

STRONSAY LIMPET



No. 85

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Published on the last Thursday of the month*

July 2012

The *Limpet* Now on Facebook

You can read the *Limpet* online at www.stronsaylimpet.co.uk.



The *Limpet* now has its own Facebook page: www.facebook.com/StronsayLimpet.
Please use this page to give feedback on the *Limpet*
(brickbats as well as bouquets!).

Stronsay Fish Mart

by Ian Cooper

The Stronsay Fish Mart café, hostel and Interpretation Centre was a facility of which the people of Stronsay were justifiably proud when it opened more than fifteen years ago. Unfortunately over the years the café and hostel have become shabby, outdated and no longer fit for purpose and the hard decision had to be made that it was no longer feasible to open the premises for business until it could be renovated to a satisfactory standard.

Stronsay Community Council engaged a firm of consultants to help identify the way forward and, after consulting with the local community and looking at similar premises in other small communities, they recommended a number of changes. This included increasing the size of and

upgrading the facilities in the hostel, making a separate kitchen for the café also incorporating a take-away area and to have a smaller more focused Interpretation Centre within the café itself.

After having a recent bid for funding from another body turned down Stronsay Community Council heard on Friday 13th June that they has been successful in their bid to secure funding for upgrading the Fish Mart from Orkney Islands Council's Community Development Fund. This is in the form of a grant of half the eligible costs up to a maximum of £80,000 of the projected £160,000 cost. This has been a major boost to the island and the Council are now actively seeking funding for the remainder of the cost. ■

The next edition of the *Limpet* will be published on Thu. 30 August. Items for inclusion in that edition should be submitted by Wed. 22 August. Contact details on the back page.

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Life Away from Stronsay

by Jenny Stone

Aha, folks! You thought you were free from those boring old opinionations from the Parked Cottage. Never a bit, you don't get rid of me that easily. I'm alive and kicking, if but living within a different incarnation, and I've no intention of liberating you from any of my thoughts on the meaning of life, or maybe just the meaning of my less than thrilling existence. You still get a share of it, whether it's wanted or no.

Words don't really express homesickness at all, and I'm not very crafted at this word business, so I won't bother. I was told that it is possible to think totally opposite thoughts simultaneously, so if I say I am enjoying my new life tremendously, if but bit at a time, and also yearning, just as much, for my old home you'll bear with me. In particular, my beloved best friends and cronies all, with your fabulous disregard for other people's opinions. You know who you are. Or if you don't I'll soon tell you!

There is no prior warning, really, to the sea change, quite literally, as you take that last journey as a Stronsay resident, across the water to the mainland. I kind of, extremely vaguely, assumed it would be like home, only bigger. Near 14 years away from the rest of the world teaches you it is just exactly that, away from the rest of the world, despite the existence of good friends and connections on t'other side. Folk can speak, but it's only words until you experience for yourself. For me, it's like I was a Martian, landed on a slightly but distinctly different planet. The more years you are away, the more stark the contrast.

For sure I don't miss the boat trips at all. The ones that make you homesick before you've even left, and take forever on the way home. Either you're hanging around for ages at the waiting room, or it's mad racing horse rushed until you collapse at the pier, lathered

(continued on next page)



Life Away from Stronsay (continued)

and in a muck sweat. You look at the clock and its 5 minutes since you last checked.

In particular, that doleful voice on the tannoy which speaks interminably, especially if you've decided a nap is essential to pass the time. I did hear, in the background, something about "muster stations" and "proceeding in an orderly manner", but for the life of me I've no idea what to do if the ship were to actually be at risk of sinking. I did eventually take in orders to "remain calm in the event of an emergency".

So, if the boat were actually at risk of sinking, and we were all facing our imminent demise in the depths of the dark and icy drink, we are expected to face it in a "calm and orderly manner". It is at this point we are expected to make utterances such as "I am going outside and I may be some time", and disappear in a soundless and dignified exit.

I prefer another school of thought, which adheres to the belief that if you remain calm whilst others are in a panic, it's quite possible you haven't grasped the situation.

Nonetheless, there is a down side to not having the boat as your means of getting to town - yes, there actually is a down side, honestly!

First, there is no crew of kind hearted ferry-men to take your shopping onto, and off,

the boat, at the end of a long and tiring day. Thankfully I did appreciate, at the time, just how helpful those long-suffering people are. Second, there are no bacon rolls made for you on the bus, the 5 minute trip doesn't make it worth the bother. NOBODY does bacon rolls like those guys on the boats do. Third, last but not least, there isn't the craic with folk, as is usual when you've all got appointments to go to, and therefore the arrangement of folk isn't within your normal routine. Going on the boat gives you more opportunity to see folk you haven't seen in ages, despite the fact you've lived on the same island for donkey's years.

Third, and most important. Pathologically lazy as I am, a day in town was a perfect excuse to do absolutely nothing, but the essentials, when I got home to make a mountainous pile of comfort food, accompanied with generous amounts of alcohol. All under the excuse that I was "tired". Going into town on the 4.20 bus, getting home an hour later, doesn't justify this lassitude, and what a pain in the itinerant to realise there is no justification whatsoever for not getting up off my lazy backside and doing something more. It just isn't the same.

Anyway, I am getting exhausted, all this writing of lengthy stormy sea journeys, I mean bus routes.

See you all very soon. ■

SOS Committee Recipe Book Project

SOS - Support Our School

The SOS Committee are trying to compile a recipe book to raise funds for the school. If you would be willing to share a recipe with us please contact Viv Erdman, Kate Worrall, Arna Cooper, Wilma Holland or Gaynor Smithor or send your recipe to this email address: SOSstronsay@yahoo.com. All recipes gratefully accepted!

Angela and Iain's Wedding

by Gail King

Saturday 7th July saw the marriage of Angela Louise Williamson, daughter of Maurice and Sheila of Olivebank, to Iain Alistair Johnston from Kirkwall. The bride arrived at the church shortly after 4pm walking down the aisle to a specially recorded version of Coldplay's 'Paradise', played by a friend of the couple on a grand piano. The bride looked stunning in a full length ivory strapless empire line lace dress with sparkle detail and lace bolero, finished with a full length lace trimmed veil and a simple bouquet of white cala lilies. She was accompanied by 3 bridesmaids in the full length navy blue dresses with black

lace cap sleeves and matching bouquets of white cala lilies.



The groom and his two best men waited patiently at the front of the church, looking equally as smart in their blue and purple kilts with black shirts and jackets finished with navy blue ties and white cala lily buttonholes. A beautiful ceremony was conducted by Rev Andrea Price in front of the many guests, including hymns, readings and a touching vocal performance of Metallica's 'Nothing Else Matters' by the groom. After the all-important 'I do's' and the *(continued on next page)*



Angela and Iain's Wedding (continued)

exchange of rings, the wedding party gathered at the church door for some photos, where the bride was presented with several horseshoes from the peedie children of family and friends.

Guests then proceeded to the Community Centre, which had been completely transformed with bunting, fairy lights, flowers, fabrics, sparkles and all things peacock! They were greeted with champagne and strawberries before being treated to a delicious 3 course meal. After some entertaining speeches and toasts to the new Mr and Mrs Johnston, the tables were swiftly cleared away for the Stronsay Band to set up and play for the guests to dance the night away. This began with the customary Grand March led by the Bride and Groom which saw the



dance floor as full as it has been for many a day. Then followed an evening of mainly Scottish dancing interspersed with some more modern music and dancing for the young folk and some of the young at heart! Through the evening Angela and Iain made the rounds with the traditional wooden Bride's Cog where guests had the opportunity to toast their health and the reception came to an end in the wee sma' hours with everyone joining enthusiastically in the singing of 'Auld Lang Syne' before Angela and Iain were raised shoulder high to the accompaniment of 'For they are Jolly Good Fellows'.

The new Mr & Mrs Johnston are honeymooning in St Lucia before returning to their home in Aberdeen. ■

Post Office Summer Opening Times (Reminder)

The summer opening times of the Post Office are as follows:

POST OFFICE SUMMER OPENING TIMES	
Monday	8:30-12
Tuesday	closed
Wednesday, Thursday, Friday	8:30-12 and 1-3
Saturday	9-12 and 1-3

Eco Club

by *Marion Macleod*

Eco club celebrated their last session before the summer holidays by harvesting and cooking some of their produce for their families and our newly appointed headteacher. The taste of new potatoes with butter grown by must have been very good as Jasmine and Josie as seen on one of the pictures “fought” for the last bit on the plate... Well done to all Eco club kids!!! ■



Thankfully the summer has not required the purchase of air conditioning, sun screen or catering sized supplies of ice for the gardeners sherry. Sadly the plants have been underwhelmed by the cool season and anything I have planted without protection has sulked and mostly died.

I have been checking how other folk protect their plants and have experimented with various ideas. Any tips that you might share would be very gratefully received. My infamous flying cold frame has been banned from further flights by the Civil Aviation Authority as well as NASA and has been housing some plants which are still alive. In fact the spinach was so impressed it grew like an express train and has already gone to seed before I have had a mouthful.

I have made a crude four sided box and draped fleece over it; the edges have been protected with pipe insulation and the fleece has a piece of wood wrapped around each end; the sail, in turn, is held down by one litre milk cartons via the handles. I transferred greenhouse grown lettuce into the structure and for a while all went well.

The soft delicate leaves flourished and I bought a jar of mayonnaise in anticipation of a feast. The slugs have beaten me to the finishing line and have made the condiment redundant. I bought slug pellets and will wait for an opportunity to even the score.

The bouncing lama (Labradoodle) has now given up using the vegetable patch as the direct route to freedom which is a relief for the remaining onions. In place of this she has mastered vertical lift off and uses the top of the dyke to watch the sheep and stick out her tongue.

But it is not all gloom. In the community greenhouse I have had some good peas, spring onions, spinach, lettuce and carrots. Other plots have had early potatoes and all around are pyramids of climbing beans. The Manse greenhouse is growing tomatoes and I have eaten a few courgettes.

I predict that the real summer will be later this year which gives me more opportunities to tempt vegetables to flourish in the nude. To be on the safe side, I will keep my clothes on for now. ■

Stonsay Church in the Blue Door

by Ian Cooper

Well, that's our week in the Blue Door charity shop over. I must begin by thanking you all for giving so generously of your surplus clothes, goods and bric-a-brac for selling. There was an amazing collection of items for sale and I must admit when I saw it all gathered together I did wonder if that could possibly all be sold in a week! Well, I'm delighted to report that everything went and we managed to raise a staggering £2700 for our Church funds. We are hoping this money will help pay for the rewiring of the Manse and also help our fund raising target for a new Church organ.

We would like to thank Mrs Jamieson for the use of the Blue Door, Maurice Dawson for arranging everything and storing the goods until needed, the band of helpers in the shop, Isobel Stout for helping and acting as treasurer and of course most importantly once again all of you for giving the goods for sale. ■

Recent Bird Sightings

by John & Sue Holloway

Red-breasted Megansers are reported to have bred on the island in the past and it is possible that the odd pair may still breed here - perhaps by the loch on Papa Stronsay? Parties may be seen close inshore around the island throughout much of the year but a very unusual sighting in late June was of a party of 23 on the beach in Mill Bay - bathing and preening close to the sea by the side of the Mill Stream "delta".

The second Marsh Harrier record of the year - this time a female - was seen hunting at the back of the Bu Loch on 20th June, whilst a Sedge Warbler sang from the reeds opposite nearby Mingro. A brood of ten tiny, newly hatched Shelducks were on the Bu Loch the same day (and have been seen regularly since) whilst at the nearby Matpow Loch the brood of 8 there were almost two-thirds grown. There are now several young Common Terns on the island in the Matpow Loch, where the adults can be watched bringing in freshly caught sand-eels. Well worth a look from the car. A party of Shoveller and another of Gadwall have been seen on and off at the Matpow in the last two weeks and returning waders are now beginning to arrive - mainly Redshank and Dunlin so far.

The only unusual migrants in late June/early July were 5 Little Gulls at Greenfield; a Garden Warbler in the garden at Airy, and a Long-eared Owl seen at both Sunnybank and Dale - without much doubt the same bird. A male Sparrowhawk was seen on 3rd July - an unusual date for this species which breeds on some other Orkney islands but not here on Stronsay.

The Sand Martins in the sandy cliff-face alongside Castle have bred successfully again

and one of the young - probably on its first flight from the nesting burrow - perched for over 20 minutes on our oat-field fence-wire, giving the perfect opportunity for a photograph or two (see photo below).



Juvenile Sand Martin on The Reserve. 26th June.

Swallows have had a hard time feeding their young this year in the cold weather and birds have been seen regularly flying alongside vehicles in the hope of catching any flying insects disturbed from the roadside verges. Having said that, many pairs have bred successfully - and once again the majority of nests have been in farm outbuildings and sheds. Short-eared Owls have almost certainly bred this year as there have been many sightings from various parts of the island, the best indication being when Kath and Norman saw two hunting together at Dale on 9th July. Another exciting report from Dale was a calling Quail in mid-July, and it was interesting that the bird began to call on what was the first "warm" day for some considerable time. In the past we have heard Quail calling during the daytime in the sunshine and then stopping immediately the sun went in. This happened at Dale when Sue and I went to listen for this year's bird. There are several records of the species nesting on the island in recent years and this year's bird

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Recent Bird Sightings (continued)

was calling in the same area in which the species has bred successfully at least three times previously. The call is a rapid “liquid” burst of three notes - “wit-wit-wit” - often repeated for several minutes. Quail are tiny “game-birds” - roughly Skylark size - and very difficult to see on the ground, and as a result very few people have ever photographed the species. The photo below is not what it might seem - it is of a bird which was found dead on Fair Isle during our time there, placed in the vegetation in the Castle drive this morning! I set this bird up shortly after it was found dead - a rare chance to practice the taxidermy I had learnt back in the 1960s.



Quail - One was heard calling at Dale in mid-July.

There have been a few interesting sightings in the last few days - a moulting Chiffchaff in the Castle garden; a summer-plumaged Bar-tailed Godwit in a freshly cleared silage field at Dale (a sign that Autumn is on the way!), and yet another sighting of a Short-eared Owl, this time hunting over the unharvested crop area behind Northbank at 9.15pm on 17th. If anyone is interested in seeing this species it may be worth parking near The Kirk at around that time as birds of prey often have routines when hunting (for mice and shrews etc). Unlike most other owls in the UK, Short-eared Owls often hunt at day-time and particularly in the evening.

One rather sad find in late June was a female Cuckoo lying dead beneath the fuchsia hedge at Mt Pleasant by Liz and Jean. The plumage was in perfect condition (as can be seen in the photo below) - hence no evidence of it being taken by a cat etc. It was very thin and had almost certainly died during that spell of very poor weather because of the lack of large insects etc on which the birds feed. The bird had arrived in the non-stop rain and SE winds of 28th-29th. ■



This Cuckoo was found dead at Mt Pleasant in late June.

Stronsay Beast Goes to Devon

by *Simone Kirk*



Orkney Star Island Soap was contacted earlier this year on behalf of the Centre for Fortean Zoology (CFZ). This is a non profit-making organization based in North Devon which searches for mystery animals throughout the world (<http://forteanzoology.blogspot.co.uk/>).

They had discovered my *Beast in the Bath* soap on the internet. The bars are stamped with a reproduction of a sketch of the beast - whose carcass was washed up on the shores of Stronsay in 1808 - by Sir Alexander Gibson. I had the soap stamp especially commissioned in the USA. I thought it was a novel idea to feature something from our island history; it remained to be seen whether a soap with the beast on it would appeal to folk. So I am thrilled that the Beast has turned out to be a success not only with local folk and visitors, but now even further afield.

The CFZ are holding a conference called *The Weird Weekend* 17-19th August. One of the speakers, Glen Vaudrey will be giving a lecture on the Scottish sea monster carcasses and will include the Stronsay beast, as being perhaps one of the finest examples of its kind. He asked if I would be able to donate some of the bars for use as raffle prizes at the event. I agreed and sent them off in the post beginning of July. In exchange they have placed my Logo on their website for the rest of the year and featured the soap in their blog. ■

Letter from School Place

by *Cllr Dr Stephan Clackson*

The School Place summer holiday has now begun—at least for us councillors. I am quite pleased about this, as it gives me the chance to take stock of the hectic ten weeks since the council elections, and time to mourn the recent passing away of our jill ferret, whom we rescued from Sanday golf course nearly two years ago.

The first council cycle was rounded off with the general meeting, at which we resolved to refer our ballast water decision back to the Policy & Resources committee for amendment. It is a shame that the press reports on that decision concentrated entirely on Vice Convener Foubister's scaremongering and ignored the relevant observations and concerns of Councillor Davidson and the pertinent statement read out on behalf of the Orkney Manifesto Group. At each stage I voted for the option which exposed us to the lowest risk of

inadvertently introducing alien organisms into our waters, because, to quote Councillor Harvey Johnston, there is only one Scapa Flow. As I said at the time, I trust our attitude to safeguarding Orkney's natural heritage has improved in the two centuries since the world's last pair of great auk were slaughtered on Papa Westray.

During the recess I shall be visiting a few of the North Isles on the Sunday ferry excursions. After that, I hope to start coming to some of your community council meetings (a task the three North Isles councillors share among them) and parent council meetings.

In the meantime, if any of you have any issues of concern, please drop me a line. ■

Cllr Dr Stephan Clackson

West Manse, Sanday KW17 2BN

07718100244 - stephen.clackson@orkney.gov.uk

Free Business Gateway Workshops



Free Workshop Program - September 2012

<i>Date(s)</i>	<i>Day(s)</i>	<i>Time</i>	<i>Workshop Title</i>
3 & 4 Sept.	Mon./Tues.	10am – 4pm	New Business Start Up
6 Sept.	Thurs.	1pm – 4pm	How to do business with the Council/Public Sector (procurement/contracting/tendering)
6 Sept.	Thurs.	5pm – 8pm	How to do business with the Council/Public Sector (procurement/contracting/tendering)
17 Sept.	Mon.	9.30am – 12.30pm	Introduction to Social Media (Facebook/Twitter etc) and how it can benefit your business
17 Sept.	Mon.	1.30 – 4.30 pm	Introduction to Social Media (Facebook/Twitter etc) and how it can benefit your business
18 Sept.	Mon.	10am – 4pm	DIY Website Creation
19 Sept.	Tues.	10am – 4pm	DIY Website Creation
20 Sept.	Thurs.	10am – 4pm	E-commerce – how to use the internet for marketing and online transactions including selling and stock control

Venue: Pickaquoy Centre, Kirkwall

Please let me know if you are interested in any of these events, as booking in advance is essential.

Kirsten Nicolson

14 Queen Street

Kirkwall KW15 1JE

Tel: 01856 88 66 66

Email: business.gateway@orkney.gov.uk

Web: www.bgateway.com

Connect with us: [Twitter](#) / [Facebook](#) / [You Tube](#)

A Clean Sweep

*Her label is "Weeping Willow"
Though I often question "why?"
And she's hardly a green little sapling
Being seven years but only six feet high.
She was planted outside of the copse
For her chances I felt sure were poor.
She's attractive and well-proportioned
With a habit of sweeping the floor.
Each branch has a downward arch
Cascading down in a feathery sweep
Which she produces from late March.
She appears almost to be dancing,
Swaying in the gentle breeze.
Her branches form her crinoline
Worn well below her knees.
Why then is she "Weeping Willow"?
For she radiates joy to me
And of the many in the willow family
She's the prettiest, don't you agree?
"Sweeping Willow" she should be
For that suits her to the ground*

*And I confess I call her that
When no one is around.
I wonder then why is she weeping?
Does she have a story to tell?
Is it a burden that weighs down her
branches?
She will never tell.
How I wish I had planted her closer
At the fragrant mock orange's side
In the middle of the copse
Where the "crème de la crème" reside.
No wonder then that she weeps
Out on the outskirts, all alone.
How I wish I'd foreseen her future
And planted her closer to home
For she's as pretty as any picture
Especially when dancing in a breeze.
And it's almost as if she's requesting
To "take your partners please."*

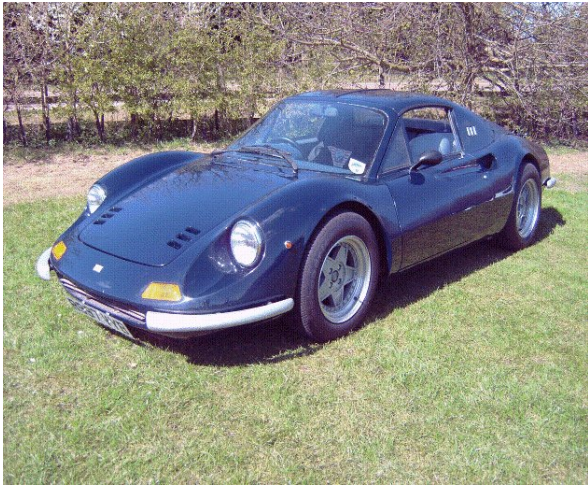
©Helene Harrison

Greeting, Private Sales & Wants

CAR FOR SALE

1.6 automatic Renault Clio T reg.
Taxed to end of June
New battery and rear brakes
Good condition (NOT a Stronsay rust bucket)
£750.00
Contact Neil on 616454

Local Businesses



“NEIL’S ON WHEELS”

All mechanical work undertaken,
welding specialist,
MOT prep work, home start,
towing service, no call out fee.

Mobile: 07723 304 260

Home: 01857 616454

STRONSAY ARTS AND CRAFTS SHOP

Stronsay and local craftwork
Orkney books, cards, gifts, photos and
more.

Open 6 days a week; Tuesday through to
Sunday 12.00 to 17.30.

Shop will close at the end of September
2012.

Tel: Julia 616434

www.stronsayartsandcrafts.co.uk

INSTANT PHOTOS

Passport, visa, travel pass, driving
licence, gun licence, etc.
Personalised birthday, Christmas & get
well cards with your own special
message or photograph.
Business/Invitation cards.
You name it! Tell me what you want &
I’ll supply it.

Call Bill Miller on 616420

STRONSAY POST OFFICE

Take advantage and visit the post office during the
summer’s longer opening hours.

Mobile Top Up, Bill Payments, ATM machine,
Cards, Stationery, Pick n’ Mix and more.

Monday 8.30-12, Wednesday – Friday 8.30-12 and 1-3,
Saturday 9-12 and 1-3

Your local Post Office – use it or lose it!



STRONSAY ARTWORKS

Original paintings of Stronsay Landscape; Limited edition prints, greetings cards and postcards which are available for sale at local shops, Post Office, Hotel, B&B's and the Fishmart. Commissions taken.

Upper Scapa Cottage

St. Ola

Orkney - KW15 1SD

Phone: 01856 870075

Email: jennystone001@btinternet.com

COMPUTER SERVICES

Advice, Internet connection issues, Website design, Hosting, I.T. Training and much, much more.

Contact Neil @ Schoolbrae, 616317

Email: enquiries@gb-en.eu



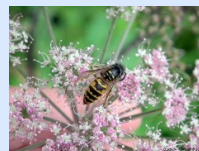
ORKNEY STAR ISLAND SOAP

Real soap made by hand with care in Stronsay. In our Orkney range we have Orkney Bere barley bran - seaweed with sea salt - clay with the Stronsay Beast stamped into each bar. Favours for weddings or special occasions are done on commission only. Please ring for details.

Two New Summer Fragrances

Summer's been a bit dull so far, so why not cheer yourself up with a summer fragrance soap, you're so worth it and your skin will love it!

Angelica



Wild Island Flowers



Available from our online shop and at local shops.

Tel: 616281

Email: info@orkneystarsoap.co.uk

Web: www.orkneystarsoap.co.uk



Business adverts

Up to 25 words - £1.50. 25 word advert with photo - £3. 25 to 50 words - £3 and so on.

Private adverts (for sale, wanted, birthday greetings, etc.)

Up to 25 words - £1.00. 25 word advert with photo - £1.50. 25 to 50 words - £1.50 and so on.

The cutoff date for adverts to be included in the next edition of the Limpet is on the front page. Contact details are on the back page.

Groups, Clubs & Organisations

STRONSAY STITCHERS

Flower Power – Making Your Own Felted Flowers

26
JULY



This month's gathering will be on Thursday 26th July in the Church Hall from 7pm-9pm.

You can bring cross stitch projects, quilting, spinning, crochet, sewing, embroidery, mending, rug hooking, knitting, weaving or UFOs (un-finished objects) to name but a few. It's a great opportunity to get to grips with that old project that's been lurking in a corner for ages or start up a new one. You'll find us supportive, enthusiastic and tolerant (when it goes wrong!); bringing together a collective wealth of experience and knowledge.

We are an informal group that meets on the last Thursday of every month. You can come for as long or as little, or even as often as you like. A donation of £2.00 per session towards heating & lighting is all we ask and there will be tea, coffee, biscuits (or the occasional home bakes if we're very lucky!).

So, if you feel like it, pack your stuff, bring your equipment and come along on Thursday 26th July, Church Hall, from 7-9pm. Please bring a towel and a water-proof tray or large plate.

Everyone Welcome. See you there!



MOBILE LIBRARY



Next visit:

TUESDAY 14 AUGUST 2012

Council Houses: 9.00am-11.00am

Stronsay School: 11.30am-2.00pm

Stronsay Kirk: 2.30pm-4.30pm

Stronsay School: 6.30pm-8.00pm

Mobile library schedule: www.orkneylibrary.org.uk/html/mobile2_timetable.htm
Kirkwall library contacts: 01856 873166 or general.enquiries@orkneylibrary.org.uk
Kirkwall library website: www.orkneylibrary.org.uk
Kirkwall library online book catalogue: <http://212.219.208.10/TalisPrism>
Check new library opening times:
www.orkneylibrary.org.uk/html/opening.htm#NewHours

FRIDAY NIGHT GAMES CLUB

Ages 10 or over only

Friday night 8pm until 10pm

Entrance £1

Come along for a fun filled night

Air hockey table, pool table, Play Station 2, Nintendo WII &

Sing Star, snooker

Juice, crisps and sweets available

STRONSAY COMMUNITY ASSOCIATION

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up? Why not hire the disco equipment with rotating glitter globe and pulsating coloured lights for only £5 plus room and hydro charge? A DJ from the Hall list must be used.

Also available for hire: badminton, table tennis and snooker all at £2 per hour plus hydro. All equipment provided.

Adult supervision (over 18) must be present during hire.

For details and booking contact Colin on 616446.



STRONSAY HEALTHY LIVING CENTRE



Supervised session times:

	am	pm
Monday	Buddy	4.15-5.45
Tuesday	Buddy	4.15-6
Wednesday	Buddy	4.15-5.45
Thursday	Buddy	4.15-6
Friday	Buddy	4.15-5.45
Saturday	closed	closed
Sunday	closed	closed

Under the 'Buddy' system members may use the gym if they feel confident to exercise with another member who is also inducted, over 18 and pre-paid.

Buddy hours are the same as school opening times.

A code will be needed to access the gym.

14&15 year old member use is limited to periods when a fitness advisor is on duty (see above).

16&17 year olds must be with an inducted member who is over 18 or at a time when a fitness advisor is on duty.

New inductions by appointment only.

Tel: 616449

Announcements by charities, local groups, clubs and organisations are FREE!

The cutoff date for items to be included in the next edition of the Limpet is on the front page. Contact details are on the back page.

Useful Information

POST OFFICE SUMMER OPENING TIMES	
Monday	8:30-12
Tuesday	closed
Wednesday, Thursday, Friday	8:30-12 and 1-3
Saturday	9-12 and 1-3

Post collection times 7:30, Monday to Saturday
 Replacement bin bags Telephone OIC (Technical Services) on 01856 873535
 Sunday service at the Kirk 11 am (for more information please see the 'Notices' section on the Kirk website at www.orkneycommunities.co.uk/STRONSAYKIRK)
 Our Lady's chapel, pier head Daily Masses at 7:30 am and every Sunday at 9 am
 Next Special Collections not available at time of publishing

Doctor	616321	Castle Bird Reserve	616363
Nurses	616480	Neil's on Wheels	616454
Medical emergency	01856 888000	Taxi	616335
Registrar	616239	Balfour Hospital	01856 888000
Hall bookings	616446	Hydro	0800 300 999
Post Office	616278	All water enquiries	0845 601 8855
Companions	616261	Kirkwall Library	01856 873166
Kirk	616311	Kirkwall Police	01856 872241
Monastery	616210 contact@the-sons.org	Vets: Flett & Carmichael	01856 872859
Stromsay Hotel	616213	Northvet	01856 873403
Fish Mart Hostel	616339	Dentists:	
Olivebank	616255	Great Western Rd.	01856 879683
Ebenezer stores	616339	King Street	01856 875348
		Earls Palace	01856 872958

HOW TO CONTACT THE LIMPET

Send an email to ricardian@btinternet.com, phone Bruce Fletcher on 616297 or write to *The Limpet, Claremont, Stromsay, KW17 2AR.*

www.stromsaylimpet.co.uk -  www.facebook.com/StromsayLimpet

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