sand.

This is the tricky part where a slow, steady pull must be maintained to have any chance of success. With all those other spoots just waiting to be caught, it is all too easy to lose patience and pull a little too quickly with the result that the large digging foot (called the 'fruit' locally) is pulled out of the shell and is lost. This fruit is the main edible part of the spoot so it is of limited value without it.

It is also possible, if the sand is reasonably dry, to pour a little salt down the hole left by the rapidly descending spoot. This increase in salinity is too much for the spoot, forcing it to return to the surface where, a few minutes later, it can be seen sticking just above the sand and picked up at your leisure. This method was always frowned upon by the purists as a form of 'cheating' as little skill was involved and, with the local cemetery not far distant from the beach, would probably have a few of the old timers turning in their graves!

I've often wondered what a stranger might make of seeing folk at the spoots for the first time. Folk at the edge of the sea walking slowly backwards then suddenly bending over or falling to their knees and digging ferociously in the sand. Some kind of ancient ritual perhaps, to welcome the coming of spring or to pay homage for a bountiful harvest? Or maybe just had a tad too much home brew? I've also wondered how this would appear if it was filmed and then played backwards, so that everyone seemed to be walking forwards. Anyone out there with a video camera?

There were actually eleven folk on the sands that evening, the most I've seen for many a day; some simply because it was such a glorious evening and some, like me, to try to keep alive an old tradition, with over 70 years spanning the youngest (a 9 month old baby in a sling on her mum's back) to the oldest. It was a great opportunity to enjoy what was a beautiful Orkney evening and to have a socially distanced yarn with some of the other spooters, so having a few spoots for supper was really just a peedie bonus!

If you've had a good haul of spoots and want to try something different, this photo caught my eye on Facebook! This is how Marion, Adrian and Filip, who were at the spoots that same evening, enjoyed the spoots they caught.

All caught, gathered or baked within a couple of miles from their house. You can't get less food miles than that!

That looks very tasty and is making me feel hungry! Looks like it could be a good spoot ebb at the weekend again – noo where did I leave that knife.......

Ian Cooper, April 2021

(more photographs on next page)



A quick wash to remove some of the sand

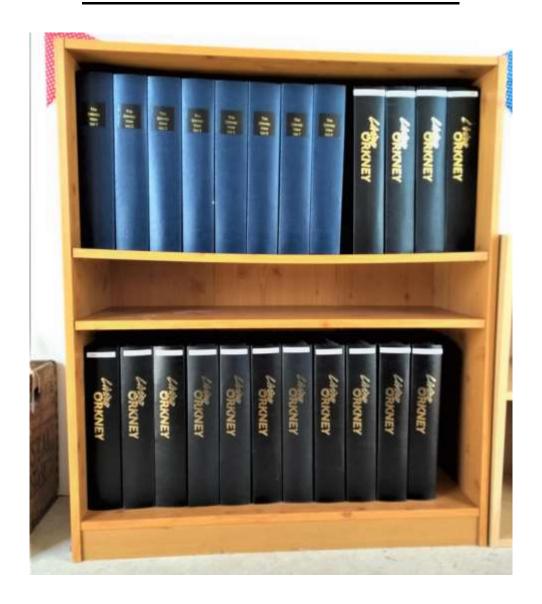


and in the bucket for supper!



Spoots, flash fried in butter with homemade chips, windowsill micro leaves, Sugar Kelp dip and homemade Focaccia topped with Sea Lettuce and sea salt.

THE "ORKNEY VIEW" AND "LIVING ORKNEY" MAGAZINES



As you may have seen in previous Limpets, I've been trying to put together sets of Orkney View and Living Orkney magazines for display in the Heritage Centre. Although there are still a few issues 'in transit', I'm delighted to say that when they arrive that should make complete sets of both magazines – 100 issues of the Orkney View and 171 issues of the Living Orkney! This is something I never really thought would be possible when I appealed for the missing issues so I would like to express a huge "thank you" to all who have helped with looking for and supplying the missing magazines. Thanks also to Stronsay Community Council for covering the cost of the binders for the Orkney Views.

As shown in the above photo, both sets are now on display in the Heritage Centre, where they are available for anyone to have a browse through or help with research.

Ian Cooper

April 23 was the Feast Day of St George, the Patron Saint of England. I hope my friends in Stronsay will not mind my request that this poem by G.K.Chesterton, entitled 'The Englishman', be published in the Limpet. The title is a bit of a misnomer, for it is really about St George, in a very light-hearted way, and St George is on the side of all good men!

Brian Crowe

The Englishman

St George he was for England,
And before he killed the dragon
He drank a pint of English ale
Out of an English flagon.
For though he fast right readily
In hair-shirt or in mail,
It isn't safe to give him cakes
Unless you give him ale.

St George he was for England,
And right gallantly set free
The lady left for dragon's meat
And tied up to a tree;
But since he stood for England
And knew what England means,
Unless you give him bacon
You mustn't give him beans.

St George he is for England,
And shall wear the shield he wore
When we go out in armour
With battle-cross before.
But though he is jolly company
And very pleased to dine,
It isn't safe to give him nuts
Unless you give him wine.

Gilbert K Chesterton, 1874-1936.

FOR SALE, WANTED, THANK YOU, etc

HOUSE FOR SALE ERRAID STATION HOUSE LOWER WHITEHALL, STRONSAY









Single storey house overlooking Papa Stronsay, dating from around 1900, with an internal floor area of approximately 88m2 and comprising 2 bedrooms, bathroom, utility, open plan kitchen/lounge.

Externally there are 2 blockwork sheds and a summer house with approximately 14m2 of floor space and double doors opening onto the large garden with flower borders and vegetable beds. In addition, there is a recently completed self-contained annex/income suite with a floor area of approximately 28m2. Awaiting valuation.

For more information contact Christine on 01857 616296

FOR SALE, WANTED, THANK YOU, etc

WANTED

I am looking to come to Stronsay in Feb/March 2021 to stay for a year. I hope to rent a one or two bedroom place and wondered if anywhere was available.

Feel free to contact me directly for further information.

mike.hannam@rediffmail.com

WANTED

Hi there, I just wondered if rental property with land is available on the island at all? Looking for a place on the islands for myself my five year old daughter and our animals. We are looking at properties to buy too but should we be able to rent that would speed up our progress. I work from home so can live anywhere but a rural place with plenty of space and some land around it is what we are looking for. I am registered with agents but there seems very little available.

Many thanks.

Anna Holland (annacholland@icloud.com, Scottish Borders)

WOULD THERE BE VALUE IN HAVING A HELIPAD AT THE BALFOUR HOSPITAL?

This year, in my last year (S6) at KGS, I am doing the Scottish Science Baccalaureate, for which I must complete an interdisciplinary project. My project is called "The value of having a helipad at the Balfour Hospital in Kirkwall, Orkney" where I am exploring the reasons why it may or may not be beneficial to have a helipad at The Balfour.

On early plans for a new Balfour Hospital, a helipad was included for the use of the air ambulance helicopter. However, when the new hospital was built, no helipad was included. Consequently, the air ambulance helicopter has to land at Kirkwall Airport, and the patient is transferred from there to the Balfour Hospital using a land ambulance.

From your experience as a patient, or from hearing about the experiences of others, do you think a helipad should have been included at the new hospital?

What would be the advantages/disadvantages?

Do you have any other comments?

Please get in touch with me via my email (<u>frideswidec@gmail.com</u>) or by post at West Manse, Sanday, Orkney, KW17 2BN

All contributions will be treated in the strictest confidence.

Thank you in advance for your help,

Frideswide Clackson

Items on this page are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page

FOR SALE, WANTED, THANK YOU, etc

BUILDING PLOTS FOR SALE

2 Building plots, Whitehall Village, Stronsay, Orkney

£35K each. Planning in principle for 2/3 bed bungalow plus 2 parking spaces. Electricity and water supplies are on site.

The plots are behind the village street making a secluded location but within easy walking distance of the shop, ferry, cafe and hotel.

The tried and tested practice on the Orkney isles for building is to buy a house kit and either have it erected by the supplier or our island contractor Castlehill Construction (who can also do the ground works)

For information about Stronsay, our lifestyle, its good school and other facilities please visit www.visitstronsay.com

For further information about the sites please contact

- Sharon at Orkney Property Centre, Kirkwall on 01856 877866 or
- Dianne & Paul on 07785111126 or
- email drileymoore@hotmail.com

Planning ref: 18/038/PIP on Orkney Islands Council planning web site









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Marion Miller Jewellery

Unique Jewellery inspired by the sea and shore. Designed and handmade on the island of Stronsay, Orkney

www.marionmillerjewellery.com

Tel 07919550943 E-mail marionmillerjewellery@gmail.com





Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page

Contact details for the *Limpet* are on the back page

Roger at Stronsay Photographic

Available for

Portraits - groups and individuals

ID photographs - printing on site

Tuition

Special commissions

Cozy studio with professional lighting

Home visits



Contact via Stronsay Photographic Facebook page and Facebook or tel 616228 Special offers also on Stronsay Facebook page

(Indoor portrait photography is allowed in tier 3 - covid precautions to operate)

Roger at Stronsay Markets



Local seasonal soft fruit and vegetables
Grown naturally without artificial fertilisers, pesticides or weed killer
Cropped same day (usually)

Check out Facebook "Stronsay Markets"

Contact me on stronsaymarkets@gmail.com and I can add you to the regular list of available produce

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page

The Book Nook

Orcadia, Stronsay

It's a library! Borrow a book!

It's a book exchange! Swap a book!

It's a shop! Buy a book with a donation to the Defib Appeal!



Over 1000



fiction books!

Opening Hours

Thursday to Tuesday 9am to 4pm Wednesday 12 noon to 4pm Open other times on request

Vicki 07873 982648 facebook.com/TheBookNookatStronsay



REDHOUSE PLANTS MARKET GARDEN



Seasonal vegetables available daily. Bedding, perennial and vegetable plants.

Local honey in season according to availability.

Open 09.00-17.00 Mon-Sat.

Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377

BELLIE M DESIGNS

Tieve Studios, Berryhill Road, St Ola, Orkney KW15 1SF.
Online shop www/belliemdesigns.com
Orders also taken via Facebook, Twitter, Instagram or phone 07736838489 with email invoices that can be easily paid by card or PayPal.

STRONSAY HOTEL

Phone 01857 616213, email cjdbuk@gmail.com

STRONSAY HOTEL AND THE VIRUS

In these challenging times we have changed the hours that we are open. We will still provide a Takeaway service and we can deliver if required. Ordering can be done via phone or email.

- Mon, Bar closed
- Tues, Bar closed
- Wed, Bar closed
- Thurs, Bar closed Takeaway available from 5pm.to 7pm
- Fri, Bar closed, Takeaway available from 5pm to 7pm
- Sat, Bar closed Takeaway available 5pm to 7pm
- Sun, Bar closed Takeaway available 5pm to 7pm

We know this is very drastic but it is a drastic time, hopefully it will not last too long.

TAKE AWAY MENU

Homemade lasagne + chips	£5.95
Homemade chicken curry + rice or chips	£5.95
Homemade chicken & bacon pie + chips	£6.50
Breaded haddock + chips	£5.50
Battered haddock +chips	£6.50
Breaded wholetail scampi + chips	£6.50
2 sausages + chips	£3.00
2 fish fingers + chips	£2.80
"Stronsay beast burger" + fries	£4.50
"Stronsay cheese beast burger + fries	£5.00
Portion of chips	£1.30
Half portion of chips	£0.80
Portion of cheesey chips	£2.10
Half portion of cheesey chips	£1.10
Portion of onion rings	£1.20
Half cheesey chips = minus 20p	
Cheesey chips = add $80p$	
Half chips = minus 60p	
Half rice = minus 60p	

Holmsgarth Crafts



Book Pillows, Table Runners
Napkins, Face Masks,
Scrunchies,
Tote Bags,
Pencil Cases and More
Made To Order



Contact Margaret McAnally - Holmsgarth Crafts | Facebook

Local business adverts are free!



An award-winning skincare company with a purpose; to help create a healthier, greener more empowered world.

FREE Catalogue available for pick-up or drop off.

Please be in touch with Sarah Powers Richings at 01857 616495 or follow me on Instagram: @sarahmarie.tropic or on Facebook: Tropic with Sarah Marie



Hazel Shearer, Airy, Stronsay, Orkney, KW172AG • Phone 01857 616231 hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk

The Wyrd Weaver

Handcrafted Textiles and Primitive Folk Art









Come and visit Eunice's studio at... Newbigging, Stronsay, Orkney KW17 2AN

Open Daily Phone - 01857 616230

Find and <u>buy</u> on Facebook @orkneywyrdweaver Email – thewyrdweaver@btinternet.com



Local business adverts are free!

"NEIL'S ON WHEELS"



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260 HOME: 01857 616454







Gas Safe Registered Engineer Plumber

Services include:

- · Installation, servicing, maintenance of all domestic gas appliances
- · Landlords gas safety checks
- · Bathroom fitting
- Bathroom supply
- General heatings
- All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Call Patrick on **07933 488283**

Email: patrickmcgrathltd@gmail.com



ORKNEY STAR ISLAND SOAP



Traditionally hand-crafted soaps, solid shampoo bars, conditioners and balms. Hand-spun yarns, woven throws, rugs, wall-hangings and more.

Orkney Star Island Soap, Isles View, Stronsay, Orkney, KW17 2AG

Tel: (+44) 01857 616 281 Email: info@orkneystarislandsoap.co.uk

Web: http://www.orkneystarislandsoap.co.uk

Facebook: https://www.facebook.com/orkney.star.island.soap





The Old Manse Bed and Breakfast Logie Easter, Kildary IV18 0NZ



<u>Local</u> business adverts are free!

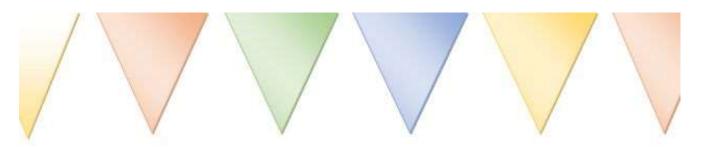


We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.

Reasonable prices.

Contact Craig or Christine for more information.



Fishmart breakfast menu

(Served 7am - 10:30am weekdays/All day Saturday)

Cooked breakfast

2 Sausages, 2 bacon, baked beans or tomatoes, hash brown, fried or scrambled egg, 2 toast and unlimited tea or coffee* £6.00

Breakfast baguettes

Sausage, egg & bacon baguette £3.00

Sausage & bacon baguette £2.50

Sausage & egg baguette £2.50

Bacon & egg baguette £2.50

Breakfast wrap

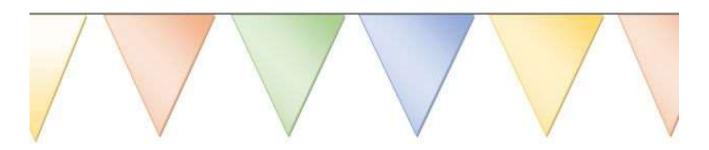
Sausage, bacon, scrambled egg and hash brown in a wrap £3.50

Extra breakfast item 50p each

X2 boiled eggs & soldiers £2.00

Porridge £1.00

*For unlimited refills, coffee will be instant



Sub Rolls

(Please see specials board for filling of the week*)

Orkney cheese	£3.00	as a meal deal	£4.00
Ham	£3.00	as a meal deal	£4.00
BLT	£3.50	as a meal deal	£4.50
Chicken breast	£3.50	as a meal deal	£4.50
Coronation chicken	£3.50	as a meal deal	£4.50
Beef & cheese	£4.00	as a meal deal	£5.00
Weeks special filling*	£4.50	as a meal deal	£5.50
(Subject to availability)		

All subs include choice of salad fillings and a sauce.

Sub roll meal deal, includes any drink and walker's crisps,

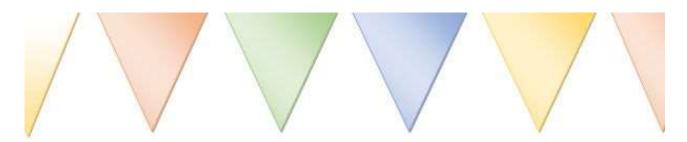
fruit or yoghurt

Toasted Panini's

Choice of 2 fillings £4.00

Cheese, onion, ham, tomato, chicken pesto, brie & cranberry

Toasted Panini meal deal, includes any drink and walkers crisps £5.50



Hot Lunches

Scampi, chips, peas or beans	£6.00
Chicken burger, chips, side salad and coleslaw	£5.00
X2 Sausage chips, peas or beans	£4.50
Sweet chilli chicken wrap, side salad and coleslaw	25.00

Jacket potatoes

Choice of 2 fillings, served with side salad and coleslaw £4.50

Chilli, tuna mayonnaise, coronation chicken, beans, cheese

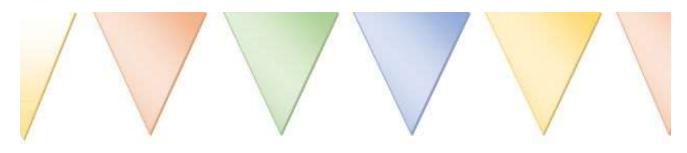
Kid's meals

XI sausage chips, peas or beans	£2.50
Chicken strips, chips, peas or beans	£3.00
Lunch plate -	
Choice of sandwich, served with Ribena drink,	£3.50
Plain crisps or fruit	

Specials

Please see our special boards for Salad bowls, quiches or soup, all subject to availability on the day

Local business adverts are free!



Sides

Chips £1.50

Add cheese 50p

Sweet potato fries £2.50

Coleslaw £1.00

Hot Drinks

Cold drinks

Filter coffee	£2.00	All cold drinks £1.20	
TO THE PART AND THE PART OF TH	22.00	All Cold drilles 21,20	
Hot chocolate	£1.50	Coke/Diet coke	
Add Cream/marshmallows	£2.50	Lemon/Orange Fanta	
Tea	£1.00	Irn Bru	
Chai tea	£1.20	Still/Sparkling water	
Fruit tea-Very berry,		Ribena	
Ginger&Lemon,			
Mint or Green	\$1.00		

Sweet Treats

Please see counter for all available cakes and sweets available today

STRONSAY DEFIB APPEAL

The STRONSAY DEFIB APPEAL is working with the Community Heartbeat Trust to raise funds for public access defibrillators (AED) to be sited in three locations across the Island including Whitehall village and Rothiesholm. This would increase the number of community available defibrillators across the island which includes the Stronsay School and airport and give full coverage, decreasing the amount of time to get to a device, thus increasing the chance for survival.

After a cardiac event for every minute that the heart is stopped the chance of survival decreases by 10%. By having an AED in key locations across the island it shortens the time it takes to get the lifesaving device to the individual and increases the chance for survival.

First Aid training is not necessary to use an AED but helps create confidence, especially when the training is with a particular AED that is available in the community. The more community members trained on island, the more who can help in the critical moments before medical personnel arrive.

Our fundraising goal is £6800, to cover purchase, maintenance and installation costs as well as providing AED/defibrillator first aid courses for interested residents. Fundraising will be ongoing and will include but not limited to, funds raised through the Ebenezer front porch, the Heart Art Exhibits and through a donation website: The Community Heartbeat Trust: The Stronsay Deflb Appeal (enthuse.com).



EMERGENCY NUMBERS

On the back page of every edition of the Limpet there is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

Announcements by charities, local groups, clubs and organisations are FREE!

STRONSAY DEFIB APPEAL

We would like to say a big thank you to everyone that took part in the Defib Appeal Raffle. It was a huge success with 36 prizes donated and over 2,000 tickets sold raising a total of £495.

Congratulations to our winners

Jennifer Graham Susan Mactaggart

Shannon Doris Shearer
Cassie Holmsgarth
Cleat Jude Erdman

Mairi Dennison Tara Brown

Agnes Stevenson Shirley Whiteman

Raymond Dennison Elspeth
Marion Miller Nicandro

Elsie Dennison Carole Cotteril
Nathaniel Mactaggart Vicki Holland
Bu Farm Viv Erdman

Wilma Holland Rendall
Ian (Eastbank) Wilma S

Carwin Miller

With Special thanks to everyone that donated a prize.

We were supported by businesses and individuals with handmade items and wonderful bought gifts, it was truly amazing and appreciated:

Doris Shearer, Raymond Dennison, Brenda Parry, Marion Miller, Arna Cooper, Hazel Shearer, Sheila Williamson, Olivebank, Ebenezer stores, Nathaniel Mactaggart, Louise Mactaggart, Duncan Bliss-Davis, Lee Hall, Michelle Strong, Stronsay Fishmart, Viv Erdman, Mrs Burger, Elspeth, Stronsay Development Trust, and I'm sure more that have been missed that quietly donated directly to the table.

HANDY EMAIL ADDRESSES:

Ebenezer Stores <u>stronsaystores@gmail.com</u>
Olivebank <u>m.williamson1@btconnect.com</u>
Stronsay Hotel <u>cjdbuk@gmail.com</u>
Fishmart café fishmartcafehostel@gmail.com

For telephone numbers see the back page of this edition.

OUR LADY'S CHAPEL, PIERHEAD NOW OPEN FOR PUBLIC MASSES

Our Lady's Chapel on the pier is now open for public Masses with the permission of the Bishop of Aberdeen.

Mass times are as follows:-

• Sunday & holidays: 10.30am

• Tuesday: 8.00am

• All other days: 11.20am

GOLGOTHA MONASTERY, PAPA STRONSAY DAILY STREAMING BROADCAST

There is a daily streaming broadcast from Golgotha Monastery, Papa Stronsay. http://www.papastronsay.com/live

The broadcast runs from 4pm - 7pm (the times shown are approximate):

- 4pm Short talk by one of the priests.
- 4:30pm Recitation of the Rosary.
- 5pm Mass.
- 6pm Further prayers and office of the day.

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Announcements by charities, local groups, clubs and organisations are FREE!

MOBILE LIBRARY VAN VISITS TO STRONSAY IN 2021 NOTE—UPDATED VERSION 29 APRIL 2021

Mobile Library Timetable 2021

	<u>Stronsay</u>	
Dates	Stops and Ti	mes
18 January	Summer/Ref	<u>it</u>
15 March	Council Hou	ses 9.00—10.00
11 May	School	10.15—12.00
6 July	Kirk	12.30—3.00
31 August	Fish Mart	3.15—5.30
25 October	Winter	
20 December	Council Houses 8.45-9.4	
	School	10.00—12.00
	Kirk	12.30—3.00
	Fish Mart	3.15-4.45

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USEFUL INFORMATION

POST OFFICE OPENING TIMES etc

Monday to Saturday 8:30am—5:00pm

Sunday Closed

Post collection times 07:30, Monday to Saturday Bank day No bank until further notice.

Island Link Officer...... Fishmart office 10 to 12 on Tue, Thu & Sat. Phone 616475

SDT Office Wood's Yard 10am - 11am Mon-Fri. Phone 616410

Sunday service at the Kirk ... No services. See https://tinyurl.com/pj7xtg5

Our Lady's Chapel, pier head Mass: Sun & hols 10.30am, Tue 8am, other days 11.20am

Next Special Collections 17 May 2021 and 26 July 2021

Weekly rubbish collection Tuesday (bags out by 8am but <u>not</u> on the night before!)

Recycling skips nearly full? . . Send email to at <u>recycling@orkney.gov.uk</u>

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Airy Fairy 616231 Castle Bird Reserve 616363 Craftship Enterprise 616249	SDT office
Castle Bird Reserve 616363 Craftship Enterprise 616249 Doctor 616321 Ebenezer stores 616339 Electrician (Dave) 616230 07 07917 191 797 Fish Mart 616401 Hairdresser 616337 Hall bookings 616263 or email annemaree.carter@btinternet.com Island Link Officer 616475 Limpet editor 616297 Medical emergency 616321 Neil's on Wheels 616454 Manse 616286 Nurses 616480 Olivebank 616255 OIC out of hours 01856 873535 Post Office 616499 Red House Plants 616377	Stronsay Band
Registrar 616239 School 616246 Silver Darlings 616412 Star Island Soap 616281	Deyanov Dental 01856 877118 Golgotha monastery 616210 or email contact@the-sons.org

HOW TO CONTACT THE LIMPET

Send an email to editor@stronsaylimpet.co.uk or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page











