



DATES FOR YOUR DIARY

Scottish Flood Forum visit	Mon 25 Apr to Fri 29 Apr
Library van visit	Mon 25 Apr, 20 Jun, 15 Aug, 10 Oct, 28 Nov
Stronsay Stitchers	Thu 28 Apr, Thu 26 May
Orkney Ferries timetable change	Sun 8 May, Mon 1 Aug
Spring Craft Fair	Sat 14 May
Special collection	Mon 16 May, 25 Jul
Christmas Craft Fair	Sat 3 Dec

SWIMMING POOL - HELP WANTED!

We are in desperate need of more volunteer overseers to hand out bands and handle payments at our swimming sessions. If you or your family are pool users and don't already help, it would be a great way of giving back! Or if you have a spare evening or Sat afternoon now and then your help would be greatly appreciated.

Please contact me, Elsie or Andrew Rose. Thank you.

Mairi Dennison

A KINDLY REMINDER FROM GERAMOUNT SURGERY

We understand that on occasions you cannot attend your booked appointment at the surgery, but if for whatever reason you cannot attend your appointment, could we please ask that you inform the surgery as soon as possible. This then allows the appointment to be given to another patient.

GP & COMMUNITY NURSE ROSTER

The latest available roster for the Doctor and the Community Nurse can now be found on the Stronsay Limpet's website at <https://stronsaylimpet.co.uk/RosterGPandNurse.html>

ROYAL BANK OF SCOTLAND

No Royal Bank of Scotland visits until further notice. There are 2 telephone numbers:
0800 051 4177 for anybody in isolation and 0800 046 6734 for all NHS staff
Both lines are open 8-8

The next edition of the [Limpet](#) will be published on **Thu 26 May 2022**. Items for inclusion in that edition should be submitted by 7pm on **Sun 22 May 2022**, contact details are on the 2back page. The Limpet's website address is <http://www.stronsaylimpet.co.uk>

TWO NEW DOCTORS!

We are delighted to let you know that Dr Andy Langton & Dr Wassim Malas will be joining the surgery team in the next months. Both have extensive experience and will be a really welcome addition to the team. Many thanks to everyone on the council, Visit Stronsay group & development trust (and anyone else I've missed out!) who helped with the leaflet advertising Stronsay and with the applicants' visits to the island last month; they spoke very highly of you all!

Dr Alison Lievesley
Dr Johnathan Cobb
Dr Rosalind Fisher

ADVERTISE YOUR EVENT!

If you are planning to hold an event on Stronsay then why not use the free publicity available from the Limpet, the editor's contact details are on the back page of every edition of the [Stronsay Limpet](#). You can advertise in the monthly editions of the Limpet and your event can be publicised via the Stronsay Limpet email list. It's always a good idea to check the [Visit Stronsay calendar](#) when planning an event, could avoid embarrassing clash of dates.

“DISTANCE AWARE” SCHEME

The Distance Aware scheme is designed to help those worried about mixing with others as we adapt to living with COVID-19. Find out how to get a Distance Aware badge or lanyard to show others you need more space:

<https://www.gov.scot/publications/coronavirus-covid-19-distance-aware-scheme>

ORCADES PRACTICE—STRONSAY BRANCH

In an emergency phone 01856 888000

LATEST NEWS

The doctors' morning surgery has returned to being by appointment, while the afternoon will still be open for 'on the day' calls for urgent needs. Both will initially be phone calls, with an invitation to attend the surgery if an examination is needed. In an emergency you will of course be fitted in straight away.

If you require an appointment please phone 616321 as usual or email ORK.stronsay@nhs.scot. When you book your appointment Katrina will give you a time for your initial call; the doctor will call as close to that time as possible, and hopefully within about 30 minutes. This will hopefully make your day easier to plan. Please help us by bringing just one problem, so that we can help you by sticking as close as possible to time.

If you are travelling abroad and need evidence of your vaccination status, you can now use the link below to obtain it. Please be patient as records are updated, and please don't request your record if you don't need it! Thank you

<https://www.nhsinform.scot/covid19status>.

REQUESTING REPEAT PRESCRIPTIONS

- No more paper requests to be handed in.
- Please phone 616321 or email ORK.stronsay@nhs.scot to order.
- Check one week later to see if they have arrived.
- Time slots will be given for collection.

UP-TO-DATE CONTACT DETAILS

Please can we ask you to contact the surgery (phone 616321 or email ORK.stronsay@nhs.scot) if you have any changes to make to the information we hold. It really helps us if we have your up to date information should we need to contact you.

For example

- *Name*
- *Address*
- *Telephone number (landline)*
- *Mobile number*
- *Email address*

Thank you, Dr Alison Lievesley, Dr Rosalind Fisher and Dr Johnathan Cobb .

COVID VACCINATIONS

We are nearing the end of vaccinating our over 18's population. If you have previously declined but would now like to have the vaccine, or have been giving the matter further consideration and decided you would now like to be vaccinated, can you please contact the surgery to let us know, so we can order vaccines in as appropriate. We are trying to achieve a high percentage of vaccinated residents so we can have a good level of immunity within our island community.

Stromsay Surgery

STROMSAY SURGERY—USE OF 616321

This is a reminder that the surgery telephone number is only manned Monday to Friday between the hours of 9-12 and 1.30-4.30pm. Between 12.00 and 1.30pm, when Katrina is at lunch, there is an answerphone service and calls won't be put through to Balfour so please avoid phoning at lunchtime. If it is an urgent matter, please dial 01856 888000 and ask them to page the Stromsay GP (or nurse if more appropriate). Outside these hours the calls are automatically transferred through to Balfour Hospital switchboard.

Could we kindly ask that if you need to speak with the Stromsay nurse, you call the surgery number on 01857 616321. Katrina will put you into the nurse telephone slot to be called when they are free. The nurse's new phone is such that we are unable to stop the message being left by the person from being overheard.

Thank you,
Stromsay Surgery

IMPORTANCE OF VITAMIN D

From Geramont Surgery

You may know that vitamin D is important in supporting bone and muscle health. A small amount can be absorbed from our diet, but most of it comes from sunlight. Not so much in Scotland though – although 15-20 minutes of sunlight daily (equivalent of both arms from a t-shirt sleeve down) is enough to top up your stores, we only get the right 'type' of sunlight from April to September, mostly from 11am-3pm.

The Chief Medical Officer in Scotland advises that we should all consider taking a daily 10 microgram (400 units) vitamin D supplement, especially during the winter months (beginning of October to end of March inclusive): these can be bought over the counter in the chemist or a supermarket, or online - some places have 3 for 2 offers. Please do use them! (and don't forget to use sunblock once you've had your 20 minutes - sadly we can still burn even this far north!)

Stephen Clackson's Letter from School Place
Experienced – Established – Effective – Engaged – Enthusiastic

On 21st March, many Covid restrictions were eased in Scotland, and then the legal requirement to wear masks in indoor public spaces and on public transport was lifted on the 18th April. (Unfortunately, so too was access to free lateral flow tests.) Health advice is to continue wearing masks voluntarily, and this is recommended on board Orkney Ferries' vessels.

I hope none of you got made a fool of on 1st April. Here in Orkney, you need to be wary of the 2nd and 3rd April, too. The 2nd April was traditionally "Tailing Day", when children would secretly pin tails to each other and, more daringly, to adults (especially teachers). In the past, butchers would save up pigs' tails for this purpose, but in more recent times paper and string were mainly used. This year, "Tailing Day" coincided with "National Ferret Day", although ferrets don't have very impressive tails. The more dangerous day is the 3rd April, "Borrowing Day", when anything borrowed on that day becomes the property of the borrower! The 16th April is St Magnus' Day, when we fly the Orkney Flag here at the West Manse.



The deadline to get your census form returned (on paper or on-line) is the 1st May. In Question 43, "How do you usually travel to your main job or course of study (including school)?", many modes of transport were on offer, but notably not plane or ferry! I don't think this census had been adequately "Island-proofed"!

It has been a strange time, recently. I have continued being your councillor while simultaneously being a councillor candidate. One of the consequences of this was that throughout the pre-election ("purdah") period, my attendance at community council meetings has had to be as an ordinary member of the public. Council meetings have not entirely stopped; for example, I have attended a members' briefing and a Special Policy & Resources Committee meeting on the Council's corporate management restructuring. A Special General Meeting on the 26th April will be the last full council meeting before the election.

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Many of you know already that on the eve of close of nominations I was undergoing an urgent operation at Raigmore Hospital to re-attach the retina in one of my eyes. The operation took over an hour, and I was awake throughout. However, I would reassure anybody else who is about to undergo such surgery that the experience is not as bad as it may sound. (Just don't watch a YouTube video of the procedure before you have it done!). It was a few days before I got back home, because the eye had been filled with hexafluoroethane gas, so flying was forbidden. (For those taking exams in chemistry this summer, hexafluoroethane is ethane with all the hydrogen atoms replaced by fluorine.) As medically advised, I'm taking it easy during the recuperation period. Of course, from the point of view of my election campaign, this all happened with impeccably bad timing, so I am sorry that very few of you have seen me out canvassing. Folk will, I'm sure, understand that I want the eye to recover as best it can. Apart from anything else, if re-elected, I need to be able to keep both eyes on what's going on at OIC!

Although the date of the Local Government Election is the 5th May, postal ballot packs have already been sent out to most people in the North Isles. Pay careful attention to what you have to do and how to vote, and make sure you put Envelope A the correct way round into Envelope B so it is the Returning Officer's address that appears in the window and not your own!

I am hoping the North Isles' electorate will re-elect me to continue serving them at Orkney Islands Council, so that this won't be the final issue of *Stephen Clackson's Letter from School Place*.



Cllr Dr Stephen Clackson, West Manse, Sanday
stephen.clackson@orkney.gov.uk

Letter from School Place is available on-line at clackson.info

Records of a bygone age

The rise and fall o' the milkan coo

Part 1

According to Google, cows were first used for milk production around 10,000 years ago. Before that animals had, of course, been hunted and slaughtered for their meat, hide and bones but then someone had that 'Eureka!' moment and decided that calves appeared to be thriving very well on a milk diet so they should try the same. For the next 10,000 years or so, cows were kept for milk production as well as for their beef, being milked by hand once or twice a day and with little change in husbandry or method. In the last hundred years though things have changed dramatically until, at the current time, specialist dairy cows are being milked mechanically in specialist dairy units by specialist dairy men and women. Now, unbelievably, the latest technology means that on some dairy farms the cows come into the milking parlour when they want to be milked, their teats are cleaned automatically, the positions of the teats are identified by laser and the milking cluster attached mechanically with not a human in sight. The old dairy maids and men would be turning in their graves!

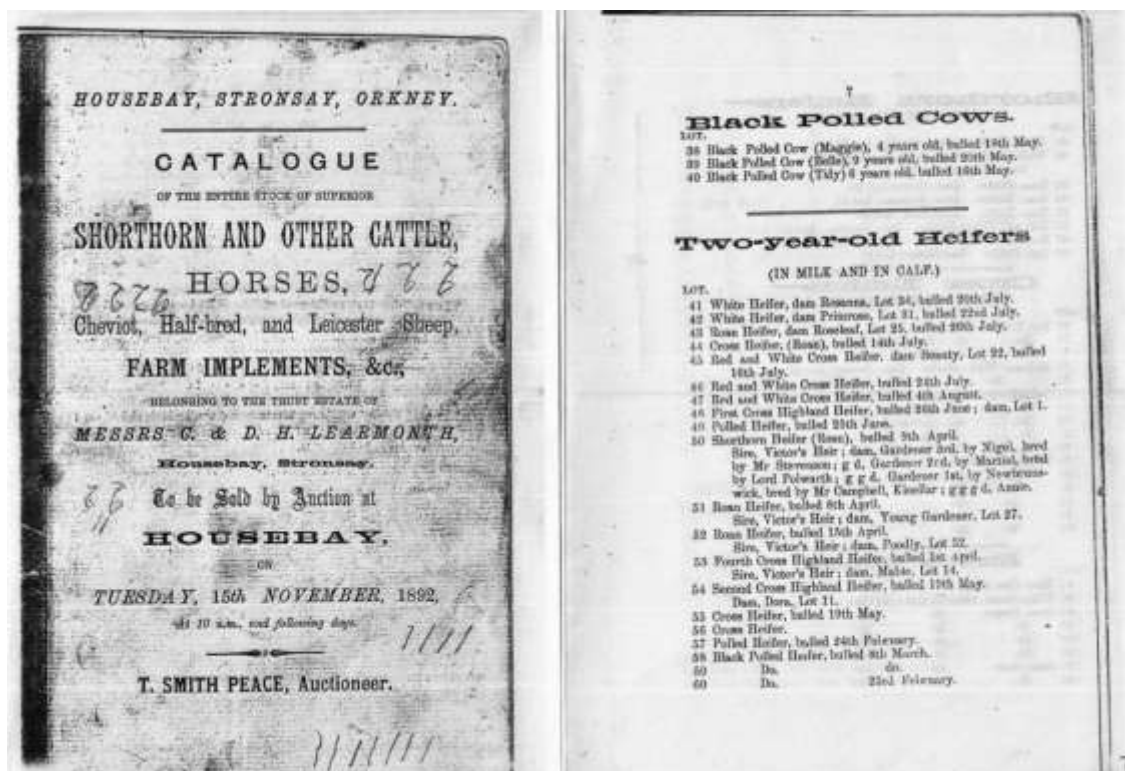


A dairy cow standing quite happily while being milked by a robot

While that progress is well worth recording, this article is looking more at the role of small scale dairying, particularly in Stronsay where nearly every farm and croft in the island would have had at least one 'milkan coo', the milkan coo being what would have been known in posher circles as a 'house cow'. (Note: the plural of 'coo' is 'kye' although 'coos' is also acceptable. Wan coo, twa kye, - you get the idea?) The milkan coo was primarily kept for producing milk for the farmer or crofter's own use and would have provided the milk, butter and cheese to go along with the oatmeal, bere meal and tatties which made up such a large part of folk's diets at the time.

After reading an article in the July 2021 edition of the 'Limpet' about a farm sale at Housebay in Stronsay Mrs Nana Peace, aged 101 at the time, wrote to me detailing her mother-in-law's memories of that sale. Her mother-in-law was Ann Peace (nee Stevenson, known affectionately as Ann o' the Bothy) and in 1892 she was staying in the Bothy at Housebay with her husband Donald, who was a cattleman there, and the four children they had at the time. Nana's husband-to-be Stewart was born some years later. The sale took place in November 1892 and, in those days, a farm servant was occasionally permitted to keep a milking cow for their own use as one of the perks of the job. The agreement was generally that the farmer would provide winter keep and summer grazing for the cow and, in return, would get the cow's calf to rear and sell. Nana recalls:
(continued on next page)

“My mother-in-law told me lots of stories about the old days and this was one of them. She needed a new cow as their own one was old, so she decided to go to the sale herself to buy a cow. When the one she wanted came up for sale she bought it for £7. It was the best bargain, she said, as they had it for a long while. As her husband Donald was a cattleman he made sure their cow was well fed! The boss then, William Stevenson from Holland farm, got the calf every year so it worked out fine.”



Pages from the Housebay sale catalogue of 1892. Could it have been one of those heifers in milk that Ann o’ the Bothy bought and kept as a milkan coo for many years?

A milkan coo was for so many years an absolute necessity on a farm and the loss of a cow would be little short of a tragedy. A newspaper report from 23rd March 1879 reports on such a loss as follows:

“A serious fire occurred at the Lodge, Stronsay, Orkney, on Sunday evening, whereby ten cattle were burnt. It appears that the servant girl went out into the byre for the purpose of milking the cows. Her lamp, filled with paraffin oil, was accidentally upset among some straw, immediately broke into a blaze. The girl threw the milk in the pail over the fire, but without effect. She immediately ran into the house for help, but before assistance came the byre was ablaze. Every effort was made to get the cattle out, but all was of no avail. The rest of the buildings were saved, however. The byre and stock were not insured.”

Probably only two or three of these ten cows would have been giving milk for human consumption but that made it no less of a tragedy. James Twatt and his family were farming at the Lodge at that time and the late Jim Work of Holland and Daisybank, who was a relative of theirs, took up the story as passed down by word of mouth for well over a hundred years:

(concluded on next page)

“No insurance in those days, of course, so this was a huge loss in itself but it also meant that they were left with no milk, which helped to provide so much of their diet. On hearing of what had happened, some of their Twatt relatives across in Shapinsay sent a milking cow over to them to tide them over; a real blessing to them in that situation. A few weeks later, the cow needed to pay a visit to the bull and, as was common, many of the smaller farms and crofts didn't own a bull so the cow had to be taken to a bull at one of the bigger farms. James Twatt got the branks (a type of leading halter) on the cow and set off, leading her to the bull at the farm of the Bu. Sometime later he came trudging back in the Lodge road with no cow and carrying the branks in his hand. Apparently the cow had fallen and broken her back and had to be put down there and then. It's hard to imagine how he must have been feeling as he trudged home that day but it says something for the perseverance and resilience of farmers that he could put all this behind him and carry on farming, which he did very successfully for many a day after.”

In addition to providing for their own needs and of those around them, the farmers' and crofters' milkan kye could also provide a valuable source of income, where butter and cheese, along with eggs, would be bartered at the local shop or travelling van in exchange for their shopping, with little money ever changing hands.



Barbara Cooper (nee Maxwell) of Odiness with her son Ernie getting their shopping at one of the travelling shops, circa 1928. In 1930, the Cooper family at Odiness made and sold 1,050 lbs (492 kgs) butter as well as 2,580 dozen egg, much of which would probably have been bartered at the travelling shops similar to the one above.

Part 2 will be in next month's Limpet.

Ian Cooper
April 2022

The Wreck of the Comely Bank – Update

After reading the article in the March edition of the ‘Limpet’ about the wreck of the Comely Bank in 1923, Brother Nicodemus from Papa Stronsay suggested to me that ex-Stronsay man John Fiddler, now staying in Stromness, may have more local knowledge of the rescue of the crew of the drifter.

I spoke with John and he confirmed that, despite newspaper reports of the time suggesting the men had been rescued by rocket apparatus, the crew had indeed been rescued by local men in a rowing boat.

His father John Fiddler senior had been directly involved in the rescue and had told John how two drifters and their crews, along with some local men, had landed at the pier on Papa Stronsay, taking a small boat with them, and had indeed hauled the boat right across Papa Stronsay to the scene of the grounding. Some of the drifter crew had then attempted to launch the boat through the breakers but, his father had recounted, while the drifter men were highly skilled seamen in their own boats, they had little idea of how to handle a small boat! The result of the attempted launching was apparently that their boat finished up back on shore, broadside on to the breakers and full of water. Soon after another, again unsuccessful, attempt was made by the crewmen off the drifters. A third attempt was then made, this time with local men David Reid from the Station, David Rendall, a shipping agent from Morven (the same David Miller who had risked his life to retrieve a buoy and rope from the surf to establish a direct link with the drifter) and John’s father John Fiddler senior, who was a young man at the time, crewing the boat. These were the only men that John knew for sure had taken part in the rescue although there could well have been more. Thankfully, these men succeeded in reaching the Comely Bank at the first time of asking, getting the drifter’s skipper and crew aboard their boat and safely ashore.

These local men were much praised, both locally and further afield, for their seamanship and courage in carrying out the rescue. David Reid and David Miller were later both awarded a cash gratuity from the Shipwrecked Fishermen and Mariners Society to mark their gallantry but John Fiddler, however, was to miss out on this award as he was deemed to be too young at the time to receive it!

Ian Cooper
April 2022



EXPERIENCED

I have been involved in Orkney local politics for nearly 19 years. Nine years as a community councillor and almost a decade representing the North Isles Ward at Orkney Islands Council. I have served on a diversity of OIC committees, including: Policy & Resources; Education, Leisure & Housing (for a period as vice-chair); Orkney Health & Care; and Monitoring & Audit. I have also sat on the Licensing Board; the Board of Orkney Ferries; and the Orkney College Management Council. I have represented Orkney Islands Council at the University of the Highlands & Islands Foundation; the Dounreay Stakeholder Group; the Scottish Councils Committee on Radioactive Substances; and the Highlands & Islands Science Skills Academy.

ESTABLISHED

ESTABLISHED

After 10 years as an Orkney Islands councillor, I know the ropes, I know the procedures, I am well-practised in scrutinising, questioning, challenging, tabling amendments, and lodging notices of motion. I've established good working relationships with council officers. In external organisations I've represented OIC on, I have gained the respect of my counterparts for sticking up for Orkney and forged many enduring and useful contacts.

EFFECTIVE

EFFECTIVE

I tirelessly promoted the priorities I listed in my 2017 manifesto, contributing to the outcome that:

OIC is now heading towards generating more of its own income, we have cheaper ferry fares, island airfield facilities are being upgraded, "empowering communities" has been rolled out to more communities, and "isles-proofing" is now a standard requirement of OIC equality impact assessments on matters concerning the Isles.

Clr Clackson

meets parents
demonstrating
outside the
Council Offices
in support of
his motion to
reverse the
budget cut



Three significant achievements off my own bat:

- Reversing a council budget cut of £65,000 affecting additional support for learning;
- Obtaining a council tax discount of 50% on second dwellings if needed by islanders in order to be able to work on the Mainland and unable to commute daily;
- Enshrining into OIC policy that 20mph zones will be installed around all 'isles' schools by the end of 2023.

If these are attributes you value in your councillor,

RE-ELECT STEPHEN CLACKSON

for the North Isles Ward

CLACKSON Stephen
West Manse, Sanday, Orkney, KW17 2BN

Independent

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Promoted by Dr Stephen Clackson, West Manse, Sanday, Orkney, KW17 2BN

ENGAGED

I engage with the communities I serve. I attend community council meetings, parent council meetings, and AGMs of island development trusts. I've supported and participated in many community events in the Isles, and given speeches at some of them. Before the Pandemic struck (and OIC's meetings and other meetings became "virtual"), I was a regular traveller on the ferries, which gave me further opportunities to engage with ward constituents. I have even held impromptu surgeries over breakfast at my B&B accommodation in Kirkwall. And, since first elected, I have consistently kept the folk of the North Isles Ward informed of what I am doing on their behalf through my monthly **Letter from School Place**, which last year passed its hundredth issue!



ENTHUSIASTIC

As an island resident myself, I want our island communities to thrive, and I work hard to promote their needs at OIC. I enjoy helping resolve the problems of ward constituents in their interactions with Orkney Islands Council, and I find this one of the most rewarding parts of being a councillor. I am standing again, because I am keen to continue the work I've started, and eager to carry on fighting for the wellbeing of the folk of the North Isles.

MY PRIORITIES

Finance: This underlies everything Orkney Islands Council is able to do. The future of central government funding of local authorities looks bleak. If we are even to maintain our current level of services, OIC is going to have to develop enterprises to generate much more of its own income. I will continue to support using our reserves to establish such enterprises, especially appropriate green projects, but at the same time I will fight to ensure we do not "industrialise" our landscape and undermine the very things that make Orkney special.



Orkney desperately needs new ferries

Transport: The publication of the *Outer North Isles Outline Business Case, Phase 2 – Final Report*, commissioned by OIC, unequivocally demonstrates that, according to the Scottish Government's own *Routes & Services Methodology*, we are under-provisioned. I will continue supporting OIC's demand for new ferries funded by the Scottish Government, but, if necessary, I am willing for OIC to draw from its own reserves to help facilitate this. I will be pushing for proper integration of all of Orkney's public transport services, and I shall be encouraging the use of eco-friendly vehicles and vessels.

Health and housing: OIC needs to be more Isles-focused in its approach to both these areas, two areas where there is scope for synergy in the provision of care to our most vulnerable community members. Also, housing needs surveys have to be better tailored to island aspirations.

Education: I shall strive to safeguard our North Isles schools and ensure excellent education is provided. I'd like to explore ways to make KGS events easier for Isles' parents to attend. I will push to make Orkney College courses at all levels more accessible to Isles' residents.

Isles' recreational facilities: The deterioration of our island swimming pools is deplorable. Having already started tackling this problem, I'll be working hard to get our pools properly refurbished. The folk of the North Isles deserve their recreational facilities, from playgrounds to healthy living centres, to be of a high standard.

Employment: We all know that, for the long-term sustainability of our communities, there needs to be sufficient sustainable employment in the Isles. OIC is the largest employer in Orkney, and now that the Pandemic has highlighted the practicality of working remotely from home, I shall be pressing harder for OIC to "decentralise" clerical posts away from the Council Offices and out into the Isles.

Digital connectivity: For better or worse, we are all becoming ever more digitally dependant. So many of our aspirations (see the paragraph on Employment, above) depend on good digital connectivity. I shall be playing my part at OIC to get the Scottish Government to honour the commitment it made in its R100 programme (Reaching 100%) to provide access to superfast broadband of at least 30 megabits per second to every home and business in Scotland—and that should include Orkney!

Fuel poverty: It is a supreme irony that, while Orkney is a net exporter of green energy to the rest of the UK, we pay the most per kWh for our electricity. I support OIC's lobbying of the UK Government to end the legacy power distribution charges that consumers in Orkney are saddled with. Indeed, I would advocate a low-cost "Orkney Tariff", to make Orkney-generated renewable energy affordable for everyone living here.



Dr Stephen Clackson is the third councillor to reside at Sunday's West Manse. His councillor predecessors were (1890-1899) the Reverend Matthew Armauer, "true friend of the crofters", and (1964-1978) Mrs Christine Muir, "champion of the North Isles". These are formidable forbears he constantly strives to live up to!

I PROMISE TO CONTINUE ...

to stay in touch with the issues, concerns, and aspirations of the folk of the North Isles Ward, through my attendance at community council meetings, parent council meetings, community events, being available for a chat when on the ferry and on your island, and dealing with the casework of individual ward constituents and community groups—not to mention that I **actually live in the North Isles**;

to report back to ward constituents via my monthly **Letter from School Place** (now also available to view and download at clackson.info) and to invite your comments on what I am doing on your behalf;

to stick up for the North Isles at Orkney Islands Council—all of them: Auskerry, Eday, Egilsay, Gairsay, North Ronaldsay, Papa Stronsay, Papa Westray, Rousay, Sanday, Shapinsay, Stronsay, Westray and Wyre;

to defend Orkney's interests in the wider world, in particular in its engagement with regional bodies (such as the University of the Highlands & Islands), the Scottish Government, and the United Kingdom Government.

If this is what you want your councillor to be doing for you,

VOTE 1 for STEPHEN CLACKSON

CLACKSON Stephen
West Manse, Sanday, Orkney, KW17 2BN
Independent

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Campaign website: clackson.info
Campaign e-mail: clackson4northisles@gmail.com

YOUR VOICE, YOUR ISLES.

SEBASTIAN HADFIELD- HYDE FOR COUNCILLOR

"I am not here with big plans to change Orkney. I want to help develop what Orkney already has to offer"

Having set up many companies across a spectrum of industries and been a director of numerous others, both in the UK and Southeast Asia, I have a proven track record in development of commerce. I have recently founded Kimbland Distillery on Sanday, with the aim of creating jobs and adding another quality product to Orkney's long heritage of quality products. From 2010- 2018 I was based in Singapore, Malaysia, and Shanghai. I have a very hands-on approach and I'm willing to fill any role that is required, no matter how big or small the task maybe. I am tenacious and I try to support the real issues.



Current Issues to be addressed:

1. The need for a new abattoir (be it mobile or static).

Orkney has a global reputation for excellence in all of its produce, however, Orkney meat has suffered drastically since the council's closure of the abattoir back in 2018. Now the majority of livestock is sold live, or the few who do send to slaughter have to send to the Shetlands, Dingwall or Aberdeen. Yes I am aware that there were reasons for it's closure, although at the time we were promised a solution was being looked into..... 4 years on and still no concrete solution!

2. The Reopening of the Bowling Alley (currently used by the council for storage!).

It is a disgrace that a facility as beneficial to the islands as a bowling alley should be left to gather dust since 2007, there are many excuses for its closure but I am yet to find any legitimate reason for an entertainment complex to be left and used as storage by the council. I would push for the building to be put up for lease for the use it was built for.

3. Encouraging younger generations to come back to the North Isles.

A major issue with all of the North Isles is the age demographic, once children have left school or been to university it is very hard to encourage them to return or even attract younger incomers to settle. I would propose that the council pay more attention, guidance, and funding to young budding entrepreneurs and encourage more female dominated industries to the North Isles.

4. Tourism

Tourism is an issue that effects the whole of Orkney. Cruiseliners mostly benefit Kirkwall, for the remainder of tourists getting to Orkney is not easy on both time or money. Our airport at Kirkwall is key, HIAL and LoganAir should be persuaded to increase it's direct flight destinations. There should also be a regular inter-island ferry linking all of the North Isles together without the need to go to Mainland just to go back out to a neighbouring island. With the influx of people moving to the islands a new feasible study should be carried out to see if it would be financially viable.

5. Addressing the multiple issues with the North Islands ferries

North Ronaldsay, Sanday, Stronsay and Eday. I hear you!

6. Energy Prices

For nearly a decade Orkney has produced over 100% of its energy requirements, yet we are still paying astronomical prices for electricity. The council should be pressuring energy companies, with energy production in Orkney, to reduce the cost of electricity to Orkney households.

Promoted by Oliver Tobias-Gibbins on behalf of Sebastian Hadfield-Hyde both of Kimbland Distillery, Lettan, Sanday, Orkney

Vote **Melissa Thomson** for the North Isles

I have been thinking long and hard about standing as Councillor for the North Isles. I have spoken to so many folks across the isles who have all been encouraging me to stand as they **think** I would be good at it and the kind of person that they want to represent them in Schoolplace.

I have spent days trying to write a great long essay about what I have achieved and what promises I would make to fix everything in the Council, but I am going to be honest and say that I am struggling as it doesn't feel right. I am not the kind of person who brags about how good they are and what they have accomplished. That is just not me. I am certainly not shy, I am a practical person, have been known to be blunt and ask the awkward questions, tend to say it as I see it and certainly not frightened to stand up and fight for what is right.

I probably should take this opportunity to introduce myself. I am Melissa Thomson, I am in my mid 40's. I live on Eday, wife to Hamish, mum to Robbie (21) and Jack (15). We farm at Heathercow and have the creel boat 'Osprey'. I went to the Grammar School, stayed in the hostel, and came back to Eday and really got stuck into island life. I work with the development trust, am part time postie and am one of the island first responders.

I am aware that all of the islands have unique strengths and challenges and any Councillor elected to represent us needs to realise that it is critical that all of the islands are fairly represented. It is also not fair that some islands get played off against others. It needs to be fair and equal for all.

I am realistic about what a single Councillor can achieve within the Council chamber which is why it is vital that the three elected North Isles Councillors work well together, as they certainly have their work cut out reminding the other 18 Elected Councillors that Orkney does not stop at the end of Tingwall and Kirkwall piers. Councillors need to be approachable and if elected I would be that and represent each and every one of the islands and do my absolute best to listen to folk's opinions and take their ideas forward.

I have spoken to other candidates across Orkney about canvassing and knocking on everyone's doors. I personally think there is still too much covid rattling through the isles and I have decided that I will not be 'chappin' on doors, although I am hoping to get round all of the Isles if anyone does want a face-to-face meeting, please give me a shout. I am also available if anyone would prefer to speak on the phone.

I have put some of my thoughts on the following page but there are so many subjects such as education, finance, healthcare, housing, broadband & mobile connectivity, decentralising OIC jobs to the isles, rising fuel costs coupled with fuel poverty, infrastructure, and not forgetting the lifeline transport services that I would like to discuss and get your thoughts on so please get in touch.

Yours,

Melissa



Contact details:-

Melissa Thomson, Cott, Eday, Orkney, KW172AB

01857 622322

Mel.for.North.Isles@gmail.com



Promoted by Melissa-Louise Thomson, Cott, Eday, Orkney, KW172AB

There are exciting times ahead with all the developments that we hear about, but we must not forget to support what we have here right now. We urgently need to support our farmers and crofters. With farm costs such as fertiliser and fuel costs going through the roof, the loss of the local abattoir and the big push to eat plant-based foods produced on the other side of the world, the farming section certainly has a challenging time ahead. How are our young folk ever going to get a start on the farming ladder? One question that I am needing to get answered is why is Orkney Islands Council not insisting that Orkney produce is used in all its establishments? Surely supporting local should be a priority? Fish farming is creating a lot of jobs but the piers in the isles that are so vital for servicing the various sites are in such poor state. This is also affecting the local fishing fleet. Some isles would like to see marina facilities installed.

Healthcare is such a huge issue with many Islands not being able to look after their elderly leaving no choice but move to the Mainland for care. There is something so wrong about that and it is heart-breaking that people cannot stay where they want to. Also, relying on volunteers to provide ambulance cover is not sustainable.

One of my passions is community development and I have been involved in this for many years. I am involved with the development trust here on Eday and meet fortnightly with representatives from the development trusts from all of the isles in the North Isles ward. I hear the struggles that each of the Islands are having and yes, some of the issues are laying at the council's door which maybe if elected I could help with? I must also mention the incredible successes that the island development trusts have achieved. The trusts boards are made up from elected members of the community and between them are employing quite a lot of people across the isles. The trusts have access to outside funding, all extensively consulted with their residents, they have development plans and, in all honesty, probably know their islands better than the council does. I am very glad to see that the council has now noticed this and are starting to acknowledge and financially support just what the trusts can do in the isles. I certainly welcome the budget that the Council has recently agreed to help the trusts with increasing the housing stock in the isles.

I also think the work of the community councils goes unnoticed. They work away in the background but are achieving so much. They, like the development trusts are also elected from the local residents. They are there to represent your views and ensure that the council are aware of them. I see the role of an Elected Councillor is to support and take forward the ideas from each community.

Transport & Infrastructure. I do remember the times of the Orcadia and the Islander going round the isles and how the arrival of the ro-ro to some of the islands changed them. Everything then had to go through Kirkwall and I believe that some of the interaction between the isles was lost. I, along with many of you have been involved in the countless meetings and consultations about better transport for the isles. Yes, it is desperately needed, and I know that the Council are working hard to get the funding secured for the replacement ferries, improvements to the piers and the third plane but I think as islanders we should be given a timeline as to when we can expect to see things happening. I have a good understanding of the transport needs of the inner and outer islands and one size certainly does not fit all.

Education is so important, and I know that all of the Isles schools struggle at some point, whether it be recruitment, budget cuts, working with old buildings or problems with recreational facilities.

Our island resilience has certainly been tested this last couple of years and it has been incredible to hear of some of the initiatives that appeared to help get us through. It did show just how precarious things can be. Our lifeline services from the hauliers, our local shops, our emergency services etc, all need support.

Please consider voting Mellissa Thomson

Promoted by Mellissa-Louise Thomson, Cott, Eday, Orkney, KW172AB

FOR SALE, WANTED, THANK YOU, etc

WANTED!

I have a table booked for the Spring Craft Fair on 14 May as a Ukraine charity stall. I will have some photographic prints etc for sale. Please, if anyone has art and craft that could be sold for the appeal I will be very grateful.

Roger

VAN AVAILABLE FOR CHARITY WORK

The Pomona Prefect logo peedie red van is available for charity work on the island if anyone needs a man and a van and wants to help the island reach the target. Saturdays service and cost for this is suggested as £10 per hour min donation for half hour units. All to the Stronsay Defib fund. No live animals, persons transported or dirty, sloppy stuff carried. Limited load and not a taxi service. This is a temporary thing to raise money and not a challenge to any services on the island. Call Don and Julie for all taxi work and Jim Holland for freight!

Also, if anyone needs their car karcher jet washed and vaccuming and then can do at Ellerslie as you pass for a donation to same Defib Fund. Cost is £10 per basic body wash and wheels rinsed and boot/inside vacced. Limited to cars. No monster trucks, panel vans, lorries or camper vans sorry.

This charity service will be hopefully available until there are enough defib machines in position with the people trained to cover us all 24/7. Availability is limited to Saturdays.

Any questions and to book give me a call.

Nicandro J. Porcelli, Ellerslie. Telephone or text to - 07732 276046

Items on this page are free!

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Contact details for the *Limpet* are on the back page

FOR SALE, WANTED, THANK YOU, etc

CHIROPODIST?

I am looking into getting a chiropodist out to Stronsay. Could you let me know if you would be interested by phoning me on 616 375.

Thanks. Yvonne

HELLO TO STRONSAY!

I'm looking for the possibility to either buy a traditional stone built bungalow - with or without outbuildings

OR

To rent somewhere to live until a property becomes available. I'm not too picky a caravan, small house, room (with access to kitchen and bathroom) or may even consider a boot! Hey joke, unfortunately wouldn't fit into a boot! Maybe long or short term, would be grateful if someone on the great island of Stronsay could please possibly help!

Look forward to hearing from anyone, who may have any of the above - (or may know someone who might).

Contact Paul on mobile 07802 426992 or email pauwat1@gmail.com.

WANTED

Hi there, I just wondered if rental property with land is available on the island at all? Looking for a place on the islands for myself my five year old daughter and our animals. We are looking at properties to buy too but should we be able to rent that would speed up our progress. I work from home so can live anywhere but a rural place with plenty of space and some land around it is what we are looking for. I am registered with agents but there seems very little available.

Many thanks.

Anna Holland (annacholland@icloud.com, Scottish Borders)

WANTED

Shorefront piece of land/barn/small house, must be secluded. For Ross-shire crofting couple looking to relocate. We need 2+ acres as we have livestock but would be very happy with just a field that we would look to get planning permission on. Any help would be greatly appreciated. Cash waiting.

Please contact Malcolm and June Purvis on 01445 731681 or email purvis193@gmail.com

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Love Parties, but hate waste?



Reduce landfill waste by hiring Peedie Party Packs range of children's reusable plates, cups & cake stands instead of buying disposable! we even have themed packages & games packs available, happy to accept hires from across Orkney including the Isles.



Peedie Party Packs



peediepartypacks2221



PeediePartyPacks@hotmail.com

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LOCAL BUSINESSES

REDHOUSE PLANTS MARKET GARDEN



Seasonal vegetables available daily. Bedding, perennial and vegetable plants.

Local honey in season according to availability.

Open 09.00-17.00 Mon-Sat.

Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377

BUILDING WORK

Building work carried out by time-served tradesman

No job too small!

Please note changed telephone number

Phone Paul Williams on 616222 or email williams778@btinternet.com

HOW TO CONTACT THE *LIMPET*

Send an email to editor@stronsaylimpet.co.uk or write to *The Limpet*, Claremont, Stronsay, KW17 2AR.

EMERGENCY NUMBERS

On the back page of every edition of the *Limpet* there is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

Local business adverts are free!

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FOR SALE, WANTED, THANK YOU, etc

BUILDING PLOTS FOR SALE

2 Building plots, Whitehall Village, Stronsay, Orkney

£35K each. Planning in principle for 2/3 bed bungalow plus 2 parking spaces. Electricity and water supplies are on site.

The plots are behind the village street making a secluded location but within easy walking distance of the shop, ferry, cafe and hotel.

The tried and tested practice on the Orkney isles for building is to buy a house kit and either have it erected by the supplier or our island contractor Castlehill Construction (who can also do the ground works)

For information about Stronsay, our lifestyle, its good school and other facilities please visit www.visitstronsay.com

For further information about the sites please contact

- Sharon at Orkney Property Centre, Kirkwall on 01856 877866 or
- Dianne & Paul on 07785111126 or
- email drileymoore@hotmail.com

Planning ref: 18/038/PIP on Orkney Islands Council planning web site



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LOCAL BUSINESSES



Marion Miller Jewellery

Unique Jewellery inspired by the sea and shore.
Designed and handmade on the island of Stronsay, Orkney

www.marionmillerjewellery.com

Tel 07919550943 E-mail marionmillerjewellery@gmail.com



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LOCAL BUSINESSES



Traditionally hand-crafted in Stronsay—soaps, solid shampoo bars, conditioner bars and balms. Hand-spun and hand-dyed yarns from Orkney fleeces, woven throws, wall-hangings and more.

Orkney Star Island Soap, Isles View, Stronsay, Orkney, KW17 2AG.

Tel: (+44) 01857 616 281

Email: info@orkneystarlandsoap.co.uk

Web: <http://www.orkneystarlandsoap.co.uk>

Facebook: <https://www.facebook.com/orkney.star.island.soap>

**PATRICK
McGRATH
LTD**

**Gas Safe Registered Engineer
Plumber**

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- Landlords gas safety checks
- Bathroom fitting
- Bathroom supply
- General heatings
- All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Call Patrick on **07933 488283**
Email: patrickmcgrathltd@gmail.com

**PLUMBING
& HEATING**

gas safe

Local business adverts are free!

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LOCAL BUSINESSES

Roger at Stronsay Photographic

Available for:

Portraits - groups and individuals

ID photographs - printing on site

Tuition

Special commissions

Cozy studio with professional lighting

Home visits



Contact via Stronsay Photographic Facebook page and Facebook or tel 616228

Special offers also on Stronsay Facebook page

Roger at Stronsay Markets



Local seasonal soft fruit and vegetables

Grown naturally without artificial fertilisers, pesticides or weed killer

Cropped same day (usually)

Check out Facebook "Stronsay Markets"

Contact me on stronsaymarkets@gmail.com and I can add you to the regular list of available produce

See Stronsay Markets on YouTube https://youtu.be/8e6sz_Z2eQU

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LOCAL BUSINESSES

The Book Nook

Orcadia, Stronsay

It's a library! Borrow a book!

It's a book exchange! Swap a book!

It's a shop! Buy a book with a donation!



Over
1000



fiction books!

Opening Hours

Thursday to Tuesday 9am to 4pm

Wednesday 12 noon to 4pm

Open other times on request

Vicki 07873 982648

facebook.com/TheBookNookatStronsay



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LOCAL BUSINESSES

Holmsgarth Crafts



***Book Pillows, Table Runners
Napkins, Face Masks,
Scrunchies,
Tote Bags,
Pencil Cases and More
Made To Order***



Contact Margaret McAnally - [Holmsgarth Crafts](#) | [Facebook](#)

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LOCAL BUSINESSES

handmade with love

Airy Fairy





★ Handmade Quilts, cushions & clothes ★

★ Beautiful, bespoke & personalised gifts ★

★ Handmade especially for you ★

★ Makower fabrics in stock £10 per metre ★

★ Studio visits welcome by appointment ★



Hazel Shearer, Airy, Stronsay, Orkney, KW172AG • Phone 01857 616231
hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk

The Wyrð Weaver

Handcrafted Textiles and Primitive Folk Art









Come and visit Eunice's studio at...
 Newbigging, Stronsay, Orkney KW17 2AN

Open Daily
 Phone - 01857 616230

Find and buy on Facebook @orkneywyrðweaver
 Email - thewyrðweaver@btinternet.com



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LOCAL BUSINESSES

“NEIL’S ON WHEELS”



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260

The Old Manse Bed and Breakfast Logie Easter, Kildary IV18 0NZ



Dating back to the 1780s set in a large woodland garden just off the A9 and six miles from Invergordon, the Old
Ensuite Double and twin rooms

Tel 01862 842357

Email oldmanse.kildary@btinternet.com

Web www.oldmansebandbkildary.co.uk

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LOCAL BUSINESSES



We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

**We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.
Reasonable prices.**

Contact Craig or Christine for more information.

HOW TO CONTACT THE *LIMPET*

Send an email to editor@stronsaylimpet.co.uk or write to *The Limpet*, Claremont, Stronsay, KW17 2AR. Details of the deadline for the next edition are on the front page

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GROUPS, CLUBS & ORGANISATIONS

NORTH ISLES SPORTS 2022

SANDAY - SATURDAY 18 JUNE

WE NEED YOU - ATHLETES AND VOLUNTEERS!

For those who have moved here relatively recently or would like to know a bit more about the annual community-led event, please read on. Each June either Stronsay, Sanday or Westray is the host island for a sociable (but competitive!) day of athletics and team sports. Orkney Ferries provide a special timetable on the day to allow travel between the isles, encouraging as many visitors as possible. Papa Westray, North Ronaldsay and Eday also take part.

Points are awarded to the school and adult sections, with a winning island for each section as well as an overall winner. Two competitors from each island may take part in each event. The day begins with a welcome, accompanied by soup and sandwiches, after which the sports begin. Later in the afternoon, tea is provided, prizes are presented and often, a sports dance is held to round off the day.

Athletics events are 100m, 200m, 400m, 1500m, 4 x 100m relay, long jump, high jump and shot put. In recent years there have been primary events too (not counting towards school points). Netball and football follow, with the Men's Tug o' War as the final event of the day.

There are rules for eligibility to participate – you must either have lived on the island for which you are competing for the 3 months prior to the event, lived on the island for 10 years, or been registered on the island at birth. Rules and routines are reviewed regularly by representatives from all the islands who come together for meetings – handicaps change according to school numbers for example.

It is a tradition where sustainability is extremely important. As well as helpers on the island, Active Schools and volunteers from the mainland do a lot of the organising and officiating. Anyone who would like to be involved in any way, please contact Mairi Denison at the school. It would be great to see as much enthusiasm for all the events as there is for Tug o' War - it's only 2 months away!

Announcements by charities, local groups, clubs and organisations are FREE!

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GROUPS, CLUBS & ORGANISATIONS

STRONSAY COMMUNITY COUNCIL

Chair: Ian Cooper Vice Chair: Shirley Whiteman

VILLAGE PLAY PARK – PUBLIC CONSULTATION

Stronsay Community Council, with help from Orkney Islands Council, is hoping to replace some of the play equipment in the village play park and make the area a little more inviting and exciting.

Members of our community are being asked to consider three options and to give a preference for one of these.

OPTION 1 is for a 2-bay swing with a cradle, junior seat and a team seat and a BE-Bop Plus slide

OPTION 2 is for a 2-bay city swing with 2 cradle and 2 junior seats and a Samba Plus slide

OPTION 3 is for a 2-bay timber swing with 1 tango, 1 junior and 1 team seat and a Shimmy Plus slide.

Pictures of the equipment and its location within the play park can be seen on the attached sheets.

If you would like to take part in the consultation, please email your preferred option, 1, 2 or 3, to stronsaycc@gmail.com, or telephone 616446. If you are of school age, please get your parent/s' permission before emailing or telephoning.

The consultation will remain open until 23 May 2022 after which the option receiving the most choices will be made public and put forward as the community's preferred option.

Thanks for giving this your time and consideration.

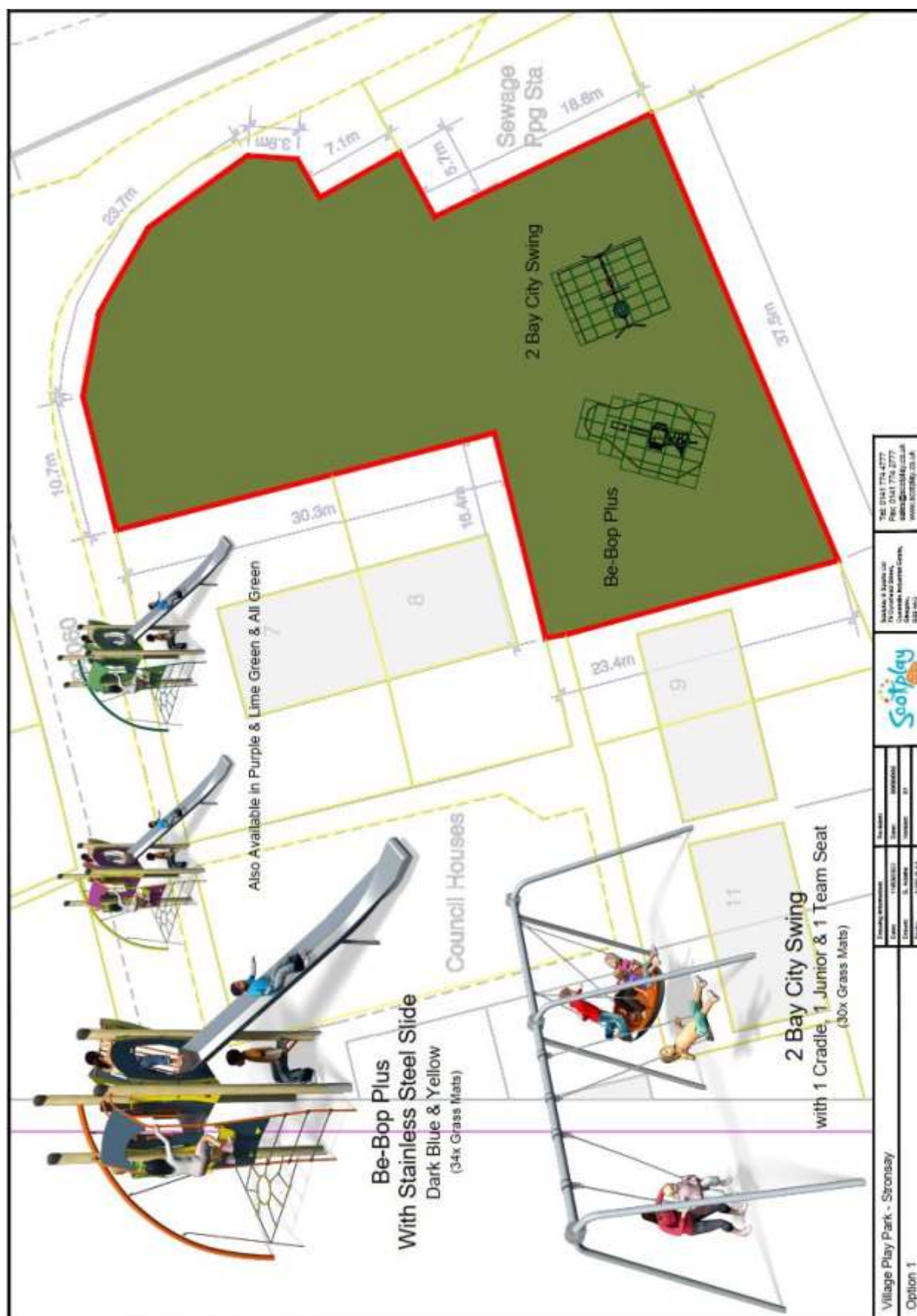
Colin McAlpine
Stronsay Island Link Officer
22 April 2022

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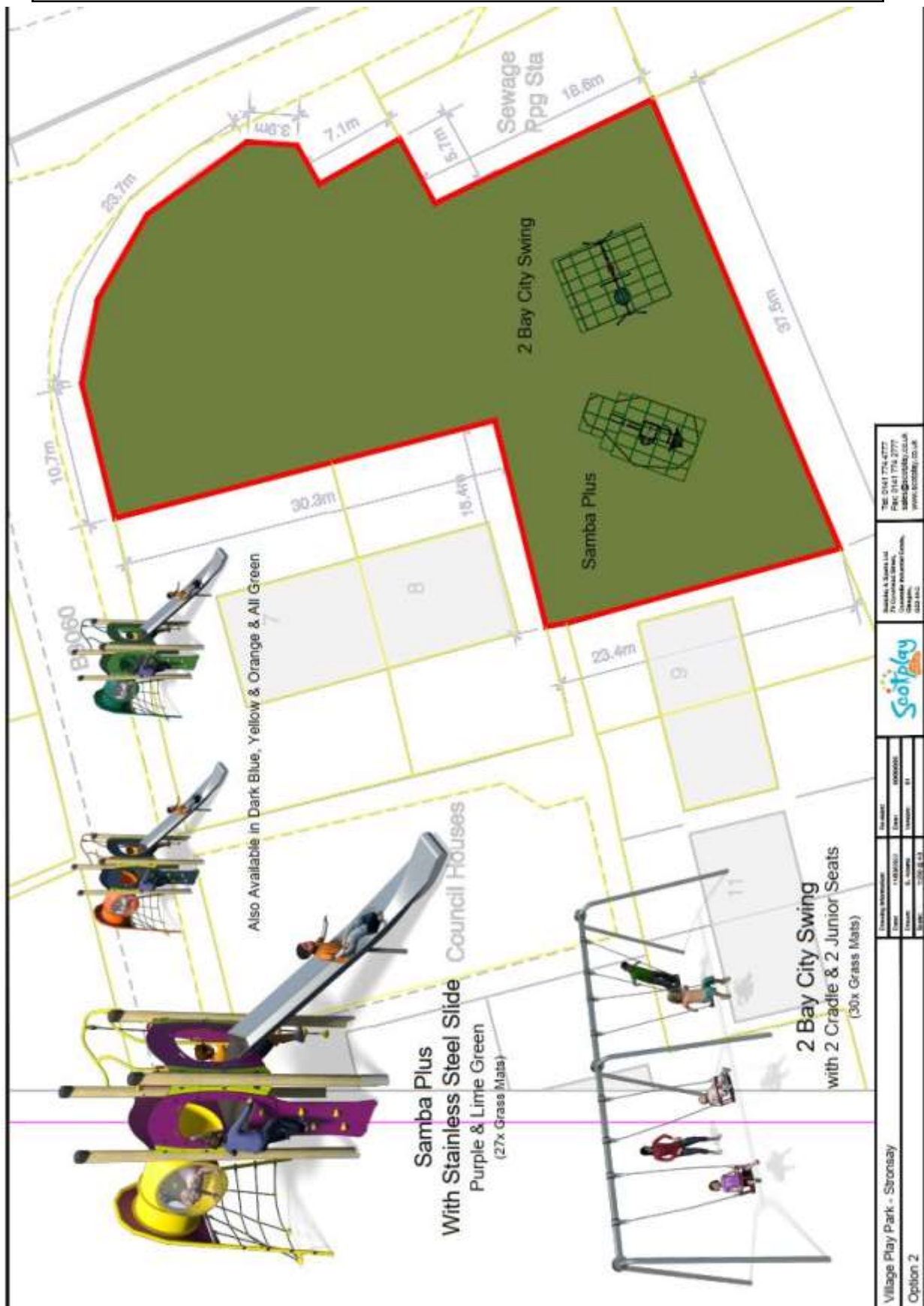
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GROUPS, CLUBS & ORGANISATIONS



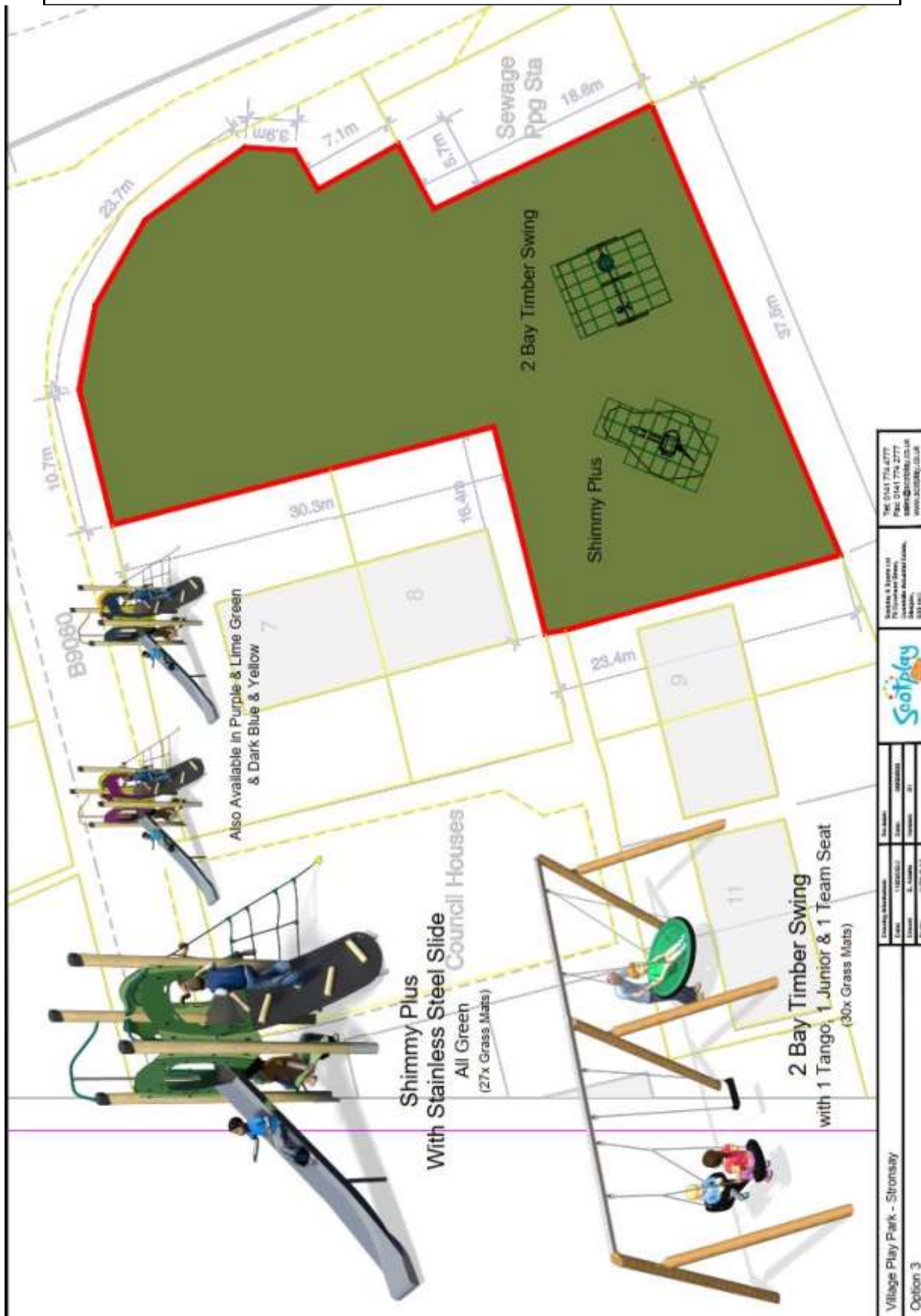
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Stronsay Spring Craft Fair



Saturday 14th May
2022



Stronsay Community Hall
1 pm ■ 4pm



Hand-made Crafts



Raffle

Refreshments & bakes



Organised by Stronsay Community Association

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GROUPS, CLUBS & ORGANISATIONS

Stronsay Spring Craft Fair

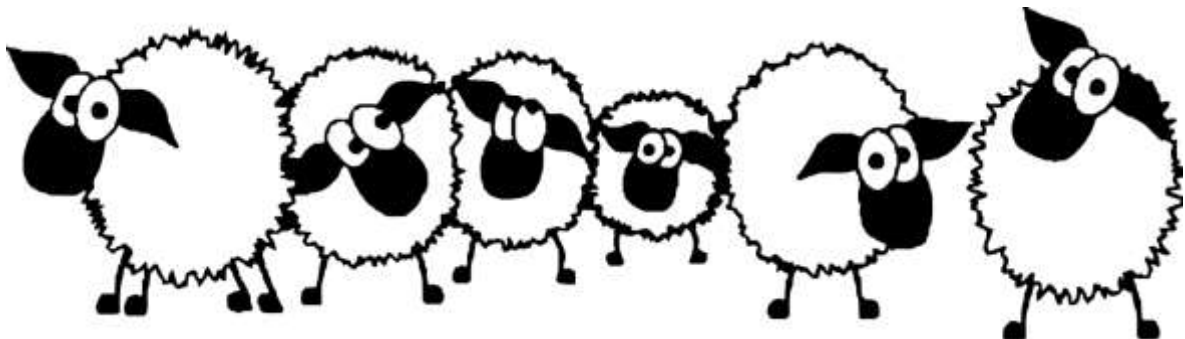
The legal requirement to wear face coverings in shops, hospitality venues and on public transport in Scotland came to an end on 18 April.

However, the Scottish government and health experts are still strongly advising people to continue to wear masks voluntarily.

In order to help keep our community as safe as possible, the following guidance is suggested:

- Please carry on washing / sanitising your hands.
- Please continue to wear your face covering.
- Please be considerate of one another's space - especially when in busy areas and in queues.

Stronsay Stitches



April 2022

Thursday 28th April, 7.00pm-9.30-pm, Church Hall.
£2/person, please bring your own refreshments

May 2022

Thursday 26th May, 7.00pm-9.30-pm, Church Hall.
£2/person, please bring your own refreshments

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GROUPS, CLUBS & ORGANISATIONS

January 2022

Property Level Flood Protection

Offer of Free Property Flood Protection Assessment

Dear Resident

Following on from the success of the Scottish Flood Forum property flood protection events in September 2021 there will be an opportunity for you to have your home or business assessed for Property Level Flood Protection. (PLP).

The purpose of such an assessment is to consider the property's resilience to flooding and to suggest measures that could reduce the risk of internal flooding. This free service is an opportunity to ask advice from independent experts on how residents might best protect themselves and their properties from the effects of flooding. Individual reports will be provided on property level protection measures appropriate to buildings. Once the report is complete you can liaise directly with the SFF for follow up advice on suitable products to purchase for your property.

Whilst the audit and report produced afterwards are at no cost to the property owner. Any recommended actions or suggested flood protection products would not be funded by the Council or the Scottish Flood Forum.

The use of property flood protection products works best when it goes hand in hand with a community led response and flood plan. If you or your neighbours are interested in developing a community flood plan the SFF can provide support to assist this process.

The SFF will be visiting Orkney on **Monday 25th - Friday 29th April 2022** with limited spaces available we need more local people to register an interest in a property flood protection assessment. If you have already registered your interest, there is no need to respond to this letter. To register your interest in a free property flood protection assessment please contact us using the details below.

Scottish Flood Forum

07895 883170

admin@scottishfloodforum.org

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GROUPS, CLUBS & ORGANISATIONS



FLOCK HEALTH CLUB

A HEALTHY FLOCK IS A PRODUCTIVE FLOCK

GREAT VALUE!
Annual
membership: £180
(or £15/month)

THE AIMS OF THE HEALTH CLUB ARE:

- To provide advice to members regarding their flock health.
- To gather data to benchmark the flock and identify problem areas.
- To increase flock productivity by planning preventative treatments through the year to reduce losses.
- To create a community of like-minded sheep farmers, for mutual advice and support.



For more information:

- phone 01856 873403
- email info@northvet.co.uk
- speak to our vets

WHAT IS INCLUDED?

- 2 x vet visits per year - health plan visit & pre-lambing visit
- Free participation to members' only events
- Discount on Faecal Egg Counts (10%)
- Discount on fees (10%)
- Flock- tailored parasite control plan



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SCOTTISH FLOOD FORUM & ORKNEY
ISLANDS COUNCIL



Property- Level Flood Protection

Monday 25th-
Friday 29th April 2022

After the success of SFF events in September 2021 we are planning to conduct Property Level Protection assessments across the Islands in 2022.

This will provide an opportunity for residents to gain impartial advice and a detailed report of flood resistance measures for their property.



IF YOU WISH TO SIGN UP
FOR A FREE
ASSESSMENT PLEASE
CONTACT THE SFF USING
DETAILS BELOW:

admin@scottishfloodforum.org

07895 883170

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GROUPS, CLUBS & ORGANISATIONS

FISHMART CAFE SUMMER OPENING TIMES

(April-September)

Monday	CLOSED	
(Breakfast only served from 7am - 10am on weekdays)		
Tuesday	7am - 4pm	
Wednesday	7am - 4pm	
Thursday	7am - 4pm	
Friday	7am - 4pm	
Saturday	9am - 3pm	(Breakfast served all day)
Sunday	11am-2:30pm	(Breakfast served all day)

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GROUPS, CLUBS & ORGANISATIONS

MOBILE LIBRARY VAN VISITS IN 2022

25 April, 20 June, 15 August, 10 October, 28 November

For further information go to web page <https://orkneylibrary.org.uk/mobile-library>,
email library@orkney.gov.uk or telephone 01856 873166.

Winter	Council Houses	8.45	-	9.45
	School	10	-	12
	Kirk	12.45	-	3
	Fish mart	3.15	-	4.45
Summer/Refit	Council Houses	9.25	-	10
	School	10.15	-	12
	Kirk	12.45	-	3
	Fish mart	3.15	-	5.30

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GROUPS, CLUBS & ORGANISATIONS



Tuesdays 9:15 -11:00
@ The Community Hall

All pre-school children welcome
£1 per child, 50p per adult

Snack and drink for children
Tea and coffee for adults

Drop in at any time or stay for the full session

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GROUPS, CLUBS & ORGANISATIONS

STRONSAY HEALTHY LIVING CENTRE

After the recent changes to the Scottish Government COVID-19 guidance Orkney Islands Council have reviewed the procedures for the Healthy Living Centre. The following procedures now apply:

- 5 people can use the gym at any one time.
- The previous buddy system has still to be reinstated as the gym needs to be fully cleaned after each use.
- The opening hours are as follows:
 - Monday 18.00 - 18.45
 - Tuesday 18.00 - 18.45
 - Wednesday 11.00 - 11.45 and 17.30 - 18.15
 - Thursday 17.30 - 18.15
 - Friday 11.00 - 11.45 and 17.30 - 18.15
 - Saturday 10.00 - 10.45
- Booking need to be made 24 hours in advance either through the council website or by emailing stronsay.hlc@glow.orkneyschools.org.uk.
- Memberships can still be purchased or patrons can pay as they go.

There may be a little flexibility around opening times but these need to fit around the availability of Andy and Bill. Any further updates will be communicated through the Limpet and the Stronsay FaceBook page.

Thank you for all your support.
Bill Hodgson

STRONSAY COMMUNITY ASSOCIATION

Why not hire the Stronsay Community hall? We have a kitchen and fully licensed bar, with two large halls and a small meeting room; perfect for weddings, parties, games, meetings and much more!

- Disco equipment
- Table tennis
- Badminton
- Air hockey
- Pool Table



For more information & bookings contact Anne-Maree Carter (Tel: 616263 or Email: annemaree.carter@btinternet.com)

Rooms for hire from only £2 per hour plus hydro charge.

Adult supervision (over 18) must be present during hire.

Find us on Facebook <https://www.facebook.com/hallcommittee>

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CROSSROADS ORKNEY

and



We would like to help ease the loneliness and difficulty of lockdown for Dementia sufferers and their carers at home. We have a variety of puzzles, crafts and activities which we can post or deliver. All free of charge. If you know someone who could benefit from this or wish more information please call Crossroads 870500 or Lorna Reid 781329



CORRA
FOUNDATION
voice • power • change

Community Wellbeing Fund
info@corra.org.uk
T 01353 644 8007
W www.corra.org.uk

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GROUPS, CLUBS & ORGANISATIONS

SWIMMING POOL NOW OPEN

Good news! The swimming pool reopened on Saturday 26th March.

Monday	Public session 6:30-7:10	Adult lane 7:10– 7:50
Thursday	Private hire 6:30-7:10	Public session 7:10-7:50
Saturday	Private hire 2-2:40	Public session 2:40-3:20

Charges - Adults £3, Children £1.50, Private Hires £15.

Note - pool will not be open 2nd April.

Maximum 12 in the pool.

To book a private hire phone Elsie on 616238.

LIFEGUARDS WANTED!

Stronsay swimming pool is looking for enthusiastic, reliable and conscientious people to become part of the pool team.

We will train you using the national standard RLSS National Pool Lifeguard Qualification and in return all we ask is you help us keep our small pool open and sustainable.

The ability to swim and a degree of fitness is required before you start your journey into 'lifeguard life'.

Interested parties should contact Andy Rose: email andyrose85@btinternet.com, phone 01857 616277 or mobile 07769 689 310

OVERSEERS WANTED

Looking for reliable overseers for the swimming pool reopening please! Previous volunteers welcome. Involves taking payment, handing out bands, helping with evacuation procedures etc. Contact Mairi Dennison via Facebook messenger or tel 616331.

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GROUPS, CLUBS & ORGANISATIONS

HANDY EMAIL ADDRESSES:

Ebenezer Stores stronsaystores@gmail.com

Olivebank m.williamson1@btconnect.com

Stronsay Hotel cjdbuk@gmail.com

Fishmart café fishmartcafehostel@gmail.com (re-opens 3rd Feb 2022)

For telephone numbers see the back page of this edition.

OUR LADY'S CHAPEL, PIERHEAD **NOW OPEN FOR PUBLIC MASSES**

Our Lady's Chapel on the pier is now open for public Masses with the permission of the Bishop of Aberdeen.

Mass times are as follows:-

- Sunday & holidays: 11am
- Tuesday: 8.00am
- All other days: 11.20am

GOLGOTHA MONASTERY, PAPA STRONSAY **DAILY STREAMING BROADCAST**

There is a daily streaming broadcast from Golgotha Monastery, Papa Stronsay.

<http://www.papastronsay.com/live>

The broadcast runs from 4pm – 7pm (the times shown are approximate):

- 4pm Short talk by one of the priests.
- 4:30pm Recitation of the Rosary.
- 5pm Mass.
- 6pm Further prayers and office of the day.

STRONSAY KIRK

Weekly service at 11am.

Minister—Rev David Locke, phone 616284.

Stronsay kirk's website:

<http://www.orkneycommunities.co.uk/stronsaykirk>

Stronsay kirk's Facebook page:

<https://www.facebook.com/groups/1553904828107651>

HOW TO CONTACT THE *LIMPET*

Send an email to editor@stronsaylimpet.co.uk or write to *The Limpet*, Claremont, Stronsay, KW17 2AR.

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GROUPS, CLUBS & ORGANISATIONS

Sunday 24th April 2022

The Manse, Stronsay KW17 2AF **KIRK CORNER**

DLocke@churchofscotland.org.uk

01857 616284



Hello again everyone. It's a week after our Easter, but I hope that some of the hope and inner peace of Easter remains close to you, even amidst life's troubles.

This weekend is the Orthodox church Easter, and millions of Ukrainians celebrated Easter up and down the country amidst bombed out cities or battle trenches. Somehow Easter can bring hope, and even inner peace amidst deep trouble, for it speaks of life amidst death, and moments of peace through great trials and despair. Today in our church we thought of how despairing followers of Jesus gained His Spirit of peace amidst fear and despair, and continued to hold on to that through their own persecution. We watched a clip from the TV comedy programme 'Rev', in which the vicar in despair of all that had gone wrong, even at Easter, found new hope in singing and sharing with a homeless person who somehow

conveyed acceptance, understanding and hope

Sharing food is a key part of Ukrainian Easter and more generally somehow in sharing with others we can find hope, as the disciples found in sharing the risen spirit of Jesus which encouraged them to go out and share with others, the blessings we may easily overlook, like acceptance, understanding, hope, and inner peace amidst trouble.

The Australian Prime minister got into trouble recently by saying his family were 'blessed' by not having disabled children. Many took offence by saying their disabled children are equally blessings. Maybe the PM expressed himself badly, by allowing the perception that the disabled might be second best people. The reality of the Christian faith is that we must look down on none, and see the good in us all, especially amidst life's troubles. But we also need to be alert to human character weaknesses that result in situations like Ukraine, do what we can to share blessings, and even 'fight the good fight'.

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GROUPS, CLUBS & ORGANISATIONS

Our church in Stronsay faces new plans by church central authorities which will affect the active church presence in Stronsay in coming years. The plan for Orkney is to centralise the management and administration of all 19 Orkney churches under the Church of Scotland umbrella into just one church management body based on mainland, but have local congregations in places like Stronsay working in teams across mainland and isles.

The idea is that this will release some of the admin pressure for churches like ours, but there are fears it will centralise control and resources on Mainland, probably more than we in Stronsay want -we had hoped for more of a north isles team approach for the future.

The Planning Officer for Orkney churches, Rev Marjory Maclean, is visiting here on Monday 2nd May to outline plans and answer questions in a meeting in the church hall at 11am, followed by lunch. **All** are welcome to come and ask questions about what this might mean for Stronsay, and by your presence show Stronsay's feelings.

On a brighter note, the Queen's Jubilee celebrations are being planned for the holiday weekend of 3rd - 5th June, and your church hopes to play its part. It's also the traditional weekend of Pentecost when we celebrate the availability of the spirit of Jesus for anyone, and the church is planning events to combine the spirit of Jubilee and Pentecost. We hope around then to have another of our songs, crafts and stories times for under 5s, and on the Sunday morning have an open-air fun all-age service in the church grounds, with the Silver Darlings making a guest appearance alongside organist Bruce.

Amidst life's troubles, may the blessings of Easter acceptance, understanding, hope and inner peace be with you and others in need.

David Rev David I W Locke.MA M.Sc., BD

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USEFUL INFORMATION

POST OFFICE OPENING TIMES etc

Monday to Saturday 8:30am—5:00pm
 Sunday Closed
 Post collection times 07:30, Monday to Saturday
 Special collection. 16 May 2022 and 25 July 2022
 Island Link Officer. Fishmart office 10 to 12 on Tue, Thu & Sat. Phone 616475
 SDT Office Wood's Yard 10am - 11am Mon-Fri. Phone 616410
 Sunday service at the Kirk . . . Weekly service at 11am
 Our Lady's Chapel, pier head Mass: Sun & holidays 11am, Tue 8am, other days 11.20am
Weekly rubbish collection . . . Tuesday (bags out by **8am** but **not** on the night before!)
 Recycling skips nearly full? . . Send email to at recycling@orkney.gov.uk

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999
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Airy Fairy 616231 Castle Bird Reserve . . . 616363 Community council . . . 616446 Companions Club 616352 Craftship Enterprise . . . 616249 Doctor 616321 Ebenezer Stores 616339 Ebenezer Oil Heating . . . 616207 or 07500 682 867 Fish Mart 616401 Golgotha monastery. . . . 616210 or contact@the-sons.org Hairdresser 616337 Hall bookings 616263 or annemaree.carter@btinternet.com Island Link Officer 616475 Kirk secretary 616238 Limpet editor 616297 Medical emergency 616321 Neil's on Wheels 07723 304 260 Manse 616284 Nurses 616321 Olivebank 616255 OIC out of hours 01856 873535 Post Office 616499 Red House Plants 616377 Registrar 616239 School 616246 SDT office 616410	Silver Darlings 616412 Star Island Soap 616281 Stranded seals, etc 616207/206/498 Stronsay Band 616335 Stronsay Hotel 616213 Taxi 616335 Balfour hospital (24/7). . . 01856 888000 Dentists: Daisybank Clinic . . . 01856 870547 Deyanov Dental . . . 01856 877118 King Street 01856 888258 Orkney Dental 01856 872030 Electricity general enquiries . . . 0800 048 3516 (lines open Mon-Fri 8am-5pm) problems (24/7) . . . 0800 300 999 power cut (24/7). . . 105 Highland Fuels 01856 873766 Kirkwall Library 01856 873166 Police (non urgent) (24/7) 101 Scottish Fuels 01856 873105 Vets: Flett & Carmichael . 01856 872859 Northvet 01856 873403 Water problems (24/7) . . 0800 0778 778
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