



TIMETABLES

[Loganair - interisland timetable 16 February to 24 October](#)

[Orkney Ferries - summer timetable 3 May to 27 September](#)

[Orkney Ferries - winter timetable 28 September 2026 to 1 May 2027](#)

[Orkney Ferries - refit timetable 3 January 2027 to 6 March 2027](#)

[OIC - school holidays 2026-2027](#)

DATES FOR YOUR DIARY 2026-2027

"Just for the record"	Sat 5 Sep
Lino printing 2	Tue 8 Sep
Stronsay Spinners	Wed 9 Sep
Deal or No Deal	Sat 19 Sep
Kinusaiga workshop	Sat 19 Sep
Tea and Tech	Thu 24 Sep
Stronsay Stitchers	Thu 24 Sep
Orkney Ferries - winter timetable starts	Mon 28 Sep
Make and Mend Ceramics	Tue 29 Sep
Bingo	Sat 3 Oct
Mobile library van visit	Mon 5 Oct
Orkney Digital Forum	Fri 9 Oct
Bonfire night & quiz	Sat 7 Nov
Christmas Craft Fair	Sat 21 Nov
Christmas tree lighting	Sat 28 Nov
Mobile library van visit	Mon 30 Nov
Hogmanay Dance	Thu 31 Dec
Orkney Ferries - refit timetable starts	Sun 3 Jan

STAY UP TO DATE WITH THE SDT!

The Stronsay Development Trust's newsletter for July 2026 is available at

<https://stronsaylimpet.co.uk/SDTnewsletterAug2026.pdf>.

If you'd prefer a printed or emailed copy, please contact the SDT office on 616410 or send an email to admin@StronsayDevelopmentTrust.com.

The next edition of the Limpet will be published on **Wed 30 Sep**, the deadline is 7pm on that date. Contact details for the Limpet are on the back page of every edition.

Have you ever been invited for breast screening?

Share your experience to help improve access in Orkney's outer isles



We are inviting individuals living in the outer isles of Orkney to take part in a research study exploring experiences of the national NHS breast screening programme. Your views will help inform service improvements and support equitable access in remote island communities.

Who can take part?

- Individuals aged 50–70 years
- Cis women and some trans women, trans men and non-binary individuals
- Registered with a GP practice on North Ronaldsay, Stronsay, Eday, Westay, Papa Westray, or Sanday
- Have been invited for breast screening at least once (whether you attended or not)
- Able to give informed consent and take part in English

You cannot take part if you have a current breast cancer diagnosis.

What would taking part involve?

- Participation in one interview about your perceptions, experiences, and any barriers or enablers to attending screening
- The length of the interview will be around 60 minutes, at a time that suits you
- The interview can be in-person or online (Microsoft Teams), depending on your preference
- With your permission, the interview will be audio recorded and transcribed and kept until analysis is complete

Your choice and confidentiality

Taking part is entirely voluntary. You can choose not to take part or to stop at any time. Your views will not affect your care. We will use pseudonyms and store data securely. Data will be retained for five years in line with university policy.

What is the study for?

This is a Master of Public Health dissertation project. Findings will be shared with NHS Orkney's Public Health team, the Equity in Screening working group, and the NHS Breast Screening Programme, and will be made available to participants.

Interested? Please get in touch

Email: h1kjon13@liverpool.ac.uk

Researcher: Kirsti Jones, Advanced Health Protection Nurse Specialist (NHS Orkney)

Version 1.1

26th May 2026

Saturday 05 September 19:00 Stronsay Community Centre Video Hall
Free Admission

You are cordially invited to come celebrate the 10th anniversary of

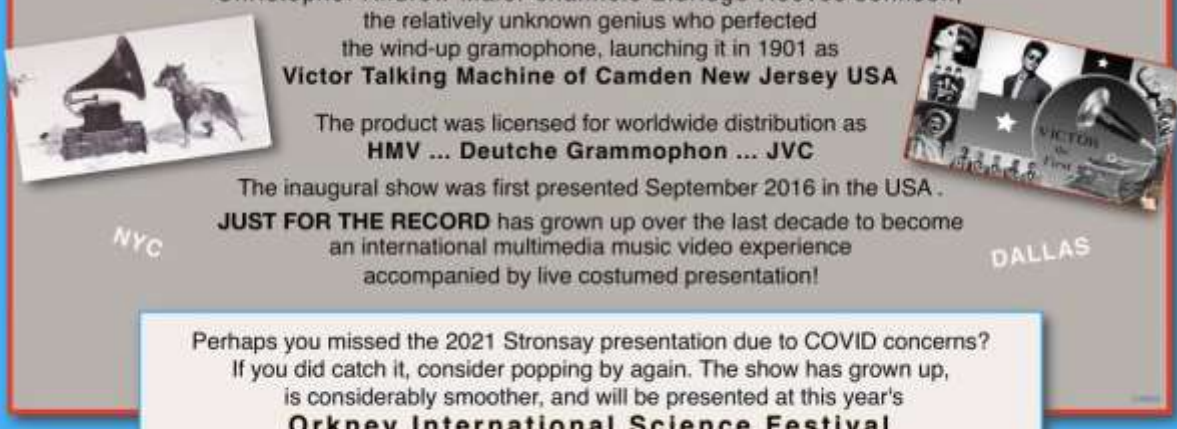
JUST FOR THE RECORD

Christopher Andrew Maier channels Eldridge Reeves Johnson,
the relatively unknown genius who perfected
the wind-up gramophone, launching it in 1901 as
Victor Talking Machine of Camden New Jersey USA

The product was licensed for worldwide distribution as
HMV ... Deutsche Grammophon ... JVC

The inaugural show was first presented September 2016 in the USA.
JUST FOR THE RECORD has grown up over the last decade to become
an international multimedia music video experience
accompanied by live costumed presentation!

Perhaps you missed the 2021 Stronsay presentation due to COVID concerns?
If you did catch it, consider popping by again. The show has grown up,
is considerably smoother, and will be presented at this year's
Orkney International Science Festival



Christopher will also be putting on this one hour show at 5:15pm in the Orkney Theatre, KGS on Tue 8 Sep as part of this year's Orkney International Science Festival. For full details please visit <https://oisf.org/fest-event/just-for-the-record>.

STRONSAY COMMUNITY COUNCIL

Chair: Damian Stout Vice Chair: Louise McQuaid

At the General Meeting of Stronsay Community Council held on Monday 24 August 2026, the list on the next page details the names and contact details of the Community Council office bearers for 2026/27, in addition to details of the other Community Council members.

The role of a Community Councillor is to ensure that they work for the best interests of the whole community and remain representative of, and accountable to, the represented community.

Members were asked to elect a Chair, Vice Chair, Transport Representative, a Health and Care Representative, a Planning Representative, and a Co-opted Representative for Stronsay Development Trust.

A Clerk is employed by Orkney Islands Council to provide assistance and advice to the Community Council in addition to the more obvious administrative role. The Island Link Officer role includes the duties undertaken by the Clerk.

If there is a Council funded service you would like to see on Stronsay, have any ideas on how Council-run services can be improved, or would like to raise a concern or issue with the Community Council, then please do not hesitate to contact any of the Community Council members.

Colin McAlpine
Island Link Officer/Clerk
25 August 2026

STRONSAY COMMUNITY COUNCIL

ELECTION OF OFFICE BEARERS 2026 AND COMMUNITY COUNCIL MEMBER DETAILS

<u>POST</u>	<u>CONTACT DETAILS</u>
CHAIR Mr. Damian Stout	Linksness, Stronsay, KW17 2AT t: 07544 256 233 e: damienstout@btinternet.com
VICE CHAIR Mrs. Louise McQuaid	Bayview, Stronsay, KW17 2AR t: 616376 e: louisemcquaidcc@gmail.com
TRANSPORT REPRESENTATIVE Mr. Shane Hourston	Housebay Cottage Stronsay, KW17 2AJ t: 07593 965 600 e: s.hourston@yahoo.co.uk
PLANNING REPRESENTATIVE Mr. Colin McAlpine	The Hill, Stronsay, KW17 2AT e: stronsaycc@gmail.com
STRONSAY DEVELOPMENT TRUST CO-OPTED REPRESENTATIVE Mr. James Seaton	Thorfin, Stronsay, KW17 2AS t: 07470 111 871 e: safehandsno_1@hotmail.com
HEALTH AND CARE REPRESENTATIVE Mrs. Louise McQuaid	Bayview, Stronsay, KW17 2AR t: 616376 e: louisemcquaidcc@gmail.com

Ms Maya Bar-Tor Bennicuml, Stronsay, KW17 2AJ
e: mayabartor@gmail.com

Mr. Jack Holland Hunton, Stronsay, KW17 2AE
t: 07931 981 583
e: peediejack@gmail.com

STRONSAY COMMUNITY COUNCIL
Chair: Damian Stout Vice Chair: Louise McQuaid

ALAN SMITH'S COLLECTION

Stronsay Community Council is able to announce £310 was raised from the recent collection to mark Alan Smith's retirement.

Alan had served as Stronsay's Water Operative for forty years and we wish him a long and happy retirement.

Colin McAlpine
Stronsay Island Link Officer/Clerk
25 August 2026

THANK YOU!

I would like to thank the Stronsay community for their kind and generous donations on the occasion of my retirement from Stronsay Water Treatment Works.

I really didn't expect any special treatment as I have always thought that I have been paid for all the work and duties I completed on a day to day basis either during the day or during the night. However, it is very much appreciated and I will put the collection money towards an engine driven hover mower.

Alan Smith

THANK YOU!

A big "thank you" from the editor to Theresa Buckley who has put a great deal of time and effort into revamping the final page (all that information and those handy phone numbers) which appears on this and future editions of the Limpet

GERAMOUNT SURGERY

The website for Geramount surgery is <https://orcadesspractise.co.uk/stronsay>.

The roster for the island's GP is regularly updated online at
<https://stronsaylimpet.co.uk/RosterGPandNurse.html>

STRONSAY LIMPET—BACK NUMBERS

All editions of the Stronsay Limpet can be downloaded, free of charge, from a page on the Limpet's website - <https://stronsaylimpet.co.uk/Limpets.html>

STRONSAY COMMUNITY COUNCIL

Chair: Louise McQuaid

Vice Chair: Damian Stout

SCRAP CAR SCHEME

Stronsay Community Council is pleased to announce the reopening of the Scrap Car Scheme for a further five vehicles.

The scheme will be administered by the Community Council and will remain open until five vehicles have been registered for removal. The vehicle owner will be responsible for arranging for the vehicle's disposal.

The haulage cost from Stronsay to Kirkwall will be met by Stronsay Community Council.

If you wish to dispose of a scrap car, please: -

1. Request a Verification Form from the Island Link Officer – email: stronsaycc@gmail.com or by writing to the address below;
2. Complete the Verification Form and liaise with the haulier for the vehicle's delivery to Kirkwall;
3. The completed Verification Form must be presented to the scrap yard at the time of vehicle delivery, along with all necessary documentation, (the vehicle's V5 document) to meet the DVLA and dismantler requirements.

Please note that only one vehicle at a time can be registered by the vehicle owner. A Verification Form will be required for each separate delivery of a car to the scrap yard.

Should you require any further information please do not hesitate to get in touch.

Colin McAlpine

Stronsay Island Link Officer,

19 May 2026

STRONSAY COMMUNITY COUNCIL

Chair: Damian Stout

Vice Chair: Louise McQuaid

VILLAGE PLAY PARK **APPLICATION OF WOOD PRESERVATIVE**

TENDERS INVITED

Written tenders are invited to carry out the application of wood preservative to the wooden perimeter fence, the wooden shelter and wooden play equipment in the village play park. The wood preservative and hand rollers will be provided and work must be completed by the end of September 2026. Sealed tenders, to be received by **5pm on WEDNESDAY 2 SEPTEMBER 2026**, should be addressed to the Clerk at The Hill, Stronsay, KW17 2AT and marked Village Play Park.

If further information is required, please contact the Clerk either in person or by email to stronsaycc@gmail.com

Colin McAlpine

Stronsay Island Link Officer/Clerk

25 August 2026

STRONSAY MEN'S SHED – NEW MEMBERS WELCOME!



The Stronsay Men's Shed meets every Saturday at 10.30am in the Mission Hall, Lower Whitehall. We're a small but lively group who enjoy getting together to share a cuppa, swap stories, play games, and work on small projects – with plenty of tea, biscuits and bacon rolls to keep us going!

The Men's Shed movement began in Australia and is now thriving across Scotland. It's all about creating a welcoming place where men can come together, enjoy companionship, learn new skills, and support each other. As the Scottish Men's Sheds Association say:

"Sheds are for all men – a place to be yourself, to learn, to share, to laugh, and to belong."

Stronsay Men's Shed has its own aims and purpose, shaped by members, with a small informal committee to help things run smoothly. We're not about red tape – we're about friendship, community, and having a space where men of all ages (18+) and backgrounds can meet.

Recent projects have included making a puppet theatre for the school children, which was a great success, and we're now working to improve the Mission Hall with plans for a workshop, kitchen and more activity spaces.

We welcome donations to help keep things going, but most of all we welcome **new members**. Whether you fancy lending a hand with a project, just want to enjoy some company, or have ideas for how the Shed could grow, you'll be warmly welcomed.

So why not pop along one Saturday and see what it's all about? You'll find friendship, fun, and a good brew waiting for you!

Contact Roger Neville-Smith 07773 889 334

<https://www.facebook.com/profile.php?id=61558772842680>



GERAMOUNT SURGERY

Changes to Surgery opening hours!

Just a quick update on Surgery reception opening hours.

These changes will be taking effect starting on 15th September

Appointments are to be booked during these times.

Stronsay Surgery – Tel 01857 616321	
	Morning
Monday	9:00am – 13:00
Tuesday	9:00am – 13:00
Wednesday	9:00am – 13:00
Thursday	9:00am – 13:00
Friday	9:00am – 13:00

TO URGENTLY CONTACT THE DOCTOR OUTWITH RECEPTION TIMES,

PLEASE CALL THE BALFOUR HOSPITAL ON

01856 888 000

AND THEY WILL CONTACT THE DOCTOR FOR YOU.

STRONSAY COMMUNITY ASSOCIATION

<https://www.vaorkney.org.uk/directory/stronsay-community-association>

Why not hire the Stronsay Community hall? We have a kitchen and fully licensed bar, with two large halls and a small meeting room; perfect for weddings, parties, games, meetings and much more!

- Disco equipment
- Table tennis
- Badminton
- Air hockey
- Pool Table



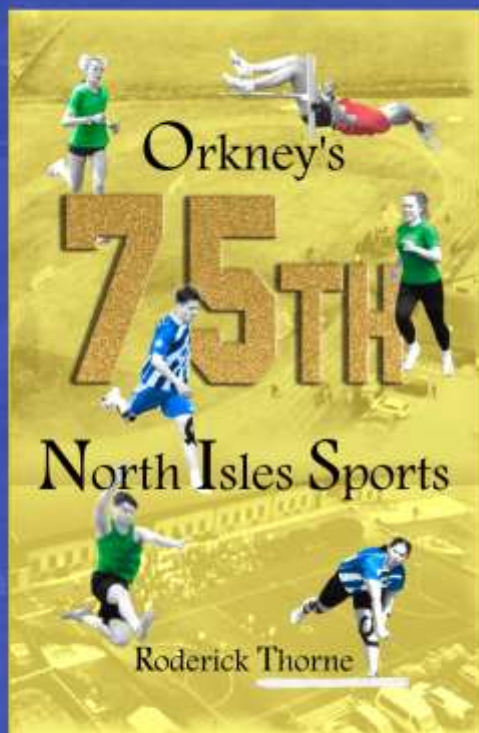
For more information & bookings contact Anne-Maree Carter email

annemaree.carter@btinternet.com

Rooms for hire from only £2 per hour plus hydro charge.

Adult supervision (over 18) must be present during hire.

Find us on Facebook <https://www.facebook.com/hallcommittee>



Orkney's 75th North Isles Sports

by Rod Thorne (Sanday)

available now for sale
at the Stronsay Heritage Centre

£10 each

SDT—EVENTS IN SEPTEMBER 2026

8th September 6pm - 8pm at the Fishmart Café. Lino Printing 2 for beginners and those with a little more experience to practise their skills

19th September 3pm - 5pm at the Fishmart Café. Kinusaiga workshop - learn a new Japanese art form using fabric and foam

24th September 2pm - 4pm at the SDT Meeting Room—Tea and Tech Accessing Health Services Online

29th September 12.30pm - 3pm at the Fishmart Café—Make and Mend Ceramics - bring along your broken ceramics to either mend or turn into useful items such as mosaic coasters or mosaic art. A light lunch will be provided.

STRONSAY'S FINAL CRAFT FAIR 2026

Christmas— Saturday 21 November

STRONSAY KIRK

Details of services at Stronsay's kirk for the next few weeks are now available on the kirk's website <https://www.orkneycommunities.co.uk/stronsaykirk/calendar.asp?set=list>.

Contact Kirk Secretary: elsie.dennison@live.co.uk

Stronsay kirk's Facebook page: <https://www.facebook.com/groups/1553904828107651>

Records of a Bygone Age
Stronsay Lifeboat Station 1952 - 1972
Part 5 – Rescues and Red Flares

Last month's article ended in December 1962 with the Stronsay Lifeboat and her crew called to the assistance of the Belgian trawler *Prince D Liege*, aground and later wrecked on the Corn Holm at Copinsay. When the lifeboat arrived all 13 of the trawler's crew had reached the safety of Copinsay and, in what was little more than a taxi run, the *John Gellatly Hyndman* ferried the crew from Copinsay to Kirkwall to assist them on their homeward journey to Belgium.

A much more dangerous rescue was to be carried out by the *John Gellatly Hyndman* on 16th September 1963, when the 264 ton trawler *Aberdeen City* with her crew of 13 went aground on Start Point in Sanday, about 14 miles from the lifeboat's Stronsay station. The lifeboat was able to rescue all 13 of the crew before the trawler became a complete wreck and below is a transcript of an article recording the event published in *The Orcadian* on Thursday 19th September, 1963:

Stronsay Lifeboat saves Thirteen Men
Aberdeen Trawler on Start Point

In one of their best services so far, Stronsay Lifeboat (Coxswain J. Stout) rescued all thirteen members of the crew of the trawler "Aberdeen City" which grounded on Start Point, Sanday in a westerly gale early on Monday.

Only one man was slightly injured- a deck hand who wrenched his knee when jumping into the lifeboat.

A Hull trawler the "St. Giles", which was in the vicinity, got a rope aboard the ship, hoping to tow her off, but it snapped as the boats pitched and rolled in the swell.

The rescue of the 13 was carried out in two phases by Stronsay Lifeboat, launched just before 2am on Monday, after the "Aberdeen City" had radioed for help and for the crew to be taken off. She was aground just below Start Point Lighthouse, which is now automatic.

Kirkwall Coastguards arranged for Sanday Lifesaving Company to go to the scene. The shore rescuers' did a grand job, managing to get a line across the "Aberdeen City".

The lifeboat took off nine men and conveyed them to Kettletoft, Sanday. The skipper, Mr William Henderson(51) and three others decided to remain on board until daylight to see what shape their ship was in. With the skipper was A. Walker, the mate, the Chief Engineer Stephen Knox, and Harry McElhatton, deckhand.

But later, with all compartments of the ship flooded and a 60° list to port, there seemed little hope of towing the "Aberdeen City" off. It would have been dangerous for the four men to remain and so after daylight the lifeboat took them off and brought them also to Kettletoft.

Second Fisherman John Watson, 9, Seaton Drive, Aberdeen who was slightly injured when he leapt onto the lifeboat, said "All but three of us were below when there was great bump. But there was no panic. Everything was very orderly and we waited for about an hour until the lifeboat arrived".

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Skipper Henderson said :- “It was a dirty, dirty night. My main concern was for the safety of my crew. The “Aberdeen City” is a strong, well built ship. I see no reason why with good salvage work, she might not be saved still.”

Going to Faroe

Second Coxswain John Dennison of the Stronsay Lifeboat said: “The trawler was on her way to Faroe and was dodging about in the westerly gale. She cut too close in and grounded on the Point about 01:30. We managed to get alongside her without any difficulty and took nine of the men off. One hurt his knee coming across. When we returned the second time we found the trawler had lost 20 Tons of her fuel and had developed a 60° list to port. There was a great danger of the ship rolling over.”

Thirty eight-year old Harry McElhatton told “The Orcadian”, “All the lights of the ship went out. The four of us who remained behind stayed on the bridge. She was listing well half over. When the lifeboat came back the second time, the engineer and I came off on the floating raft. Then the skipper and the mate came across the fifteen feet which separated us from the lifeboat. During the time we waited on board, we just laughed and grinned.

Said Alex Walker the mate “ It was good seamanship by the lifeboat Coxswain that took us off”

The second engineer, sixty one year old Alan Fraser said: “The lifeboat did a good job.”

Lifeboat Out 12 Hours

Capt. E.H. Clements, Hon. Secretary of the Stronsay Lifeboat reported the lifeboat back at her base at 2pm on Monday, having been out for 12 hours.

On their way to Aberdeen, nine of the survivors arrived in Kirkwall from Sanday on board the “Our Queen” on Monday evening. They were looked after by Mr William Jolly, the local agent of the Ship Wrecked Fishermen and Mariners’ Association. They were issued with new clothing and fed, before they set sail on board the “St. Magnus” later that night.

The skipper, mate and chief engineer, however stayed on in Sanday, in the hope that it might be possible to make an effort to save the trawler.

Captain Clements was delighted with the Stronsay Lifeboat’s performance.

“ They did a very fine job in rescuing the 13 men – this is the best service we’ve had since the station was re-opened in 1952. It will encourage the crew a lot, especially after so many wild goose chases after Red Flares in the past. ”

On Tuesday the “Aberdeen City” was on her side and awash.

A salvage expert from Liverpool travelled to Orkney to inspect the ship.

This salvage expert deemed that the trawler could still be saveable but, during an operation to try to refloat her, she turned fully over on her side and was abandoned as a total loss.

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The 264 ton Aberdeen City was built in Aberdeen in 1957, so had a relatively short career before meeting her end on the Sanday shore. A scale model of her is shown above.

The red flares mentioned in the above article had been a particular problem, as the lifeboat had been called out following the sighting of flares on numerous occasions and had found nothing.

Captain Clements, Stronsay Lifeboat Station's Hon Secretary, commented to the press *"We have been called out many a time to search for 'red flares' – so many of them that I do feel the authorities should do something to put a stop to the frivolous firing of rockets or red flares in coastal areas. The lifeboatmen cannot take it for granted that a 'red flare' has been set off by an irresponsible reveller. They must go out and search because someone may be in distress."*

This was brought to a head on 24th January 1964 when the lifeboat was called out on another fruitless search after red flares had been spotted, the third Friday night in a row that flares had been spotted and the lifeboat called into service.

Various theories were put forward, one such being that the flares may have been fired from a trawler looking for lost gear. This idea was discounted, as was a suggestion that they may have been fired to alert fishing boats that a fishery cruiser was in the vicinity.

The most likely explanation was thought to be that these flares were being set off as malicious hoaxes by persons unknown. A joint investigation into these incidents by coastguard and police found no evidence of any wrongdoing but may still have had the desired effect as red flare sightings leading to fruitless searches, while still being reported and acted upon very occasionally, were no longer the persistent problem they once been.

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This is a rather faded newspaper clipping from the early 1960s showing some of the pool of men who were on call to crew the Stronsay Lifeboat when needed. At the back are Bill Stout, Walter Miller, Allie Norquoy, George (Doddy) Maxwell, John Reid, Sydney Swanney, Jim Clyne and Willie Cooper. Seated at the front are David Rendall, Willie Miller, Captain Edward (Ted) Clements, Hon Secretary, John Dennison and Jim Work snr.

The John Gellatly Hyndman was called into service again on 9th December 1964, this time to the aid of the Aberdeen steam trawler *Avondow* after she had run aground on the Holm of Boray just south of Gairsay. When the lifeboat arrived a force 6 south-westerly was blowing but, despite strong tides in the area, the vessel and her crew were thought to be in no immediate danger.

The crew were taken off by a local fishing boat and brought to Kirkwall to wait for the next high tide, when it was hoped the *Avondow* would float clear. A few hours later, the thirteen-man crew were taken aboard the lifeboat and returned to the scene, where the trawler did indeed refloat herself. Once she was safely afloat, the crew were put back aboard their vessel to continue on their way while the Stronsay Lifeboat returned to her moorings, arriving home at 0603 on the morning of the 10th after 15 hours at sea.



Built in Aberdeen in 1946, the A122 Avondow was the last steam trawler to sail out of Aberdeen and fished very successfully for many years until making her final journey to the breaker's yard in 1967

Part 6 will be in next month's *Limpet*
 Ian Cooper, August 2026

Stephen Clackson's Letter from School Place

Reporting back to the folk of the North Isles of Orkney, the "cool place" to be.

Given the state of drought over most of the rest of the country, I shouldn't really complain about the weather during the councillors' recess, when I usually manage to get many outstanding outside jobs done. I remember the Great Drought of 1976. (It was also the year of the Great Ladybird Plague.) Back then, I was a teenager living on the edge of the Somerset Levels, normally a very damp place, but the rivers and rhynes were depleted of water revealing World War II relics and huge fishes I'd never dreamt were there to catch. We had a wild fire in our village churchyard, which threatened the house of my uncle and aunt, and which my friends and I helped put out. My aunt showed her gratitude for our saving her home by telling the vicar she thought we'd been responsible for starting the fire!



The partial solar eclipse on the 12th August was disappointing for me (see photograph above, taken at home in Sanday). The situation made me think of the Joni Mitchell song *Both Sides, Now*: "But now they only block the sun - They rain and snow on ev'ryone - So many things I would have done - But clouds got in my way." (In contrast, on the 20th March 2015, I did manage to get a good pinhole image on our white-painted doorjamb of the previous partial solar eclipse observable in Orkney.) The only total solar eclipse I have ever witnessed was from a hill near the village of Ochsenwang on the Swabian Alb on the 11th August 1999 under similar cloudy conditions but with sufficient reprieve at the right moments.

The Clackson family had successes at this year's Sanday Show. Our black cock "Satan" won 1st *Light Breed Cock/Cockerel* again, and some of our other chickens got prizes. After their enforced absence last year, the Anseriformes were back, and all the geese we entered won something, including the trophy for *Best Goose or Gander* (for our gander "Gozilla"), but the poultry judge was clearly not a fan of Muscovy ducks. We also got some prizes for our eggs.



At the end of our recess, I enjoyed a day at the Stronsay Massive Weekend. It was a grand opportunity to catch up with Stronsay constituents (and also Eday, Sanday and Papay constituents who'd come along for the day).

Back at School Place we were treated to seminars on budget strategy and transport. At our 6-monthly Internal Transport Forum (attended by the island community council transport reps), we were informed that, from when it was introduced on 1st April 2025 to June this year, the number of free journeys undertaken by under-22-year-olds (all funded by the Scottish Government) on Orkney Ferries has amounted to some 64,000. (To give this figure some context, it is over three times the number of episodes there have been of *The Archers* since the BBC radio series started in 1951 !)

Stephen

Cllr Dr Stephen Clackson
Member for the North Isles Ward,
Depute Convener Orkney & Shetland VJB

West Manse, Sanday
stephen.clackson@orkney.gov.uk



The Digital Phone Switchover



ORKNEY
ISLANDS COUNCIL

What you need to know

What is the digital phone switchover?

The UK's telephone network is changing. Between now and January 2027 most telephone providers will be moving their customers from old analogue landlines over to new upgraded landline services using digital technology. This means services that rely on the old landline system such as home phones, telecare and health devices will need to be compatible.



How will it affect me/what do I need to do?

The good news is – your landline isn't going anywhere and for most consumers and businesses, this change will be straightforward. In fact, many customers are already making the switch when they upgrade to fibre broadband.

Your telecoms provider (for example, Vodafone or BT) should contact you before the switchover to check in and discuss what you need to do to make sure any reliant services you may have aren't affected. However, we're encouraging everyone to know what to expect.

The change may be as simple as plugging your phone into a broadband router rather than the phone socket on the wall, or you may be given a new router to do this.

Please note that your provider will move you to a digital service before January 2027. If you care for a vulnerable person, please keep an eye out for correspondence notifying of a switch over date.

If you have any concerns or questions, please contact your telecoms provider directly.



Do you or someone you know depend on their landline and/or use a telecare device connected to a phone line?

If yes, then please contact the Telecare Team at Orkney Islands Council.

Tel: 01856 873 535. Extension 2635

The Digital Phone Switchover



ORKNEY
ISLANDS COUNCIL

What you need to know

Other Devices

If you have other devices connected to your phone line that you may have purchased, such as alarm systems, you might need to upgrade your device to make sure it is compatible.

If you are unsure about how a device in your home or business might be affected, it is recommended you contact the equipment supplier or device manufacturer to find out whether it will remain functional on a digital phone line.

People who use health monitoring or telecare devices should check if the switchover will affect how they work.

Key Points To Remember

If you have any queries or have no means of making emergency calls **you need to contact your communications provider.**

If you have a telecare alarm please contact the telecare team at Orkney Islands Council: 01856 873 535 Extension: 2635

Check with the appropriate equipment manufacturers if you have any other devices supported by your existing telephone line (such as intruder alarms) to check it will work digitally.

Most telecare alarm providers will have upgrade plans, if your phone line has or is due to be upgraded by your communication provider let them know.

In a Power Outage

Digital landlines cannot carry an electrical power connection, so in the event of a power cut they will not work. If you have a mobile phone this can still be used, but if you've no other means of calling the emergency services your telecoms provider will offer a solution to allow calls to be made to emergency services.

You should tell your telecoms provider now if you have no other way of making emergency calls.

Scams

There have been incidents reported of scammers contacting vulnerable users in relation to digital migration.

Communication providers or telecare services will never call you to ask for money.

Contact is usually by letter and charges are only applied to normal invoices. If you are in any doubt as to the authenticity of a caller, just hang up and call your

communications or telecare provider to report the incident, using a trusted phone number, such as the one on the bill.



ICJ Name Change in Local Newsletter – July 2026

We would like to let you know about an update to the Improving the Cancer Journey service. The service is now called **Improving the Care Journey (ICJ)**. This reflects an expansion of the service beyond cancer, while continuing to support all those affected by cancer across Orkney.

ICJ remains a Macmillan-funded service and there is no change to how the service operates. People affected by cancer will continue to receive the same level of non-clinical, person-centred support.

The name change allows us to begin supporting people living with selected long-term conditions. We have started with cardiac conditions, and we aim to expand to additional long-term conditions over time. This development will enable more people to access support with the wider, non-clinical impacts of their health condition, such as financial concerns, emotional wellbeing, and practical issues.

The referral process remains the same. The new referral and self-referral forms are also available on the NHS Orkney website: [Improving the Care Journey \(ICJ\) – NHS Orkney](#). If you have any questions or would like the referral forms sent to you, please email ork.icj@nhs.scot.

ORKNEY DIGITAL FORUM FRIDAY 9 OCTOBER

We are pleased to confirm that the next Orkney Digital Forum event will take place this Autumn, from 12-2pm on Friday 9 October in the St Magnus Centre, Kirkwall. Anyone who wants to find out more about the progress, development, and expansion of digital connectivity in the isles is welcome to come along.

Like previous events, there will be a ‘hybrid’ option available so that those unable to attend in person can participate online. As with previous Digital Forums, the format will consist of presentations from speakers followed by an open Q&A session.

Friday 9 October 2026, 12-2pm, St Magnus Centre, Kirkwall / Online

We are pleased to confirm that we will be joined by representatives from:

- The Scottish Government's broadband development programme
- Openreach
- Virgin O2
- BT Group
- Vodafone UK
- Orkney Islands Council

Further details, including speakers and details on how to join remotely, will be shared in due course. In the meantime, you can register your interest via the Facebook event listed [here](#).

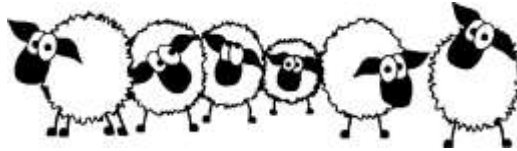
Please don't hesitate to get in touch if you have any questions by emailing Liam.McArthur.msp@parliament.scot or alistair.carmichael.mp@parliament.uk.

We look forward to seeing you there.

Kind regards,

Liam McArthur MSP & Alistair Carmichael MP

STRONSAY STITCHERS



Thursday 24th September 2026

7.00pm-9.00-pm, Church Hall, £2.00/person, refreshments available

We are an informal group who meet once a month to do our own stitchy things. You can bring any projects you're working on such as crochet, needlework, knitting, rug hooking etc. Everyone welcome.

STRONSAY SPINNERS



Wednesday 9th September 2026

3,30pm-5.30-pm, Church Hall, £2.00/person, refreshments available

MOBILE LIBRARY VAN VISITS 2026

5 October, 30 November

For further information go to web page <https://orkneylibrary.org.uk/wp-content/uploads/2025/12/Mobile-Calendar-2026-Accessible-Version.pdf> or send an email to library@orkney.gov.uk or telephone 01856 873166.

Winter	Council Houses	8.45	-	9.45
	School	10	-	12
	Kirk	12.45	-	3
	Fish mart	3.15	-	4.45
Summer/Refit	Council Houses	9.25	-	10
	School	10.15	-	12
	Kirk	12.45	-	3
	Fish mart	3.15	-	5.30

ROYAL LIFE SAVING SOCIETY - LIFEGUARD TRAINING

Stronsay folk, this is a plea for anyone who can swim with a moderate fitness level to help the pool ! We would like to invite you to become a Royal Life Saving Society pool lifeguard.

The qualification is a nationally recognised award and anyone over 16 years of age can apply!

We require at least four candidates to be able to run the course.

This is a great opportunity for younger folk to add to their qualifications and makes a big difference when applying for university or employment.

Anyone interested please contact Andy or Chris at the pool or via Facebook/Messenger.

Thank you

SWIMMING POOL - OPENING TIMES

<https://tinyurl.com/stronsaypool>

Charges - Adults £3, Children £1.50, Private Hires £15.

To book a private hire phone Elsie on 616238.

Monday	Adult lane 6:30-7:10:00	Public session 7:10– 7:50
Thursday	Private hire 6:30-7:10	Public session 7:10-7:50
Saturday	Private hire 2:00-2:40	Public session 2:40-3:20

SWIMMING POOL—OVERSEERS WANTED!

Always looking for reliable overseers for the swimming pool, please! Previous volunteers welcome. Involves taking payment, handing out bands, helping with evacuation procedures etc. Contact Mairi Dennison via Facebook messenger or tel 616331. We politely request that parents/guardians whose children use the pool regularly take a turn at overseeing, in particular.

HEALTHY LIVING CENTRE

<https://tinyurl.com/stronsayhlc>

ORKNEY FERRIES = DRAFT TIMETABLES

Draft winter 2026-27 ferry timetables are now available online:

[**DRAFT Inter Island Ferry Timetables – Winter 2026/27**](#)

LOCAL BUSINESSES

DONNA BLYTH EDUCATION SERVICES

BA Hons, MEd, PGCE, SQH, CPT3A, CELTA

Email: donnablyth@outlook.com Tel: 01857 616242 / 07852 805780



Online tuition in English Language, English Literature, RE, EAL and Literacy for learners of all abilities from age 7 – adult including A level, GCSE and SQA National Certificates.

Prices – £25.00 per hour for 1:1 tuition; £45.00 per hour for groups of 2 or more depending on requirements (max 3)

11+ Tuition in English, Maths, Verbal Reasoning and Non-verbal Reasoning. £25.00 per hour individual students only as lessons are school-specific.

Tuition in clarinet performance and music theory up to grade 5. £15 per 30min lesson for 1:1 tuition

GTCS, DBS and PVG Scheme registered.

Valid, current Safeguarding and Prevent certification (updated 12.08.25)

References available.

All enquiries and services provided are treated in confidence as far as possible and according to current KCSIE legislation 2024

*****Reviews*****

“Just wanted to share that S.... got into Hampton. He is absolutely thrilled and we are so pleased that the hard work paid off. Thank you for all your help and support.” (Parent of 11+ student)

“I am really pleased with my RE GCSE result. I got a 7 which is an A overall. Thank you so much for all of your help as without it this would have not been possible.” (Y11 RE student)

“L... has to know that she is capable of reaching the target, and I think you play a huge role in that because she really enjoys the sessions with you and what you say really sticks in her head.” (Parent of Y6 student)

“The skills that my daughter has acquired, and the clear and significant increase in her confidence and pride in her reading and writing skills, has been worth every penny.” (Parent of GCSE English Language student)

“V... loved his sessions and said that he was in awe of how knowledgeable you were! Thank you so much.” (Independent tutoring company on behalf of GCSE English Literature student)

“N... got an 8 in both English Literature and Language and would like to thank you for the immense help” (Independent tutoring company on behalf of GCSE English student)

“Donna is a remarkably warm, kind and empathetic tutor. We have both really enjoyed every interaction that we have had with her.” (Parent of GCSE student)

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page

Contact details for the *Limpet* are on the back page

ISLAND LINK OFFICE

The Stronsay Island Link Office, located in the Fish Mart, will be open every Wednesday between 10am and noon.

A range of services are available, including the collection of black bin bags, photocopying at 10p a copy, collect a form for Stronsay Community Council financial assistance, or a form for the scrap car scheme (still open for applications), raise issues or concerns that Stronsay Community Council may be able to address and even contact officers at OIC.

I look forward to seeing you, but if you are not able to call into the office I can be contacted by email at stronsaycc@gmail.com

Colin McAlpine
Stronsay Island Link Officer/Clerk

CITIZENS ADVICE BUREAU (CAB) VISIT

We're pleased to confirm that Citizens Advice Bureau (CAB) will be returning to Stronsay Development Trust, Unit 1, Woodyard for their regular outreach support sessions.

If you'd like confidential advice or support with things such as benefits, money worries, housing, employment, consumer issues or energy costs, these sessions are a great opportunity to speak to an adviser locally.

Upcoming Outreach Date:

- Wednesday 19 August

Appointments will take place at Stronsay Development Trust – Unit 1, Woods Yard. Please pop these dates in your diary.

Once CAB provide their official posters and booking details, we'll share them here so you can arrange an appointment.

These visits are a really valuable service for our island community, so please help spread the word by sharing this post.

Any queries please do contact me at Shani@stronsaydevelopmenttrust.com

BLACK BIN BAGS

Black bin bags issued by Orkney Islands Council can be collected from the Stronsay Island Link Office, located in the Fish Mart. The office is open every Wednesday between 10am and noon. If you are not able to call into the office, a request for bags can be made by email to stronsaycc@gmail.com.

Colin McAlpine, Stronsay Island Link Officer/Clerk

LOCAL BUSINESSES

Roger at Stronsay Photographic

Available for

Portraits - groups and individuals

ID photographs - printing on site

Tuition

Special commissions

Cozy studio with professional lighting

Home visits



Contact via Stronsay Photographic Facebook page and Facebook or tel 616228

Special offers also on Stronsay Facebook page

See Stronsay Markets on YouTube https://youtu.be/8e6sz_Z2eQU

Roger at Stronsay Markets



Local seasonal soft fruit and vegetables

Grown naturally without artificial fertilisers, pesticides or weed killer

Cropped same day (usually)

Check out Facebook "Stronsay Markets"

Contact me on stronsaymarkets@gmail.com and I can add you to the regular list of available produce

Local business adverts are free!

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LOCAL BUSINESSES

Holmsgarth Crafts




*Seasonal Gifts,
Memory bears,
Stronsay book bags, and much more
Many items can be personalised
Made To Order*





Contact Margaret McAnally - [Holmsgarth Crafts](#) | [Facebook](#)
07432614089



Orkney Star
Island Soap & Textiles



Traditionally hand-crafted in Stronsay—soaps, solid shampoo bars, conditioner bars and balms. Hand-spun and hand-dyed yarns from Orkney fleeces, woven throws, wall-hangings and more.

Orkney Star Island Soap, Isles View, Stronsay, Orkney, KW17 2AG.

Tel: 07847 111 506

Email: info@orkneystarlandsoap.co.uk

Web: <http://www.orkneystarlandsoap.co.uk>

Facebook: <https://www.facebook.com/orkney.star.island.soap>

LOCAL BUSINESSES

SINCLAIR HAULAGE LIMITED

Contact Details



General Enquiries: info@sinclairhaulage.com

Accounts Enquiries: accounts@sinclairhaulage.com

Livestock Bookings: livestock@sinclairhaulage.com

Phone: 01857 600 404

Postal Address: Sinclair Haulage Ltd
New Haulage Shed
How Farm
SANDAY KW17 2BJ

Office Opening Times: Mon – Fri
09:00 – 17:00

Livestock bookings should be made by emailing livestock@sinclairhaulage.com or calling 01857 600404.

Please note that we **DO NOT** use Gmail email addresses (e.g. sinclairhaulage@gmail.com). Please only use the above email addresses.

Local business adverts are free!

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LOCAL BUSINESSES



Livestock Bookings

To ensure Livestock Bookings are not missed and that we can plan vehicle and ferry space, bookings must be made as far in advance as possible by either emailing:

livestock@sinclairhaulage.com

OR calling:

01857 600404

Please **DO NOT** message via text, Facebook, WhatsApp etc and please do not use any other email address.

Once booking has been received, you will be given a booking reference. We will then be in touch to confirm collection day/time etc.

Local business adverts are free!

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LOCAL BUSINESSES

SINCLAIR HAULAGE LTD

Now introducing Skip Bags!

Due to difficulties getting skips out to the isles, we are now offering a skip bag service.

Having a clear out or renovating a property? Simply order and pay for your bag (telling us what you're planning to fill it with), we deliver, you fill it and we take it away and dispose of the waste.

All shipping and waste disposal costs included in the price.


SINCLAIR HAULAGE



SKIP BAGS

Skip Bags can now be ordered from Sinclair Haulage. Simply order and pay for your bag, stating the type of waste. We deliver, you fill (within 6 months), we take away and dispose of the contents.

BAG 1 Inert Waste £125 per bag (ex VAT)	Non-hazardous landfill material (example: glass, concrete, bricks and mortar, tiles, slates, fibreglass wool, clay and stones). Please note: plastics, plaster, plasterboard and timber are not permitted.
BAG 2 General Waste £360 per bag (ex VAT)	Mainly combustible mixed municipal wastes which cannot be landfilled at Bossack. This category includes soiled paper and cardboard, carpets, furniture, small mixed plastics, scrap timber.
BAG 3 Mixed Waste £560 per bag (ex VAT)	Non-inert material that requires removal of contaminants before landfill.

Each bag measures 850mm x 850mm x 870mm and can hold 1 tonne.

To order:

Email info@sinclairhaulage.com

Or call **01857 600404**

Local business adverts are free!

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A poster for Fishmart Cafe with a light blue background featuring a pattern of various fish. The text is centered and reads:

FISHMART CAFE

Opening Hours

From Monday 2nd February

Monday	9am - 2pm
Tuesday	CLOSED
Wednesday	9am - 2pm
Thursday	9am - 2pm
Friday	9am - 7pm
Saturday	9am - 3pm
Sunday	11am - 2.30pm

Find us on socials @Fishmartcafe
call- +44 7598 439058

Below the text are four circular icons: Instagram, Facebook, WhatsApp, and a telephone handset.

Local business adverts are free!

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Stronsay Hotel

Please note our new Operating Hours

Monday / Tuesday CLOSED

Wednesday 5pm til 10pm

Thursday 5pm til 10pm

Friday 5pm til late

Saturday Lunchtime 12 until 2pm..... ..5pm til late

Sunday 12 to 10pm

Food Service Weekdays between 5pm until 8pm

Food Service Saturday 12 until 2pm and from 5pm til 8pm

Food Service Sunday 12 until 8pm

Takeaway Service (pre orders only)

Available during food service hours

Contact: 01856 700152

Email: thestronsayhotel@hotmail.com

Website: www.stronsayhotel.co.uk

Local business adverts are free!

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Stronsay Hotel Takeaway Service



Tasty Takeaways



- All Curries
- Pizzas
- Fish & Chips
- Scampi
- Pennys Burgers
- Chicken Goujons

From Our Main Menu



- All Pies & Quiches
- Baked Potatoes
- Chicken Stroganoff
- Beef Goulash
- Tatti Pot
- Chicken Tagliatelle
- Stronsay Beastie
(Sausages & Mash)
- All Kids Meals



How to Order



Call us:

01856 700152



Email:

thestronsayhotel@hotmail.com

Collection Times



Wed, Thu, Fri, Sat
& Sun from 5pm until 7pm



LOCAL BUSINESSES



Tel: 01857 616 469 Mob: 07741 778 750

We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

**We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.
Reasonable prices.**

Contact Craig or Christine for more information.

Local business adverts are free!
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LOCAL BUSINESSES



REDHOUSE PLANTS MARKET GARDEN

Seasonal vegetables available daily. Bedding, perennial and vegetable plants.

Local honey in season according to availability.

Open 09.00-17.00 Mon-Sat.

Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377

handmade  with love

Airy Fairy

- ★ Handmade Quilts, cushions & clothes ★
- ★ Beautiful, bespoke & personalised gifts ★
- ★ Handmade especially for you ★
- ★ Makower fabrics in stock £10 per metre ★
- ★ Studio visits welcome by appointment ★



Hazel Shearer, Airy, Stronsay, Orkney, KW172AG • Phone 01857 616231
hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk

Local business adverts are free!

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LOCAL BUSINESSES

**PATRICK
McGRATH
LTD**



**Gas Safe Registered Engineer
Plumber**

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- Landlords gas safety checks
- Bathroom fitting
- Bathroom supply
- General heatings
- All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Call Patrick on **07933 488283**
Email: patrickmcgrathltd@gmail.com



Ebenezer Oil Heating



Oil boiler servicing, repair and replacement

Oil tank inspection and installation

Why not let me check out your heating system, I can advise upgrades to make your heating more efficient & cheaper to run

10 year parts and labour guarantee on all new Grant Vortex boilers

All my work is covered by the OFTEC Competent Persons Scheme

Why would you use anybody else?

Tel 01857 616207 Mob 07500682867 Email ebenezer@stronsay.org

Local business adverts are free!

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LOCAL BUSINESSES

“NEIL’S ON WHEELS”



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260



Taxi
Community bus
Island tours
Mobile mechanic

Contact Mick

07508884024
01857 616 376

www.bayviewtransport.com

bayviewtransportlimited@gmail.com

Local business adverts are free!

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LOCAL BUSINESSES



Cooke
SCOTLAND

Fresh Salmon From Stronsay to the World

Cooke Scotland has nurtured and raised delicious salmon on Orkney for over ten years.

Since 2019, we have called Stronsay home where we proudly produce one of Scotland's finest quality foods, with one of the lowest carbon footprints of any farmed livestock.

There are so many varied careers within the Scottish salmon sector – a thriving industry with oceans of opportunity.

Find out more about joining the team by visiting our website.

An Ocean of Opportunity Awaits.

Start Your Career with Cooke Today
cookescotland.com/careers



Marion Miller Jewellery creates distinctive pieces of jewellery inspired by Orkney's sea and shoreline. Designed and made in her Stronsay studio Marion's jewellery features gemstones and vitreous enamel adding depth, colour, and a tactile quality to the work. Special pieces, wedding and engagement rings can be made to order. Visitors to the studio are warmly welcome April-December. Call or E-mail prior to visiting if possible.

Tel. 07919550943 E-mail: Marionmillerjewellery@gmail.com



www.marionmillerjewellery.com

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STRONSAY KIRK

Details of services at Stronsay's kirk for the next four months are now available on the kirk's website <https://www.orkneycommunities.co.uk/stronsaykirk/calendar.asp?set=list>.

Contact Kirk Secretary:
elsie.dennison@live.co.uk

Stronsay kirk's Facebook page:
<https://www.facebook.com/groups/1553904828107651>

HANDY EMAIL ADDRESSES & PHONE NUMBERS:

Ebenezer Stores	stronsaystores@gmail.com	616339
Olivebank	m.williamson1@btconnect.com	616255
Fishmart café	fishmartcafehostel@gmail.com	616401
Hotel & pub	thestrongsayhotel@hotmail.com	01856 700152
Red House plants		616377

Contact details for all OIC Councillors:

<https://www.orkney.gov.uk/your-council/councillors-and-meetings/councillors>

OUR LADY'S CHAPEL, PIERHEAD **OPEN FOR PUBLIC MASSES**

Our Lady's Chapel on the pier is open for public Masses
with the permission of the Bishop of Aberdeen.

Mass times are as follows:-

Sunday & holidays: 11am. Tuesday: 8.00am. All other days: 11.20am

STRONSAY ON YOUTUBE

- [Bicycle tour of Stronsay in August 2022 \(poor audio quality\)](#)
- [59° North](#)
- [Links House, Stronsay: Finding the Mesolithic in Orkney](#)
- [Stronsay, Orkney](#)
- [The mystery of the Stronsay Monster](#)
- [Orkney—living and working](#)
- [1930's stone crushing machine in action on Stronsay](#)
- [Stronsay harbour \(taken from inside the harbour\)](#)
- [Five reasons to visit Stronsay](#)

STRONSAY CHESS CLUB

Meets from 12 to 2pm every Friday in the Fishmart Café
Chess sets provided

USEFUL INFORMATION

Post Office opening times . . Monday – Saturday 8.30am - 5.00pm Sunday - closed
 Post collection times Ebenezer post box 7.30am Monday - Saturday
 Bank (RBS) Thursday 9.30am - 3.00pm (Lunch 12.00pm - 1.00pm)
 Community Council stronsaycc@gmail.com
 OIC special collection None
 Stronsay Island Link Office . Wednesday 10.00am - 12.00pm stronsaycc@gmail.com
 Kirk Sunday Service Every Sunday 11.00am <https://tinyurl.com/strkirk>
 Our Lady's Chapel pier head . Mass: Sunday & holidays 11am, Tuesday 8am, other days 11.20am
 Mobile van next visit Monday 5th October
 Weekly rubbish collection . . Thursday – bags to be out by 8.00am, NOT the night before
 Recycling skips nearly full? . recycling@orkney.gov.uk
 Stronsay's Facebook page . . <https://www.facebook.com/groups/476168409207488>
 Geramont Surgery <https://orcadeppractice.co.uk/stronsay>
 Limpet Editor editor@stronsaylimpet.co.uk Claremont KW17 2AR
 SDT Office office@stronsaydevelopmenttrust.com Unit 1, Woods Yard KW17 2AR

Emergency? POLICE, FIRE, AMBULANCE, COASTGUARD – phone 999

MEDICAL EMERGENCY OUT OF HOURS?

Phone the BALFOUR HOSPITAL on 01856 888000 who will contact the island doctor on duty.

Police (non-urgent)	101	Water Problems (24/7)	0800 778 778
Electricity:		Geramont Doctors Surgery	01857 616321
General enquiries Mon-Fri 8.00am - 5.00pm)	0800 048 3516	Problems Power cut	0800 300 999 105
Dentists:		Vets:	
Daisybank Clinic	01856 870 547	Flett and Carmichael	01856 872 859
Community Dental Service	01856 888 258	Northvet	01856 873 403
Orkney Dental	01856 872 030	Orkney Library and Archive	01856 873 166
<i>The following Stronsay numbers usually begin with 01857</i>			
Airy Fairy	616231	Neil's On Wheels	07723 304 260
Bank (RBS)	616262	Olivebank	616255
Bayview Transport – Taxi, School, Mechanic	616376 07508 884 024	Orkney Island Council	01856 873535
Castle Hill Construction	616469 07741 778 750	Red House Plants	616377
Community Bus (SDT)	07398 627 742	Scottish Fuels	01856 873 105
Ebenezer Oil Heating	616207 07500 682 867	Silver Darlings	616412
Ebenezer Stores	616339	Sinclair Haulage	600404
Fishmart Cafe	07598 439 058	Star Island Soap	07847 111 506
Golgotha Monastery contact@the-sons.org	616210	Stranded Seals and Marine Life	07721 073 868 01856 831 463 01825 765 546
Hall bookings annemaree.carter@btinternet.com	616263	Stronsay Band	616345
Highland fuels	01856 873766	Stronsay Development Trust	616410
Island Link Office/Officer	616446/616475	Stronsay Hotel and Pub	01856 700 152
Kirk Secretary	616238	Stronsay Junior High School	616246
Limpet Editor	616297	Stronsay Markets and Stronsay Photographic	616228
Marion Miller Jewellery	07919 550 943	Stronsay Swimming Private Hire	616238